July 2020

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Issue 559

FROM THE HELM

Revetment Update:

It's been around three months since the Coastal Commission denied the OC Parks permit to replace the revetment with a walkway. Shortly after this, COVID-19 hit and discussions were put on hold. We are still working with OC Parks and are hopeful that a proposal can be made to the Coastal Commission to make sure the bluff is secure. When anything might happen is unknown, but we want the members to know that the Board and OC Parks are still working to move this forward.

Annual Meeting:

Your ballots have been received and we have enough to reach our quorum number. The Annual Meeting and Election will be held in the Clubhouse on Tuesday, July 7 at 6:00 p.m. The doors will be opened and those present will practice social distancing during this meeting. The Inspectors of Election will count the ballots and announce the winners. In an effort to limit the numbers if you chose

to attend, please try to just drop off your ballot if you have one and either leave or remain outside.

4th of July Events:

The Board cannot support any association sponsored activities at this time, and therefore there will be no 4th of July events. It was a difficult decision and there was a lot of discussion about it prior to coming to the final conclusion.

In Appreciation:

I'd like to extend a great big THANKS to our outstanding Staff and our hundreds of capable and willing volunteers that work so hard to make Niguel Shores a great place to live. Most important, thanks to everyone in the community for your patience and understanding during these trying times.

Wishing all a Happy and a Safe July 4th Holiday!

—Bob Russell



Red, White, and Poof! Our community's wonderful 4th of July celebration won't happen this year. Even so, the "Hometown USA" spirit is still very much alive in Niguel Shores. Look around and you'll see flags flying, neighborly smiles, patriotic decorations, and folks wearing the red, white, and blue (even our pets). Despite the challenges we've experienced in the past weeks, on Independence Day let's take time to appreciate what is good in our country. This 4th

of July, on America's 244th Birthday, let's hope the freedoms our founding fathers envisioned will ring throughout the land—along with an increased spirit of kindness, understanding, tolerance, and justice for all. To use a recent phrase, "We're all in this together"—and together we can offer each other the strength and encouragement Maya Angelou expressed in her hopeful words: "I rise, I rise, and still I rise."

—Sandy Homicz

EXCEPTIONAL HOMES

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GENERAL MANAGER'S REPORT

These are unusual times for all of us, and we thank everyone for your patience and cooperation as the NSCA Board and Management work together for the common good of our community.

Restrooms at Bluff: The Board has approved installing a restroom with a wash station at the beach bluff for the convenience of the residents at the bluff through Labor Day. Enjoy the use of these throughout the summer and please make sure that you use the restroom and not the landscaping.

Community Pool: The Orange County Health Authority has approved the opening of Community Pools. Therefore, NSCA opened the pool for use by RESIDENTS ONLY on Friday, June 12. At this time NO GUESTS are allowed to use any amenities. The pool will close every day at 6:00 p.m. All individuals must sign a waiver and anyone under the age of 18 must have a parent/guardian sign prior to using the pool. For your convenience, the waiver can be found on the Niguel Shores website, printed, signed and delivered to the pool monitor prior to entry. The two (2) restrooms outside of the pool entrance are open for use.

Remain Closed: The clubhouse, lobby, showers, locker rooms and sauna remain closed until further notice. In addition, there is no furniture around the clubhouse or pool and no portable tables at the bluff.

As we did when opening the sports courts, we will continue to monitor the county and state guidelines regarding the bluff and pool, and will open up more facilities as soon as the regulations are lifted and we are allowed to open things up.

Additional Costs: As we do open up more areas and put the furniture back out, be aware that there may be some additional costs. Due to the COVID-19 guidelines for cleaning methods, when the Association does open up and things are put out, there will be a need to hire additional janitorial services to clean these areas on a regular basis. We have received some proposals and the cost is a significant amount that could be a large bust to the budget.

Management Office Open by Appointment Only—Mask Required: The Management Office is open and taking appointments only. Contact us via email at one of the addresses below or call (949) 493-0122 to set up your appointment.

mnorthrop@niguelshores.org bmiller@niguelshores.org kdecker@niguelshores.org mmiller@niguelshores.org

The Management Office will close at noon on July 10 and 24.

Please understand that the Board and Management believe the safety of the residents in Niguel Shores is our primary concern and will continue to follow orders provided by state and local government officials.



ANNUAL MEETING

The NSCA Annual Meeting and Election will be held in the Clubhouse on Tuesday, July 7 at 6:00 p.m. We will be opening all doors and practicing social distancing during this meeting.



Issues of the **Seashore News** from 1973 to now are available online at *www.niguelshores.org*. **We would like to hear from you!** Send your comments and suggestions to *seashorenews@hotmail.com*

General Editor: Sandy Homicz

Assistant Editors:

Mike Harrod *(Committees)*Patti Staudenbaur *(Clubs/Activities/Meet Neighbor)*

Regular Contributors:

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Bob French (Bridge Club)
Brenda Gino (Women's Golf)
CW Gruenig (Men's Club)
Terry Link (Women's Club)
Dick Kichline (From the Helm)
Karl Kuhn (Garden Club)
Marla Miller (NSCA GM Report)
Tim Murphy (Traffic and Safety/
Cuisine)
Kathy Newport (Distribution)

Matt Northrop (Website/Advertising)

Frances Ozimec (Page Turners)
Jim Pinola (Bridge Club)
Michelle Ralph (Features/Spotlight/
Meet Neighbor)
Jenny Rose (Tennis)
Bob Russell (Men's Golf)
Norton Schwartz (Really Serious
Book Club)
Sharon Stewart (Wellness)
Gary Tinnes (Cuisine/Photos)
Bill Walkup (Landscape/
Cuisine)

Kent Wellbrock (Emergency Preparedness) Meg Wilson (Features/Spotlight/ Photos)

Photos This Month:

Joan Beyer, CW Gruenig, Sandy Homicz, Karl Kuhn, Patti Staudenbaur, Ashworth, Link, Meg Wilson; Pet Parade families Ashworth, Kovsky, Link, and Walkup; Graduate families McKeown, Niccosian/Reese, Ryan, Wallin.

NIGUELSHORES.ORG

We urge everyone to make a regular habit of checking the Niguel Shores website at niguelshores.org for announcements of immediate importance to our residents.



Develop your community awareness by using all the features of our website, including forms to download, gate login, CC&Rs, calendar and contact information.

Check out these recent postings:

- Pool opening procedures and the risk/release/waiver form required for using the pool.
- Message to the community from the CEO of our landscape contractor, Harvest Landscape.
- COVID-19 Guidance for Fitness Facilities
- Shores Angels contact information
- NSCA Board Actions for June and announcement of July meeting

Also, please notice that the "Post a Web Comment" tab on the website has been updated so residents can more easily click that tab to submit comments.

We suggest that you bookmark the website address niguelshores.org on your computer or phone and check the website often to find what you need related to our community. With conditions changing by the day, the website is your immediate connection to current information.

—NSCA Communication Committee

COMMUNICATION COMMITTEE

Seashore News Takes First Place

Congratulations to everyone who has a hand in the planning, writing, publishing, and delivery of the Seashore News! Our newsletter has been awarded First Place across

the nation for the electronic version posted on the Niguel Shores website each month. We are also Finalists in the print version category, where we received a previous award in 2018. The newsletter competition is sponsored annually by Neighborhoods USA (NUSA). You can view the full story with names in winning categories on the NUSA website at http:// nusa.org/Nusa/assets/File/ NUSANews WEBMay2020.pdf. -Sandy Homicz



ARCHITECTURE COMMITTEE

The Architecture Committee would like to welcome Jeannie Sticher, Dave Dowling and John Yocca to the committee! Pat O'Brien, Linda Curie, Mike Link and Pat Pearson previously served, and we thank them all for their hours of dedication to this community.

Current Projects: Recent health concern issues slowed construction activity down a bit, but not much. So far this year, the AC has approved 80 applications (79 for replacement/improvement items and 1 for remodel).

Design Workshop: Any owner contemplating a major remodel should consider participating in a Design Workshop prior to formally submitting to the Architectural Committee. This process allows you to meet one-on-one with the Association's consulting architect and may help reduce the review time by the AC. If you would like more information regarding this process, please email Karen Decker at *kdecker@niguelshores.org*.

—Karen Decker

EMERGENCY PREPAREDNESS

Last month, we talked about our blessings, gratitude, appreciation, and all the things we can be thankful for even in challenging times like dealing with COVID-19.

Don't let stress distract from the day-to-day positivity we need to maintain and insure our health, emotional wellbeing, and family safety.

Please, DO NOT be lulled into a state of complacency and let your guard down on precautions that must still be maintained over the next weeks and months.

Even though things are opening up, the pandemic has not gone away! It is imperative to practice proven steps to prevent and keep the virus at bay. Social distancing, no

> hugs and kisses, no handshakes, no touching eyes, nose or mouth, and wearing masks. Continue using sanitizing gels, washing hands thoroughly and often, using wipes and sprays to clean door handles, door bells, gas pump handles, steering wheels, grocery carts, mail and packaging deliveries, hand rails, etc.

> If you venture out, make sure food servers, clerks and others are



COMMITTEE REPORTS

wearing masks or taking preventive precautions. Stay away from crowds and congestion. Consider ordering items online like food, clothing, meals from your favorite restaurants. Also, consider postponing that trip to Vegas, a cruise, airline travel, or evening at the movie theater.

Get used to live concerts and sporting events in crowded stadiums/venues not happening in the near future. Who wants to sit among a large crowd or use a public restroom that has been exposed to thousands of fans or have your beer or hot dog passed down the row by a half-dozen other fans?

To stay well, RESOLVE to better control your diet, eat healthy foods, and strengthen your immune system. Make healthy choices. No excuses for not exercising. Get outside in the sun on your patio, back yard, walk or jog the neighborhood, get down to the beach, take a swim. Most of us have smart phones so check the many exercise APPS that can provide all the self-help you need to get your heart rate up and break a sweat. Personally, I would give a second thought before jumping back into the gym at this point.

This isn't a time to revert to some previously "normal" but now questionable habits. Remember, RESOLVE to stay the course. Be disciplined, vigilant, and insure the health and safety of yourself, family and community.

As you read this, the July 4th weekend approaches— INDEPENDENCE DAY. Reflect on all that means, and be thankful, and SAFE.

-Kent Wellbrock

TRAFFIC AND SAFETY

Theft: For the second month in a row, we experienced several thefts from unlocked cars parked on the street, and just as many burglaries of locked vehicles. These usually occur overnight and are especially alarming because we haven't seen a burglary from a locked car for many years until now. Also, the burglars often cause more damage to the target vehicle than the value of property taken.

The best way to avoid being victimized is to not leave anything of value inside your unattended vehicle. Locking the vehicle normally proves effective by discouraging opportunist-type thieves, and they soon move on to greener pastures.

If you fall victim to one of these thieves, you should always report it to the Sheriff's office. This official report aids city and police managers by ensuring that our community receives a fair distribution of police resources.

Mariner Gate: With summer months upon us, traffic at the Mariner Gate will be at a peak. Unfortunately, some prospective guests will inadvertently be left off a host's guest list and not be admitted. To ensure that guests are expedited through the authorized system in a timely manner, the "prospective omitted guest" will be directed to the end of the waiting line until the host/guest issue can be resolved. Hopefully, redirecting the guest to end of line will minimize delays for authorized people and allow for the best service possible.

To facilitate traffic flow at this gate, be sure your guest list is current. Also, if you have a last moment add-on, the surest method of registering a guest is via your computer. A hand delivered list or telephone call may work, but when gate personnel are busy it might not be as effective.

Lock It or Lose It! Not long ago our deputy sheriffs ran a very successful program designed to reduce incidents of theft from parked cars. With cooperation from the community, this simple Dana Point concept caught on and for years thieves went elsewhere to caper.

Several crime prevention experts have recently come up with a twist on this program and applied it to residential burglaries. It doesn't have a name yet, but I am sure it will be along the line of "Lock it or Lose it!"

Basically, this will be a message to secure your home or make it seem so at all times. It utilizes the premise that a significant percentage of burglaries are committed by criminals who are seeking easy victims. Supposedly, the best prospective victim is one who leaves a garage or entry door open.

In our community right now, I suspect we might see examples of these prospective victims with sliding doors ajar or garage doors up waiting to be preyed upon. Take the message seriously: Lock it or lose it.

Who Do I Call? Our gate attendants and patrol personnel are contracted to perform administrative rule and parking enforcement. They don't have any police authority other than that of a private citizen. Therefore, if you should see activity that may be criminal in nature, don't call our gate. Call our Deputy Sheriffs. Our gate attendants have been instructed to ask if you have called for the deputies.

Independence Day: Have a happy Fourth of July, but remember the noises from fireworks make it a miserable evening for our pets. Please shelter them and consider giving medication if needed.

—God Bless ... Tim Murphy

WOMEN'S CLUB

Blessed with a beautiful warm day, the Women's Club held our End-of-Year Luncheon and Officer **Installation** at the Bluff on June 11. A picnic on the grass was definitely a contrast to the formal June Tea that usually is our tradition, but it was wonderful to gather and see familiar, smiling, healthy faces. We remembered to keep social distances with wearing masks optional. The luncheon theme was BYOLBC (Bring Your Own Lunch, Beverage, and Chair). Thank you to those who volunteered to oversee the tables, and cheers to the positive ladies of our club who made this unique experience a truly enjoyable afternoon in keeping with our purpose of "fun, friendship, and service."

New Officers: Parliamentarian Lydia Reese installed our 2020-2021 NSWC Officers: Co-Presidents, Terry Link and Sharon Stewart; Vice-President, Catherine Bitran; Treasurer, Cathy Tyson; Secretary, Suki Hahn. Thank you, ladies, for your commitment and dedication to our club!

Outside Activities: Outside activities also reconvened last month. On June 18, we met at the Clubhouse and walked the Ritz Carlton view route down to the beach. On the way back, we stopped for a treat at the Beach Hut Deli to catch our breath and chat.

We hope to see you at one of our Outside Activities this summer. Remember, we all have the independent liberty to decide when we are ready to join in social gatherings. On July 16, we will visit Sherman Library and Gardens in Corona Del Mar to discover their beautiful flowers and botanical gardens. We will have lunch on site at the delicious Cafe' Jardin. Watch your email for more information.

Special Note: All members are asked to volunteer on one of our Women's Club committees. In the spirit of a community of active women, it is the responsibility of every member to be involved in at least one event or committee for the year. We need every member's help in order to continue the wonderful events we plan every year. Please watch your email for a list of Committees and reply to one of the Committee Chairs on the list to volunteer.

Membership: We are now collecting \$25 annual membership dues for the 2020-2021 club year. We welcome all women residents of the Niguel Shores community. The Niguel Shores Women's Club is non-partisan and nonsectarian with a diversity of ages and backgrounds. We have wonderful monthly speakers at our luncheons and a calendar of special events such as our September Welcome Tea, December Holiday Party, April Fashion Show and May Home Tour. If you have not already done so, please mail your dues to our Membership Chairs, Jennifer Paige at 33541 Halyard or Judi Palladino at 23892 Coral Bay. Membership forms are available at the Office or online. The deadline for paying dues, if you want to be included in the NSWC Directory, is August 15.

HAPPY SUMMER!

-Terry Link

MEN'S CLUB

We are eager to resume regular meetings and—when that eventually happens—we've lined up some outstanding speakers to accompany our excellent breakfasts. For example, we'll hear about the progress at Dana Point Harbor from leaders of companies responsible for the refurbishment, such as Bellwether Financial. We'll also view National Geographic's film of land sailors racing over the Sahara Desert (one of these racers recently spoke to us). And we'll be treated to a presentation on Polynesian voyaging history including daring travel across huge distances in open canoes and settling islands scattered throughout the South Pacific.

Camaraderie is a given at meetings of the Niguel Shores Men's Club, along with a freshly prepared hot breakfast accompanied by talented speakers on interesting subjects. Another bonus is mixing with some of the most dynamic and contributing men in the Shores. Many are our community leaders such as all three of those recently elected to the Niguel Shores Board of Directors. The Men's Club offers a chance to become aware and participate in what is happening in our amazing community. In addition, we provide scholarships to graduating students and, if you play golf at any level, members are looking for fellow players.

As Vice President in charge of programs and club activities, I would like to hear about preferred activities for members and those who will be joining us in the future. Soon I will ask you to return my email with your choices for activities you would most enjoy. We will not be able to do them all, but club leadership wants to provide events that would have the most support. See the list below for some of the items to choose from. If you have additional ideas, please do not hesitate to put them into your reply to my email. I will share your preferences with the Men's Club Board of Directors for event planning.



Club Treasurer Eric Eckes leading dancing at last year's successful Oktoberfest.

Some choices are the following:

- Oktoberfest. If we have COVID-19 clearance by that time, Treasurer Eric Eckes plans to lead the fun again this year.
- July 4th Independence Day Breakfast for 2021. A very popular tradition usually serving 500 residents and
- **Annual Golf Putting Contest at Talega Golf Club** with elegant breakfast afterward.
- Mexican Dinner catered in the spring.
- Horse Racing at Del Mar.
- Angels or Dodgers Baseball Game.



Air Force One at Reagan Presidential Library

Car Caravan with Lunch to a special place such as the Reagan Presidential Library with its 11,000 square foot FBI Exhibit and walk through Air Force One used by Presidents Nixon, Ford, Carter, Reagan, Bush Sr, Clinton, and Bush Jr.

All men of Niguel Shores are invited join us. Newcomers receive a complimentary breakfast any first or third Tuesday when we have clearance to reopen our meetings. Come and see if the Men's Club is for you.

—C. W. Gruenig

GARDEN CLUB

Usually in the July issue I happily report on our Beach Bluff BBQ but, because of the pandemic restrictions, we had to cancel this fun get-together. Although the office said we could still use the Bluff provided we bring our own tables, table covers and shade umbrellas and nonsharing of food, we decided that was not something we should do.

Club Business: Our current officers met on the patio of our president Nadine Allen in early June to discuss the future of our club. But before reporting on that meeting, I want to thank the following volunteers for stepping forward to serve as officers for the 2020-2021 Niguel Shores Garden Club year: Co-Presidents, Nadine Allen and Francine Stout; Vice President, Susan Courtney; Secretary, Ginny Gravely; Co-



Many thanks to our president Nadine Allen for her excellent leadership these past two years!

Treasurers, Robbie Wollin and Karl Kuhn; Membership, Diane Dale.

Back to the officers' meeting. The first order of business was to present appreciation gifts to Nadine for her excellent leadership of the club for the last two years. Then we proposed changes to the club By-Laws and Standing Rules, which will be discussed and voted on at our first club meeting on September 21. Everyone, please remember to bring your 2019-2020 yearbook to the meeting. Hopefully the clubhouse will be open by then.

Other items discussed included trimming the lunch budget since our finances are lower with no plant sale revenue, reducing the number of club meetings, cancelling the Forget-Me-Not project, and future club-financed field trips.

Finally, if you haven't done so, please pay your yearly membership dues by check: One person, \$20; or two family persons, \$35.

Non-Club Gardeners: Now is the time to join us. Send an email to nadineallen44@gmail.com with your name, address, phone and email address. We will be happy to welcome you to the group.

—Karl Kuhn

LIBRARY

Library Services Update from the Orange County Public Library website *ocpl.org*:

"At this time, all OC Public Library branches remain closed, but we now offer the re-opening of book drops and contactless curbside pick-up. In this interim time, although our doors may be closed, there are many ways you can still connect with our library services. OC Public Libraries' digital services give library card holders 24/7 free access to ebooks, audiobooks, magazines, movies, resources and more. You can also enjoy virtual programming at *ocpl.org/virtualprograms*.



DANA POINT FRIENDS OF THE LIBRARY

When Dana Point Library Branch Manager Laura Blasingham asked if the Friends of the Library would be willing to donate some books for the local Meals on Wheels program, the Friends Board agreed unanimously. The Friends of the Library opened their stacks for librarians to select, categorize, and pack up books that might be of interest to those receiving meals. The Friends of the Dana Point Library donated 200 books to be included with the meals for seniors in Dana Point. Board President Lisa Buchner said, "We have many senior patrons at our bookstore, and this is a way to give back to the community. I also expect huge donations of books to come in to the bookstore once we open up again. So, this is a win for us, too, making room on the shelves for the anticipated deluge."

—Lisa Buchner

PAGE TURNERS

Page Turners will not meet to discuss a book in July and August since our schedule runs from September through June.

Beginning from a tiny group of Niguel Shores women, the book club has grown so that it now comprises three groups of between 11 to 13 members each. We have two combined meetings, December and June, where we socialize and have a very fun book exchange activity.

Members choose the nine books that we read during the year, and at this writing we are finalizing the votes for which books those will be. The nine winners will be published in next month's *Seashore News*. Members submitted 25 books for consideration, and if anyone would like a copy of that list I would be happy to email it to you.

As an item of interest, you may want to peruse the list of wonderful books our club has read over the past three decades from 1991 to 2019. On our Niguel Shores website, click Clubs, then Page Turners, then Past Reading Selections. It is an impressive list! See http://www.niguelshores.org/2019/04/492/

Meetings will begin again in September on the fourth Monday and fourth Thursday. For information on the Thursday groups, please contact **Steve** and **Ann Morris** at *samwrsi@cox.net* and for the Monday group contact me at *fozimec@cox.net*.

—Frances Ozimec

ACCOLADES

HAPPY BIRTHDAY!

Ruthie Stahl just turned 102!

Ruthie celebrated her birthday in June with several longtime Niguel Shores friends.



MEET YOUR NEIGHBOR

Jennifer and Bob Hochstadter

That a pleasure to interview Bob and Jennifer Hochstadter for this month's column! Bob and Jennifer moved to their home on Vista D'Onde in 2013 after raising their children close by in El Niguel Heights. When Jennifer's mother passed away, they decided to remodel her Niguel Shores home and downsize. Downsizing was not easy since Jennifer had literally saved everything, even her cheerleading megaphone from Long Beach Wilson High School!

Jennifer and Bob Hochstadter

in Alaska

Jennifer was born in Wichita, Kansas, but her family moved to Long Beach when she was four. Her father was a pilot for Cessna Aircraft and, according to Jennifer, she grew up at Long Beach Airport. After high school, she attended Long Beach City College and Arizona State University.

Born in New York City, Bob lived in Manhattan until he was nine,

and then his father's job took the family from New York to Woodland Hills, California—a big move, which proved to be a blessing for Bob. At Taft High School in Woodland Hills, Bob became involved in the tennis world. He attended East Texas State University on a tennis scholarship and won both the National Singles and National Doubles Championship. Upon graduation he spent several years on the Pro Tour in Europe, playing in Germany, Switzerland, Holland and Belgium. After a few years on the tour, Bob was invited back to Woodland Hills to become the first Head Pro of the Warner Center Racquet Club—the largest tennis club in Southern California at the time. He says he was very fortunate to be the "local kid who did well!"

In 1984, Bob became the General Manager and Director of Tennis for Laguna Niguel Racquet Club. It was there that he met Jennifer, a single mom raising her two daughters, Nancy and Sara, and teaching aerobics at the club. She played on a tennis team with a group of friends, and Bob was the coach. Bob was also single, but he had a very strict policy of never dating anyone from the club. However, Jennifer's teammates "staged" a Christmas party, where Bob and

Jennifer had a chance to get to know one another socially. According to both of them, it was "love at first party." They were married within a year and welcomed their son Kevin a year and a half later.

Jennifer became a buyer for the Pro Shops at Laguna Niguel Racquet Club and then went on to become the Tennis Sales Representative for Wilson Racquet Sports for all of Orange and San Diego Counties. She loved the position. However, after Kevin was born, she scaled back and eventu-

> ally finished her career as a sales representative for Revo Sunglasses.

> In 1999, Jennifer sadly lost her 53-year-old sister, Jill, to colon cancer. Then, later that year, Bob and Jennifer experienced what they describe as "a life defining moment." Bob, Jen and Kevin were traveling to Sun Valley Idaho when a loose lug nut caused a wheel to fly off their Suburban. The vehicle rolled four times. Jennifer, who was driving, broke her neck. Luckily, Bob and Kevin sustained only cuts and bruises. Jennifer and Bob had just switched drivers, and she feels certain that her short stature actually helped her. If Bob had been driving he would likely not have survived. Because of his six-foot-plus height, the impact on his head and neck could have been deadly. Jennifer



Jennifer and Bob with twin grandbabies

was air lifted to a hospital in Reno, Nevada and she credits all the medical professionals who responded to the accident as "absolutely amazing." They saved her life. Her recovery was not easy; however, she was glad she could walk. She still struggles with nerve damage but feels extremely blessed to be here.

Since 1994, Bob

has been coaching and teaching at Nellie Gail Tennis Club. Bob's career has provided the opportunity to coach some amazing young people, and he takes enormous pride in their success. Three of Bob's "kids" were ranked in the top 30 players in the world, and he was instrumental in helping 75 of his players earn tennis scholarships. He considers himself very fortunate because many of his students have been the "cream of the crop" not just in tennis but in life. He and Jennifer maintain close relationships with many of them.

NEIGHBOR continued on page 16

Women's Club June Installation of Officers and Picnic at the Bluff



SPOTLIGHT-HONORING OUR GRADUATES

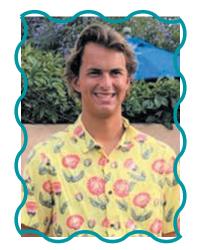




Maile Mckeown is graduating from Dana Hills High School as a Valedictorian. Her honors include AP Scholar, member of National Honor Society and California Scholarship Federation. Maile was active in ASU student government for four years and also participated in the Health Medical Occupations (HMO) program throughout her time at Dana. She volunteered with Project Breakthrough in San Juan Capistrano every summer for the past three years in addition to interning with Rausch Physical Therapy and the ER at Kaiser. Maile will be attending the University of Washington in the fall where she plans to study Pre-Public Health in the School of Public Health and looks forward to a career in the medical field.

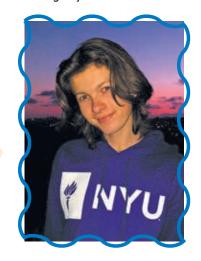
Congratulations to Jonah Ryan, a lifelong resident of Niguel Shores, who graduated from Washington State University this spring with a degree in Political Science. In addition to his studies, Jonah served as President of the Gun Club and was a Recruitment Director of the Young Americans for Liberty. Best wishes, Jonah, as you apply your degree toward a bright future.





Nicholas Theodossin (Nic) is a resident of Niguel Shores and a 2020 graduate from Pacific Coast High School. Nic also has been taking classes at Saddleback College and will continue to do so over this summer and the upcoming fall semester. He plans to complete Saddleback's Transfer Degree track and work toward Bachelors and Masters degrees at one of the University of California's colleges. Nic is a passionate surfer and plans to join the Saddleback Surf Team. Many compliments to you, Nic, on what you have accomplished. Best wishes as you continue your education and enjoy many great surfing days ahead.

Josh Wallin has lived in Niguel Shores his entire life. He graduated Dana Hills High School as a valedictorian, an AP Scholar with Distinction, a member of the National Honor Society, and a Student Senator. During his four years at DHHS, Josh was a member of SOCSA (South Orange County School of the Arts) with lead and supporting roles in numerous plays and musicals. In addition, Josh was a member of the International Thespian Society and the Improv Team, where he was Captain his senior year. During Homecoming 2019, Josh was crowned Homecoming King. In the fall, he will attend NYU as a Collaborative Arts major in the Tisch School of the Arts. Congratulations to you, Josh, on your many accomplishments and the adventures that lay ahead in New York City!



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DUKE C. LINK is a terrier mix, though, primarily a Jack Russell terrier. He was rescued in San Juan Capistrano by a lady who found Duke and a brother and



sister in a park when they were seven weeks old. His sister was caught by a coyote that night in front of her. She nicknamed him Lucky because he wasn't

caught. **Terry** and **Mike Link** adopted Duke at twelve weeks and now he is two years old. He loves to chase a tennis ball and snuggle with Terry. Not a "designer dog" but a real sweetheart!





Meet **BERKELEY** a recently adopted two-year-old beauty! Her proud parents are **Joni** and **Dick Ashworth**. Joni says, "Our animals all have British names.

Berkeley (pronounced Barklee) is named for Berkeley Square in London—a beautiful garden—because she is not only a rescue dog,



but she was returned twice, so we felt she needed some dressing up or class! She is a mutt who was from Mutts In Need, but people tell us she looks Wheaten Terrier and perhaps Schnauzer. We gave her June 1 for her birthday and she just turned two. Berkeley is a fun walking dog It gives her plenty of time to chase bunnies or lizards (which she can't catch). She always sits when meeting people because I think she wants to be admired and is an eager tail wagger. Berkeley loves tennis balls, pickle balls or squishy balls and can easily instigate a game by herself tossing the ball and soccer playing it with her feet. Dick throws the ball for her each evening and she very often 'does the crazies' where she runs so fast that her hind end seems to be leading. She is an avid car rider—nose out the window looking for dogs in other cars or walking! We probably should have named her Gidget because she loves to lie on the sand and watch the surf and surfers for hours at Salt Creek trail."



Hi I'm LUCK Being new in the neighborhood, I'm looking for playmates in our area. I'm a sixmonth-old **Cavalier King Charles Spaniel** and I love everyone! You can tell by my waggy tail which never stops moving. I have "cousins" that live in this community and it would be great to have a meetup with them or new friends that

want to play, maybe even start a **Niguel Shores Cavalier Club**. If that sounds good to you, please have your parents contact my mom and dad, **Bill** and **Shari Walkup** at (949) 493-4323 for details. Can't wait to meet you! Lots of licks! —Lucy



Yes, it's great living by the ocean in Niguel Shores, but *HOLLY* and *TUCKER* don't seem to appreciate the view! It's obvious they'd rather be inside with their family, **Julie** and **Steve Kovsky.**



CUISINE CORNER

JD FLANNEL DONUTS

I suggest you try the gourmet donuts at JD Flannel (on Del Obispo near Dollar Tree in San Juan Capistrano) as something different

for your morning treat. They offer "the best" donuts around—cake-style and made in-house with the freshest ingredients. Some of my favorites are Maple Bacon, Brown Butter Sea Salt, Blueberry Lemon, and Boston Cream. The line up changes monthly. They also have gluten-free varieties and excellent coffee so you can't go wrong here.

"Flannel" comes from the shop décor and the flannel shirts worn by the owners, John Miller and Dave Rhode, which they wear for warmth, comfort, and authenticity – characteristics that perfectly describe their donuts.

Check Episode 3 of Joybus Journeys on YouTube, or go to Yelp for some of the highest review ratings around.

You'll be glad to know that the shop has curbside pick-up and delivery. You can visit *JDFlannel.com* and click on "order for pick-up" or "order for delivery," or visit *DoorDash.com*.

—Bill Walkup

If you've ever wanted to know what our Seashore News food critics do when they are not writing reviews for the newsletter, then here's the answer: They write food reviews to each other. We intercepted the following email between two of our Cuisine Corner writers, and we're including it here so everyone can benefit from the restaurant tip they shared:

Gary,

I just thought, if you haven't been to **Maison** lately, they're open. We were there for breakfast this morning, and had some new items that Danielle has on her menu.

She has expanded her outdoor dining, so we could bring our puppy. She brought us a complementary new dish to sample—avocado toast with tomatoes smothered with olive oil and balsamic vinegar (enough to share). We ordered two eggs with new potatoes, seasonal berries, and country toast—outstanding.

The other new item is Bostock, a very moist French Toast (Whipped Frangipane), Apple Butter, Toasted Almonds, and Maple Syrup—to die for. All dishes you can share.

Needless to say, we've had our meal for the day.

—Bill

Wellness... Boost Your Immune System



orning coffee and the newspaper. One of my favorite rituals. The house is quiet, the day is new, and I can find out what's going on in the world—except that nowadays the news is so anxiety-laden that, to keep my sanity, I put down the paper and head out for a walk instead.

Walking, or any kind of exercise, is a wonderful stress reliever. It keeps the daily calamities from wreaking havoc on our nervous system and also contributes to a sturdy immune system.

With the Coronavirus still a threat, taking care of one's immune system is extremely important. But there's questionable information on the internet and in advertisements about "boosting" your immune system in the hopes of warding off this nasty virus creature that continues to plague us. What does it all mean?

First, you need to know that our immune system protects us from infectious diseases borne from foreign invaders like bacteria, viruses, and parasites. The immune system contains a variety of cell types designed to ward off different kinds of intruders. Boosting your immune system, in theory, would be



a process where you'd perform an action that promises to increase the number of immune cells in your body. But if you were able to continually increase the number of immune cells, your army of "soldiers" that kill infectious invaders could potentially grow so large that they would attack your own cells (as happens, for example, in an auto immune disease like Lupus).

Perhaps, instead of the term "boost," we should substitute the phrase "strengthen or support your immune system" so it can keep you healthy when under attack. Beware, if you do read about "boosting" your immune system, as there is likely something you'll have to purchase in order to carry out said "boost!"

Instead of making that purchase, there are simple steps you can take each day to keep your immune system thriving. These will not only keep your immune system bursting with strength and toughness but will also keep you healthy from head to toe! Eat a diet rich in fruits, vegetables and healthy fats (olive and avocado oil). Get enough restorative sleep. Stay hydrated. Move each day with intention by walking, running, dancing, swimming or using your home fitness machine. Don't smoke. Drink alcohol in moderation. Minimize stress. Maintain a healthy weight. Prevent infection by washing your hands. We can also add social distancing and wearing a mask where appropriate. Implementing these simple action steps will not only strengthen your immune system, it will also keep your one-and-only body in top shape. And here's one more tip: The next time you enjoy coffee and the newspaper, help your immune system stay fit by reading the comics along with the daily news. As they say, laughter is the best medicine!

To Your Health! Sharon Stewart RN, Health Coach, Sharon@SharonStewartRN.com

www.niguelshores.org Seashore News, July 2020 | 13

PICKLEBALL

Hours:

- **Drop-in play:** Monday to Saturday, 9:00 to 11:00 a.m. Paddle wheel to be used.
- Open play: Monday to Saturday, 11:00 a.m. to 2:00 p.m. Wednesday/Friday evenings 4:00 to 7:00 p.m. Open play to be booked through the Niguel Shores website reservation system. You can play for one (1) hour unless no one is waiting or has a reservation.

Reservations for Open Play:

- Reservation booking time begins at 12:01a.m. each day.
- Log into *niguelshores.org*.
- Click on Tennis & Pickleball (top of page).
- Scroll down to Pickleball and click.
- You can book a court for 60 minutes with your name, address and email address. Book only once per day.
- You will receive an email confirmation for your reservation.

Reminders:

- Do not play pickleball on the dedicated tennis courts.
- No guests allowed, residents only.
- No portable nets can be used on the two sidelined pickleball courts.
- Respect community personnel when they set up and lock down the nets for us.
- Maintain social distance spacing.

Pickleball Balls:

Our pickleball steering committee is encouraging Onyx Pure 2 balls. They can be found at *pickleballcentral.com*.

Have fun!

—Steve Barrett

Please use all Niguel Shores amenities at your own risk and continue to practice social distancing at all times.

COMMUNITY CENTER

The two (2) restrooms outside the pool entrance are open for use. The spa, shower, sauna, locker rooms and clubhouse will all remain closed until further notice.

POOL

The Orange County Health Authority has approved the opening of Community Pools.
Therefore, NSCA has opened the pool for use by RESIDENTS ONLY. There will be NO GUESTS al-

Sign a Walver

lowed at this time. The pool will close every day at 6:00 p.m. We must have a waiver from all those using the pool signed prior to use. Anyone under the age of 18 must have a guardian signature prior to using the pool. For your convenience, the waiver can be found on the NSCA website, printed, signed and delivered to the pool monitor prior to entry.

BEACH BLUFF PARKING

The Beach bluff parking lot is open to vehicles and golf carts of RESIDENTS ONLY.



No guest vehicles (including those with guest passes or red guest barcodes) will be allowed to park in this lot. Any guest vehicles found parked there will be towed immediately. Residents are asked to advise all guests that they must park close to the home where they are a guest, and not at or around the bluff area.

SPORTS COURTS

Pickleball and Tennis courts are open for RESI-DENTS ONLY. No guests will be allowed at this time. The hours for play of both Pickleball and Tennis have been adjusted, so please check them out on the Niguel Shores website when you book your reservation at *niguelshores.org*.



IN MEMORIAM

Melinda Keane



Melinda with some of her fabulous costume designs.

Resident of Flying Jib
Member of Women's Club and Dippy Dolphins.
Acclaimed for her charity work, theatrical talent,
and her many years of outstanding costume design
at St. Margaret's Episcopal School.

Loved by everyone who knew her in Niguel Shores. Our condolences to her children Spencer, Olivia, Matilda and Family.

https://obits.ocregister.com/obituaries/orangecounty/obituary. aspx?n=melinda-kay-keane&pid=196336826 IN MEMORIAM

Sue Braverman Edison



August 4, 1926-June 10, 2020

Longtime resident of Sidney Bay.

Avid walker, golfer, bridge player, teacher, and volunteer.

Pre-deceased by her loving husband Jack.

Survived by her children and their spouses Steve and Paula, Hali

and James; her grandchildren Aubree, Laurel, Jack, Mark; and her great grandchildren Benjamin, Silas, Sadie, Amelia. https://www.legacy.com/obituaries/latimes/obituary.aspx?n=sue-edison&pid=196336914

Teamwork Gets the Job Done!

Bravo to everyone who gathered to collate, count, and bag copies of the Seashore News for distribution to our neighborhoods. Behind the masks are Communication Committee members Kathy Newport, Patti Staudenbaur, Mike Harrod, Michelle Ralph, Meg Wilson, and Sandy Homicz, as well as Collating and Distribution Team members Carol Kuhn and Sam Johnson, and volunteers Mary Kay Gutknecht and Ray Homicz. In addition, many thanks to collators Joan Beyer, Marilou Heckman, Karl Kuhn, Peggy and Mike Oliva, and to the "angels" who hand deliver copies to your door each month:

Don Baer Roberta Ludwig Len Beebe Marlene Lynch Joe Bevacqua Lori McNaught **Catherine Bitran Danielle Mills** Rachel Bitran **Jackie Pearson Penny Buff Chrissy Rausch Chris Daley Thomas Roberson** Jane Roberson **Ellen Dovey Daun Dunlap Erica Ross Paul Ferguson** Ana Ryan Lily Ekuan **Cyril Jones Suzanne Enis Donna Rosecrans Kathryn Fitzmaurice** Sandra Salway **Sukie West Hahn Jack Schott Catherine Hallett** Jan Sener Jennifer Hoch-Julie Skillman stadter **Janelle Sommer Bob Kelly Walter Stout Suzie Kelly Ann Strauss Marian Kennedy Teri Sweeney** Louise Kessler **Mark Sweeney Sue Kichline Cynthia Talley Dick Kichline Stan Talley Sue Korby** Mary Ann **Theisen Steve Leonard** Karen Linger Bill Walkup Sue Lloyd Jeanne Webb Lynn Lucier **Zoch Family**



















BOARD ACTION SUMMARY

JUNE 10, 2020 BOARD MEETING: (General Session)

ACCEPTED AND FILED:

—Unaudited April 2020 Financial Reports
 —General Session Committee Minutes

APPROVED:

- Emergency General Session Meeting Minutes for May 11, 2020
 General Session Meeting Minutes for May 13, 2020
- —Organizational General Session Meeting Minutes for May 15, 2020
- —Emergency General Session Meeting Minutes for May 28, 2020
 - —June 2020 Expense and Transfer (Actual)
 - —Covenant for 33685 Capstan Drive Extend Front Fence
 - —Covenant for 23835 Bluehill Bay –
 - Relinquish Landscape Maintenance
 - —Covenant for 23722 Colima Bay –

Relinquish Landscape Maintenance

- —Appointment of Dick Kichline and Resignation of
- Bob Russell as a Member of the Rules Committee
 - —Finance Committee Recommendation to Keep \$200,000 in Comerica Money Market
 - —Tennis Court Cleaning Contract

REVIEWED/DISCUSSED:

- —Check Register, General Ledger and Delinquency Report (April)
 - —Office Remodel Options
 - —Opening of Pool/Lap Lane/Staffing/Janitorial
 - —Annual Meeting Date
 - ---Correspondence to the Board
 - -Manager's Report

TABLED / CONTINUED:

—RRM Design Group Proposal to Close out Permit for Cabrillo

—Board Updates

JUNE 10, 2020 BOARD MEETING: (Executive Session)

ACCEPTED AND FILED:

-Executive Session Committee Minutes

APPROVED:

- -Executive Session Meeting Minutes for May 13, 2020
 - —Emergency Executive Session Meeting

Minutes for May 21, 2020

-Emergency Executive Session Meeting

Minutes for May 28, 2020

- -Appointment of Directors to Attend AC Project Meeting
 - —Hearing Procedures Wording Updated

HEARINGS/MEETINGS:

One (1) Hearing Held for Violation of Rules – Golf Cart and
 Low Speed Vehicles (Unlicensed Driver, Unsafe Driving)

—Two (2) hearing held for Violation of Rules – Overnight Parking

REVIEWED/DISCUSSED:

-Legal Update

—Coastal Commission Update

-ADR Request Update

- -Reasonable Accommodation for Parking Waiver
 - —Reasonable Accommodation for Pool Use

—Legal Analysis (April)

—Delinquency Report (April)

NOTE: The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.

REMINDERS: THE ANNUAL MEETING WILL BE HELD ON JULY 7, 2020, BEGINNING AT 6:00 P.M. THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON THE 2ND WEDNESDAY, JULY 8, 2020, BEGINNING AT 6:00 P.M.

Correction

In the June issue we printed a story about Kai Abarca, one of our outstanding young tennis players. To clarify, the wording of his letter should have been: "I was able to reach the #1 singles ranking in USTA SoCal Section in Boys 10s (aged out now) & in Boys 12s I am currently sitting at 24 out of 400+ players. SoCal is one of the hardest sections in the USTA along with Southern, Texas & Florida Sections."

NEIGHBOR cont. from page 9

Now semi-retired, Bob belongs to the Niguel Shores Men's Club and, when schedule permits, he golfs with their group. He still plays tennis and recently helped open eight new pickleball courts at Nellie Gail Ranch Tennis Club and occasionally joins the Niguel Shores pickleball group on Saturdays.

Shortly after moving to the Shores, Jennifer wanted to get to know her neighbors so she joined the Niguel Shores Women's Club. She volunteered on the Hospitality Committee and then was asked to serve as Vice President, where she arranged programs and speakers for the monthly luncheons. In addition to her many other interests, she loves to read and take care of their rescue pup, **Lexie**.

This February, Bob and Jennifer were blessed with the birth of twin granddaughters, **Emma** and **Peyton**. It goes without saying that Bob and Jennifer are thrilled with their new role as grandparents!

The Hochstaders, especially Jennifer, may have had a hard time downsizing, but they had no trouble adjusting to life here in Niguel Shores. They love the casual, relaxed atmosphere of the community. They have enjoyed meeting such a wide variety of people from every walk of life and especially appreciate the diverse demographics of all the families here.

—Patti Staudenbaur

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HOMES CURRENTLY IN ESCROW PRICED FROM \$1,250,000-\$4,880,000



HOMES SOLD & CLOSED TO DATE PRICED FROM \$1,072,500 to \$2,600,000

(per multiple listing service as of 6/19/20)

SEE MY FULL PAGE MONTHLY AD IN HOMES & LAND MAGAZINE FEATURING MY LISTINGS IN NIGUEL SHORES

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