

seashore news



Published monthly by the Niguel Shores Community Association

MARCH 1990

OPEN BOARD MEETINGS

At the recommendation of the attending members at the open session of February 7, the Board eliminated the open session on the first Wednesday of each month. Those business items handled during this session are to be deferred until the second meeting held on the third Wednesday of each month. The Board reserved the right to announce and hold an open session on the first Wednesday should a topic or presentation requiring timely action arise. Announcement of such a session will be through signs posted at the entries to the community or, time permitting, in the Seashore News.

The Board wants to encourage attendance at the monthly open session. Be informed about your community.

CHANGE IN TRASH PICK-UP DAY

Please try to observe the one-day delay in trash pick-up following a Monday holiday. Having trash cans and bags out on the curb for any longer than necessary makes for a very unsightly situation.

STREET SWEEPING SCHEDULE

The scheduled dates for street sweeping in March are Wednesday and Thursday, the 7th and 8th and Wednesday and Thursday, the 21st and 22nd. These dates are also noted on the attached calendar. If at all possible, you are requested to have your vehicles off the street on these dates to allow the street sweeper to do a thorough job.

NCSA BOARD MEETING DATE

WEDNESDAY, MARCH 21, 1990

8:00PM

NOMINATING PROCEDURES

It has come to the attention of the Board that many owners may not know of the several methods available for a candidate to be nominated for election to the Board of Directors. They are briefly summarized as follows:

1. By Nominating Committee - The Nominating Committee searches out qualified, interested and willing individuals whose candidacy is confirmed by the Board.

2. By Petition - A candidate may be nominated by a petition signed by owners of twenty (20) properties in the NSCA.

Candidates by the above avenues need to have their nominations presented by March 7, 1990 for confirmation and to benefit from the opportunity to have their names printed on the ballot, to have their resume and statement published in the April Seashore News, and to present themselves at an open Board meeting.

3. From the Floor (at the election meeting) - This may be done by any owner present either in person or by proxy and the candidate's name must then be a write-in on the ballot.

Dick Luedeke
NSCA Board
Chairman, Nominating Committee

NOMINEES CONFIRMED BY THE BOARD
MEET THE CANDIDATES

Three nominees recommended by the Nominating Committee as candidates for the Board of Directors were confirmed by the Board at their February 21, 1990 meeting.

The Nominees are Sidney Kahn, Robert S. Raymer and Lydia R. Reeve.

Meet the Candidates Night will be on Wednesday, March 21, 1990 at the time of the Board meeting. The candidates' resumes will be available at that meeting as well as being published in the April Seashore News.

The election will be held at the annual Association meeting on Tuesday, May 15, 1990.

While forty-five individuals have already been asked of their interest to serve as members of the Board, if you know of other potential candidates who should be contacted, please advise us of their names through the Association office as soon as possible.

The Board wishes to express its thanks at this time to the members of the Nominating Committee for their time and efforts.

Dick Luedeke
NSCA Board
Chairman, Nominating Committee

IN MEMORIAM

FRANCIS MALANCA, SEPT. 1989
BOB LOTHINGER, FEB. 1990
MERLE ZEIGNER, FEB. 1990

NIGUEL SHORES PAPER DRIVE

CASH THEM, DON'T TRASH THEM!
BRING THEM TO THE RECREATION CENTER
PAPER BUILDING ANY DAY OF THE WEEK.

HOME EARTHQUAKE PLANNING

Before an earthquake happens, be prepared. You should be prepared to be without water, gas or electricity for three days. Evaluate your home and make changes to minimize your risks:

IN THE ATTIC: If your home has a chimney, nail plywood to the ceiling joists around the chimney to help protect from falling bricks.

ON WALLS: Make sure heavy mirrors, pictures and wall hangings are anchored in studs, not just through the wall. If possible only lighter items should be placed above beds.

BOOK SHELVES, WALL UNITS, CHINA CABINETS: Remove heavy objects from the top. L-shaped braces/fasteners screwed to studs (not just anchored in plaster) can be used to attach shelves to walls. Metal or wood guardrails will keep books and other objects from sliding off shelves.

HANGING PLANTS/LIGHTS: Anchor lights and plants in wooden beams rather than simply through plaster or other ceiling panels. Close open hooks by bending them shut with pliers or wrapping them with wire. Use lighter weight when possible.

IN THE KITCHEN: Restrain large appliances, such as refrigerators, remembering that a degree of flexibility provides more stress resistance.

APPLIANCE GAS CONNECTIONS: If the tubing that carries gas to your appliances is rigid, consider replacing it with approved corrugated metal connectors, which are not as likely to break with severe shaking.

WATER HEATERS: Secure your free-standing water heater using plumber's tape, bracing near the top of the tank. Replace rigid water and gas connections with flexible corrugated metal piping. Water heaters can serve as part of your emergency water supply.

A GAS LEAK PRIMER: Know where your gas meter is. Locate the shut-off valve and determine that you can reach it. Have an adjustable wrench available for turning off the valve. Make sure everyone in the family knows how to turn off the valve. Turn gas off only if gas is leaking.

NOTE: Keep flammable liquids and other hazardous substances (paint, cleaning fluids, chemical sprays) in the garage or in an outside shed.

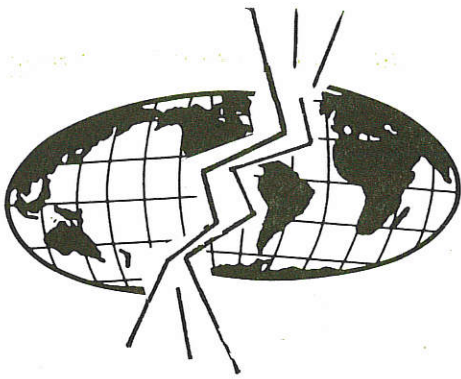
EARTHQUAKE PREPAREDNESS KIT

In case of a major earthquake, you can save yourself and/or your family a lot of time and trouble (and maybe even a life) by having an earthquake kit. Opinions vary as to what should be included in such a kit, but here are the basics:

- ✓ Flashlight (with extra batteries and bulbs)
- ✓ Portable radio (with extra batteries)
- ✓ First-aid kit and handbook
- ✓ Water (two quarts or each person in household)
- ✓ Foods: (canned, mechanical opener, required medications and powdered milk for at least one week's meals)
- ✓ Household bleach
- ✓ Mini barbecue grill, charcoal, starter fluid, matches-latter two items stored separately
- ✓ Screwdriver, wrench and crowbar

NOTE: Batteries last longer if stored in the freezer.

Source: American Red Cross; CEPP Corp.; The Emergency Lifeline, Santa Ana



EARTHQUAKE WHAT-TO-DO

During an earthquake, keep calm. Panic kills.

Organize a plan to reunite your family if separated during the quake since travel may be difficult or even restricted.

If you are inside, stay there. Most earthquake related injuries happen outdoors. Get under a desk, table or in a doorway. Stay clear of windows.

If you are outside, get into the open, away from buildings and power lines.

If you are driving a car, stop the car, but stay inside. Do not stop on or under a bridge. Try to get your car as far out of the normal traffic pattern as possible. Do not stop under trees, lightposts or signs. Stay in your car and get down on the floor.

~In a mall/store: Get away from glass store fronts. Do not head for the exits, most of which are glass. Crouch against a solid wall. If you have children, put them against the wall and drape yourself over them in a crouching position. Do not attempt to use escalators or elevators.

~In an elevator: Most elevators will automatically stop. When the quake stops, stomp on the floor in an attempt to get someone to hear you. If possible, escape through the trapdoor at the top of the elevator, since there is a danger of fire.

Source: The Red Cross; Orange County Fire Department — Emergency Management Division

HOW TO PURIFY WATER

If water is polluted (cloudy or you have reason to believe it has been contaminated in some fashion even though it looks clean), strain it through paper towels, coffee filters or several layers of clean cloth. This will remove sediment and anything floating. Bring the water to a boil (it will bubble vigorously) and let it remain so for five minutes (or longer if you have the heat to spare).

If you have no heat source, strain the water as explained above and then add liquid chlorine household bleach or tincture of iodine (do not use granulated forms of bleach as they may be poisonous). Stir or shake well and let it stand 30 minutes before using.

Buy an eyedropper to make this easier and use it for this purpose only. Here are the formulas:

Amount of Water	Amount of Chlorine Bleach to add to:	
	Clear Water	Cloudy Water
One quart	2 drops	4 drops
One gallon	8 drops	16 drops
Five gallons	1/2 tspn	1 tspn

Amount of Water	Amount of Tincture of Iodine to add to:	
	Clear Water	Cloudy Water
One quart	3 drops	6 drops
One gallon	12 drops	24 drops
Five gallons	3/4 tspn	1 1/2 tspn

Source: Lafferty & Associates, Inc.

SOMETHING NEW AT OUR REC. CENTER

Our Niguel Shores Paper Salvage Program has made possible the purchase of a giant screen (55-inch) television set and a VCR for use at our Community Center.

Our Board of Directors had arranged for cable T.V. installation, and the instrument was delivered two days before the Super Bowl football game was televised.

Mens Club members John Flynn and Dick MacNair (with Carla's help) sponsored a Super Bowl party on Sunday afternoon, attended by 90 residents of Niguel Shores. It was an impromptu affair but turned out to be very enjoyable for those who were able to attend. Hot dogs, beer and soft drinks were available, along with other helpers like pretzels, chips and sauerkraut.

The T.V. will be available for use by groups, such as the Mens and Womens clubs, Mens and Womens golf groups, Tennis Club, Moms Club, Arts and Crafts groups, and other established Niguel Shores organizations that may desire to use it. It is hoped that instructional films will be rented or borrowed from the public library to show before interested groups.

Advance reservations will be required through the Recreation Center office, and the remote control and keys will be under the office staff's jurisdiction.

More information will be forthcoming as decisions are made concerning the use and control of the equipment.

The T.V. and VCR were purchased locally from Mills T.V. in Dana Point. and the set, which usually sells for \$3,250, was purchased at a price of \$2,850 and paid for from paper salvage funds.

The decision to purchase the equipment was endorsed and approved by Dan Aldrich, President of Niguel Shores Board of Directors, Ed Adams, Member of the Board and new President of the Mens Club, Dick MacNair, retiring President of the Mens Club, Russ Paslaqua, Paper Salvage Project Manager, Dale Baltimore, Dick Phares, Norm Pomeroy, and Don Maier, all members of the Paper Salvage expenditure committee.

Russ Paslaqua
Paper Salvage Project Manager



MENS CLUB NEWS

The past two months saw the loss of three of our long time members - Stan Thompson in January and Merle Ziegner and Bob Lothringer in February. All of them were active contributors to the community as well as in the club. We will all miss them.

At its February 20 meeting the members gave a go ahead to a Kentucky Derby party to be offered as a community event on Saturday, May 5. John Bulleit will be the Chairman of what should be an exciting afternoon of entertainment. For more information don't miss the Seashore News next month. Other upcoming events involving the Mens Club include a Ladies Day Breakfast in conjunction with the Womens Club, the annual Fourth of July Pancake Breakfast and an excursion to an Angels baseball game in August.

Speakers scheduled for March are Dan Runnestrand, Fire Department Battalion Chief for Dana Point on March 6 and Henry Schielein, Manager of the Ritz Carlton on March 20.



WOMENS GOLF

After last month's bone-chilling FUN-DAY, we brought our frozen toes and fingers straight from the course to Joan Pender's warm hearth where we plowed through the array of gourmet specials with much more vim and vigor than any of us displayed on the fairways.

Next month's FUN-DAY, Monday, March 12, will take place at Aliso Creek at 9 a.m. as usual, after which repair to Fran Maurin's for meeting and brown-bag lunch. Also, on Monday, March 19, we will be playing THE LINKS AT MONARCH BEACH. Tee-off time is 8 a.m. Call Sue Forrest (661-5697) to sign up for the THE LINKS, be prepared to pay \$35 in advance by March 12.

Those wishing to participate in the March 12 FUN-DAY should call Ginny Kenney (240-7350) or Maggie Waterman (855-4749). For Friday play, call Carol Hollinger (496-8687) at least a week in advance. Same weekly notice obtains for Monday play. And remember to be at the tee at least 15 minutes **before** starting time. Anyone failing to observe this courtesy (or the advance-notice call) will be hit over the head with a 9-iron. We kid you not!

Dues are due and payable NOW. All paid-up members received beautiful new Rosters (courtesy of Ceacy Johns' better half) at the meeting. If you pay your dues, you too can get one. The May get-away is all firmed up and our dauntless leader obtained prime tee-off times for all three days. Don't ask how Carol accomplished this—maybe her "a-one, a-two, a-three" rhythm impressed the Lawrence Walk tribe, or maybe they like kitty-cats.

FUN-DAY AWARDS last month were as follows:

Low Gross — Ginny Kenney - runner-up,
Rose Marie Lawson
Net Gross — Kathy Cooper - runner-up,
Gwen Halstead
Longest Drive — Ginny Kenney
Closest-to-the-Pin — Ceacy Johns
Birdie — Ginny Kenney (Hey, Ginny,
how about joining the Tour?)

LADIES DAY TENNIS

PARTY-TIME—MARCH 22ND, 11:00 a.m.
in the Rec. Center. Make your reservation with Phyllis by March 15th, with \$2.50. We'll try for a mini-tournament that morning at 9 o'clock. We're celebrating the build-up in our treasury, and just decided it was time to party.

WOMENS CLUB NOTES

Installation of new officers for the Womens Club will be held at a BRUNCH in the Community Center on Thursday, March 1st. The meeting will begin at 11:00 a.m., and a lovely brunch consisting of quiche, coffee cake and fruit will be served at 11:30 a.m. BE SURE TO NOTE THE CHANGE IN TIME.

The new slate of officers are as follows:

President	Louise Wasson
Vice-President	Dottie Foth
Secretary	Wanda Bunker
Treasurer	Margaret Brugger
Historian	Georgiana Emery

The craft class will be held on March 8 at 10:00 a.m. Come and see what a special day this is.

There will be no third Thursday outing this month.

We hope to have a nutritionist as our speaker at our meeting on April 5.

POTLUCK DONS THE GREEN

Sunday evening of March 18 arrives at a good time for Potluck merry-makers to promote the "wearing of the green" in honor of the "luck of the Irish"—or better still the good deeds of St. Patrick along with those of all the especially helpful "little elves," who sometimes make our lives so pleasant. We hope you can be present for this exchange of good fellowship—accompanied with the appropriate dish, cocktail beverage, and the usual tableware.

The following group will facilitate the arrangements and contact you in regard to reservations. As always, you may call them.

Edith Patterson A-G
496-2373

Elaine and Bob Converse H-M
493-8066

Hazel and Ed Lafler N-Z
661-9084

Happy Hour 6:00 p.m.
Dinner 7:00 p.m.



NIGUEL SHORES SINGLES

Merry Christmas, Happy Valentine and President's Day...on your own.

Now how about a Saint Patrick's Day Niguel Shores Singles Party...to see if we will be...

The group needs you and your help if it is to proceed. Come, and if you are a member, be prepared to take a job. If you are new, please join us and plan to lend your support.

Tuesday evening March 13 at 7 p.m. will be the date and time. Call Eve at 248-0427 or Cathleen at 661-7036 to find out where. Please RSVP by March 10th.

WEDNESDAY AFTERNOON BRIDGE

Winners are:

1/24/90: 1st - Dorothy Johnson
2nd - Irene Nylund

1/31/90: 1st - Joan Sullivan
2nd - Mary Burling

2/07/90: 1st - Virginia Brooks
2nd - Doris Kelman

2/14/90: 1st - Virginia Brooks
2nd - Irene Nylund

New members are welcome. Play begins at 11:50 a.m. For reservations call Lois Alexander at 493-1312.

COUPLES BRIDGE

February 2nd winners were:

1st - Walt and Margaret Brugger

2nd - Pete and Adele Shanta

3rd - Tie between Dick and Hope

Luedeke and Tom and Barbara Crist

Hosts were Carla and Dick MacNair.

February 16th:

1st - John and Dorothy Knauf

2nd - Don Roberti and Dorothy Newcomer

Hosts were Harriet and Lee Writer and

Wanda and John Bunker.

Congratulations and thanks to all. Dates in March are the 2nd and 16th.

BRIDGE LESSONS WITH CHRIS LARSEN

The popular Chris Larsen will return to the Shores on Monday, April 2 teaching classes in intermediate bridge. Classes are two hours and begin at 10:30 a.m. The cost for the series of eight lessons is \$40. Men are welcome, too! Call to reserve or for information:

Connie Horst 493-6402

Polly Buckingham 496-5142



TOP 10 SIMPLE THINGS TO SAVE THE EARTH

1. Turn down your water heater. For every 10 degrees, you save 6% of the energy used. The recommended setting is 130 degrees.

2. Put a plastic bottle in your toilet tank. You can save between 3,000 and 5,000 gallons of water a year. (Don't use a brick, because bricks can dissolve and clog up the water system.)

3. Install low-flow faucet aerators and shower heads. A family of four can save 17,000 gallons of water a year.

4. Keep your car's tires properly inflated. You will increase gas efficiency by up to 5%. About 50% of America's cars have under-inflated tires. If they were all inflated properly, we could save up to 2 billion gallons of gasoline a year and prevent up to 40 billion pounds of carbon dioxide, the primary "greenhouse gas," from entering the atmosphere.

5. Bring your own shopping bag. It takes a 15-year-old tree to provide 700 grocery bags, and grocery shoppers use billions of bags every year.

6. Eliminate waste before you buy. Packaging waste accounts for about one-third of all the garbage Americans send to landfills. For a start, buy eggs in cardboard, not Styrofoam cartons; and beverages in recyclable glass or aluminum containers.

7. Recycle cans, glass and paper. The energy saved from one recycled aluminum will operate a television set for three hours.

8. Replace a regular (incandescent) bulb with a compact fluorescent light bulb. It uses a quarter of the energy and will last 10 times longer. And it will keep a half-ton of carbon dioxide out of the atmosphere over the life of the bulb.

9. Buy rechargeable batteries for household use. Americans use 2 billion disposable batteries a year and 75% of them contain mercury, a highly toxic substance that can leak from landfills into soil and ground water.

10. Set the blades higher on your lawn mower. Forget the manicured look, and cut the grass two to three inches high. This encourages the roots to grow deeper and helps retain moisture in the soil, requiring less water.

NEIGHBORHOOD EXCHANGE

Items for the Seashore News Neighborhood Exchange must be submitted by the 19th of the month together with a check payable to NSCA. (\$1.00 for each 20 words. No cash accepted.) Forms for placing an ad are available at the Association Office.

FOR LEASE. The only 5 B/R Garden Home on the oceanside of PCH. Available March 1, 1990. Principals only. Terms negotiable for right party. Evenings 619-454-3786. Daytime 619-578-7433. Ask for Dave.

1983 MUSTANG HATCHBACK. Great transportation - low mileage. Many extras. \$2,500 OBO. 496-2246.

SHORES HOME - 3 BED/2 1/2 BA, master bed retreat w/fireplace. \$1650/mo. 493-8505, John.

LOVELY 2 BDRM & DEN, wood floors, fireplace in Niguel Shores. 1 blk from ocean and Ritz Carlton. \$1600 - year lease. 213-373-3179.

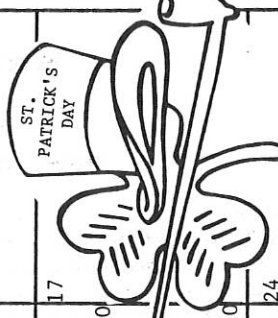
FULL TIME TEACHER, with credential, available for tutoring. Please contact Nora Kaiser at 248-2689.

FOR SALE: 6-foot tobaggan, used only a few times. \$15.00. Phone: 493-6466.

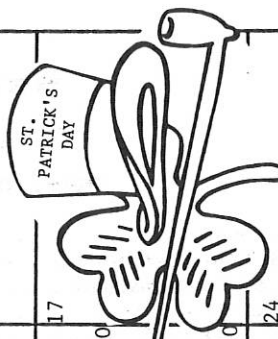
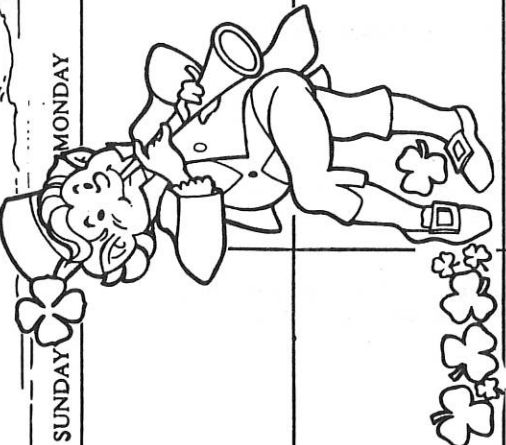
CONTEMPORARY, ocean view, two-story, three bedroom townhome. Call Loren at 643-2509.

MICHEL SHORES CALENDAR

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
							february 1990 S M T W T F S 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28
4		5 Womens Golf 9:00 Aerobics	6 Paper Slvg Comm 7:30 Mens Club Brkfst 8:15 Art Workshop 1-4 Hill & Harbor C-2 10-1	7 Noon Bridge 11:50 Street Sweeping	8 Ladies Day Tennis 9-11 Womens Club Instlltn. Brunch 11:00 Arch Comm by appt	9 Womens Golf 9:00 Aerobics	10 Womens Golf 9:00 Aerobics
11		12 Womens Golf FUN-DAY 9:00 Aerobics Maint Comm 9:30 Tree View Comm 2:00 Lands Comm 4:00	13 Mens Club Golf Art Workshop 1-4	14 Noon Bridge 11:50 Rec Comm 2:00 Traf & Sfty Comm 4:00	15 Ladies Day Tennis 9-11 Arch Comm by appt	16 Womens Golf 9:00 Aerobics	17 Womens Golf 9:00 Aerobics
18		19 Womens Golf 9:00 Aerobics SSSN Deadline 7:00	20 Mens Club Brkfst 8:15 Comm Comm 1:00 Art Workshop 1-4 Hill & Harbor C-2 10-1	21 Noon Bridge 11:50 Street Sweeping Comm Rel Comm 4:00 OPEN BOARD MTG 8:00	22 Ladies Day Tennis 9-11 Street Sweeping	23 Womens Golf 9:00 Aerobics	24 Womens Golf 9:00 Aerobics
25	Potluck 6:00 Cocktails 7:00 Dinner	26 Womens Golf 9:00 Aerobics Tree View Comm 2:00	27 Mens Club Golf Art Workshop 1-4	28 Hill & Harbor Srs 10-11 Noon Bridge 11:50	29 Ladies Day Tennis 9-11	30 Womens Golf 9:00 Aerobics	31 Womens Golf 9:00 Aerobics
						april 1990 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	

March 1990



BALLOT

Due to the careful management of our Board and staff, we have the potential to add a fitness or exercise room to our recreation center facilities with little effect on our homeowner assessments. The purpose of this letter/ballot is to let the Board know whether or not you deem this a desirable action.

We have the space and the figures to build a lockable room about 18'x 20'. The equipment would tentatively consist of one or two gym-type exercycles, fixed wall bars for hanging chin ups and stretching, and a five station fixed exercise machine similar to those made by Univeral Gym equipment for 32 years. There would be no free weights and all stations would be adjustable from 10 to 250 lbs. with safety stops. Maintenance would be limited to an occasional drop of oil and vacuuming of the rug and floor mat. Admittance would be by office key and signed log and limited to age 18 and above. The Ritz Carlton has the same equipment in their health club.

This equipment is designed to exercise, strengthen, or rehabilitate practically every muscle in your body. If you are active in golf or tennis, you can strengthen or heal specific muscle groups. Even older members (like me) can benefit in cardiac rehabilitation and the prevention of osteoporosis.

The question of liability insurance rates has been asked, and I am happy to say that it is likely that no increase in premiums would occur.

An important saving would be available for our residents who belong to commercial health clubs who charge members \$30 to \$40 per month and \$100 to \$1,000 for joining.

This type of a facility is now found in most university, Y.M.C.A., new gated communities, cruise ships, hotels, and health clubs. I believe that the addition of this facility would enhance the value of our community whether you are an absentee owner, a renter, or resident owner. However, the Board will not act if you don't express your preference. Please take a minute to vote and sign this ballot and drop it in the box by the gate or in the office within one week after receiving the Seashore News.

_____ Yes, an exercise room would be a nice addition.

_____ No

The Board will not act without sufficient response. A non-vote would be considered as a no-vote.

Cdr. Robert S. Raymer, USCGR (Ret.)
Maintenance and Refurbishment Committees