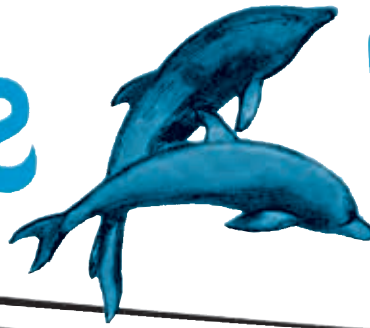


Seashore News



August 2021

Published Monthly by Niguel Shores Community Association

Issue 572

FROM THE HELM

Extending Our Appreciation

July brought back the great fun and community spirit that is the essence of life in Niguel Shores. Thanks to the **Men's Club** for the great 4th of July Pancake Breakfast, to the **Women's Club** for a fantastic Hot

Dog Lunch by the pool, and to the **Recreation Committee** for all their efforts organizing our Flag Raising, Parade, Games and Bluff BBQ. If I left anyone out, my apologies. The whole community was smiling and having the best time in well over a year.

I also cannot forget bringing back the ice cream truck and In N Out Burger Night at the Bluff, made possible by the hard-working members of the **Recreation Committee**. More great community events are planned for the rest of the summer to add to the spirit of friendship we have always had here in the Shores.

Board Meeting and Resident Round Table

July also brought back our in-person, open Board Meetings with a large group of residents attending the **Resident Round Table** for discussions on several topics. The next Round Table meeting will be in October. Minutes of the Board Meetings are posted on the bulletin board opposite the office. A summary of Board actions at the July meeting appears on page 16 of this issue and also on the Niguel Shores website niguelshores.org.



Resident Round Table Discussion

threatened by COVID-19. Our reserves are still in great shape and projects are proceeding as planned.

Breakers Isle Revetment

One issue hanging over us for quite a while is the Breakers Isle revetment. We recently received word that Orange County has submitted a new plan to the Coastal Commission, and we are hoping this time it will be approved. Such action may take 6 to 12 months for a decision, but any progress is good news. By the time this issue of the newsletter is delivered, you will have been provided with more details. A community meeting is being planned so we all can be brought up to date on the status of the revetment. You may also visit ocparks.com/news/niguel-shores-rock-revetment-repair-and-maintenance-project or go to the Niguel Shores website niguelshores.org.

Pool and Spa

Due to a nationwide shortage on chlorine and acid, Southern California is experiencing a limited supply of these chemicals. In August 2020, after Hurricane Laura made landfall, a fire caused severe damage to a key chemical manufacturer in Westlake, Louisiana. The disaster at the plant significantly disrupted chlorine production.

The 2020 closure of public pools across the country due to COVID restrictions also affected the chlorine industry supply. In addition, installations of private pools increased substantially in 2020 as more people were home and wanting to swim. We are doing our best to monitor this shortage and keep the Niguel Shores Community Pool and Spa up and running smoothly for all to enjoy.

Have a great summer!

—Bob Russell

FEATURED INSIDE!



Page 8 – **4TH OF JULY RECAP**
Page 9 – **4TH OF JULY PHOTOS**



Pages 10-12 – **OUR WATER SPORTS "GREATS"**

Finances

The Association appears to have weathered the economic uncertainty

EXCEPTIONAL
HOMES

POWERFUL
NETWORK

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NSCA is not responsible for any work done nor are we recommending any of the advertised companies

GM REPORT

Thank you to everyone for making the 4th and the entire month of July a fun, safe, fantastic time for our community.

I hope this newsletter finds you well and full of enjoyment with your Niguel Shores Summer. In contemplating the topic for my article this month, I thought it might be helpful to answer some FAQs I often receive from our residents. Hopefully, this will help the next time you are wanting to inquire about a concern, request, or topic within this lovely Niguel Shores Community which you call home.

FAQs

How do I make a reservation for the Beach Bluff or Clubhouse?

Review the Clubhouse Rental or Beach Bluff Rental packet on the Niguel Shores website or here in the NSCA Office. Contact **Blayke Miller** (949) 493-0122 Ext. 2 for questions or to check availability. Remember that reservations for the Beach Bluff are not permitted in the months of July and August and the maximum number of people permitted for a Beach Bluff Reservation is 36. Any questions you may have can be answered quickly by Blayke. She is here to help.

Can my guests use the Community Center without me being there?

Guests must be with the Niguel Shores resident at all times when using the Community Center (pool, spa, park, children's playground, clubhouse, etc.) or any common area amenity, so please enjoy these wonderful Niguel Shores amenities with your guests.

Can I park my car on the street overnight?

Resident vehicles are not allowed to park on the street between the hours of 1:00 a.m. and 6:00 a.m. unless the vehicle has a temporary waiver pass or a waiver barcode. Temporary waivers can be obtained by stopping by the office. If you have questions about a waiver pass, contact **Blayke**



(949) 493-0122 Ext. 2. She will be happy to answer any questions you have regarding qualifications.

Where do I find information on what types of modifications I can make to my home?

The Architectural Regulations, which can be found in the Association's Rules & Regulations, will help you determine what type of modifications can be made to your property. The Rules & Regulations are available on the Niguel Shores website or in the

office. For additional inquiries you may contact **Karen Decker** (949) 493-0122 Ext. 3. She can answer any questions you have and is always happy to assist you with architectural matters.

What do I do if I see a broken sprinkler in a common area?

Contact **Matt Northrop** (949) 493-0122 Ext. 4 to report the situation and a work order will be submitted to the appropriate person for repair. If this is after-hours, you should contact the **Mariner Gate** at (949) 487-4185.

I have an issue that I would like the Board of Directors to review at their next meeting. How can I make this happen?

Send an email to me or call me anytime (949) 493-0122 Ext. 5. I submit all such requests to the Board of Directors for review and response.

Your entire Management Team is here to help you and answer all your questions. The office is open Monday through Friday from 8:30 a.m. to 5:00 p.m. Our phone in the office is (949) 493-0122. Our email is:

Blayke Miller
Matt Northrop
Karen Decker
Marla Miller

bmiller@niguelshores.org
mnorthrop@niguelshores.org
kdecker@niguelshores.org
mmiller@niguelshores.org

More FAQs and answers to come next month!

—Marla Miller

COMMITTEE REPORTS

RECREATION COMMITTEE

What a great 4th of July we had this year! Thank you to all Recreation Committee members and NSCA residents who helped with this event and made it special.

August Events:

Ice Cream at the Bluff—Friday, August 6, 2:00 to 5:00 p.m.
Tasty ice cream treats at the Beach Bluff with family, neighbors, and friends. Pay the truck directly.

Band by the Sea – Saturday, August 21, 6:00 to 9:00 p.m.
Enjoy great music from the band Retrofit and dance the night away with neighbors, family and friends. Ticket sales start July 26 at a cost of \$10 each.



Upcoming Events:
Ice Cream at the Bluff—Friday, September 3, 2:00 to 5:00 p.m. Last time for the summer – come and enjoy as you have in the past.



In N Out Night brought a crowd to the Bluff in July.
Photos: Meg Wilson

Labor Day BBQ—Sunday, September 5, 5:00 to 8:00 p.m. Mark your calendars for our famous barbeque celebration. We provide the hot coals and you bring whatever you would like to BBQ!

—Recreation Committee

TRAFFIC AND SAFETY

Neighborhood Electric Vehicle Safety—We have received quite a few reports regarding the unsafe operation of Neighborhood Electric Vehicles (golf carts) by underage drivers. One such issue was a toddler allegedly standing on an adult’s lap while steering the vehicle. Another was a couple of skateboarders holding onto a rope while being towed up and down Niguel Shores Drive. Fortunately, no one was injured. We can only hope that the owners of these vehicles have instituted better control over the vehicle’s use. We should all keep in mind that these vehicles do not have safety devices built in, as do our regular cars, so a simple accident can result in serious injuries. Also remember—to drive such vehicles in our community, the driver must possess a driver’s license.

Electric Bicycles—Ebikes seem to be the latest craze, and they present a safety concern. We see young people zipping in and out of traffic, through crosswalks, and across parks. Be cautioned that mandated safety requirements are minimal at present, so we must be our own safety monitors and take extra care when allowing young people to operate these vehicles. To legally drive one of these conveyances you don’t need an operators’ license or insurance. Adults don’t even need to wear a helmet to operate Class 1 and Class 2 of these vehicles. It is only when the Ebike is capable of traveling at a combination of pedal and electric power over 28 miles per hour that the Ebike then is moved up to a Class 3 device where every operator must wear a helmet.

A brief reminder, if a subject is 17 years old or under, she or he must wear an authorized helmet when operating either a standard bicycle, an electric bicycle, skating, or scooting on a skate board.

I believe almost everyone has seen young people struggling with their Ebikes and narrowly avoiding a collision. Operating and controlling these bicycles is a new experience for our young folks. Every moment we spend discussing caution issues with them will prepare them for dealing with eventualities that are sure to occur.

Several folks have suggested YouTube as a source for safety-themed videos that also hone the viewer’s riding skills.

—God Bless . . . Tim Murphy



to new residents
Kelly and Laurie Burt
on Breakers Isle!

COMMITTEE REPORTS

MAINTENANCE COMMITTEE

How much fun it was to see all the Community out together for the 4th of July events! While we were all enjoying that wonderful day, we might not have realized the work that went into preparing everything so it was ready for our enjoyment. The event was literally “all hands on deck” for our onsite maintenance staff—and one member, in particular, deserves special recognition.

Dave Smith, our Maintenance Supervisor, worked a 12-hour day on the 4th, and it was not just this most recent holiday that he worked long hours. Dave has been part of the team here since 2005 and has rarely missed any holiday.



Dave’s normal day at Niguel Shores starts at 4:00 a.m. caring for our beautiful Junior Olympic size pool. We could never contract out this service because it is done daily before the earliest swimmers arrive. Dave begins by checking our pool equipment, which I am told is one of the most “sophisticated filtration systems available.” Dave checks the chemical levels, pump systems, and vacuum systems every day before he cleans the pool. Dave is a Certified Commercial Pool Operator so he is well qualified to manage such a system. It is also worth noting that on numerous occasions the County of Orange Health Department inspectors have complimented George Cooley, our Facilities Manager, about how clean and well managed our pool is! Not to mention the many residents who say how happy they are to be back after using other community pools after a closure of ours. High praise for Dave!

Next Dave drives the more than 13 miles of roads that are within our gates making a visual inspection of all the pumps, sprinklers, gates—basically making sure everything is running smoothly. Then he moves on to the repair or maintenance project of the day, be it a gate, lamp, camera, or any of the hundreds of systems that go into keeping things running.

Next time you are out for a walk and see a white truck driving the community with a man in sunglasses behind the wheel, give Dave a wave of thanks for making Niguel Shores the “extremely well maintained community” it is. But go early because Dave is gone by 12 Noon.

—Geoff Dunlevie



Cheer for Team USA!
*Tokyo Olympic Games
now through August 8.*

COMMUNICATION COMMITTEE

All of us at *Seashore News* send deep appreciation to our contributing writers whose articles add so much to the lifestyle and spirit of Niguel Shores. The newsletter is a community effort in every way. From planning to writing to delivery, our residents are fully involved.

Special recognition goes out to several retiring writers for the articles and information they have provided over many years to enrich our lifestyle and keep us informed: **Karl Kuhn**, Garden Club and former *Seashore News* Editor; **CW Gruenig**, Men’s Club; **Jim Pinola** and **Bob French**, Bridge; **Steve Barrett**, Pickleball.

Welcome to our new writers **John Yocca**, Men’s Club; **Kathy Jones**, Pickleball; **Ann Strauss**, Garden Club; **Mike Oliva**, Bridge.

My personal thanks **THANK YOU** over and over to our talented resident photographers **Meg Wilson** and **Gary Tinnes**, whose photos regularly appear in the newsletter—and especially for the wonderful ones they contributed this month that you will see throughout this issue and on the Niguel Shores website at niguelshores.org. The *Seashore News* welcomes input from all our residents. Email your ideas to seashorenews@hotmail.com.

—Sandy Homicz

NIGUELSHORES.ORG

Our **Niguel Shores Website** www.niguelshores.org is your best resource for

- Up-to-date information on our community
- Details on community events and activities
- Board actions and meeting information
- Niguel Shores Community Association updates
- Pickleball and Tennis hours and information
- Homeowner Request Forms
- Guest/Gate Login through DwellingLive.com
- Photo Galleries of club events and community gatherings
- Dana Point City updates
- Dana Point Library updates and information
- Friends of the Library information
- *Seashore News* current and past issues (1973-present)
- Post a Web Comment
- Niguel Shores History



BE SURE TO CHECK US OUT!

CLUBS

WOMEN'S CLUB

Summertime in Niguel Shores is truly the American dream! Our Independence Day flags are still flying, June gloom has left, the summer sun shines, ocean breezes keep us cool, and daylight savings time gives us plenty of hours to socialize at the bluff.

Fourth of July was an engaging family day filled with activities for everyone to enjoy! Thank you to **Catherine Bitran** for her incredible organization and energy as Chair of our Women's Club traditional Hot Dog Luncheon.

If any of you are parents or grandparents looking for ways to enjoy summer with children and visitors, I'll share what we did recently with my granddaughters Madison and Makayla. They attended Vacation Bible School each morning at South Shores with a delightful crew of fifth grade girls. Then the afternoons were filled with a bucket list of fun activities, such as:

- Take the Trolley to the Sawdust Festival, Harbor, and San Clemente
- Rent Kayaks at Baby Beach
- Walk dogs along Salt Creek Trail
- Have a Pizza Picnic at the Bluff
- Do a slow jog on Strand Beach
- Dive and swim laps in the Shores Pool
- Have Taco Tuesday dinner out

Our monthly **Outside Activities** continue throughout the summer. On **August 19**, we will meet at the San Clemente Outlet Mall to shop and then take the Trolley to Avenida Del Mar in San Clemente for lunch. **RSVP to Sandi Stauffer** if you are coming (949) 290-0471.

Our Women's Club Board finalized the following 2021-2022 special event dates in addition to our regular monthly luncheons. Mark your calendars for fun and friendship:

- | | |
|---|--------------------------------------|
| September 9 – Welcome Luncheon | May 20 – Home Tour |
| December 9 – Holiday Party in pm | June 9 – June Tea |
| April 14 – Fashion Show | July 4 – Gourmet Hotdog Lunch |

We are now collecting \$25 annual club dues. We welcome all women homeowners and residents of Niguel Shores. The Women's Club purpose is simply to have "fun, friendship and service to the community." We are a diverse group of ladies from many professional backgrounds and ages. Our speaker/luncheon meetings are held on the second Thursday of each month from 12 Noon to 2:00 p.m. Please mail your dues to our Membership Chairs, **Jennifer Paige** at 33541 Halyard or **Judi Palladino** at 23892 Coral Bay. Membership forms are available at the office or online. The deadline to be included in the NSWC Directory is August 15. HAPPY SUMMER!

—Terry Link

MEN'S CLUB

The Men's Club hosted another successful 4th of July Pancake Breakfast this year. With the help of approximately 40 volunteers from our club and the community, we sold 416 tickets and raised over \$2000 for our Scholarship fund. I want to thank everyone who worked on the event and the community members for supporting our Scholarship Fund.



Those who did not have the opportunity to donate to our scholarship fund can go to niguelshoresmensclub.org to contribute. Every penny donated will go to local graduating high school seniors. Our most recent recipients of the scholarship were twin brothers, Cole and Will Halbert. Cole and Will are Niguel Shores residents and two fine, very well deserving young men. Would you please help us award many more scholarships in the upcoming years?

We have two breakfast meetings scheduled for August. Our **August 3** Breakfast will feature **Rosalind Russell**, who extensively traveled the Far East, India, and China. She will share pictures and stories and talk about her charity work. On **August 17** we'll host **Devin Hughes**. Devin delivers eye-opening and pragmatic keynotes, which inspire audiences while triggering changes in mindsets and behaviors. He uses a mix of storytelling, interactive exercises, research, and real-life examples to give life to key messages.

Last month, our speaker at the July 20 breakfast was **Orange County Supervisor, Lisa Bartlett**. Lisa always draws large crowds to our meetings and shares her insight and a wealth of information that impacts our community.

For those who are not yet members of our club, please join us at one of our meetings in August as our guests. You will be treated to breakfast, excellent conversation with members of our community, and an entertaining and informative speaker. Of course, we hope you also decide to join our club. Annual dues are \$25, and breakfasts are only \$5 each.

If you have any questions regarding the Men's Club, please contact me at john@johnyocca.com.

—John Yocca



Women's Club served gourmet hot dogs to a hungry 4th of July crowd.



IN MEMORIAM

Bernice "Bunny" Mahoney

November 14 1925 - June 11, 2021

Resident of Porto Cristo in the Villas

Member of Women's Club, Page Turners, Dippy Dolphins
Dearly loved mother of Gail, Shane, Leslie, and the late Robyn.

Loving Nana to Vanessa, Samora, Bianca, Taylor, Andrew, Cameron, and to great grandchildren Ian, Lucy, Nathaniel, and Zuri.

First female member of the Auckland, New Zealand Junior Yacht Club.

Married to the late Paul Mahoney, a US Marine whom she met while he was convalescing after a tour of duty in the South Pacific.

Bunny is remembered for her wisdom, grace, kindness, and generosity.

She was a loving, selfless friend and helper for those in need.

GARDEN CLUB
Celebrating 20 Years

"the earth laughs in flowers."

— e. e. cummings.



We would like to welcome interested residents of Niguel Shores to join the Garden Club. You do not have to be a Master Gardener nor an expert on gardening to join this convivial group of residents. What we share is an interest and love of gardening and gardens in general, whether private or public, large or small. Your interest and enthusiasm will be appreciated.

We open our scheduled program again in October 2021 and run through June 2022. We take a summer break from July to September. Meetings are held on the third Monday of the month at 12 noon, unless otherwise stipulated. Meetings are varied and may comprise a speaker, a workshop, various garden related projects, or a field trip.

Refreshments are served at each meeting, according to the current dictates of the pandemic.



Dues are \$20.00 per year for a single member, and \$35.00 per year for two members in the same household. Checks only (no cash) should be made out to **Niguel Shores Garden Club**, and delivered to the office. The deadline

for being included in the 2021/2022 Garden Club Yearbook has passed, but your name will be added when you join.

We hope you join us!

"Where flowers bloom, so does hope."

— Lady Bird Johnson

—Ann Strauss

FABULOUS FOURTH OF JULY

The 2021 Niguel Shores July 4th Celebration was once again a tremendous success. Our ever-ready Men's Club started the day with their traditional pancake, sausage and fruit breakfast, serving more than 400 residents and guests. A great job Gentlemen! The Men's Club is a nonprofit social organization, with all proceeds from the July 4th breakfast funding annual scholarships for worthy high school graduates.

After breakfast, **Sergeant Major (ret) James Harkins** recounted our nation's founding history, then invited local **Young Marines Color Guard**, led by **Pfc Matt Murray**, to raise our nation's colors in Old Glory and our Golden Bear state flag—accompanied by the National Anthem and Pledge of Allegiance.

Uncle Sam joined us once again, shaking hands, passing out treats to children young and old, holding babies and posing for photos with patriots.

Big thanks go out to our local **OC Fire Authority Engine Company 30** crew, who once again led the **Patriots' Parade** through our neighborhood streets. Behind the engine came 112 decorated golf carts, many vying for one of the best-decorated awards given at the Bluff later in the afternoon. Dozens of colorfully decorated bikes, trikes, scooters, skateboards and tot-filled



Fireworks photos: Gary Tinnes

wagons followed along.

Back at the Community Park, kids enjoyed egg-in-the-spoon races, tug-of-war, ring-toss, basketball, volleyball and swimming—all to the delight of cheering adults supporting them.

On the poolside patio, our lovely **Women's Club** was ready to serve their renowned and tasty hot dog lunch with all the trimmings, plus chips, drinks and chunky chocolate-chip cookies. A fabulous job, Ladies!

Residents and guests gathered late afternoon at the Bluff for our traditional hot coals, cool ocean breezes, and a **D.J.** spinning a fine music mix for all ages to keep our party rocking. After sundown, **fantastic fireworks** from nearby locations put the final spectacular touch on our day's festivities.

My heartfelt thanks to so many community-minded volunteers who again helped create a great memory for our neighborhood. Sincere thanks also to our **Maintenance Crew** who prepared and cleaned-up our facilities; to the **Securitas Staff** who handled so much unusual traffic; to our **Office Staff** for monitoring preparations; and to our **Recreation Committee** members who bring this all together. We are indeed blessed to have such widespread support from so many.

Check the niguelshores.org website for photos of the day's events. Party on!

—Nancy Tinnes

FAMILY FOCUS

Energize your patriotic spirit!

This year's Pageant of the Masters features "Made in America" with a grand review of American history, artists, and musicians in a lively performance for all ages.



Playing nightly
through
September 3.

Tickets at

<https://foapom.com/pageant-of-the-masters/>

CONGRATULATIONS!

2021 July 4th Decorating Contest Winners

Judges Choice

Lois Jenkins "Olympics"

Golf Carts – Most Patriotic

- 1st Oran & Laura Pentz "Hamilton"
- 2nd Tim and Cathy Tyson "Let's Cheer for the USA"
- 3rd Bruce and Linda Blakley "Red/White/Blue"

Golf Carts – Most Creative

- 1st Meredith and Justin Miller "Love Bus"
- 2nd Lewie Wake "Patriotic Duck"
- 3rd Ed Jenkins "God Bless America"

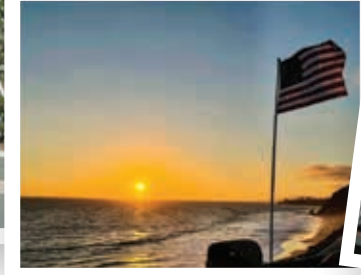
Bikes – Most Patriotic

Nola Lawson Sadie Lawson

Wagon – Most Patriotic

- 1st Ray and Nancy Baney
- 2nd Logan Antioco, Annalise Resh, Tucker Resh

FOURTH OF JULY PHOTOS





WATER MEN AND WOMEN "GREATS" HONORED AT DANA POINT PLAZA

Take a stroll near the intersection of Pacific Coast Highway and Del Obispo (where the Dana Point bridge crosses the highway) and you will find Bill Limebrook's intriguing bronze sculptures of Dana Point's legendary water men and women, along with a bit of surfing and sailing history. The "Greats" honored in the plaza are legendary names:

- **John Severson**—founder, *Surfer Magazine*
- **Bruce Brown**—surf film maker, *Endless Summer*
- **Phil Edwards**—surf pioneer, all-time legend
- **Hobie Alter**—inventor, *Hobie Catamaran*
- **Wayne Schafer**—innovator, with *Hobie Alter*
- **Joyce Hoffman**—women's surfing champion



NIGUEL SHORES OWN WATER "GREATS"

WE ASKED SOME OF OUR NIGUEL SHORES RESIDENTS WHAT GOT THEM INTO WATER SPORTS AND WHAT THEY ENJOY ABOUT SPENDING TIME IN (OR ON) THE WATER.



LONGTIME SURFER: *Steve Stewart*

Steve Stewart shared his recollections of surfing in this area for over 30 years. He wrote, "Sharon and I moved to Niguel Shores in December 1989. We both loved the Shores beach access and bluff. As a surfer, my hope was that our daughter Heather and son Scott would grow up playing on the beach and in the water with friends from the neighborhood. Boy, did that dream turn out well!

"Heather and Scott loved swimming in the Shores pool from an early age. Heather went on to play water polo at Dana Hills, UC Santa Cruz and semi-pro in Australia. She and Scott both started lifeguarding at OC Lifeguards as soon as they were old enough. They both learned to surf at Doheny and later at San Onofre for Heather and Salt Creek for Scott.

"Back in the 1990s there was a strong crew of Niguel Shores surfers hanging at the bluff—guys like Mike Smith, Chris Griffiths, Keith Carlson, Don Young, Bill Peterson and the late great Tim O'Conner. Our go-to spots were the Ramp and Pink House, which were closest to the Bluff, generally uncrowded and fun to surf. Creek point and Middles were options. I kept binoculars in my car to check them out, but with the advent of the internet, we got surf cams on our phones. Still

surfing today, Doheny and San Onofre are my favorites (never on the weekend—too crowded). Pink House/Strands reef doesn't break as good as ten years ago because a lot of the sand is gone, probably because of the Strands break wall.

"That 90s generation gave rise to the current Shores surf crew and Salt Creek standouts like Jason Young, the Chief lifeguard and General Manager of Ocean Lifeguards and son of Don Young. Mike Smith's son Jordan and my son Scott were born in the Shores two weeks apart and have been inseparable ever since. They meet daily at the bluff to decide where to surf.

"The current NS surf crew—Davis brothers Trey and Wes, Lavayen brothers Alex and Nick, Griffiths brothers Collin and Christian, Jordan Smith, Scott Stewart all have roots in Dads who surfed or swam or played water polo. There are so many watermen and women in the Shores that I cannot close this article without mentioning the outstanding women's water polo crew like Steph Lavayen, Colleen McNaught, Emily Carlson. I am sure I left out about 20 people but after 30 years it is hard to keep track of all the talented water men and women living in this wonderful neighborhood."





SURFING ENTHUSIAST: *Steven Lin*

Dr. Steven Lin, an Emergency Specialist, loves surfing. Steven says he values the personal growth and positive aspects of surfing, especially for youth. As a teen, he would travel to surf here all the way from his home in Azusa. For him, surfing became a pathway to a more positive life because it built up his confidence, showed he could rise to a challenge, offered increasing ways to improve, provided fun healthy exercise, and brought a love of the outdoors and the ocean.

His appreciation of the sport grew first from standing onshore as an outsider viewing the sea, then to being an insider feeling “one” with the water as he rode the waves.

Steven sees surfing and other water sports as an excellent way for young and old to develop physical strength, mental awareness, self-assurance, personal enjoyment, and appreciation of the sea environment. These outcomes are especially valuable for children with special needs.

When not surfing or treating patients in the ER, Dr Lin creates surfboards and skateboards for others to use. In addition, he has invested his own money to purchase surfing accessories and clothing for surfing organizations to give away as incentives to young people interested in the sport. Some of these items also go to help Our Heart Song, a non-profit that places automated external defibrillators (AEDs) in public areas for emergency diagnosis of life-threatening cardiac arrhythmias.

WINDSURFING: *C.W. Gruenig*

Men’s Club program chair C.W. Gruenig says, “At one time, I was a great windsurfing fan. In fact, I might have been the last windsurfer ever to go out into the ocean in the surf next to the Dana Point Harbor. I loved it.”

C.W. described a close-call when he went into the water with another windsurfer. “My friend had a harness so he could sit in the craft, but I did not. I had to stand and balance a loose bar against the wind to provide speed. That day we went out too far. He, with the sit-down harness, stayed out there. I aimed to go back. The water currents and wind pushed me south all the way to San Clemente. By the time I reached land, I was no longer holding onto the bar with my hands but was draped over it, keeping balance—and exhausted.



“From San Clemente, I had to make my way home running on a hot tar road with a 12-foot Mistral surf board tucked under my arm. Lesson: Don’t undertake an adventure unprepared, as you may overdo!”

He added, “Windsurfing is still popular in Maui and along the California coast at spots in San Pedro, Ventura, or San Diego—but, as I discovered, it may be a challenge to get back home if you go off course.”

SCUBA DIVING AND FREE DIVING:

Robyn and Tim Williams

Expressing their enthusiasm for diving, **Tim and Robyn Williams** said, “As other scuba divers and free divers can tell you, one of the great things about this sport is you can tailor the activity to your personal interests.”

Tim commented, “We feel blessed for the opportunity to dive in many remote places around the world. Watching marine life in its native environment is awe inspiring. From large whale sharks, minke whales, white sharks, sea lions and giant manta rays to tiny nudibranchs, seahorses and gobies, we have been fortunate to see a wide variety of species.”



Asked what their favorite dive site is, Tim replied, “It’s a difficult question because we’ve had excellent experiences in many places that are unique to their specific location. The eco systems in both The Galápagos Islands and Raja Ampat, Indonesia support incredible diversity and they really stand out. But we love beach diving here in Laguna as well as the easy, fun diving at our second home in the Virgin Islands.

Robyn and Tim just returned from the Revillagigedo Archipelago, 250 miles south of Cabo San Lucas. Tim described the experience as a memorable trip with loads of giant mantas and several species of sharks. They were on a live-aboard dive boat which they recommend as a great way to explore an area.

Tim said “We’ve enjoyed live-aboard trips in many places including the Red Sea, the Maldives, Cuba, Australia, Indonesia, the Galapagos and the Solomon Islands. Mother Nature doesn’t always cooperate, so there are no

continued on page 12

continued from page 11

guarantees on what we'll see on any given dive. But when we get lucky and make eye contact with a giant manta, have a playful interaction with a sea lion, or spot a tiny pigmy seahorse the size of a grain of rice, the thrill is extraordinary and unforgettable."

Robyn and Tim both enjoy amateur underwater photography during their dives, as can be seen in their photos (previous page) of a shark and a seahorse. Robyn is a certified Advanced Diver. Tim is a certified Dive Instructor, Dive Volunteer at The Aquarium of the Pacific, and has supported underwater surveys with Reef Check California and The Nature Conservancy Caribbean.



STAND-UP PADDLE BOARDING:

Art Staudenbaur

Back in 2010, Art Staudenbaur had recently retired, and he and Patti were enjoying life in Niguel Shores where they had moved a few years prior. However, Art said, "As great as our community is, retirement and what comes next can be an unsettling proposition."



Several of his long-time friends were also newly retired and looking for "what comes next."

Art said they first decided kayaking would be the answer, but soon



changed their minds. "Several of us purchased kayaks, but we quickly realized, as we saw more and more people gliding past us on their paddle boards, that we might want to give paddle boarding a try. Long story short, our small group of three

or four old friends grew to fourteen. Now every Tuesday morning, and many other weekday mornings as well, our paddleboard group is ready to venture out. Most mornings we start at Baby Beach in the Harbor. However, we love different locations like Newport Harbor and Back Bay, Laguna Beach, Naples in Long Beach, San Onofre, and Mission Bay in San Diego."

He mentioned some encounters and surprises he's experienced. "Riding the wakes of some boats like the Catalina Express or other fast-moving vessels can be a challenge and bring us to our knees or a dunk in the ocean. Depending on our location, there is usually some sea life in the water with us, like dolphins (they like to swim under the board), seals, sting rays—and sharks!

Once I was very closely followed by a shark about 100 yards outside the mouth of the Harbor. Thankfully, it wasn't interested in me."



Besides the exercise benefits and the pure enjoyment of being out on the water, Art also added, "Paddle boarding has provided me with a new group of friends who go out for weekly breakfasts, get together for summer bar-b-ques and attend concerts or other activities. Admittedly, at first the unknown of 'what to do' during retirement was a bit daunting. However, almost eleven years later, that is most definitely a thing of the past, partly due to stand-up paddle boarding."

PADDLE BOARDING AND OUTRIGGER

CANOEING: Jeff and Louise Kessler

While living in Agoura Hills, Jeff and Louise Kessler had little involvement in water sports. Jeff had some scuba diving experience and they occasionally took their ocean kayak to the beach. When they came to Niguel Shores in 2010, paddle boarding was becoming popular and they bought their first boards after settling in. Jeff soon moved on to paddle surfing locally at Doheny and San Onofre, while Louise switched over to competitive outrigger paddling with Dana Outrigger Canoe Club. They still enjoy paddle boarding, and sometimes their grandkids hitch a ride with them around the harbor!



JUNIOR LIFE GUARDS:

Resh and Stabe Families



Junior Guards is a highlight of the summer for Tucker Resh, who has participated in OCJG's at Strands for the past three years. He loves the ocean and beach, the opportunity to learn new skills, and the increased challenge each year of the program.

Annalise Resh and Natalie Stabe had a blast participating in Mini-JGs at Salt Creek. It was a fun way to learn about beach safety and our local coastline. Their families send Kudos to all the instructors and assistants that make these programs so rewarding.



ACTIVITIES

BRIDGE



Bridge winners
Hansa Sehgal,
Betty French, and
Mary Jane Olsen.



PAGE TURNERS

Page Turners are on vacation! Watch for our next month when members will be reading and discussing *The Stranger's Child* by Alan Hollinghurst.

—Frances Ozimec

LIBRARY

Friends of the Library—Dana Point Friends of the Library Bookstore is now open Tuesday to Friday 11 a.m. to 4 p.m., Saturday 11 a.m. to 3 p.m., closed Sunday/Monday. Donations of clean, lightly used materials (no magazines or encyclopedias) are welcome.

Virtual Zoom Book Groups

- Seaside Book Group discusses bestselling and popular titles. Fourth Tuesday of the month, 10:30 a.m. to Noon
- Gentle Reads discusses optimistic and uplifting titles. Second Tuesday from 10:30 a.m. to Noon
- Mixed Minds Teen Book Club. Second Tuesday, 4 p.m.

Books are available at the library service desk.

Job Seeker Series—Refresh your job seeking skills with free, virtual workshops from Workforce Edge.

- Resume Building: Wednesday, July 21 at 4 p.m.
- Maximize Your Job Search: Saturday, July 24 at 2 p.m.

Register by email: maria.ruiz@occr.ocgov.com

Author Maggie Shipstead—Meet the author of *Great Circle*, *Astonish Me*, and *Seating Arrangements* on August 11 at 6:30 p.m. in a virtual event. Register by email: maria.ruiz@occr.ocgov.com

Author Michelle Zauner—Meet singer and guitarist of the indie pop band *Japanese Breakfast*. Her bestselling book, *Crying in H Mart*, will soon be a feature film. Register by email: maria.ruiz@occr.ocgov.com

—Dan DeNeve

PICKLEBALL

For those Pickleball fans with plenty of patience to wait a month, here are the correct answers to last month's profoundly puzzling Pickleball Quiz.



Pickleball players attend Resident Round Table.

Take the Quiz

1. A Pickleball court is the same size as (b) a Badminton court.
2. A few rules are (a) Ball must stay inbounds (b) No Volley Zone prohibits overheads.
3. Pickleball appeals to (a) Seniors (b) Tennis Players (c) Everyone.
4. The No Volley Area is called the (b) Kitchen.
5. The name Pickleball comes from (a) a dog.
6. Serve toss must be (c) below the player's waist (Clarification: Question should have read "Player must make contact with service toss below the waist.")
7. Pickleball is a combination of (a) badminton and (b) ping pong.
8. Opposing teams try to get to this line first (b) the Kitchen Line.
9. This year's US Open championship was in (a) Naples, Florida.
10. Average age of a Pickleball player is (a) 41.

—Kathy Jones



TENNIS

Happy Hour—Mark your calendars for our next **Tennis Happy Hour on Thursday, August 12 at 5:30 p.m.** We will meet near the outdoor fireplace next to the Clubhouse. We plan to continue Happy Hour every second Thursday during the warm weather months. Bring your own beverage and an appetizer to share. Spouses and significant others are welcome!

More Tennis News—Novak Djokovic just won his sixth Wimbledon trophy and Ashleigh Barry won her first! The next Grand Slam tournament is the US Open August 30 through September 12 in Flushing Meadows, New York.

Also, be aware that the 2021 Indian Wells Paribas Open tournament, often considered the unofficial fifth Grand Slam, has changed dates from the normal second week of March and will now take place from October 4 to October 17 instead. Most of the top world players will be there—and you don't even have to fly to attend!

—Jennifer Rose

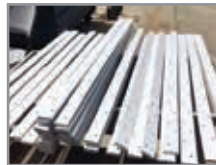
SPOTLIGHT: RECYCLED LIGHT POSTS = FIRECRACKER ART

There's some interesting history behind the red, white, and blue "firecrackers" that greet us every July at the Mariner Gate entrance.

In 2016, the Maintenance Committee began replacing the old 1970s coach lamps in areas of our community. Suzanne Enis, a committee member, came up with the idea of recycling the wooden lamp posts into decorative firecrackers. Suzanne told *Seashore News*, "Yes, the firecrackers along our Mariner entrance were my idea, but I could not have achieved 'my vision' without the help of our Facilities Manager, George Cooley."

George told us that 89 old wooden light posts were taken down. Many were damaged by termites and dry rot, but about a third of them contained good wood and were saved. For several weeks on and off, George patched the posts to hide the recessed screws, and sanded, primed, and cut them into the three different lengths Suzanne suggested.

From there, Suzanne painted the posts with patriotic colors and designs, then added "wicks" of rope using George's special epoxy glue. George attached metal stakes for placing each post securely into the ground.



After the first year's installation, the metal stakes needed attention to prevent rust. Using a bench grinder with a wire grinder wheel, George removed rust on each stake. Then they were cleaned and primed them with a rust inhibitor. Suzanne and George worked on 39 stakes in all—33 in 2016, and 6 more in 2017 to total 39 "firecrackers."

The decorated posts appear at the time of Niguel Shores Fourth of July Celebration and remain for another week afterward.

In addition to turning the recycled posts into Fourth of July art,

Suzanne also created the large red, white, and blue stars that decorate our gates. She says, "My dining room and great room became a workshop, much to the fascination of my cats!"

Thanks go out to **Suzanne Enis** and **George Cooley** for contributing their skills and talents to our Fourth of July enjoyment.

—Sandy Homicz



ACCOLADES

Special recognition goes out to Niguel Shores residents **Maria Elena Banks** and **Todd Wallin**, who are serving the City of Dana Point as members of the DP Arts Commission.

Bravo to the **daughters of Jessica and Chris Wright and their neighborhood friends** who helped raise money to save the *Spirit of Dana Point* tall ship. They went door to door in Niguel Shores and raised \$400 cash, plus online donations as well. Thanks to these kids and other concerned citizens, the drive to save the *Spirit* was successful in reaching \$1 million! The ship is now headed to the Marine Group Boat Works facility in San Diego to undergo renovations as

an educational tool benefiting thousands of local school children. As quoted in the *Orange County Register*, Chris Wright said for years his family has enjoyed seeing



The Wright Family

the Ocean Institute's tall ships in the Harbor. After the beloved *Pilgrim Brig* sank for lack of repair, Wright said he wouldn't want the *Spirit* disappearing too. "These tall ships in our harbor are part of the spirit of Dana Point . . . Our children and their friends thought this was so important that they went door to door collecting money to help save the *Spirit*."



**DANA POINT
THIS MONTH**

**CONCERTS IN THE PARK
SEA TERRACE PARK
August 1, 8, 15
3:00 to 6:00 p.m.**

**PACIFIC SYMPHONY POP-UP CONCERT
SEA CANYON PARK
August 11, 2021 at 7:00 p.m.
or (949) 248-3536.**

While visiting with a friend over coffee, our conversation turned to someone we both knew who was recently diagnosed with breast cancer. We were saddened by the news and began discussing how many women we knew who struggled with the same health problem.

Even though breast cancer death rates have been dropping since the 1990s, one out of every eight U.S. women will be diagnosed with breast cancer during her lifetime, and one in 39 women (an estimated 43,600 in 2021) will die of the disease each year.

Lifestyle Choices

There are some powerful choices women can make to help keep breast cancer at bay or at least reduce its incidence, especially after menopause. These lifestyle choices and their impact on our overall health are gaining more attention lately, and rightfully so. One measure for early detection is self-examination and another is having a mammogram at regular intervals recommended by your physician. There are also genetic variables to consider that might result in a cancer diagnosis. To learn about these, you can go online to The American Cancer Society and other similar reputable sites.

Weight gain during a woman's adult life is considered a very significant risk factor for post menopausal breast cancer, which makes sustaining a healthy weight during adulthood critical to reducing one's odds of a cancer diagnosis. When the ovaries no longer produce estrogen, it is produced in fat cells, so the more fat cells, the more estrogen that is circulating, which can increase one's chances of developing breast cancer. Also, women

who are overweight tend to have higher blood levels of insulin, another hormone which has been connected to breast and other cancers.

Other causative factors within our control to change are a poor diet, smoking, stress, lack of physical activity, and alcohol consumption. Regarding alcohol, it's best not to drink it at all, but if a woman does consume alcohol, keeping it to one drink a day is the recommended action to reduce risk. Men also are advised to consume no more than two drinks daily. A 2020 study in *Lancet Oncology** shows that at least 4% of the world's newly diagnosed cases of several specific types of cancer, including breast cancer, can be attributed to drinking alcohol. That translates to 741,300 people, with men accounting for three-quarters of alcohol-related cancers. Of the 172,600 alcohol related-cancer cases in women, 98,300 were breast cancer. I knew of this relationship, but that really caught my attention.

The relationship between these lifestyle choices and the likelihood of being diagnosed with breast cancer, however, is not a simple one but rather one of complexity best discussed with one's healthcare team. What is simple is becoming aware of the risks and then making sensible choices based on the findings.

Cancer is something that touches all our lives, whether it affects a friend, a beloved family member, or even ourselves. Prevention and improved treatments are "pushing back" on cancer, leaving a path paved with hope, optimism, and an understanding that WE can take steps to prevent the disease by changing our behaviors. This is very good news indeed!

***Note:** The stats given here and the link to *The Lancet Oncology* can be found at https://www.npr.org/sections/goatsandsoda/2021/07/16/1016586837/new-study-says-nearly-3-4-million-cancers-a-year-linked-to-alcohol-use?utm_source=npr_newsletter&utm_medium=email&utm_content=20210718&utm_term=5581839&utm_campaign=health&utm_id=55425397&orgid=145&utm_att1=

Other resources for this article:



- <https://my.clevelandclinic.org/health/diseases/3986-breast->
- <https://www.cancer.org/cancer/breast-cancer/risk-and-prevention/lifestyle-related-breast-cancer-risk-factors.html>
- [https://www.thelancet.com/journals/lanonc/article/PIIS1470-2045\(21\)00279-5/fulltext](https://www.thelancet.com/journals/lanonc/article/PIIS1470-2045(21)00279-5/fulltext)
- <https://www.mdanderson.org/publications/focused-on-health/how-does-obesity-cause-cancer-h27Z1591413.html>
- <https://www.cancer.gov/about-cancer/causes-prevention/risk/obesity/obesity-fact-sheet>

To Your Health! Sharon Stewart RN, Health Coach, Sharon@SharonStewartRN.com

BOARD ACTION SUMMARY

JULY 14, 2021 BOARD MEETING: (GENERAL SESSION)

ACCEPTED AND FILED:

- Unaudited May 2021 Financial Reports
- General Session Committee Minutes

APPROVED:

- General Session Meeting Minutes for June 9, 2021
- Appointment of Art Staudenbaur to Maintenance Committee
- Appointment of John Douglas to Traffic/Safety Committee
- Appointment of Patty Cook and Rhonda Russell to Rules Committee
- Appointment of Roy Dohner as Rules Committee Chair
- Resignation of Jeff Kessler from Finance Committee
- Finance Committee Recommendation to Purchase \$200,000 CD through Comerica Reserve Account with Funds from Bank of China
- Clubhouse Shades

APEALS:

- Architectural Committee Decision – Denial of Extending Driveway into Front Yard Easement Area – Sextant Drive (Appeal Pulled by Owner)
- View Preservation Committee Decision – Approval of View Blockage and Tree Trimming – Dossinia Drive
- Appeal of Architectural Committee Decision – Approval of Remodel – Breakers Isle

REVIEWED/DISCUSSED:

- Check Register, General Ledger and Delinquency Report (May)
 - 2022 Budget Schedule
- Caltrans Report Regarding PCH Bridge
 - Correspondence to the Board
 - Manager’s Report
- Board Member Discussion Items

BOARD MEETING: (EXECUTIVE SESSION)

ACCEPTED AND FILED:

- Executive Session Committee Minutes

APPROVED:

- Executive Session Meeting Minutes for June 9, 2021
- Authorization to File Suit for Failure to Complete Construction
- Authorization to Close File for Failure to Maintain
- Appointment of Directors to Participate in IDR

HEARINGS:


- One (1) Hearing for Violation of CC&Rs – Pet Owner’s Responsibility (Dogs Off Leash)
- Two (2) Hearings for Violation of Rules – Overnight Parking
 - One (1) Hearing for Violation of Rules – Overnight Parking and Prohibited Parking (Sidewalk Obstruction)
 - One Hearing for Violation of Rules – Overnight Parking and Prohibited Parking (Parked Opposing Traffic)
 - One (1) Hearing for Violation of CC&Rs – Article IX, Section 22 – Damage to Selva Gate
- One (1) Hearing for Violation of CC&Rs – Article VII, Section 1 – New Construction or Modifications to Home Sites (Unauthorized Modification) and Prohibited Parking (Golf Cart Parked on Landscape)
 - One (1) Follow Up Hearing Update for Violation of CC&Rs – Article VII, Section 1 – Unauthorized Modification Parking (Golf Cart Parked on Landscape)
 - One (1) Follow Up Hearing Update for Violation of CC&Rs – Article VII, Section 1 – Unauthorized Modification

REVIEWED/DISCUSSED:

- Legal Update
- Legal Analysis (May)
- Delinquency Report (May)

NOTE: The last approved General Session Minutes are posted on the **Bulletin Board** across from the NSCA Office entrance and on the **website**. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.


REMINDERS: THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON THE **2nd WEDNESDAY, AUGUST 11, 2021, BEGINNING AT 6:00 P.M.**



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We would like to hear from you!
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Special thanks to **Ann Strauss, Meg Wilson, and Gary Tinnes** for the photos appearing in this issue.



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NIGUEL SHORES

Market Update

- AS OF JULY 2021 -

Highest Sales Price
\$13,750,000

April 26, 2021

Average Sales Price
\$2,911,550

Last 3 Months

Lowest Sales Price
\$1,275,000

Last 3 Months

NEW HOMES



Last 30 Days

ACTIVE



Total

PENDING



6 Months

SOLD



6 Months



O.C. HOUSING REPORT Top 5 Housing Trends

1. The number of available homes to purchase is finally starting to rise.
2. Demand, the number of new escrows over the prior month, is on the decline after reaching a peak in early spring.
3. Closed Sales are at its highest level since 2005.
4. Fewer homeowners are opting to list their homes for sale.
5. Pressure is building for mortgage rates to rise, which will impact affordability and demand.

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By **CONNIE MCKIBBAN**

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23821 SALVADOR BAY

2021 REAL ESTATE UPDATE FOR NIGUEL SHORES ★

4

HOMES CURRENTLY FOR SALE
PRICED FROM \$2,199,000 - \$9,995,000

7

HOMES CURRENTLY IN ESCROW
PRICED FROM \$1,595,000 - \$4,650,000

27

HOMES SOLD TO DATE
PRICED FROM \$1,225,000 - \$13,750,000

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