

Seashore News



October 2021 Published Monthly by Niguel Shores Community Association Issue 574

FROM THE HELM

Resident Roundtable—October 13, 2021, at 5:00 p.m.

The quarterly Resident Roundtable will be held again on Wednesday, October 13, 2021, at 5:00 p.m. in the Clubhouse and via Zoom. The suggested rule revisions are being mailed out now and if you have questions or suggestions regarding any of these you can discuss them at the time of the Roundtable.

For your own safety, all Homeowners in attendance may be required to show proof of COVID-19 vaccination for entry. Homeowners should also feel free to join via Zoom. Contact the NSCA Office at mnorthrop@niguelshores.org to obtain the Zoom link.

The Board of Directors does not consent to being recorded. No audio, video or other recording is allowed. Individuals found in violation of this policy will be required to leave the meeting.

Cox Communication Equipment Upgrade—Internet

Cox Communication has informed us they will be upgrading some of their equipment that provides internet to the community along Mariner Drive. They will be conducting

tests on Monday, October 4 and will be completing the upgrade sometime in October. The upgrade will be done from 12:00 a.m. to 5:00 a.m. to eliminate outages. If your internet will be affected, Cox Communication will contact you in advance via e-mail and door-tags.

Pool & Spa Closure—October 11 to 15, 2021

The semi-annual community pool and spa maintenance will be conducted from Monday, October 11 to Friday, October 15. The pool and spa will be closed during this time but will be open on the weekend for all to enjoy!

NSCA Street Work—December, 2021

The street asphalt overlay and repair projects on Atlantic Avenue, Bluehill Bay, Colima Bay and Timor Bay has been scheduled for December, 2021. Additionally, the Manta Court gate entrance will undergo street repairs and concrete work during this time. Please keep an eye out for information by email and on the Niguel Shores website for specific dates on street work and closures as it gets closer to December.

—Bob Russell

Men's Club Oktoberfest

Saturday, October 9 at 6:00 p.m.



Resident Round Table

Wednesday, October 13 at 5:00 p.m.



Halloween Scavenger Hunt

Sunday, October 24, 4:00 to 6:00 p.m.



More Niguel Shores October events:

10/5, 19.....	Men's Club Breakfast Meeting
10/14.....	Women's Club Luncheon Meeting
10/14.....	Tennis Happy Hour
10/19.....	Garden Club Field Trip
10/21.....	Women's Club Outside Activity
10/25, 28.....	Page Turners Book Discussion
10/28.....	Garden Club Lobsterfest

- COMING IN NOVEMBER 2021 -
THE NIGUEL SHORES CANNED FOOD DRIVE

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CAN
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NSCA is not responsible for any work done nor are we recommending any of the advertised companies

GENERAL MANAGER REPORT

Golden Rule—What does that mean to you? The Golden Rule (which most of us grew up with and heard many times) says, “Do unto others as you would have them do unto you.” It advises that we should treat others as we would like to be treated. This should inspire us to treat others with respect, kindness, and fairness. After all, isn’t that how we want to be treated? I sometimes see this concept become twisted into a strategy or way of “getting what I want!” by all means possible, disregarding the values of respect, kindness, and fairness. If we could all take a step back to when we were young and remember the Golden Rule in its entirety as we engage with others—what a wonderful world this would be!

Tree Trimming

Tree trimming throughout the community should begin in September and run through to completion in December. Although we receive view complaints throughout the year, the fall months are the time when our community trees are trimmed. Once the tree trimming is completed, the trees will not grow much during the winter months and then you can expect them to come back during the spring. The trimming of our trees will start over again with the same process next fall.

Since Niguel Shores has over 1,650 trees throughout the community, your patience is greatly appreciated during this process. In addition, as the workers are trimming, you may want to be aware of the locations and if there is a tree close to your driveway or where you park your car, please move it to allow the trimming to progress. If there is a car in the way, the tree will be skipped and then the tree trimmers must come back and trim another day, causing delays. Thank you for your cooperation during this process.

Turf Over-Seeing

Fall is here now, and this is the time to scalp the warm season turf and over-seed with a cool season turf blend. October is a key transitional month in the turf lifecycle. It is the month when the warm season grasses begin to go dormant, which causes lawns to look dead and brown. Of course, the lawns are not dead, but in order to keep the lawns looking lush and green, the warm season turf needs to be scalped and new cool season turf seed blend needs to be applied.

Although the final results of this process look great, the process itself is somewhat lengthy (approximately 3 to 4 weeks) and not aesthetically pleasing. The process we adhere to is as follows:

- The irrigation will be shut off in all turf areas to allow them to dry out.
- All turf will be cut at the lowest motor setting possible (This will leave exposed dirt and is unattractive).
- The lawns will then be over-seeded with a perennial rye blend and topped with steer manure.
- In approximately one (1) month the seed will begin to germinate and there will be beautiful new grass.
- During this one-month germination period, the water will be on several times a day in small increments each time.
- As always it will look bad for a little while, but once seeded and watered heavily the grass will come back quickly looking better than ever.

Board Meeting Attendance

Did you know NSCA Board Meetings can be attended in the Clubhouse or online via Zoom.com? For the safety of all, beginning with the October 2021 Resident Roundtable and Board Meeting, proof of vaccination may be required in order to attend in-person meetings of the Board. Alternatively, all Homeowners are free to virtually attend the monthly meeting from the comfort of their home. Please e-mail mnorthrop@niguelshores.org to receive the Zoom information at least one (1) business day before the meeting.

If you have any questions, feel free to contact the Association staff. We will be glad to help you or direct your questions to the proper staff member so that your questions are answered in a timely manner.

—Marla Miller

Resident Roundtable October 13 at 5:00 p.m.

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COMMITTEE REPORTS

COMMUNICATION

We are pleased that our *Seashore News* editor, **Sandy Homicz**, was named **Niguel Shores Volunteer of the Year**. In her work as editor, Sandy has taken our community newsletter to a whole new level, winning recognition and awards for both our online and monthly hard copy versions.

Sandy is a former English teacher, now retired after forty years in the Los Angeles Unified District. She readily admits to “a fascination with the written word.” She is co-founder of California Writers Circle and moderates the Write On group at Dana Point Library. Her writing has appeared in *Guideposts*, various literary journals, on Amazon, and has earned awards from the Southern California Writers Conference and the professional journal *Writer’s Digest*.

As members of the **Communications Committee** who work with Sandy to collaborate and create the *Seashore News*, we can attest that she is a leader most deserving of the NSCA Volunteer Award. She works tirelessly every month to make sure that the *Seashore News* is a wonderful and relevant resource for every member of our community. She is responsive and sensitive to the ideas of her committee members, and she encourages each of us to excel as we perform the tasks necessary to help produce the *Seashore News*. We have waited a long time to honor Sandy, and we are thrilled that the Niguel Shores Board has selected her as Volunteer of the Year.

—*Communication Committee*

MAINTENANCE

Happy Fall to all! As we move into the new season, the work in Niguel Shores shifts to more annual maintenance projects but, because we enjoy such excellent weather year-round, we always keep an eye on the most popular amenities like the beach bluff, clubhouse and pool.

Bluff Benches—Next time you are at the bluff taking in a beautiful fall sunset, be sure to notice the teak benches along the bluff edge and the newly installed double bench at the entry from the parking lot. Seeing this area, I am really amazed by how great it looks and appreciate all the hard work of the Maintenance Staff that goes into protecting this jewel of our community.



Future Repairs—Our residents on the Selva side will want to watch for coming repairs to the **Manta Gate**. The

repair will be to the entrance gate only, so the exit gate will be utilized for two-way traffic for a short time.

Off of Atlantic Avenue, **Premier Paving** will start our **annual street paving project** on **November 29** with the closure for asphalt repair and overlay slated to begin on December 9. The project will involve all the streets in that area including **Colima Bay, Timor Bay** and **Bluehill Bay**. Because the paving involves complete closure of all these streets, details and workarounds for parking and trash pickup are being developed.

Be on the lookout for further notice of both of these projects with a written plan and map to be sent by letter, email and also on our website.

Pool Maintenance—For our pool lovers, the **semi-annual pool maintenance** is scheduled for **Monday, October 11 to Friday, October 15** and will also include the replacement of the three pool filters at the same time which will help minimize disruption. You have to love good planning!

Let Us Know—As always, if you see an area that might need attention, please submit a homeowner’s request either by email, or by using the “Online Service Request Form” or “Homeowner Request Form” available on the Niguel Shores website, or stopping by the office. Your request will be reviewed by the Maintenance Committee and addressed at our next meeting. That way YOU TOO can be involved in keeping Niguel Shores the “extremely well-maintained community” it is.

—*Geoff Dunlevie*

RECREATION COMMITTEE

Fall is here and the party never stops. Enjoy these upcoming events with family and friends. See you there!

Halloween Scavenger Hunt—**Sunday, October 24, 4:00 to 6:00 p.m.**

Come on down for a harrowing fright in your best costume while walking throughout the neighborhood looking for various Halloween themed items. Meet in the Niguel Shores Community Park near the pool. Prizes and candy to follow after the hunt is over. Questions? Contact **Chrissy Rausch** at chrissy@rauschpt.com

Christmas Market—**Saturday, November 6, 11:00 a.m. to 4:00 p.m.**

Come and enjoy all the crafts and ideas from the community for sale at the market. If you would like to participate, get your vendor application in the office starting October 1. Only 25 open spots available @ \$15 each.

COMMITTEE REPORTS

Event booths will be located at the Niguel Shores Community Center Park. Interested vendors please contact **Nancy Tinnes** for more information at (949) 235-2555.

—Recreation Committee

CHRISTMAS MARKET

Calling all Niguel Shores artists and craft persons! Our annual Christmas Market will take place on **Saturday, November 6 from 11:00 a.m. to 4:00 p.m.** in Niguel Shores Community Center Park.

Applications for vendor booths will be available starting October 1 in the office. Spaces at the event will once again be on a first-come, first-served basis, and we will try not to duplicate product offerings.

Looking forward to receiving your applications!

—Nancy Tinnes, Event Chair

TRAFFIC AND SAFETY

Mariner Gate Entry—As summer draws to a close, our Mariner Gate attendants will have screened a record number of guests and service providers. Each one had to be individually screened for access and control reasons. With the ever-increasing volume, traffic has at times backed up toward Niguel Road, causing a potential hazard. A few impatient and frustrated people waiting to be screened have lost composure and their reactions delayed the process even further.

A majority of entries that require the “extra screening” are simply not on a host’s guest list. In the past, our gate attendants would try to phone the prospective host to resolve the issue. However, this effort to afford a bit of courtesy caused a delay in waiting traffic. In order to minimize waiting time at this gate, we are implementing a new procedure to minimize frustrations, ensure for safety, and improve the overall efficiency of our screening process. For the time being, unlisted prospective guests will be directed to turn around and leave the premises to resolve their absence from the host’s guest list with that individual.

In the meantime, everyone can expedite the flow of traffic into our community by ensuring our party and guest lists are up to date.

Post-Commander Moving On—We are saddened to announce that Post Commander **Jesus Banda**, who was one of the original Securitas patrol and gate attendants assigned to Niguel Shores, is moving to another HOA in San Diego County. He will still be employed by Securitas as a Post Commander, but the move will allow him to work closer to his home. Those that know Mr. Banda

appreciate his positive attitude and willingness to take on any and all tasks assigned to him. We send him best wishes on the new position.

Welcome New Post Commander—Tim Copeland was introduced at our Traffic and Safety Committee meeting as our new Post Commander. Tim is a Navy veteran who attended Saddleback College and ran his own photography studio for fifteen years. Once Tim’s two children were grown—Allison is 24 and Randy is 22—Tim entered the security field. He has worked at five different HOAs and has been a Post Commander at two.

Post Commander Copeland is pleased to be here at Niguel Shores as it is close by his residence and offers a variety of challenges. He believes that his fifteen years of customer service will enable him to work harmoniously with everyone. His schooling and work experiences have taught him to de-escalate volatile situations and accomplish his mission. He appreciates that he and his staff have the responsibility of facilitating traffic movement in and out of the community and enforcing our parking regulations. When it comes to matters involving possible suspicious criminal activity, our attendants are to be good witnesses by observing and reporting what they see to our deputy sheriffs.



Tim Copeland

Coyote Alert—We have more coyote alerts than at any time in the past fifteen years. Hopefully, we all know we should not leave food outside; should pick up pet waste; and should not leave pets outdoors unaccompanied. A couple of fresh ideas in coping with these animals: Carry a stick or golf club; blow a whistle or even an air horn if a coyote is sighted; and minimize the time your trash container is left outside.

—God Bless . . . Tim Murphy

COYOTES!

On September 16 at approximately 9:00 a.m. Dave Smith saw these coyotes next to the park on Cockle-



shell. He said there were four or five of them out playing and enjoying themselves. Be aware!

Keep your dogs on leash, watch your small pets and children. Check the Niguel Shores website niguelshores.org for coyote and rattlesnake warnings and tips.

WOMEN'S CLUB

"HAPPY FALL TO Y'ALL!"

October is one of my favorite times of the year for so many reasons: Looking back, for 46 years Mike and I celebrated our anniversary; our daughter, Becky, was also married in October, 15 years ago; memories of living among the vivid fall colors in Sudbury (MA), Wilmette (Ill), and Novato (CA); fun with our children on Halloween; cool evenings; donning sweaters—and looking forward to the Women's Club October Meeting with its delicious salad bar, interesting speaker, and decorated tables where members dine, chat, share, and listen!

Last month was a busy one for the Women's Club, starting **September 9** with our "**Welcome Back**" Luncheon. We welcomed a large group of new members, announced birthdays, and also honored member **Sandy Homicz** as NSCA 2020 Volunteer of the Year for her work as editor of the *Seashore News*. In addition, I don't know what we would do without her help as our club Communication Chair and creator of the monthly luncheon invitations!



Pam Roy

Our delightful September speaker was educator, filmmaker and author **Pam Roy**, who shared insights related to parenting, education and fostering career opportunities through mentorship in the community. For details from Pam's talk, you can visit pamroyblog.com. Four lucky members won copies of Pam's book *The Inspiring Wisdom of Victor E. Frankl* in the raffle.

We also distributed our **2021-2022 Membership Directories**. If you did not attend the meeting, you may pick up your copy at the October meeting. Directories are not mailed out. Many thanks to **Judi Palladino** for her efforts putting together the Directory, and to **Linda Curie** for the beautiful artwork on the cover.



New Members

We enjoyed another **Happy Hour at the Bluff** in September as we greeted fall with old and new friends.



Our speaker at the **October 14 Luncheon Meeting**

will be Men's Club President **John Yocca**. He will present valuable information about cyberspace security. Prior to his real estate profession, he served as the CEO of Central Communications Corp, a telecommunications firm with offices and staff in four states. While at the helm of this company he oversaw their Corporate Network Security Plan to include Security Infrastructure, Data Security, Mobile Security, Cloud Security and Risk Management. John will tell us about the cyber risks we face daily and best practices to avoid becoming a target of cyber thieves. Watch for your email invitation and be sure to reply so we can save a place for you at this important talk.

Traditionally, we get into the spirit of **Halloween** and wear orange and black colors or costumes to the October meeting. Let's have fun and dress creatively! Remember, if you were not asked to bring your favorite salad last month, we'll send out a reminder for you to bring one to this month's meeting. Yummy, yummy!

Please check the announcement below for details about

Women's Club Outside Activity
EXPLORE THE NEW VISITOR CENTER AT ALISO AND WOOD CANY ON WILDERNESS PARK

DATE: Thursday, October 21

TIME: Meet in the Clubhouse Parking Lot at **10:30 a.m.** to carpool. The park is located at **28373 Alicia Parkway**.

ACTIVITY: We will visit the Center's indoor exhibits and be introduced to the park's vast natural and cultural resources. A wrap-around deck with an observation extension encourages visitors to relax and take in the beautiful scenery. The interactive exhibits include:

- Archaeological and paleontological displays
- A cave modeled after the Dripping Cave
- A full-scale diorama with taxidermy creatures, shrubs, trees, and grasses
- A hand-painted mural depicting the park
- A topographical map lighted w/points of interest and suggested hikes



Bring your lunch. After we tour the Center, we can enjoy a picnic under the trees at picnic tables among the fall leaves.

Any questions? Please call Carla Perin (949) 689-8631.

IN MEMORIAM

Virginia "Ginny" Nevitt

Resident of Marmara Bay since 1998

Architectural Committee longtime member and past Chair	Women's Club Board Officer, June Tea Chair, Home Tour Chair
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Ginny is remembered throughout Niguel Shores for her work toward the growth and enrichment of the entire community

CLUBS

our **Outside Activity for October** to the **Aliso Viejo Wilderness Park**.

If you have Shores friends who might like to visit our club as your guest, please let us know at least one week before our next meeting. Contact Membership Chairs **Judi Palladino**, twopalls@yahoo.com or **Jennifer Paige**, jeno-paige@gmail.com and we'll have a name tag ready for them. We would love to hear from any female resident wanting to learn about our fun and friendly group!

—Terry Link

MEN'S CLUB

At the Men's Club meeting on **September 7**, I had the honor of interviewing 100-year-old **Dudley F. Gladding, World War II Bomber Pilot**. Dudley flew the B-24 Bomber off the small Island of Angaur in the island nation of Palau. Dudley and his crew flew over 600 miles each way, over water, to reach the Japanese targets in the Philippine Islands. He flew 40 combat missions and was forced to bail out of his B-24 on his 31st mission. Dudley's interview was both entertaining and fascinating. We hope to have him back at a future Men's Club meeting.



Dudley F. Gladding

Our **September 21** meeting featured **Brian Maryott, 49th Congressional District Candidate**. Brian discussed the results of the Gavin Newsom recall attempt and the hot issues for his upcoming congressional campaign.

In October, we'll host two excellent speakers. On **October 5**, we will hear from **Alan Hess**, architect and historian. Alan is the architecture critic of the *San Jose Mercury News*. He has written nineteen books on modern architecture and urbanism in the mid-twentieth century, including his 2012 book, *Frank Lloyd Wright: Natural Design, Organic Architecture*. Alan will discuss Hollywood's modern homes of the stars.

Our **October 19** gathering will feature **Dr. Dwight Stirling, CEO of Center for Law and Military Policy**. Dr. Stirling's commitment to our country began in December of 2001 when he joined the Army shortly after the terrorist attacks of 9/11. During his 20-year career as a JAG officer in the California National Guard, he has tried more state court-martial than anyone else in California's history. The title of Dwight's presentation will be "Why Do We Continue to Treat Service Members as Second-Class Citizens?"

The Men's Club will host an **Oktoberfest** celebration on **Saturday, October 9** at **6 p.m.** Community residents are invited to attend. Tickets are only \$12 for food and beverage as well as music and dancing. Purchase your tickets at niguelshoresmensclub.org.

For those not yet members of Men's Club, please join us in October for one of our meetings **as our guest**. Meetings are held at the Clubhouse on the first and third Tuesday of the month at 8:00 a.m. but please arrive by 7:45. You will be treated to breakfast, excellent conversation with members of our community, and an entertaining and informative speaker. We hope you decide to join our club. Annual dues are just \$25, and breakfasts are only \$5 each.

If you have any questions regarding the Men's Club, please get in touch with me at john@johnyocca.com

—John Yocca

GARDEN CLUB

Celebrating 20 Years

"Look into nature, and then you will understand everything better."

—Albert Einstein

To kick off the holiday season, our club will take a field trip to **Roger's Gardens** on **Tuesday, October 19**. Their garden shop will be decorated with festive Christmas trees, special ornaments, and holiday plants and bulbs available for purchase. We will meet at the Clubhouse Parking Lot at 10:00 a.m. to carpool. We've made lunch reservations for twenty people at the **Farmhouse Restaurant** on the grounds of Roger's Gardens, and we can reserve more places if needed. You may also choose to have lunch elsewhere.

The Garden Club is happy to announce the return of our popular **Lobster Fest**, to be held in the Clubhouse at **6:30 p.m. on Thursday, October 28**.

What do lobsters have in common with the Garden Club? We have forests on land, but there are also kelp forests along our Pacific Ocean shoreline. And that's where the bright orange California Spiny Lobster lives.

Kelp forests are some of the most productive ecosystems on earth. They are dominated by Giant Bladder Kelp, which resembles tall grass, but is really a brown seaweed algae.

Since kelp is not a plant, it doesn't have roots. It grows in large colonies, and attaches to rocks with anchors called *holdfasts*. Kelp obtains all of the necessary nutrients directly from ocean water, and harvests the sun's energy through photosynthesis like plants on land. Kelp can grow up to two feet everyday!

Kelp has multiple commercial uses, including as organic garden fertilizer in both meal and liquid form. The next time you're at the bluff or the marina, watch for floating kelp and appreciate nature's bounty.

We are fortunate that Marine Conservation Areas were established for future generations to enjoy all our coastal resources. That means protecting our kelp forests, and the lobsters and other wildlife that live and thrive in them.

—Ann Strauss

ACTIVITIES

LIBRARY

Dana Point Library Hours:

Monday through Thursday:
10 a.m. to 7 p.m.

Friday and Saturday: 9 a.m.
to 5 p.m.

Sunday: Closed pending
further notice

Coloring Happiness for Adults

Mondays, 10:30 a.m. to Noon
Materials provided.

Mixed Minds Teen Book Club Grades 7 to 9

October 12, 4:00 p.m.

Gentle Reads

October 14, 10:30 a.m.
to Noon

The Midnight Library
by Matt Haig

Young Readers Ages 5 to 7

October 20, 3:00 p.m.

Seaside Readers

October 25, 10:30 a.m.

Rules of Civility
by Amor Towles

Pumpkin Decorating Open House

October 26, 1 to 5 p.m.

Bring your own pumpkin
and we will provide paint,
sequins, feathers, and a bunch
of spooktacular materials for
you to use. Sponsored by the
Friends of the Library.

Toddler Storytime

Tuesdays, 10:30 a.m.,
October 5 to November 30

Preschool Storytime

Wednesdays, 10:30 a.m..
October 6 to December 1

Teen Volunteers Wanted Grades 6-12

To register, please email ocpl.danapoint@occr.ocgov.com.
You will be asked to attend
one Orientation & Training
Meeting from 2 to 4 p.m.
either October 9, November 6,
or December 4

If you have any questions about our programs or if you wish to check out books for the book clubs, please come to the Service Desk or contact the Library at (949) 496-5517.

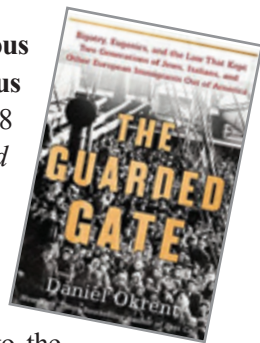
—Dan DeNeve

REALLY SERIOUS

In a change from their **Really Serious Book Club** designation, the **Semi-Serious Book Club** met Tuesday, September 28 at the Clubhouse to discuss *The Guarded Gate* by Daniel Okrent. The book tells the history of the Eugenic Movement and the passage of immigration laws in the 1920s to keep out those not “Nordic,” imposing strict quotas on immigration to the United States from southern and eastern European countries based on nationality.

For information on the group’s next meeting and book discussion, contact nortlynne@cox.net.

—Norton Schwartz



FRIENDS OF THE DANA POINT LIBRARY

The Friends of the Library are so happy to be open once again. We missed all of you! Our hours are Monday through Friday 11 a.m. to 4 p.m. and Saturday 11 a.m. to 3 p.m.

We gladly accept donations of clean, lightly used books. Sorry, no encyclopedias. All our profits go to support the library and its programs. In the past, we have paid for new skylights, furnishings, soundproofing, and landscaping. We regularly provide unique reading programs at the library for children, teens and adults.

Come into the shop and our volunteers will help you find a great book for yourself or a gift for others.

Speaking of volunteers, we’re always looking for new ones to help with sales or shelving. Quite a few current volunteers live in Niguel Shores. If you’re interested in volunteering, contact me at lisabuchner@cox.net.

—Lisa Buchner

FRIENDS OF LIBRARY HOLIDAY 1-DAY SALE Saturday, October 30, 10 a.m. to 4 p.m.

Shop for books and puzzles for adults and children—
all in holiday gift condition.

We look forward to seeing you.
Come and support our library!



PAGE TURNERS

This month’s selection is the historical fiction novel *Hamnet* by Maggie O’Farrell. This very popular book explores the lives of Shakespeare, his wife Anne Hathaway (in the book called Agnes), and their children. Interestingly, Shakespeare is never named in the book and is just referred to as “the husband,” “the father,” or the “Latin tutor.”

NPR describes the novel as follows: “A tour de force . . . Although more than 400 years have unspooled since Hamnet Shakespeare’s death, the story O’Farrell weaves in this moving novel is timeless and ever-relevant. . . O’Farrell brilliantly turns to historical fiction to confront a parent’s worst nightmare: the death of a child. . . Fierce emotions and lyrical prose are what we’ve come to expect of O’Farrell. But with this historical novel she has expanded her repertoire . . .”

The death of Shakespeare’s son Hamnet from the plague ravaging the country at the time is said to be the catalyst for his famous play *Hamlet*. One of the discussion questions (see below), I think is likely to make for a lively discourse among members:



ACTIVITIES

“*Hamnet* was published in 2020, a year of global pandemic. In the middle of her novel, O’Farrell transports us to the Mediterranean Sea, where readers are given a horrific lesson in 16th-century epidemiology. How does the spread of the Bubonic Plague 400 years earlier parallel our own recent experiences with COVID-19?”

Page Turners Book Club consists of three groups. One group meets the fourth Monday afternoon of the month and two groups meet the fourth Thursday of the month. For information on the Thursday groups, please contact **Steve** and **Ann Morris** at samwrsi@cox.net and for the Monday group contact me, **Frances**, at fozimec@cox.net.

—Frances Ozimec

BRIDGE

We have seen some excellent games being played and enjoyed meeting new bridge players. We meet on Wednesdays in the Clubhouse at 11:00 a.m. and are usually done by 2:00 p.m.



We would like to welcome more of our bridge players that live here in Niguel Shores because each week we need to fill tables and people come in from outside our club. We enjoy playing with them, but we are looking for more players from Niguel Shores.



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Please give **Betty** or **Bob French** a call at (949) 312-2556 and introduce yourself. We look forward to meeting you. Mondays are good days to set up practice rounds for some of you who are a bit rusty.

Our recent winners from past weeks:

- | | | | |
|----------|------------|------------|--------------------|
| Sept 8: | 1) Bob F | 2) Jim P | 3) Pat P./Betty F. |
| Sept 1: | 1) Mike O. | 2) Jane O. | 3) Freyd R. |
| Sept 25: | 1) Bob F. | 2) Bill I. | 3) Frieda B. |
| Sept 18: | 1) Chet C. | 2) Rita L. | 3) Ceacy J. |

—Mike Oliva



NIGUELSHORES.ORG

Our **Niguel Shores Website** www.niguelshores.org is the best resource for information on our community.

- Updates from Niguel Shores Community Association
- NSCA Board Actions and Meeting Information
- Details on Community Events and Activities scheduled for October
- Pickleball and Tennis Hours And Information
- Homeowner Request Forms
- NSCA Rules and Regulations
- Niguel Shores History
- Payment of HOA Bills Online
- Guest/Gate Login through *DwellingLive.com*
- Photos Galleries of Niguel Shores Events
- Dana Point City Link and Updates
- Dana Hills High School Link
- Dana Point Library Information
- Friends of the Library Information
- Dana Point Harbor Link
- Dana Point Police Services Link
- OC Register Link
- Seashore News Issues (1973-present)
- Post a web comment



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BAND BY THE SEA AND LABOR DAY BBQ



SEPTEMBER COMMUNITY EVENT

An Evening of Appreciation

Big Top carnival decorations filled the Clubhouse on **September 1** as Niguel Shores Community Association honored volunteers serving on Board and Committee positions at an **Evening of Appreciation**. The **NSCA Office Staff and Management Team** provided flutes of uniquely flavored champagne and a generous array of appetizers for all to enjoy.

Seashore News editor **Sandy Homicz** was named as **2020 Volunteer of the Year** for her efforts, and the efforts of the entire Communication Committee, to keep the news coming to our community throughout the challenges of the COVID quarantine.

The Evening of Appreciation is usually held every January but was postponed during 2020 until everyone could once again gather in the Clubhouse.



Photos: Meg Wilson and Gary Tinnes

2020 VOLUNTEER OF THE YEAR

At last month's **Evening of Appreciation** for NSCA volunteers, everyone was enjoying glasses of almond or coconut champagne and filling plates with tasty appetizers when **NSCA Board President Bob Russell** called for a moment of quiet and announced the **2020 Volunteer of the Year**—a surprise award kept secret for months.

Well, believe me, nobody in the room was more surprised than my husband **Ray** and **I** when we heard Bob at the podium saying, "Sandy and Ray Homicz bought a Sea Terrace Townhome here in 2009," and then continue relating information about us.

"What's happening?" Ray asked me.

"Um . . . I don't know!" I replied.

We were a bit jet-lagged, having just landed at John Wayne Airport a few hours before, after a week's visit to our son's home in Northern California. In fact, we almost didn't make it to the event that night—but I am so glad we did. I feel greatly honored being chosen for the Volunteer Award.

To add to our surprise that night, the **Communication Committee** secretly invited our family to the event. One daughter flew in from New York just ahead of Hurricane Ida.



Another daughter arrived from Laguna Niguel with her husband. Our son (who never revealed the secret when he put us on the plane a few hours earlier to fly home) phoned congratulations from up north.

My sincere thanks for the award and for a memorable evening. But truly, there are dozens of volunteers in Niguel Shores who should share in this award. During the COVID isolation of 2020, our *Seashore News* contributors and deliverers never failed to submit stories and distribute the newsletter, even if it meant searching out news when there was none, or meeting outside rain or shine to count out copies for distribution, or walking masked through our various neighborhoods to place a copy at every door. Thanks to each person who had a hand in making sure we kept the newsletter going in 2020 for its 47th year of distribution.

A special note of appreciation goes out to **Yollie Mancino**, who stepped up with me in 2017 as co-editor of the newsletter. Back then, when **Karl Kuhn**, **Mary Crowl**, and **Patti Staudenbaur** invited us to learn more about the

editor position, we had no idea of the great responsibility they were placing in our hands by asking us to keep alive the decades-old tradition of publishing and hand-delivering the *Seashore News* every month to nearly 1000 Niguel Shores



homes. Yollie's knowledge of the printing and publishing business, plus her inspirational presence, made it seem that together we could take on the job—and we did. So, **Yollie**, this one's for you too.

For those new to Niguel Shores, and for those who've been here a while as well, I encourage you to think of serving on an NSCA committee or becoming active in one of our special interest clubs. I was shy to do this at first, but soon learned how much friendship is gained and how much fulfillment comes from offering a little personal time to the community. Thank you again for the Volunteer of the Year Award—and just so you know, it's

a pleasure for me to work on the *Seashore News* and be doing something I enjoy so much.

—Sandy Homicz

Niguel Shores Community Association Volunteer of the Year 1980 to 2021

1980	Dorothy Dudley	2003	Bob & Lavonne Borland
1981	Dale Baltimore		
1982	Phyllis Luengen	2004	Ann & Jack Christiansen
1983	Rose Marie Lawson		
1984	Norm Pomeroy	2005	George & Marion Evans
1985	Jim Guthrie		
1986	Ken Knight	2006	Gerlinde Duffy
1987	Ed & Doris Adams	2007	Dick & Ceacy Johns
1988	Forrest Owen	2008	Mary Crowl
1989	Lloyd Somerfield	2009	Roy Dohner
1990	Daniel Aldrich	2010	Jerry Koppang
1991	Dick Beaubien	2011	N/A
1992	John & Bett Dickerhoff	2012	Sam Johnson
		2013	Nancy Tinnes
1993	Dick & Hope Luedeke	2014	Marilyn Moon
1994	Hal & Patty Therolf	2015	Pat O'Brien
1995	Hazel Lafler	2016	Sue Kichline
1996	Rick & Dottie Foth	2017	Karl Kuhn
1997	Jerry & Marian Pearl	2018	Sue Kichline
1998	George Williams	2019	Suzanne Enis
1999	Don Beaver	2020	Sandy Homicz
2000	Don & Dee Johnston	2021	Award to be announced
2001	Dick & Janet Mackaig		
2002	Jerry Milner		January, 2022

In Appreciation

Niguel Shores owes its success as a community to the volunteers who serve on the NSCA Board, committees, and newsletter team. Their work maintains the excellence of our community and enriches the vibrant lifestyle we all enjoy here. In appreciation of their contributions, here is a big THANK YOU to the following volunteers currently offering their time and talents to Niguel Shores Community Association.

<p>Board of Directors</p> <p>Donny Borsack Rhonda Dunlevie Steve Leonard Pat Pearson Bob Russell</p>	<p>Landscape Committee</p> <p>Lynn Dawson Geoff Dunlevie Sue Forrest Kathy Jones Linda Koppang Donna Rosecrans Kathy Samuel Vicki Sheff Bill Walkup</p>	<p>Sea Terrace I Board</p> <p>Ginny Gravely Jeff Paige Cathy Tyson David Uslander Bill Walkup</p>	<p>Joe Bevacqua Catherine and Rachel Bitran Penni Buff Joe and Susan Courtney Chris Daley Barbara Davis Joe and Susan Davis Susan Davis DVM Ellen Dovey Daun Dunlap Geoff Dunlevie Lily Ekuan Suzanne Enis Paul Ferguson Kathryn Fitzmaurice Ardis Ghobrial Catherine Hallett Mike Harrod Marilou Heckman Jennifer Hochstadter Ray and Sandy Homicz Sam Johnson Cyril Jones Suzanne Kelley Bob Kelly Marian Kennedy Louise Kessler Dick Kichline Sue Korby Karl and Carol Kuhn Steve Leonard Karen Linger Terry Link Sue Ann Lloyd Lynn Lucier Roberta Ludwig Marlene Lynch</p>	<p>Yollie Mancino Rosann McLaughlin Danielle Mills Tim Murphy Kathy Newport Mike and Peggy Oliva Frances Ozimec Jackie Pearson Michelle Ralph Chrissy Rausch Gayle Rindge Thomas and Jane Roberson Donna Rosecrans Kathleen Rosenthal Sandra Salway Norton Schwartz Jan Sener Julie Skillman Janelle Sommer Susan Stabe Patti Staudenbaur Sharon Stewart Walter Stout Ann Strauss Teri Sweeney Robert and Cynthia Talley Mary Ann Theisen Gary Tinnes Bill Walkup Jeanne Webb Sukie West Tim Williams Meg Wilson John Yocca Chris and Kathy Zoch</p>
<p>Architectural Committee</p> <p>John Chris Wendy Cubbon Trisha Pearson Jeannie Sticher Mike Stively John Yocca</p>	<p>Maintenance Committee</p> <p>Len Beebe Geoff Dunlevie Suzanne Enis Sam Johnson Tim Murphy Bob Schreiber Art Staudenbaur</p>	<p>Sea Terrace II Board</p> <p>Erica Ross Adrienne Ruben Kathy Samuel Jeannie Sticher</p>		
<p>Communication Committee</p> <p>Susan Courtney Mike Harrod Sandy Homicz Michelle Ralph Patti Staudenbaur Meg Wilson</p>	<p>Recreation Committee</p> <p>Maria Elena Banks Catherine Bitran Suzanne Enis Christina Rausch Kathy Samuel Nancy Tinnes</p>	<p>Traffic and Safety Committee</p> <p>Dick Ashworth John Douglas Suzanne Enis Tim Murphy Tim Tyson</p>		
<p>Finance Committee</p> <p>Martin Dedrick Jim Eckstaedt David Goldberg Sue Kichline Malcolm O'Donnell Rick Palmer</p>	<p>Rules Committee</p> <p>Patty Cook Dick Kichline Pat O'Brien Rhonda Russell</p>	<p>View Preservation Committee</p> <p>Wendy Cubbon Kathy Jones Kathleen Rosenthal Jeannie Sticher John Yocca Diane Young</p>		
<p>Human Resources Committee</p> <p>Steve Stewart Jeannie Sticher</p>		<p>Seashore News Contributors, Collators, and Distributors</p> <p>Don Baer Len Beebe Joan Beyer</p>		

Wellness . . . Anxiety

I don't need to tell you that we are living in stressful times. When we start adding up all the events happening faster than the speed of light around the world, and then ice that cake with a global pandemic, it really can jangle the nerves!

People are anxious and simultaneously depressed these days, and their numbers grow daily. I'll bet you know someone whose life has become filled with anxiety or depression, and I'll also bet some of you reading this are experiencing anxiety yourselves in one way or another. It comes on as a quiet fear that builds over time until it is part of your everyday existence, coloring every thought you have and decision you make.

Stressful events like losing a job, having a baby, losing a loved one, or even getting married are familiar to us as examples of what can trigger anxiety. However, these major life events don't happen every day, and usually the anxiety decreases after the one-time situation resolves. For instance, the fear of "Am I doing the right thing?" as you begin walking down the aisle will hopefully be assuaged by the time you say "I do."

In contrast, the stress of everyday life and the resulting anxiety are ongoing. Yet, when viewed from an evolutionary standpoint, this anxiety may be a good thing in our lives. That may sound counterintuitive, but it's true! During the stone age, for example, humans were on constant lookout for threats to their existence, such as predators like saber tooth tigers. Talk about anxiety! But the threat caused them to become more alert and inventive in protecting themselves.



Today we're not facing saber tooth tigers, yet we do become anxious over events and everyday worries that create not only emotional symptoms but are manifested by physical symptoms that reduce our ability to enjoy life and



move ahead. Racing heartbeat, muscle aches and tension, shortness of breath, tightness of one's chest, and more. Anxiety out of control can bring on any number of potential disease processes. Let me also say, this brief article is not to be confused with a discussion about major depressive disorder which includes anxiety. In that case, when you can't face the world at all, when you truly just want to pull the covers over your head and stay there because the whole world looks dark, it would be appropriate to consult a mental health professional.

What we should consider doing is reframing our anxiety by learning to recognize the value of those uncomfortable emotions and what they may reveal about our lives. We actually need to *keep* some fear in our lives, as it is a protective mechanism built into our neural wiring. Fear of fire is healthy. We could get burned! Fear of a job interview is normal. When the fear becomes immobilizing, it could just be anxiety out of control. At that point, we need to stop and ask why we're feeling this way and what is that fear. Those feelings are trying to teach us something.

It helps to make a list of "What If" this or that happens and turn it into a "To Do" list. Anxiety is lessened by action, so flipping your anxiety script to a "To Do" list shines a light on the actions needed to regain control. Also, we can try deep breathing, which activates the parasympathetic nervous system. You can even use deep breathing in the middle of that very tense interview or meeting. It's a proven way to reign in anxiety—as is moving your body on a regular basis. Motion releases dopamine, serotonin, and noradrenalin which bathe your brain in a soothing, calming bath! Who doesn't want that?

Embrace anxiety in our crazy world! Breathe deeply, exercise, flip your anxiety script, and don't try to kick anxiety completely out of your life. It could save you.

—Sharon Stewart RN

To Your Health! Sharon Stewart RN, Health Coach, Sharon@SharonStewartRN.com



DANA POINT THIS MONTH

OHANA FEST ENCORE WEEKEND

October 1 and 2
Doheny Beach
16 bands, food and drink concessions, merchandise ohanafest.com

13TH ANNUAL TASTE OF LANTERN VILLAGE

Wednesday, October 6
5:30 p.m.
Lantern Village Community Park on La Cresta Tickets \$15-20
danapointlanternvillage.org

DANA POINT CLASSIC CAR AND MOTORCYCLE SHOW

Sunday, October 17
10 a.m. to 3 p.m.
Del Prado Avenue in the Lantern District
danapointcarshow.com

SPOOKTACULAR PORCH DECORATING CONTEST

Email your decorated porch photographs by Monday, October 25 to recreation@danapoint.org

THE GREAT PUMPKIN DECORATING CONTEST FOR KIDS

Email your decorated pumpkin photographs by Monday October 25 to recreation@danapoint.org



HALLOWEEN SPOOKTACULAR & TRUNK OR TREAT

Saturday, October 23
2:00 to 8:00 p.m.
Dana Point Community Center, 34052 Del Obispo

SPOOKY TREAT TROLLEY

Saturday, October 30
4:00 to 7:30 p.m.

SPORTS

TENNIS

Happy Hour



Come join us for our last **Tennis Happy Hour** of the year! We will meet near the fireplace outside the Clubhouse on **Thursday, October 14 at 5:30 p.m.** Bring a spouse or guest along with your own beverage and an appetizer to share.

After this October gathering, we will start Happy Hour again in the spring. Be sure to sign up on the Tennis List to be added or to update your information so you will receive email notifications of news and changes. Contact **Jenny Rose** at 4oceanbreeze@gmail.com. We will be emailing the updated shared contact list to everyone on the list later this month. Your contact info won't be shared unless you elect to be on the Player Match List of those looking for partners and/or opponents.

Be sure to visit our Niguel Shores website niguelshores.org and click the "Tennis and Pickleball" link at the top of the Home Page to make court reservations, which can be done up to seven days in advance.

—Jennifer Rose

PICKLEBALL

The opportunity to play pickleball at the Niguel Shores courts has been a wonderful experience for Brenda and me. It has also been a springboard for other opportunities, including tournament play. **The National Pickleball California Open**, which took place at the Omni La Costa Resort, was our second tournament experience. We play in the Ladies 3.0 Doubles bracket and



Niguel Shores residents **Kathleen Rosenthal** and **Brenda Gino** competed in the **National Pickleball California Open** on **August 27**, gaining many good pointers for tournament play. And to think it all began in our very own Niguel Shores Pickleball Courts!

plan to play again later this month at the **2021 USA Pickleball West Regional Championship** at the Fountain Valley Tennis Center.

We enjoy the competitive spirit at these events and appreciate getting to know the other ladies, from other areas, whom we meet and compete against. We have also been lucky enough to have the support of two of our wonderful Niguel Shores pickleball friends—**Barb Barrett** and **Tami Vitale**—who have been there to support us and cheer us on at both tournaments.

—Kathleen Rosenthal

PICKLEBALL HOURS

Courts are OPEN Monday through Saturday, 8 a.m. to 7 p.m. and Sunday, 11 a.m. to 3 p.m. Courts are CLOSED the second and fourth Thursday of each month until 2 p.m. for cleaning.

DROP-IN PLAY

- Monday/Wednesday/Friday/Saturday—9 to 11 a.m.
- Wednesday—4 to 7 p.m.
- Sunday—11 a.m. to 1 p.m.

ORGANIZED PLAY

- Monday through Saturday—8 to 9 a.m.
- Monday/Friday/Saturday—11 a.m. to 7 p.m.
- Tuesday/Thursday—8 a.m. to 7 p.m.
- Wednesday—11 a.m. to 4 p.m.
- Sunday—1 to 3 p.m.

REMINDER

- During Organized Play, please be courteous and rotate courts if others are waiting.
- Guests must be accompanied by a resident per the Niguel Shores rules.
- Court shoes required.

ACCOLADES

This photo by Shores resident Gary Tinnes captures a stirring moment during a performance by acclaimed jazz artist Benny



Golson at Soka University. The photo was selected as the opening shot in Clint Burkett's video announcing Golson's Grammy Lifetime Achievement Award. Nice work, Gary!



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CUISINE CORNER

Snooze and Ciao Pasta

We promised our editor a cuisine article, but we were stifled for over a month to produce one, till now. **Snooze an A.M. Eatery** opened two months ago at Crown Valley and Greenfield in the building that was T.G.I. Friday. **Snooze** was our first choice for a column, recommended to us as a trendy breakfast and lunch chain with several SoCal locations. We visited the first week they were open but were not willing to wait in a long line in the hot sun for COVID-limited seating. A few weeks later, we tried again and found a roomy, bright-colored, diner-like bustling interior. They have a liquor license (!) and the menu is wildly eclectic, a real potpourri. It's worth a look online to see what might strike your fancy. After three breakfast visits, we didn't find a particular dish we liked enough to present in detail, but there is certainly a wide variety you

won't find elsewhere, and a unique experience awaits you if you go.

We also had a look inside **Calo Kitchen + Tequila** next door, but without a reservation our wait would be lengthy so we decided to report on them in the future. Having a party of four and growling stomachs, we went instead to our old-standby favorite trattoria **Ciao Pasta** across from the Mission on Camino Capistrano. Pasquale, the handsome Chef/Proprietor, opened his doors in this classic mission architecture building 26 years ago, in 1995. He has expanded his footprint twice, taking over the entire site which formerly housed three businesses. Ciao Pasta's growth and popularity shows the quality this Italy-born restaurateur has brought to local Italian cuisine. His dishes all speak for themselves, and you'll find very comfortable indoor or patio seating.

—Gary Tinnes

BOARD ACTION SUMMARY

SEPTEMBER 8, 2021 BOARD MEETING: (GENERAL SESSION)

ACCEPTED AND FILED:

- Unaudited June 2021 Financial Reports
- General Session Committee Minutes

APPROVED:

- September 2021 Expense and Transfer (Actual)
- Official Communication Appointment
- Resignation of Cliff Jarmie from View Preservation Committee
- General Notice of Posting for Association
- Appointment of Geoff Dunlevie and Vicki Sheff to Landscape Committee
- Appointment of John Chis to Architectural Committee
- Finance Committee Recommendation to Purchase \$150,000 CD through Comerica Reserve Account with Funds from Zions Bank
- Ratify Approval of Transfer of \$200,000 for Comerica Operating to Pacific Western Operating
- 2020 State and Federal Tax Returns
- Harvest Landscape Proposal #90718 Tree Removal Crossjack Drive
- Harvest Landscape Proposal #91201 Tree Removal Faeroe Bay
- Harvest Landscape Proposal #90864 Tree Removal/Replant Manta Court
- Resident Request for Memorial Service
- Clubhouse Sewer Line Clean Out Proposal
- Breakers Isle Beach Access Gate Mechanical Locks
- OJ Painting Various Fence-Gate-Handrail Painting
- 2021 Proposed Rule Changes to Membership for Review and Comment – As Amended

DISAPPROVED:

- Appeal – Disapproval of Remodel

APPEALS:

- Architectural Committee Decision – Disapproval of Remodel – Cabrillo Isle

- Architectural Committee Decision – Disapproval of Driveway Expansion – Sextant Drive

REVIEWED/DISCUSSED:

- Pre-Lien Filing: APN 672-05-152 and APN 672-16-138 – Accounts Brought Current Prior to Meeting
- Check Register, General Ledger and Delinquency Report (July)
- Light Installation Community Center – No Action Taken
- Upgrade Clubhouse Sound System for View Meetings – No Action Taken
- Manager's Report

BOARD MEETING: (EXECUTIVE SESSION)

ACCEPTED AND FILED:

- Executive Session Committee Minutes

APPROVED:

- Executive Session Meeting Minutes for August 11, 2021
- Legal Response Regarding Architectural Project
- Appointment of Board Members to IDR Request
- Request for ADR and Appoint Board of Directors

HEARINGS:

- Two (2) Hearings for Violation of Rules– Overnight Parking
- One (1) Hearing for Violation of CC&Rs – Article IX, Section 22 – Damage to Common Area
- One (1) Hearing for Violation of CC&Rs and Rules – Article IX, Section 16 – Failure to Maintain – Article IX, Section 148 – Failure to Maintain Landscape

REVIEWED/DISCUSSED:

- Legal Update
- Review Pre-Lien Filing: APN 672-05-152 and APN 672-16-138
- Personnel Matters
- Legal Analysis (July)
- Delinquency Report (July)

NOTE: The last approved General Session Minutes are posted on the **Bulletin Board** across from the NSCA Office entrance and on the **website**. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.

REMINDERS: THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD IN THE COMMUNITY CENTER CLUBHOUSE ON THE **2nd WEDNESDAY, OCTOBER 13, 2021**, BEGINNING WITH A RESIDENT ROUNDTABLE MEETING AT 5:00 P.M.

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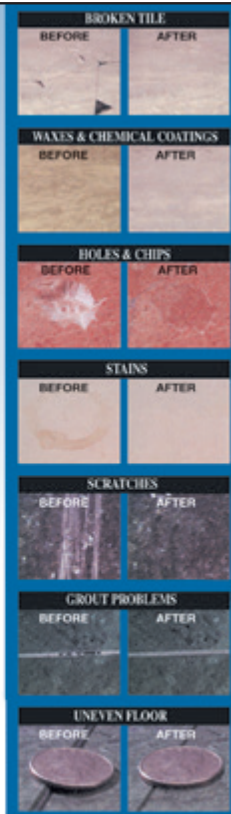
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NIGUEL SHORES

Market Update

- AS OF SEPTEMBER 2021 -

Highest Sales Price
\$13,750,000

April 26, 2021

Average Sales Price
\$2,600,585

Last 3 Months

Lowest Sales Price
\$1,872,000

Last 3 Months

NEW HOMES



Last 30 Days

ACTIVE



Total

PENDING



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6 Months



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By **CONNIE MCKIBBAN**

NIGUEL SHORES... the "Best-Kept" Secret Along the Coast!

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The #1 Agent in Sales for Berkshire Hathaway California Properties in Monarch Beach/ Dana Point


BERKSHIRE HATHAWAY
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California Properties
DRE #00461898

Thinking of selling? I have buyers waiting for specific locations and types of properties in NIGUEL SHORES. Please call me if you might consider selling now or in the near future, need information regarding termite companies, or for loan information to refinance.

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