Seashore News

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May 2022

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Issue 581

CONGRATULATIONS

TO VOLUNTEER OF THE YEAR Lp

AN EVENING OF APPRECIATION HONORING OUR COMMUNITY VOLUNTEERS

The Niguel Shores Board of Directors hosted an **Evening of Appreciation** in March, honoring over 100 residents for their service to our community. **Board President Bob Russell** thanked all the volunteers for their contributions to Niguel Shores, and awarded **Jeannie Sticher** the special honor of **NSCA 2021 Volunteer of the Year.** Everyone enjoyed sparkling drinks, fancy appetizers, and petit four desserts at tables decorated with a sophisticated Paris theme provided by **Karen Decker** and the **Office Staff.** Volunteers received gift bags and dolphin mugs in appreciation of all they do for Niguel Shores.



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FROM THE HELM

Resident Roundtable Recap

The April Board meeting began with another Resident Roundtable. This is the quarterly meeting where we devote time to topics of interest to the community, various homeowner concerns, questions, and/or announcements. This meeting had interesting speakers and covered important topics so I would suggest you all attend when possible. The next Resident Roundtable will be held in July with the three (3) new Board members present. Keep a look out for future announcements with the details.

Annual Meeting/Election

Be sure to vote in this year's Board of Directors election! There are three (3) open positions and a lot of excitement in the community about this year's choices. Regardless of who wins, I want to personally thank the six (6) homeowners who volunteered to run for our Board. So a big THANK YOU to **John Barbee**, **Jim Cobb**, **John Douglas**, **Rhonda Dunlevie**, **Paul Neuvirth**, and **John Rosenthal** for participating in this process. Ballots will be accepted up until the time the Annual Meeting begins at 6:00 p.m. on Tuesday, May 17. If you did not receive a ballot, contact the office or the Inspector of Elections (info in GM Article) for a replacement.



NSCA Board of Directors at the Resident Round Table on April 13. Shown (left to right) are Donny Borsack, Bob Russell, Pat Pearson, Rhonda Dunlevie, Steve Leonard

E-Bike Safety Class

The Board is planning an E-Bike Safety Class for June 3. Watch the NSCA website for registration and further details.

Mother's Day

I'd recommend doing something special for the significant women in your life this month in return for all that they do. Happy Mother's Day to all!

-Bob Russell



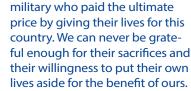
Candidates for NSCA Board of Directors answer questions from residents at Meet the Candidates Night on April 6. Seated (left to right) are John Rosenthal, Paul Neuvirth, Rhonda Dunlevie, John Douglas, Jim Cobb, John Barbee.





Monday, May 30

Memorial Day honors those men and women in the



May we always remember the debt we owe to those who guard our country. They serve at great risk to protect the ideals of this land and the American people.

For details about 2022 Memorial Day ceremonies in the Dana Point area, contact VFW Post 9934 at (949) 248-1419.

Candidates Running for Niguel Shores Community Association Board

The ballots have been mailed out for the NSCA Board of Directors election. Please contact the office or the Inspector of Elections if you need a replacement. The candidates that are currently running for the NSCA Board of Directors are John Barbee, Jim Cobb, John Douglas, Rhonda Dunlevie, Paul Neuvirth and John Rosenthal. Remember that your vote counts and it is important to complete and return your ballot.

For your convenience there are several ways in which the ballots can be submitted this year:

- Place in the self-addressed stamped envelope provided with the election material
- Deliver to Accurate Voting Services, 18 Technology Drive, Suite 142, Irvine, CA 92618
- Deliver to the Management Office and place in the BAL-LOT box in the office lobby
- Present in person at the Annual Meeting on Tuesday, May 17, prior to the polls closing

Annual Meeting/Election

The NSCA Annual Meeting and Election is to be held on **Tuesday, May 17.** Registration will begin at 5:00 p.m. in the Community Center Clubhouse, and the Annual Meeting/Election is scheduled to begin at 6:00 p.m. where the election results will be tabulated and announced.



NSCA ANNUAL MEETING AND BOARD ELECTION Tuesday, May 17

Register 5:00 p.m. Meeting 6:00 p.m. Niguel Shores Clubhouse

Guest Lists and Prom/Events Photos

As the summer months are almost here, you may be planning an exciting get-together with friends and family. Please remember that if you are having ten (10) or more visitors a guest list is required to be submitted to the office at least one (1) business day before the event. As the school year winds down, you may want to have a group get-together for photos within Niguel Shores at your home or the Beach Bluff. If this is the case, please be sure to submit a guest list to the office letting us know the list is for prom photos or your special event so there are not any hiccups on the big day.

Teak Bench Raffle

We have four (4) used beach bluff teak benches up for grabs that are six (6) feet long. Here are the details to participate and have a chance win!

- What? Raffle off the benches
- When is the drawing? Monday, May 9 at 9:00 a.m.
- Where? Management Office
- Who is eligible? Residents Only—One per household
- Where are the raffle tickets? Management Office—Complete and return by Friday, May 6 at 5:00 p.m.
- Must I attend the drawing? No need to be present to win, but if you are present you will be able to choose your bench
- When must I pick up the bench? By May 9—End of day

Holiday Closing

The office will be closed for **Memorial Day** on **May 30.** No construction will be allowed on that day.

Happy Mother's Day

To all the beautiful mothers in Niguel Shores, please have a wonderful day and celebrate yourself—you deserve it!

—Marla Miller

Does your household have a high school or college student graduating this year?



Honoring Our 2022 Graduates

The *Seashore News* has an annual tradition of honoring our Niguel Shores graduates with a special announcement in the June issue.

Please send their names, a photo, future plans, and any other activities you may wish to share to: *seashorenews@hotmail.com*

We look forward to recognizing our 2022 high school and college graduates in the June issue. *Deadline to submit:* May 15

COMMITTEE REPORTS

ARCHITECTURAL

The Architectural Committee (AC) is the only NSCA committee required under Article VII of the original tract CC&Rs. The AC is composed of no less than three and no more than five volunteer members of the community. The AC's primary focus as directed by the CC&Rs is aesthetics and building rule enforcement.

AC members are tasked with reviewing all exterior modification applications to make sure the request complies with the Association's CC&Rs and rules. On average, the AC reviews between 250-300 applications each year. They have reviewed close to 150 applications so far in 2022. These applications range from a standard maintenance project such as painting or window replacement to a major rebuild of the entire house and landscape. Because the Committee members do not read plans, they work closely with the Association's consulting architect for review of large-scale projects.

Managing the architectural process does not just end with application review. It also includes inspections, design workshops, and violation enforcement. Additionally, the AC reviews their process and all rules related to exterior modifications annually. Adjustments are made based on changing dynamics in building trends or codes.

Many thanks to Committee members Jeannie Sticher, John Yocca, Mike Stively, Trisha Pearson, and John Chis for their time and dedication to keeping this everchanging architectural process going!

-Karen Decker

COMMUNICATION

News Three Ways

The NSCA Board, Communication Committee, and Management work together to deliver the news of Niguel Shores to you in several ways:

- Website: News and photos are posted on the Niguel Shores website *niguelshores.org*.
- Newsletter: The Seashore News is delivered to your home in print form each month. An electronic version is also available on our website niguelshores.org.
- Email: News updates come to you by email whenever news breaks.

Through print and electronic media, we hope we are reaching everyone. Use the method that works best for you and stay informed about our great community.

Your Voice Matters

If you have news that would interest the whole community, let us know. You can email a message or photo to *seashorenews@hotmail.com* or drop off a note at the NSCA Office. The deadline for submitting to the *Seashore News* is on the fifteenth of the month before the issue comes out in print (May 15 for the June issue; June 15 for the July issue; and so on). Your voice matters, so let us hear from you.

-Sandy Homicz

RECREATION

Summer is almost here and our Recreation Committee is ready to bring on the fun!

May Events:

Cinco de Mayo—Thursday, May 5, 5:30 to 7:30 p.m.

Enjoy tacos and music at the Beach Bluff. Tickets on sale now for \$10 in the NSCA office, limited to the first 200. Catered meal comes with three tacos, rice, beans, and chips.

Spring Market—Sunday, May 22, 11:00 a.m. to 4:00 p.m.

Take a look at all the wonderful items from the community for sale at the Spring Market located in the NSCA Community Center Park.

Memorial Day BBQ—Sunday, May 29, 5:00 to 8:00 p.m.

The grills will be hot and ready for you. Bring your own food to barbeque and enjoy fun dance tunes down at the Beach Bluff.

Upcoming Summer Events:

Ice Cream at the Bluff—Friday, June 3, 3:00 to 6:00 p.m.

Purchase your favorite ice cream from the truck—or for those who complete the eBike safety class, you will receive a coupon for one free ice cream. The eBike safety class is one hour from 4 to 5:00 p.m.

In N Out Night—Saturday, June 11, 6:00 to 8:00 p.m.

Ice Cream at the Bluff—Friday, July 1, 3:00 to 5:00 p.m.

July 4th Celebration—All Day

Food Truck Night—Saturday, July 23, 5:00 to 8:00 p.m.

Ice Cream at the Bluff—Friday, August 5, 3:00 to 5:00 p.m.

Band by the Sea—Saturday, August 20, 4:30 to 7:30 p.m.

Ice Cream at the Bluff—Friday, September 2, 3:00 to 5:00 p.m.

Labor Day BBQ—Sunday, September 4, 5:00 to 8:00 p.m.

Ice Cream at the Bluff—Friday, October 7, 3:00 to 5:00 p.m.

—The Recreation Committee

COMMITTEE REPORTS

RECREATION AMENITIES

More than 120 residents filled the Clubhouse on April 7 to hear a presentation by the Recreation Amenities Com-

mittee and to view the proposed projects being considered for updating and enhancing our current facilities. After **Jeannie Sticher** introduced the Committee, **Gary Wilson** explained the proposed changes, and **Sue Kichline** presented the financial impact with a possible \$550-750 assessment if the proposed amenities are approved. Residents were invited to learn more at various stations around the room where Committee members gave details of the project. Comment/Feedback forms were provided

for residents' opinions and suggestions. If you haven't seen the presentation or submitted a Comment/Feedback form, please go online to the Niguel Shores website at *niguelshores.org* for the form and a Power Point or PDF version of the presentation.



The Recreation Amenities Committee hopes to hear back from as many homeowners as possible.

-Gary Wilson

TRAFFIC AND SAFETY Compromised Security at Gates



As mentioned before in this column, service and delivery people that utilize GPS to reach an address within our community will often be directed to the Selva or Cabrillo gates. There, a good number of folks become flustered when the gate doesn't open for them. They then lose their composure and don't see or read the clearly posted signs informing them that entrance at these locations is for residents only, and directing all others to the main entrance on Mariner Drive. Some of these folks simply give up and turn away, or maybe phone their host, but a good number are extremely anxious and attempt to tailgate a bonified resident into our community. Almost immediately, they learn that the spikes at these two locations are unforgiving and two or more tires are ruined.

For this reason, we encourage residents to caution both prospective guests and service providers that the Mariner Gate at 33510 Mariner Drive is the appropriate gate to use when they come to visit or provide a service.

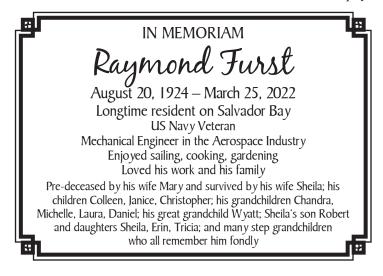
Recently there have been several incidents where rejected guests who linger around the gates have been allowed to enter when a resident comes up from behind them and trips the scanner with a valid resident bar code. The once-rejected visitor then enters the community without undergoing a screening process. Unless there are extenuating circumstances, we urge everyone for security's sake to be mindful of community security. Don't facilitate entrance of strangers and, if necessary, contact our main gate attendant and report the incident.

Right Turn and Unexpected Collision

When driving out of our community and making a righthand turn, we always look toward the left for oncoming traffic. Apparently, we don't look as closely to the right, since we don't expect anyone to be in the immediate vicinity.

Recently, I noticed two near-collision accidents when right turners failed to notice young folks operating their electric bicycles the wrong way on bicycle paths. The quick panic braking by the drivers and young folks precluded serious injury to the cyclists, but we all have to remember that we have new bicyclists out there who are not totally familiar with the rules and protocols of riding. Drivers and bicyclists should be alert at all times.

—Tim Murphy



CLUBS

WOMEN'S CLUB

Does the phrase "FUN, FRIENDSHIP, and SERVICE to the COMMUNITY" ring a bell to the members of the Niguel Shores Woman's Club? This has been the purpose of our organization since 1975 and continues to be the heartbeat of the club. FUN and FRIENDSHIP is why we gather every month to share the many events happening. Some of us are retired and others are still pursuing diverse careers and demanding professions, but we all celebrate the time we have together to laugh, relax, and enjoy life!

However, SERVICE to the local community is also a yearly focus of our club. Although we are not a fundraising non-profit organization like other local Women's Clubs, we do support a selected charity or service group every year through donating a portion of our luncheon fees and dues to their cause. Some recipients of our donations over the years are Camp Pendleton Fisher House, Marine League South Coast Detachment, Just Like Me for special needs kids, Meals on Wheels, Dana Hills Choir, Casa Romantica, Guide/Companion Dogs, Dana Point Symphony, and Dana Point Friends of the Library. We also were happy to donate the benches you see at the entry to Niguel Shores Community Center.

Women's Club will tour the buildings and grounds of Heritage Hills Historical Park on
 Friday, May 20 in place of our regular monthly meeting. The park's preserved buildings and rustic ranch setting span the early years of Saddleback Valley history.



- Following the tour, we will have a picnic with **Box Lunches** from Bagels and Brew.
- Please pick up a Reservation Form at the Office, mark your choice for the box lunch, and return the form to the Office no later than May 12 with your payment of \$20 for lunch and donation to the park.
- **Transportation** will be arranged for those wanting to carpool. Circle your transportation choice on the form.

This tour is Limited to 40 members! Be sure to reserve your spot by May 12.

Questions: Jeannie Sticher *at jsbrodie12@gmail.com* or Suzanne Enis at *Suzanne.Enis@cox.net*.

Spring is a busy time for the NS Women's Club! On April 14, we enjoyed a fashion show narrated by Michele Noparvar, owner of Monarch Plaza's Meesh Boutique, who brought us her delightful outfits and accessories—modeled by our lovely and personable members Nancy Baney, Maureen Manfur, Gigi McDonnell, Melinda Samsel, and Janice Stauffer.

Coming up on **May 20**, instead of our regular meeting, we will tour **Heritage Hill Historical Park** in Lake Forest and have a picnic lunch catered by **Bagels and Brew**. Reservation forms have been emailed to members and also are available in the Women's Club folder in the Office. Be sure to return your reservation to the Office by May 12 with \$20 cash or check to cover the boxed picnic lunch and donation to Heritage Hill for the tour.

Mark your calendars for June 9, the date of our annual June Tea. This year, it's a Mad Hatter's Tea Party, catered by The Tea House on Los Rios. Watch your email for information and invitations coming soon.

We welcome ladies to join Niguel Shores Women's Club. Please contact Membership Co-Chairs **Judi Palladino** *twopalls@yahoo.com* or **Jennifer Paige** *jenopaige@gmail.com*.

Members, it is time to pay your **Dues** for the coming 2022-2023 club year. Please bring your **\$25 check** to the Office or to the June Tea. Thank you!

-Terry Link

MEN'S CLUB

On April 5 the Men's Club assembled for a fine breakfast, followed by an interesting, fact filled and fun presentation from **Keith Johannes**, a fifty-year resident of Dana Point, and a member of the leadership at **Dana Point Historical Society.** His presentation focused on the history of Dana Point, and was punctuated with photos of historical buildings and (as of then) yet-to-be developed areas of our home town.

We learned all about the naming of the lantern streets and viewed photos of the old-time original lanterns and their modern-day replicas. You can tell when a presentation is well received by the volume of questions and comments from the audience—and Mr. Johannes' presentation certainly passed that test.

At our next meeting on April 19, we heard from member **C.W. Gruenig** about the heroism of **Roy Davenport**, a fivetime winner of the Navy Cross and one of only two sailors to achieve that honor five times.

Coming on May 3 Supervisor Lisa Bartlett will give us an update and Roy Dohner will brief us on Dana Point

CLUBS

development. On May 17, we will hear from **Jay Styles**, GM of one of my personal favorite restaurants, **Wind and Sea** in the DP Harbor.

The Men's Club will soon be awarding its **Annual Scholarships** to two deserving young scholars. We are also getting revved up for the big fundraising event for those scholarships, the annual 4th of **July Pancake Breakfast** one of many events the men's club sponsors during the year that help maintain and improve the quality of life for those of us fortunate enough to live here.

All our work depends on an energetic and inspired Men's Club membership. If you are already a member, thank you, it is good to have you with us. If you are not yet a member, there is no time like the present. Come join us at one of our two monthly breakfast meetings. This will give you a chance to see how we operate, and to decide whether it is something you might enjoy being a part of. No obligation, no heavy sell, just a good breakfast and some interesting conversations.

Oh, did I mention, the breakfast is on us? We hope to see you May 3 and 17.

—Tim Moore

GARDEN CLUB

Our next meeting is on Monday, May 16 at 11:00 a.m. in the Clubhouse. Kevin Alison from the Tree Of

"In nature, nothing exists alone." —*Rachel Carson*

Life Nursery will speak about the importance of the identity and choice of

California Native Plants for our gardens during a drought. The Tree of Life Nursery is singularly passionate about California Native Plants and is well worth a visit. Check out their website *californianativeplants.com* for location, hours, workshops, and special events.

In addition, one can visit **South Coast Farm**, located at the Tree of Life Nursery, They offer seasonal Fruit and

Veggie U-Pick. Call (949) 661-9381 for details. Their fresh produce is delivered daily to their **Farm Stand** in Dana Point, at 24040 Camino Del Avion. One can't find fresher produce than this!

Our highly successful **Plant Sale** took place in March. We extend grate-

"In wildness is the preservation of the world." *—Henry David Thoreau*

ful thanks to the generous donors from local nurseries and to the Garden Club members who worked tirelessly at the event. This is Garden Club's major fundraising project, and proceeds will enable the club to contribute toward the Garden Club District's Scholarship for horticultural students at Saddleback College. In addition, funding will go to Vera's Garden in Orange County helping to heal abused women, and to the Penny Pines reforestation of burned areas of our national forests.

April Garden Club activities involved field trips to Hortense Miller Garden in Laguna Beach and a tour and lunch at Sherman Gardens in Corona del Mar—both spectacular and different venues.

At our May 16 meeting, we will be signing up for the endof-year Garden Club Barbecue/Luncheon at the Bluff on June 20.

-Ann Strauss



Field Trip to Hortense Miller Garden

ACCOLADES

Compliments to our quick-thinking office staff member **Blayke Miller** for recognizing that one of our residents needed emergency help. On April 22, a resident using the Community Center spa seemed immobile. Blayke knew the resident was a diabetic and, with the assistance of two other residents, was able to lift the man from the spa and rest him in a nearby chair. His legs were purple, he was not sure how long he'd been in the spa, and he was unable to stand or walk. Blayke immediately notified staff and **Matt Northrop** called 911. Matt held the fob gate open allowing the fire department immediate access. Like all our staff members, Blayke and Matt are trained in CPR. Blayke stayed with our resident until the fire department arrived and could administer emergency services. Thanks to Blayke and Matt for their personal concern in caring for our residents.

ACTIVITIES

BRIDGE

Our Bridge group has averaged four tables, along with some high scores, even though games were limited to five per rubber. We are always looking for new players and are able to support five tables if needed. We play every Wednesday, starting at 10:30 a.m. and usually play until 2:00 pm at the latest. Come and join us!

Bob and **Betty French** are the grease behind the wheels that allow us to run a well-organized game for all our players. Bob and Betty regularly come in first, second and third and are closing in on **Frieda Baskin** as the most frequent winners. Women outnumber men in the group and are the winners more times than I can count. Come on guys, let's up the ante!

Here are the winners since our last newsletter:

- March 16: Betty French 1st, Frieda Baskin 2nd, Lanny Barnard 3rd
- March 23: Maria Girard 1st, Betty French 2nd, followed closely by her husband Bob French 3rd
- March 30: 1st belongs to Glenda Wilson, Lee Farrell came in 2nd (She is 100 years old), and Frieda Baskin came in 3rd
- April 6: Glenda Wilson again came in 1st, followed by Freyd Rad at a distant 2nd but closely followed by Frieda Baskin, making sure she stays in the top 3
- April 13: Betty French is 1st, rounding 2nd is Jim Pinola, followed by Bob French for 3rd

For information on the Bridge group, contact **Bob** and **Betty French** at (650) 312-2556 cell or (949) 312-2566 home.

-Mike Oliva

PAGE TURNERS

Page Turners will be reading *The Indigo Girl* by Natasha Boyd this month. This work of historical fiction is based on the life of one Eliza Lucas and takes place between 1739 and 1744. Eliza was a teenager at the time and, out of the necessity to raise money to



support her father's military ambitions, she planted indigo seeds and introduced commercial-grade indigo as a North American crop. This was not an easy task but she persevered in her efforts and indigo dye "became one of the largest exports out of South Carolina, an export that laid the foundation for the incredible wealth of several Southern families who still live on today. Although largely overlooked by historians, the accomplishment of Eliza Lucas influenced the course of US history. When she passed away in 1793, President George Washington served as a pallbearer at her funeral." The book should provide for lively discussions in all three groups as it touches on "romance, intrigue, forbidden friendships, and political and financial threats"... that weave together "to form the story of a remarkable young woman whose actions were before their time."

Our book club consists of three groups of approximately 10 members each. One group meets the fourth Monday afternoon of the month, and the other two groups meet the fourth Thursday afternoon of the month. If you have an interest in joining, you can contact **Steve** and **Ann Morris** at *samwrsi@cox.net* regarding the Thursday groups and me regarding the Monday afternoon group at *fozimec@cox.net*.

-Frances Ozimec

REALLY SERIOUS O.C. BOOK CLUB

Members met in March to discuss Michael Lewis's The Premonition: A Pandemic Story, dealing with the way our government and health care agencies handled the COVID-19 crisis. As described in the book, a small group of resourceful scientists and health officials recognized that the new fast-spreading virus would soon take on epidemic proportions. They developed plans for controlling it-including quick tests and rapid delivery of results-but they found no centralized authority among our health organizations and government agencies to take leadership and implement preventative strategies in the early stages of the virus spread. Because of this, there were no consistent rules for the nation's handling of COVID-19 and local health officers were left to determine procedures within their communities, leading to conflicting mandates across different parts of the country. The book is factual, but narrated in a thriller-like mode with intriguing back-stories for the central figures and a race to beat the virus as the action that carries it along.

In April, our discussion focused on *The Silk Roads: A New History of the World* by Peter Frankopan. The book shows how East-West trading networks brought the mingling of ideas, cultures, religions, and desires for foreign goods that drove economies, built nations, and shaped the ancient and modern world.

We will meet this month on May 24 at 2:00 p.m. to examine the first half of Klaus Muhlhahn's work *Making China Modern*. Please join us if you are interested in discussing non-fiction works on social, cultural, political, and economic topics. Contact *nortlynne@cox.net* for more information.



-Norton Schwartz

GARDEN CLUB PLANT SALE ~ MARCH 26























CLASSIC CAR SHOW ~ APRIL 2















WOMEN'S CLUB FASHION SHOW ~ APRIL 14

Fashions from Meesh Boutique in Dana Point modeled by our members Janice, Melinda, Gigi, Maureen, and Nancy.













www.niguelshores.org

Sticher 2021 VOLUNTEER OF THE YEAR

Over 100 NSCA volunteers enjoyed "Springtime in Paris" at the annual Evening of Appreciation with wonderful hors d'oeuvres, champagne and, of course, French macarons! The event celebrates the many volunteers who help to make Niguel Shores "the best kept secret along the coast." It is also a time to acknowledge our **Volunteer of the Year**. This is a surprise award, kept hush-hush until that evening. All the NSCA commit-

tees are asked to nominate a resident who has gone above and beyond to serve our community. The Board then considers the nominees and determines the winner, who is announced at this annual event.

The 2021 Volunteer of the Year Award was presented

by Bob Russell to **Jeannie Sticher**, a Niguel Shores resident since 2009, when she decided to relocate to California after a tough winter in Chicago. Professionally, Jeannie worked for twenty-four years in sales and marketing for Mars, Inc., both domestically and globally, having lived in Poland for 18 months and various cities throughout the U.S. At Mars, Inc. she was Vice

out the U.S. At Mars, Inc. she was Vice President of Sales responsible for Walmart globally. She also shared her business expertise by teaching at DePaul University and UCI.

Jeannie chose the Niguel Shores community because it was close to the beach and away from big city traffic. She arrived with her two dogs and soon after was asked by a neighbor if she knew how to use a computer. With that, Jeannie says, "I was immediately drawn into a position on the Sea Terrace II Board."



The rest, as they say, is history. Jeannie has served our community in countless ways. She has been a NSCA Board Member for multiple terms, including Board President. She continues to serve on the Sea Terrace II Board, previously as President. She is the current Architecture Committee Chair and a Recreation Amenities Committee member. Jeannie also held the positions of Human Resources Chair, Finance Committee Chair, View Preservation Committee

member, Master Landscape Committee member, and Emergency Preparedness Committee member.

And there is more: Jeannie volunteers for the Shores Angels and every Tuesday she delivers for Meals on Wheels to bring 3 meals to each of her homebound clients, following

> in her father's footsteps who did this for over twenty years. She worked the 2010 and 2020 Census and various elections as a poll worker. She also volunteered to assist at the COVID-19 super-site that distributed vaccinations in South Orange County and was involved with the Sand Dollar Guild, a fundraising arm of the Ocean Institute.

You might ask what Jeannie does for fun! She loves to travel, having done so extensively, but still has Antarctica on her Bucket List. You'll probably also see her on the pickleball court, at the YMCA, or hiking.

We applaud **Jeannie Sticher** for sharing her time and talents with us here in Niguel Shores, helping to make this a highly desirable and financially stable Association and a lovely place to live.

-Michelle Ralph

NIGUEL SHORES COMMUNITY ASSOCIATION VOLUNTEER OF THE YEAR 1980 TO 2021

Jeannie accepts the Volunteer of the Year

Award from Board President Bob Russell.

1980.... Dorothy Dudley
1981.... Dale Baltimore
1982.... Phyllis Luengen
1983.... Rose Marie Lawson
1984.... Norm Pomeroy
1985.... Jim Guthrie
1986.... Ken Knight
1987.... Ed & Doris Adams
1988.... Forrest Owen
1989.... Lloyd Somerfield
1990.... Daniel Aldrich

1991.... Dick Beaubien
1992.... John & Betty Dickerhoff
1993.... Dick & Hope Luedeke
1994.... Hal & Patty Therolf
1995.... Hazel Lafler
1996.... Rick & Dottie Foth
1997.... Jerry & Marian Pearl
1998.... George Williams
1999 ... Don Beaver
2000 ... Don & Dee Johnston 2001 ... Dick & Janet Mackaig
2002 ... Jerry Milner
2003 ... Bob & Lavonne Borland
2004 ... Jack & Ann Christiansen
2005 ... George & Marion Evans
2006 ... Gerlinde Duffy
2007 ... Dick & Ceacy Johns
2008 ... Mary Crowl
2009 ... Roy Dohner
2010.... Jerry Koppang

2011....N/A 2012....Sam Johnson 2013....Nancy Tinnes 2014....Marilyn Moon 2015....Pat O'Brien 2016....Sue Kichline 2017....Karl Kuhn 2018...Sue Kichline 2019....Suzanne Enis 2020 ...Sandy Homicz 2021....Jeannie Sticher

MEET YOUR NEIGHBORS

O ne reason that Niguel Shores is such a desirable place to live is that the Association's Board of Directors and Committees are run by homeowner volunteers who have a personal interest in the well-being of the community. This month, we interviewed a volunteer who serves on the Architecture Committee, **Mike Stively** and his wife **Jan**.

Mike and Jan are originally from Arizona, Jan growing up in Flagstaff and Mike in Phoenix. They both graduated from Northern Arizona University; however, they did not meet until several years later

while working for Mountain Bell Phone Company in Flagstaff. Career opportunities and job promotions for both Jan and Mike resulted in several moves for the couple and their family, initially from Flagstaff to Phoenix and later to Albuquerque and Santa Fe.

In 1998, the couple both "retired" from their respective careers and started a software business here in Orange County. The venture began with only four employees, but eventually grew to a staff of 150. They sold the company in 2008 and are now fully retired.

Mike and Jan have three sons and one daughter and five grandchildren. When they first became involved in the software business, they purchased a home in Laguna Beach, where they raised their family for several years. After their youngest son graduated from college, they began looking for a smaller home, preferably near the beach with an ocean view. Fortunately, Jan became pretty good at following the MLS listings and in 2013 she found their home on Salvador Bay.

After settling into Niguel Shores,

Mike volunteered to join the NSCA Architectural Committee. He had been involved on a similar committee in a previous community and they had gone through several remodels themselves, so the Architectural Committee seemed like a good fit for him. What also attracted Mike was the fact that our HOA is self-managed with homeowners making the decisions. Mike and Jan had lived in communities with far fewer residents where the HOA was outsourced to a management firm and the experience was not a good one. The fact that residents here in Niguel Shores have immediate access to our Association and actually have the opportunity to become part of the



Jan and Mike Stively

decision-making process, was an important motivation in Mike's joining the Architectural Committee. He has served on the committee for a little over a year, learning a great deal about our community and developing an "enormous respect" for our staff—especially Community Manager **Karen Decker**, who he says is an "encyclopedia of knowledge" on our community's architectural guidelines. Members of the Architectural Committee meet twice a month and then also make site visits.

Mike sees the community of Niguel Shores as evolving, not just demographically but architecturally as well. His guess is that many new buyers here in Niguel Shores undergo some type of remodel and, with all our different home tracts, the committee members have a very complex task. From his work on this committee, Mike has learned to see a prospective remodel project as having two sides one is the side of the new buyer, who is very invested in doing a remodeling project, and the other is the side of



the existing homeowners nearby who may be impacted by the remodel. Both parties can be "passionate" about their homes and about the project. Mike has learned that as a member of this committee he has to see both sides and have empathy, but at the end of the day, follow the rules that apply.

Regarding Niguel Shores, both Mike and Jan say the amenities, the homeowners' association, and the beach bluff location make it a very unique and special place. Mike and Jan are extremely happy to be part of this wonderful community.

-Patti Staudenbaur

SPORTS

TENNIS Strength and Fitness

Tennis players, it's a great time to be on the courts. We are having exceptional days and beautiful sunsets to end each gorgeous day. A big reminder to all sports enthusiasts: Being in hibernation during the winter can lead to injuries if you do not prepare your body for physical endurance. Fitness is a must to maintain muscle tone, ligaments and tendons. Your mind might feel like 25, but the body may say differently!

A few helpful hints can help to ensure safe injury-free sports activities. I read a great article from WebMD at *webmd*. *com/fitness-exercise/features/strength-exercises-for-tennis*. It states that strength exercise is a very important aspect of racquet sports training. Strength conditioning can prevent injuries on and off the court. Racquet sports have major repetitive movements and can cause chronic and acute injuries like tennis elbow, bursitis, tendonitis, osteoarthritis, and sprains and strains of muscles and rotator cuff injuries.

Friendships on the Court

We are all enjoying life on the "Gold Coast" of California with springtime bringing gatherings celebrated by individuals in many ways. Easter, Passover, and Ramadan came in April amid turmoil in the world that left many people displaced and in need of humanitarian aid. We have each responded in our different ways, but in the USA, we have learned that people of different backgrounds can assimilate together and build strong friendships—and the sports court is a place where this can happen.

Racquet players often travel to a variety of locations to play their sport and meet new friends. The USTA and OCCTA Senior players in California have a wide variety of tournaments held in the USA, of which many residents in the Shores participate. These tournaments are cited for age groups, usually 5 years difference in each age group. Thus, you are playing people your age. You can check these sites and find league play and tournaments happening anywhere in the USA. Tennis is a competitive game, but has its great social side to build lasting friendships. See *usta.com* and *https://seniorsirs.tenniscores. com/?mod=nndz-TjJiOWtOR2sxTnhI*

New Amenities

The Niguel Shores Recreation Amenities Committee did a nice job last month presenting ideas for sports and recreation in our community. They are working with the Board and taking input from residents on identifying needs and upgrades to our current facilities. We encourage all residents to view and participate in these proposed amenity changes/additions and recommendations. See information at *niguelshores.org*. We hope each of the residents and families in the Shores are enjoying life and great health. We look forward to seeing our friends on the courts and living life "Happy, Wild and Free." —Don and Penni

PICKLEBALL Pickle Connect

Going on a vacation and want to play pickleball? Interested in improving your game or finding players? There is a great app called "Pickle Connect" that contains a plethora of information from vacations to tournaments, clinics and coaches. Just type in the zip code of your destination, choose your subcategory, and start planning!

My personal favorite is under the "Shop" link. There you will find another link called, "Stay and Play" with hotels and private residences for rental with pickleball courts. FYI: There is a "Hilltop Estate Pickleball Vacation Home" in Temecula which accommodates twelve guests. Does anyone want to plan this trip? We are in!

Local Courts

Niguel Shores pickleball courts are not the only game in town. There are other courts within a short driving distance for you to improve your game, meet new people, and have more fun!

San Gorgonio – In San Clemente at San Gorgonio Park. Open 7 a.m. to dusk Monday through Friday; 8 a.m. to dusk Saturday and Sunday. What is great about "San G" is that it is drop-in play. You can go by yourself or with friends. They have courts designated by level: Beginner, Intermediate, and a Challenge Court. In addition, they have a great rotation system which is posted. Check with the City of San Clemente as they will be moving the courts at some point.

Laguna Niguel Regional Park Pickleball Courts – In Laguna Niguel Regional Park, 228241 La Paz Road. Visitors must pay a nominal fee for entrance to the park. Eight courts are available (four permanent and four transitional pickleball and tennis). We have not been there recently, but I heard they now have a system for drop-in play created by the players. A bonus – there are four lighted courts!

Crown Valley Pickleball Courts – Off Adelanto at Crown Valley Elementary School. Open 9:15 a.m. to 12:15 p.m. Monday through Friday; Saturday 9 to noon; Sunday 10 a.m. to 1 p.m. No drop-in play, so bring your own group of four.

Sendero Field Park – 29669 Ortega Hwy at Antonio Parkway, San Juan Capistrano. Check their website for designated homeowner, novice, and challenge play times and days.

Wellness ... Motherhood

"Oda walk dog."

That? Was that my baby girl talking in a full sentence? I mean, three words counts as a sentence, right? Did I just hear her say Oda walk dog?

I peered out the upstairs window in our townhouse where our daughter was looking intently at something. Yes! There was Olga walking her dog! Amazing, at least to me as a first-time mother. After practically falling over in excitement, I grabbed the baby book where I'd been recording all the required bits of information (you know-crawling, walking, teething, sleep habits) and quickly added this milestone under the heading "Memorable Moments." I can still see it to this day right down to the blue OshKosh overalls she was wearing. My little one's first full sentence was a high point in new motherhood for me. As I said, amazing.

Hearing your first-born string words together in a comprehendible manner is a joy and a blessing that fills your heart with love and pride. To experience the way we humans develop the expression of language is incredible. And it's only one of many rewarding moments that bless us as parents. But parenting-in this case, Mothering-is filled with more than just joy. It comes with tired days and wakeful nights. Days of worry when your little one is sick (a baby with a fever can become very frightening if you lose your cool), or nights of worry when your teenager still



isn't home hours after curfew (where is that kid and is he ok?). The responsibilities of caring for your child are unending, just like the love that grows between a mother and her baby starting with conception. Or adoption. Or however a baby may come into a mother's life.

A child's mere presence breathing the same air as you changes the trajectory or your life in ways never expected. You've seen it before, heard it before, read about it before, but living it is a story that is unique to you. The Mom. Your own life takes on a different place in the family hierarchy. Suddenly, you're thrust into a complete mindset shift that's all about loving, nurturing, protecting, and advocating for this little human being that is at the beginning of its life continuum. You set the path, fill their mind with beliefs, model

love and compassion, and suddenly the 'M' is dropped from Mothering. You're Othering. You'll do anything for your baby, your child, your adolescent, your grown kids. Your priority has shifted to looking out for this mighty little catalyst of change in your life instead of yourself.

That's right, instead of yourself. The one who is Othering forgets to take care of herself, and we all know where that can lead, but we don't acknowledge it because we're so busy worrying, rejoicing, teaching, disciplining, and loving this little creature in our lives as it grows to an adult. Poor eating habits, no time to exercise, sleep deprivation, and just the overall stress of the job can result in unwanted weight gain, high blood pressure, cardiac issues, and more physical manifestations of our extreme Othering lifestyle.

What we can do, however, is find a trusted babysitter if need be, carve out the time and just breathe. Go on a walk, meditate (however that looks), commune with your fellow Otherers and know that you're not alone. Self-care is what it's called, and we all need to practice it. Anna Jarvis, the founder of Mother's Day would be proud. So, on this Mother's Day remember your mother, whoever that may be, and remember to love and care for yourself as well, as you carry on the tradition of creating a calmer and more loving world.

To Your Health! Sharon Stewart RN, Health Coach, Sharon@SharonStewartRN.com

PICKLEBALL continued from page 14

Felipe Tennis & Recreation Center - 17161 Nogal, Mission Viejo. Open for drop-in play seven days a week from 7:30 a.m. to 9:30 a.m. and Monday/Wednesday/Friday 5 to 6:30 p.m. From reviewing the website, this rec center seems to have an extensive pickleball program. Drop-in, league, and organized play sessions by level are available. This is a club with different memberships available, or you can pay an \$8.00 guest fee.

Nellie Gail Pickle Ball - 25281 Empty Saddle Drive, Laguna Hills. Membership required. Nellie Gail offers both drop-in, organized play, and round robins. This, too is a club. Contact Nellie Gail for membership details.

Reminders for Niguel Shores Pickleball Play

- Guests must be accompanied by a Niguel Shores resident.
- During **organized play** when the courts are full:
- Put your paddles in the rack to alert playing members you are waiting for a court.
- First playing members to finish their game, relinquish their court to those waiting.
- This procedure continues until there are no waiting members. Remember: Games are quick. You may only need to wait

a brief period for one of the four courts. We welcome new players of all levels to join us. Life is short - play pickleball! -Barb Barrett



COMMUNITY AWARENESS - NEIGHBORS ENJOYING TIME TOGETHER

Dosinia Doggie Birthday Party

Wishing a happy birthday to Joey (who turned 2) are his friends Berkeley, Sir Winston, Maximillian Sugar-Ray, Pedro,



Zoey– and their humans Joni Ashworth, Cora and Bob Berkery, Beth Ann Hoffman, and Meg Shuler.



Manta Beach Happy Hour Group

A group of homeowners on Manta Court meet on Sunday evenings for Happy Hour. They started

during the pandemic and recently celebrated their second year of neighborly gatherings.

Pickleballers at the Bluff

Pickleball friends gather for a farewell to Fennika and Brian Carrier, who are on their way to Michigan.

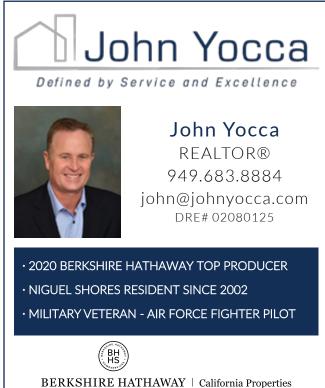


BOARD MEETING AND MINUTES:

The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance and on the Niguel Shores website. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.

THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD IN THE CONFERENCE ROOM ON THE **2nd WEDNESDAY, MAY 11, 2022,** BEGINNING AT **6:00 P.M.**





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Ads for the Seashore News must be submitted by the 15th of the month. Include a check payable to NSCA, \$5 for a maximum of 30 words. Advertisers must fill out a form available at the Association office. Neither NSCA nor the Seashore News assumes responsibility or liability for quality of goods advertised.



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WELCOME TO THE NEIGHBORHOOD!

Join us in welcoming the Packer family to our amazing Niguel Shores neighborhood! We were honored to get to know this wonderful family, and privileged to be the agents that helped them realize their dream in purchasing their forever home here in the Shores. They are excited to meet the neighbors and make new friends!







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www.niguelshores.org