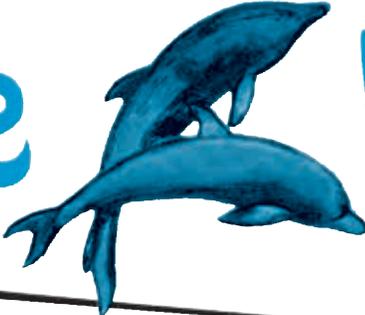


Seashore News



November 2022

Published Monthly by Niguel Shores Community Association

Issue 587

FROM THE HELM

Revetment Approval

The Coastal Commission met in October and approved the permit proposed by Orange County Parks to repair the beach revetment below Niguel Shores. After several attempts, this submittal was unanimously approved by the Commission with no public comments. The approval took many years for O.C. Parks to submit an application the Commission would approve. It should be noted that Niguel Shores does not own the revetment property, nor the beach. They belong to the County of Orange and are serviced by O.C. Parks. We will provide further information on the progress of the revetment once it becomes available.

Resident Roundtable

Thank you to all who attended the Resident Roundtable last month regarding the Proposed Rule Changes. One question came via Zoom on the proposed rule changes and was addressed, but with no others being asked it was a quicker than usual session. **The Board of Directors** will meet next on **Wednesday, November 9, 2022 at 6:00 p.m.** and make a decision on the proposed rule changes.

Trees in the Community

The Board of Directors conducted a walk-through with Harvest Landscape last month in order to learn about trees and the benefits and faults of trees in Niguel Shores. It was quite informative for us. The Board plans to hold **An Evening of Tree Knowledge** in the first quarter of 2023 for all homeowners to attend and become better informed about our community trees.

*Happy Veteran's Day and Thanksgiving
to everyone in Niguel Shores!*

—Rhonda Dunlevie

NOVEMBER NATIONAL GRATITUDE MONTH

*Honor Those Who
Serve Our Country*



VETERANS DAY

November 11



*And Be Grateful
For All We Have*

THANKSGIVING DAY

November 24



NIGUEL SHORES CANNED FOOD DRIVE

November 14th-18th 2022

AS ALWAYS I WILL MATCH YOUR CONTRIBUTION
AND PROVIDE A CASH DONATION OF \$500.

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GENERAL MANAGER REPORT



Save Money—Sign Up for Email Documents: In order to save the Association (and, in turn, yourself) money, you have the option of signing up to receive Association mailings, notices and disclosures via email rather than by US mail, thus saving copying and postage costs. You can request to receive communications via email by submitting something to the office in writing and we will take care of the rest. There will still be some items sent through the US mail and you have the ability to be taken off the list of receiving email correspondence at any time if you change your mind. In addition, items will be emailed the same day they are mailed, so you will always get updates before others waiting for the mail.

Has your e-mail address changed? Please be sure to update your e-mail address when it changes. Notify the NSCA office in order to stay informed via the Association e-mail blast system. Often e-mail addresses are not updated and community members end up missing out on important community news. Please be sure to visit niguelshores.org regularly for the most up to date information about Niguel Shores.

Drop Box: Another convenience Niguel Shores has in place for the residents is a drop box out in front of the office. It is for residents to put anything they want the management office to receive including assessment payments, service requests, etc. This box is secured and only Niguel Shores office staff has the key. The box is checked by a staff

member every day that the office is open and all items are processed immediately.

Amenities Project: You may have received (and many have already paid) the Special Assessment for the Amenity Project that the Association membership voted on recently. The first installment of \$390 (or the full amount of \$780) was due on October 15, however, you have 30 days to get that payment to the office. Late fees or interest will not apply until after November 15, so you still have time to make that payment. If you chose to make installments, the 2nd payment of \$390 will be due on February 1 and will not be late until March 1. Thank you to so many that have already made the payments and most importantly to the very positive comments we have received about this project. If you have any questions about this or anything, please call me anytime. I am happy to help.

Office Closed: The Management Office will be closed **Friday, November 11** in honor of **Veterans Day**, and **November 24 and 25** for **Thanksgiving**. No construction is allowed on November 11 or November 24. Construction will be allowed on Friday, November 25. Thank you for your understanding and we will be happy to help you during regular business hours on your next trip to the office.

HAPPY VETERANS DAY and have a WONDERFUL THANKSGIVING from the Niguel Shores Staff!

—Marla Miller

OCTOBER 2022 BOARD MEETING: (GENERAL SESSION)

ACCEPTED AND FILED:

- Unaudited August 2022 Financial Reports
- General Session Committee Minutes

APPROVED:

- General Meeting Minutes from September 21, 2022
 - Recreation Amenity Board Liaison Appointment and Approval Limitation
- October 2022 Expense and Transfer (Actual)
 - New Member Mark Russell to the View Preservation Committee
 - Lien Filing: APN 672-081-28
 - Lien Filing: APN 672-151-28
 - Lien Filing: APN 672-051-44
- Finance Committee Recommendation to Purchase \$247,000 CD through Comerica with Funds from Ally Bank
- Finance Committee Recommendation to Purchase \$101,000 CD through Comerica with Funds from Washington Trust

- Finance Committee Recommendation to Purchase \$50,000 CD through Comerica with Funds from State Bank of India – Breakers Isle
- Contract for Painting of the Interior of the Clubhouse
- Worker’s Compensation Insurance Coverage Renewal
- Employee Health, Dental and Vision Insurance Coverage
- Harvest Proposal #99905 for Tree Removal Porto Allegro
 - Various Fence/Gate Painting Proposals
 - Coral Tree Limb Removal in Park

DISAPPROVED:

- Appeal of View Preservation Committee
 - Removal of Palm Tree
- Correspondence to the Board: Service Provider Garibaldi Gate Requesting Reimbursement for Damage

REVIEWED/DISCUSSED:

- Check Register, General Ledger, Legal, and Delinquency Report (August)
- Manager’s Report

NOTE: The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance and on the website. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.

REMINDERS: THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD IN THE CONFERENCE ROOM ON THE **2nd WEDNESDAY, NOVEMBER 9, 2022**, BEGINNING AT 6:00 P.M.

COMMITTEE REPORTS

COMMUNICATION

Ten Years—Cheers!

Special commendations go out to several people who have been mainstays of our newsletter publication for ten years and more. **Tim Murphy** has kept us informed about traffic and safety issues in the community since 2009—submitting over 150 articles! **Karl Kuhn** has served in countless capacities, including Sports Editor, Garden Club reporter, special feature writer, and General Editor of *Seashore News*. Since 2010 (and still going full steam) **Patti Staudenbaur** has contributed feature articles, reported on our committee and website activities, interviewed and written “Meet Your Neighbor” articles, served as Assistant Editor, and been our liveliest news gatherer. **Mike Harrod** recently moved to a new community, but previously served as Assistant Editor and Distribution Chair for over ten years. **Sharon Stewart** began her Wellness column back in 2010, and now (more than 100 articles later) she still brings us monthly inspiration for staying healthy in body, mind, and spirit. **Mary Crowl**, former *Seashore News* Editor responsible for bringing us into the computer age, remains our advisor to this day and comes to visit here regularly. *Seashore News* sends deep appreciation to these longtime loyal contributors and to all past and present reporters whose articles add so much to inform, entertain, and energize Niguel Shores.



Former and current news staffers Patti, Mike, Sandy, and Mary enjoy an afternoon get-together.



Shown here counting and bagging are (front left table) Gayle Rindge, Ardis Ghobrial; (rear left table) Carol Kuhn, Peggy Oliva, Marilou Heckman; (middle table) Michelle Ralph, Susan and Joe Courtney; (rear right table) Meg Wilson, Mary Ellen Hofmann. Not shown but also part of the group are Joan Beyer, Dot Wall, Lisa Merenbach, Patti Staudenbaur, Ray and Sandy Homicz.

Count, Bag, Deliver—After the *Seashore News* is printed by Dana Point Minuteman Press, a group of volunteers goes to work inserting flyers, counting copies, and putting them into bags for delivery by our residents to homes on every street. We can always use a few more helping hands, so if you can spare an hour the last week of each month, contact seashorenews@hotmail.com and come join the group.

—The Communication Committee

MAINTENANCE COMMITTEE

Now that Halloween festivities are past us and (hopefully) your candy and sugar hangover is fading, it is time to start the holiday planning. Here are some community maintenance updates and a look at what is coming before year’s end.

Projects Underway or Completed

- **Curbs** – A homeowner requested that the curbs at both Garibaldi and Manta gates were starting to look faded and peeling. While this type of work is normally done along with street repairs, repainting these areas now rather than waiting was approved and the work should be completed soon.
- **Monitors** – Surveillance monitors have been failing in both the Gate House and the Office for some time. The Board approved replacement, and new monitors have been installed in both locations.

COLOR AND MORE COLOR –

Our editors plan the newsletter on our computers where the photos and graphics show in vivid color on all 20 pages. But, to save costs, when the newsletter comes to you in print, only 6 pages are in color and the other 14 are black and white. We invite you to enjoy the full color experience on every page by logging on to the Niguel Shores website to see what we see—everything in color. Log on to niguelshores.org and click on **SEASHORE NEWS** at the top of the page. You’re in for a treat!



CHECK THE WEBSITE OFTEN FOR COMMUNITY NEWS, FORMS, CONTACTS AND ITEMS OF INTEREST TO EVERYONE IN NIGUEL SHORES.

COMMITTEE REPORTS

- **Poles** – The 15 Mushroom Street Light Poles slated for replacement for 2022 have been completed and a 2023 plan is being formulated.
- **Pool** – Semi-annual pool maintenance is complete so the swimming and splashing has resumed.

Supply Chain Issues

Haven't we all heard that before? Several pending projects around the Shores have fallen victim. The Beach Bluff **cameras** that have been approved are backordered, as are the replacement **portable picnic tables**. The **ice machine** in the clubhouse kitchen is also awaiting replacement due to supply chain delays.

Submit a Request

Remember you can make a homeowner request to the Committee if you have any concerns you would like addressed and they will be reviewed at our next scheduled meeting. Forms are available online at the Niguel Shores website niguelshores.org. No need to wait for a Resident Roundtable or a Board meeting to have your request heard. We all want to keep Niguel Shores “the extremely well maintained community” it is!

—*Geoff Dunlevie*

RECREATION

Happy Thanksgiving to all from your Recreation Committee!

Upcoming Events:

Christmas Market – Saturday, December 3, 11:00 a.m. to 4:00 p.m. Come to our annual Christmas Market at the NSCA Community Center Park. If you would like to participate, get your vendor application in the Office. Only 25 open spots available at \$15 each. Interested vendors please contact **Nancy Tinnes** for more information at (949) 235-2555.



NEW NSCA COMMITTEE MEMBER!

The **View Preservation Committee** welcomes new member **Mark Russell**. As a division of the Architectural Committee, the View Preservation Committee has authority to require a homeowner to remove, trim, top or prune any tree, shrub or hedge on his/her property which the committee believes unreasonably impedes the view from any lot.



Cookies with Santa – Sunday, December 4, 4:00 to 6:00 p.m. Enjoy cookies and festive holiday punch with your friends while **Santa Claus** reads to the children under the tree and hands out candy canes.

Holiday Lights Contest Judging – To Be Announced Start decorating the day after Thanksgiving on November 25.

—*The Recreation Committee*

RECREATION AMENITIES COMMITTEE

Recreation Amenities Enhancement Project

On October 12, 2022, the Master Recreation Amenities Committee presented the **Project Execution Plan** to the Niguel Shores Board. Moving forward, **Jeannie Stitcher** and **Gary Wilson** will co-manage the enhancement project and work with the Board throughout the process. **Marla Miller** will be the staff liaison and general manager, while **Donny Borsack** will be the Board liaison. An aggressive schedule has been proposed with the intention to complete the project in 2023.

With the conceptual design completed, **Phase 2** of the project is now underway. A contractor will be selected to complete the following: detailed engineering; city permit applications; preparation of construction bid packages; determining qualified vendors, contractors, and the bidding process.

The community will be informed of key dates as the project moves forward.

Thank you in advance for submitting your assessment payments. If you have not already done so, please bring your payment to the office or mail a check in. Assessments require a separate check even if you are on automatic debit payments.

Finally, please email NSAmenities@gmail.com with any questions related to this project. There will be periodic resident roundtables for updates as well as monthly emails from the Association.

—*Debi Berk*

CLUBS

WOMEN'S CLUB

In this busy month of November, we give a blessed THANKS for so much in our lives. This month brings California's **General Election** on **November 8**—a time where we have the constitutional freedom to stand up and submit our votes. It is also the month to remember our **Veterans** on **November 11**. The Niguel Shores Women's Club will honor our Veterans with thanks at our **November 10 Luncheon**. Of course, each of us will have traditions for celebrating **Thanksgiving** with family, friends and dear ones on **November 24**. Enjoy November with an **attitude of gratitude** and show it with giving thanks for our freedom, family, friends, Veterans, health and safety. Have a grateful and joyful Thanksgiving!

Our **October Luncheon** was a fun party decorated by Suzanne Enis as a festive fall celebration. Members dressed in the Halloween colors of orange, black and very creative costumes fitting the mood and theme. Our speaker, attorney **Jennifer Elliott**, had us seriously thinking about investments, trust fund management, and estate planning. Her expertise about affordable trust preparation was most appreciated by the large group who attended the event.



Estate Attorney Jennifer Elliott spoke on important legal matters and showed her Halloween spirit as well.

Please join us at this month's **Luncheon** on **November 10** to learn about the national organization **Canine Companions**. Niguel Shores resident Lorraine Campanaro (and possibly some of her canine friends) will be here to present highlights of the organization and how they enhance the lives of people with disabilities by providing highly trained service dogs at no charge to the recipients.

Be sure to put **December 8** on your calendars for our traditional **Holiday Party** from **5 to 8 p.m.** The **Niguel Shores Men's Club** will be joining us again this year to celebrate the holidays at this joint party. We will not have a luncheon in December, but plan to bring your spouses or significant others to an evening in the Clubhouse filled with joyful music, hearty appetizers, wine and beer for all. Our tree will be beautifully decorated for the season along with garlands of greenery and festive winter plaid filling every corner. Watch for the email invitation!

Any of you Niguel Shores ladies interested in joining our gregarious group, please contact Judy Palladino (two-palls@yahoo.com) or go to the office for an application. We would love you to visit in November and join in at our January luncheon. Have a blessed Thanksgiving filled with plates of love and gratitude.

Remember to vote. **God bless America!**

—Terry Link

Women's Club Outside Activity

A Holiday Tradition for Women's Club



EVENT: LUNCH AT ROGER'S GARDENS FARMHOUSE RESTAURANT AND CHRISTMAS SHOPPING 2301 San Juan Hills Road, Corona Del Mar

DATE & TIME: FRIDAY, NOVEMBER 18—Lunch at 11:30
(See menu online at farmhouse.rogersgardens.com)

SPECIAL INFORMATION: Come for a delicious farm-fresh lunch, then stay as long as you like looking at all the beautiful gifts and decorations.

Meet at 10:30 in the Niguel Shores clubhouse parking lot to carpool.

RSVP: This is a must. Reply by October 27 to Carla Perin (949) 689-8831.

MEN'S CLUB

Candidate Speakers

As the 2022 election season gets into high gear, the Men's Club has enjoyed the opportunity to hear from, and direct questions to many of the candidates seeking or already holding public office. We heard from **Brian Maryott**, former Mayor of San Juan Capistrano and current candidate for Congress. We also heard from Dana Point officials **Roy Dohner** and **John Gabbard** at our first meeting in October (both happen to be esteemed members of our Club). At our second October meeting we got to know candidates **Janet Nguyen**, **Laurie Davies**, and **Chris Duncan**. These appearances were brief and to the point, but useful in giving us local voters the opportunity to put a name with a face, and to size up the candidates who have so much control over our daily lives if they are elected.

CLUBS

For many of us in the Men's Club—though not all—this exposure to candidates and to local officials, like those running the Dana Point desalination project or the Dana Point Historical Society, is an important benefit of our Men's Club membership.

Oktoberfest Success

But, a guy's got to have a little fun too, right? Here's a member's report on what over 100 of our fellow members, friends, and neighbors were up to on a Saturday night last month:

"The Men's Club, under Munich Mayor-for-a-Night **Eric Eckes** and his wife, **Margi**, along with generous volunteer support, held their annual Oktoberfest celebration on Saturday, October 8. This year's celebration, as with past years, was a sell-out. The Johnsonville brats, donated by NS resident **Howard Gasser**, were grilled to perfection by **Al Glatt** and **Heinz Hofmann**. **Linda Herman** and her accordion provided the entertainment. Fun was everywhere, especially when residents filled the dance floor for the Chicken Dance."

Wow! What a hoot! And there's more fun to come!



Oktoberfest Chairman Eric Eckes

Join Us

The Men's club is looking forward to year-end parties, including a performance by the Dana Hills High School Choir. We also have events coming up to recognize the contribution of staff to the success of our community, and to encourage participation in Men's Club leadership. So, it's as good a time as any to get involved, if you are not already.

If interested in becoming a Men's Club member, please join us for a complimentary breakfast at one of our twice-monthly meetings. We'd love to meet you. Breakfast is on us! We welcome all interested parties.

See you at our next meetings, **Tuesday, November 1** and **15** at **0800h**. Be sure to ask me about the significance of "76 Trombones" when you are there on that day.

—Tim Moore

GARDEN CLUB

Take a Trip – We have a range of field trips for Garden Club members this November. Join us on **Tuesday, November 1** for a "Birds, Bees & Butterflies Garden Tour" on the grounds of the **Ritz-Carlton Resort**. The one-hour tour starts at 11 a.m. with a presentation from one of the hotel's naturalists. Please wear comfortable shoes. The Ritz-Carlton boasts an Eco-Adventure Center that aims to inspire guests

and visitors with Southern California's unique ecosystems, using the local surroundings as a natural classroom and living laboratory. We are fortunate to have this eco-aware resort as a neighbor. Members may want to stay after the tour for lunch on your own at one of the restaurants on the property.

Other potential field trips are to **Roger's Gardens** in Costa Mesa, and to **Weidner's Gardens** in Encinitas for a poinsettia greenhouse tour. Members will be emailed the details of these upcoming events, including dates, times, and meeting locations.

Looking Back – Members and their guests enjoyed the return of our popular Lobster Fest last month. Thanks to able co-chairs **Al Glatt** and **Suzanne Enis**, and to all their helpers, we were treated to cocktail hour at 5 p.m. followed by delicious fare comprising grilled local spiny lobsters, potato salad, coleslaw, corn-on-the-cob, bread rolls and a small sweet dessert. Thank you to all who worked so hard to make this event a success.

Looking Ahead – Autumn, or fall, brings shorter days, colorful chrysanthemums and pumpkins, followed by poinsettias in shades of red, pink, salmon, coral, and white. Fall's a good time to mulch plants to help control soil temperature and retain moisture. It's also a great time to do some weeding and fertilize your garden ahead of winter.

Remembering a Friend – We wish to express our great sadness at the passing of **Chris Beaver**, a longtime and much-loved member of the Garden Club. Our thoughts and condolences are with her family. The Garden Club has donated toward the **Penny Pines Reforestation Project** in Cleveland National Forest in Chris Beaver's honor.

—Ann Strauss



IN MEMORIAM
Mildred "Chris" Beaver
1926 - 2022

Longtime resident on Windward Drive
Active in Women's Club, Women's Golf, Garden Club,
Recreation Committee, and Page Turners
Predeceased by her husband Don Beaver
Survived by 3 daughters, 2 sons-in-law, 1 grandchild
Remembered as a loving, gracious and kind lady—
and when asked her secret to long life she would say
it was cookies, scotch and real butter!

ACTIVITIES

BRIDGE

Nine—In the old Roman calendar, there were only ten months and November was the ninth. The word November derives from the Latin root *novem*, meaning nine.

I wanted to share with our Bridge players who are still new to the game, that the number 9 relates to an important rule in Bridge. It works like this: Add the numeric value of the opponent's contract to the number of trumps held in that suit, and if the result equals 9 (or more), then that player should double for penalty. If the result is 8 or fewer, than the defender should pass or bid.

There are several rules of numbers such as 2 or 3 or 4, 7 or 9, 10 or 11, which I hope to cover in future issues.

Bridge Days—We play each Wednesday starting at 11 a.m. in the Niguel Shores Clubhouse. All our players gave their best these past weeks, and here is the fallout:

- 9/21 Our fearless leaders Betty French came in first, followed closely by her husband Bob for second, and Freyd Rad pulled in at third.
- 9/28 Bob French improved his position to first, followed by Mike Oliva for second, and Freyd Rad again pulled up at third.
- 10/5 Freyd Rad tackled first, while Elizabeth Miller claimed second, and Freyd's wife Shida came in third.
- 10/12 Bob French again came in first, while Freyd's wife Shida came in second, and keeping third in the family Freyd secured this position.

Looking to join our Bridge group? Please contact **Bob** or **Betty French** at (949) 312-2556 or (650) 388-0820.

—Mike Oliva

LIBRARY

Dana Point Library provides the following programs free of charge during November. Call the Service Desk for details and book club selections at (949) 496-5517.

CHILDREN

- Builders Club, Mondays, 2:30 p.m.
- Toddler Storytime, Tuesdays, 10:30 a.m.
- Kindergarten Readiness Storytime, Wednesdays, 10:30 a.m.
- Color Happy, Saturdays, 2 p.m.
- Young Readers Book Club, Wednesday 11/16, 3:00 p.m.
- Kids Movie and Make, Thursday 11/17, 10:30 a.m.

ADULTS

- Coloring Club, Mondays, 10:30 a.m.
- Writers Group, Tuesdays 11/1 and 15, 5:00 p.m.
- Canasta, Thursdays 11/3 and 17, 1:00 p.m.
- Gentle Reads Book Group, Thursday 11/10, 10:30 a.m.

- Foreign Film, Saturday 11/12, 2:00 p.m.
- Crochet Beginners, Saturday 11/19, 10:00 a.m.
- Seaside Book Group, Monday 11/28, 10:30 a.m.

FAMILY

- Harry Potter Book Group, Saturday 11/5, 2 p.m.
- Reading in Spanish with Carmen, Wednesday 11/9, 2:30 p.m.

—Dan DeNeve

FRIENDS OF THE LIBRARY

Since 1979, **Friends of the Dana Point Library** has been providing funds for year-round adult and children's programs, library refurbishment, and new materials recommended by the librarian.

We raise funds through the sale of donated books and other materials, and through the annual Holiday Book Sale, which is our main fundraiser.

Those interested in donating items can drop them off during bookstore hours 11 to 4, Monday through Friday and 12 to 3 Saturday.

Niguel Shores residents **Joan Beyer, Evelyn Crook, Susan Davis, Dolores Freeman, Sherry Frymoyer, David and Blanca Goldberg, Ginny Gravely, Michael Oliva, Frances Ozimec, Judi Palladino, Ann and Paul Strauss, Feizal Waffarn, and Lisa Buchner** are among the many active volunteers who help run the Bookstore six days a week. Drop in to the store and look through our shelves for wonderful materials at extremely reasonable prices—great for holiday gifts or your own enjoyment.

—Lisa Buchner

PAGE TURNERS

West With Giraffes by Lydia Rutledge, a work of historical fiction based on real events and real people, is the reading selection for all three Page Turners groups this month.

A reviewer in *Lone Star Literary Life* describes the book this way: "While conducting research in the archives of the San Diego Zoo, [the author] Rutledge came across a trove of newspaper articles about two giraffes that had survived a hurricane on the deck of a freighter and a cross-country trip, from New York to California, in 1938. Inspiration struck, and the result is this charming and wondrous enchantment of a novel."

The tale is told by a cantankerous 105 year old veteran from his hospital bed and, while tragedy appears certain, the story still manages to be funny.



ACTIVITIES continued on page 16

TURKEY TROT 2022

Some people say November is the start of “the most wonderful time of the year” when **Thanksgiving Day** marks the beginning of the holiday season.

On Thanksgiving Day, the fourth Thursday in November, people gather to share a meal and reflect on what they are thankful for. No doubt, traditions vary from place to place and even family to family, and some kind of food is usually front and center. However, there are other traditions as well, whether they be football games, the Macy’s Thanksgiving Day Parade, going to a prayer service, providing the needy a meal, or simply Black Friday shopping.

Here in Dana Point, the **Turkey Trot** has become an annual tradition for many, including lots of our residents in Niguel Shores. This Thanksgiving, the Turkey Trot celebrates its **45th year**. Sponsored by the **Dana Point Chamber of Commerce**, the event will include as many as 10,000 participants and 200 volunteers. The race takes place at the Dana Point Harbor and is known for its extremely scenic coastal routes and family-friendly activities. There is even a Kids 1-Mile Gobble-Wobble. The Turkey Trot has become an Orange County institution and was voted #1 Best Race/Run in Orange County by the *Orange County Register*.

The Turkey Trot started out on Thanksgiving Day in 1977 as an impromptu run followed by pizza and beer. Since its inception, the Turkey Trot has raised more than half a million dollars for local non-profit

organizations. This year’s proceeds will benefit the **Dana Point 5th Marine Regiment** and **South Orange County Outreach**. The public is invited to drop off donations for either of these local organizations. For information about making a donation, please visit *TurkeyTrot.com/Food-Toy-Drive*.

In addition to the Food/Toy Drive, The Dana Point Chamber of Commerce will host a two-day **Health and Fitness Expo** at the Dana Point Marina, where there will be race sponsors and vendors with giveaways and special offers.

The Dana Point Turkey Trot is one of the largest Thanksgiving Day races in the nation. **Prize money** will be awarded to both male and female winners as well as costume contest awards for both kids and adults. If

you are looking for a fun and healthy way to start the holiday season, grab your running/walking shoes, search your closet or favorite shopping venue for a fun costume and join many of your Niguel Shores neighbors to “Run the Race before You Stuff Your Face!”

Registration

You can register for the event at *TurkeyTrot.com*. Registration is open right up until the morning of the race. **Special Note:** Our Dana Point Chamber of Commerce has generously offered Niguel Shores residents a **Discount Promotion Code** for those signing up to participate in any of the race categories. Please enter NIGUELSHORES (one word all caps) in the discount code box to receive a discount.

—Patti Staudenbaur



Run the Race
Before You Stuff Your Face!



Use the code
NIGUELSHORES for
a discount when you
register for the race.

\$5 OFF
CODE: NIGUELSHORES

MEET YOUR (YOUNG) NEIGHBORS

Ahhh, the life of a child growing up in Niguel Shores with the beach, pool, park, friendly neighbors, and activities for every season!

Fall is in the air and the **Brown** family children **Zara, Kai, Jaylen, and Quinn** are always out and about enjoying life here. Their mom **Shelly** says, “When fall comes our family looks forward to the cooler weather and rain it brings. We love to go in the hot tub early in the morning, we run outside to play in the rain, racing leaves down the sloped street edges, and finding bugs. The kids love biking, creating forts in the bushes, scootering around and going for cozy beach walks. Living near the ocean is a dream and we especially love our little community.”

The weather this time of year can be just right for peaceful beach days, or stormy ones with lightening shows to cuddle up and watch from indoors. **Brittany Heal** says, “Beach time is our favorite family pastime this time of year. Playing in the sand with crabs, waves, and soaking up the sun.”

The neighborhood friends, **Jonah and Reese Barbee, Brock Lindley, Ali, Coco, and Tati Dodge, and Kai and Mia Wright** enjoy warming up by the outdoor fire after a good game of Ghost in the Graveyard on the green belt. They like trick-or-treating together in our neighborhood. Halloween is the best in Niguel Shores—Golf carting, running door to door, and when legs get tired they can hop on for a ride while nibbling their treats!

Tucker and Annalise Resh love decorating for Halloween, participating in the costume parade and fall festival at St. Anne School, the Niguel Shores neighborhood party, and trick-or-treating! Their mom **Alissa** says, “Fall means soccer at our house, and the kids also get in the spirit with their teams—a costume soccer practice for Annalise’s team and a team outing to the Laguna Niguel Haunted Trails for Tucker’s.”

In the **Wright** household, fall is theatre in full swing. The Wright girls are in costume, as you can catch **Kai** as Peter Pan in her homeschool Co-Op’s musical production of *Peter Pan*, and **Mia** as Captain Bill Slank at The Laguna Playhouse in *Peter and the Starcatcher*. Mia says, “I am so grateful for my neighborhood friends, and how they come to support

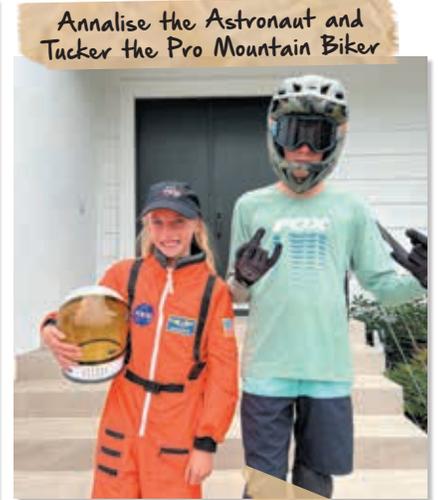
me, and at home how they withstand my random outbursts of song and dance!”

We are so thankful for the joy these children bring to our neighborhood. Their sweet sounds of song, play, and laughter warm up these cooler days and nights.

—Jessica Wright



Weston going Trick or Treat



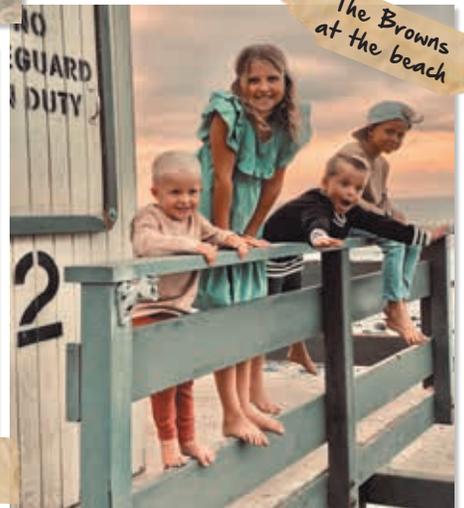
Annalise the Astronaut and Tucker the Pro Mountain Biker



Macy ready for Halloween



Captain Bill Slank aka Mia



The Browns at the beach



Reese, Mia, Coco, Ali, Brock, Kai, Tati, Jonah by the fireside

Good Friends, Good Times

GARDEN CLUB LOBSTER FEST

NOTHING BETTER THAN A HAPPY CROWD OF FRIENDS ENJOYING LOBSTERS ON THE GRILL, OCTOBER 20.



WOMEN'S CLUB

MEMBERS MADE NEW FRIENDS AND GREETED THEIR OLD ONES AT GIANA'S FOR LUNCH, STILL WATER FOR HAPPY HOUR, AND THE OCTOBER LUNCHEON MEETING THEMED FOR HALLOWEEN.



HALLOWEEN PARTY

MYSTERIOUS VISITORS MADE AN EERIE APPEARANCE IN OUR PARK FOR SOME SCARY FUN AT THE KIDS' COSTUME PARADE, OCTOBER 30.



MEN'S CLUB OKTOBERFEST

A SOLD-OUT CROWD GATHERED FOR BEER, BRATS, MUSIC, AND DANCE ON A SPECTACULAR MOONLIT NIGHT, OCTOBER 8.



Photo Credits: Meg Wilson, Ann Strauss, Tina Fornadley

A Long Sea Voyage and a Hard Winter

As we sit down for dinner this **Thanksgiving Day**, whether our thoughts rest on personal matters or larger world affairs, it's worth recounting the story of the early settlers who gathered for a celebration to give thanks after braving a long sea voyage and surviving the difficulties of a hard winter and a difficult year in a new land. The following text comes from *History.com*.

"On September 16, 1620, the *Mayflower* sailed from Plymouth, England, bound for the Americas with 102 passengers. The ship was headed for Virginia, where the colonists—half religious dissenters and half entrepreneurs—had been authorized to settle by the British crown. However, stormy weather and navigational errors forced the *Mayflower* off course, and on November 21 the "Pilgrims" reached Massachusetts, where they founded the first permanent European settlement in New England in late December.

"Thirty-five of the Pilgrims were members of the radical English Separatist Church, who traveled to America to escape the jurisdiction of the Church of England, which they found corrupt. Ten years earlier, English persecution had led a group of Separatists to flee to Holland in search of religious freedom. However, many were dissatisfied with economic opportunities in the Netherlands, and under the direction of William Bradford they decided to immigrate to Virginia, where an English colony had been founded at Jamestown in 1607.

"The Separatists won financial backing from a group of investors called the London Adventurers, who were promised a sizable share of the colony's profits. Three dozen church members made their way back to England, where they were joined by about 70 entrepreneurs—enlisted by the London stock company to ensure the success of the enterprise. In August 1620, the *Mayflower* left Southampton with a smaller vessel—the *Speedwell*—but the latter proved unseaworthy and twice was forced to return to port. On September 16, the *Mayflower* left for America alone from Plymouth.

"In a difficult Atlantic crossing, the 90-foot *Mayflower* encountered

rough seas and storms and was blown more than 500 miles off course. Along the way, the settlers formulated and signed the *Mayflower Compact*, an agreement that bound the signatories into a "civil body politic." Because it established constitutional law and the rule of the majority, the compact is regarded as an important precursor to American democracy. After a 66-day voyage, the ship landed on November 21 on the tip of Cape Cod at what is now Provincetown, Massachusetts.

"After coming to anchor in Provincetown harbor, a party of armed men under the command of Captain Myles Standish was sent out to explore the area and find a location suitable for settlement. While they were gone, Susanna White gave birth to a son, Peregrine, aboard the *Mayflower*. He was the first English child born in New England. In mid-December, the explorers went ashore at a location across Cape Cod Bay where they found clear fields and plentiful running water and named the site Plymouth.

"The expedition returned to Provincetown, and on

December 21 the *Mayflower* came to anchor in Plymouth harbor. Just after Christmas, the pilgrims began work on dwellings that would shelter them through their difficult first winter in America.

"In the first year of settlement, half the colonists died of disease. In 1621, the health and economic condition of the colonists improved, and that autumn Governor William Bradford invited neighboring Indians to Plymouth to celebrate the bounty of that year's harvest season. Plymouth ... secured treaties with most local Indian tribes, and the economy steadily grew, and more colonists were attracted to the settlement. By the mid-1640s, Plymouth's population numbered 3,000 people, but by then the settlement had been overshadowed by the larger Massachusetts Bay Colony to the north, settled by Puritans in 1629.

"The term 'Pilgrim' was not used to describe the Plymouth colonists until the early 19th century and was derived from a manuscript in which Governor Bradford spoke of the 'saints' who left Holland as 'pilgrims.' The orator Daniel Webster spoke of 'Pilgrim Fathers' at a bicentennial celebration of Plymouth's founding in 1820, and thereafter the term entered common usage."

—*History.com Editors*



NEIGHBORHOOD NEWS

**MANTA COURT
OKTOBERFEST**



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**Friday, November 11
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DANA POINT HOLIDAY BAZAAR

Saturday, November 12—10 a.m. to 4 p.m.
Dana Point Community Center
34052 Del Obispo

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DANA POINT TURKEY TROT

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Reap a bountiful harvest and be thankful.

Dig a big hole in the garden of your thoughts.
Into it put all your disillusion, disappointments, regrets,
worries, troubles, doubts and fears - and forget.

Cover with the earth of fruitfulness.
Sew on top the seeds of hope, courage, strength, patience,
Tolerance, understanding, and love - and nurture.

Water with care from the well of content.
Then when the time of gathering comes,
May your harvest be a rich and bountiful one.

*-Bertha Dix,
Pathway to Happiness: Reflections on Life*

TENNIS

Good Tennis Weather – As fall comes to the Shores, players are enjoying the cool days and bright skies. Tennis is played year-round here, with only a few days that are frosty or rainy. Many other areas of the country are not as adaptive to outside tennis as California, so they must use indoor courts or covered outdoor courts.



Exercise – During these cooler months, players should warm up the legs and arms more to ensure that muscles and tendons are properly exercised before playing. There are many options for your exercise. Try searching *YouTube.com* for tennis exercises that warm up your body before playing.

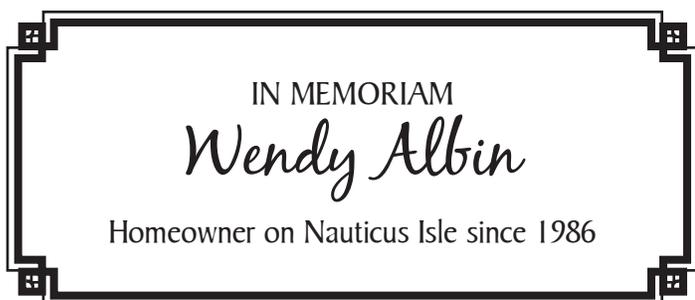
New Players – Appears we have many new players of all ages and abilities. We always appreciate hearing from new players on their thoughts and recommendations to increase tennis in Niguel Shores. You can contact **Don Baer** or **Penni Buff** at (949) 422-9140 or pacific92629@yahoo.com for tennis information.

World Tennis News – The tennis world is filled with news of players retiring from the grueling life of a tennis professional. The most notable are Serena Williams and Roger Federer, who both have done so much for the game. We wish them happiness and success in their new careers.

New young players are standing up to take over these roles and lead tennis to another level. Notable in the WTA are I. Swiatek, O. Jabeur, A. Kontaveit and P. Badosa. In the ATP side, you have upcoming players C. Alcaraz, Casper Rudd, Taylor Fritz, and Andrey Rublev. We will enjoy following the young tennis professionals as they grow and mature in the near future.

Penni and I look forward to seeing more residents on and off the courts, living life “Happy, Wild, and Free.”

—Don Baer



PICKLEBALL

Tournaments – As you start learning and developing your Pickleball game, you may wonder what it is like to play in Pickleball tournaments. We have several players from Niguel Shores who have participated in various tournaments, so I asked them to discuss their experience.

Lisa Jameson has played in the Tustin Winter Classic, Surf City, California State Games, and she won mixed doubles in the Melba Bishop tournament with a fellow Shores resident, **Steve Barrett** in 2016.

Kathy Zoch, Brenda Gino and **Kathleen Rosenthal** have played in many tournaments, including Southern Utah Shootout, Hyundai PPA Masters, and SD Senior games to name a few.



Lisa and Steve on the Winners' Block

Tournament Advice – Here are some do's and don'ts from our tournament experts:

- Do mingle. Meet other players from other places. These friendships can last a lifetime!
- Do plan on spending all day as the waiting around can be long between games.
- Do study up on rules.
- Do bring a chair and nutritious snacks for yourself.
- Don't forget to use your time outs. There are two per game so do use them to stop the momentum and re-group.
- Don't despair when you lose. There always is a consolation round!

—Edwina Bynoe

Wellness . . . Moderation

A Halloween Scene—Candy was spread out all over the living room carpet. Just everywhere. I left the room for a moment and when I returned, I was pleased to see that a sense of order had begun to take shape. All of the Kit Kats were in one group, the Tootsie Pops in another, the Snickers in yet another, and so it continued. However, no one wanted the Smarties (I mean, who likes those anyway?). It was an annual tradition after the kids returned home from trick or treating with their dad when they were little and oh-so-cute in their costumes, shrieking with delight at their haul. Dump out the candy, sort it, and prioritize it. Two kids, two piles of candy, and many categories of colorfully wrapped, cavity-inducing taste treats! They were in seventh heaven, but as a mom I had to create and enforce the rules of moderation. Not an easy task.

If the above scenario is a familiar one, then you know what I'm talking about. Managing this giant prescription for a perpetual, bouncing-off-the-wall sugar high can be a full-time job, especially right now after Halloween. This is where boundaries come in, but also a dose of simple moderation is in order. Set the boundaries for the kids and allow just a little candy at a time daily. Giving them a hard NO to candy consumption won't work. They'll just eat it somewhere else and the moderation lesson, that there is a middle ground between too strict and too indulgent, will be completely lost. The reality is that it's the middle ground of moderation that most of us actually want to inhabit. When we do, we are the most satisfied and content.



This, That, or the Middle?—Making moderation all the more difficult is our culture that bombards us daily with polarized behavior choices. You can never be too rich or too thin, for example,

is a mantra for some, while fat and happy is one for others. Smack in the middle of those two mantras, in the neutral zone, is the place where one actually feels in control.

Or how about bingeing on a TV series resulting in lost sleep and other simple basic needs. One could instead watch an episode at a time, and maybe even not every day, so their daily rhythms aren't grossly interrupted resulting in increased stress, loss of productivity, and more.

Other examples might be those you know who literally fear any consumption of sugar or gluten. Of course, if you have a condition like diabetes, you must watch the sugar, just as someone with celiac disease must avoid gluten. However, if you don't have those conditions, avoiding sugar and gluten to the point of fear is a very unhealthy place to be and has the potential to harm your physical and emotional health due to the stress hormones flooding your brain while you strive to maintain this unrealistic position.

Or what if you're at a party and there's a lot of heavy food and alcohol? Well, just enjoy a little of it, not too much, and you'll be OK. Our bodies are constantly striving for homeostasis (the balance between all our body's systems as they work to function properly together), and finding that middle ground in life is much the same.

Moderation—A key that unlocks the door to living with a healthy balance physically and emotionally. When our lives are filled with extremes, our health in mind and body is diminished and stress-filled, whether we know it or not. And as we head into the holidays—a time of emotional and physical extremes across the board—moderation could not be more important to practice.

So, when you know you're standing between the extremes in life, practice what you learned as a child: Moderation in all things, and that includes leftover Halloween candy!

—Sharon Stewart

To Your Health! Sharon Stewart RN, Health Coach, Sharon@SharonStewartRN.com



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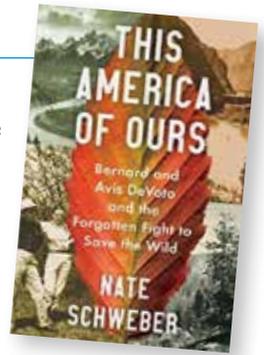
We always welcome new members to the book club, and if you would like more information you can contact me, **Frances**, regarding the Monday afternoon group (meets the 4th Monday of the month) at fozoimec@cox.net or **Steve and Ann Morris** regarding the two Thursday afternoon groups (meet the 4th Thursday of the month) at samwrsi@cox.net.

—Frances Ozimec

REALLY SERIOUS O.C. BOOK CLUB

Our discussion last month centered on *This America of Ours*, Nate Schweber’s biography of writer and conservationist Bernard DeVoto and his wife and editor Avis. The DeVotos were fervent about the magnificent landscapes of the West and worked with different preservationists and activists to save vast acres of public lands from devastation by lumber and ranching giants. Their efforts brought them

up against the FBI and politicians like Senator Pat McCarran of Nevada and Senator Joe McCarthy, who labeled them communists. But the DeVotos also counted Julia Child, Wallace Stegner, and Robert Frost among their friends, and earned the admiration of Arthur Schlesinger and the Kennedy administration. Schweber’s book extols their vision and activism.



On **November 22** we will meet at **2 p.m.** for a review of Reza Aslan’s book, *Zealot: The Life and Times of Jesus of Nazareth*. This book aims to give historical perspectives on what is known about the times and life of Jesus the man, rather than religious interpretations.

We read thought-provoking books on a variety of interesting subjects, and we invite interested readers to join us on the fourth Tuesday of each month for an exchange of ideas. Contact nortlynn@cox.net to learn more about our group, which is celebrating our fifteenth year in Niguel Shores.

—Norton Schwartz



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Car Wanted: Our granddaughter is turning 16 and needs a car. Do you have a safe, reliable, and not too expensive car for sale? Carl Kukkonen (626) 695-9250. Kukkonen@Cox.net

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MARKET UPDATE



THE HIGH-RATE ENVIRONMENT

Mortgage rates have more than doubled after ringing in 2022. The combination of higher rates and higher home values has completely flipped housing on its head and consumers have changed their approach to housing.



NO CHANGE

The active listing inventory in the past couple of weeks increased by 8 homes, nearly unchanged, and now sits at 3,646 homes. In Sept., there were 24% fewer homes that came on the market compared to the 3-year average prior to COVID.



DEMAND CONTINUES FALL

Demand, the number of pending sales over the prior month, decreased by 158 pending sales in the past two weeks, down 9%, and now totals 1,598. It is the lowest reading for a start to October since 2007.



CLOSED SALES DOWN 30% Y-O-Y

There were 2,168 closed residential resales in August, 30% less than August 2021. August marked an 11% increase compared to July 2022. The sales to list price ratio was 99.0% for all of O.C.



Buyer demand is extremely high in Niguel Shores, while the supply of homes for sale is very low. Thinking of selling? We have buyers waiting for specific locations and types of homes.

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