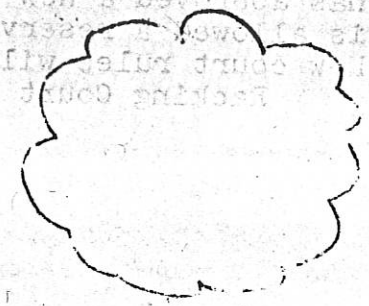


NOTICE TO TENNIS PLAYERS

Tennis Players and Interested Parties are urged to attend a meeting on Monday, April 14 at 7:30 pm. The Board of Directors has approved a new court scheduling system whereby each player is allowed a reservation for one time period per week. A court rule will be presented and discussed. A new court rule will be presented and discussed. A new court rule will be presented and discussed.

SEA

SHORE



NEWS

APRIL '75

FROM THE HELM

It seems only yesterday we were celebrating the New Year and here it is Spring Vacation for the school goers.....Can summer be far behind?

Our "Western Stew Feed", thanks to the outstanding efforts of the Women's Club (they volunteered to bake the corn bread) and their desert "bar", was a bang-up evening. Steve has some plans for another "Hard Times" night - hope to see you there. Congratulations to Art Powell, The new President of the Men's Club.

I think a special vote of thanks is due our recreation crew. They never cease to provide bigger and better treats for our leisure time needs. Your continued cooperation in the utilization of the equipment and facilities will insure a Great summer program. To those of you who have not participated - come join us at the Center - There's something for everybody.

Open Board Meeting, Tuesday, April 1st, and that's no joke! See you there.

Frank Mead

NOTICE TO TENNIS PLAYERS

Tennis Players and Interested People are urged to attend a meeting on Monday, April 14 at 7:30 pm. The Board of Directors has approved a new court scheduling system whereby each PERSON is allowed a reservation for one time period per week-end day. New court rules will be presented and discussed. Racking Court Rules and Court Etiquette will also be reviewed.

Stephanie Erkeneff
Tennis Chairman

SWIM TEAM

Preparation for the 1975 Orange County Swim Conference (OCSC) Dual Meet Season has started. Our team this year has been accepted by OCSC as the Laguna Niguel Swim Club. Membership is open to all swimmers from ages 4 through 18, who reside not only in our community but also neighboring areas.

We feel very fortunate in having Jack Dickmann serve as our head coach. Jack, staff member at Dana Hills High School, is a member of the US National Water Polo team. Jill Casselman will serve as Jack's assistant.

If you have any questions regarding the activities of the Swim Team please contact Bev Plummer, 831-1527 or Dick Erkeneff at 493-6359. A general parents meeting will be held April 3rd at the Laguna Niguel Community Center on Crown Valley Parkway at 8:00 pm. Meet the coaches, register your swimmers, and review meet schedules and team procedures. An active swim practice schedule is already underway and we have approximately 45 swimmers participating.

Dick Erkeneff
President
Laguna Niguel Swim Club

POTLUCK

April Potluck - Sunday, April 20th at 5:00 p.m. Call Jean Chandler at 493-8048 for reservations. It will be helpful if you call by 12 noon, Saturday, the 19th.

JUST A REMINDER

Swimming pool, jacuzzi & sauna hours are as follows:

- Sunday & Monday 7:30 am till 9 pm
- Thursday, Friday, Saturday " " " "
- Tuesday & Wednesday 9 am till 9 pm

HOW TO MAKE A BASKETBALL BACKBOARD

To begin with, cut a 3'x3' section out of any old scrap piece of lumber you can find. Next, you may paint it red, orange, and purple stripes or polka dots, or just leave it plain for that natural "scrap lumber" look. Now, you are ready to attach the hoop, which can be made out of a coat hanger, bailing wire, or, if you want to go all out - you may purchase one. It won't be necessary to attach a net because it will just get torn or ripped down and will look awful after a few days of normal use.

Now that you have invested all this time and money, you can find a nice place INSIDE your garage to store it, as it is against our CC&R'S to attach any type of basketball backboard (whether it be store bought or home made) to the exterior portion of your beautiful home. We realize that children do like to play basketball, thus we have two beautiful basketball backboards available for your use at the Recreation Center. Please remember: What is attractive to you, may be offensive to your neighbor.

Ray Longbotham
Assoc. Mgr.

THE BOARD IS NEVER BORED

For example: the president, Frank Mead III, has attended an average of four meetings per week since May of 1973. In addition to the many late evenings meetings, approximately 20-30 more hours are contributed weekly to the association. This involves reviewing contracts, business meetings, luncheons, public relations and the handling of many problems that are common in the day to day life of the Board president.

For those of you not familiar with Mr. Mead, he is a successful attorney, consequently this has been greatly beneficial to the community.

A vote of appreciation should also be given to Mr. Tom Lowe (vice, pres.) and Mr. Bob Nye (treasurer) who have also contributed a great deal of time and effort to the community.

The average resident just doesn't realize how very much talent is contributed by the President and directors of your board.

As time is very precious to us all, we should realize just how much is given by these men, for the betterment of our community.

SECURITY COMMITTEE

By way of the Security Committee, the Board of Directors have now established a guest list card. The person, or persons you choose for this privilege will be allowed access into the community at any time during normal guard controlled hours.

Please read the following statements and regard them carefully when considering your list. Continued on next page.

APR 75

SECURITY COMMITTEE CONT'

1. The guard will not contact you prior to the guest's arrival.
2. The guest will be permitted to enter the community whether you are home or not.
3. The guest will not be permitted use of the beach parking or recreation facilities without your presence.
4. This privilege is restricted to adult guests only.

This new method will help eliminate the frequent calling procedures due to constant visiting by the same person(s). Please submit only those names that you would trust with this type of privilege.

A written request (listing names & addresses) of guest(s) must be included addressed to the Recreation Center manager, will be required.

TENNIS LESSONS

Doris Stevens will once again be giving Tennis Lessons this spring. Classes offered will be Beginners, Advanced Beginners, Intermediate, and Strategy. Instruction will begin on May 6th, Beg. & adv. beg. Tues. 9-10, 10-11: Inter. & Strategy Wed. 9-10:30-12
Beginner - Has a vague idea of what a tennis racquet looks like... Is aware that a ball is used in game... Owns, or will own, a pair of sneakers and one pair of sweat socks complete with hole in big toe... Tho co-ordinated enough to walk, run, has a problem hitting ball with racquet without hitting self, opponent, net, fence, house next door...

Advanced Beginner - Owns racquet and can hit ball on strings 5 out of 10 times... Returns ground strikes on occasion, volleys and half-volleys almost never; hits net with ball, partner with racquet; stands at net 10 feet from opponent, daring opponent to smash weak lob; hits first serve into net, over fence, doubles partner in fanny; hits 2nd serve like patty cake and ducks when opponent smashes same.... Beg. & Adv. cost is \$18 for 6 week course.

Intermediate - Thinks is ready for pro tour... Owns enough equipment to outfit a Pro-Shop... hits ball on strings 8 out of 10 times, frame 1 out of 10, knuckles, some. Hits ground strokes with authority, back hand volleys with a prayer and serves returns with eyes tightly closed... Needs to improve game because (1) intermediate players getting too tough (2) spouse taking lessons (3) club tournament coming up (4) got beat last week by 82 year old lady wearing galoshes; (5) can't stand to lose. Inter. & Strat. cost is \$20.

Strategy - Know everything there is to know about the game of tennis but still trips over own feet when going for a shot... This class will teach you the in and out of bound of doubles strategy. Sign-ups will be in Rec. Center Office.

NIGUEL SHORES WOMEN'S CLUB

With the advent (we hope) of warmer days, we are reverting in April to our original idea of having a salad bar lunch at the first meeting in each month. If you haven't yet managed to get to the Women's Club, but are free on Thursday April 3rd, we recommend you come along to one of these popular meetings and enjoy a sample of gastronomically delightful array of salad dishes, as well as the friendly atmosphere of neighborly get-together.

We have had some highly successful meetings this winter under the program chairmanship of Adelle Shanta. An interesting and instructive talk was given by Anna Jobson on antique glass and china, illustrated for our inspection. We were also thrilled to see some of the treasures owned by our own members - this cooperation was much appreciated by those of us without heirlooms in our own cupboards.

We hope to see as many members as possible turn out for the talk on some differences in the laws as they apply to private communities such as our own vs. municipal developments, a most informative meeting on building a better private community. There will be a question and answer period. Also a long-awaited date with the spring flower tour of the gardens at the Sherman Foundation in Corona del Mar at 1:30 p.m. on April 17th, preceded, if you wish, by lunch at the nearby Kam's Chinese Restaurant. Family style meal of soup, eggroll, shrimp, etc. etc. etc. for only \$2.05.

CUT AND SAVE

April 3rd 12:30 p.m.
April 10 1:00 p.m.

SALAD BAR LUNCH

TWO OFFICERS FORM SHERIFF'S DEPT. ON THE LAW AND PRIVATE COMMUNITIES VS. MUNICIPAL JUVENILE CRIME-DRUGS ETC. The Women's Club invites all community members to the April 10th.

April 17 11:00 a.m.

CAR POOL AT RECREATION CENTER FOR LUNCH AT KAM'S CHINESE RESTAURANT, CORONA DEL MAR, FOLLOWED AT BY TOUR OF SHERMAN FOUNDATION GARDENS.

1:30 p.m.

April 24 1:00 p.m.

BRIDGE - CARDS - DO YOUR OWN THING.

MEN'S CLUB

April 1st - Men's Club Breakfast at Sambo's in San Clemente at 9 am. Sambo's is just west of Freeway on Estrella opposite of the Grant Plaza. Continued on next page.

NEW MEN'S CLUB OFFICERS

PRES. Art. Powell
V. PRES. Bob alexander
SEC. Hull Lawrence
Treas. Rene Brosseau
GOLF CHAIR Jack Boswell

First Annual Match Play Golf started Tuesday March 25th,
and will continue for many weeks.

HARD TIMES PARTY

What with taxtime, inflation and poor economy hit the country, Niguel Shores kitchen staff has decided to economize on its family night dinner. After carefully searching the pages of the Old Chief's, air force cookbook, we have found a recipe that will fit into everyone's budget..... Hot Dogs & Bean Casserol..... The ingrediants are simple, but the way our kitchen crew promises to make it, your family is guaranteed to enjoy a dinner they will remember for quite a long time. Films will be shown at one end of the room for the kids so the adults can sit and trade taxtime stories. This super economical family night affair will take place on Friday April 18th from 6 pm to 8 pm. Cost for the dinner 50¢..... spirits 25¢..... punch for the kids ..FREE... A special prize will be given to the family wearing the best Hard Times Costume..... Fancy duds will not be allowed into the Rec. Center for this fun filled evening. Hope to see ya all there!

Steve Sonies
Rec. Mgr.

TEEN BIKE HIKE & PICNIC

All Niguel Shores teens are getting in shape for a bike hike and picnic at Niguel Park. This funfilled event will take place on Saturday April 26th. Bikers will leave from the Recreation Center at 10:30 am for the ride to Niguel Park. Lunch will be eaten at the park followed by volleyball, softball and what ever? Sign-ups are being taken at the Rec. Center. If you have any questions see Steve & Sandy.

THE BIG FISH STORY

Those who took advantage of the recent Sea World Trip knows what we're talking about. You weren't allowed to fish while you were there but at least you could see what's available in both fresh and salt water. The day was beautiful filled with beautiful people, thanks to all those who went.

YOGA CLASSES

Yoga classes - starting April 8th, Tuesday, 10-11 AM. In a society that is constantly looking for better ways to stay in good physical shape, this course provides an excellent means for exploring the eastern discipline of Yoga. The classes center on the exercise, breathing, and simple meditation techniques that have been used for literally thousands of years. Yoga is the oldest and most complete physical and mental fitness program ever devised by man. The daily practice of yoga enables you to feel and look more beautiful because the techniques are designed to cleanse, relax, and invigorate you, (this happens even in the first lesson). Our instructor will be Jean Cotner, who has taught Yoga for seven years (the past three in this area), and who will direct the student in a variety of exercises designed to improve your health and increase your physical abilities. In yoga you work with your mind while you are working with your body and this aids the integration of your entire personality, the ultimate goal of yoga. Poised, calm and relaxed, you are better able to cope with your life. Also many students of the yoga discipline have found the exercises very beneficial in maintaining or reducing their weight. The class is designed to help you look and feel better through a well planned program of physical activity. The student should wear comfortable loose-fitting clothes and bring a soft mat or pad to stretch out on. Cost for the 6 week class is 7.50. Sign up at the Rec. Center.

ATTENTION COMMITTEE CHAIRMAN

- Zoning Committee
- Security Committee
- Recreation Committee
- Landscape Committee
- Maintenance Committee
- Legal Committee
- Finance Committee
- Architectural Committee
- CC&R Committee
- Youth Committee
- Men's Club
- Women's Club

From: Communication Committee

At the March 11 meeting of the Communication Committee it was suggested that the chairman of each committee, club etc. within the Niguel Shores Community Ass., submit an article for the Sea Shores News. It may be on any subject or activity of the organization, which would be of interest to the residents of the community. It was believed desirable that each member of the community be kept informed of what is going on. Articles for insertion should be delivered to the community center office by the 20th of the month for the following month's issue.

Dud Dudley

APR 75

CLASSIFIED COPY

Babysitting List

- | | | |
|------------------------|----|----------|
| 1. Peggy Erkeneff | 12 | 493-6359 |
| 2. Sherryl Helms | 12 | 496-6872 |
| 3. Kim Nye | 12 | 493-2894 |
| 4. Lori Sedgwick | 13 | 493-6505 |
| 5. Luanne Swartzbaugh | 12 | 493-2994 |
| 6. Kaethe Glasbrenner | 12 | 496-6967 |
| 7. Dina Rasmussen | 15 | 496-8512 |
| 8. Caroline Plassmeyer | 14 | 493-1537 |
| 9. Kristi Sedgwick | 15 | 493-7907 |

Help Wanted

Looking for a piano teacher for two boys, age eight, who have had one year of lessons. Call 496-7298.....Sharon Stevens

High school boy of better than average skills needs worthy opponent for any of the Avalon Hill strategy games. Call Bret at 496-3445.

Babysitter wanted: to care for one five year old boy, 11:45 am to 2:00 pm. Monday thru Friday. phone 496-8345

FOR SALE

Bedroom set for sale. Includes twin beds: extra long, head board, night stand and chest. Set sells for \$300.00. Call Betty Wallthal at 831-2695.

NOTICES

All P.E.O. members living in Sea Terrace call Mrs. George M. Donald at 493-7968.

PLANT PARTY

Add a little beauty to your home this spring. Nurseryland will be hosting a "Plant Party" here at the Rec. Center on April 16th at 7:30. Laudy Booream, the houseplant girl from the Mission Viejo store, will be our guest speaker. She will inform us of proper maintenance and care for houseplants. There will be an assortment of houseplants, from 2" terrarium plants to 8" houseplants, and also various plant foods.

What is pigskin used mainly for? To hold pigs together.
If a little chicken could speak and found an orange in its nest what would it say?..... Look, at the Orange Marmalaid.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6 9-5 Tennis Tournament	7 10:30 Slim 'N Trim 3 pm Volleyball	8 10 Yoga Class 7:30 Communi- Comm.	9 10:30 Slim 'N Trim 3 pm Volleyball 7-9 pm Bridge	10 9:30 Ladies Day Tennis 1 pm Ladies Club	11	12
13 5 pm Potluck	14 10:30 Slim 'N Trim 3 Volleyball 7:30 CC&R Comm. 7:30 Tennis Meeting	15 9 am Men's Club 10 am Yoga Class	16 10:30 Slim 'N Trim 3 pm Volleyball 7:30 Plant Party	17 9:30 Ladies Tennis 1 Ladies Club 7:30 Security Comm.	18 6 pm - 8 pm Hard Times Party	19
20 5 pm Potluck	21 10:30 Slim 'N Trim 3 Volleyball 7:30 Rec.Comm.	22 10 am Yoga Class	23 10:30 Slim 'N Trim 3 Volleyball 7-9 pm Bridge	24 9:30 Ladies Tennis 1 pm Ladies Club	25	26 10:30 Teen Bike Hike & Picnic
27	28 10:30 Slim 'N Trim 3 Volleyball	29 10 Yoga Class	30 10:30 Slim 'N Trim 7-9 Bridge			