

Seashore News



April 2020

Published Monthly by Niguel Shores Community Association

Issue 556

MEET THE CANDIDATES for NSCA Board of Directors



Get to know our three candidates running for positions on the Niguel Shores Community Association Board of Directors. See Candidate Statements inside this issue.

FROM THE HELM

Coronavirus—Community Updates

Please refer to the NSCA website at www.niguelshores.org for regular updates regarding Board actions to provide a safe environment for residents and to comply with government guidelines. We will reopen facilities as soon as it is safe to do so. Thank you for your understanding and cooperation.

Revetment Project—

Homeowners Meetings Canceled

The Homeowners meetings scheduled for March 16 and March 19 were cancelled due to safety and health concerns in light of the coronavirus. We will re-schedule

meetings later to discuss the Coastal Commission's denial of the County's application to rebuild the rock revetment at the base of the Breakers Isle slope and an update on the 2013 lawsuit.

On The Positive Side

With limited activities available, many residents—including children—are out walking throughout our community, enjoying the sights and sounds of nature. Here's the good part: Everyone we see, they wave and have a friendly smile. Even

during challenging times, Niguel Shores is a great place to live. Stay healthy and safe!

—Dick Kichline



NSCA Annual Meeting and Election

Niguel Shores Clubhouse
Tuesday, May 19

Registration opens at 6:00 p.m.
Meeting starts at 7:00 p.m.

The Annual Meeting Notice and Election Ballots will be mailed to all owners after April 13.

Keep Up-to-Date on Niguel Shores News

Go to www.niguelshores.org

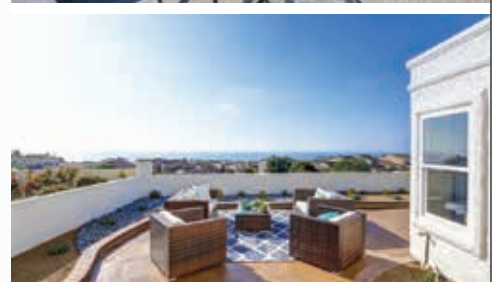


The April 2020 issue of the *Seashore News* is posted on the Niguel Shores website at www.niguelshores.org. There will be no house-to-house delivery this month due to precautions about the coronavirus. Be sure to check the Niguel Shores Website at www.niguelshores.org for the latest updates and announcements about activities in our community.

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NSCA is not responsible for any work done nor are we recommending any of the advertised companies



NIGUEL SHORES COMMUNITY ASSOCIATION CANDIDATE STATEMENTS FOR 2020



MICHAEL (MIKE) LINK



Niguel Shores is an extraordinary place to live. We are blessed with a beautiful scenic location and a governance that has been led by a group of devoted and conscientious residents throughout its history. I want to continue that legacy.

I was born and raised in Los Angeles and attended USC. I graduated with majors in both Marketing and Finance. My professional career allowed me to serve in senior leadership positions in both Sales and Marketing working for Fortune 300 companies (Black & Decker and Fortune Brands) engaged in manufacturing and selling to the Hardware/Home center distribution channel to other Fortune 500 companies (Home Depot and Lowes). Prior to coming back to southern California, we lived in San Francisco, Chicago and Boston.

Our family lived for 23 years in Laguna Niguel and moved to Niguel Shores 6 years ago. I retired in 2018, and became involved in the community with the Architectural Committee, the View Preservation Committee and the Ad Hoc Recreational Amenities Committee. I am a member of the Men's Club and also play golf weekly with the Niguel Shores Men's Golf group. My wife has been involved in the community as President of the Women's Club for the past 2 years. My son Tim (38) and daughter Becky (40) live in southern California. We are blessed with two wonderful grandchildren.

BOB RUSSELL



I grew up in New Bedford, Massachusetts, earned my undergraduate degree in Textile engineering and Design from the University of Massachusetts at Dartmouth. Upon graduation, I was recruited by Burlington Industries and moved to New York City to begin my career in the textile and design industry.

I worked for a variety of clothing manufacturing and design firms and traveled widely in this business. I eventually left New York for Seattle and joined Brittania Jeans and several years later formed my own sportswear

manufacturing and design company. In search of a warmer climate and marina for our sailboat, my wife Rebecca and I moved from Seattle to Niguel Shores in 1995. Like most residents, I feel Niguel Shores is a wonderful community. I appreciate the true sense of community and neighborhood we have found in our many years as residents of Niguel Shores.

I have served on the Maintenance Committee for 12 years and have helped organize the Men's Club 4th of July Pancake Breakfast. I first ran and was elected to the board in 2012 and have served the community as a Board member until now. I have decided to seek re-election on the Niguel Shores Board because I believe that, in order to maintain the quality of life we all enjoy here, residents need to step up and become involved. I will apply common sense decision making that will be for the good of the entire community.

PAT PEARSON



I was raised in Melbourne, Florida where my father worked in the space industry. I graduated from the University of Florida with a degree in Construction Management and spent my first couple years working in Saudi Arabia. Upon my return, I moved to Dallas, TX where I met my wife, Trisha, and my business interests became focused on commercial real estate and finance. In 1989, we moved to Pacific Palisades and got a taste of the California weather and lifestyle. In 1999, I went to work for GE Capital in charge of corporate real estate equity and sales and relocated to Seattle but vowed to return to California. We spent 17 years in Seattle and raised our two children, Adam (31) and Katie (29), there. We have lived in Niguel Shores since 2017 and currently own commercial retail, industrial and apartment properties around the country.

I am currently serving on the Niguel Shores Architectural Committee and a member of the Men's Club. The location and amenities of Niguel Shores make for an extraordinary quality of life and a unique community. As a board member, I will strive to maintain the integrity and progress the lifestyle and benefits of this wonderful neighborhood association.

These statements are from the candidates themselves, and not the Association. Neither the Association nor the Board of Directors is responsible or necessarily endorses any of the views expressed in these statements. Names are listed in alphabetical order by last name.

COMMUNITY UPDATE

Please — No Gatherings — Keep Safe Distance

In an effort to make sure the entire Niguel Shores Community remains safe during this time, the following additional steps have been taken. These are effective immediately and will remain in place until further notice:

1. **CLOSED** — Beach bluff parking lot will be locked and remain closed.
2. **DO NOT USE** — Picnic tables should not be used during this time.
3. **CLOSED** — Clubhouse, Lobby, Pool, Spa, Sauna, Restrooms, Courts (tennis and pickleball) will all be locked and closed.
4. **CLOSED** — Playground equipment will be roped off and should not be used.
5. **REMOVED** — Volleyball nets will be removed.
6. **MANAGEMENT OFFICE** — Open by appointment only. Call (949) 493-0122 to set up an appointment.
7. **CANCELLED** — All Board and Committee meetings cancelled.

We are taking these steps in order to provide a safe environment for our residents and to comply with government guidelines. The good news is that we have lots of open space for walks. If you wish to walk to the bluff you can do so and enjoy the sights, but not for gatherings. We will reopen recreation facilities as soon as it is safe to do so.

Thank you for your understanding and cooperation.

To learn more about Coronavirus, including ongoing updates, prevention tips and frequently asked questions, here are a few resources for your reference:

Center for Disease Control — <https://www.cdc.gov/>

World Health Organization — <https://www.who.int/>

Orange County Health Care Agency — <http://www.ochealthinfo.com/>

We thank you in advance for your understanding and support as we navigate through these challenging times. We will continue to evaluate our procedures and protocols as needed, and provide updates to our homeowners via www.niguelshores.org and email blast as appropriate.

Sincerely,

Board of Directors
Niguel Shores Community Association

GENERAL MANAGER'S REPORT

2020 Annual Meeting and Election:

Nominations for the annual election have been received and we are very lucky to have three (3) candidates running for three (3) open positions. The candidates running for these positions are: **Mike Link, Pat Pearson and Bob Russell**. Join me in thanking these candidates for volunteering to run and serve on the Board. The candidate bios are included in this newsletter for your review.

The **Annual Meeting Notice and Ballots** will be mailed to all owners after April 13. The **Annual Meeting** is scheduled for **Tuesday, May 19 at 7:00 p.m.** (pending further updates).

Even though there are only three (3) candidates running for the three (3) positions it is still **IMPORTANT** that you return your ballot as indicated in the election material. The ballots will count towards quorum for the election and there must be 480 returned ballots by the May 19 Annual Meeting date. If quorum numbers are not met, it will cost the Association more money to host another election.

Returning Your Ballots: Ballots may be returned by mail to PO Box 6117, Laguna Niguel, CA 92607; or hand delivered to Accurate Voting Services at 18 Technology Drive, Suite 142, Irvine, CA 92618; or presented in person at the annual meeting before the polls close.

We have also added a couple of new ways to cast your ballot. Return the ballot in the self-addressed envelope provided in the election material, or turn your ballot in at the Association office. Place your ballot in the locked **Ballot**

Box at the front counter. The Inspectors of Election have been given the keys to the box and will be the only persons allowed to open it.

What You May Not Know About Fire Hydrants:

If you park in front of a fire hydrant, even in Niguel Shores, you may get a citation. The curb and the hydrant will not be painted red to identify them; however, you will be able to easily find where a fire hydrant is located by the blue (sometimes amber) reflective marker placed in the middle of the street. This marker is

placed directly across from the hydrant for easy access for the Fire Department in a rush to find the nearest hydrant and save your home from burning. Remember that California Vehicle Code prohibits persons from stopping or parking within 10 to 15 feet of a fire hydrant, even if the curb is not painted red.

From all the Staff at Niguel Shores:

Wishing each and every Niguel Shores resident a healthy, happy springtime. Enjoy every day to the fullest!

—Marla Miller

OFFICE APPOINTMENT POLICY

Office door will be locked during regular business hours

Open By Appointment Only

Please call 949-493-0122 or Email:

Blayne Miller –
bmiller@niguelshores.org

Matt Northrop –
mnorthrop@niguelshores.org

Karen Decker –
kdecker@niguelshores.org

Marla Miller –
mmiller@niguelshores.org

THANK YOU FOR YOUR UNDERSTANDING
— STAY SAFE!

COMMITTEE REPORTS



EMERGENCY PREPAREDNESS

WOW! If ever there was a time to be PREPARED and VIGILANT—IT'S NOW. Even as you read this article and the COVID-19/coronavirus has been in the news since late January, all precautions and safety measures are still very relevant.

The suggestions and tips that follow were all taken from articles originating through sources such as The Center for Disease Control (CDC), World Health Organization (WHO), U.S. Government, Environmental Protection Agency (EPA), and various medical sources and universities,

Even though following these might seem intuitive, please review to insure you and your family members are practicing them:

- Wash your hands with soap and water thoroughly and often (take at least 20 seconds).
- If you can't wash your hands, use sanitizing gel/lotion or wipes containing at least 60% alcohol.

- DON'T touch your face (nose, eyes, mouth).
- Use paper towels for wiping your hands, not cloth towels others have used.
- NO hand shake greetings or welcome kissing.
- Use knuckles or elbows on light switches, elevators, door push bars.
- Use latex gloves or paper wipes when going to the gas station.
- Sanitize your cell phone, tablet, keyboards, home phone, TV remote, doorknobs, toilet flush handles and other high-touch surfaces.
- At the grocery store, wipe cart handles and child seats. Better yet, use a delivery service like Instacart, FreshDirect, or Amazon Prime. And don't forget to wash non-porous containers (milk cartons, plastic, cellophane, etc.) Also, wash veggies and fruit.
- Use your own pen when signing your charges at stores and avoid using cash and returned change.

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COMMITTEE REPORTS

- Go shopping, if you must, at a time that's less busy.
- Don't forget to wipe areas down after visits from repairmen, contractors, house keepers, gardeners, and even your mail and delivered packages.
- Drink more water (every 15 minutes) to keep your lips and throat lubricated and wash germs into your stomach where acid will kill them.
- Cover your cough or sneeze with a tissue, not your hand, or use your elbow.
- Stay at least 6 feet apart from others when possible.
- STAY AT HOME! Especially if you are over 60 and/or have chronic heart issues, lung disease, diabetes, asthma or cardiovascular disease.
- BUT, if you stay at home, try to get some fresh air, go for a walk, sit in the sun AND skip the gym!
- Get adequate sleep.
- Eat plenty of plain yogurt every day to boost your probiotics.
- Watch your diet. Your immune system needs fuel.
- Call your doctor if you have a fever, cough, or other virus symptoms, and have come in contact with a person who is known to have virus issues.

And, GUESS WHAT? All of these precautions will also help you avoid the flu and common cold. When you think about it, these are easily practiced preventive measures. It's a new world, so jump on these habits.

Be safe and vigilant and stay healthy.

—Kent Wellbrock

RECREATION COMMITTEE

Please note: The NSCA All Sports Day originally scheduled for April 26 has been postponed. Please check the Niguel Shores website for further announcements about the status of community events at www.niguelshores.org.

Upcoming Events:

Garage Sale – Saturday, May 2, 9:00 a.m. to 12:00 p.m.
It's spring cleaning time, and with spring cleaning comes the Garage Sale. Get ready and sign up now in the NSCA office.

Cinco de Mayo – Tuesday, May 5, 5:30 p.m. to 7:30 p.m.
Enjoy tacos and music at the Beach Bluff. Tickets go on sale April 6 in the NSCA office. Tickets are limited to the first 250. Food comes with four tacos, rice, beans and chips.

Memorial Day BBQ – Sunday, May 24, 5:00 to 8:00 p.m.
Bring your own food to barbeque on the grill and enjoy fun dance tunes at the Beach Bluff.

—Maria Elena Banks

TRAFFIC AND SAFETY

QUIZ: *Our Gate Attendants and Patrol Personnel—How Busy Are They?*

The February audit of our gate attendants and personnel assigned to parking and administrative rule enforcement revealed some interesting insight into their activity. Obviously, their most visible activity is the responsibility of screening visitors entering our community. As all of the screening is done at the Mariner front gate by just one or two personnel, you can only imagine how hectic it might get.

■ QUESTION #1—*Can you estimate how many gate screening investigations are conducted in a short month such as February?*

If you guessed 20,000 you were close. It was actually 19,696. I mention these numbers hoping to develop an appreciation for the workload of our attendants at the gate. Also, this is a reminder to register guests and service personnel as soon as you possibly can. The gate attendants often have to leave their office unit to speak with prospective service providers or guests. When outside, they should not leave their client to return to the gate house to answer a ringing phone with a possible last minute add-on name. I don't want to discourage calling the gate, but I do encourage phoning names of guests or service providers as soon as you can to avoid needless frustrations. Along this line, please ensure that any scheduled contractors and their individual crews are also registered beforehand at the gate.

■ QUESTION #2—*How many and what kind of citations do patrol personnel issue?*

If February is an indication, our patrol personnel most often issue citations for Pass Violations (for example, "Pass not displayed on dash as required"). Last month they issued 75 citations for these violations. Remember, we are responsible for our guests. They also cited 43 vehicles for parking on the street overnight.

Moving Violations

We have received several complaints from residents about people driving at unsafe speeds and running stop signs along Niguel Shores Drive. A majority of these concerns are from between PCH and Atlantic. Our deputy sheriffs have assured us that they will take enforcement action on these violations. These citations are expensive. Please caution your fast friends to drive safely for safety sake.

—God Bless . . . Tim Murphy



CLUBS

WOMEN'S CLUB

Please note: To keep us all healthy and follow community, city and state regulations, we have cancelled all Women's Club events for April.

As we all face the enormous impact of the coronavirus, we must remember how precious life is and the importance of protecting our health and loved ones. We will temporarily miss the congenial times together, great salads, and informative speakers—but this too shall pass! We know patience is a virtue and we'll just have to take each month at a time.

Our purpose as a Women's Club is to promote friendship, fun, and service to the community. We want everyone to know that our members are here for you if there is a need during these challenging times. We have a **Care and Concern Committee** to contact if you need day-to-day supplies or assistance. Please call **Terry Link** at (949) 212-2004 or **Jeannie Sticher** at (949) 409-1317.

Age Well Senior Services deliver meals to those who are home bound and also offer a shuttle service to doctor appointments for \$2 a ride. Their number is (949) 496-4252. Many of our club members are also part of the **Shores Angels** whose information is on the Niguel Shores website.

On a lighter note, last month our **Fashion Show Luncheon**, "Sailing into Spring," brought 85 members and guests to the Clubhouse for a dazzling presentation of fashions from **Soft Surroundings** in the Shops at Mission

Viejo. Our members **Nadine Allen, Cora Berkery, Diane Dale, Betty French, Anna Kwit, and Sharon Stewart** modeled the spring gauze collection of relaxed apparel. The fine designs, quality, style and comfort of the clothing was a joy to observe. Thank you to **Hansa Sehgal**, chair of the Fashion Show, and to **Sally Gorelick**, Soft Surroundings commentator, for also sharing fun facts about each of our models. Another round of applause goes to **Jeannie Sticher** for organizing the boxed lunch orders from **Panera Bread**, and to **Suzanne Enis** for the stunning bright blue tablecloths adorned with sailboat centerpieces. This special event certainly takes a village to prepare and coordinate. BRAVO Fashion Show Team!

Our Nominating Committee has submitted the slate of 2020-2021 officers to be voted on in May. The proposed officers are as follows: Co-Presidents, **Terry Link** and **Sharon Stewart**; Vice President, **Catherine Bitran**; Treasurer, **Cathy Tyson**. The Secretary position is still open and the Nominating Committee seeks members who might be interested. At our next meeting, we will have Committee Sign-Ups Sheets for the 2020-2021 Women's Club year.

Due to the coronavirus challenges, our future scheduled events may be changed or cancelled. Watch your email and the Niguel Shores website for further announcements. Thanks for understanding!

—Terry Link



CLUBS

MEN'S CLUB

Please note: Men's Club meetings are cancelled for the month of April.

To recap our previous activities, at our meeting on March 3, members and guests enjoyed a hot breakfast from the **Gutknecht Cooking Team** featuring a delicious sausage egg dish, fresh fruit, muffin, juice and coffee—an amazing value for \$5.

Our speaker was **Rosalind Russell**, creator and operator of the **R Star Foundation**. Ms. Russell gave a *fascinating* presentation about her personal experiences helping women and children of earthquake-devastated Nepal. Her organization states that it “serves and educates the isolated and disempowered . . . connecting resources to the neediest people in one of the most remote areas on earth and helping bring about peace.” (www.rstarfoundation.org)

Ms. Russell spoke with sparkle and wit providing cultural information about the Far East that, for most of us, was previously unknown.

Nepal, a landlocked country tightly wedged between India and China, is excessively poor. It is barely third world, struggling to get on its feet after the disastrous 2015 earthquake. Ten thousand were killed, thousands more injured, and it simply knocked the country's villages flat.



Rosalind Russell, of R Star Foundation, with children of a Nepal village school and riding a Longhorn in Texas.



Ms. Russell, of Laguna Beach, often goes to Nepal to teach, council, encourage, and raise funds for many projects, including building new homes. She usually lives and works in the wrecked buildings, just as most of the people do.

Unfortunately, our St. Patrick's Day meeting on March 17 was cancelled, due to caution over the coronavirus. Our speaker, financial advisor **James Fullenkamp**, will be rescheduled as events regarding the nation's health unfold.

Due to the coronavirus challenges, our future scheduled events may have to be changed or cancelled. Watch your email from the Men's Club and check the Niguel Shores website for further announcements. Thanks for understanding!

—C. W. Gruenig

NIGUEL SHORES MEN'S CLUB COLLEGE SCHOLARSHIPS FOR GRADUATING SENIORS TWO \$1,000.00 AWARDS

STUDENTS LIVING IN NIGUEL SHORES
WILL BE GIVEN PRIORITY

To participate, please submit the following criteria:

- Name, address, phone, and e-mail
- High School
- College Choice
- Major
- SAT Scores
- Public Service
- Personal Essay
- Recommendation from Teachers
- Scholastic Record, Classes and Grades
- Financial Need Statement



Submit to Niguel Shores Office by April 8, 2020
Info: Dick Kichline, Men's Club Scholarship Chairman
rkichline@cox.net

ACTIVITIES

DANA POINT LIBRARY

Temporary Closure:

Based on recommendations from the County and State to limit the number of people in a public building and help curtail spread of COVID-19, the Dana Point Library will be closed until further notice. Book drops are closed but books will automatically renew on their due date. Digital services will remain available. Check their website for details at <http://www.ocpl.org/libloc/dana/>

PAGE TURNERS

Page Turners book for April is *The Library Book* by Susan Orlean. This is a novel about the disastrous 1986 fire in the Los Angeles Central Library that destroyed or damaged more than a million books. In anticipation of our club reading this book, we had scheduled a docent guided tour of the L.A. Central Library for the group on April 1. Well, by the time you read this you will know that trip had to be cancelled! Hopefully, we will be able to make that trip in the future, and in the meantime we will look forward to spirited and informed discussions by all three Page Turners member groups.

Page Turners meets on the fourth Monday and fourth Thursday of the month. For information on the Thursday groups please contact **Steve** and **Ann Morris** at samw-rwsi@cox.net and for the Monday group, **Frances Ozimec** at fozimec@cox.net.



—Frances Ozimec



ACCOLADES

Thank you to these good-hearted Niguel Shores residents who let us know they are offering their assistance to those in our community needing help with an errand, groceries, pharmacy, etc. You can contact them through www.nextdoor.com or at their numbers given below:

Rhonda Dunlevie wrote:

As you know we have a volunteer group in Niguel Shores called “Shores Angels” and we wanted to reach out to ask if there are neighbors that need assistance with running errands or going to the store or pharmacy during this pandemic. There are several volunteers available. You can contact us through text or email. Contact Rhonda at shore-sangels@gmail.com or call/text (949) 359-1939.

Cora Berkery wrote:

I would like to ask that we look out for one another. Maybe we can check in on our elderly or alone neighbors to be sure they have all of the supplies they need. Ask them more than one time if they have food, staples, medication, etc. and if not, we likely have what they need or can offer to help them get it. The older and more susceptible folks need to stay home. Let us pick up the slack for them. I know I would be happy to. If you live in Niguel Shores and want help with supplies, please call me. I will be happy to help you! Stay well my friends! Contact Cora at (949) 285-1984.

Kate Buckley wrote:

Hi neighbors. My partner, Todd, and I, as well as our friend, Mark, are all fellow residents of Niguel Shores. We would like to offer our assistance to our elderly and immunocompromised neighbors during this time of social-distancing. If anyone needs assistance with grocery or pharmacy runs, etc. please reach out and let me know. We’re happy to help in any way we can. We’re all in this together! Contact Kate at kate@buckleymedia.com.



Issues of the **Seashore News** from 1973 to now are available online at www.niguelshores.org.

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Patti Staudenbaur (*Clubs/Activities/Meet Neighbor*)

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Steve Barrett (*Pickleball*)

Susan Davis, DVM (*Pet Parade*)

Dan de Neve (*Library*)

Geoff Dunlevie (*Maintenance*)

Bob French (*Bridge Club*)

Brenda Gino (*Women’s Golf*)

CW Gruenig (*Men’s Club*)

Terry Link (*Women’s Club*)

Dick Kichline (*From the Helm*)

Karl Kuhn (*Garden Club*)

Marla Miller (*NSCA GM Report*)

Tim Murphy (*Traffic and Safety/Cuisine*)

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Jim Pinola (*Bridge Club*)

Michelle Ralph (*Features/Spotlight/Meet Neighbor*)

Jenny Rose (*Tennis*)

Bob Russell (*Men’s Golf*)

Norton Schwartz (*Really Serious Book Club*)

Sharon Stewart (*Wellness*)

Gary Tinnes (*Cuisine/Photos*)

Bill Walkup (*Landscape/Cuisine*)

Kent Wellbrock (*Emergency Preparedness*)

Meg Wilson (*Features/Spotlight/Photos*)

We would like to hear from you! Send your comments and suggestions to seashorenews@hotmail.com

PICKLEBALL

Courts are closed until further notice.

New Hours:

When the courts open, the new play hours will be as follows:

- Monday 9 a.m. to 2 p.m.
- Tuesday 9 a.m. to 2 p.m.
- Wednesday 9 a.m. to 7 p.m.
- Thursday 9 a.m. to 2 p.m.
- Friday 9 a.m. to 7 p.m.
- Saturday 9 a.m. to 2 p.m.
- Sunday No play



Drop In Play:

We will keep the same Drop In hours Monday, Wednesday, Friday, Saturday from 9 a.m. to noon.

Email List:



If you are interested in being added to the Pickleball Email List, email your information to: niguelshores.pb@gmail.com.

—Steve Barrett

WOMEN'S GOLF

Happy springtime! Last month we scooted out onto the golf course at **The Ranch**, trying to get ahead of the rain, and found plenty of good weather, a couple deer, and great greens! Our golf outing this month included seven golfers, and five former players joined us for lunch.



Golf played out this way:

- Low Putts Val Menconi & Julie Patton
- Low Score Julie Patton
- Closest to the Pin on 6 Catriona Sigsby
- Closest to the Pin on 8 Brenda Gino
- Longest Drive Brenda Gino

As always, we invite and encourage all you lady golfers to come out and play! If you'd like to be included in future Tee Times, please contact **Brenda Gino** at (619) 921-5821 (Text or Call).

—Brenda Gino

Honoring Our Graduates



Does your household have a high school or college graduate this year?

Send their names and any other information (schools, activities, future plans) by May 15 to seashorennews@hotmail.com. We would like to honor the graduates in our June issue.

DOG-GONE IT, PURR-FECT PICTURES NEEDED



Here is a chance to make your pet famous! We invite you to send a photo of your treasured pet for all Niguel Shores to see! One photo per household, but you can have several pets in the photo if you like.



By May 15, please email your digital pictures to seashorennews@hotmail.com and tell us something about the little darlin' who lights up your life.



We will use as many pictures as space permits over the coming months.

Wellness... Anxious Times

As I drove through the parking lot of the grocery store with an eye for a place to pull in, someone slowly backed out of a space right in front of me. What a lucky break! This was a good omen, and a good omen was indeed in order. I was about to enter one of several local shopping meccas where all things *perceived* as necessary to survive the invasion of the **coronavirus** were located.

Armed with my shopping bags, and a sense of impending doom, I headed into the much-anticipated war zone. As the electronic doors opened, the activity inside was like the quiet panic before a hurricane, with everyone on a mission to fill their pantries and refrigerators to the gills.

Quiet but harried shoppers propelled their carts assertively up and down the aisles tossing anything in a can into their baskets. During my tour of duty, I frequently spotted shopping baskets piled with meats of all descriptions and enough eggs to feed an army. And all I wanted was some ingredients for our dinner, some items to bring to my 89-year-old mom, and, if I was lucky, a little toilet paper!

As I attempted to shop, I quickly realized that I was witnessing the manifestation of runaway fear and anxiety that has filled people's minds regarding the coronavirus. Due to the relative unknown outcome of the pandemic, people's normal shopping behaviors have been hijacked by the shock of possibly becoming infected and quarantined inside their own homes.

This is a legitimate concern. **COVID-19**, the disease caused by coronavirus, is something we've never experienced. It has no cure and can be fatal when someone with compromised health, and/or is over 60, becomes infected. For example, when we think about catching the flu, it's something that we know, something that we're personally familiar with as we've either had it ourselves,



To Your Health! Sharon Stewart RN, Health Coach, Sharon@SharonStewartRN.com

or have cared for a family member who was under the weather with the much-maligned malady. Not so with coronavirus. All we know is what we read or hear about it in the news and that information, without the personal experience, can result in heightened anxiety and fear. The virus was also geographically very far away, but all the while quietly growing in size and scope, traveling across the vast oceans to come to our shores, kind of like the Boogeyman. Silent, invisible, yet threatening. So, we get anxious. To help with that here is a link to the **CDC website** regarding anxiety management and the

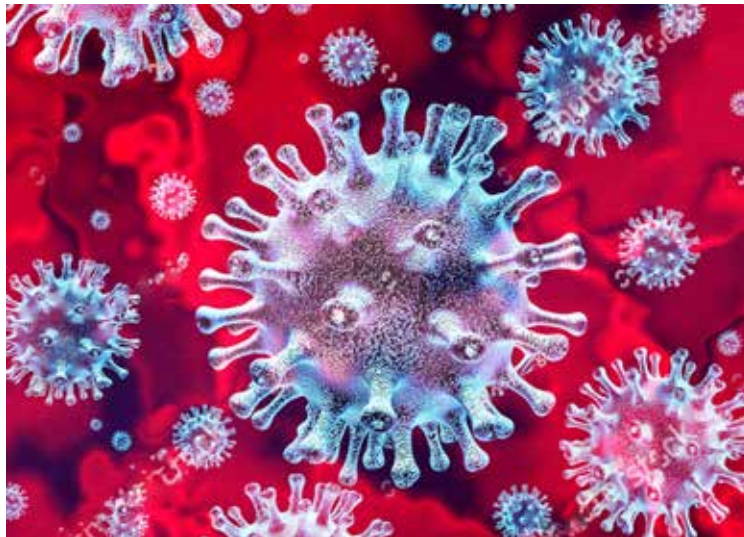
coronavirus. The site is updated frequently and you can search for all things related to the pandemic. <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

Ironically, stress from anxiety and fear reduces our immune systems leaving us more vulnerable to illness, which is what we're so anxious about. If you notice signs of anxiety like

changed sleeping patterns, abnormal amounts of worrying, increased health problems, or increased use of alcohol or drugs, be aware of these changes and take care of yourself. Eat healthy meals, relax before bed to improve your sleep, watch less news, read a favorite book or watch a favorite movie, walk in nature, or share your worries with a close friend. Remember to wash your hands, use hand sanitizer that is at least 60% isopropyl alcohol, sneeze into a tissue or your elbow (and then wash your hands), and wipe down all high-touch surfaces with a disinfectant like a bleach solution.

As I write this, things are changing rapidly, so do your best to stay informed about gathering with others. It's important that we all do our best for the good of everyone. And even though it may sound impossible or even silly, please keep your sense of humor. It really helped when I couldn't find any toilet paper at the store! Remember, this too shall pass.

—Sharon Stewart, RN



Old Time Sing-Along—Just Right for Today!



One hundred years ago, our country was recovering after World War I and the Spanish Flu epidemic. In 1920, Jerome Kern and Buddy DeSylva created a song for that time, yet it seems perfect for today amid the ups and downs we have been experiencing. Their words of advice might be just what we need right now:

*“Look for the silver lining
Whenever a cloud appears in the blue.
Remember somewhere the sun is shining
So make it shine for you.
A heart full of joy and gladness
Will always banish sadness and strife.
So always look for the silver lining
And try to find the sunny side of life.”*



It was also a hundred years ago that DeSylva penned lyrics reminding us to cheer up when things look gray:

*“Though April showers may
come your way,
They bring the flowers that
bloom in May,
So if it's raining, have no regrets.
It isn't raining rain at all,
It's raining violets.”*



In the 1930s, amid the Great Depression, what better lyrics for a worried populace than these?

*“Grab your coat and get
your hat,
Leave your worries on the
doorstep.
Just direct your feet
To the sunny side of the street.”*
(McHugh/Fields)

*“When you're smilin'
When you're smilin'
The sun comes shinin' through,
But when you're cryin'
You bring on the rain,
So stop your sighin'
Be happy again
'Cause when you're smilin'
The whole world smiles with you.”*
(Goodwin/Shay/Fisher)



Music helped pull us through hard times in World War II. Filled with patriotism and sentiment, the songs of the 1940s caught everybody's hearts. Even the most melancholy songs spoke of hope for when times improved and everyone was home again. Do you remember these songs and performers?

"We'll meet again, don't know where, don't know when. We'll meet again one sunny day. Keep smiling through, just like you always do 'til the blue skies drive the dark clouds far away." (Ross Parker/Hughie Childs)

"There'll be blue birdies over the white cliffs of Dover tomorrow, just you wait and see, tomorrow when the world is free." (Kay Kayser/Glenn Miller)

"Smile boys, that's the style. What's the use of worrying? It never was worthwhile, so pack up your troubles in your old kit-bag, and smile, smile, smile."

(Powell/written WWI and revived WWII)

"Don't sit under the apple tree with anyone else but me till I come marching home."

(Glenn Miller/Andrews Sisters)

"You are my sunshine, my only sunshine. You make me happy when skies are gray."

(Jimmie Davis)

"You gotta accentuate the positive, eliminate the negative, and don't mess with Mister In-Between."

(Johnny Mercer)



To recall more "oldies" from the last century, think about how these songs, lyrics, or performers brought a little sunshine every time we heard them:

"I'm picking up good vibrations." "Fun, fun, fun." "Kokomo." "Surfin' USA." (Beach Boys)

"I've got all my life to live, I've got all my love to give, I will survive!" (Gloria Gaynor)

"I'm walkin' on sunshine, and don't it feel good!" (Katrina and the Waves)

"Here comes the sun, and it's all right." "Ob la di Ob la da, life goes on. Day after day life goes on." (Beatles)

"If you need a friend I'm sailing right behind. Like a bridge over troubled water, I will ease your mind." (Simon and Garfunkle)

"Sing a song and sail along the silver sky—up, up and away." (Jimmy Webb/5th Dimension)

"Don't worry, be happy." (Bobby McFerrin)

"Everyone we meet, dancin' in the street." (Martha and Vandellas)

"It's a beautiful morning." (Rascals)

"Somewhere beyond the sea—there waiting for me." (Bobby Darin)

"What a Wonderful World/Somewhere Over the Rainbow." (Louis Armstrong/Iz)



And so many more! Do you have a favorite piece of music that encourages you to "accentuate the positive, eliminate the negative" and stay upbeat even in difficulty?

Corita Kent, the serigraph artist who designed the famous "Love" postage stamp of the 1960s, said, "It is a huge danger to pretend that awful things do not happen, but you need enough hope to keep going. I am trying to make hope. Flowers grow out of darkness."



Building on Corita's ideas, let's hold on to the hope that spring brings a revived spirit to all of us. Like the flower seeds Corita describes, we've been buried during the dark of winter, but it's time now to bloom—to begin anew. In the days ahead let's "look for the silver lining and try to find the sunny side of life."

—Sandy Homicz, with many thanks to Meg Wilson for the beautiful photos!

BOARD ACTION SUMMARY

MARCH 11, 2020 BOARD MEETING: (General Session)

ACCEPTED AND FILED:

- Unaudited January 2020 Financial Reports
- General Session Committee Minutes

APPROVED:

- General Session Meeting Minutes for February 5, 2020
 - March 2020 Expense and Transfer (Actual)
- Reserve Expenditures Reimbursement for February 2020
 - Review and File Board Candidates
- Member of Record Date as the Date the Ballots are Mailed
- Appointment of Dave Dowling to the Architectural Committee
 - Assessment Collection Policy Updates
 - Pre-Lien Filing: APN 672-081-18; APN 672-071-25; APN 672-051-52; APN 672-051-56; APN 672-051-44; APN 672-131-14; APN 672-131-37; APN 672-151-18; APN 672-144-15; APN 672-142-31; and APN 672-041-52
 - Litigation Disclosure Update
 - Finance Committee Recommendation to Purchase a \$150,000 Certificate of Deposit
 - Ratify JMG Contract for Fire/Burglar Alarm System Phone Upgrade
 - Harvest Proposal No. 77019 for MLP Renovation of the Marlinspike Lower Slope
- Harvest Proposal No. 76946 for Tree Removal/Replacement (1) in Manta Court as Requested by Resident
 - Election Rules Updates and Policy Changes
 - Red Curb – Ports O’Call from Verrazanno to Cabrillo
 - Legal Retained Services Contract Renewal

MEETING / APPEAL:

- Harvest Landscape – Steve Schinhofen

REVIEWED/DISCUSSED:

- Check Register, General Ledger and Delinquency Report
 - Correspondence to the Board
 - Manager’s Report
 - Board Updates

TABLED / CONTINUED:

- Instructor Agreement – Pickleball
- Permanent Pickleball Nets

MARCH 11, 2020 BOARD MEETING: (Executive Session)

ACCEPTED AND FILED:

- Executive Session Committee Minutes

APPROVED:

- Executive Session Meeting Minutes for February 5, 2020
 - Special Executive Session Meeting Minutes for February 13, 2020
 - Special Executive Session Meeting Minutes for February 19, 2020

HEARINGS/MEETINGS:

- One (1) Hearing Held for Violation of Rules – Use of Community Center, Use of the Association Facilities (Failure to Vacate at Closing)
- Two (2) Hearings Held for Violation of CC&Rs, Article IX, Section 22 – Damage to Common Area
- One (1) Hearing Held for Violation of CC&Rs, Article IX, Section 2 – Nuisance – Construction Hours Violation

REVIEWED/DISCUSSED:

- Legal Update
- Coastal Commission Updates
 - Anticipated Legal Fees
- Alternative Dispute Resolution Request
- Updated CC&Rs – Assessment Collection Policy
 - Nuisance Complaint
- Pre-Lien Filing: APN 672-081-18; APN 672-071-25; APN 672-051-52; APN 672-051-56; APN 672-051-44; APN 672-131-14; APN 672-131-37; APN 672-151-18; APN 672-144-15; APN 672-142-31; and APN 672-041-52
 - Legal Analysis
 - Delinquency Report

NOTE:

The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.



REMINDERS: THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON THE 2ND WEDNESDAY, MAY 13, 2020 AT 6:00 P.M. PENDING FURTHER UPDATES

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2020 CENSUS

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 2020 Census.**

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HOUSING AND THE CORONAVIRUS

How will the Coronavirus outbreak affect housing? There is no absolute, 100% certain answer. Instead, it all boils down how long this crisis will last and how large of an impact it will have on United States soil and the rest of the world. Currently, the data does not indicate any change in the local housing market. The supply of homes to purchase in Orange County is at its lowest level for a start to March since 2013, and demand is at its highest level since 2016. With not enough supply and strong demand, the Expected Market Time is at 48 days, a **HOT Seller's Market** and its lowest level since 2013.

As a direct result from COVID-19, **mortgage rates** have dropped to a **record low** and will most likely drop even further, **juicing demand**. The active listing inventory increased by 131 homes in the past two-weeks, up 3%, and now totals 4,161. Last year at this time, there were 6,366 homes on the market, 2,205 more than today, a 53% difference. The luxury end, all homes above \$1.25 million, accounts for 41% of the inventory and only 15% of demand.



Regarding the supply of homes, the Coronavirus may inhibit some homeowners from placing their homes on the market the longer the outbreak lasts. For now, there has been **NO REAL NOTICEABLE CHANGE** in the number of homes coming on the market.

Low Rate Environment Boosts Affordability

	Today	Last Year	11/15/2018	2007 - Prior to Recession
Mortgage Amount	2.75%	3%	3.25%	4.4%
\$500,000	\$2,041	\$2,108	\$2,176	\$2,504
\$750,000	\$3,062	\$3,162	\$3,264	\$3,756
\$1,000,000	\$4,082	\$4,216	\$4,352	\$5,008

Have questions about the current market? Contact us today!

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2020 REAL ESTATE UPDATE FOR NIGUEL SHORES

9

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5

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