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Published monthly by the Niguel Shores Community Association

- August 1985-



FROM THE HELM

IN THE HEAT OF THE NIGHT

Last month at the Open Board Meeting we were given a clear, understandable presentation of plans for improving the rock revetment which protects the Association's beach from the sea. Our consultants, Tom Scheil of Converse Consultants and Mitch Brown of Urban Assists, described in detail the technical plans for obtaining Orange County and Coastal Commission approval of such plans.

We had an audience of 35 residents.

In the business meeting which followed various committees reported on their activity. For instance, the active Recreation Committee, represented by Ed Adams in the absence of Chairwoman Stevie Erkeneff, mounted a vigorous campaign to sell a Labor Day Tennis Calcutta to a reluctant Although it was not possible to resolve the disagreement during the meeting the way was paved, I think, to settle the problem over the weekend and there will be a new tennis event on Labor Day weekend.

> OPEN BOARD MEETING AUGUST 21, 1985 8:00 PM

Sommy Somerfield, Chairman of Finance Committee, stated that agreement had been reached with the Board to cut back previously budgeted expenses at once in order to save It's fair to say that this \$20,000. key committee, working with Keith Lavery of Staff, and Frank Taylor, Board Liaison, came up with absolutely necessary vet reasonable recommendations to cut expenses. Board approval was unanimous.

It's important to note that we engaged in sometimes heated debate, lengthy dialogue, and considerable disagreement while some of these subjects were on the floor. It's even more important to say that at no time was the debate personal or unreasonable. We believe that such public airing of important subjects was useful and helped resolve issues.

The interested and sometimes combative residents who attend these Open Board Meetings do make a difference and often re-direct the thinking of members of the Board. Relatively few people attend but those who do become active on committees and on the Board.

We commend the attendees.

Forrest Owen
President



GENERAL MANAGER'S COLUMN

BEACH PARKING UP-DATE

Since September, 1984 the Beach Parking Lot has been restricted to parking of resident and member vehicles displaying valid Community Decals. This procedure has significantly improved the problems being addressed by the Security Committee and Board of Directors. Management has received many positive comments from residents in connection with the procedure.

As in many cases, a change in procedure often inconveniences some residents. The Committee and Management have continued to monitor the effects of the change. It appears that some provision for an "exception" must be found which will permit bona fide guests limited access to Beach Parking while not eliminating or seriously affecting the improvements realized as a result of the procedural change.

An "exception" procedure has recommended by the Security Committee which is awaiting approval of the Board Directors. The procedure "Parking includes recommended Exception" permit issued by Management based upon certain request criteria and a deposit for misuse, loss, etc. \$25.00 for owner applicants or \$50.00 for non-owner tenant applicants. limit of two (2) "exception" permits per unit is also recommended. parking exceptions would be issued by Management and carefully controlled.

Members and residents who have an interest in such a permit can contact the Administration Office after August 7. 1985 to inquire about the approval of this change in pocedure and other relative details.

Richard Smiley General Manager



BOARD ACTIONS JULY 1985

COMMUNITY CENTER PARKING LOT

Approved slurrying and restriping of the parking lot.

ASPHALT WALKWAY RESURFACING

Approved repair and resurfacing of Community asphalt walkways.

WROUGHT IRON FENCE REPLACEMENT

Approved replacement/repair of 26 bottom rails of fence, above Marlinspike.

SECURITY COMMITTEE

Approved appointment of Manny Salemi to Security Committee.

COMMUNICATION COMMITTEE

Accepted with regret the resignation of Dick Phares as Chairman.

RECREATION COMMITTEE

Expressed appreciation to Recreation Committee for a successful Fourth of July celebration.

1986 BUDGET

Approved a schedule for the preparation of the 1986 Budget with target date, for preliminary budget, of October 1st.

MULTIPURPOSE ROOM VENTILATION

Accepted donation of \$525.00 from Paper Salvage Fund for cost of modification of existing air duct system.

DELINQUENCY REPORT

Accepted Management's report reflecting considerable reduction of outstanding assessment delinquencies.

NEIGHBORHOOD WATCH

Since Neighborhood Watch was started in Laguna Niguel two years ago, there have been fewer burglaries. But they do happen. The most recent incidents have been the burglary of a home in the Villas and the theft of two large flags, one in Sea Terrace II and one in the Garden Homes. The motivation for the latter appears to be vandalism rather than monetary gain. incident in the Villas involved valuables including money and furniture. Entry was gained through a bathroom window and the exit through the garage. This should be a reminder to all of us to keep all windows and doors locked while we It should also make us aware of away. the need to report any suspicious car or truck in a neighbor's driveway.

interested in obtaining Anyone plastic 5"x5" Neighborhood Watch sign or a 3"x3" decal should contact the Block Captain who will be able to get one for you. A limited number of these signs and decals is available at a nominal cost. Anyone interested in borrowing an engraver to connection with Operation Identification is urged to contact the Coordinator for the area. The names and phone numbers of the Coordinators are listed below. It should be noted that Jean Marques has replaced Kathleen Heggi as the Coordinator for the Garden Homes.

Berkus Homes	Polly Buckingham		
2003	496-5142		
Broadmore Homes	Don Kay 496-3059		
Garden Homes	Berenice Peck 661-0991		
	Jean Marques (Asst.)		
	493-6140		
Sea Terrace I	Ray Goodhart 496-0903		
	Andy Pence (Asst.		
	for Halyard) 496-7953		
Sea Terrace II	Ed Adams 493-4445		
Ocean side of	Phyllis Luengen		
Highway	496-5998		
The Villas	Lana Ojendyk 496-9431		

SECURITY COMMITTEE

UP-DATE

Motorcycles Motorbikes Mopeds, etc.



The long-awaited Decals have arrived.

Until now, registration of two wheel street vehicles (motorcycles, motorbikes, mopeds, etc.) has included use of the same NSCA Decals used for other motor vehicles. This has proved ineffective.

EFFECTIVE August 1, 1985 members residents are asked to bring their two wheel street vehicles to Association Office during repular (9am - 5 pm)business hours Community Registration. There will be charged fee the for registration of each such vehicle if registered by September 15, 1985. may be charged thereafter. Replacement of lost or stolen Decals is Two wheel vehicles previously registered and displaying a valid Decal can receive the new Decal during this period also on a no fee basis.

Security will issue "warnings" for nonregistered vehicles during registration period. After September 15, 1985 two wheel vehicles not current displaying valid (Decal) Community Identification subject to violations, fines, etc.

PLAN NOW TO REGISTER!

THANKS!

Chairman Dick Phares submitted his resignation at the June Communication Committee meeting. For some years he has worked diligently to make the SEASHORE NEWS a quality means of communication for Niguel Shores residents. Thank you, Dick. for your leadership. We will miss it!

Dick MacNair will succeed him. Thanks, Dick MacNair!

VOICE OF THE PEOPLE

Letters are limited to 200 words, typed if possible. Handwritten copy must be neat and legible. Include name, address and phone number of writer. If short of space, we may ask writers to condense their letters. We reserve the right to reject material that we feel is unsuitable for any reason. The Seashore News assumes no responsibility for the content of any letter. We would like to hear from you.

Comments in VOICE OF THE PEOPLE are usually entertaining, if not always of earth-shaking importance. However, "anonymous" letters have absolutely no validity and are undeserving of publication.

Why does Seashore News accept these? The New York Times, London Times, Los Angeles Times and most quality international newspapers flatly refuse to print them. The Manchester Guardian, generally considered finest in the world, would be horrified at the mere thought of publishing anonymous letters.

Seashore News letters signed "Concerned Homeowner" or "Dog Lover" or "Kid Hater" only serve to demonstrate the supreme cowardice of those who have not only little personal honor but who lack even efficient pride in their own convictions, much less the fundamental courage to stand up and be counted.

Timid souls so afraid to sign their own names to letters do not rate even a modicum of respect or attention. Deliberate anonymity is the cloak of the unprincipled coward and should not be indulged or accommodated in our community newsletter.

Short shrift to the nameless!

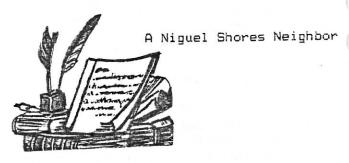
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Peggy Phillips Bucci

Ed. note: SEASHORE NEWS editorial guidelines require that all articles submitted to SEASHORE NEWS must be signed. Printing the name is not required.

ON TRASH AND CIGARETTES THROWN IN COMMUNITY — YOU KNOW WHO YOU ARE!

You walk, or you jog. Male or female. You must do it as It is good for you. it is healthy, and it helps your well-But do you have to litter our lawns, driveways and streets with your cigarette butts? Every day we find them, some with lipstick. Could you please confine this habit to your own home, and not ours? It would be much We also find soft drink appreciated. cans, beer, candy wrappers, papers, etc. thrown everywhere. Share with us and help keep our community a clean one! Thank you.



POTLUCK - SUNDAY, August 18th

All Niguel Shores residents are welcome. If you do not receive a call, then let one of the following committee members know that you plan to attend and what you would like to bring - casserole, salad, or dessert.

Cocktails 6:00 pm Dinner 7:00 pm

Bring your own cocktail beverage and place setting.

Fred and Edee Sandefer A - 6 493-3207Gene and Dorothy Lachel H - M 496-5068Jack and Valerie Fellows N - Z496-9759

If you can't reach any of the above call Manny or Lois Salemi, 661-6891.



NSCA WOMEN'S GOLF ASSOCIATION

There's no denying that our monthly FUN DAY is reaching new heights in OSCAR-AWARD material. Last month, heading for The Links' hole 17's bull-frog pond, the Magwood sisterhood discovered that their golf-cart was not equipped with pontoons. Undaunted, the girls promptly switched into reverse and when last observed (Betty at helm and Fran navigating) were nearing SAFEWAY — a really fantastic approach shot!

Maggie Waterman, besides providing delicious refreshments for group, was the only one who heard the birdies sing that day. She and Peg Bucci finished low-scorers, but Peg confesses she was playing "winter rules" - in 80-degrees heat, no less! Lucy Van Elzakker performed brilliantly despite playing the entire round in kitty-litter. Ceacy Jones' RINGER CHART is a thing of splendor, as is Ceacy, be-fitting a new grandma. Rose Marie Lawson is back in form among the low handicappers. Jane Penderpast. Betty Mullen, Liz Kelsch and Lorraine Traveller teed off like pros -- some of them even finding their lost balls.

Mary Lou Delaney was sorely missed, and so was her unique new "floater ball" which, upon landing in water, simply sprouts a tiny mainsail and cruises neatly towards the nearest shore. As you can see, we take our golf VERY seriously. Join the group and discover comedy.

Beginners are particularly welcome in Carol Hollinger's Friday morning group. Call her (496-8687) if you'd like to hack your way around Ben Brown's where deer cross the fairways, all trees are staked, and slicing can be beautiful. Our other captains are Maggie (661-2922) for Monday morning tee-offs; and Lucy (496-8565--let it ring 5 times before hanging up) for Wednesdays.

Hear about the next FUN DAY and other exciting details at our next meeting - Wed. Eve., Aug. 7th at 7:30 pm at the Rec Center. New members are welcome. Bring your ball retrievers (no Labradors, please!), and \$2 membership fee. We furnish the laughs.

MENS CLUB

The Del Mar "Day at the

Races" is set for

Thursday, August 29th. Busses will leave the Rec Center at 11:30 am and depart from Del Mar at 5:45 pm. The this year is \$14.50 per person (up 50 cents) due to higher bus costs. Space is limited to 75 on a first-come-firstserved basis. At press time (7-20-85) there are about 20 spaces open. For reservations please call Don Lutz (493-7320) or Gene Chapman (493-7686). Checks should be made payable to the Niguel Shores Mens Club and are due no later than August 6th.

Speakers scheduled for the two meetings in August will be Ron Packard on August 6th and Douglas Gray of the Alcohol Drug and Firearm Division of the Treasury Department on August 20th.



WOMENS CLUB

The outing to the Orange County Fair was extremely interesting and enjoyed by all who attended.

At our regular meeting on August 1st a representative from the Stein-Brief group will be our speaker.

On Thursday, August 15th, members will enjoy an old-fashioned picnic at Dana Point Harbor. Details will be announced at the August meeting.

The Craft Class meets the 2nd Thursday of the month from 10:00 to 2:00 in the recreation room. For information contact Maralee Davis at 496-1049.

COUPLES NIGHT BRIDGE

July 5th was a case of beginners' luck for Bob and Terry Scott, who joined our group for the first time that night and went away winners. Maurie and Carol relative newcomers Nostrand, themselves, were runners-up with a big Hostesses that score of their own. evening were the 3-M's - Mary Ann, Maryon, and Margaret - who came laden with goodies. On the 19th we were equally well treated when Catherine furnished McDonald and Lois Songer refreshments while George and Roy set up the tables and chairs. In the money that evening were "old-timers" Dennis Dangberg, Juanita Schneider, Dick and Congratulations to all Carla MacNair. of them for triumphing over such classy opponents.

Dates for August are the 2nd and the 16th. Walt and Margaret Brugger have offered to serve as chairmen the first week, but we still need volunteers for the third Friday and for both sessions of September. Please let me know if you are willing to help and will be available on any one of those dates.

We sincerely hope that you are all enjoying visits from grandchildren or week-end guests, mini-vacations or holiday cruises, sunning, sailing, surfing, golfing, and other summer delights. Just be sure to save a few Fridays when you can join us for Bridge.

WEDNESDAY AFTERNOON BRIDGE

Bridge winners were:

June 26 - 1st = Maryon Wolcott

2nd = Evelyn Kitzman

July 3 - 1st = Virginia Brooks

2nd = Peg Bucci

July 10 - 1st = Juanita Schneider

2nd = Virginia Piper

July 17 - 1st = Virginia Brooks

2nd = Maggie Waterman

Reservations or cancellations must be made by 4:00 pm on Monday. Call Peg Bucci at 496-5134 if you would like to make a reservation. Play begins promptly at 11:45 am.



RECREATION COMMITTEE

A HUGE SALUTE to all residents who participated and helped make Niquel Shores 4th of July Celebration memorable and FUN! The Recreation Committee had worked on really big plans for the day. The following people deserve special recognition for OUTSTANDING CONTRIBUTIONS for their efforts to the day:

- i. <u>ED ADAMS</u> and <u>DONNA ROSECRANS</u> for their valiant, fruitless efforts in arranging with Pyro Spectaculars and the Ritz Carlton for our <u>very own fireworks</u> display.
- 2. LANA OJENDYK AND MOM'S CLUB for the Great PARADE! If you missed this, you missed a heart warming event! The youngsters were precious with their decorated bikes, wagons, pets, etc. An overheard comment: "I didn't know there were that many little ones living in the Shores!"
- 3. BSA TROOP 760: DAVID NORGREN, LANCE WELLBAUM, ROBERT MUIR, TOBY MUIR & SCOUTMASTER DICK ERKENEFF for the Elag Raising.
- DORIS AND ED ADAMS. STEVIE & DICK ERKENEFF. PHYLLIS LUENGEN. ROSECRANS & ANNA SANDOVAL for Continental Breakfast, and to MR. SMILEY purchasing our for croissants! One young man was waiting 0900 for "the Pancake Breakfast"! He was disappointed that all we had was donuts!
- 5. CANDI BURROUGHS AND JUDGES LINDA DUFFER, CAROL SUE MULLEN, AND JULIE TIERNEY for the SAND CASTLE CONTEST. The GOLDSMITH FAMILY won the Grand Prize Trophy.

Thank goodness that the tides cooperated this year! I have the for highest regard every person mentioned above. People like these make the Chairman's job easy---they say they will do something and they come through with flying colors!

AWARDS

GRAND PRIZE Goldsmiths & Friends

JAWS 3-D

SMALL GROUP Tierney & Bates

. AMERICAN FLAG

JOINT FAMILY 1st Burroughs, Eriksen,

Askew

FREEDOM HOT-AIR BALLOON

2nd Boyer, Teitsworth,

MacClennon

"HAPPY BIRTHDAY, AMERICA" CAKE
CHILDREN UNDER 6 Clark Boyer CASTLE
CHILDREN 7-10 1st Ricky Burroughs,
Clint Coyle, Chris

Eriksen TURTLE

2nd Hollie Burroughs,

Brian Eriksen

CASTLE

CHILDREN OVER 10

1st McKeehan, Maxey, Coop

FAT BEACH LADY

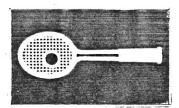
2nd Mark Fedden, Chris

Snow CASTLE

We are in the process of Budget Proposals for 1986 Budget. Anyone who has any ideas for new items should get in touch with Stevie or any Recreation Committee member.

HELP!! The Hill and Harbor team would like to find someone who would cater a light "Sports Luncheon" after our "Home" matches. This would be on 15 Tuesdays at around 11:30 am from September through the middle of May. Interested???????? Please call Joyce McDowell at 496-7493.

Sunday, September 22 is the tentative date for "An Art Affair" where resident artists would show their works.



LABOR DAY CALCUTTA TENNIS TOURNAMENT

The Recreatiion Committee and Tennis Pro Ken Reid are planning a "Calcutta" for Saturday, August 31 and Sunday, September 1. This will be a "60" if the Board of Directors approves the event.

We are encouraging all interested residents to join in this "Farewell to Summer". One need not be a tennis player to participate, have fun AND win!!!

Players will be rated according to ability level so that all matches will feature competition at a comparable level. Mixed Doubles Teams will be formed by "Hat Draw". "Super Teams" (3 or 4 teams each) will also be formed by "Hat Draw" so that there should be great team spirit and comraderie among players of all levels.

Matches will be "No-Ad" a 6 or 8 game "Pro Set" (that is first team to 6 or 8 games wins that round). A tie-breaker will be played "5 or All".

None other than the famous <u>TUCK COOP</u> will be the Auctioneer! That alone should encourage you to come out at least for the dinner and the auction!

Individual Teams and Super Teams will be auctioned off the night before the Tournament. Teams can be "owned" by an individual or by groups. Because the Draw will be made the previous week, you will be able to decide ahead of time the team or teams on which you wish to bid.

Look for the $\underline{\mathsf{ENTRY}}$ $\underline{\mathsf{FORM}}$ in an article by Ken Reid.

We really need some <u>VOLUNTEERS</u> to help with this event. Following are the Committees: Auction, Food, Draw, Trophies and Treasurer. Please let Ken (643-3374), Stevie (493-6359) or any Recreation Committee Member know if you would like to help; or leave your name and phone number in the Recreation Box at the Community Center; or come to the Planning Meeting on Tuesday, August 6 at 7:30 pm.

Following are important dates:

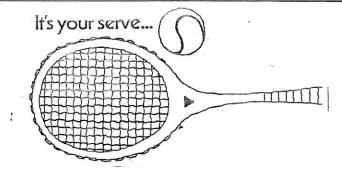
Planning Meeting	
Tuesday, August 6	7:30 pm
Entry and Reservation Dea	dline
Wednesday, August 21	5:00 pm
Hat Draw	
Friday, August 23	10:00 am
No Host Bar (wine/beer)	
Friday, August 30	6:00 pm
Dinner	
Friday, August 30	6:30 pm
Auction	
Friday, August 30	7:45 pm
Matches	
Saturday, August 31 9	:00 to 3:00
Matches	
Sunday, September 1 9	:00 to 3:00

PRICE:	Full Fee	\$22.00
	Tournament Only	15.00
	Dinner Only	7.00



Come paint with us on Tuesdays Forget your cares and woe Have fun with watercolors And have something nice to show!

Eight 3 hour sessions \$72. All levels welcome Call Doris Adams 493-4445



THE TENNIS PAGE

LESSONS (643-3374)

The warm welcome I have received from the residents of Niguel Shores has been most encouraging. I am continuing to expand my low cost group lessons in August with the following schedules:

ADULT SERIES

_							
u	6	7	7	30.1	31	rs	•
	_	_		11	 =	-	2

Saturdays	1 - 2	(8/3 - 8/24)
Wednesdays	11 - 12	(8/7 - 8/28)
	Intermediate	25
Saturdays	12 - 1	(8/3 - 8/24)
Mondays	11 - 12	(8/5 - 8/26)
Limit: 4/Cla	ss Cos	st: \$28/Student

ADULT SINGLE STROKE

	Intermedia	te and up	
GROUND-	Saturday	11 - 12	8/3
STROKES	Wednesday	6 - 7 pm	8/7
SERVES	Saturday	11 - 12	8/10
	Wednesday	6 - 7 pm	8/14
VOLLEYS	Saturday	11 - 12	8/17
	Wednesday	6 - 7 pm	8/21
DOUBLES-	Saturday	11 - 12	8/24
STRATEGY	Wednesday	6 - 7 pm	8/28
Limit: 4/0	Class	Cost: \$28/St	udent

JUNIORS

Classes will continue to meet once a week for one hour Mondays, Tuesdays, and Wednesdays from 12 - 3. The exception will be ages 5 - 7 Mondays and Wednesdays for 1/2 hour each day.

Junior League matches will be the following Thursdays: 8/1 (away), 8/15 (home), 8/22 (away) from 1 - 3 pm.

AUGUST LESSON TIP

For those of you who would like to continue taking instruction at the half-off. introductory price. recommend a semi-private lesson with partner(s). your hitting \$13/person/hr., each player receives not only individual instruction but can also learn how to sustain a rally, practice specific shots, and develop a strategy in singles and/or winning doubles.

NEW DEVELOPMENTS

I have aguired a ball machine and have established a regular schedule when it can be rented for \$4 per 1/2 hr. The machine is capable of firing straight or random left and right shots and is therefore applicable to any ability level. I recommend it be used by 2 people at a time for maximum effectiveness (children must accompanied by a parent). It will be available Mondays and Wednesdays from 3 - 6 pm and Sundays from 11 - 2. I will be in the recreation complex during those times to not only set up the machine but also meet with people. Stop by and visit.

I have also been asked about the possibility of a challenge ladder in singles and/or doubles. Please let me know if you are interested.

CALCUTTA ENTRY FORM

Entry Deadline: 8/21
Categories (please check):
Dinner/Auction \$7

Dinner/Auction \$7.00
Tournament 15.00
Tournament/Dinner 22.00

Auction NC

Total

Make checks payable to N.S.C.A.

Name_____

Phone_____

IN MEMORIAM

AIKMAN ARMSTRONG

JULY 2, 1985



1985 SUMMER DAY CAMP

With Session 3 now under way, there is only one day-camp session remaining. So far we have had excellent participation and good times enjoyed by all. Session 4, Water Week, has been a favorite every summer. The last 2 sessions have been near the maximum limit, so don't be late, sign up now. Deadline for sign-ups is August 9. And remember it's first come, first served, so don't be left out.

Cost for the 3 to 5 year olds is \$56.00 per session, and camp is from 10:00 to 1:00, Monday through Thursday.

Cost for 6 years and older is \$92.00 per session, and is from 10:00 to 3:00, Monday through Thursday.

1985 SUMMER SWIM LESSONS

There are only two sessions left, so sign up before the summer is gone.
The remaining sessions are as follows:
August 5 through August 15
Sign-up deadline is August 2
August 19 through August 29
Sign-up deadline is August 16

CLASSES OFFERED

- 1 Mommy and Me
- 2 Pre-Beginner
- 3 Beginner
- 4 Advanced Beginner
- 5 Intermediate
- 6 Advanced

COST

Classes-\$20.00/session Private-\$25.00/5 lessons

Classes meet on Monday, Tuesday and Thursday of each week.

SWIM TEAM

Niguel Shores now has a competitive swim team with about 15 members. Cost is only \$10.00 a month and workouts are Monday, Tuesday, Thursday and Friday every week. Our first home meet is on August 14 at 3:00 against Emerald Bay. Come by and show your support.

NEIGHBORHOOD EXCHANGE

REMINDER

Items for the Sea Shore News Neighborhood Exchange, must be submitted by the 19th of the month, together with a check for \$1.00 (no cash accepted!) payable to NSCA (for a maximum of twenty words). Forms for placing an ad are available at the Association office.

FOR SALE: Raquetball raquets - good choice - hardly used. \$12.00. 33 Records (Opera to Pop to Christmas) at 25 cents. 493-0461

FOR SALE: Twin matress and box spring \$75.00. 48" round redwood table with 4 benches - excellent condition \$60.00 496-8382

FOR SALE: Kenmore washer and dryer (1983): 400.00. Perfect condition Zenith Stereo and tape deck (Akai): 250.00 Gibson 17 cu. ft. (1983) frost free refrigerator: 350.00. Whirloool large microwave (1979): 150.00 Children's furniture including white crib, car seat, highchair, toys, table and chairs. Also: queen bed, twin head board, small appliances and household items, lamps, Weber BBQ, Papasan chair and foot rest - much more. Please call 493-7880

FOR SALE: Garden Home Plan G. Highly upgraded - skylights, used brick patios, fountain, timed watering, teak flooring - by owner. \$229,000 661-6691

FOR SALE: Mercedes: 1984 230ce, five passenger coupe. Gasoline engine performance and quiet with diesel economy. Entirely as new. Mornings or evenings. (714) 496-0464

FOR SALE: Executive desk 58 x 32, hardwood, plate glass top, rug saver, swivel chair to match: both \$750. Good SIMMONS king size davenport, tan and cream; trundle bed, double - 2 bolsters - light brown, good for den. Make offer. 661-2156



4 WEEK SESSION AUG.5 - 30TH CALIFORNIA BODYWORKS

SPLASH INTO SHAPE

SIGN UP EARLY - Stretch, tone and Cardio/Respiratory work out, all done in the pool to music. Give it a try! No swimming ability required - hair stays dry. FOUR WEEKS for \$35. Wed. & Fri. 10:00 - 11.00

AEROBICS/BODY DYNAMICS

Stretching and toning exercises as well as pulse-monitored cardio respiratory movement.

YOGA/DYNAMIC STRETCH AND TONE

Stretches from the age-old yoga arts. Yoga builds balance and strength.

AEROBICS

9 - 10 am M & F \$30 5:30 - 6:30 pm M & W \$30

YOGA

9 - 10 am Wed. \$15

Maureen Stevens, Instructor 496-4095

BRING THIS COUPON IN AND BE OUR GUEST FOR YOUR FIRST WORKOUT.

FREE

WORKOUT

AEROBIC WORKOUT OR YOGA STRETCH AND TONE CLASS

Expires AUGUST 19th

CALIFORNIA BODYWORKS

NSCA DIRECTORY

-AUGUST, 1985

BOARD OF DIRECTORS

NSCA Board - Open Meeting 8:00pm 3rd Wednesday

STAFF

NSCA COMMITTEES

CHAIRMEN

MEETINGS

Community Lighting.....Joe Schaefer See Calendar Multi-purpose Room Renovation......Dick Phares See Calendar

Sea Terrace Townehomes Assoc. I Sea Terrace Townehomes Assoc. II

Don Beaver, President Ray Goodhart John Horne Hazel Lafler Carl Printz

E.R. Sewell, President Tom Davis, Jr. John Dickerhoff Dr. Paul Gustafson Jerry Wildermuth

NIGUEL SHORES COMMUNITY ASSOCIATION 33654 Niguel Shores Drive, Laguna Niguel, Ca. 92677 493-0122 831-0116



SEASHORE NEWS

Published monthly by the Niguel Shores Community Association and distributed without charge to the members as a means of keeping residents informed of NSCA Board actions and Community activities, and to encourage participation in Community affairs.

Editorial Staff - Communication Committee, Volunteer NSCA Members. Layout, Wordprocessing and Printing - NSCA Staff. Collation and Distribution - Volunteer NSCA Members.

The Communication Committee expends all reasonable effort to confirm the accuracy of statements in the news but assumes no responsibility for errors, omissions of fact or use of material that might be offensive in some way to members.

Contributions from NSCA committees, NSCA member organizations and individual members are welcomed.

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4	- CHUNCH	

	SATURDAY SEPTEMBER 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	3	10	31
LIEA	FRIDAY	2 Aerobics 9-10 Splash 10-11 Bridge 7:30pm	9 Aerobics 9-10 Splash 10-11 16 Aerobics 9-10 Splash 10-11 Bridge 7:30pm	23 Aerobics 9-10 Splash 10-11 30 Aerobics 9-10 Splash 10-11
	THURSDAY 385	Ladies Day Tennis 9-11 Womens Club Mtg 12:30 Legal Comm 7:30pm	8 Ladies Day Tennis 9-11 Womens Club Craft 10-2pm 5 Ladies Day Tennis 9-11 Womens Club Trip B	Ladies Day Tennis A 9-11 S Ladies Day Tennis A 9-11 S S
ORE	JUST 1985		Yoga 9-10 Splash 10-11 Noon Bridge Aerobics 5:30-6:30 Womens Golf Assoc Mtg 7:30pm 14 Yoga 9-10 Splash 10-11 Noon Bridge	21 Yoga 9-10 Splash 10-11 Noon Bridge OPEN BOARD MTG 8plm Aerobics 5:30-6;30 Aerobics 5:30-6;30
SO S	AU		ns Club Bkfst 30am ttercolor Class 4pm creation Comm 30pm ns Club Golf n Luis Rey tercolor Class 4pm	Mens Club Bkfst 8:30am Watercolor Class 1-4pm Comm Comm 10am Finance Comm 7:30 27 Mens Club Golf Rancho San Joaquin Watercolor Class 1-4pm
	MONDAY ASho.	The sunser	9-10 5;30-6;30 9-10 Comm 4pm 5;30-6;30	Aerobics 9-10 Sea Trce 11 Board Mtg 9am Aerobics 5;30-6:30 Seashore News Deadline 7pm Aerobics 9-10 Tree View Comm 3pm Aerobics 5:30-6:30
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