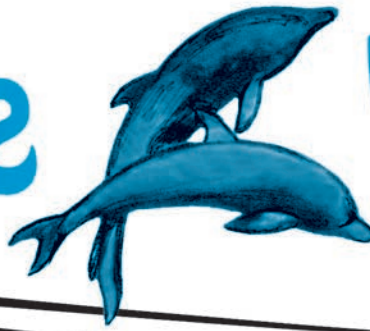


Seashore News



May 2020

Published Monthly by Niguel Shores Community Association

Issue 557

FROM THE HELM

Community Updates

Please refer to the NSCA website www.niguelshores.org for regular updates regarding Board actions to provide a safe environment for residents and to comply with government guidelines. Currently everything will remain closed. However, we will reopen facilities as soon as it's safe to do so. Thank you for your patience, understanding and cooperation.

May 13 Board Meeting

The May 13 Board meeting will be conducted using the Zoom videoconferencing format. Please contact the office if you have any questions.

Annual Meeting

The Annual Meeting is scheduled for Tuesday, May 19. As we get closer to that date, we will keep you informed regarding the format for that meeting. Ballots have been mailed out and we urge you to return the ballots by one of the following methods:

1. Deposit your ballot in the lock box outside the NSCA office door during regular hours or deposit your ballot in the mailbox by the entry to the office, after regular hours
OR
2. Mail the ballot in the pre-paid postage envelope



Although there are three open positions with three people running, please make sure you submit your ballot. **Your vote is very important and must be received to establish quorum.**

On the Positive Side—Remote Volunteers

Architecture, Communications, Finance and Recreation Committees have been meeting using “Zoom” videoconferencing service. For example, our Communications Committee has worked hard to produce an online version of the Seashore News for April and May. Thanks to the Architecture, Communications, Finance and Recreation volunteers for continuing to provide valuable services to residents during these challenging times.

—Dick Kichline

NOW ONLINE: THE MAY 2020 SEASHORE NEWS



There will be no house-to-house delivery of the *Seashore News* this month due to precautions about the Coronavirus. You can view the entire May issue in full color with all the articles you regularly enjoy by clicking here.

CLICK [HERE](#) TO SEE THE FULL MAY 2020 ISSUE

NSCA Annual Meeting and Election

Niguel Shores Clubhouse
Tuesday, May 19
(subject to change)

Registration opens at 6:00 p.m.
Meeting starts at 7:00 p.m.

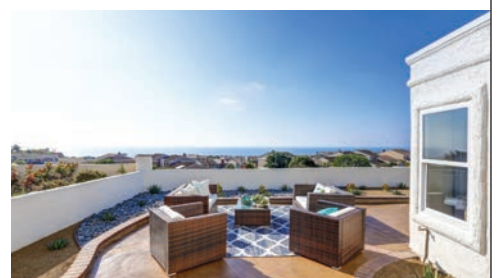


Candidates running for three NSCA Board of Directors positions are Mike Link, Pat Pearson, and Bob Russell. Be sure to submit your ballots by May 19.

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GENERAL MANAGER'S REPORT



Candidates Running for Niguel Shores Community Association Board:

The candidates that are currently running for the NSCA Board of Directors are **Mike Link, Pat Pearson and Bob Russell.**

Although there are only three open positions with three people running, please make sure you submit your ballot. It costs the Association (YOU) money if we have to do this twice.

Ballots have been mailed to each homeowner. For your convenience there are several ways in which the ballots can be submitted this year:

- Mail in the self-addressed stamped envelope provided with the election material
- Deliver to Accurate Voting Services, 18 Technology Drive, Suite 142, Irvine, CA
- Deliver to the Management Office and place in the BALLOT box outside the front door
- Deliver to the Management Office and place in the mailbox under the flagpole to the right of the stairs before you enter the community center
- Present in person at the Annual Meeting (date still pending) prior to the polls closing

CURRENTLY SCHEDULED—MAY BE POSTPONED—Annual Meeting/Election:

If plans move forward for our Annual Meeting on May 19, registration will begin at 6:00 p.m. in the Community Center Clubhouse, and the Annual Meeting/Election is scheduled to begin at 7:00 p.m. where the election results will be tabulated.

DO YOU HAVE A PET? REALLY?

If you answered “yes” to that question you may want to take a moment to read the rest of this article, especially if you own a dog.

If you have a dog, you made a conscious decision to have a companion or friend, and with that comes responsibility and commitment to take care of this companion. This includes feeding, nurturing, caring for, and—YES—picking up the dog waste that your new companion deposits regularly. I have written about this many times, but it appears that some individuals in the community continue to ignore requests to be responsible for pets.

Here is a photo of approximately 20 bags of dog POOP that some dog owner(s) in Niguel Shores feel they are not required to pick up.



20 bags of dog POOP

I would love to find out who this is and ask them why they are allowed to enjoy the fun part of owning a dog (playing, walking, companionship) but not required to pick up their own dog waste. Who do they think should pick up their dog poop? Me? One of their neighbors? REALLY?

This disgusting behavior is no different than someone changing a baby diaper and throwing it out the window as they drive down the freeway. Both are completely unacceptable! We provide dog waste bags for dog owners to use. We



This person(s) chose to just leave these deposits on the grass!

provide convenient locations with trash receptacles for tossing the bags of waste, or they can take the waste bags home and dispose of them correctly.

Not picking up your own dog's waste is an irresponsible, inconsiderate, and unhealthy practice. For the good of our entire community, this must stop now! If someone sees this happening please contact the Management Office and we will proceed with due process to make sure these people stop.

HOLIDAY CLOSING

The office will be closed for Memorial Day on May 25. No construction will be allowed on that day.

—Marla Miller

OFFICE APPOINTMENT POLICY

Due to the Coronavirus pandemic, the NSCA Office will be locked during regular business hours and **Open By Appointment Only**. For an appointment, please call 949-493-0122 or email our staff:

Blayke Miller at bmiller@niguelshores.org

Matt Northrop at mnorthrop@niguelshores.org

Karen Decker at kdecker@niguelshores.org

Marla Miller at mmiller@niguelshores.org

THANK YOU FOR YOUR UNDERSTANDING — STAY SAFE!

COMMITTEE REPORTS

AD HOC RECREATION AMENITIES COMMITTEE

The Amenities Committee is continuing to review and analyze the feedback from the Lobby Feedback forms and the Resident Roundtable. Based on some of the initial interest, we have discussed options in the various categories and begun to prioritize and research costing of potential options.

The requests received for additional dog waste stations and low-level lighting on outside stairways have been transferred to the Maintenance Committee, who recently approved and installed four new stations. In addition, the Board recently approved the purchase and installation of a fifth waste station to be located in the Shores Garden Homes area to help relieve the waste left behind and in the landscaping by pet owners!

Our regular scheduled meetings have been postponed for the short term, but we are looking forward to working on this initiative to benefit all in Niguel Shores.

—*Jeannie Sticher*

COMMUNICATION COMMITTEE

As you can tell reading this, due to COVID-19 precautions, the *Seashore News* is digital again this month. Last month, the April issue was the first time in 47 years that our publication was only online and not hand-delivered directly to our residents.

The task of putting our May newsletter together and getting it to you here online was a lot like our typical monthly process, with the exception of two important elements brought about by the orders to shelter in place during the COVID-19 pandemic.

The first difference was that we had no printer, no collators and, sadly, no deliverers. The second was that, although it was necessary for the Communication Committee to meet for planning the May issue, we had to use a virtual meeting platform to accomplish this.

Thanks to Matt Northrop, our Community Administrator, we were able to conference via Zoom from the safety of our homes and plan this issue.

It is our hope that you will find the *Seashore News* at your doorsteps in June. In the meantime, know that the Communication Committee is still meeting, collaborating, and working on ways to make our community newsletter a wonderful resource for our residents.

Please continue to enjoy our newsletter online and, most importantly, check our website www.niguelshores.org for the latest information on our community, including meetings and facility closures, especially in light of the COVID-19 pandemic and how it is impacting Niguel Shores.

—*Patti Staudenbaur*

EMERGENCY PREPAREDNESS

The Good, The Bad, and The Ugly

As of this writing and submission to the *Seashore News* for May's edition, it is April 20. By the time you read this, ten more days of the COVID-19 will have progressed and hopefully we will be experiencing more positive and encouraging news.



The Ugly

Don't fall victim to the ever-present scams. Be wary of emails and phone calls during this crisis that ask you for credit card information or Social Security numbers promoting a Coronavirus vaccine or testing.

Also, watch out for ads and emails selling products that are bogus or never arrive. Some emails include a link that will install malware to steal your passwords. DON'T click on those links.

BTW, also watch out for scammers pitching job offers, census scams, election scams, Medicare cons, and phishing Amazon calls.

It's unfortunate that in this pandemic we have to deal with crooks and others that prey on our anxieties.

Here are some worthy web sites that provide credible information on updates and suggestions to keep your exposure to a minimum and offer valid tips and suggestions to protect yourself from scams:

- [CDC.Gov/Covid19](https://www.cdc.gov/covid19) (Centers for Disease Control and Prevention)
- [GlobalCitizen.org](https://www.globalcitizen.org)
- [NIH.gov](https://www.nih.gov) (National Institutes of Health)
- [Cedars-Sinai.org](https://www.cedars-sinai.org)
- [StatNews.com](https://www.statnews.com)
- Health@Harvard.edu

Or, simply Google your specific interests for Q and A. The information is endless. However, beware of the ads touting products related to COVID-19. Many of them are not legit.

The Bad

There's no sugar coating the pandemic's adverse effects, not only health but also on economics, emotions, and day-to-day challenges.

BUT, do not succumb to either "I can't change this" or "Why me" and do not let it tow you under. Fight the negatives with all your might. "This, too, shall pass."

You already know what steps you need to take to stay safe and healthy until we are back to a more "normal" life existence. Wake up in the morning with resolve and be as positive as you can, especially with family and children.

COMMITTEE REPORTS

Watch your nutrition, get adequate rest and sleep, pay attention to hygiene, and STAY AT HOME until all is clear.

In my humble opinion, this will change our way of day-to-day living for some time. We just have to deal with it.

The Good

Make your quarantine as positive as you can. Play and enjoy your time with family. Consider all the things you can do to pass the time like reading, games, and catching up on jobs or projects.

Take the opportunity to volunteer or donate at a food bank, make masks for those that need them, call friends and keep in touch, especially those to whom you can bring some smiles. Send emails to say, “How are you doing?” or “Miss you.”

And, maybe my favorite, EXERCISE and stay fit. WOW, we live in our own paradise here. Our greenbelts and the beach have a whole new escape perspective now. Get some Sun! What’s the first exercise you need to do before you get out of bed in the morning? (Answer at end of this article.)

Sit in your back yard, smell the new blooms, buy a puppy (Benson), and the strawberries are awesome now.

How about a cocktail at 5:00? Cook some of your favorite long-overdue recipes.

Zoom, Skype or Face Time with your special people.

In closing (and this might be the end of my career as a journalist), did you know that, if the current closures stay in place much longer, there might soon be 80 million fewer blondes in the U.S.?

And here’s the answer to my earlier question: SMILE!

—Kent Wellbrock

RECREATION COMMITTEE

In light of recommendations from the California Department of Health (CDPH) and CDC concerning the Coronavirus pandemic, Niguel Shores has postponed the following events until further notice:

- NSCA All Sports Day
- Garage Sale
- Taco Night



Still Scheduled:

In N Out Night – Postponed to the end of June at this time. See June issue for more updates. Tickets will be \$10 each. You get your choice of a burger, cheeseburger or grilled cheese with chips and a drink. We will also have a DJ at this event.

Please continue to be safe and enjoy our Community with your safe distancing.

—Maria Elena Banks

TRAFFIC AND SAFETY

Tire Damage

Literally thousands of dollars of tire rubber are needlessly wasted each month at the Selva and Cabrillo gates. In every case the driver of the concerned damaged vehicle has become impatient with a preceding car, and, instead of waiting for the closing cycle to complete itself, tried to tailgate through the opening. The spikes, as they are designed to do, popped up and stopped the possible intruder’s vehicle by flattening its tires. Sadly, this occurs despite plenty of clearly posted signs warning people and directing them to the main gate.

We can minimize this costly tire damage if we warn visitors and specify the gate to enter. Recently, we had a couple of folks experience damaged tires and report that they had been coached by a resident as to how to successfully tailgate. I don’t know how true this is, for the life of me, because the gate system is almost fool-proof.

Vehicle Burglaries

This past month has been unique in that we had several vehicles forcefully broken into during night hours and property inside stolen. I don’t remember any instance in our community over the past years where a thief has *forced* their way into a *locked* parked car and stolen anything. Until now.

We have suffered a minimal number of simple thefts from *unlocked* vehicles, but not a lot. There is a good incentive for car clouts targeting *unlocked* vehicles. The obvious one is that it is easier, and the consequences if caught, don’t amount to more than a slap on the wrist. On the other hand, someone forcing their way into a *locked* vehicle has to work harder, and if caught, faces a felony prosecution and a sentence that could include time in prison.

The targeted vehicles that I am aware of were parked on Leeward, Periwinkle, and Manta Court. The vehicle’s windows were smashed and property inside was taken. Years ago, smashing car windows was a common method of operation for car clouts, but for the past fifteen years or so, until just now, it has been too risky.

We have a couple of simple reminders that apply every time you leave your car or truck parked unattended on the street, whether here or anywhere: Lock it, and don’t leave anything of value inside.

One last thought: If you find that you are the victim of these car clouts, report the matter to our deputy sheriff. These reports will help ensure that our neighborhood will get a fair share of available patrol time.

—God Bless . . . Tim Murphy

CLUBS

WOMEN'S CLUB

I pray you are all staying well and healthy. With the uncertain situation of COVID-19, the Women's Club has cancelled our April and May luncheons and outside activities. However, we have some great coping experiences and photos to share from our members to help everyone keep in touch.

- **Julie Kovsky**—I'm sewing masks to try to help. Walking my dogs to the bluff daily and talking to neighborhood friends from across the street! We also do a daily family text check in, as our kids are staying safe at their own homes.
- **Renee Fascher**—As for coping skills: Lots of reading, cooking new recipes, keeping informed of COVID-19 news bulletins, and getting enough sleep, good nutrition, emailing friends and family members and keeping a positive attitude.
- **Laura Syme**—I have daily devotions sent from my Calvary pastor, online worship and a sweet women's Bible Study. I also had a Zoom birthday with all my family. My faith in our Lord is stronger and my hope is in Him.
- **Suzanne Enis**—I have been making cards...thinking ahead to selling them at our November Holiday Boutique. Definitely different times!
- **Terry Link**—Refinished my dining room chairs with Annie Sloan chalk paint, updating inventory for our

company, Driftwood Designs (Driftwood trees, crosses, shell wreaths, frames), and of course, daily walks on the Strand and Salt Creek.

- **Roxanne DiMaggio**—Exercising on Peloton bike, making lots of puzzles, barbecuing even on rainy days, figuring out how to do my own facials, loving sent photos of grandkids, enjoying meals.
- **Lisa Buchner**—Exercise routines and long walks listening to free books from Libby (L. Mundy's *Code Girls*, L. Penney's *The Beautiful Mystery*—"a page turner"), Zoom gatherings, catching up with old friends and family with no time restraints, huge focus on planning and cooking meals. I feel fortunate to be "stuck" in this beautiful community!
- **Cathy Tyson**—Besides cleaning house and washing my hands, I have been caring for our 6-month-old puppy, Sadie, who was just spayed. I also have been working on various cross stitch projects such as a large shell wreath. Please stay well, everyone!
- **Lydia Reese**—I've been teaching my grandson how to cook. This way when he is older and has his own place, he won't starve. His tasty steak tacos are the best!
- **Sandy Homicz**—Finding positives, especially the communication with family and friends by video, email, text. Learned to attend Zoom meetings for church, writing group, NSCA Communication Committee, and



grandkids' school lessons. Enjoying the quiet for reading, thought, prayer, writing. Also collaborated online with other writers to publish a mystery novel at *Amazon.com*. Beyond that, found a great recipe for chocolate chip coffee cake guaranteed to send hubby and me out walking for exercise after indulging.

■ **Cynthia Talley**—Praying for all our lives to go back to normal sooner than later! We just had our second grandson, Jude Dakota Talley, born on March 10, one day before the pandemic was declared. Since his birth, we only see him on Facebook and “social distancing” in their front yard. Our other 17-month grandson, Billy, is so confused why his “Honey and Pops” only wave to him at the window and stay outside their door in Aliso Viejo.

■ **Hansa Sehgal**—I am so grateful for this beautiful and caring community we live in. Our peaceful surroundings, lovely scenery, warm neighbors, and bonding with nature as we walk through the scenic hills and safe community we call “our Niguel Shores.” My prayers and good wishes for everyone’s well being!

Ladies, our Secretary position on the Women’s Club Board is still open for the 2020-2021 club year. Our Nominating Committee is seeking a member who might be interested. The position entails taking notes once a month at the Board meeting and the member meeting. Please contact **Lydia Reese** at *lydiashappy@cox.net*, **Lisa Buchner** at *lisabuchner@cox.net*, or **Martha Burns** at *siforyou1@gmail.com* if you are interested in joining us on the Board to take marvelous minutes of the meetings! Board members say they have a great time and develop strong bonds of friendship with their increased involvement in Women’s Club.

All members, please take a look at the box accompanying this article containing Committee Descriptions for the 2020-2021 Women’s Club year. See what committees you would like to join. Please email me, **Terry Link**, at *tjlink630@gmail.com* and let me know what committee interests you. I will be happy to add your name to that committee, and I think you will enjoy taking part. Our members who participate in committee work find that they make new friends and have fun along with the worthwhile projects they work on.

We also invite all Niguel Shores women to join us for one of our monthly luncheons as soon as we are able to gather together again. Please contact **Jennifer Paige** at *jopaige@aol.com* or **Judi Palladino** at *twopalls@yahoo.com* for more information about membership with NSWC.

—Terry Link

CONTACT TERRY LINK TO SIGN UP FOR THESE WOMEN’S CLUB POSITIONS

tjlink630@gmail.com

HOSPITALITY COMMITTEE

CHAIR: Martha Burns

CO-CHAIR: Toni Williams

- ▶ **Bread and Dessert:** Joni Ashworth
- ▶ **Wash Tablecloths:** Take home and wash 4 tablecloths. **CONTACT TERRY IF YOU CAN HELP.**
- ▶ **Wash Silverware:** Take home and wash silverware. **CONTACT TERRY IF YOU CAN HELP.**
- ▶ **Set up Dining Room:** Set up tablecloths, silverware, decorations at 8:30 a.m. once a month for our luncheon. **CONTACT TERRY IF YOU CAN HELP.**

WELCOME COMMITTEE:

CHAIR: Cynthia Talley

- ▶ For the luncheon each month, this committee recruits 3 members to welcome members and guests at the front gate and door entrances, helps find open spaces for members to sit and be included at a table, and assists with the table going to the buffet table. **CONTACT TERRY IF YOU CAN HELP.**

4TH OF JULY PARTY:

CHAIR: Catherine Bitran

- ▶ This committee helps with the set-up and serving of the famous gourmet hot dog lunch on the pool patio. **CONTACT TERRY IF YOU CAN HELP.**

HOLIDAY PARTY:

CHAIR: Tina Fornadley

- ▶ This committee helps to decorate and set up the favorite annual December Holiday Party in the NS Clubhouse. **CONTACT TERRY IF YOU CAN HELP.**

JUNE TEA:

CHAIR: Jenny Rose

CO-CHAIR: Lisa Buchner

- ▶ This committee organizes and implements our lovely end-of-the-NSWC-year June Tea which is a gift to all of our wonderful women. **CONTACT TERRY IF YOU CAN HELP.**

HOME TOUR:

CHAIR: Suzanne Enis

CO-CHAIR: Jeannie Sticher

- ▶ This committee organizes and implements this popular event that occurs every other year. The committee will find a variety of six homes to tour within Niguel Shores, and will plan for a catered Home Tour Luncheon following the tour. **CONTACT TERRY IF YOU CAN HELP.**

FASHION SHOW

CHAIR: Betty French

- ▶ This committee helps to identify models, works with retail store for model fittings, assists with fashion show, and decides on caterer for the luncheon. **CONTACT TERRY IF YOU CAN HELP.**

CLUBS

MEN'S CLUB

At this time there are no meetings planned for May. However, we have a strong cadre of speakers lined up for when we *do* restore our meetings. The first six subjects planned will be the following, in no particular order:

- Life in South Africa presented by a South African now living the U.S.
- Voyaging history of the Polynesian people who incredibly sailed all over the South Seas in small outrigger canoes to populate the vast area,
- Hollywood homes of the stars with details and photos.
- Mutual funds vs. straight stocks vs. fixed income, with strengths and weaknesses of each. This will be presented by a panel of four principals from four different investing companies.
- CEO of a company that provides free law representation for our veterans when they have legal challenges
- Ideas for finding happiness within this present extreme organizational and cultural change.

To date, none of these speakers have indicated a change, and they all show interest in speaking to our much-respected group.

In the meantime, let's take time for reflection, for projects, for learning, and for staying in touch with family and friends. Maybe some good reading too. It's good to phone, text, email or handwrite someone who could use a supportive message.

If you have wanted Niguel Shores apparel, you don't have



Great guys!



Great guys preparing fresh fruit for a delicious hot breakfast.



And, more of the great guys listening intently during a thought-provoking presentation.

to go to a store. The website for this is www.business.landsend.com. When there, click on any category of clothing. Besides for men, they have clothing for women and kids. No password nonsense is required. Personally, I would do it the easy way by calling (800) 535-3060 for *prompt*, friendly assistance.

Hopefully, soon we will be having enjoyable breakfasts by our great cooking teams with friends we have not seen for a while. When you return, please bring a friend and make our special club grow.

—CW Gruenig

GARDEN CLUB

What a time this has been! Who could have imagined that our February trip to Mission SJC would be our last event for a long while!

We had to cancel our March Plant Sale, our sole fundraiser, our April meeting on Vertical Gardening, and sadly, our May 7 trip to Huntington Library and Gardens.

I am hopeful that we can have a meeting in late May, on our normal meeting date **Monday, May 18 at noon**. But that will depend on California lifting our quarantine restrictions. We will let you know a week before the meeting by email. And we are hopeful that by **June** we will be able to enjoy our end-of-season annual **Beach Bluff Barbecue**.

At this time, we unfortunately have been unable to find candidates for President and Vice President for next year. After a 2-year commitment, I would like to find a replacement President. Our VP Francine has served in many capacities over the years, including President, and she also would like a break. If you'd like for your Club to continue, please speak up NOW or we will not have the Garden Club next year.

At our May meeting we will address this issue and will be finalizing plans for our last event this year, the **Beach Bluff Barbecue**.

Stay well and let's get re-energized for the challenges ahead!

—Nadine Allen



ACTIVITIES

DANA POINT LIBRARY

Temporary Closure:

Based on recommendations from the County and State to limit the number of people in a public building and help curtail spread of COVID-19, the Dana Point Library will be closed until further notice. Book drops are closed but books will automatically renew on their due date. Digital services will remain available. Check their website for details at <http://www.ocpl.org/libloc/dana/>

DANA POINT FRIENDS OF THE LIBRARY

When Dana Point Library Branch Manager Laura Blasingham asked if the Friends of the Library would be willing to donate some books for the local Meals on Wheels program, the Friends Board agreed unanimously. The Friends of the Library opened their stacks for librarians to select, categorize, and pack up books that might be of interest to those receiving meals.

On April 6, the Friends of the Dana Point Library donated 200 books to be included with the meals for seniors in Dana Point. Board President Lisa Buchner said, “We have many senior patrons at our bookstore,



and this is a way to give back to the community. I also expect huge donations of books to come in to the bookstore once we open up again. So, this is a win for us, too, making room on the shelves for the anticipated deluge.”

—Lisa Buchner

PAGE TURNERS

Although we did not meet physically last month and probably will not again this month, we are still reading and a number of our members did get together via Zoom gatherings to discuss last month’s selection, *The Library Book*.

Our groups may try Zoom again this month to discuss *The Lighthouse Keeper’s Daughter*, Hazel Gaynor’s historical fiction inspired by true events. The book contains a dual storyline about two women living 100 years apart. The book jacket reads: “1838: Northumberland, England. Longstone Lighthouse on the Farne Islands has been Grace Darling’s home for all of her twenty-two years. When she and her father rescue shipwreck

survivors in a furious storm, Grace becomes celebrated throughout England . . . 1938: Newport, Rhode Island. Nineteen-years-old and pregnant, Matilda Emmerson has been sent away from Ireland in disgrace. She is to stay with Harriet, a reclusive relative and assistant lighthouse keeper, until her baby is born. A discarded, half-finished portrait opens a window into Matilda’s family history. As a deadly hurricane approaches, two women, living a century apart, will be linked forever by their instinctive acts of courage and love.”



Our *Seashore News* editor has suggested we give some history of our book club this month as we do not have the usual restrictions on space, and so I have been giving that some thought. I am not sure of the exact year I joined Page Turners but I have a membership list in my file with my name on it from 2008.

At that time there were 34 members and we all met in one group at a member’s home. One person would volunteer their home, two people would be assigned to provide light refreshments, and one person would review the book and lead the discussion.

I remember that often the host and the refreshment persons would reflect the setting of the book being discussed. One month, when we were discussing *The Bastard of Istanbul* by Elif Shafak, the refreshments were a Turkish dessert and the person doing the review gave each member a woven bookmark that she brought back from her recent visit to Turkey.

Another time the book was *Hotel on the Corner of Bitter and Sweet* by Jamie Ford, about Japanese internment camps. The host and refreshment persons provided Japanese floral arrangements and Japanese cookies.

As with all groups, things change over the years, and now we have three groups with a total of 36 members. The Monday afternoon group still meets in members’ homes with light refreshments. The other two groups meet in the clubhouse sans refreshments.

As the club grew, it became quite a challenge to host 30 plus women for the book discussion and, while it was a wonderful social experience, it was not conducive to a book discussion. It is suggested that the number of people for a good book discussion is 8 to 10 people, and so the groups now work very well.

In May, we will keep to our regularly scheduled days of the fourth Monday and fourth Thursday of the month either by meeting physically or by using the tech age app Zoom (or something similar!). Members, watch your email for announcements of the meetings. For information on the Thursday groups please contact **Steve** and **Ann Morris** at samwrsi@cox.net and for the Monday group me, **Frances** at fzimec@cox.net.

—Frances Ozimec

FAMILY FUN

The **Easter Bunny** hopped through Niguel Shores in April. Thanks to **Meg Wilson** for these photos.



NOT A BREAK...BUT A HEARTBREAK

Friday the Thirteenth. How ironic that a day considered unlucky in Western superstition was the day in March that COVID-19 changed education, as we know it, for 47,000 students and almost 4,000 educators in the Capistrano Unified School District.

As a recently retired teacher, I empathize with my former colleagues' uncertainty, students' anticipation, and parents' concerns about what the next few months hold.

Rest assured—CUSD teachers are working hard to keep the students engaged and connected through the wonders of Distance Learning and Google. Distance Learning is working, but it has been slow and there have been bumps in the road. Teachers had little time to prepare—students had little time to practice. The District has provided support and training, but there are only so many hours in a day and the constraints of the quarantine make the learning even more difficult. In the primary grades, the Chrome Books that students accessed were used primarily for District programs—not utilizing the Google Classroom where the new online assignments are now located. Many primary classrooms had to share 33 computers with their teaching teams of four. As a result, the learning curve for implementation has been high.

So, how IS it going? The parent of one of my former students has two children, and she remarks, “It’s working for us. Each one of my boys has a computer, they log on, and complete the assignments given to them. My middle school student joins live sessions with direct instruction. My fifth grader completes the assignments that are posted in the Google Classroom and submits them. The assignments are getting more involved as the weeks go on.”



On the other hand, a kindergarten parent mentioned that online learning does not replace what her twins need to experience—socialization. She commends the teachers for their communication and determination to make online learning fun, not overwhelming.

In addition, the school day continues well after the ending bell, and assistance may be needed at any time. An experienced, seasoned second-grade teacher comments, “There is no ‘tired’ like Distance Learning teacher tired. Teachers

have to reach out to families with children who have not gotten online and find out what support they still need to make that happen. After two weeks, I am happy to say that all of my students are finally able to get into my Google Classroom.”

Parents are sympathetic and patient. Teachers are using phone calls and Zoom meetings to help parents understand the ins and outs of a Google Classroom, expectations, and to answer questions. It takes many hours. And let’s not forget the time needed familiarizing themselves with a new way of teaching.

Students have mixed feelings. Yes, they like the shortened school day, but they miss their friends—and their teachers. Some have admitted the online learning is fun but they are ready to return to the four walls.

I, too, have been affected by Distance Learning. My one-time busy tutoring business has dwindled down to one. Learning how to virtually instruct, I continue to work out the kinks. We celebrate even the smallest of milestones.

Bored Teachers, a website that supports and celebrates teachers everywhere, posts: “Virtual teaching will never replace the love, the laughs, the learning, the smiles on students’ faces, the ‘aha’ moments that happen in an actual classroom. The quarantine isn’t a break for teachers and students...it’s heartbreak.”

Honoring Our Graduates

Does your household have a high school or college student who will be graduating this year?



The June issue of the *Seashore News* will honor our Niguel Shores 2020 graduates.

By May 15, please send their names, a photo, future plans, and any other activities you may wish to share to seashorenews@hotmail.com

We look forward to recognizing our graduating students in the June issue.

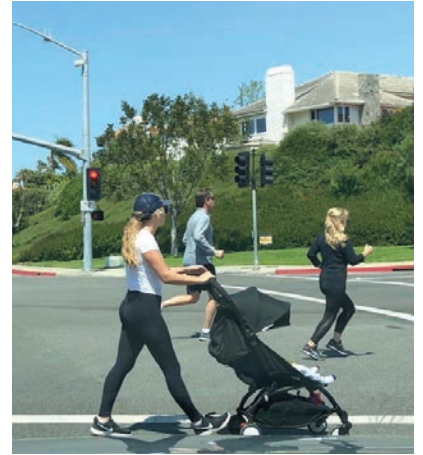
—Patti Staudenbaur

—Barbara Barrett

SPORTS

KEEPING FIT — AT A DISTANCE

Out and about for a walk or ride around Niguel Shores, here are some of our neighbors keeping fit and having fun—at a distance!



PICKLEBALL

Where are the Niguel Shores Pickleballers?

As most of us are aware, Niguel Shores has an active and very dynamic group of **Pickleball** players. In a relatively short period of time, this group has grown from a few individuals approaching the Niguel Shores Board with the idea of bringing Pickleball to Niguel Shores, to a group of 100+ residents who play regularly, have formed new friendships and gather together socially as well. During a recent meeting of the *Seashore News* Staff (via Zoom) someone wondered what are all the Pickleballers doing to stay busy and sane during the COVID-19 quarantine, in lieu of playing Pickleball. So we decided to find out.

It comes as no surprise to learn that that the players, although they miss the game, are figuring out ways to stay busy. **JoAnne** and **Jack Webb** have gone from doing 300-piece puzzles to successfully tackling 1,000-piece puzzles. They are spending a lot more time in the kitchen, creating both healthy and “not so healthy” meals, and then walking two to three miles a day to exercise off those wonderful meals.

Barbara Barrett has also been spending time in the kitchen. She organized a Quarantine Recipe Exchange for neighbors and friends. She’s spending more time in her garden, too. Check out photos of her wonderful succulents.



Tami Vitale has welcomed her adult children into her home. They are playing cards, doing puzzles and walking Strands Beach. Tami had to cancel a trip to Florida to visit her 96-year-old Dad who is by himself, but she is keeping in close contact with him over the phone.

Bob Schreiber is doing both yoga and cross fit at home to improve flexibility and enjoys greeting neighbors (muffled under a mask) while out walking.



Julie and Roger Skillman are also walking that beach trail every day. Julie does Bible Study online and also plays Yahtzee online with her sisters.

Julie and Steve Kovsky had planned on playing pickleball with their three adult children to help celebrate Steve’s birthday, but as you can see from the photo here, they had to make due with a virtual celebration instead.



Kathy and Chris Zoch have built a gym in their garage so they are still able to work out and stay in shape while safe at home. They were also awaiting the birth of their second granddaughter who, of course, they won’t get to see for a while. Strange times, indeed!

Perhaps the most innovative of the Niguel Shores group are **Les and Susan Whittlesey**. They have created a pickleball game which they adapted to their driveway. They call it “Driveway Dinking.” Just for clarification, that is *dinking* not *drinking*. They have a friendly family rivalry going with their daughters, Lindy and Allie, and have even adapted the infamous Niguel Shores Pickleball Happy Hour to a Family Friday Happy Hour! Check out the photos of Susan and Allie staying sane and healthy at home—while doggie keeps a social distance.



So, just like all of us, the Pickleballers are finding a variety of ways to keep busy during the quarantine. However, one thing they all did share is the desire to get back on the courts with neighbors and friends soon. **Kathy Zoch** probably summed it up best when she said, “There is no substitute for interacting with neighbors and friends while playing an enjoyable, competitive fun game.”

Stay healthy!

—Patti Staudenbaur

ENJOY THE JOURNEY — TIME

We usually have so much going on in our lives that there never seems to be enough time to do everything we want to do. “Time,” we say, “If I only had more time . . .” TIME!

Can we make time? No! But we have the free will to use time wisely—in learning, growing, praying, building, being productive, and being involved in matters that count.

Lived consciously, time can act as a constant invitation to BE . . . and to become more than we have been.

Time transforms loss into presence if we keep in mind that each moment is special and will never be again—time ticks away.

We’ve heard phrases like “it was her time,” or “just in time” or “need more time.” There are “time-outs” too—spaces to calm down, be introspective, rejuvenate.

To paraphrase Ecclesiastes: “For everything there is a season . . . a time to laugh, a time to mourn, a time to pray, a time to heal, a time to love.”

Recently the Coronavirus has forced us to isolate at home. Our contact with the outside world turned inside,

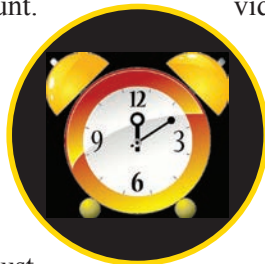
right under our roofs. As a result, we might be spending more time with family and friends—if not in person, then reconnecting through phone calls,

video chats, emails, and (if they live with us) meals and entertainment together. We have had no choice than to spend most of our time this way, and we may have found value in it.

A good lesson emerged: Enjoy time together with people who matter, whether in person or through mail and technology.

Before we realize it, we will be back again to wishing we had more time . . . SO LET’S USE TIME WISELY BEFORE TIME RUNS OUT. Spending time with those who really matter can bring laughter, healing, love. Giving time freely and consciously brings its own reward. At the end of the day we’ll know we took the gift of time and made it count.

—Yollie Mancino



ACCOLADES

On the Front Lines against COVID-19:

Dr. Niraj Sehgal, son of **Hansa** and **Laks Sehgal**, is the head of **UC San Francisco’s COVID-19 Command Center**. Dr. Sehgal was recently featured in the *San Francisco Chronicle* and also queried by the *Wall Street Journal* about the Coronavirus. Regarding early efforts to address the virus, he said that Super Bowl Sunday in February was the first night UCSF set up its Command Center, well before the virus was declared a pandemic. “I will never forget sitting in that ambulance bay when those first two patients rolled up . . . and within five days we became the regional and national experts on how to do this, because everyone else was three to five days behind us.” The *Chronicle* reports, “UCSF’s reaction was spectacular, and became the national model, a literal life-saver.” To Dr. Sehgal, and to all first responders in health care, we offer a hearty “Thank you!”

Providing Protective Masks:

The lack of proper safety gear for those working in the medical field during this horrible pandemic struck a nerve in one young lady who quickly realized she could do something to help. **Brynne Hustrulid**, granddaughter of Shores residents **Rich** and **Yollie Mancino**, recently completed her BS Degree from the Fashion Institute in

San Francisco. With her experience in fashion creation and design, she decided to make masks to donate to hospitals and other locations in the medical field.

She called various hospitals and medical facilities to see if they were interested in receiving handmade masks. It turned out that they were eager and appreciative to receive her donations. Brynne asked family and friends for donations to purchase fabric and supplies, and she went to work sewing masks.

Within a two-week period, Brynne delivered over 300 masks to recipients such as CHOC Hospital of Orange, Mission Hospital, Hoag Hospital, South Coast Medical Hospital, Rancho Niguel Animal Hospital, San Francisco Jewish Living, and St. John Vianney Catholic Community. She also sold masks to individuals who requested them. She created the masks in a variety of colors, and even made some with Angel, Dodger, Rams and Charger themes.

Brynne is still busy donating her work as the demand for masks in the medical field continues. For her ability to make a positive contribution during this difficult time, we say, “Good job Brynne!”



May Day

Happy May Day! How many of you remember the May Day festivals at your elementary school? May Day is a traditional festival of spring and usually celebrated on the first of May in many European cultures. I recall having grade level songs and dances at school around the Maypole, eagerly followed by May Day baskets filled with homemade bread and cookies.

Unfortunately, there will not be any spring performances for our children and grandchildren this year. However, we can certainly keep the *fresh spirit of spring in our hearts* as we look around the community with sunny blue skies, beautiful pink blooms of the Indian Hawthorne, white and magenta daisies, orange and fuchsia blooming succulents, and those



THE MAYPOLE DANCE.

prolific Iceberg roses. Cannot forget to mention those daily morning walks on the beach for healthy minds and bodies!

—Terry Link



Mother's Day



Here's to moms—the women who tackle “the world’s toughest job.”

Mother’s Day is Sunday, May 10, a day proclaimed by President Woodrow Wilson in 1918 to honor the special women who have been so important in our lives.

Throughout the year, we try to show that we love and appreciate them, but it’s great there’s a day set aside where we can thank them “officially” with a call, card, gift, or a fond memory and prayer.

The truth is, no matter how old we get, we’ll always be attached to our moms, whether they are with us or gone. If we become parents ourselves, we gain an even better understanding of what our moms and mother figures did for us. And we can’t forget to mention the wife, daughter, sister, grandma, aunt, or friend who supported us through our ups and downs—or the new moms

bringing little lives that fill us with joy and hope.

For all these special women, there are things they deserve to hear, things we’d like to say. So, here’s to all the moms in our lives!

To our own moms, and to those who cared for us along the way, we send endless appreciation and affection. Even if we feel distanced in some way, we can be grateful to our mothers for bringing us into the world. For most of us, our moms were the glue holding things together, the magic sparking us onward, the soft blanket, the second wind in the race, the voice of wisdom, and the heart of love watching over the silly kid within us.

To our moms for listening, comforting, advising, teaching, laughing, loving—and for all the times we didn’t say it but should have—THANK YOU.

—Seashore News Staff



NOT CANCELLED



- Sunshine - *not cancelled*
- Outdoors - *not cancelled*
- Love - *not cancelled*
- Meditation - *not cancelled*
- Laughing - *not cancelled*
- Relationships - *not cancelled*

- Reading - *not cancelled*
- Self-care - *not cancelled*
- Family Time - *not cancelled*
- Devotion - *not cancelled*
- Music - *not cancelled*
- Dancing - *not cancelled*

- Faith - *not cancelled*
- Imagination - *not cancelled*
- Home Workouts - *not cancelled*
- Kindness - *not cancelled*
- Conversations - *not cancelled*
- Hope - *not cancelled*



SPOTLIGHT — THE *PILGRIM*'S FINAL VOYAGE



Photo by Sharla Pitzen, Dana Point

Under a gray sky, the *Brig Pilgrim* made its final voyage in April—not as the tall ship it once was, but in pieces that will become a reef habitat for future sea life.

Back in January, as part of a regular maintenance process, the *Pilgrim* was slated for repairs that might have saved the ship. However, the boatyard was so busy that the haul-out and repair job was postponed until June. Meanwhile, the **Ocean Institute** maintained the ship's certifications and the Coast Guard issued a Certificate of Inspection allowing the Institute's dockside program to continue.

However, on March 29, we heard news that touched the very soul of the community when **Dr. Wendy Marshall** of

the Ocean Institute issued this statement: “Today, we share news that hurts our hearts. We are very sad to announce that *Pilgrim*, our beloved vessel that has served as an inspiring real-world classroom to hundred of thousands of students and visitors, keeled overnight in her slip on our dock, rendering her useful life over . . . *Pilgrim* . . . is incapacitated beyond repair. We are sad to bid farewell to this iconic vessel which has been such an important part of Ocean Institute's programs and to the children that they served. We all feel like we lost a dear friend.”

According to the Ocean Institute website, *Pilgrim* was a full-sized replica of the merchantman brig immortalized



A crane barge lifts the *Pilgrim* to inspect for damage. Photo by Zach Cavanagh, *DP Times*.

by Richard Henry Dana, Jr. in his seafaring novel *Two Years Before the Mast*. “The original *Pilgrim* was built in 1825 at a cost of \$50,000. Her length was a mere 90 feet compared to the average 110 feet for other vessels of the same class. The purpose of its 1834 voyage was to participate in the California cattle hide trade for her Boston owners, Bryant and Sturgis. The *Pilgrim* set sail from Boston loaded with New England's manufactured goods such as shoes, foodstuffs and ironware. When she arrived along the Alta California coast, the *Pilgrim* sold or traded her New England wares and procured hides from the missions

SPOTLIGHT — THE *PILGRIM'S* FINAL VOYAGE

and rancheros to sell back in Boston. The *Pilgrim* anchored several times at San Juan Bay (Dana Point).”

The replica *Pilgrim* that stood dockside here in Dana Point Harbor for nearly forty years originally took to the sea in 1945 as a three-masted schooner on the Baltic out of Denmark. In 1975, she sailed to Lisbon, Portugal under Captain Ray Wallace, the noted marine architect, where she was converted to the rig that we all knew.

The Ocean Institute website indicates that *Pilgrim* entered Dana Point Harbor in September 1981, with tremendous community support. It became the Institute’s largest classroom offering “national award-winning living history programs to thousands of students each year.”

Saying farewell to the iconic *Pilgrim* has not been easy for any of us who knew her. **Sharla Pitzen** of Central Dana Point shared her photo of the dismantled *Pilgrim's* final voyage and said, “It was so surreal watching the barge leave the harbor. I’m a Principal in Mission Viejo and our 4th graders were just on the *Pilgrim* a few weeks before it kneeled down. So sad for future students, without this amazing experience.”

During the weeks following *Pilgrim's* demise, **Dan Goldbacher**, Maritime Programs Director of the Ocean Institute, sent messages to volunteers like Niguel Shores resident **Bob Russell**, who had worked on the ship, given tours, or donated in other ways. In his messages, Goldbacher chronicled efforts



Salvaging parts. Photo by Rick Thompson, Lantern Bay Villas

to save *Pilgrim*, and then reported on the salvaging methods being used. “As for everyone involved and the entire community, we know this is a difficult time. Please never forget the memories you have made and the ones you have helped so many others make by your efforts.”

Goldbacher indicated that many parts of *Pilgrim* had been saved, including hopes for recovery of the engine. He listed these recovered pieces:

- Majority of the fore and main mast
- All Yards, gaffs, and booms
- Bow Sprit
- All Sails
- Majority of Standing rigging
- All Name plates
- CF Numbers
- Figurehead
- Bell and belfry arch
- Majority of pins
- Majority of blocks
- Wheel
- Hatch Covers
- Hatch Gratings
- Lines
- Some name plates on bunks
- Large pieces of framing
- Parts of deck planks
- Hull Planks
- Fasteners
- Pieces of the quarter deck railing



Recovery and salvage crews at work. Photo by Lillian Boyd, *DP Times*.

1918 FLU LOOKING BACK, 2020 FLU LOOKING FORWARD

Produced by the University of Michigan Center for the History of Medicine and Michigan Publishing, University of Michigan Library

INFLUENZA ENCYCLOPEDIA

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THE AMERICAN INFLUENZA EPIDEMIC OF 1918-1919: A DIGITAL ENCYCLOPEDIA

LOS ANGELES, CALIFORNIA



50 U.S. CITIES and THEIR STORIES

ESSAY | EVENT TIMELINE | IMAGES | BROWSE ARCHIVE

◀ PREVIOUS | 50 CITIES INDEX | NEXT ▶

It was mid-September 1918 when cases of influenza began appearing in the Los Angeles area. At first, the disease attacked seamen aboard a naval vessel that had arrived in the harbor. On September 28, officials at the Naval Reserve Station at Los Angeles Harbor was placed their installation under quarantine, although they were quick to state that the move was merely precautionary, as no cases yet existed. Several days later, Army officials placed the Arcadia Balloon School under protective quarantine, prohibiting the men there from visiting nearby Pasadena and other communities without special permission. There too, officials stated that there were no cases amongst soldiers.¹



Bustling South Broadway at night, looking north from West 5th Street in downtown Los Angeles.

Show Full Article ▼

Article from the University of Michigan Center for the History of Medicine at <http://www.influenzaarchive.org/cities/city-losangeles.html#>

A little over a hundred years ago, the **1918 Influenza Pandemic** known as the **Spanish Flu** spread worldwide. An estimated 500 million people, or one-third of the world's population, became infected. The number of deaths was estimated at 50 million worldwide with about 675,000 occurring in the United States.

The causes and treatments of the **Spanish Flu** were analyzed and debated, just as we are doing now with **COVID-19**. Even though a century has passed since the 1918 epidemic and we've come a long way in modern medicine, it's striking to see similarities in the precautions imposed back then and the measures we are currently taking to stop the future spread of the Coronavirus.

What follows here is a look at how **Los Angeles** responded to the influenza plague in the last century. You may find some comparisons when thinking how it all relates to today.

—Sandy Homicz

1918 FLU IN LOS ANGELES

The **University of Michigan Center for the History of Medicine** has chronicled the **1918 Influenza Pandemic** in cities across America. The following summary paraphrases and/or uses text from the Center's article recounting the progress of the Flu in Los Angeles from first cases in September 1918 through the declared end in February 1919.

See the original article at <https://www.influenzaarchive.org/cities/city-losangeles.html#>.

First Cases in Los Angeles

In mid-September 1918, cases of influenza showed up aboard a naval vessel arriving at the Port of Los Angeles. The first civilian cases in Los Angeles appeared on September 22, including 55 students at Polytechnic High School in the downtown area.

Closing the City

By end of September, City Health Commissioner Dr. Luther Powers advised Mayor Frederic Woodman to prepare for an apparent influenza epidemic. Mayor Woodman appointed eleven Los Angeles physicians, plus Dr. E. A. Ingham

of the California Health Department, to form a Medical Advisory Board, which met on October 10 with businessmen and state, county, and local health officers. The group recommended closing schools, theaters, churches, dance halls, and other public meeting places, as well as daily disinfection for all public transportation vehicles.

State of Emergency

On October 11, Mayor Woodman declared a state of public emergency. Health Commissioner Powers ordered schools closed and banned all public gatherings—including funerals, movie houses, theaters, pool rooms, and other entertainments.

Wearing Masks

The value of wearing gauze masks became a hotly debated issue. On October 23, the *Los Angeles Times* ran a statement from California Governor William Stephens calling for voluntary mask wearing as a way of controlling the epidemic.

The L.A. City Council recommended masks at citizens' discretion except for situations where the state required their use, namely for anyone with cold or influenza symptoms, health professionals, and family or visitors while in contact with influenza cases.

Clean-up and Other Procedures

In addition to closing public places, on October 31, the City Council passed anti-influenza ordinances requiring

residents to clean their front doorways and sidewalks every morning, and creating an official “clean-up” week to disinfect all sections of the city. On November 6, City Council requested \$10,500 to convert the Mount Washington Hotel into a convalescent home for recovering influenza patients without means of support. Council also approved staggered business hours to reduce crowding during commutes on streetcars.

Enforcement Issues

Whether to wear a mask or to close down schools and businesses—these were not the only sources of debate in the city. Religious leaders questioned the constitutionality of shuttering churches. The Theater Owners Association said if theaters were closed, then other businesses that were still open should be closed, too. The group petitioned to shut everything except essentials like grocery and drug stores, and to make mask wearing mandatory. However, Health Commissioner Powers did not see any practical way to enforce widespread closures and mandatory masks for the nearly 600,000 residents of the city, and so he denied the request.

By mid-November, the number of new influenza cases dropped dramatically, yet were still about 500 per day. The *Evening Herald* of November 15 remarked on “considerable bitterness and wrangling” among Council members on the issue of closing the city and who had the authority to lift the ban—Health Commissioner Powers or City

SCENES OF 1918 FLU PRECAUTIONS IN LOS ANGELES

These rare photos of Los Angeles residents wearing **masks** during the 1918 epidemic come from the **Huntington-USC Institute on California and the West (ICW)**, a center for scholarly investigation using the resources of USC and the Huntington Library. See more at <https://dornsife.usc.edu/icw>.



Council. When flu cases began to rise again, the Influenza Advisory Committee took the lead, asking Los Angeles to participate in a voluntary “Stay At Home Week.”

Ban Imposed, Lifted, and Imposed Again

On November 29, the number of new influenza cases fell below 350. At request of Commissioner Powers and the Influenza Advisory Committee, the City Council passed an ordinance lifting the closure ban effective Monday, December 2 with provisions for mandatory home isolation of influenza and pneumonia cases.

Unfortunately, Angelinos did not enjoy a return to normal for long, as the epidemic was not yet truly over. When the number of cases went up again, City Council quickly passed a quarantine law and gave Powers authority to enforce it. On December 10, he ordered all public schools closed until further notice, and municipal resources to be focused on quarantine as the most effective weapon against influenza. For the rest of the epidemic the health department hired temporary quarantine inspectors to visit homes, manufacturers, stores, hotels, and apartment houses. These inspectors, many of whom were returning veterans, also ran errands for the sick and ministered to the needs of affected families.

Interface with Business

Mayor Woodman sought to avoid conflict with business interests by inviting ten business and civic representatives to serve on a Business Advisory Committee. The group focused on enforcing the quarantine and encouraging people to voluntarily wear influenza masks. They launched a publicity campaign to educate citizens on how to avoid infection and hired a public relations expert for the project. City Council unanimously appropriated \$35,000 to fight influenza, hire more quarantine inspectors, and ramp up the public education campaign.

School Closures

When late November brought a spike in new flu cases, especially among children, Health Commissioner Powers ordered again that all schools be closed. Accordingly, Superintendent Albert J. Shiels and the Board of Education kept schools closed from December into the New Year.

Shiels implemented correspondence instruction for the 90,000 children in the Los Angeles public school system and arranged for its 3,400 teachers to continue receiving their pay by doing volunteer work or furthering their own education. Under a system monitoring infection rates within the school district, schools in “flu free” neighborhoods were slowly allowed to reopen with physicians

inspecting students and teachers as they returned. The first five of L.A.’s 230 public schools reopened as early as January 9, and by February 6, students at all the remaining schools were back in class.

Conclusion

Beginning in September, 1918, Los Angeles implemented measures to reduce exposure to influenza during an extended confrontation with the disease. These included school closures, a ban on public gatherings, enforcement of home quarantines and asking for the cooperation of its citizens to keep Los Angeles’s anti-epidemic campaign on track. In the end, Los Angeles experienced a lower epidemic death rate than many other American cities.

SOME FLU-RELATED ARTICLES IN 1918-19 LOS ANGELES NEWSPAPERS

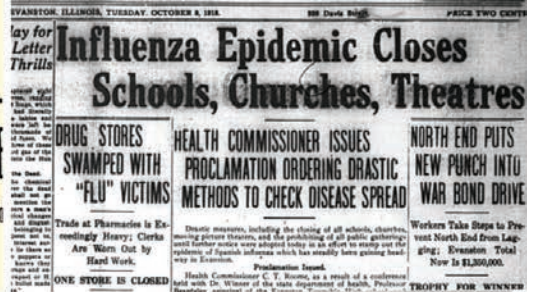
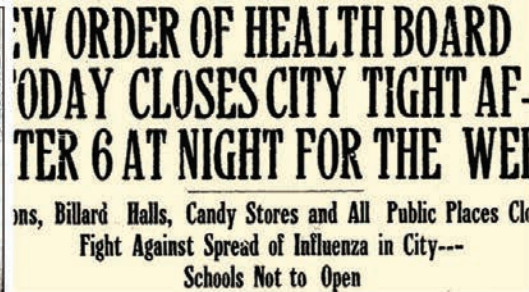
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- “Governor urges all to combat epidemic,” *Los Angeles Times*, 23 Oct. 1918, 15.
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- “Stay At Home; Shop By Phone,” *Los Angeles Times*, 26 Nov. 1918, 1, 2.
- “City Council Plans New ‘Flu’ Law,” *Los Angeles Evening Herald*, 31 Oct. 1918, 3.
- “To Establish Influenza Hospital For City,” *Los Angeles Evening Herald*, 6 Nov. 1918, 3.
- “Scientist Churches Closed Tomorrow,” *Los Angeles Times*, 9 Nov. 1918, 1.
- “Council Asks Drastic Flu Ban,” *Los Angeles Evening Herald*, 15 Nov. 1918, 3.
- “Flu Ban Off Thursday,” *Los Angeles Times*, 19 Nov. 1918, 1.
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- “Order Schools Closed Again,” *Los Angeles Times*, 11 Dec. 1918, 1.
- “City School Pupils To Study By Mail,” *Los Angeles Times*, 13 Dec. 1918, 1.
- “All Schools To Open In City Tomorrow,” *Los Angeles Evening Herald*, 5 Feb. 1919, 9.

SCENES OF 1918 FLU PRECAUTIONS NATIONWIDE

Beyond Los Angeles, across the nation there were closures and protective measures set in place during the 1918 flu epidemic. As our WWI military troops returned home in large numbers on crowded carriers, cases of flu began appearing, perhaps contracted in various places across the seas. Precautions sprang up and the nation went on alert against the H1N1 virus known as Spanish Flu.

Most of the following pictures come from the website of the **Center for Disease Control** at <https://www.cdc.gov/flu/pandemic-resources/1918-pandemic-h1n1.html>.

They show a theater closed; masked workers in Cincinnati, New York City, Boston, and St. Louis; a San Francisco judge holding an outdoor trial; the Seattle 39th Regiment marching with flu masks; a Philadelphia Girl's Club turned into a hospital; and newspaper headlines of closures across the country. Such images reveal that people took precautions and dealt with influenza in those times much as we are doing today. Their motto was, "This too shall pass." Ours, too.





WHAT'S OPEN?



The following list of restaurants offering pickup meals or pantry products comes from Dana Point Chamber of Commerce website at https://danapointchamber.com/dana-point-restaurants-grab-n-go/ Be sure to call ahead to confirm the restaurant is open and what is available.

HOURS AND AVAILABILITY SUBJECT TO CHANGE

- A's Burgers - (949) 496-4460
Agostino's Ristorante Italiano - (949) 661-8266
Beach Harbor Pizza - (949) 218-1920
Beach Hut Deli - (949) 542-3351
Bear Coast Coffee - (949) 388-1103
Bistro Provincia - (949) 482-1011
Blue Dolphin Restaurant & Billiards - (949) 489-2936
Bonjour Cafe - (949) 496-6368
Brio Tuscany Grille - (949) 443-1476
Buena Vista Market - (949) 496-6491
Carlos Mexican Restaurant & Cantina - (949) 496-4470
Casanova Cocktail Lounge & Ristorante - (949) 496-0992
Coastal Kitchen - (949) 449-2822
Coffee Importers - (949) 493-7773
Craft House - (949) 481-7734
Denny's - (949) 489-4383
Doheny Surf - (949) 661-1100
El Pollo Loco - (949) 443-0506
El Torito - (949) 496-6311
Frisby Cellars - (949) 218-9440
Gemmell's Restaurant - (949) 234-0063
Gen Kai Sushi - (949) 240-2004
Glasspar - (949) 240-6243
Good Choice Sushi, Laguna Niguel - (949) 363-8840
Harbor House Cafe, Inc. - (949) 496-9270
Harpoon Henry's - (949) 493-2933
I Love Bagels - (949) 443-3300
Ichibiri Restaurant - (949) 661-1544
J.C. Beans Coffee - (949) 496-4700
Drive-Thru Open Daily until 6 PM
Jack's Restaurant & Bar - (949) 489-1903
Jamba Juice - (949) 488-3435
Jimmy's Famous American Tavern - (949) 388-8900
Jon's Fish Market, Inc. - (949) 496-2807
Kamea Poke - (949) 443-5226
Kawamata Seafood - (949) 248-1914
Laguna Beach Beer Company - (949) 715-0805
Las Golondrinas Mexican Food Products - (949) 240-8659
Lil' Skippers Snack Shack - (949) 424-9653
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