

Seashore News



August 2019

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Issue 548

INDEPENDENCE DAY PATRIOTIC DECORATING CONTEST WINNERS

BIKES, TRIKES, OR WAGONS

Most Creative:

Miller Girls

Most Patriotic:

Baney – “Nautical 4th”

Dillon – “Super Hero Wagons”



Most Creative Wagon
Miller Girls



Most Patriotic Wagon
Baney Family



Most Patriotic Wagon
Dillon Family

GOLF CARTS

Most Creative:

Jenkins – “Birthday”

Dohner – “NS Trolley”

Most Patriotic:

Bushnell – “Red/White/Blue”

Tyson “America Rocks”

Judges Choice:

Rodarte – “Freedom: Iwo Jima”



Most Creative Cart
Jenkins Family



Most Creative Cart
Jenkins



Most Creative Cart
Dohner Family



Judges Choice
Iwo Jima Memorial



Most Creative Cart
Dohner



Most Patriotic Cart
Bushnell



Most Patriotic Cart
Tyson Family

SPECIAL FEATURES INSIDE

8

Creating “Freedom: Iwo Jima”

by Sandy Homicz

9

Enjoy the Journey of Friendship

by Yollie Mancino

10

Independence Day Recap

by Nancy Tinnes

12

Twins, Triplets, and More

by Michelle Ralph and Patti Staudenbaur

15

Cuisine Corner—Whitstone

by Bill Walkup

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FROM THE HELM

Niguel Shores celebrated a fantastic July 4th throughout our community. Starting off with the Pancake Breakfast put on by the Men's Club, then the Grand Parade followed by games for kids, hot dogs by our Women's Club and finally the BBQ and Decorating Contest Awards in the evening. Thanks, again, to all the volunteers who worked so hard to make this annual event a huge success! See the contest winners and festivities on Pages 1, 10, and 11 of this issue. Then go to our website to view even more at www.niguelshores.org.

The NSCA Board of Directors held the quarterly Resident Roundtable on July 10. The main topic of discussion centered around the future of Pickleball at Niguel Shores. The Board announced earlier that an evaluation would occur at the end of the ninety-day trial period. Overall, the game was very popular during the trial period. The number of residents playing Pickleball increased steadily throughout the ninety days with two individuals especially recognized for their extraordinary efforts – Jeannie Sticher and JoAnne Webb. At the end of the discussion, the Board decided to dedicate Court #1 for Pickleball with four Pickleball nets. When the

courts are resurfaced in the fall, Court #1 will be painted with Pickleball-only play lines. The other three courts will continue to be used exclusively for tennis. We're hoping this Tennis/Pickleball combination for the courts will work well for the entire community.

The Board also announced that it will soon begin work on developing a Master Recreation Plan. An ad-hoc committee of owners will be formed to research and recommend enhanced or new recreational amenities. Jeannie Sticher will facilitate this effort and will be seeking input from the community. If you wish to volunteer for this ad hoc committee, look for the announcement and application on our website and the September Seashore News. We will provide more details on this important matter as we proceed.

The next Resident Roundtable will be held on October 9 and we invite all interested residents to attend.

Our 50th Anniversary Celebration brought a happy crowd to the Beach Bluff on July 20. What a great way to meet and greet neighbors, and for all of us to celebrate our wonderful community!

—Dick Kichline

GENERAL MANAGER'S REPORT

Stop at Stop Signs: Although some people seem to believe that stop signs are just a suggestion, the truth is that they are posted for a reason. A stop sign signifies that there is on-coming traffic, a pedestrian cross-walk, or some other safety-related issue that requires the vehicle to come to a complete stop prior to proceeding. The consistent disregard for stop signs within our community has created a very dangerous situation, and it is only a matter of time before someone is critically injured. For the safety of yourself and others, please make sure to acknowledge the stop signs by stopping and not just waiving at them while you fly by.

Golf Cart Registration: By now everyone knows that if your golf cart has a DMV issued registration you can obtain a barcode sticker. What some may not know is that even if your golf cart does not have a registration you can get a dolphin decal at no cost. These decals are issued in the office. All you need to do is drive your cart over and fill out a form. This does two things: (1) you get a super cute sticker for your cart that all your neighbors will be jealous of, and (2) you let the Association know that you are using one parking space in your garage for your golf cart. So, stop by the office and get your dolphin sticker today!

Pets: Please remember that you are responsible for your pets. Do not rely on someone else to pick up after them. Grab it, bag it, toss it—and this does not mean just toss the bag anywhere. Toss the bag in a proper trash container. Dropping the bag in the bushes is not the proper way to dispose of it! Dog waste attracts rats and can transmit disease—so please be mindful of this and use the provided trash containers. Also, for the safety of your pets and others you must keep dogs on a leash at all times.



If you have any questions, do not hesitate to contact me at the Management Office (949) 493-0122 or via email at mmiller@niguelshores.org.

A special Thank You to Karen Decker who put on a fabulous **50th Anniversary Celebration** with an amazing band, **The Roaries** (You can find them on www.gigmasters.com or email Blue Orneals at gocatgo02@yahoo.com), giveaways and tons of fun. **Blayke Miller** helped tremendously, and both these ladies should be commended on a job well done!

—Marla Miller

COMMITTEE REPORTS

MAINTENANCE COMMITTEE

If you were able to visit the Bluff on what was another spectacular 4th of July or the wonderful 50th Anniversary Celebration, you may have noticed some new amenities while enjoying the food, fun and comradery.

New Picnic Tables: Due to table repairs covered by the manufacturer and the addition of two new rectangular redwood picnic tables, we now enjoy completely updated redwood tables that can be kept up by our Maintenance Staff for many years.



New BBQ: Even more exciting and long overdue was the addition of a new custom Niguel Shores BBQ. Thoroughly researched by George Cooley, the new BBQ is beautiful! Manufactured and delivered by Santa Maria BBQ Trailer with a custom Niguel Shores logo, the large BBQ features two stainless steel fully adjustable grills with aluminum covers, stainless side tables, and fold-down cutting boards. The 40” fire-engine-red grill wheels, chrome wheel fenders and wheels, and hi-heat black finish really make this a BBQ grill master’s dream and one we will be enjoying for years to come. And all this came in \$1000 under budget!

—Geoff Dunlevie

RECREATION

Thank you all for a great 4th of July! What fun! Our NSCA parade gets bigger and better every year.

How about the big crowd gathering for our NSCA 50th Anniversary party? Niguel Shores really knows how to throw a party. Thank you to our wonderful staff and all who attended.

Upcoming Events:

Band by the Sea—Saturday, August 24, 6:00 to 9:00 p.m. Enjoy great music by the returning band, Caliber, and dance the night away with neighbors, family and friends. Tickets are available in the NSCA office for \$10 each.

Labor Day BBQ—Sunday, September 1, 5:00 to

8:00 p.m. Mark your calendars for our famous barbeque celebration. This is a free event in which we provide the hot coals and you bring whatever you would like to BBQ!

—Maria Elena Banks

EMERGENCY PREPAREDNESS

“The sky is falling!” Well, not quite, BUT the Earth is certainly shaking.

STOP and just take a few minutes to read the following and check your household to insure you are PREPARED for an earthquake:

- Have a verbal plan and discussion with ALL your family on steps to take if (when) an earthquake occurs. Start with an evacuation plan and where to meet if you have to leave your house.
- Keep telephone numbers written down in your purse or wallet and include cell phones of an out-of-state relative or contact if local service is not available so they know your status and can relay that to other family members. Text messages might go through if voice does not.
- First things first! Practice your DROP, COVER & HOLD techniques. This applies to your home, movie theater, restaurant, etc. Teach family members how to use a fire extinguisher and where they are kept. Know where your utility sources are (gas valve, water shut off, and electric breaker panels). Be prepared to shut them off if you smell gas or smoke, if a fire is evident, or if water pipes break. Once off, DO NOT turn the gas valve back on yourself. That’s a job for a professional.
- If a quake is serious enough with fires, power lines down, or impassible roads, don’t expect assistance from fire, police, medical, or utility units for possibly days (YES, I said days). They will be responding to schools, hospitals, nursing homes, and other areas of serious need.
- This is the critical reason YOU need to be the first point of contact. Be knowledgeable and BE PREPARED.
- This is also another reason to know your neighbors and reach out to them for help OR to give help if they need assistance.
- For special family situations, such as baby and child needs, do you have ready supplies of formulas, medications, diapers, clothing, shoes? For members with disabilities, make special consideration for their issues with equipment, supplies, meds, etc.
- For medical needs, ask your doctor about storing at least a week’s supply of prescription medications such as heart and high blood pressure meds, insulin, durable medical equipment. Can you even imagine the inability to contact CVS, Walgreen’s or Rite Aid to order needed supplies?

COMMITTEE REPORTS

- Also, keep an extra stash of cash available. If electricity is down, there will be no service at ATMs, gas pumps, cash registers, etc.
- Consider what to do if you can't even exit the Shores with your car because of impassable streets, inoperable garage doors, electronic exit gates. Keep at least a half tank of gas in your car at all times.
- Plan for your pet's needs, too. Food, water, meds, ID's and collar in case they panic and run away.

We have barely dented the list of Emergency Preparedness item you should have in your home and cars to be ready for earthquake, fires, or brownout occurrences. DON'T ignore Chicken Little and say it can't happen in the Shores. REMEMBER, once a disaster happens, it's too late if you're not prepared.

—Kent Wellbrock

TRAFFIC AND SAFETY

Parking Permits and Contact Information: Recently we began a process to expedite the annual renewal of overnight street parking permits. For the residents we were able to contact, the process went well. Unfortunately, a surprising number of folks had either changed their phone numbers or had their phone service discontinued. If we cannot reach these folks, their yearly special permits will expire and they will be precluded from overnight street parking. Additionally, with expiration of the permit, the bar code will be automatically deactivated and the ability to enter our community via our electronically controlled gates will cease.

CLUBS

WOMEN'S CLUB

“Summertime and the living is easy” yet the Women's Club keeps charging ahead with monthly activities and services to the Niguel Shores community! We began summer with our **Notebook Exchange Brunch** as Board Officers and Committee Chairs passed on informative notebooks to their successors for the 2019-2020 NSWCL year. We thank the former and new Officers and Chairs for volunteering their time and efforts throughout the year. Many thanks to **Catherine Bitran**, for hosting this traditional event at her lovely home.

Our **4th of July Gourmet Hotdog Lunch** was another success this year! When all the Independence Day revelers started growing hungry after the Grand Parade and Games in the Park, the Women's Club came to the rescue with plenty

of gourmet beef franks and all the fixings. The ladies and their gentlemen helpers grilled hot dogs on the Clubhouse patio and passed out plates of chips, cookies, and lemonade with a choice of pickles, sauerkraut, relish, onions, deli mustard, and ketchup.

My point here is to remind everyone to update the office with changes of your phone numbers and e-mail addresses. Doing this may well facilitate communications in case of an emergency, or it can help in delivering a message about administrative matters.

Guest Lists: Good news: Our gate attendants report that we are doing a great job of giving updates on our guest lists. As a result, traffic has been moving smoothly through the gates with minimal frustration by guests.

More good news: It keeps getting easier to electronically update your guest list. You can now download an App for our *dwellingLIVE* system and update your list on your smart phone from just about anywhere.

As we all know, we are responsible for the conduct of our guests. That also includes something as simple as ensuring that they place their guest passes on the dash. One recent gathering had six extra cars parked in a neighborhood but none of them had their passes clearly displayed. This could have resulted in a fine for the host as well as towing fees for the owners of the vehicles.

Pedestrian Traffic: Recently, we have had several near collisions involving cars and pedestrians. Drivers must be aware: You have a great responsibility and will be likely deemed at fault should you fail to drive cautiously and collide with a pedestrian. On the other hand, pedestrians should cautiously cross the street.

Rules: In case you are curious, specific limitations and rules for our Beach Bluff are posted at the Bluff. Enjoy the rest of summer, be safe, and God Bless! —Tim Murphy



of gourmet beef franks and all the fixings. The ladies and their gentlemen helpers grilled hot dogs on the Clubhouse patio and passed out plates of chips, cookies, and lemonade with a choice of pickles, sauerkraut, relish, onions, deli mustard, and ketchup.



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Thank you to our incredibly organized Catherine Bitran and her committee of 17 volunteers: **Nadine Allen, Lisa Buchner, Linda Empringham, Mary Kay Gutknecht, Marge Haber, Susan and Bill Imbriale, Joan Ingle, Terry and Mike Link, Kathy Newport, Carla Perin, Jenny Rose, Hansa Sehgal, Patti Staudenbaur, Laura and Dave Syme, Cynthia Talley, Nancy Tinnes, Cathy Tyson and Meg Wilson.** We are grateful for your assistance in selling tickets, shopping, grilling, and serving close to 300 people! It was our pleasure to serve and satisfy all the active families as they enjoyed the sunny afternoon around the pool.

Our **Outside Activities** are going strong. Last month we took a trolley ride to the “Gem in the Canyon” Laguna Art-A-Fair to experience a full spectrum of original and limited-edition fine art, art demos and live music. We enjoyed a delicious lunch at Seven7Seven with cascading waterfalls, blooming flowers, and hillside views. The venue made shopping and strolling a pleasure! For this month, keep **August 15** free for a trolley ride to Avenida Del Mar, San Clemente. We’ll walk the lovely, historic downtown that Ole Hanson envisioned as “The Spanish Village by the Sea.” After visiting the many unique boutiques and antique stores, we’ll have brunch at the lovely Café Mimosa, and then trolley back to Dana Point. We hope many of you will join us!

All Women’s Club members are highly encouraged to become involved in the various committees and club activities. For information on membership in the Niguel Shores Women’s Club, please contact Membership Chairs **Jennifer Paige** jopaige@aol.com and/or **Judi Palladino** twopalls@yahoo.com. For Outside Activities, please contact **Terry Link** tjlink630@gmail.com.

—Terry Link

MEN’S CLUB

July commenced with the United States of America and Niguel Shores celebrating the anniversary of the country’s founding. Our Fourth started with the successful community pancake breakfast led by a Men’s Club team of 48 members under the tutelage of Roy Dohner. The day ended with spectacular fireworks from venues surrounding us. The Fourth preempted our regular first Tuesday meeting.

On July 16, the **Morris/Wollin Team** served a gastronomical breakfast, not your uncle’s pancakes. Treasurer **Eric Eckes** reported that we have ample money to award more scholarships in the coming year.

The Sunshine Committee under the auspices of **Jack Christiansen** and **Karl Kuhn** reported that **Bob Borland**

IN MEMORIAM

Ann Dreyer

June 12, 1941 to July 10 2019

Amundsen Bay Resident for 25 Years

Member of Women’s Club

Ann was a one-of-a-kind woman. Her talents were amazing, her creativity endless — from making jewelry to catering for Presidents.

Ann is survived by her daughter Jeniffer and grandson Tanner.

She will be missed by all, especially her spunk.
A Celebration of Life will be announced.

Niguel Shores Women’s Club Outside Activity for August

EVENT: Trolley to Avenida Del Mar in San Clemente and Brunch at Café Mimosa

DATE: August 15, 2019

TIME: 11:45 a.m. to 3:00 p.m.

SPECIAL INSTRUCTIONS: Please meet at the southbound Selva Road Trolley Stop #2 (on the ocean side of PCH) at 11:45 am. The trolley is free and brunch entrees at Café Mimosa cost about \$15. We will return to the northbound Selva Road Trolley Stop in the afternoon.

RSVP: By August 13, please email Terry Link at tjlink630@gmail.com to let her know you will be joining the trolley group. Thank you!

suffered serious injuries in a fall at his new home in Ladera Ranch.

Vice President **CW Gruenig** reiterates you can order our logo shirts online at www.business.landsend.com/store/niguelshores or by calling 1 (800) 587-1541.

At the meeting, oral health coach **Carrie Ibbetson** introduced us to better overall health by changing the way we manage our gums! Flossing should be the least of your worries—good gums are the end point, not the beginning of good teeth, good mouth and good health. Gum disease leads to bad health throughout the body. Carrie recommended using a small TePe toothbrush, holding it vertically, and brushing the gums. For better breath, she said to

CLUBS

breathe only through the nose, not the mouth. It changes the pH of your mouth and nasal system for a healthier you. Engage in conscious breathing. Your objective is to get through the biofilm dome holding the bad bacteria to your gums. When asked to compare electric and manual toothbrushes, her answer was to use BOTH. Change is good, and varying the types of brush provides different modes of gum stimulation. Stimulating your gums stimulates your blood flow which stimulates your health! For promoting upper respiratory health without drying out the nasal passages, Carrie said to use a nasal spray with xylitol.



Speaker Carrie Ibbetson (center) with (left to right) Tim Murphy, Bob French, Allen Mednick, Al Glatt, Allen Brase, Rob Wollin and Men's Club President John Yocca.

It washes out common infectious agents, helps defend against allergens, and moistens nasal passages.

See you on August 6! —Robert Saint-Aubin

ACTIVITIES

DANA POINT LIBRARY

Dana Point Library activities for August, 2019 are listed here by date. Programs are free of charge and open to the public. Registration may be required.* Contact the Service Desk at (949) 496-5517 or see www.ocpl.org/libloc/dana/calendar for more information.

DATE	TIME	ACTIVITY
1	11:00 a.m.	Memory Club: Brain Boosters – adults
	1:00 p.m.	Crafters Sew Happy – adults
2	10:00 a.m.	Coloring Club – adults
3	11:00 a.m.	Meet Author Larry Loftis
4	1:00 p.m.	300th Army Band Concert
6	9:00 a.m.	Basic Computer Skills* – adults
	11:00 a.m.	Laguna Storytellers Storytime – all ages
	3:30 p.m.	Tech Tutors Assist You – all ages
7	5:00 p.m.	Write On! Writers Group – adults
	3:00 p.m.	Read to a Dog – beginning readers
	10:30 a.m.	Gentle Reads: <i>My Girls: Carrie and Debbie</i> – adults
9	9:00 a.m.	Coloring Club – adults
12	10:00 a.m.	Angry Birds Party – ages 5-11
13	9:00 a.m.	Basic Computer Skills* – adults
	3:30 p.m.	Tech Tutors Assist You – all ages
	3:00 p.m.	Lego Club – all ages
15	1:00 p.m.	Crafters Sew Happy – adults
16	10:00 a.m.	Coloring Club – adults
17	11:00 a.m.	Beaded Bookmark Craft – teens/adults
18	2:00 p.m.	Travel Club: Wolves and Coyotes
20	9:00 a.m.	Basic Computer Skills* – adults
	10:30 a.m.	Toddler Storytime – toddlers
	11:00 a.m.	Stay and Play – toddlers
	3:30 p.m.	Tech Tutors Assist You – all ages
	5:00 p.m.	Write On! Writers Group
21	10:30 a.m.	Preschool Story Time – preschoolers
	11:00 a.m.	Stay and Play – preschoolers
22	5:30 p.m.	Family Fun Night – children under 7 with adult
23	10:00 a.m.	Coloring Club – adults
25	2:00 p.m.	Foreign Film: <i>Styx, 2019, Germany</i> – adults
26	10:00 a.m.	Seaside Book Club: <i>Magpie Murders</i> – adults
27	10:30 a.m.	Toddler Story Time – toddlers
	11:00 a.m.	Stay and Play – toddlers
	3:30 p.m.	Tech Tutors Assist You – all ages
28	10:30 a.m.	Preschool Storytime – preschoolers
	11:00 a.m.	Stay and Play – preschoolers
29	1:00 p.m.	Classic Movie: <i>Shanghai Express, 1932</i> – adults
	10:30 a.m.	Family Morning Movie: <i>Chicken Little</i>
30	10:00 a.m.	Coloring Club – adults

—Dana Point Library Staff

REALLY SERIOUS BOOK CLUB

Mary Crowl hosted the Really Serious Book Club meeting in July. We reviewed Nathaniel Philbrick's *Sea of Glory* about one of the world's most ambitious voyages of discovery—the U.S. Exploring Expedition of 1838–1842, which set off to map the entire Pacific Ocean, dwarfing the Lewis and Clark expedition. The flora and fauna brought back from the expedition became the material that started The Smithsonian Institution and established the U.S. as a contributor to knowledge of the world. From man-eating natives in Fiji to mountains and ice flows in the Antarctic, this long voyage was monumental.

Our next meeting will be at the home of Norton Schwartz and will discuss *1776* by David McCullough, a book which gives a new view of the terrors and difficulties Washington and the founders endured. If you wish to join us, email Norton Schwartz at nortlyne@cox.net.

—Norton Schwartz

BRIDGE

Niguel Shores Bridge Club has been playing four tables each week and several new players have been added to the group. If you're interested in joining, we ask that you have a basic proficiency. Please call Betty or Bob French at (949) 312-2556.

Our Recent Winners:

- June 12 1) Jane Olson, 2) Bob French, 3) Ceacy Johns
- June 19 1) Mark Sobolik, 2) Ceacy Johns, 3) Helen Campbell
- June 26 1) Sandy Youdbulis, 2) George Hartmann, 3) Bob French
- July 10 1) Jim Pinola, 2) Trudy Buck, 3) Joannie Donohue

—Bob French

RODARTE BROTHERS WIN JUDGE'S CHOICE FOR "FREEDOM: IWO JIMA MEMORIAL"

Congratulations to Niguel Shores resident **Stan Rodarte** and his brother **Ron** for winning the **Judge's Choice Award** in our 4th of July Patriotic Grand Parade. Their life-size reproduction of the U.S. Marine Corps Iwo Jima Memorial brought cheers, applause, and salutes from all those along its route. But there is more to the story.

Their idea of creating a contest entry that was both patriotic and meaningful began taking shape way before our Grand Parade. To bring their concept to reality, Stan and Ron worked on their "Freedom: Iwo Jima" float several hours every day for nearly two months in Ron's garage.

First, they studied the background and sculpting of the actual



The USMC Iwo Jima Memorial in Washington, D.C.

Iwo Jima Memorial that stands in Washington, D.C. before Arlington National Cemetery. As an interesting side note, one of the original sculptors of that iconic piece was Felix de Weldon, who spoke years ago to our Men's Club about how he based his

sculpture of the monument on a Pulitzer-winning photograph of Marines raising the U.S. flag on Iwo Jima during WWII. Stan and Ron reproduced that exact image on their float, from the 16-foot-high American flag right down to the rocky ground and wood debris beneath the Marines' feet.

They started with a rolling platform, added an extended hitch to attach the platform to Stan's golf cart, and then braced the flagpole at the same angle seen in the photo. Life-sized mannequins were ordered, then shaped and bolted into the right positions and painted to match the five Marines who planted the flag. Stan scoured Army Surplus stores and websites for just the right

uniforms, patches, helmets, boots, and military gear to dress the men accurately. He even brought out some of the props he had saved from his past work in TV and movies. However—oops!—Stan and Ron ran into a glitch when they realized they couldn't put the uniforms onto the mannequins in their bolted positions unless they unbolted every one of them, dressed them, and built them back again. Which they did!

Then Stan and Ron created papier mache "rocks," gathered driftwood, and twisted rusty barbed wire to simulate the ground area shown in the photograph where the flag was planted. In every respect, the Rodartes made their float as real-looking as can be—even to the dry bush sprouting from the rocks and the canteens with Marine unit insignias hanging from the warriors' belts.

Early in the morning on 4th of July, the Rodarte brothers hitched their float to Stan's golf cart and drove from Ron's home in the Tennis Villas down Niguel Road to our Mariner Gate. Along the way cars came to a stop and honked, people gave high-fives and cheered, everyone snapped pictures. Even the firefighters at the station came out to salute the spirit of freedom and victory symbolized by the high-flying flag and the depiction of brave men who fought for freedom.

—Sandy Homicz



Ron and Stan Rodarte with their prize-winning parade entry.



Stan and Ron's "Freedom: Iwo Jima"

of freedom and victory symbolized by the high-flying flag and the depiction of brave men who fought for freedom.

Take a Step Back In Time!

Sue Forrest sent this photo of the Forrest Family on the 4th of July, 1995—and what we believe to be the first golf cart used in the Grand Patriot's Parade!



ENJOY THE JOURNEY OF FRIENDSHIP



There is a national holiday very few of us know about, but it's worth celebrating. The first Sunday of August is **National Friendship Day**—this year on August 4. Wouldn't it be nice on that day to recall special folks in our lives who have made a difference?

As the phrase goes: "Friends are the flowers in our garden of life." Indeed! Some relationships begin as acquaintances but, as time goes by, some of those acquaintances can develop into meaningful friendships.

Being considered someone's friend is a privilege. Thinking about our own lives, there are people we know as acquaintances and those special people who have left an imprint—those whom we consider as our friends.

Within our Niguel Shores community we have a great example of a true and lasting friendship. **Tim Murphy** and **Rich Mancino** have literally been part of each other's lives since birth. Both were born in Los Angeles at Queen of the Angeles Hospital just 5 days apart, and their lives first crossed in the hospital nursery. As children, they both attended Nativity Elementary Catholic School from first through eighth grades. They both attended Mt. Carmel Catholic Boys High School, where they studied, played football, socialized, and graduated together. From there, Tim and Rich went on to Cal State Los Angeles to study in their separate fields. At that busy time in their lives, with college and careers, they did go in different directions but still kept in touch with one another.

Throughout their adult years, Rich and Tim continued on the same journey. Tim enlisted in the National Guard and went on to get his Masters' Degree from USC. Rich started his own printing business and married Yollie, his high school sweetheart. Tim was one of his groomsmen. Tim and Carmen Murphy were married on the exact day, just hours after Rich and Yollie's first daughter was born. In fact, Rich left Yollie and his newborn daughter at the hospital long enough to go to Tim and Carmen's wedding ceremony.

If the tale of these two men doesn't seem like a great example of friendship, now add this: Their wives, **Yollie** and **Carmen**, had known each other since second and third grades. They both attended St. Vincent's Elementary Catholic School in Los Angeles, then graduated from Bishop Conaty Catholic Girl's High School.

Over the years, their growing families kept the Murphys and Mancinos busy in their own lives, but the two couples always continued to celebrate Tim and Rich's birthdays by going out to dinner nearly every January.

Then, in 2002-2003, when the Murphys were contemplating a move from their Seal Beach home to try out a property in Ireland, Yollie and Rich heard of this probability and decided to intervene. They introduced the Murphys to our lovely seaside community where Yollie had been renting a beach home on Nauticus Isle for approximately five years. So, the Mancinos brought the Murphys to Niguel Shores. It worked! Tim and Carmen fell in love with the neighborhood and found their Broadmoor home within a few months, expecting the Mancinos to do the same. It took Rich and Yollie a few years to purchase their Sea Terrace Townhome here after that, but in 2014 the two couples became Niguel Shores neighbors.



Now, one would think this is the end to a beautiful story about friendship. But the parallel journey continues. In 2012, when Yollie was diagnosed with Parkinson's Disease, the Murphys' friendship became even more meaningful. Tim and Carmen were longtime friends living nearby that Yollie could count on if the symptoms became problematic. They made sure Yollie was always comfortable whenever they were together. The notion of Rich and Tim's friendship continuing on equal course became even more evident recently when, in 2018, Carmen was also diagnosed with Parkinson's Disease. With their long years of friendship, Yollie and Carmen are making their way through this with support and encouragement from Tim and Rich.

The four friends have experienced many good and bad times together. Now they continue sharing fond memories and new adventures here in Niguel Shores.

On August 4, you will probably find the four of them celebrating **National Friendship Day** trying out a new restaurant for Tim to critique for his Cuisine Corner column in the *Seashore News*. The Journey continues. Enjoy the Journey!

—Yollie Mancino



Independence Day Recap



What a celebration! Our **Men's Club** started the day off with masterful teamwork by preparing and serving their traditional pancake breakfast to throngs of hungry folks, with breakfast proceeds going toward scholarships each year. After breakfast, the **South County Young Marines Color Guard** were ordered by **Sergeant Major (Ret.) James Harkins**, colorful in his own unique way, to hoist Old Glory and our California Golden Bear Flag as everyone sang our national anthem, followed by the Pledge of Allegiance. **Uncle Sam** was on hand once again passing out treats, shaking hands, holding babies, petting dogs and posing for lots of photos.



A big thanks as always to **O.C. Fire Authority Engine Company 30** who led our **Patriot's Grand Parade** through neighborhood streets—a happy thrill for the riders, marchers and spectators on the route. A record-breaking 89 carts paraded by the judges this year!



At our community park, the **Webb Team** organized and oversaw **Field Games** from tug-of-war to sack races, hoop toss and more. At lunchtime, the aroma of grilled hot dogs filled the air as our **Women's Club** prepared and served the all-American delicacy with gourmet fixings. What a treat and a job well done, ladies!



Then it was down to our **Beach Bluff** where a **D.J.** was spinning tunes for all ages to enjoy. Barbecue coals were stoked at 5:00 p.m. Dozens of grill masters cooked and hundreds of their guests ate dinner overlooking the beautiful blue Pacific. Topping everything off, **Fantastic Fireworks** were visible from several nearby locations.



My sincere thanks to all our community-minded volunteers who made this national holiday another fabulous memory for our great neighborhood. Thanks also to our **Maintenance Staff, Securitas, Office Staff** and our **Recreation Committee**. We are all so wonderfully blessed to have their support. Party On!



—In Celebration . . . Nancy Tinnis





NIGUEL SHORES

50 years anniversary

CELEBRATION

July 20 brought an evening full of fun at the Bluff with a rockin' band, refreshments, and decorations by our NSCA Board, Staff, (especially Karen Decker), and Rec Committee in celebration of our wonderful community's 50th year!



TWINS, TRIPLETS, AND MORE!

If you think you are seeing double, you are not alone and you are probably right. At a recent



Just as medical intervention has contributed to the number of twins being born, it

has also contributed to the decline in the number of triplets or other multiple births. Recent changes in assisted reproductive technology have been associated with the decline in triplet and higher order multiples. The number of triplets and multiples has decreased by approximately 40%, according to the National Center for Health Statistics, since its peak in 1998.

Some interesting facts about twins from www.dmmom.com/facts-about-multiples and other sources:

Was Kathy imagining things or are there more multiple births these days? Well, the answer is both *yes* and *no*. There are a lot more twins born these days. According to the National Center for Health Statistics, in the last thirty years there has been a 76% increase in the number of fraternal twins born in the United States. The number of identical twins has remained constant at approximately three sets of identical twins per 1000 births, while the number of fraternal twins is approximately thirty per 1000. However, the number of triplets and other multiple births has actually declined since 1998, with triplets presently occurring in about one in every 8,000 births.

Some may be asking, “What is the difference between identical and fraternal twins?” Identical twins are medically referred to as *monozygotic* twins. In these twins, one fertilized egg divides in half and two babies develop with the exact same genetic makeup. Identical twins are obviously the same sex and usually look very much alike. Fraternal twins, on the other hand, are medically referred to as *dizygotic* twins and result when two eggs are fertilized. These babies are no more alike than siblings born separately. They can be either the same sex or different sexes, with the odds about the same for either boys or girls. Occasionally, parents are unsure if their same sex twins are identical or fraternal, but this can usually be determined at birth or by DNA testing to confirm.

So, why are we all seeing double? Well, there are a number of contributing factors to the increase in fraternal twins. The first is the tendency for women to delay having children until they are older. The second is the increase in women and couples seeking fertility treatments. Another factor that contributes to giving birth to fraternal twins is heredity. We have all heard that twins “run in the family” and this is very true. If a woman is a twin herself or if any of her siblings are twins, there is a greater chance that she will give birth to fraternal twins and even triplets. Contrary to popular belief, the incidence of twins does not skip a generation.

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Some interesting facts about twins from www.dmmom.com/facts-about-multiples and other sources:

- Identical twins do not share the same fingerprints.
- Women who give birth to twins (without medical intervention) may live longer and were found to be stronger and healthier.
- 40% of twin children develop their own language.
- Up to 22% of twins are left-handed. In the general populace, only 10% are left-handed.
- In Massachusetts and Connecticut, the twinning rate is 25% higher than the general populace.
- In Hawaii the rate of twin births is 30% less than the rate in the rest of the nation.
- The Nebraska and New Jersey rate of triplets is double that of the rest of the nation.
- The Yoruba tribe in Nigeria has the highest incidence of twinning in the entire world.
- Fraternal Twins are much more common than identical twins.
- Both Elvis Presley and Liberace were twins, but their siblings died at birth.
- The famous advice columnists Ann Landers and Abigail Van Buren (Dear Abby) are twins.
- William Shakespeare fathered a set of boy/girl twins.
- Fraternal twins run in families. Identical twins are a coincidence of nature.
- Twins do not have to be born on the same dates. The longest gap between birth is recorded as 85 days.
- Cirque du Soleil employs the most sets of twins. (With the exception of course of the Twins restaurant in New York City where you can only be a waiter if you are an identical twin.)
- Identical twins experience nearly identical brain wave patterns.
- The rate of identical twinning is much higher in mothers that are very young and very old.
- Once you’ve had fraternal twins, you are 3 to 4 times more likely to have another set!

—Patti Staudenbaur

FAMILY FUN— TWINS, TRIPLETS, AND MORE (CONTINUED)

At the beginning of August every year, thousands of twins, triplets, and greater multiples gather for a festive weekend in—where else?—Twinsburg, Ohio!

The Twins Day Festival in Twinsburg is billed as the largest annual gathering of multiples in the world. Attendees range in age from infants to octogenarians all celebrating twinship together. Over the course of three days, there are look-alike contests, costume contests, relays, walkathons, a “Double Take Parade,” a talent show, golf and volleyball events, scholarship awards, amusement park rides, lots of delicious food, and never-ending entertainment.

That’s all well and good, but several of our own Niguel shores residents can tell you it’s not necessary to travel to Ohio to enjoy being a multiple or raising multiples.

Growing Up Multiple

Our former *Seashore News* editor Karl Kuhn is a triplet. Karl says, “When I mention this to someone for the first time his or her immediate response is, ‘I’ve never known a triplet.’ Then comes the immediate next question, ‘Are you identical?’ My inevitable response, ‘No, thank goodness. We are just three cute boys, which is not very common as most triplets are a mix of boys

and girls.’ Karl continues, “We boys each weighed around 6 pounds. Thankfully, our stout mom experienced no lasting problems except washing all our diapers (this was before disposables). At birth we had our picture in the local newspaper because we were the first triplets born that year in Oakland, California. It was great fun having brothers to play with, fight with, and compete with for the attention of the girls.”

Parenting/Grandparenting Multiples

People may assume that multiples are alike in all ways, but that is not the case. **Lynne Schwartz** is the fortunate grandmother of three-year-old twin girls—or as her son likes to call them, identicals. Despite looking alike (with Grandma Lynne’s blue eyes and blonde hair), the girls each have

their own distinct personalities. Lynne says, “Watching the twins is amazing. They work seamlessly as a team. **Emme** is the more dominant one. **Haddie** is usually happy to take a backseat, but she does know when to pick her battles. Our son is a fly-fishing guide and recently took the girls fishing for the first time.

It was hilarious! Haddie stayed in one spot and patiently waited for a bite. Emme was moving from spot to spot, frustrated that she hadn’t caught a fish in two minutes.” From their photo, it’s obvious the girls are adorable and full of fun. “They are a handful,” Lynne says, “but worth it! It’s going to be a blast watching them grow up.”

Meg Wilson enlightened us with the concept of “Twin Speak,” which she says is “a language spoken by only two individuals.” Because twins and multiples spend so much time together from birth, the occurrence of “twin speak” is a natural solution to infant/toddler communication. The actual analysis of twin language shows it is a distorted version of the Mother tongue that the multiples have experienced and now understand in their own spoken version.”

She continued, “My son had twin girls and, when they were around eight months of age, he recognized they were actually talking ‘twin speak’ to each other. He became concerned the girls would delay in speaking English, so his solution was to teach the whole family sign language. The girls rapidly picked up a 25+ working vocabulary in ‘sign’ and abandoned their ‘twin speak.’ They easily had their needs met for more food, drinking, change of diaper and even sharing a toy.”

Meg added more information. “The hand movements of ‘sign’ are symbols and the alphabet letters of the printed word are symbols. The extrapolation is natural to the preschooler. Sign language can help children move from the signed word to the printed word and eventually on to reading.”

Thank you to **Bill** and **Ginny Halbert** for telling us about their twin grandsons, **Will** and **Cole**. Bill begins by saying, “Twins! Double your pleasure, double your fun!” He recalls, “One of my earliest memories occurred in their first year. Will had fallen and hurt his head on our hardwood kitchen floor. As soon as Cole heard his brother crying, he ran to our



FAMILY FUN— TWINS, TRIPLETS, AND MORE (CONTINUED)

den to find Will's comfort blankie and brought it to him. This closeness probably helps them now as starting point guards on Dana's JV basketball team at age 16."

Bill continues, "Tragedy struck our family when their father, our son Bryce, died suddenly on a family vacation when the boys were almost 10. Their mother, Tricia, works very hard to make their lives as normal as possible. We enjoy helping out a lot. The twins are beloved by all who know them. Their father always called them 'incredible little men' and he was right."

Patti and Art Staudenbaur—our highly active Shores residents and volunteers on the NSCA Board, committees, and clubs plus church and humanitarian activities—are parents to identical twins AND grandparents to twin girls! Patti shared with us, "35 years ago my husband and I were

blessed with identical twin sons. When the technician performing the ultrasound asked if I had taken any fertility drugs, my answer was, 'No.' Then she asked if there were any twins in my family, and again my

answer was, 'No.' Her response

was, 'Well they have to start somewhere!'

"Now here we are, 35 years later, and one of our twin sons and his wife have also been blessed with adorable twin girls named Emmy and Paige, who are fraternal.

"In my case, I am in the unique position to see both identical and fraternal twins up close and to observe their similarities and differences. My fraternal granddaughters are different in almost every way. Not only do they look different, but they differ in every aspect of their personalities and development.

"With my identical sons, they were very much alike, not just in physical appearance, but also in every facet of their development. As they got older, these similarities lead to a good deal of healthy (for the most part) competition. At Brian's wedding, Sean was congratulated numerous times on *his marriage!* When Sean gave the toast as best man, he talked about the fact that the competitive spirit between them led them to become very competitive together as teammates and had challenged him to become a better person.

"The one thing I can say for sure regarding the similarities between identical twins and fraternal twins is that in either

case, twins make for a very busy and often very fun household. We are extremely happy to be so blessed and busy!"

Gay Turner, a resident of Niguel Shores for over thirty years, sent us a photo of her son **Jay**, his wife **Janice**, and seven of their eight children—two of whom are twins. Here are **Courtney, Andrew, Clarion, Casey, Camille, Archie, Chloe**, and (not shown) **Audie**. Can you spot the twins?



Kristina Dodge, a new

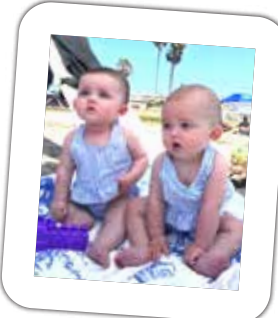
neighbor in the Shores, writes, "Having my first born was the greatest joy of my life, and when I was told that we would be blessed with triplets years later, I was thrilled. Life was hectic, but we felt blessed." Unfortunately, Kristina's husband **Larry** passed away in 2016, but Kristina says, "Being

a single mom and sole bread-winner has had its challenges, but we have learned to be there for one another and have created a formidable team. We feel blessed and love our new home in Niguel Shores. Here

are the triplets **Cozette, Tatiana, and Alexandra** with big sis **Laurenz** all waiting for a Gondola ride in Venice."

Michelle Ralph—retired teacher, *Seashore News* writer, and member of our Communication Committee—says, "I am the happy grandparent of fraternal twins, **Shane and Logan**. As seven-year-olds, the boys have much in common—sports, video games, friends, and losing their two front teeth almost simultaneously. Noting differences, Shane is taller with blonde hair; Logan is our redhead with freckles. When the boys were much younger, Logan had some mild speech issues, but we could always count on Shane for an instant translation. There is constant activity and laughter because they always have each other. At their house, it's like having a sleepover every night. I certainly concur with all the previous commentaries that multiples make for so much fun in a family."

—Michelle Ralph





CUISINE CORNER

Whitestone Restaurant and Bar

Whitestone, in the former Two Left Forks location, is now open. We went there for a shared entrée and sides which we chose to enjoy family style. Beginning with a Burrata, which included charred vine tomato, seasonal fruit, balsamic reduction and opal basil dressing, we were off to an excellent start. We followed with Crispy Potatoes (broken gribiche and confit garlic), BBQ Wild Gulf Shrimp with a delicious sauce including grilled ciabatta, and the Confit Duck as an entrée. All were well prepared and beautifully presented. The sauce on the shrimp was so delicious we decided to pour it over the potatoes and recommended to our waiter that the chef consider this as a possible variation of this side dish.

Other main entrees include Jidori Chicken Breast, Seared Steelhead Trout, Scallops, Seabass, Braised Beef Cheek, Blacked Lamb, Filet Mignon and Grilled Angus Ribeye. Entrees range from \$21 to \$59.

The restaurant is currently waiving its \$20 corkage fee as a promotion. I don't know how long this will be in effect so be sure to ask when you make your reservation.

The ambiance is similar to Two Left Forks and the service was attentive. I suggest going early because of limited parking. The hours are Tuesday through Thursday and Sunday, 4:00 p.m. to 9:00 p.m. Friday and Saturday, 4:00 p.m. to 10:00 p.m.

Address: 34212 PCH, Dana Point

Phone: 949-489-8911

Website: whitstonerestaurant.com

—Bill Walkup

SPORTS

PICKLEBALL

We've seen lots of action on the Pickleball courts with many new players joining in! If you haven't been down to Court #1 lately, you are in for a surprise: Two more nets have been added making four courts available for play. This means minimal waiting time for lots of players at all levels. In addition, the Board met on July 10 and passed the proposal to dedicate Court #1 for Pickleball and offer extended hours. In the fall, all courts are scheduled to be resurfaced as part of Niguel Shores normal maintenance. At that time, Court #1 will be restriped for Pickleball, and Courts #2, 3, 4 will continue for Tennis.

New Schedule: The new Pickleball schedule is as follows: Monday/Wednesday/Friday/Saturday mornings from 9:00 a.m. to Noon. Wednesday evenings from 4:00 to 7:00 p.m. (or dusk) are Drop-In Play. All other times are open for Organized Play, meaning you can bring partners or come and practice at your convenience. Please remember that play does not start until 9:00 a.m. and ends at dusk. This new schedule is also found on the Niguel Shores website.

Clinics: Other considerations being discussed are scheduling a clinic on Monday evenings with a professional coach/player and the formation of a Niguel Shores Pickleball Club for residents. Details will be forthcoming.

What is Drop-In Play (also known as Open Play)? Everyone uses the paddle wheel to rotate in a game. This is an efficient way to determine the next players up. As a game finishes, the next four players rotate in on that court.

See you on the courts!

—JoAnne Webb



A sunny Saturday morning on Court #1 with Pickleball in play.

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BOARD ACTION SUMMARY

JULY 10, 2019 BOARD MEETING: (General Session)

ACCEPTED AND FILED:

- Unaudited May 2019 Financial Reports
- General Session Committee Minutes

APPROVED:

- General Session Meeting Minutes for June 12, 2019
 - July 2019 Expense and Transfer (Actual)
 - Disposition of Assets – Office, Maintenance and Gatehouse Computers
 - Approve Lien Filing: APN 672-041-08 and APN 672-012-03
 - Covenant for Manta Court Property
 - 2018 State and Federal Tax Returns
- Finance Committee Recommendations of Final Slope on Master Landscape Plan for 2020
 - Proposal No. 70597 and 70598 – Harvest Landscape – Remove Two (2) Leaning Eucalyptus Tress and Leeward Drive
 - Proposal No. 4981 – Coastal Arbor – Remove Three (3) Trees Along Marlinspike Drive
 - Pickleball Court Striping (Board Updates)

REVIEWED/DISCUSSED

- Check Register, General Ledger and Delinquency Report
- Proposal No. 71016 – Harvest Landscape – Remove Dead Tree and Replant Little Gem Magnolia on Sextant Drive
 - Correspondence to the Board
 - Manager’s Report
 - Board Updates

JULY 10, 2019 BOARD MEETING: (Executive Session)

ACCEPTED AND FILED:

- Executive Session Committee Minutes

APPROVED:

- Executive Session Meeting Minutes from June 12, 2019
 - Legal Counsel to File Judicial Foreclosure of Lien and Mediation: APN 672-013-15 and APN 672-041-53
 - Authorization for Legal Counsel to enter into Mediation for property on Leeward Drive

HEARINGS/MEETINGS:

- Four (4) hearings held for Violation of Rules – Overnight Parking
- One (1) hearing held for Violation of CC&Rs Article VII, Section 1 and Rule – New Construction or Modification to Home Sites, Modification Restrictions-Drains
- One (1) hearing held for Violation of Rules – Prohibited Parking (Parked Opposing Traffic, Curbside Parking)
 - One (1) hearing held for Violation of CC&Rs Article IX, Section 2 – Nuisance-Trespass
 - One (1) hearing held for Violation of Rules – Prohibited Parking (Parked Opposing Traffic)
 - One (1) hearing held for Violation of Rules – Beach Parking

REVIEWED/DISCUSSED:

- Legal Update
- Legal Analysis
- Delinquency Report

NOTE: The NSCA Board of Directors meets the **2nd Wednesday** of each month unless otherwise posted. The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.

REMINDERS: THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON **WEDNESDAY, AUGUST 14, 2019, BEGINNING AT 6:00 P.M.**



SPECIAL THANKS to those who contributed photos for articles in this issue:

Kristina Dodge, Geoff Dunlevie, Suzanne Enis, Susan Forrest, CW Gruenig, Bill Halbert, Karl Kuhn, Terry Link, Yollie Mancino, Michelle Ralph, Stan Rodarte, Hansa Sehgal, Lynne Schwartz, Art and Patti Staudenbaur, Gay Turner, Meg Wilson.





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