

# Seashore News



October 2019

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Issue 550

## FROM THE HELM

Several significant events are coming up in October.

### Get ready for these two social events:

The **Oktoberfest Party** sponsored by the Men's Club offers German food and music on October 7 from 5:00 to 8:00 p.m. Tickets are \$10, available in the NSCA office or from Eric Eckes at [eecks@cox.net](mailto:eecks@cox.net).

The **Annual Halloween Party** for the kids takes place **October 27** from **4:45 to 8:00 p.m.** For more details, check with the NSCA Office and the Niguel Shores website at [www.niguelshores.org](http://www.niguelshores.org).

Mark your calendar for this important **October community-related event:** Our next **Resident Roundtable** is on **October 9 at 6:00 p.m.** in the **Clubhouse**. Our guest will be Dana Point's new Chief of Police Services, **Lt. Kirsten Monteleone**. Chief

### RESIDENT ROUND TABLE

Meet our Dana Point  
Chief of Police Services



**Lt. Kirsten Monteleone**

**OCTOBER 9 — 6:00 p.m**

**Niguel Shores  
Clubhouse**

Monteleone will discuss traffic and safety issues in Dana Point and Niguel Shores, including deputy coverage for Niguel Shores, response times for Niguel Shores, OC Sheriff's Department coordination with Securitas personnel for incidents within Niguel Shores, and other topics.

Our Traffic and Safety Committee and Office Staff regularly receive complaints about such things as vehicles not observing STOP signs and crosswalks, and underage youth illegally driving golf carts. Chief Monteleone will be asked to offer suggestions on how to address these and other traffic and safety issues within our community. There will be time for your questions at the meeting.

Your Niguel Shores Community Association Board, Committees, Staff and lots of volunteers are working hard to keep Niguel Shores a great place to live! A great big **THANKS** to all!

—Dick Kichline



**OKTOBERFEST PARTY**  
Sponsored by the Men's Club  
October 7  
5:00 to 8:00 p.m.

**GARAGE SALE**  
October 12  
9:00 to Noon



**HALLOWEEN PARTY**  
No Tricks and Lots of Treats!  
October 27 – 4:45 to 8:00 p.m.

**Kids** – Wear your costume, join the parade, play games, and eat pizza! \$5 Entry Fee.  
**Teens and Adults** – Contact Chrissy Rausch at [chrissy@rauschpt.net](mailto:chrissy@rauschpt.net) to help with decorations and games.

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# GENERAL MANAGER'S REPORT

**Tree Trimming:** The tree trimming throughout the community began last month and we are hoping to be finished by the end of November. Although we have several requests for trimming based on view complaints, the fall months are the best time of year to trim our community trees because of the cooler temperatures. Once the tree trimming is completed the trees should not grow a lot during the winter months and then you can expect them to come back during the spring and we will start over again with the same process next fall. Hopefully, we will get to your area very soon and get the trees trimmed up quickly, but keep in mind that we have thousands of trees throughout the community. Thank you for your patience.

**Turf Over-Seeding:** Fall is the time to scalp the warm season turf and over-seed with a cool season turf blend. October is a key transitional month in the turf lifecycle. It is the month when the warm season grasses begin to go dormant, which causes lawns to look dead and brown. Of course, the lawns are not dead, but in order to keep them looking lush and green, the warm season turf needs to be scalped and new cool season turf seed blend needs to be applied.

Although the final results of this process look great, the process itself is somewhat long (approximately 3 to 4 weeks) and not aesthetically pleasing. The process we adhere to is as follows:

- The irrigation will be shut off in all turf areas to allow them to dry out.
- All turf will be cut at the lowest motor setting possible (This will leave exposed dirt and is unattractive).
- The lawns will then be over-seeded with a perennial rye blend and topped with steer manure.
- In approximately one month the seed will begin to germinate and there will be beautiful new grass.
- During this one-month germination period the water will be on several times a day in small increments each time. As always the grass will look bad for a little while, but

once seeded and watered heavily it will come back quickly looking better than ever.

**Pet Waste Station Locations:** A map of pet waste station locations is shown and can be found on the website. These stations are placed throughout the community as an added amenity. Please make sure as a responsible dog owner that



Pet Waste Station Locations

you scoop up after your own pet. Do not just leave the excrement and expect someone else to pick it up and put it in the trash for you. You own the dog; therefore, you should be the one cleaning up after it. Also, do not pick up the poo with a bag and then toss the bag in the bushes. The bag should be placed in one of the pet waste stations or taken home to your own trash can.

**Landscaping Slope Maintenance Letter:** Harvest Landscape Enterprises was recently asked if they could provide a letter stating that they main-

tain the slope plantings and the frequency of this work. A resident needed this to obtain a discount on their homeowner insurance coverage. We have received the letter and will provide it via the website (or email) if anyone needs this for a discount on your homeowner insurance coverage.

**H**appy Halloween from all the Niguel Shores Staff. We will

**A**lways remain cheerful when helping you, even in difficult times, and never lose

**P**atience and understanding. Know that you are all respected for your kindness,

**P**ositive comments and the ability to treat others as you wish to be treated.

**Y**our staff is always here to help you with any questions you may have at any time.

If you have any questions, feel free to contact the Association staff. We will be glad to help you or direct your questions to the proper staff member so that your questions are answered in a timely manner.

—Marla Miller

# COMMITTEE REPORTS

## RECREATION COMMITTEE



**Boo!** Halloween is around the corner. Here come the Goblins! Get ready for our annual Halloween bash and these other upcoming events:



**Garage Sale — Saturday, October 12, 9:00 a.m. to 12:00 p.m.** Sign up in the office to participate. Donation pick up will be at 1:00 p.m. after the sale, so make sure to leave unwanted items on the curb. Note

that items for donation pick up are subject to the driver's discretion. Items must be removed from the curb by 6:00 p.m. the day of the sale.



**Halloween Party — October 27, 4:45 to 8:00 p.m.** This is the event of the year for our children and what a treat it is! Thank you to **Chrissy Rausch** for chairing this awesome

activity. Chrissy has requested a little help from our adult and teen friends. We need some creative decorators and helpers. Let's make it fun. Contact Chrissy Rausch at [chrissy@rauschpt.net](mailto:chrissy@rauschpt.net) to help. Wear your best costume, participate in the parade, play games and eat pizza! \$5 Entry Fee.



**Holiday Boutique — November 16, 12:00 to 5:00 p.m.** Come and enjoy all the crafts and ideas from the community for sale at the Holiday Boutique. Get your vendor application in the office now if you would like to participate. Only 16 tables

available at \$15 each. One table per vendor.

—*Maria Elena Banks*

## MAINTENANCE COMMITTEE

As we transition from summer to the beautiful fall months, or what I like to call the "Local Summer," our maintenance focus shifts to long term projects. The **2019 Street Seal Coat Project** has gone smoothly, thanks to the great coordination between our Maintenance Staff, the Management Office, and Securitas. Our main entry point on Mariner Drive is looking great and there will be more improvements to follow. The Maintenance Committee is also analyzing costs for concrete, sidewalk, rolled curb and drain repairs which will be ongoing.

**Tennis Court Resurfacing** has been completed and looks great with the four new Pickle Ball courts on court #1 now having proper lines. So, no more excuses for those of

us confused by the temporary lines . . . Okay, I'll admit I'm confused by the scoring sometimes!

We will also be experiencing a **pool and spa closure** toward the end of October that will take four to six weeks to complete. Besides a spa re-plastering, the pool deck will need cleaning due to heavy water stain buildup on pavers that requires the use of an acidic concrete cleaner and heavy scrubbing.

The pool waterline tile will be cleaned during pool water removal and replacement to remove "tired" water with fresh. About 70-80% of the water is removed and replaced. During the closure the deck furniture will be cleaned, as well as the miscellaneous pool deck area, the pool/spa filtration system and the hot water heater replacement system.

It is important to note that the spa was last plastered in 2014. Due to the high usage, higher fluctuations in temperature of the water, fluctuations in chemical balance, abuse of chairs placed in the spa, and other variables, the spa generally needs to be re-plastered every 4-5 years as compared to the pool. Please don't put any items in the spa!

Again, thanks to the great planning of the **Maintenance Staff** to coordinate these projects so the inconvenience to residents is kept to a minimum.

—*Geoff Dunlevie*

## TRAFFIC AND SAFETY COMMITTEE

### Be Watchful:

For the past months, just before dawn, a handful of "transient" looking individuals have been gaining entrance to our community by climbing over the walls, slipping through the gates, and crawling up the PCH embankments. So far, their most serious conduct has been trespassing and rummaging through trash cans. Normally, as soon as they detect the presence of our Securitas personnel, they scurry away.

We would be naive if we didn't entertain a concern that under the right circumstance any of these individuals could succumb to temptation and steal all they could, should the opportunity present itself. The good news is that even the simplest precaution will discourage and stop these opportunists nearly all of the time.

All we have to do is **lock our vehicles** and **close and lock our garages**. This strategy, for the past few years, has been almost 100% effective.

### Holiday Season:

Our holiday season begins this month, starting with Diwali (Festival of Lights) on October 27. This is a family sharing

# COMMITTEE REPORTS

day and there are no safety concerns associated with it. A couple of days later, for many children, Halloween is an extra exciting day and, unfortunately, a dangerous one. Too often trick or treating children unexpectedly dash into the street in the first hours of darkness and are struck by passing vehicles. Our message here is **watch your children** and **watch out for trick or treaters** dashing from house to house. Have a happy Diwali and safe Halloween!

—God Bless . . . Tim Murphy

and flammable “stuff” near the exterior of your house. Right? Check.

- Inspect the furnace before needing it for the first chill (it’s coming). And, use space heaters VERY carefully. Check.
- Make sure your water heater is clear of obstacles blocking it. Check.
- Clean out your chimney for proper ventilation. Check. Don’t stop here. Make your own list and be prepared!

—Kent Wellbrock

## EMERGENCY PREPAREDNESS

### HAPPY AUTUMN TO ALL!

Since the kids are back to school and you haven’t started your Turkey Day planning yet, here’s your simple October “To Do” list.



- You’ve already completed your Earthquake Preparedness supplies, so that’s off the list. RIGHT? Check.
- How about changing the batteries in your Smoke Alarms or buying new ones if yours are over ten years old? Check.
- You might also get a Radon Gas test kit and/or alarm. Check.
- Certainly you have First Aid kits in each of your personal vehicles? Check.
- It’s time to make sure your gutters are clear of old and dry debris. Also, you’ve removed old brush, wood

## WEBSITE

Use your smart phone, computer, or any electronic device with an Internet connection to see what’s happening in Niguel Shores! Go to [www.niguelshores.org](http://www.niguelshores.org) and check for events, view photo galleries, get community updates, see the calendar of monthly activities, check the archives of previous newsletters, learn community history, and read opinions and comments from residents. You can also download and print NSCA forms, review regulations, find important contact information, and, of course, use the Dwelling Live link to log in your guests. Take a look!



—Sandy Homicz

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*Show your Niguel Shores spirit!*



## Niguel Shores Men's Club Invites Everyone to Celebrate!

**Monday, October 7 – 5:00 to 8:00 p.m.**

**Niguel Shores Clubhouse**

Tickets \$10 from Eric Eckes at [eecks@cox.net](mailto:eecks@cox.net)

**Featuring ~ Music of Linda Herman  
Authentic German Food and Beverages**

Bratwurst                      Pretzels  
Potato Salad                      Dessert

**You'll think you're in Bavaria!**

We would like to hear from you! Send your comments and suggestions to [seashorenews@hotmail.com](mailto:seashorenews@hotmail.com)

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# CLUBS

## WOMEN'S CLUB

The Women's Club continues to take advantage of the pleasant early autumn weather with our Outside Activities. In September, we walked along **Crystal Cove Beach** and viewed its charming historical cottages. Lunch at the **Beachcomber Cafe** provided a pleasing place to eat with a magnificent view and delicious entrees. This month, our ladies will tour **Casa Romantica Cultural Center**, a historic San Clemente home and gardens built by Ole Hanson in the 1920s. Tasty boxed lunches will be provided by **Sun Dried Tomato**. Mark your calendars for October 31 and meet in the Clubhouse parking lot at 11:00 a.m. for carpools. Hope you can join us!

The Niguel Shores Women's Club is in its 46<sup>th</sup> year and membership is at a record high. All ladies of Niguel Shores are welcome to join our gregarious group promoting friendship, fun and service to the community. At our September luncheon meeting, President Terry Link welcomed everyone back after the summer months. She then introduced our hardworking officers and committee chairs as well as new members and many guests. All ladies who celebrated August and September birthdays were happily recognized. After a sumptuous salad buffet prepared by our members, Vice President Jennifer Hochstader presented guest speaker **Jennifer Arundale**, a comedian who performs regularly at The Improv, Flappers, The Comedy Store and The Rec Room as well as smaller venues. Our speaker had us all laughing and even showed us some of her techniques in comical writing.

Next month our program will feature members **Hansa Sehgal** and **Sharon Stewart**. Hansa will speak about growing up in India and Sharon will tell us about the customs and events involved in celebrating a wedding there.



Members enjoy a day at Crystal Cove Beach and Beachcomber Cafe.



Members arrive for the first Women's Club Meeting of the new season.

Meetings of the Women's Club are held on the second Thursday of each month in the Niguel Shores Clubhouse. Social time begins at 12:00 noon, followed by a luncheon, and then a special program. For our next meeting October 10, members are encouraged to dress in Halloween costumes and colors in the spirit of the season. For membership inquiries, please contact Membership Chairs, Jennifer Paige [jopaige@aol.com](mailto:jopaige@aol.com) and/or Judi Palladino [twopalls@yahoo.com](mailto:twopalls@yahoo.com). For Outside Activities, please contact Terry Link [tjlink630@gmail.com](mailto:tjlink630@gmail.com).

—Terry Link

### *Niguel Shores Women's Club Outside Activity For October*

**EVENT:** Casa Romantica Cultural Center **DATE:** October 31, 2019 **TIME:** 11:00 a.m. to 2:00 p.m.

**SPECIAL INSTRUCTIONS:** Please meet at the Clubhouse Parking Lot at 10:30 a.m. and we will break out into carpools. We will drive down PCH to Casa Romantica in San Clemente. Lunch will be catered boxed lunches costing about \$12. We will return to Niguel Shores at 2:00 p.m.

**RSVP:** By October 29, please email Terry Link at [tjlink630@gmail.com](mailto:tjlink630@gmail.com) to let her know you will be carpooling with us. Thank you!



# CLUBS

## MEN'S CLUB

### Oktoberfest

The community is invited to the **Oktoberfest** on Monday, October 7 from 5 to 8 p.m. Tickets are \$10, available from Eric Eckes at [eecks@cox.net](mailto:eecks@cox.net). Authentic German food, beverages, and live music.

### Niguel Shores Men's Club...



### Notes on Our Speakers

At our September 3 meeting we heard from former Dana Point Mayor and now **Chairman of the OC Board of Supervisors and District 5 Supervisor Lisa Bartlett**, who provided a refreshing pro-citizen update on Orange County. On the subject of transportation it seems that political tension inhibits the extension of the 241 Toll Road with local politics ensuring that it never happens. Freeway (only in California do you call a toll road a freeway) rights of way in Orange County are built out.



Supervisor Lisa Bartlett

About Dana Point Harbor, we can think of the new mantra as three Ps: Public-Private-Partnerships. The Harbor Renewal project has been in the works for longer than 20 years and the new developers have a 66-year lease. The California Coastal Commission weighs heavy in decisions that are made. The next Harbor phase will start with a new parking garage, then include a new boutique hotel and an affordable hotel, and eventually new boat handling facilities, all done PPP.

## GARDEN CLUB

On a bright and sunny day, September 16, the Garden Club started the new club year with a bright and bee-ze meeting. Those that attended were treated to a fascinating presentation by **MacKenzie Hintz** on the history and culture of honeybees.

### Here are some interesting facts:

Honeybees are not native to America. They have been brought here from around the world, as early as the 1600s to the east coast. They migrated across the states, arriving on the west coast by the 1800s.



Native bees were already here but they are not as efficient in collecting pollen for honey making because they are more solitary, whereas honeybees live in hives with a queen bee and worker bees.

Each hive has one large queen bee who runs the hive, mates with the lazy male bees (the female bees do all the

We learned that John Wayne Airport has more local restaurants on the way. Eat better, including ice cream at the gate, before you fly!

On the Homeless topic there is a glimmer of hope in reactivating a state-owned 2700 bed, nearly empty facility, to handle the homeless of California.

Closer to home, the Strand Beach Revetment decision is in the hands of the Coastal Commission for a hearing.

On September 17, **Senator Pat Bates**, who represents Dana Point in California's 36<sup>th</sup> Senate District, provided a comprehensive review of the legislative results of a super-majority opposition party. They passed a \$215 billion budget with a \$22 billion surplus while giving free medical care to illegal aliens. They re-



Senator Pat Bates

established contributions to the rainy-day fund, augmented contributions to local school systems and provided more funding for mental health and homeless shelters. We avoided state-wide rent control but face more CEQA environmental inhibitions on projects. They essentially removed local control of density of housing development. With the total collapse of recycling—it did not work—we will face more restrictions on packaging with attendant adverse effects on health.

—Robert Saint-Aubin

work), lays all the eggs (around 2000 a day), and lives from three to five years—while the worker bees last only weeks.

Besides producing honey (their main food source), the hive produces beeswax and other secretions that are used in cosmetics.

The bee population is threatened by the expansion of agricultural farmland, thus reducing native plants for the bee's food source, and by the use of chemical pesticides.

Our speaker ended her presentation by asking us gardeners to help the bees by planting flowering plants, leaving a tray of fresh water out, and to stop using pesticides.

Our next meeting is on Monday, October 21. Our speaker will be **Rex from the Dana Point Nursery** whose topic is "October is for Planting." Our members-only Lobster Fest is Thursday, October 24. An email will be sent to all members with the cost and other information about the dinner.

—Karl Kuhn

# ACTIVITIES

## DANA POINT LIBRARY

Dana Point Library activities for October, 2019 listed by date and time. Programs are free and open to the public. Registration may be required.\* Contact the Service Desk at (949) 496-5517 or see [www.ocpl.org/libloc/dana/calendar](http://www.ocpl.org/libloc/dana/calendar) for more information.

DATE	TIME	ACTIVITY
1	9:00 a.m.	Basic Computer Skills* – adults
	10:30 a.m.	Toddler Story Time/Stay and Play
	5:00 p.m.	Write On! Writers Group – adults
2	10:30 a.m.	Preschool Story Time/Stay and Play
	3:00 p.m.	Read to a Dog – beginning readers
3	3:30 p.m.	Light Up Monster Bracelets/Paper Circuits – ages 8+
4	10:00 a.m.	Coloring Club – adults
	11:00 a.m.	English Class by South Coast Literacy* – adults
5	11:00 a.m.	Live Animals with Naturalists by Friends of Library – ages under 12
6	1:30 p.m.	STEAMPORT The Body by OCSA and Friends of Library – grades 1-6
7	1:00 p.m.	English Class by South Coast Literacy* – adults
8	9:00 a.m.	Basic Computer Skills* – adults
	10:30 a.m.	Toddler Story Time/Stay and Play
9	10:30 a.m.	Preschool Story Time/Stay and Play
	3:00 p.m.	Lego Club by Friends of Library – all ages
10	10:30 a.m.	Gentle Reads – <i>While My Sister Sleeps</i> , Barbara Delinsky
	5:00 p.m.	Teen Horror Movie/Popcorn/Candy – <i>Slenderman</i> – PG13
11	10:00 a.m.	Coloring Club – adults
	11:00 a.m.	English Class by South Coast Literacy* – adults
12	11:00 a.m.	Mexican Ghost Story/Ojo de Dios* by Friends of Library – ages 12+
15	9:00 a.m.	Basic Computer Skills* – adults
	10:30 a.m.	Toddler Story Time/Stay and Play
	5:00 p.m.	Write On! Writers Group
16	10:30 a.m.	Preschool Story Time/Stay and Play
17	3:30 p.m.	Tie-Dye T Shirts – ages 8+
18	10:00 a.m.	Coloring Club – adults
	11:00 a.m.	English Class by South Coast Literacy* – adults
	2:30 p.m.	Artsy Food for Holidays by Friends of Library – ages 5 to 8 with adult
19	2:00 p.m.	Bilingual Storytime/Craft in English and Spanish – children all ages
20	2:00 p.m.	Travel Club – <i>Haunted American History</i> , Colin Dickey – adults
21	1:00 p.m.	English Class by South Coast Literacy* – adults
22	10:30 a.m.	Toddler Storytime/Stay and Play
	3:00 p.m.	Young Readers Book Club by Friends of Library – ages 5 to 8
23	10:30 a.m.	Preschool Storytime/Stay and Play
	1:30 p.m.	Classic Movie Discussion – <i>Cat People</i> (1942)
24	5:30 p.m.	Teen Halloween Escape Room/Pizza – ages 12+
25	10:00 a.m.	Coloring Club – adults
	11:00 a.m.	English Class by South Coast Literacy* – adults
27	2:00 p.m.	Foreign Film – <i>The Third Wife</i> (Vietnam, 2019) – adults
28	10:30 a.m.	Seaside Book Club – <i>Girl with Seven Names</i> , Hyeonseo Lee
	1:00 p.m.	English Class by South Coast Literacy* – adults
	5:30 p.m.	PJ Storytime by NCL Laguna Storytellers – all ages
29	10:30 a.m.	Toddler Story Time/Stay and Play
	1 to 5 p.m.	Pumpkin Decorating Open House by Friends of Library – all ages
30	10:30 a.m.	Preschool Story Time/Stay and Play
	1:30 p.m.	Classic Movie Discussion – <i>The Letter</i> with Bette Davis, 1940
31	10:30 a.m.	Movie – <i>Scooby Doo Curse of 13th Ghost</i> by Friends of Library – all ages

—Dana Point Library Staff

## Friends of the Dana Point Library Annual Holiday Sale



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CONDITION —  
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**SATURDAY AND SUNDAY, NOVEMBER 2 AND 3  
10:00 A.M. TO 4:30 P.M.**

Dana Point Library Community Room  
33841 Niguel Road, Dana Point, Ca 92629

Save The Date And Do Your Holiday Shopping Locally. You Will Be Supporting Our Library And Saving Money Too! Contact Lisa Buchner At [Lisabuchner@Cox.net](mailto:Lisabuchner@Cox.net) If You Would Like More Information.

## PAGE TURNERS

Both **Page Turners** groups are back to their season of afternoon discussion meetings, held on the **fourth Monday** and **fourth Thursday** of each month. Our October selection is *A Ladder to the Sky* by John Boyne. Boyne is an Irish author who has written a number of adult and young adult novels. He is best known for his young adult novel *The Boy in the Striped Pajamas*. The *Observer* (UK) describes *Ladder to the Sky* as follows: “A deliciously dark tale of ambition, seduction and literary theft . . . compelling and terrifying . . . powerful and intensely unsettling . . . In Maurice Swift, Boyne has given us an unforgettable protagonist, dangerous and irresistible in equal measure. The result is an ingeniously conceived novel that confirms Boyne as one of the most assured writers of his generation.” I am sure we will have very interesting discussions of this book.

We have had a number of inquiries from people who would like to join Page Turners, and we are looking for a person who would be interested in coordinating a third group. Both existing groups are full to overflowing! It is generally accepted that the ideal number of members for a book club be 8 to 16 members. That ensures there are enough members for a discussion if several are absent, but not too many to make discussions unwieldy. If coordinating a third group is something that interests you, please contact Frances. It’s fun and we will make it very easy for you. For information on the Thursday afternoon group, please contact **Steve** and **Ann Morris** at [sidhewhois@cox.net](mailto:sidhewhois@cox.net) and for the Monday afternoon group, **Frances** at [fozimec@cox.net](mailto:fozimec@cox.net).

—Frances Ozimec



## MARY CROWL

This month our spotlight falls on a highly esteemed Niguel Shores homeowner, **Mary Crowl**. Over the years, our clubs, committees, and activities have all benefited from Mary's knowledge, guiding wisdom, and dedicated work. There is no way to count the hours she has given to Niguel Shores and the surrounding community here in Dana Point. In 2008, Niguel Shores honored her as our Volunteer of the Year.

Mary's solid contributions and leadership skills have been invaluable in so many areas, such as serving on the NSCA Board of Directors; chairing the NSCA Communication Committee; serving as Editor of the *Seashore News*; longtime memberships in the Women's Club, Really Serious Book Club and Garden Club; planning for the new NSCA Community Center; preserving photos and documents related to Niguel Shores history; and presiding at Shores events like the 30th Anniversary Celebration. Mary's research skills, interest in historic preservation, and depth of information have also greatly advanced the Dana Point Historical Society.

Mary is deserving of special commendation from all of us in Niguel Shores for her outstanding work on the NSCA Board and as *Seashore News* Editor. Starting in 2000, Mary held several Board positions, acting as Chief Financial Officer, Secretary, and 1st Vice President. Her service came during a key time when important decisions had to be made

about changes to our Community Center. As a result, the offices, clubhouse, patio, locker rooms, and pool underwent a complete remodeling to become the beautiful centerpiece of Niguel Shores that you enjoy today.

As editor of the *Seashore News* for seven years, Mary brought a new look and new life to our neighborhood newsletter. The guidelines she set in place are still reflected today in every *Seashore News* publication that you receive.

Also active in the Dana Point community, Mary served on the Board of the Friends of the Library and was Co-Chair of the Library Bookstore Committee for a number of years as well as being on the Board of the Dana Point Historical Society for 15 years.

Many of you know that Mary has decided to move closer to her family in Santa Monica. She reports that she is already settling in to her condo close to the beach, taking walks on the

strand, and enjoying local restaurants and other amenities. However, she is keeping her Sea Terrace Townhome and plans to visit us often to take part in the many activities she enjoys here. So we are not saying "good-bye" but rather "best wishes until we see you again." And we add to that: **"Thank you, Mary, for all you have given Niguel Shores."**

—Sandy Homicz



Mary Crowl

## ACTIVITIES

### THE REALLY SERIOUS BOOK CLUB

The Really Serious Book Club met at the home of **Mike Harrod** and reviewed *The Story of the Earth in 25 Rocks*. History and geology of the variety strata revealed in the analysis of rock formations, the ages of humans and dinosaurs, the shifting of earth plates leading to earthquakes, and the stability of civilization in our lifetime were subjects covered in discussion. The men and women who make discoveries of the earth's evolution were reviewed.

If you would enjoy being part of these discussions and reading books of social, scientific, political, economic, and cultural importance, contact **Norton** at [Nortlynn@cox.net](mailto:Nortlynn@cox.net).

—Norton Schwartz

### BRIDGE CLUB

Niguel Shores Bridge Club has grown to five tables recently. We are always eager to welcome new players as regulars or substitutes. If interested, please call **Betty** or **Bob French** at (949) 312-2556.

#### Our Recent Winners:

8/21 (1) Frieda Baskin (2) Helen Campbell. (3) Jane Olson  
 8/28 (1) Betty French (2) Sally King (3) Frieda Baskin  
 9/4 (1) Bob French (2) Frieda Baskin. (3) Ceacy Johns  
 9/18 (1) Betty French (2) Mark Sobolik (3) Helen Campbell

—Bob French



# Home is Where the Art Is

The welcoming home of Mary and Hal Schaffer is filled with unique art and artifacts that express their appreciation of all life's experiences. Mary and Hal talked with us about the fun of decorating a home with items that reflect their eclectic interests.

**Seashore News:** Tell us how you came to Niguel Shores and decided to remodel this house.

**Mary:** We met in 1999 and purchased this home in 2003 after selling our respective homes.

**Hal:** We knew we had a major renovation ahead of us, but once the work was underway the open beams and multiple windows gave us a light-infused space just right for housing our ethnographic art and Mary's paintings. The vivid colors in Mary's works and in my native American rugs stand out in contrast with the darker tones and natural materials of other pieces like the Japanese mokugyo (drums), Buddhist carvings, Tarahumara pottery, masks from Democratic Republic of Congo, Indonesian textiles, and other treasures.

**Seashore News:** Your art tastes are so eclectic, did your careers involve the visual arts?

**Mary:** Not at all. Hal was a counselor at Cal State University and I was an agent for professional speakers. With both of us close to retirement, we looked toward new ways of spending our time. We started attending art shows and visiting galleries. Our close proximity to the Laguna art scene was pivotal in our art awareness.



**Hal:** A lot of our dating revolved around artistic events. We began classes in life drawing and plein-air landscape painting, and we shared our mutual appreciation of indigenous art and our similar tastes in art pieces—like the antique silk kimono Mary displayed over her fireplace and my vintage kimonos and yukatas. You might say we bonded over our creative interests.

**Mary:** We decided to begin again as some new couples do late in life. We cleared away our old furniture and purchased antique Chinese peasant pieces and began to place our art objects wherever they looked best.

**Hal:** Our home is small, just 1,375 square feet, so we rotate wood carvings, masks, pottery and paintings so we don't crowd them or have one piece stealing attention from another.

**Seashore News:** Several items right now are stealing our attention—like the carved Chinese altar around your fireplace and the Nieto painting above it. Do you have favorites?

**Mary:** When I met Hal, he had 1920s Navajo rugs rolled in tubes, but we have them on display now, and I love the way they complement this living space.

**Hal:** I get joy from all of our pieces, as well as the creative process of curating the collection. Even our twelve-month long remodel was enjoyable. Designing the courtyard, finding black granite from Zimbabwe for our kitchen counters, engaging my brother to create our brick accent walls, overseeing the finish on the rustic cabinets—all of it was very satisfying.

**Seashore News:** You display your collections in interesting ways. The contents of this wooden bowl, for instance. Tell us about that.

**Mary:** The bowl holds bracelets and necklaces I've found here and there made of various metals, stones, and shells. I wear the jewelry, but it's fun as art, too, so when I'm not wearing them they're on display on the coffee table. The same with my other jewelry pieces. Many of them are crafted



by artisans from around the world, and, when not being worn, they decorate an earring tree in our bedroom or hang as art.

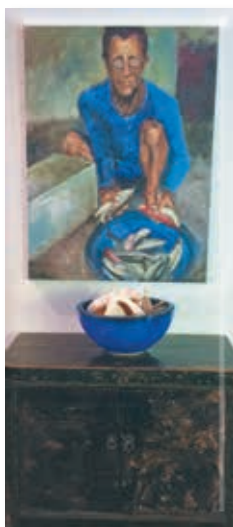
**Seashore News:** Are there groups where you share your interests in collecting objects like these?

**Mary:** Yes. We belong to the Collectors Council, an affiliate of Bowers Museum. It provides members with experiences in art collecting and connoisseurship as well as tours of private collections and galleries.

**Seashore News:** Do you have tips for others wanting to collect art?

**Mary:** Well, we aren't serial collectors the way some are. What we have is an accumulation of indigenous art and figurative paintings we personally cherish because of the stories behind them. We're content at home surrounded by these objects and the tales they tell.

**Hal:** One tip is to enjoy your art by making it a living part of your surroundings. For example, we have a



handcrafted children's sled from Germany that serves as a towel shelf in our bathroom. It's both artful and practical. Another tip is that in displaying art it helps to have lots of natural light, some blank wall space, and a vaulted ceiling to maximize the scale of larger pieces. Form and function go a long way to creating a unique space.

—Sandy Homicz

*Mary's paintings decorate many homes and shops in our area. To view more of her work, visit [www.marymckayart.com](http://www.marymckayart.com).*



## PICKLEBALL

### Welcome all Picklers!

Court 1 has been re-striped to accommodate four Pickleball courts. We play according to the schedule as follows:

### Drop In and Play: Paddle Wheel is in use for play.

Monday 9:00 a.m. to noon  
 Wednesday 9:00 a.m. to noon  
 Wednesday 4:00 p.m. to dusk  
 Friday 9:00 a.m. to noon  
 Saturday 9:00 a.m. to noon



### Organized Play: Organize your own matches. Bring your own players. No Paddle Wheel.

All other times not listed above.

Note: On Tuesdays and Thursdays in October and part of November, one or more courts will be used by group lessons from 4:00 to 5:00 p.m.

### Playing Tips:

- The *first hit* played in a point is the **Serve**. It is best to serve deep and toward the middle of the box.
- The *second hit* played in a point is the **Return of Serve**. It is best to return the ball high, toward the middle and deep. This will allow you time to get moving toward the kitchen line.
- The *third hit* played in a point, and the most important and most difficult ball, is what is called the **Third Shot**. Better players will hit 70% or more of these balls soft into the kitchen to make the ball bounce in front of the opposing players. This usually will start a dinking rally common in all higher levels of play. 30% of the time they will hit a third shot drive down the middle of the court which, if the drive is low enough, will usually result in a ball that is blocked short and makes your next shot into the kitchen easier.

Try the above tips in your next match and you will be on your way! To watch matches and instruction videos, search for the Pickleball Channel online.

—Steve Barrett

## WOMEN'S GOLF

A very nice morning of golf at The Ranch for three lady golfers this month. **Irene McDonald, Catriona Sigby, and Brenda Gino** were in attendance, enjoyed a wonderful breeze coming through the canyon, and even a few beautiful deer who popped out onto the course as if to say “nice shot” to us! More ladies joined us for lunch immediately following our nine holes—a fun time had by all.

Honors were shared for Lowest Score, Closest to the Pin, and Longest Drive by Catriona Sigby and Brenda Gino.

The lady golfers’s next outing will be Monday, October 14. Please contact Irene at (949) 481-3035 if you’d like to join us, for this is sure to be a good time on the course.

—Brenda Gino

## MEN'S GOLF

After a great summer of golf we are looking forward to our lineup of outings for fall. This month we will be teeing it up at Talega Golf Club on October 1, Tijeras Creek on October 8, Arroyo Trabuco on October 15 and Monarch Links on October 29.



### TRUE AND FUNNY SAYINGS ABOUT GOLF

- I'll always remember the day I broke ninety. I was so excited I forgot to play the back nine. —Bruce Lansky
- They say golf is like life, but don't believe them. It's more complicated than that. —Gardner Dickinson
- I'm hitting the woods just great, but I'm having a terrible time getting out of them. —Harry Tofcano
- Golf! You hit down to make the ball go up. You swing left and the ball goes right. The lowest score wins. And on top of that, the winner buys the drinks. —Anonymous

—Bob Russell

## TENNIS NEWS

Tennis is now back in full swing with all three courts resurfaced! If you are interested in learning about tennis social activities or playing with other residents, please send your contact info to [4oceanbreeze@gmail.com](mailto:4oceanbreeze@gmail.com).

Be sure to include your level: Beginner, Intermediate, Advanced and/or the league level you play, or have played, for USTA, Pac Sun, Hill and Canyon or others so you can be put in touch with players of similar ability.



Also, let us know if you prefer singles, doubles or mixed doubles.

We currently have resident players looking for others to join them as follows: Women's 3.5 both Singles and Doubles players; Beginner level Women's Doubles with possible clinics; Men interested in joining a snow bird group who will resume play in May.

We hope to see you on the courts!

—Jenny Rose



# THIS MONTH IN DANA POINT

## 1000 LIGHTS WATER LANTERN FESTIVAL

Food, Games, Entertainment, Lantern Launch

Dana Point Harbor –  
Baby Beach

**Saturday, October 5**

3:30 to 8:30 p.m.

[www.1000lights.com](http://www.1000lights.com)



## NIGUEL SHORES RESIDENT ROUNDTABLE

Meet New Sheriff Lt. Monteleone

Niguel Shores Clubhouse

**October 9**—6:00 p.m.

[www.niguelshores.org](http://www.niguelshores.org)



## DANA POINT LOBSTER FEST

Lobster, Steak, Drinks, Bands,

Casino, Dancing

Doheny State Beach

**Saturday, October 12**—4:00 p.m.

[www.monarchbeachsunriserotary.org](http://www.monarchbeachsunriserotary.org)

## BULKY ITEM DROP-OFF AND

### SHREDDING EVENT

E-waste, Green Waste, Large Appliances,

Furniture, Clothing

Dana Hills High School

**Saturday, October 19**—7:30 a.m. to 2:30 p.m.

[janderson@danapoint.org](mailto:janderson@danapoint.org)

## 50+ HALLOWEEN HAUNT SOCIAL

Dinner, Entertainment, Raffle

Dana Point Community Center

34052 Del Obispo, Dana Point

**Thursday, October 24**—5:00 to 7:00 p.m.

[www.recreation@danapoint.org](http://www.recreation@danapoint.org)



## HALLOWEEN SPOOKTACULAR

### TRUNK OR TREAT

Free Hot Dogs, Games, Crafts Entertainment,

Costume Parade, Treats

Meet DP Police Blood Hounds, Bomb Squad,

K-9 Unit, and

Mounted Patrol

Dana Point Community

Center

**Friday, October 25**

4:30 to 8:30 p.m.



## SOROPTOMIST INTERNATIONAL

### CRAFT FAIR

Benefit for Women and Girls in the Community

Dana Point Community House

24642 San Juan Avenue, Dana Point

**October 26**—10:00 a.m. to 3:00 p.m.

[brandmeier@cox.net](mailto:brandmeier@cox.net)

Fall brings some great opportunities for family fun—and not just at Halloween. Think about trying a few of these activities:



- **Grape Stomping:** The 2019 wine harvest has been underway in Northern California for the past two months, so why not try grape stomping up in Sonoma or Napa Valleys at Grgich, St. Supery, Hendry, Larson, Robert Mondavi or other wineries offering this unique activity. Check the winery websites for more information, and don't forget that there is a one-hour direct flight from John Wayne Airport to Sonoma County Airport every day on Alaska Air.
- **Apple Picking:** An afternoon in an apple orchard is a perfect way to celebrate fall with the kids. Many Southern California orchards offer u-pick opportunities with different varieties of luscious apples as well as cider drinks and even homemade cinnamon donuts. Check out the websites for these orchards: If you are going to the Oak Glen area, see Los Rios Rancho, Riley's Farm, Riley's Apple Farm, or Parrish Pioneer Ranch. In Yucaipa, there is Willowbrook Apple Farm. In Julian, try Volcan Valley Apple Farm or Apples and Art Orchards.
- **Oktoberfest:** Chances are there is an oom-pah band playing somewhere in Orange County right now as you read

this article. Here are some well-known venues for family activities along with German food and drink: The Phoenix Cub in Anaheim, The Old World in Huntington Beach (complete with the ever-popular dachshund races on Sundays), and Alpine Village in Torrance.

- **Pumpkin Patch:** Tractor, train, or amusement park rides plus pumpkin picking, games and crafts are offered at Irvine Park Railroad Pumpkin Patch and Tanaka Farms in Irvine, and Pumpkin City in Laguna Hills.
- **Halloween Haunt:** Well, it is October, after all, and we can't ignore Halloween. The kids will certainly want to come to our Niguel Shores Halloween Party on October 27. If they need more tricks or treats, there are spooktacular events at the Santa Ana and Orange County Zoos, Knott's Berry Farm, Disneyland, the Discovery Cube, Roger's Gardens, Ocean Institute, Pretend City, and—once every five years—even a Pageant of the Monsters in Laguna Beach.



—Sandy Homicz

## CHOOSING YOUR VETERINARIAN

After you get your new dog or cat, you will need a good veterinarian. It can be difficult to know where to start on finding the best vet for you and your pet. Here are some considerations and my opinions on each.



- **Locality:** It is important to find a veterinarian close to where you live. Animals get stressed having to travel far for vet services, especially if they are sick.
- **Veterinarian:** Which vet you pick will depend on his/her qualifications, knowledge and personality (among other things). There are reviews of vets online, but the best way to find a vet is to check with your friends and neighbors. While this does not guarantee you will be pleased with their choice of a veterinarian, a friend is a more reliable



### THINGS WE LEARN FROM A DOG

Have a Happy Attitude  
GREET EVERYONE WITH ENTHUSIASM  
delight in the simple  
**DON'T HOLD GRUDGES**  
explore everything  
**BE SUPPORTIVE**  
take plenty of rests  
**loyalty is a virtue**  
**PLAY IS GOOD**  
SET YOUR LIMITS  
**ACCEPT TREATS**  
protect those you love  
show passion with gusto  
**be yourself**  
LOVE UNCONDITIONALLY

source than anything you will find on the Internet. Check and see where the veterinarian went to school and how many years they have been practicing. At the clinic, see if the vet has a personality that pleases you. You want someone who is a good communicator. It is important for your pet to be comfortable with this person. Your veterinarian should be someone who loves and values your animal.

- **Staff:** The staff of the veterinary clinic is the first and last you see on a veterinary visit. You want a clinic with a staff that is respectful, friendly, competent and good with your pet. Communication is again the key with staff. Do they explain things in a way you can understand? Do they tell you the charges



up front? Do the technicians seem to know what they are doing with their procedures such as giving injections and making up medications? Make sure you are comfortable with all the support staff.

- **Physical Plant:** The appearance and smell of the veterinary clinic can tell you a lot about the practice and go a long way in making your pet feel secure. Is the facility in good repair? Is the place cluttered and dirty? Does it smell? There is no reason for a veterinary clinic to smell bad. Look for an organized work place in good repair, for these reflect on the overall quality of the practice and the care your pet will be given.

—Susan Davis, DVM



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# Wellness... A Healthy Brain



I grew up in a house that was generally filled with music. My mom, now 89, has a vast collection of records made up mostly of classical music, showtunes, standards, and a little jazz. Over time, we heard just about all of her collection, and she had (still has!) hundreds. She also played the piano and, to this day, has a beautifully trained alto voice that would ring through our house. My grandma, her mom, also played the piano beautifully and was the one who taught my little brother and me how to read music and play as well, which was underscored by her requirement that we understand the value that came from practicing!

Unfortunately, I quit playing the piano, which I regret—but I did take up the flute at age 12, playing in the marching band in high school. I still play at church and at home. It's a wonderful escape that I truly enjoy. It also represents a form of exercise for my brain.



As it turns out, just listening to music “lights up” multiple areas of the brain, taking in the sound and breaking it down into parts like the melody, rhythm, and so on, all in a split second. However, playing an instrument is a major workout for our brains, involving the visual, auditory, and motor cortices all at once. If you play often, very much akin to the practicing that I mentioned above, that disciplined, structured repetition makes brain function even stronger, allowing us to apply it to other things in life. Playing your instrument of choice involves both hemispheres of the brain, connected



To Your Health! Sharon Stewart RN, Health Coach, [Sharon@SharonStewartRN.com](mailto:Sharon@SharonStewartRN.com)

by the *corpus collosum* which acts as a bridge between those two halves—the right being emotional while the left is analytical.

What's the benefit for us in our daily lives? Well, joy and happiness are increased. Also, the big advantage is improved executive function. That is planning, strategizing, problem solving, and enhanced memory. Enhanced memory function is what we all want and is a strong sign of a healthy brain!


So, what if you don't play an instrument? Well, my first response is, pick one and learn how! If that isn't an option, listen to music if you don't already do so. If you are a singer, sing! The effect on our brains is very similar.

If music isn't your thing, consider learning a new language. Being multilingual has a similar effect on our brains with all the good benefits of increased memory and more.

If none of these call your name, the benefits of reading, doing crossword puzzles, jigsaw puzzles, being socially connected and talking with others about important topics also do so much to keep our brains healthy. And all along the way, keep moving. Walk, swim, garden, dance. Whatever movement you like. It all adds up to a healthy body and a very healthy brain—and our brains drive all we do and how we think.

Let me know if you need some ideas or encouragement. For now, I think I'll go practice my flute, or maybe even try out my piano skills to keep my brain healthy!

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## BOARD ACTION SUMMARY

### SEPTEMBER 4, 2019 BOARD MEETING: (General Session)

#### ACCEPTED AND FILED:

- Unaudited July 2019 Financial Reports
- General Session Committee Minutes

#### APPROVED:

- General Session Meeting Minutes for August 14, 2019
- September 2019 Expense and Transfer (actual)
- Appointment of Wendy Cubbon and Mike Link to the View Preservation Committee
- Resignation of Jack Christiansen and Bob Gregg from the Maintenance Committee
- Pre-Lien Filing: APN 672-041-33 (all other accounts paid prior to meeting)
- Harvest Proposal No. 72308 – Additional Planting Capstan Slope Options
- Recreation Committee Recommendation on Garage Sale – Open to Public
- Renewal of Contract for Mission Financial
- Harvest Proposal No. 72302 for Tree Removal of Dead Tree on Stonehill
- Patrol Service Contract
- Alan Smith Pool Proposal for the Spa Re-Plaster
- BPR, Inc. Trip Hazard Grinding and Concrete Repairs Proposal

#### APPEALS:

- Appeal of View Preservation Committee Decision – Tree Trimming: Appeal granted

#### REVIEWED/DISCUSSED

- Check Register, General Ledger and Delinquency Report
  - Manager’s Report
  - Board Updates

#### TABLED:

- MVP Security Systems Contract to Replace and Repair Cameras Damaged During Storm

### SEPTEMBER 4, 2019 BOARD MEETING: (Executive Session)

#### ACCEPTED AND FILED:

- Executive Session Committee Minutes

#### APPROVED:

- Executive Session Meeting Minutes for August 14, 2019

#### HEARINGS/MEETINGS:

- Two (2) Hearings held for Violation of Rules – Beach Parking
- One (1) Hearing held for Violation of Rules – Visible Pass/Decal (No Pass Displayed), Prohibited Parking (Parked Opposing Traffic)
  - One (1) Hearing held for Violation of Rules – Prohibited Parking (Parked Opposing Traffic)
- One (1) Hearing held for Violation of Rules – Prohibited Parking (Parked Opposing Traffic), Beach Parking
  - Three (3) Hearings held for Violation of Rules – Overnight Parking
- One (1) Hearing held for Violation of Rules – Prohibited Parking (Obstructing Roadway, Parked Opposing Traffic)
- One (1) Hearing held for Violation of Rules – Trash Containers
- One (1) Hearing held for Violation of Rules – Overnight Parking, Prohibited Parking (Obstructing Sidewalk)
  - One (1) Hearing held for Violation of CC&Rs and Rules – Article VII, Section 1 – New Construction or Modifications to Home Sites (Unauthorized Modifications)

#### REVIEWED/DISCUSSED:

- Legal Update
- Pre-Lien Filings
- Legal Analysis
- Delinquency Report
- Patrol Service Contracts

**NOTE:** The NSCA Board of Directors meets the 2<sup>nd</sup> Wednesday of each month unless otherwise posted. The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.

**REMINDERS:** THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD IN THE CLUBHOUSE ON WEDNESDAY, OCTOBER 9, 2019, BEGINNING WITH A RESIDENT ROUND TABLE AT 6:00 P.M.



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**For Sale:** 1987 Mercedes 190 beautifully maintained. No dings and no accidents. \$1,800. (949) 933-3580.

**Winter Rental:** 2 Bedroom/2 Bath Niguel Shores Villa. Fully furnished. Weekly gardener, housekeeper monthly. November 15 to April 30. \$4,000/month. (949) 933-3580.

**For Sale:** 1973 Mercedes 450SL. Convertible pristine condition. High miles but maintained and in perfect condition. \$9,000 OBO. (949) 933-3580.

*Ads for the Seashore News must be submitted by the 15th of the month. Include a check payable to NSCA, \$5 for a maximum of 30 words. Advertisers must fill out a form available at the Association office. Neither NSCA nor the Seashore News assumes responsibility or liability for quality of goods advertised.*



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REAL ESTATE REPORT FOR NIGUEL SHORES  
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**\*2019 REAL ESTATE UPDATE FOR NIGUEL SHORES\***

10 HOMES CURRENTLY FOR SALE - PRICED FROM \$998,000 TO \$9,995,000  
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