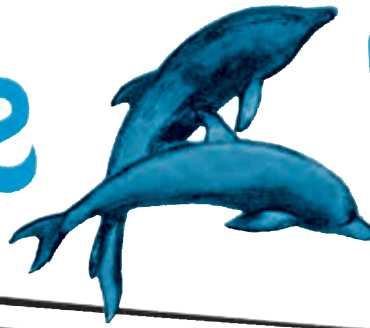


Seashore News



January 2022

Published Monthly by Niguel Shores Community Association

Issue 577

FROM THE HELM

Happy New Year Niguel Shores! I wish you all happiness and good health in 2022.

As we continue our transition back to normal life after COVID-19, thank you to everyone for being patient and understanding with evolving government requirements. Per the California Department of Public Health's recent mandate, masks are now required for all indoor public events. I am hopeful the word COVID will be a distant memory very soon.

In looking forward to the new year, I hope all members



of the community have a moment to appreciate the wonderful Niguel Shores neighborhood in which we live. I hope all residents have an opportunity to thank your community volunteers and acknowledge their wonderful work in Niguel Shores. Without all of the generous homeowners who volunteer their time we would not be

this remarkable neighborhood by the ocean. We appreciate our residents' hard work and hope the volunteer spirit in Niguel Shores will continue for years to come.

—Bob Russell

THE SPIRIT OF THE SHORES!

Niguel Shores showed its spirit last month as holiday lights brightened our streets, festivities filled the Clubhouse, residents gathered for good times at the Bluff, and the sun set on the last days of 2021. **Welcome 2022!**



2021 was a **GOLDEN**
year for real estate.

On average homes in Dana Point
went up more than 20%!!!

How will you take
advantage of these great
gains in **2022?**

cheers!



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GENERAL MANAGER REPORT

Welcome 2022!

In Appreciation

As we enter the New Year of 2022, we may set a goal or a resolution—and as we do this, let's remember that the people who cross our path and the simple interactions of every day are what is most important. I offer a **Toast of Appreciation** to everyone in Niguel Shores and to a successful new year to come!

All of the hard-working Niguel Shores staff appreciate this community and those positive residents who enter the office bringing good will along with your regular requests or business. We truly love working for you and being a part of this community. When you come in the office, we do our best to be of service. We work for you and for everyone to enforce the rules fairly and in the best interest of the entire community.

A few lines on "Appreciation" as we move forward:

Appreciate what we have and be grateful for all those blessings. Be

Positive with your outlook and towards others. It pays off tremendously. Be

Passionate during all interactions, not just in the beginning of the year but the entire year through.

Respect is an amazing quality, much appreciated by those who give it and those who receive it. Everyone should be respectful to others.

Encouraging words go a long way. Be encouraging to others in 2022. Having a

Cheerful attitude goes so far and helps show others that you are very positive. Be the

Ideal person that shows respectfulness and encouragement throughout the year.

Amazing actions are done by amazing people. Be amazing. Make everyday a

Terrific one and, by being terrific, you will show just how

Exceptional you are, having a powerful impact on those around you with good words, works and deeds.

A Resolution—Let's all respect, encourage, and appreciate one another—in other words, treat others the way we would like to be treated. It is more pleasant and productive to work together with respect, encouragement, and appreciation for each other.

Christmas Tree Disposal—CR&R will pick up your Christmas tree on your regular scheduled day for trash service at no

charge. You may leave the tree out on the curb through January 13, 2022. The tree must be free of all ornaments, lights, not attached to a stand, not flocked and not placed in a bag. The tree cannot exceed 6 feet. If it does exceed this height, cut off the top and throw that in the green trash. If you have any additional questions, you may contact CR&R at (877) 728-0446.

Holiday Decorations—Please remember that all holiday lighting and decorations must be removed by January 15, 2022.

Holiday Closure—The office will be closed Monday, January 3, 2022 as part of the New Year's holiday.

We all look forward to another awesome and appreciated year at Niguel Shores. Happy New Year to you from the Niguel Shores Staff!

—Marla Miller

Sea Terrace I Homeowners Meeting

It is that time of year again. The **Annual Meeting of Sea Terrace I Homeowners Association** will take place **Tuesday, January 11, 2022 at 6:00 p.m.** in the **Niguel Shores Clubhouse**.

As always, we will review the election results of the new Board and present the financial report. You should have received your annual meeting letter and voting instructions in early December.

Our painting season will begin in early March, based on weather. This year we will be painting Binnacle, Sextant, and Marlinspike. Our painter, Oscar Ortega of OJ Painting, will be with us again.

We also want to roll out our new paint palettes. With the help of Dunn Edwards paint experts and a volunteer committee, we have updated our colors. This will include Base, Trim, and Accent colors in a new pod approach. The Paint Committee of Bill Walkup, Lynn Lucier, and Lorraine Campanaro met several times to approve the Dunn Edwards Plan.

Looking forward to seeing you at our Homeowners Meeting on January 11.

—Jeff Paige, President
Sea Terrace I Homeowners Association

COMMITTEE REPORTS

MAINTENANCE

I hope you and yours enjoyed happy and healthy holidays. As we start a new year, we wanted to give some background on what the **Maintenance Committee** does, who its members are, and some of our plans for the future.

The Committee meets the third Thursday of each month at 9 a.m. in the Conference Room. The members are seven Niguel Shores residents, plus **George Cooley**, Head of Maintenance; **Marla Miller**, General Manager; **Martin Dedrick**, Finance Committee Liaison; and **Pat Pearson**, Board Liaison. Our typical schedule is to review the budget for any variances and make sure that our expenses are aligned with our annual budget. You'll be happy to know we often run under budget. We will then review current action items, homeowner requests (residents' chance to contribute), comments from all our members, and updates from our area inspections. Following that, we receive an update on the physical plant from George.



The Maintenance Committee

In addition to the daily maintenance projects that keep our neighborhood in top shape, our long-term projects include items like these:

- Annual street repair and resealing that is on a constant rotation throughout the community.
- Annual resealing of the wood benches at the Bluff, which is done by our Committee members.
- Replacing sidewalk joints which have deteriorated over years of use.
- Concrete repair in various locations, often the result of invasive tree roots.



A brigade of trucks and road repair equipment working to beautify our community on Atlantic Avenue, Bluehill Bay, Colima Bay and Timor Bay.

- Repair and/or replacement of the stamped concrete that surrounds the coral trees in The Villas cul-de-sacs.

Along with these major projects, George and his wonderful team are always reacting to failures of different systems like cameras, gate sensors, pool systems and the maintenance of the clubhouse and locker rooms.

All in all, we have a great group of resident volunteers on the Maintenance Committee: Longtime member **Sam Johnson** (who knows all things related to street repair), **Art Staudenbaur**, **Bob Schreiber**, **Suzanne Enis**, **Tim Murphy**, yours truly and, of course, our **Chairman Len Beebe**.

The Committee and the Maintenance Staff constantly strive to keep Niguel Shores the “Extremely Well-maintained Community” that it is known for throughout the area. Happy New Year!

—Geoff Dunlevie

RECREATION

Happy New Year from your Recreation Committee!

A big thank you to all the Recreation Committee members—**Chrissy Rausch**, **Nancy Tinnes**, **Kathy Samuel**, **Catherine Bitran**, **Suzanne Enis**, and **Maria Elena Banks** who took the time out of their busy schedules to chair different events throughout this year.

Watch the Niguel Shores website niguelshores.org and the *Seashore News* for upcoming 2022 events that everyone can participate in.

—Recreation Committee

A SAFETY NOTE

Be Watchful

Please be aware there have been **coyote sightings** recently in Niguel Shores. Be sure to protect your children and pets! If you do see a coyote roaming the neighborhood you may call OC Animal Care at (714) 935-6848 or Animal Control at (949) 492-1617 to report the activity.

Coyotes present a definite risk. Don't leave food around outdoors, and be cautious when walking dogs or letting cats roam.

Coyote Breeding Season Is Here

Source: *Coyotes In Orange County*:

- California Coyotes have one annual breeding season from late January to early March.
- Coyotes have a gestation period of 60 to 63 days with an average of six pups born in a litter.
- The female stays in the den during gestation, then remains with the pups to feed them and protect their den.

COMMITTEE REPORTS

- If Coyotes mate in January, pups can be expected as early as March. At this point the male hunts for food. Later the male and female take shifts day and night hunting for food.



Tips for Safety

Source: *How To Keep Coyote-Safe In Orange County*

- Do not leave small children or pets outside unattended.
- Do not allow cats to roam (day or night).
- Walk pets on a leash that is no more than 6 feet to keep the pet close and maintain control.
- Don't run from a coyote as this signals the animal to chase you. Carry a walking stick and, if approached by

a coyote, make loud noises or toss a rock in the animal's direction.

- Trim ground-level shrubbery and clear brush near your home to reduce places where coyotes live and hide.
- Keep tight covers on trash containers, and put trash out on collection day at the latest opportunity.
- Eliminate potential food and water sources, such as pet food dishes, fallen fruit, and standing water.
- Never feed coyotes.
- Never attempt to touch, pet or capture a coyote. They will bite to protect themselves.

To help avoid coyote problems in our neighborhood, we urge everyone to be watchful and follow the above recommendations. For more about our local wildlife, you can visit the California Fish and Game website wildlife.ca.gov.

—Sandy Homicz

CLUBS

WOMEN'S CLUB

HAPPY NEW YEAR FROM THE NIGUEL SHORES WOMEN'S CLUB! The Women's Club meets monthly for lunch and wonderful speakers, plus we have delightful outside activities, fun and friendship. Please contact **Jennifer Paige** jopaige@aol.com or **Judi Palladino** twopalls@yahoo.com for more information about membership with NSWC.

We welcome new members who joined the club since September 2021: **Julie Chis, Sara Cowdrey, Pam Fle-sner, Catherine Hallett, Adrienne Hunter, Laura Pentz, Melinda Samsel, Meg Schuler, Monica Singer, Janice**

Stauffer, Sandi Stauffer, Karen Styles, Dot Wall Karen Ward, Linda Watts, Glenda Wilson, and Elsa Yocca.

All interested Niguel Shores' ladies are invited to our next **Luncheon Meeting at Noon on Thursday, January 13.** Our featured speaker will be **Tom Blake** who writes columns of interest for Seniors in the *Dana Point Times*,



In November, President Sharon Stewart surprised us with a beautiful rendition of the Star Spangled Banner as a Veterans Day tribute.

San Clemente Times and the *Capistrano Dispatch*. He also publishes the website onlifeandloveafter50.com and newsletter to help seniors combat fraud, avoid romance scams, keep open minds, and add variety to their social routines. Please join us to hear from this delightful South Orange County writer and speaker.

At our **December Holiday Party** co-hosted with the Men's Club, members and guests found the Club-house transformed into a Winter Wonderland with fragrant boughs of pine, birch, and fir, a decorated tree, lighted garlands, carved wooden deer and forest animal figures, and cocktail tables covered in holiday colors with buffalo check trim—all setting the mood for a joyous party. Three center tables held hearty appetizers, the club hosts poured generously at the wine and beer bar, and a buffet of decadent desserts topped it all off. Thank you to our Board officers, **President Sharon**



Thanks to the Women's and Men's Clubs for hosting December's terrific Holiday Party!

CLUBS

Stewart, Vice President Laurel Yocca, Secretary Terry Link, and Treasurer Cathy Tyson as well as Holiday Party Chairs Suzanne Enis and Terry Link for a fabulous event!

At the party, we collected toys and gift cards for the Marine Children at Camp Pendleton. The overflowing boxes of toys were picked up by Sonia Torres of the Marine Corps League and delivered to the Base. Thank you to the members of Niguel Shores Women's and Men's Clubs for your generous donations!

As our December Outside Activity, we walked up the beautifully lit driveway of the Ritz Carlton to view the 40-foot tree and decorations and then went inside for drinks and appetizers. For the January Outside Activity, please see the announcement on this page.

The Women's Club has marvelous plans for 2022. Along with our monthly luncheons and speakers, we look forward to these special events:

- April 14 – Annual Fashion Show and Boxed Luncheon
- May 20 – Home Tour and Luncheon
- June 9 – June Tea catered by The Tea House on Los Rios

—Terry Link

Women's Club Outside Activity



EVENT:

Lunch at Maison

Enjoy a casual lunch at a popular Dana Point Restaurant.

DATE & TIME: Thursday, January 20, 2022 at 11:30 a.m.

RSVP: Reservations are a must. Call Carla Perin at (949) 689-8831 by Tuesday January 18 to reserve your place.

MEN'S CLUB

We are pleased to report that the Men's Club concluded the somewhat challenging year of 2021 with a fine event, the first **Combined Women's Club & Men's Club Holiday Party**. Credit the party's success to the fine and plentiful food and drink, and the hard work of all the volunteers from both clubs. One volunteer, Gary Wall, distinguished himself with his festive attire, his holiday spirit, and his generous pour behind the bar. Thanks again to Gary, and to all the volunteers. Let's do it again next year!

The Men's Club held the last meeting of the year on **December 7, Pearl Harbor Day**, "a day that shall live in infamy." After a fine breakfast organized and served by the **Morris/Wollin Team**, a salute to Old Glory, and an event to recognize the fine efforts of the **Niguel**



The Morris/Wollin Team served a delicious breakfast at the December Men's Club meeting.

Shores Maintenance Staff, led by **George Cooley**, the membership had the pleasure of listening to an interesting presentation by Dana Point City Council member, and now **Mayor, Joe Muller**. (The City Council appointed Joe as Mayor later the same day Joe addressed our Men's Club.) Mayor Muller's remarks focused mostly on Auxiliary Dwelling Units, and how those units, and associated parking issues, impact Niguel Shores and Dana Point. His presentation was followed by a robust question and answer period. Thank you for your remarks, Mr. Mayor.

Mostly due to Covid 19 restrictions and social distancing, etc., there will be only one Men's Club Meeting in January 2022, on January 18. Annual dues—just \$25—will be collected at this meeting.

Happy New Year!

If you are not yet a member, we invite you be our guest at any one of the Men's Club meetings, including a complimentary breakfast. The Men's Club does a lot of good work during the course of the year, including scholarships and contributing to the quality of life we all enjoy in Niguel Shores, not to mention the camaraderie and interesting presentations that are an integral part of the (usually) twice a month meetings. Y'all c'mon down!

—Timothy Moore

GARDEN CLUB

Happy New Year to one and all! May 2022 see you realize the best of your resolutions and intentions—and may it bring happiness, good cheer, and good health.

With the holidays now behind us, it's time to break down the decorations and lights that illuminated our homes and lives, and store everything away for another year. Before you haul your Christmas tree to the curb, consider how much of it you can add to your compost pile and green bin. And remember that you can do the same for your live garlands and wreaths too.

CLUBS

If you're wondering what to do with those beautiful poinsettias that have brought so much color over the holidays, one option is to transplant them into your garden. Native to México, poinsettias can tolerate full sun and our Southern Californian climate. Some varieties tend to grow quite leggy, but they respond well to regular pruning to keep them looking bushy. More useful information on how to keep poinsettias alive indoors, will be available at our January meeting, courtesy of **Weidner's Nursery**.

Our next **Garden Club Meeting** will be **January 17 at 11 a.m.** featuring **Rex Yarwood, Manager of Dana Point Nursery**. He will speak about gardening in a coastal environment and will answer questions from members about their own specific gardening challenges.

January through March—late winter and early spring—is the perfect time to see California native plants



Members gathered in December for lunch and a gift exchange that proved to be great fun.



with water reduction rules in place.

"Flowers are for our souls to enjoy."

— *Sioux Saying*

at their peak. There are many native gardens in our region, including the Rancho Santa Ana, San Diego, and Santa Barbara Botanic Gardens. The

Theodore Payne Foundation will hold their annual Native Plant Garden Tour across Los Angeles County on the weekend of April 23–24. To qualify for this tour, gardens must be planted with at least 50% of California native species.

In May, we will be meeting with a nursery expert on growing California native plants. As California is expected to remain in a prolonged drought throughout 2022, this meeting will be of interest to anyone who wants to learn about planting a water-wise garden

— *Ann Strauss*

ACTIVITIES

LIBRARY

Dana Point Library and Bookstore are open!

For information on the following in-person activities, visit the library or call the Service Desk at (949) 496-5517. Friends of the Library Bookstore is open Monday through Saturday.

Every Monday, 10:30 a.m. – Coloring for Adults

Every Tuesday, 10:30 a.m. – Toddler Story Time

Every Wednesday, 10:30 a.m. – Kindergarten Readiness Storytime

First and Third Tuesday, 5 p.m. – DP Library Writers Group

First and Third Thursday, 1 p.m. – Play Canasta

Saturday January 8, 2 p.m. – Foreign Film "Sea Fog"

Thursday January 13, 10:30 a.m. – Gentle Reads Group, *The Music of Bees*

Saturday January 22, 2 p.m. – Author Event with Anita Hughes, *A Magical Christmas*

Monday January 24, 10:30 a.m. – Seaside Group, *The Great Gatsby*

OC Public Libraries Turn Over a New Leaf

The Orange County Public Library System is celebrating 2022 by waiving library fines. County Librarian Julie Quillman said, "We would like to welcome the community back to OC Public Libraries. Outstanding overdue fines will be forgiven so that patrons can receive a fresh beginning . . . We encourage anyone who has books or other materials . . . to return them to the library."

In the future, the "no fines" policy will offer a grace period of 21 overdue days. Ms Quillman said, "Patrons will receive a courtesy reminder two days before an item is due. If material is not returned, they will receive overdue notices 1 day, 4 days, 8 days, and 21 days after the due date. Patrons will be blocked at 21 days past due and billed . . . at 30 days after due date."

The "no fines" policy is a trend among libraries nationwide, which is good news for whoever returned a

ACTIVITIES

copy of *The New Chronicles of Rebecca* to a library in Boise, Idaho more than a century after it was checked out. The 1907 novel was borrowed from Boise's old Carnegie Library in November, 1911 and wasn't seen again until it appeared in the overnight book drop this past November, 2021 at Boise's Garden Valley Library.

The book's inside cover stated: "A fine of two cents per day is imposed on overdue books." Roughly, at two cents a day for 36,500 days (not counting extra leap year days), that would equal over \$700 in fines, but the Boise Public Library has taken the route of our Orange County Library System and waived all fines—a lucky break for whoever kept *Rebecca* at home all those years!

—Sandy Homicz

BRIDGE

Lately, on the computer, I have been bombarded with offers of games that will help my memory. I look over at Siri and wonder what that girl is telling all these game companies about me.



I love playing Bridge online. I also love Hearts and Spades, and Spider Solitaire. These are fun to play, but I would be remiss if I didn't mention FreeCell Solitaire. What all these games have in common is that they claim to help you think more clearly. As we age, our neural networks attract Amyloid plaque, which slows down our memory retrieval. Some people might say we are getting old, but I like to think we are like wine and just getting better with age.

Our **Niguel Shores Bridge Club** is made up of folks of all ages who live in Niguel Shores and surrounding areas. There are several other local Bridge groups, such as the Golden Girls, made up of ladies 90 years and above. All the Bridge groups have in common the love of the game. As I've said before, "Bridge is a game for all ages." My grandson, who is 15, wants to learn to play.

Our group plays on **Wednesday from 11a.m. to 2:30 p.m.** Here are winners for the months of November and December:

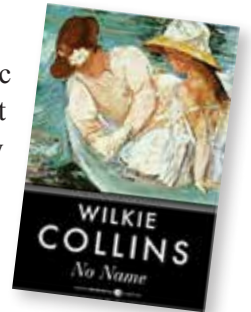
- 11/17 Frieda Baskin, Elizabeth Miller, Jane Olson
- 11/24 Bob French, Elizabeth Miller, Freyd Rad
- 12/1 Elizabeth Miller, SallyAnn King, Betty French
- 12/8 Jim Pinola, Shieda Rad, Jane Olson

If you are interested in joining the Bridge group, please call **Bob** or **Betty French** at (650) 388-0820 cell or (949) 312-2556 land line.

—Mike Oliva

PAGE TURNERS

We begin the year with the classic novel *No Name* by Wilkie Collins. First published in 1862, it was "condemned by Victorian critics as immoral, but regarded today as a novel of outstanding social insight. *No Name* shows William Wilkie Collins at the height of his literary powers. It is the story of two sisters, Magdalen and Norah, who discover after the deaths of their dearly beloved parents that their parents were not married at the time of their births. Disinherited and ousted from their estate, they must fend for themselves and either resign themselves to their fate or determine to recover their wealth by whatever means." Charles Dickens was a friend and mentor of Collins and they collaborated on several works of drama and fiction. Today Collins is best known for *The Moonstone* (1868), often regarded as the first true detective novel, and *The Woman in White* (1860), "the archetypal sensation novel."



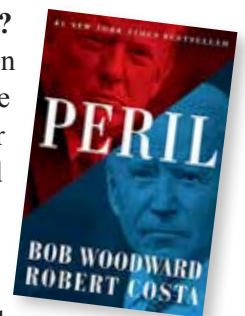
Page Turners consists of three groups: One meets in member homes on the fourth Monday afternoon of the month, and the two others usually meet at the Clubhouse on the fourth Thursday afternoon of the month. If you would like to visit any of the groups to see if you want to get involved, you can contact **Steve** and **Ann Morris** regarding the Thursday groups at samwrsi@cox.net or for the Monday group contact me at fozimec@cox.net.

—Frances Ozimec

THE SEMI-SERIOUS BOOK CLUB

Like to read and discuss what you read?

Join the Semi-Serious Book Club on **Tuesday, January 25 at 2:00 p.m.** in the Clubhouse to give your views and hear other points of view about Bob Woodward and Robert Costa's book *Peril*. These investigative reporters have dug up all the crisis and peril surrounding the last days of the Trump administration that still reverberate today and could hold the possibility of disaster for tomorrow. I would love to hear your take on the book and so would others. Join us on January 25!



—Norton Schwartz

TENNIS



Hello Niguel Shores Tennis Buffs. This is the first tennis article coming to you from **Don Baer** and **Penni Buff**. Over the next editions we hope to provide you with news of the Tennis World in the Shores. Penni and I have lived in the Shores since 1994, first leasing and then purchasing our home on Sextant Drive in 1997.

A little history in the Shores: To reserve a court back then, you went into the “old” clubhouse and put your name “in pencil” on a clip board which was manned by a volunteer to verify you were a resident. In those years, we had a men's tennis group that played on Saturdays and a ladies’ tennis group that played on Thursdays. Now we have updated the tennis reservation schedule to show who has the tennis courts, and registration is available online, thus making reservations easier.

We all enjoy the amenities of tennis, pickleball, swimming and life at the bluff that many communities only hear about. Penni and I hope to reach out to the tennis residents during the year to receive your concerns and recommendations on the tennis facility and tennis participation in the Shores.

Niguel Shores is a changing and growing community filled with active residents of all ages. We hope to be a part of this continued growth and keep our community filled with active racquet/paddle sports for all ages. We will send out an updated tennis contact form for those that wish to have their information shared with other residents.

During the New Year we want to inspire our racquet /paddle friends to participate in both worlds of Tennis and Pickleball. If you have questions concerning “Tennis in the Shores,” please contact **Penni** at (949) 690-8404 monarch92629@yahoo.com or **Don** at (949) 422-9140 pacific92629@yahoo.com.

Happy New Year to each of you.

—Don Baer

WATER AEROBICS

Our Niguel Shores water aerobics class once again enjoyed their annual **December Holiday Luncheon** of delicious salads, main dishes and, of course, desserts. This year there was even a little dice rolling/gift choosing game enjoyed by all!

Many thanks to our instructor, **Cynthia Carlson**, for leading the exercise class year-round in our beautiful pool. Friendship, jokes, helpful household hints, restaurant recommendations, and occasional nostalgia are shared, too!



We meet at the pool **Monday, Wednesday, Friday at 9 a.m.** and welcome everyone who wants to participate.

—Michelle Ralph

PICKLEBALL

On Wednesday evening, December 15, approximately 80 Niguel Shores Pickleball residents gathered for their **Second Annual Holiday Party**. The Clubhouse was beautifully decorated, thanks to the amazingly creative duo of **Maria Girard** and **Susan Whistle** along with their energetic setup team. There was lots of wonderful food, lively music and even a surprise visit from Santa. (Who knew Santa came from Nebraska?) Santa and his elves, **Kathy** and **Chris Zoch** (returning this year for a repeat performance) helped distribute a sack of Pickleball themed gifts, including 2 new paddles! Many thanks to **Lisa Jameson** and **Ronny Nemchock** for donating so many great gifts, and to all the Niguel Shores volunteers who helped make it such a wonderful evening. Niguel Shores Pickleball residents are looking forward to another great year of playing. Grab a paddle and come join us!

Best wishes for a Happy New Year!

—Patti Staudenbaur



Niguel Shores December Celebrations

Shores residents enjoyed holiday festivities all through December and wrapped it up on the last day with confetti, streamers, and Auld Lang Syne on New Year's Eve.



Water Aerobics Holiday Party

Page Turners Book Exchange



Tree Lighting and Santa



Women's Club and Men's Club Holiday Party



Garden Club Luncheon



Pickleball Holiday Party



New Year's Eve Cheers





Holiday Lights



THOUGHTS ON THE NEW YEAR AND THE THREE R'S 2022

HOLIDAY DECORATING WINNERS

Congratulations to all the winners of the Holiday Decorating Contest! These were the top entries, as judged by Niguel Shores residents who submitted their marked ballots by December 20:

Top Streets

Sextant

Timor

Manta/Faeroe

Halyard

Capstan

Top Homes

33541 Sextant

23851 Kara

23762 Timor

33875 Manta

24166 Vista D'Oro

Golf Carts



1st Place—McNicholas Family

2nd Place—Coakley Family

3rd Place—Farr Family

4th Place—Anderson Family

Santa congratulates members of the Tom and Diana McNicholas family—longtime residents of Niguel Shores and winners in the Golf Cart Decorating category. Tom McNicholas was one of the original founders of the Niguel Shores Men's Club. The golf cart was loaded with lights, large candy canes, snow and hanging icicles, a lighted tree, and topped with a huge snowman.



Most of us were raised with a healthy respect for the importance of the three R's—Reading, Writing, and Arithmetic. But nowadays, those three R's have expanded into an alphabet of subjects from A to Z, from Anthropology to Zoology and everything in between.

As the old year ends and we begin 2022, I recall something our pastor at church mentioned about adding three more R's to our list of subjects. He suggested we might **Reflect, Refocus, and Renew.**

- **Reflect on the years behind us**—the people we met along the way, the lessons we learned, the paths taken and not taken, the joys and tribulations.
- **Refocus on the gift of years ahead of us**—the good we can do, the opportunities available, the practical wisdom we can share with others.
- **Renew in body and spirit**—practice a healthful lifestyle, spend time in positive pursuits, enrich our souls with inspirational readings or prayerful thought, share our many material blessings with those in need, reach outward with acceptance, aim for greater understanding of ourselves and others.

I might mention one more R. Not one to add, but one to delete: **Regret.** Fretting over past missteps and grievances binds us to the past and prevents us from moving forward. Regret thwarts growth, paralyzes action, and keeps us wondering “What if I had done this/that ...” or “I wish I had done this/that ...” We will never know if that other action would have produced something better than what we have. Regret has us trapped, pondering what might have been but uncertain whether the difference would have proven good or ill. If we can delete Regret in 2022, we'll be helping ourselves go forward instead of back.

While we have always depended on the regular three R's as basic tools for learning, the additional three R's of Reflect, Refocus, Renew (minus Regret) might lift our spirits and guide us this new year.

—Sandy Homicz

Wellness . . . Resolutions

Well, here we are again. The door to a new year filled with the promise of change for the better stands open before us! It's waiting for us to step across the threshold and into 2022 while we ferry along with our many resolutions. We bravely broadcast our goals to anyone who will listen, saying we are resolved to take steps that will lead to our soon-to-be-transformed self. Sounds simple, right? Of course, it is! We've got this!

Lose weight? No problem! Exercise daily? You bet! Stop smoking? Please! Sleep better, smile more, cut out the gossip—these are only a few potential changes taken from a very long list that, without fail, we make every year.

However, as we take time to think about how we could better ourselves and enjoy the gifts of life even more, the script is giving us some pause. What I mean is, the word "resolution" is starting to ring just a bit hollow. In fact, if you listen very closely, you can hear that empty, tinny sound when you knock on it. That's the sound of resolutions we know down deep are just thinly veiled promises we make with ourselves that are so often tossed aside by March or sooner.

So, what do you do? Just give up and throw in the towel? Of course not! We do want to improve our lives, and the reality is that we can make lasting change. Using the resolution model, though, usually doesn't work. It's been proven to fade right along with one's willpower. And by the way, willpower can certainly get you going and work in the short run. However, willpower without any change in our underlying

behaviors won't survive long term. It becomes exhausting, and we give up completely, repeating this pattern over and over again.

In order to make lasting change in our lives, instead of chasing goals all the time, we can shift our focus to lifestyle changes, as these are the behaviors that will take us to those goals and sustain them over time.

An example could be built around something as common as reaching a healthy weight. Generally, in January everyone is trying to pare away some of those holiday pounds, along with the extra weight of perhaps many years of not paying attention to eating habits, physical activity, sleep patterns, and more. By flipping the established troublesome lifestyle habits to positive behaviors like eating healthy, exercising, and getting enough sleep, we can create a new way of living that will support our desired goal of, for example, reaching a healthy weight.

I recently read something that sums up this process of changing our mindsets and our perspective on goal setting and change. It goes like this: New goals don't deliver new results. New lifestyles do. And a lifestyle is not an outcome, it's a process. For this reason, all of your energy should go into building better habits, not chasing better results.

Let's set our goals and cross the threshold into 2022 together! Let's identify the behaviors that we need to practice daily to reach those goals so that we can sustain our achievements that have the power to create the life that we've always wanted to live! The possibilities are endless and are what make our lives truly rich. Happy New Year!



To Your Health! Sharon Stewart RN, Health Coach, Sharon@SharonStewartRN.com



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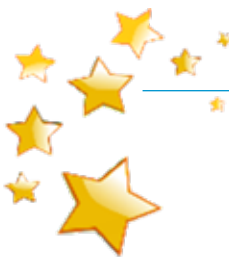
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ACCOLADES

RUN FOR IT!

Niguel Shores Bluff Buddies organized their own Turkey Trot on Thanksgiving morning.



FUTURE SURFING STAR

One of Niguel Shores youngest female surfers, **Bridgette Mair**, entered her first surfing competition at Salt Creek Beach in the Ritz-Carlton's annual **Surfing Santa Competition**, which benefits **Surfer's Healing**. Bridgette has been surfing for a couple of years, following in the footsteps of her older brothers, **Max** and **Dylan**. But this time she put on her wetsuit, got on her board, and bravely gave the Surfing Santa Competition a try. Bridgette, age 9, is in the 2nd grade at Stoney Brook Elementary School. She also enjoys, soccer, skateboarding and even has started playing golf. Niguel Shores resident **Steve Stewart** spotted Bridgette and her mom Sharon at the competition and captured this photo. We are pretty sure we will see Bridgette in future competitions and sports events! Way to go, Bridgette!



—Patti Staudenbaur

PAL

Congratulations to everyone taking part in **PAL**, the grassroots effort to underground utility lines in Dana Point. A year ago, local residents formed the **Poles and Lines Coalition (PAL)** and began meeting regularly with City and Utility officials to promote underground lines as a measure of safety and aesthetic enhancement in Dana Point. On November 16, the City Council voted unanimously to fund a study to map existing lines and estimate a cost to underground overhead utilities citywide. While the undergrounding project would be a long-term endeavor, residents of



Dana Point owe accolades to the members of **PAL** for taking a positive step toward something for everyone's benefit. For information on PAL contact polesandlines-danapoint@gmail.com

DANA POINT HISTORICAL SOCIETY SALVAGES LAST STANDING HISTORIC DANA POINT LANTERN POST

The last Dana Point Lantern Post still standing in its original location was safely removed from Violet Lantern at La Plaza Avenue on February 11, 2021 and taken to the Dana Point Historical Society storage unit in Capistrano Beach.

The City of Dana Point is working with the Dana Point Historical Society to determine the correct restoration process so that the post can be reinstalled in the City. Restoration of the cast iron lantern post includes removing 90 years of rust and deterioration since the lanterns were first installed, circa 1927-1930.

The City's contractor, Dynalectric, was able to uncover the original anchor bolts and nuts so that the entire post and base plate with hardware were saved.



According to the 1997 Historic Architectural Resources Inventory by Aegis, prepared for the City, "Streetlights in the shape of ships' lanterns were installed throughout the town with underground wiring, revolutionary for the time. During the depression and war years most of the 18-inch copper lanterns were stolen, scrapped or fell apart. Some of the original lanterns (and posts) were salvaged. In 1989, 15 were refurbished, rewired, and installed on La Plaza, the historic town square."

Original Dana Point Lanterns have also been preserved by residents and eight appear in the gardens of homes in the

Lantern Village. The City also installed historic lantern replicas as part of the Lantern District Project downtown from 2014 to 2015. They are located at Pacific Coast Highway (PCH)/Blue Lantern, PCH/Ruby Lantern, and on Del Prado at the Streets of Ruby, Amber, Violet and Old Golden Lantern.

For more information about historic lanterns as well as other historic features in Dana Point, contact The Dana Point Historical Society at (949) 248-8121 or email museum@danapoint-historical.org.

—From an article by Max Brown in the annals of the Dana Point Historical Society



In tribute to Dana Point's historic lanterns, Artist Drew Merritt recently completed a 30 by 40 foot mural "Guiding Light" on the walls of Prado West as part of the City's Art in Public Places project.

CALLING ALL ARTISTS!

Calling all painters, photographers, sculptors, calligraphers, illustrators, printmakers, graphic designers, photographers, and more—whether you are a professional or enjoy a hobby as a visual artist, we would like to know more about your work. Contact seashorenews@hotmail.com. We would love to hear from you!



DANA POINT THIS MONTH

YOGA IN THE PARK
Daily 8:30 and 10 a.m.
Lantern Bay Park South Lawn

Fees per session
Register at iheartyyoga.org/schedule

FARMERS MARKET AND CRAFT VENDORS
January 8 15, 22, 29—9 a.m. to 1 p.m.
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WINTER RECREATION CLASSES BEGIN
January 10
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DISNEYLAND NEWS
(Not Dana Point, but worth knowing)
Disneyland is selling discounted multi-day tickets to Southern California residents.
SoCal locals can purchase \$199 three-day single-park tickets for access to either Disneyland or Disney California Adventure or \$259 three-day parkhopper tickets for both parks. The resident tickets can be used January 3 through May 26 weekdays only, not Saturdays or Sundays.

BOARD ACTION SUMMARY

**DECEMBER 8, 2021 BOARD MEETING:
(GENERAL SESSION)**

ACCEPTED AND FILED:

- Unaudited October 2021 Financial Reports
- General Session Committee Minutes

APPROVED:

- General Session Meeting Minutes for November 17, 2021
- December 2021 Expense and Transfer (Actual)
 - Resignation of Chrissy Rausch from Recreation Committee
 - 2022 Staff Holiday Schedule
 - 2022 Board Meeting Calendar
- Water Aerobics Instructor Agreement Renewal
 - Updated Litigation Disclosure
- AVS Proposal for Election Services and Serve as Inspector of Election
- Appointment of Nominating Committee
 - Memorial Service at Beach Bluff
 - Mission Statement

PULLED:

- Pre-Lien Filing: APN 675-05-152 (Matter resolved prior to meeting)

REVIEWED/DISCUSSED:

- Check Register, General Ledger and Delinquency Report (October)
- Correspondence to the Board
 - Manager’s Report
 - Slopes
- Committee Volunteers

BOARD MEETING: (EXECUTIVE SESSION)

ACCEPTED AND FILED:

- Executive Session Committee Minutes

APPROVED:

- Executive Session Meeting Minutes for November 17, 2021

REVIEWED/DISCUSSED:

- Legal Update
- Legal Analysis (October)
- Delinquency Report (October)

NOTE: The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance and on the website. In addition, the General Session and Executive Session agendas for the next Board Meeting will be posted on the Friday prior to the next meeting.

REMINDERS: THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD IN THE COMMUNITY COLLEGE CONFERENCE ROOM ON THE 2nd WEDNESDAY, JANUARY 12, 2022 BEGINNING AT 6:00 P.M.



Issues of the *Seashore News* from 1973 to now are available online at www.niguelshores.org. We would like to hear from you! Send your comments and suggestions to seashorennews@hotmail.com

General Editor:

Sandy Homicz

Assistant Editors:

Mike Harrod (*Committees/News/Distribution*)

Patti Staudenbaur (*Clubs/Activities/News*)

Contributors This Issue:

- Don Baer (*Tennis*)
- Susan Courtney (*News*)
- Dan de Neve (*Library*)
- Geoff Dunlevie (*Maintenance*)
- Terry Link (*Women’s Club*)
- Bob Russell (*From the Helm*)
- Blayke Miller (*Recreation*)
- Marla Miller (*GM Report*)
- Timothy Moore (*Men’s Club*)

- Tim Murphy (*Traffic and Safety/Cuisine*)
- Matt Northrop (*Website/Advertising*)
- Mike Oliva (*Bridge*)
- Frances Ozimec (*Page Turners*)
- Jeff Paige (*Sea Terrace I*)
- Michelle Ralph (*News*)
- Norton Schwartz (*Semi-Serious Book*)
- Ann Strauss (*Garden Club*)
- Sharon Stewart (*Wellness*)
- Meg Wilson (*News/Photos*)

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Mary McGavic

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