**May 2019** 

**Published Monthly by Niguel Shores Community Association** 

Issue 545



#### **ANNUAL MEETING**

Niguel Shores Community Association

Tuesday, May 21, 2019 Community Center Clubhouse

Registration begins 6:00 p.m.

Annual Meeting begins 7:00 p.m.

Remember to mail in your ballots for Board Candidates or bring your completed ballot to the Annual Meeting.

Your vote is important and needed for quorum.

### THE HELM

The second Resident Roundtable was held on April 10, and the room was packed with ideas and residents. Thanks to all who attended and offered their ideas, support or concerns to the Board and their fellow neighbors.

Spring is a very active time for planting and weed control, and the Board has made the decision to change the type of weed killer used on our slopes and grass areas. Some very good information was provided to the Board during the Roundtable, and upon further research, Harvest Landscape will begin utilizing a "natural/organic" weed killer, (SUPPRESS by Westbridge). Signs will continue to be posted in areas where the treatments are occurring. You may see this happen more frequently than in the past. Often this newer type of weed killer takes a few more applications to resolve the weed problem.

Many residents in attendance at the Roundtable requested more information concerning the **Pickleball** test which began on April 15th. We will closely monitor this test during the 90 days and may make some adjustments as it progresses. Updates will be provided via the Niguel Shores website www.niguelshores.org.

Thanks to the owners who participated in the Waiver Parking Focus Group, which was convened to discuss potential options for addressing waiver parking in the Atlantic Garden Homes. The group agreed that the current practice worked for most residents and encouraged ongoing communication with their neighbors.

As a reminder, please do not forget to mail in your **Board Election** forms. It is very important that we reach a quorum on this important vote, and your vote counts. The **NSCA Annual Meeting** will be held on **May 21** with registration beginning at 6:00 p.m. All are welcome to attend. Details in the General Manager's update on Page 3.

The **Recreation Committee** has been very busy preparing diverse activities for our summer season. Check out their calendar on Page 10 and let's round up our neighbors, families and friends for the good times being planned.

—Jeannie Sticher

#### **REMEMBER MOM**

#### **HONOR THOSE WHO SERVE**

#### **PAY TRIBUTE TO THE VALIANT**



MOTHER'S DAY

Sunday, May 12



ARMED FORCES DAY

Saturday, May 18



MEMORIAL DAY

Monday, May 27

# EXCEPTIONAL HOMES

POWERFUL NETWORK

UNRIVALED MARKETING













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#### GENERAL MANAGER'S REPORT



Let me start by saying:

Happy Mother's Day to all you beautiful Mothers!

—from the NSCA staff!

## IMPORTANT ANNOUNCEMENTS FOR ALL RESIDENTS

Audit Mailing: As required by the Governing Documents and Civil Code, the annual audit was mailed the latter part of April. VanDerPol and Company, an independent CPA firm, audited the Association financials for the 2018 fiscal year and this report is provided to all members of the Association. Please take a few minutes to review this information. The Association is in great financial condition and the Board continues to fund the Reserves appropriately.

Candidates Running for Niguel Shores Community Association Board: The candidates that are currently running for the NSCA Board of Directors are Lynn Bushnell and Marc McCarthy.



Although there are only two open positions with two people running, please make sure you submit your ballot. It costs the Association money if we have to do this twice. The ballots may be mailed or hand delivered to Accurate Voting Services, 18 Technology Drive, Suite 142, Irvine, CA 92618, or they may be presented in person at the Annual Meeting prior to the polls closing. **Ballots will NOT be accepted at the Association office.** A few things to remember when voting:

- Only individuals listed as the legal owners of the property (members) may vote.
- Each property gets two votes (two Board seats open). See your ballot for more details.
- You must sign the outside envelope in order for your vote to be valid.
- Your vote is very important and must be received to establish quorum. The ballot must be received by the Inspector of Elections (Accurate Voting Services) by May 20 (or you can bring it to the annual meeting) to be counted towards quorum.

**Niguel Shores Community Association Annual Meeting** 

May 21: On May 21, registration will begin at 6:00 p.m. in the Community Center Clubhouse, and the Annual Meeting is scheduled to begin at 7:00 p.m. where the election results will be tabulated.

#### DO YOU HAVE A PET?

If you answered "yes" to that question you may want to take a moment to read this article.



Why Scoop the Poop? Besides

being a nuisance, uncollected dog waste is a serious problem for our Association. Next time you are tempted to leave your dog's droppings or the bag with the waste in the common area, on benches, in bushes, in the streets, or on a neighbor's lawn, please remember uncollected dog waste spreads disease and attracts rodents that feed on pet waste. If you are not willing to pick up your own pet waste, who do you think will? If waste is not collected, remember that it could end up in the storm drain and then in the ocean. As a pet owner, you are the person responsible to pick up after your pet. Also, you should be aware that we recently captured video of individuals dropping their pet waste bags and are currently enforcing the rules as they apply to picking up after your pet. Don't add yourself to the list.

We have beautiful parks, greenbelts and a beach bluff with that outstanding grass area for all to enjoy. However, these are not dog parks. Therefore, dogs are not allowed to run off leash in these areas. There is a wonderful dog park across the street by the library where you can let your dog run freely and enjoy being a dog. Let's keep our community grass areas safe and clean for children's play, games, picnics, and neighborly gatherings.

#### **RVs, TRAILERS & BOATS**

It's hard to believe but summer is right around the corner. That means lots of fun summer activities and possibly summer guests. So what do you do when you or your guest has an RV, trailer/camper or boat? The Association's governing documents (CC&Rs and rules) only permit an RV, camper, trailer or boat to be in the community for 24 hours for loading and unloading only. Doheny State Beach (www. parks.gov/doheny/) may be able to assist you or your guest with long term parking for RVs, trailers and boats. Sprinter vans or other passenger vans are not considered to be an RV unless the size of the vehicle exceeds a standard passenger/cargo van. Guests are not permitted to enter the community with a trailer or boat for any length of time.

#### **HOLIDAY CLOSING**

The office will be closed for Memorial Day on May 27. No construction will be allowed on that day when we honor those who gave their lives in military service.

-Marla Miller

#### WEBSITE

Niguel Shores events, photos, and news are available on your smart phone, computer, or any electronic device with an internet connection. Go



to the NSCA website www.niguelshores.org. You will find the current news and community updates, the calendar of monthly activities, announcements of events, photo galleries, archives of previous newsletters and community history, opinions and comments from residents. You may also download and print NSCA forms, review regulations, find important contact information, and, of course, use the Dwelling Live link to log in your guests. Take a look!

Note: Our community website www.niguelshores.org and our newsletter, the Seashore News, are your official sources of Niguel Shores news. Any flyers, mailers, or advertising magazines you receive from outside sources do not represent Niguel Shores Community Association. Thank you for following and supporting us!

—NSCA Communications Committee

#### **MAINTENANCE**

After a long cool wet winter, we are in full swing preparing our community for what many consider the highlight of living in our little corner of the world . . . the summer season with trips to the beach, pool parties, bluff picnics and all the other activities we enjoy here at Niguel Shores.

At the bluff all the old portable tables, which had definitely reached a rusty end to their useful life, have been replaced with brand new ones ready for your next dinner or birthday party. At the pool, maintenance has been completed, the new cover has been installed, and a host of other updates are in the works.

This month, our Maintenance Staff Spotlight falls on Facilities Manager George Cooley. If you happen to see a tanned gentleman in a ball cap, with a Bluetooth earpiece on, running from one meeting to the latest urgent repair call, that is most likely George. As our Facilities Manager, George is responsible for . . . well



Facilities Manager George Cooley

. . . EVERYTHING. He is the MacGyver of maintenance at Niguel Shores, helping us avoid major expenditures by adapting or often making parts to keep things running.

Born in Los Angeles but raised on his father's grape and then almond farm in Fresno County, George learned to fix things on the fly, and to look for available parts or make parts when needed, rather than drive hours to purchase them.

While growing up with his two sisters, both of whom are now nurses living in Orange County, George worked with his father on the farm. He attended Fresno State and graduated from the Palmer College of Chiropractors in the Bay Area. He worked for several chiropractors before starting his own practice, all the while continuing to help run the farm. When his father passed away in 1989, George found himself running his new business and helping his mother run the farm, both full time jobs. He had to decide between the two, and chose to assist his mother with the farm until they decided to sell some years later.

George transitioned into facilities management at the Newport Beach Tennis Club before Niguel Shores was lucky enough to hire him. George enjoys his extended family of 12 here in Orange County and he likes to surprise them with awesome food. He says, "I love to cook for them. Eating with family needs to be an experience, not just a meal. So that is always my goal."

The Maintenance Committee and all our Niguel Shores personnel rely heavily on George Cooley and his staff so please say a word of thanks when you see them. And be sure to ask George about his Mississippi Pot Roast. It is a hit with the family!

—Geoff Dunlevie

#### TRAFFIC AND SAFETY

Both the Selva and Cabrillo gate entrances are clearly posted "Residents Only." Despite this, last month we saw more guest vehicles sustain significant tire damage at these two locations than any other time in our memory.

Interviews of the drivers, and review of the video recordings of each incident, reflected that each one was directed to these entrances by GPS. The prospective guests became flustered when the unstaffed gate would not open for them and consequently attempted to tailgate a resident's vehicle through the gate. The system is efficient and its spikes will almost always stop a tailgater.

The folks sustaining ruined tires are often hardworking people headed to a residence in the main portion of our community to perform some sort of service. To minimize damage to their vehicles, we suggest that you direct them to the Mariner Gate at 33510 Mariner Drive, DP 92629. From this location, the attendant can properly screen them and direct them to your residence.

#### Food Service Call-Ins

More and more restaurants and fast food stands are offering

#### **COMMITTEE REPORTS**

delivery of foods to our doors. Most of these establishments contract with specialized delivery services to accomplish this. There is even one service you can deal with directly



and have them order and pick up anything you desire at any restaurant you choose. They wait for it to be cooked and then rush it to your house.

It all seems pretty simple, but our gatehouse personnel still have to screen non-residents, including delivery people, at the gatehouse. To expedite your delivery, please notify the gate as soon as practical. The simplest way to do this is to phone the **Mariner Gate at (949-487-4185)** and let them know who is coming. Should the attendants be temporarily tied up and not answer the phone immediately, you can also go to our web site and log the delivery person onto your guest list. Sometimes the electronic entry experiences a delay reaching the gate's computer, so you may need to speak directly to the attendant on the phone or in person, especially if you feel the delivery is arriving very soon.

#### **Car Clouts**

Remember to lock your vehicles. We recently had thieves strike one unlocked vehicle. It has been many years since anyone has experienced a theft from a locked car.

—God Bless . . . Tim Murphy

#### **DISPOSAL REMINDERS**

#### **Items for Pickup:**

Eliminate the clutter, do some spring cleaning—those are great ideas! Then, once you finish sifting through the years of accumulated "life" and you've got your pile of pickup or donation items, what do you do next? You call the NSCA Office and let the staff know that you will need to place items in your driveway or entry area (if you don't have a driveway) for a few days. The staff will make sure that you get the proper pass to park on the street until your items are picked up. Please make sure that you are not storing the items in the front yard or landscape areas or on the sidewalks.

#### **Trash Containers:**

We have had a few incidents recently with individuals going through trash containers. Our patrol service and the OC Sheriff have been actively attempting to prevent this behavior, but in order to protect yourselves you should make sure that trash containers are not placed out earlier than the evening prior to trash collection and that you do not throw sensitive material (bank statements, documents

with personal information, etc.) in the trash. Also, when you bring your containers out for collection, please place them in the street, not on the sidewalk—and remember to remove them by the following morning.

#### **Recycling:**

The websites for CR&R Waste Management and the City of Dana Point indicate the following items can be placed in your recycle bin: plastics exhibiting the numbers 1-7 in



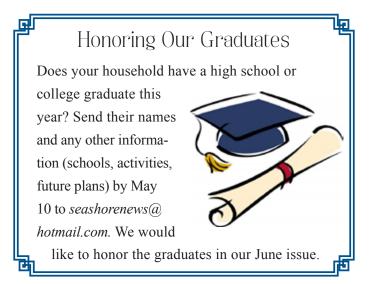
Gable-top juice and milk cartons like those pictured are examples of recyclable waste.

recyclable arrows; most glass food and beverage containers; milk or juice cartons; uncoated, uncontaminated paper including cardboard, business papers, shoe boxes, cereal and cracker boxes, newspapers; metals such as tin and aluminum cans; metal foil; metal coat hangers; shoes; linens and towels; empty paint cans with dry paint; food and juice cans; some outdoor furniture.

Unacceptable items would include mixed products (i.e. plastic/metal, paper/metal combinations); plants and plant containers; food products; ceramics; mirrors; light bulbs and fluorescent tubes; auto parts; plumbing parts; stuffed animals; pillows.

For more information on residential recycling, contact CR&R at (877) 728-0446 or visit CR&R Residential Waste and Recycling at http://crrwasteservices.com/sustainability/recycling/.

—Karen Decker, Community Association Manager



#### WOMEN'S CLUB

There's a New Mayor in Town . . . and he's coming to the Women's Club Luncheon on May 9! Happy Mother's Day Ladies of Niguel Shores, and for your Mother's Day present this year your Guest Speaker will be Dana Point Mayor Joe Muller, presenting an update on the city and plans for the future.

You won't want to miss this meeting. Not only will the Mayor be with us, but it will be politics all around as the Women's Club will be nominating and voting on our Board Officers for 2019-2020 and providing signup sheets for our Committees and Committee Chair positions.

Why not get involved this year, get to know your neighbors, and share your talent and experience with your community? You will make a lot of friends and have a great time doing it.

Of course, you must also not forget to bring a check for your membership dues, which should be paid this month to make sure you will be included in the NSWC 2019-2020 Directory. And for fun, please check out the center page of this Seashore News which features women's designs from our April Fashion Show Luncheon by Chico's.

The Niguel Shores Women's Club is open to Niguel Shores residents to promote friendship, fun and service in the community. For membership inquiries, please contact Suzanne Enis at suzanne.enis@cox.net.

—Catherine Bitran

#### MEN'S CLUB

The Niguel Shores Men's Club met April 2 with breakfast provided by the Gutknecht Team, and April 16 for breakfast by the Morris/Wollen Team. Beginning May 1, John Yocca, raised in Niguel Shores, assumes the role of el presidente for the Men's Club, and CDub will revert to Program Veep. Yours truly, the scrivener, will continue his spelling mistakes.

Our April 2 speaker was Attorney Lisa Williams, a San Clemente-based estate planner. She emphasized that estate plans to take us from where we are to where we want our legacy to go and grow. Estate planning is a lawful method of controlling into the future when you are no longer in the present. The plan gives what you have to whom you choose and designates someone to make it happen the way you want it to happen. That person is a fiduciary who must do what what's best for you, not what's best for him or her. It is not usually a good idea to pick a family member as the fiduciary—usually called a trustee. Money changes people and can create problems with family as trustees. Lisa advises using a professional licensed trustee.

Lisa posed many questions to consider when planning your estate. How do you play it forward? What do you want to happen with your estate in twenty years? In fifty years? She said to look at the trust document as baby-sitter instructions. Decide which makes more sense for your beneficiaries — instant distribution or a lifetime of benefits. What are your plans about charitable giving? About kids' continued occupancy of the house. Is your legacy stated with clear directions, or will it be a nightmare to unravel? Keep the end in mind.

On April 16, Dana Point Community Development Manager Matt Schneider, assisted by Economic Manager Kelly Reenders and Management Analyst Rachel Johnson, updated us on the forward look and theme for Dana Point—Harboring the Good Life. Functions provided by the Dana Point Community Development Department include inspections, planning, staff for the Planning Commission, Building and Safety, Economic Development and Code Enforcement. Note that Niguel Shores resident Roy Dohner chairs the Planning Commission.

Last year, Community Development handled almost 2000 building permits representing over \$157,000,000 in construction costs and conducted over 9000 inspections.

Here is an update we heard from our speakers: Prado West in Town Center could be finished by year-end. The Greer, replacing Jack's building, has been approved. It will offer housing and 188 underground parking spaces. The refurbished Light House nears completion as home to Union Bank. When complete, redevelopment of its former site as Vista Del Mar will commence. All of the new housing provided will be high end, high rent apartments.

Dana Point Town Center has a few undeveloped "opportunity sites" waiting for new proposals (possibly for more hotels).

Speaking of hotels, approximately 360 rooms are in the works mostly on the bluff by the Headlands and near Cannons. The Wave Resort including a hostel, Cannons Hotel, a Boutique Hotel, the Strand Hotel and Lantern Point will appear on the bluff top and are all in varying stages of fulfillment. Bluff-top development requires geo-technical design and review, usually resulting in fortification of the bluff.

We also heard the news that Doheny Village will see lots of beautification.

For further updates and new retail and dining businesses opening throughout commercial Dana Point, see www.aboutdanapoint.com

For Men's Club information, please contact rfsaint@ me.com or any Men's Club officer.

—Robert Saint-Aubin

#### **GARDEN CLUB**

On Monday, April 15, nineteen club members carpooled to **Sherman Library and Gardens** in Corona Del Mar for a guided tour of the beautiful gardens there. Led by very knowledgeable docents, we viewed the eatable gardens, the hothouse gardens, koi-fish pond and swimming turtles, the succulent gardens, and other beautifully arranged flower areas. Other highlights were learning about the history of the gardens and the city of Corona Del Mar, visiting the research library, and seeing the many accumulated rare books, maps and historical items related to Southern California and northern Baja California.

After the tours many members stayed to enjoy a delicious lunch in their Cafe Jardin.



Sherman Gardens

Our next meeting is a tour of three members' home gardens here in Niguel Shores. We will meet at the Clubhouse at 10:00 a.m. to arrange rides and schedule which homes to visit. After the tour, we will return to the Clubhouse at Noon for lunch outside in the courtyard. Sign-up sheets will be available at that time for our Beach Bluff Party on Monday, June 17.

Finally, please plan to pay your yearly dues for our 2019-20 club year. Early payment will insure that your information

## NIGUEL SHORES APPAREL NOW AVAILABLE

For those who would like to purchase wearing apparel sporting our Niguel Shores Dolphin logo, items are now available from Land's End in sizes and colors for almost any type of clothing desired.



To order is easy. Go to **www.business.landsend. com/store/niguelshores** and set up a simple account, or call (800) 587-1541 (Note this new phone number.).

—С. W. Gruenig



Plant Sale Helpers (left to right) JoAnne Webb, Linda Curie, Suzanne Enis, Grace and Al Glatt, Lynne Schwartz, Francine Stout, Marianne Solem, Lydia and Richard Reese.





Lee Sweeney

is listed in our new yearbook. Club dues for one member are \$20.00 and for two household members, \$35.00. Payments by check can be put into the club file in the NSCA Office. Those interested in joining the Garden Club, please leave your name in our file in the Office. Thanks.

—Karl Kuhn

For April's Board of Directors Action Summary Please See our Website www.niguelshores.org



#### RAISE YOUR HAND—STEP UP— LEND YOUR SKILLS

Volunteer positions are open on the following NSCA Committees:

**Communication** – Provide community information through the *Seashore News* and the Niguel Shores website.

Human Resources - Review staffing as needed.

**View Preservation** – Protect the primary views of each lot.

For more information, see our staff in the office or email mmiller@niquelshores.org.

#### DANA POINT LIBRARY

**Dana Point Library** activities for May, 2019 are listed here by date. Programs are free of charge and open to the public. Registration may be required.\* Contact the Service Desk at (949) 496-5517 or see http://www.ocnl.org/libloc/dana/calendar for more information

http://www.ocpl.org/libloc/dana/calendar for more information.				
DATE	TIME	ACTIVITY		
1	10:30 a.m.	Story Time – preschoolers		
	3:00 p.m.	Read to a Dog – beginning readers		
2 3	4:30 p.m.	Thinker Thursday – age 12+		
3	10:00 a.m.	Coloring Club – adults		
	11:00 a.m.	*English Learners Class – adults		
4	9:30 a.m.	Lord of the Rings movies—age 13+		
	2:30 p.m.	Craft and Story – all ages		
5	1:30 p.m.	STEAMPORT Math – grades K-6		
6	1:00 p.m.	*English Learners Class – adults		
	5:00 p.m.	Teen Volunteer Orientation – grades 6-12		
7	9:00 a.m.	*Basic Computer Skills – adults		
	10:30 a.m.	Story Time – toddlers		
	5:00 p.m.	Write On! Writer's Group – adults		
8	10:30 a.m.	Story Time – preschoolers		
	3:00 p.m.	Lego Club – all ages		
9	10:30 a.m.	Gentle Reads Book Club: Code Girls		
10	10:00 a.m.	Coloring Club – adults		
	11:00 a.m.	English Learners Class – adults		
11	1:00 p.m.	Lord of the Rings movies – age 13+		
12	2:00 p.m.	*Brush Painting with Chris Ho – ages 10+		
13	10:30 a.m.	Guys Read! Book Club: Tesla		
	1:00 p.m.	*English Learners Class – adults		
14	9:00 a.m.	*Basic Compter Skills – adults		
	10:30 a.m.	Story Time – toddlers		
15	10:30 a.m.	Story Time – preschoolers		
16	4:30 p.m.	Thinker Thursday – age 12+		
17	10:00 a.m.	Coloring Club – adults		
	11:00 a.m.	*English Learners Class – adults		
19	2:00 p.m.	Travel Club: <i>Rick Steves Europe</i> – all ages		
20	All Day	Red Cross Blood Drive – adults		
	10:30 a.m.	Seaside Book Club: A Piece of the World		
	1:00 p.m.	*English Learners Class – adults		
	5:30 p.m.	PJ Story Time – all ages		
21	9:00 a.m.	Basic Computer Skills – adults		
	5:00 p.m.	Write On! Writer's Group – adults		
22	1:30 p.m.	Classic Movie Discussion: Enchanted		
	1	Cottage, 1945		
24	10:00 a.m.	Coloring Club – adults		
	11:00 a.m.	*English Learners Class – adults		
25	11:00 a.m.	Teen Advisory Board		
26	2:00 p.m.	Foreign Film: Over the Limit, 2018, Poland		
28	9:00 a.m.	Basic Computer Skills – adults		
29	5:30 p.m.	Family Fun Night: Curious George activities		
	r. ·	- children under 7 with adult		
30	10:30 a.m.	Family Morning Movie: Curious George 2 –		
- *		children under 7 with adult		
31	10:00 a.m.	Coloring Club – adults		
	11:00 a.m.	*English Learners Class – adults		
		—Karla Sanders		
		Tana Same S		

## **HOGWARTS STUDY HALL FOR TEENS**

**Teens:** Do you need some extra space to study for finals in June? Somewhere magically cool? Come to Hogwarts Study Hall, a wizardly place complete with all the sights and sounds. Hogwarts will appear for one day only at the Dana Point Library on June 1. Find your favorite House table. Use the De-Stress Corner to help you unwind. Stay and study as long as you wish. Snacks provided. Drop in anytime from 10:00 a.m. to 4:45 p.m.

—Dana Point Friends of the Library

#### PAGE TURNERS

Page Turners book choice this month is *The Door* by Hungarian writer Magda Szabo (1917-2007). Translated by Len Rix with an introduction by Ali Smith, The Door was named one of the ten best books of 2015 by The New York Times Book Review.

This novel is an unsettling exploration of the relationship between two very different women. Magda, an educated writer, and her illiterate, peasant servant, Emerence. "Magda's servant takes control over Magda's household, becoming indispensable to her. And Emerence, in her way, has come to depend on Magda. They share a kind of love—at least until Magda's longsought success as a writer leads to a devastating revelation."

The book was first published in Hungary in 1987 in the last years of the Communist rule. As always, we should have a very interesting discussion at our respective meetings.

The Monday afternoon group will meet May 20 at 1:00 p.m. and the Thursday afternoon group will meet May 23. For information on the Monday group contact Frances at fozimec@cox.net and for the Thursday group, Steve and Ann **Morris** at *samwrsi@cox.net*.

—Frances Ozimec

ACTIVITIES continued on page 14

IN MEMORIAM May 5, 1924 – April 2, 2019 Mother of Nancy Tinnes Resident of Colima Bay Member of Niguel Shores Bridge Club Remembered Fondly by Family and Friends

| Seashore News, May 2019

#### HONORING OUR VOLUNTEER — KARLA SANDERS

Karla Sanders

arla Sanders and her husband Joe were original owners in Niguel Shores back in 1976. They were both actively involved in their careers and traveled a lot for work at that time, but decided they wanted a place to call "home" in South Orange County. They made offers on seven different homes in Mission Viejo, Laguna Hills and Lake Forest, but were outbid on all

of them. Out of frustration, they elected to take the day off from house hunting and go fishing here in Dana Point. On the way down to the ocean, they passed the newly developing community of Niguel Shores. Karla mentioned she knew someone who had purchased a home in the community so they stopped to take a quick look. That quick look resulted in the purchase of their new home in Sea Terrace II that very same day. Search over—and, according to Karla, absolutely no regrets!

Joe worked for Rotary Lift Company, a division of Dover Industries. His position required lots of travel. Karla worked for a medical company specializing in devices

used for cataract surgery. Her company trained surgeons all over the world on how to use their devices, and it was Karla who traveled extensively doing the training for the surgeons on the use of the equipment. Since Joe and Karla were often away from home for work, they really learned to appreciate the times their schedules permitted them to sit back, relax, and "catch up" on their patio here in Niguel Shores.

Once they retired, they both became involved in the community. Joe played golf and enjoyed the Men's Club activities. However, his health was not good and he passed away in 2011 from heart-related complications. Karla accepted an invitation to attend a Women's Club lunch and, before she knew it, she was on the Women's Club Board and eventually went on to serve as President for two-and-a-half years. During Karla's tenure, the Women's Club published a successful cookbook that allowed the club to purchase the two beautiful teak benches now sitting outside the Clubhouse, as well as new tables for events inside.

Karla volunteered on the Recreation Committee and served as Co-Chair for the annual Niguel Shores Fourth of July Celebration. She also organized a Concourse de Elegance and Ice Cream Social, which featured two dozen vintage and antique cars on display here. Later, Karla joined the Maintenance Committee as an active member involved in decisions about all kinds of maintenance tasks to keep up our beautiful community. Karla has served as Treasurer

for the Garden Club and is presently Secretary for the Sea Terrace II HOA. Karla has also been a member of the Original Page Turners Book Club for about fifteen years.

Now if all that volunteering and participation is not enough, Karla is very involved with the Dana Point Friends of the Library. As you may know, the Friends financially sup-

> port many wonderful programs at our local library. Karla was originally an adhoc member and then went on to become Board President. During her time as President of the Friends, she was instrumental in purchasing new furniture for the Children's area as well as four new computer stations and the new teak bench that sits out in front of the library. Karla helped arranged four "Off Site Library" locations around town where residents can donate, purchase and borrow books without going to the branch library. Finally, Karla has been acting as a liaison between the library and our community by writing the Library column that appears

monthly in the *Seashore News*. Her column helps insure that Niguel Shores is kept very well informed about the outstanding activities happening at our Dana Point Library.

Karla has been an active participant in almost every aspect of Niguel Shores, and she has enjoyed it all. However, sadly for us, Karla is moving on to a new adventure early this summer. She has purchased a home in Reata Glen, a retirement community in Rancho Mission Viejo comprised of apartments, single family homes, and villas. There are lots of amenities, three restaurants, an indoor pool with a retractable roof, tennis and pickleball courts. Karla has already begun to carry on her Niguel Shores volunteer legacy by helping organize the new community's first book club in collaboration with their neighborhood library.

Karla feels blessed for the opportunity to live thirty-three years in such a lovely place as Niguel Shores with its beautiful surroundings and fantastic people. She said when she reflects on the Niguel Shores community, she is reminded of the lyrics to Louis Armstrong's song, *What a Wonderful World:* "The colors of the rainbow so pretty in the sky, are shown on the faces of people going by; I see friends shaking hands saying how do you do, they're really saying I love you."

We will miss you so much, Karla. Thank you for all your contributions to Niguel Shores, and here's hoping you have an opportunity to greet many new friends in Reata Glen.

—Patti Staudenbaur

## Recreation Committee Events











Neighbors swapped items and bargain hunters found lots of treasures at the April Garage Sale.









Taco Night happens on the Beach Bluff Sunday, May 5, 5:30 to 7:30 p.m. Tickets are on sale in the NSCA office, limited to 200. The meal includes four tacos, rice, beans, and chips. Last year the crowd was in full fiesta mode and the food was muy bueno!









Our annual Memorial Day BBQ is Sunday, May 26, 5:00 to 8:00 p.m. The grills will be hot and ready for you. Bring your own food to barbecue and enjoy fun dance tunes at the Beach Bluff, just like these folks did last year.











And everyone get ready for our big summer events! On June 8, we'll have In N Out Night with burgers, chips, and drinks, 6:00 to 8:00 p.m. Then in July comes our Annual 4th of July Celebration, and the super-big Niguel Shores Fiftieth Birthday Party on July 20 at the Beach Bluff, 5:00 to 9:00 p.m.



# 16 April Women's Club Fashion Show



The Women's Club **Spring Fashion Show** on April 11 featured six of our own Niguel Shores residents modeling clothes and accessories from Chico's. Cora Berkery, Chris Daley, Jennifer Hochstadter, Susan Imbriale, Carol Kuhn, and Meg Wilson were outfits featuring bold prints and solids in combinations of bright blue, coral, sand, black and white all

Models (left to right) Cora Berkery, Meg Wilson, Carol Kuhn, Susan Imbriale, Jennifer Hochstadter, and Chris Daley with Fashion Show Chair Hansa Sehgal.

accented by Chico's statement jewelry. Lunch came from Corner Bakery with beverages provided by Women's Club Hospitality chaired by Carmen Murphy. At the end of the day, lucky raffle winner Hope Luedeke took home a \$50 Chico's gift certificate. Coordinating the event were Chair Hansa Sehgal with assistance from Co-Chairs Suzanne Enis and Jeannie Sticher. A lovely, lively day for all!



Chico's Dr. Sheri Senter, Debra Strader and Elizabeth Thorpe



Models Carol, Meg, Cora



Fashion Show Co-Chair Suzanne Enis with member Marian Kennedy



Models Chris, Susan, Jennifer



Model Cora with Women's Club President Terry Link



Fashion Show Co-Chair Jeannie Sticher with member Betty French.



Carole Daly selling raffle tickets



Hospitality Chair Carmen Murphy (center) with members (left to right) Mary Ellen Hofmann, Kathy Newport, Joni Ashworth, Joann Beattie, Martha Burns.

#### WOMEN'S GOLF

Niguel Shores lady golfers met April 8 at the Ranch Nine Hole Golf Course with four players: Judy Boitano, Irene McDonald, Val Mitchell, and Catriona Sigby. Catriona won low gross and closest to the pin on #6. Judy was closest to the pin on #8. Irene had longest drive on #9. Three of our lady golfers scored in the low 40s.

Ruth Stahl, Michelle Basaites, Linda Ross, Joan Beyer, Chris Beaver, Ceacy Johns, Lee Sweeney, and Marlene Lynch joined the golfers for lunch afterwards at Harvest Restaurant overlooking the course and canyons.

The next golf outing will be May 13 at 9:00 a.m. All golf levels are welcome and encouraged to join us. Please call Irene McDonald to sign up at (949) 481-3035.

-Marlene Lynch

#### MEN'S GOLF

April brought us sunny days and great course conditions. We played Monarch Links, Strawberry Farms, Talega, Tijeras Creek, and Oak Creek. This month we will be teeing it up on May 7 at Arroyo Trabuco, May 14 at Tijeras Creek, May 21 at Talaga, and May 28 at Monarch Links. Contact russler65@gmail.com for information.

—Bob Russell



#### Golf In World War II

German aircraft leaving Norway would fly on missions to northern England. Because of the icy weather conditions, the barrels of their guns had a small dab of wax to protect them. As the planes crossed the coast, they would clear their guns by firing a few rounds at the golf courses. Golfers were urged to take cover. Hence, these rules:

#### \*Notice from the Richmond Golf Club, London, England\* **Temporary Rules 1941:**

- 1. Players are asked to collect bombs and shrapnel to save causing damage to the mowing machines.
- 2. In competitions, during gunfire players may take cover without incurring a penalty for ceasing play.
- 3. The positions of known delayed action bombs are marked with red flags.
- 4. Shrapnel may be moved on the fairway or in the bunkers without penalty.
- 5. A ball moved or destroyed by enemy action can be replaced without penalty provided it is not nearer the hole.
- **6.** A player whose stroke is affected by a bomb exploding may play another ball from the same place. Penalty one stroke. (A little harsh?)

—USGA.org

#### PICKLEBALL UPDATE

Opening Day on Monday, April 15, was met with lots of enthusiasm and energy. Players of all ages attended, including beginners to veterans. Over 30 people signed up to participate in the free Pickleball Clinic given by Raudel Barba, U.S. Professional Pickleball Association Instructor. Barba and his assistants taught strokes and strategies to have a fun, great time playing this fitness game.

If you want to participate in the game, bring your own Pickleball paddle and balls. Balls can be purchased at Big Five Sporting Goods or at www.amazon.com.

It's important to wear good court shoes and loose fitting clothes.

Pickleball Trial Session hours are M/W/F from 9 a.m. to Noon. Our mission is to create a unique Pickleball

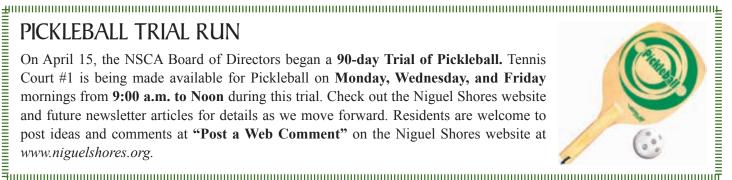


experience in Niguel Shores where all levels of play are welcome and people are more important than the game. SEE YOU ON THE COURTS!

—JoAnne Webb

PICKLEBALL TRIAL RUN

On April 15, the NSCA Board of Directors began a 90-day Trial of Pickleball. Tennis Court #1 is being made available for Pickleball on Monday, Wednesday, and Friday mornings from 9:00 a.m. to Noon during this trial. Check out the Niguel Shores website and future newsletter articles for details as we move forward. Residents are welcome to post ideas and comments at "Post a Web Comment" on the Niguel Shores website at www.niguelshores.org.



#### NIGUEL SHORES SPORTS AND FITNESS ACTIVITIES

#### **Water Aerobics with Cynthia**

Community Center Pool Monday,

Wednesday, Friday 9:00 to 10:00 a.m. \$3 per visit



Wednesday, Friday 8:30 to 9:30 \$5 per visit

#### **Tennis**

Court #1 is available for walk-ons Courts #2, 3, 4 can be reserved a week in advance Reserve online at www.

niguelshores.org

No Charge

#### **Pickleball**

(Now in 90 Day Trial) Tennis Court #1 Monday, Wednesday, Friday 9:00 to Noon Sign in at the Court No Charge

### **ACTIVITIES** CONTINUED FROM PAGE 8

#### BRIDGE CLUB

Our Wednesday Niguel Shores Bridge Club played four tables for each week of the last month. A few new players have been added and if you'd like to join us you're more than welcome. We only ask that you have a working knowledge of the game and are at least reasonably proficient at playing. If you're interested, please call Betty or **Bob French** at (949) 312-2556.

#### **Recent results are:**

- 3/13 1) Joannie Donohue, 2) Helen Campbell,
  - 3) Frieda Baskin
- 3/20 1) Sandy Youdbulis, 2) Mary Ann Theisen
  - 3) Nancy Chino
- 1) Trudy Buck, 2) Joannie Donohue, 3/27
  - 3) Betty French
- 4/03 1) Joannie Donohue, 2) Helen Campbell,
  - 3) Ceacy Johns
- 4/10 1) Joannie Donohue, 2) Sandy Youdbulis,
  - 3) Jack Bernard

—Jim Pinola



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## Wellness... ACHOOO - Is it a Cold, the Flu, or an Allergy?

Nost of us do not spend a calendar year without a cold; however, this year our symptoms may be confusing us more than ever. We have experienced a super bloom, and with that bloom have come the highest of pollen counts. If your nose is running, you may wonder if it's a cold or an allergy. If you have a fever, is it from a cold or is it the flu? There exist many helpful articles about this on the internet, but which ones can you trust to give competent advice? The Mayo Clinic site, Cleveland Clinic, Harvard News Letter, and WebMD can be considered credentialed safe sources.

#### Cold or Allergy?

Dr. James M. Steckelberg of the Mayo Clinic says that differentiating the cold from an allergy can be confusing. His chart on the Mayo Clinic Blog Answer Line at https://www.mayoclinic.org/diseases-conditions/common-cold/expert-answers/common-cold/faq-20057857 can help to compare symptoms of colds and allergies:

SYMPTOM	COLD	ALLERGY
Sneezing	Usually	Usually
Cough	Usually	Sometimes
Sore Throat	Usually	Rarely
Runny Nose	Usually Clear (Possibly Cloudy or Infected)	Usually Clear
Stuffy Nose	Usually	Usually
Fever	Sometimes	Never
Itchy - Watery Eyes	Rare - Briefly day 1-2	Usually
Aches and Pains	Sometimes	Never
Duration	7-10 Days	Pollen Season

The most dangerous part of self-diagnosis is not recognizing what your symptoms are and also not watching the length of time these symptoms last. Dr. Michael Benninger of the Cleveland Clinic says a cold should last no longer than seven to ten days. Nasal allergies most often are seasonal with spring bloom time. The symptoms of allergy are worst the first two days but then continue at a slightly lesser intensity for as long as the pollen season or allergen is present.



Colds come from more than 200 viruses, occasionally bringing additional symptoms of cough and sinus infection specific to that vir

cough and sinus infection specific to that virus. An allergy is from an exposure to a substance called an allergen. These selective allergens individually make our immune system react or over-react and then cause us allergy symptoms. Some allergies can be very serious throat and skin inflammations that require rapid emergency response. Dr. Carol Der Sarkissian of WebMD advises, "See a doctor right away if you're having trouble breathing, have a skin rash, or have swelling in your mouth. These things can be signs of a severe allergic reaction, and you may need immediate medical help." Be additionally warned if you have known asthma, chronic obstructive pulmonary disease, or other pulmonary diagnosis. Follow your doctor's advised approach to any symptoms.

#### Flu

Early flu can display many of the same nose and throat symptoms as shown on the chart, but the fever, body aches, and coughing worsen. Fever greater than 101 degrees F requires a call and possible visit to the doctor. Flu management may involve a doctors' prescription in the first few days to lessen flu intensity. A call to your MD is the competent health advice if a fever goes beyond 101 F or if any of these symptoms in the chart last longer than expected.

Identify a possible cold, flu, or allergy safely and consult your doctor when you are uncertain. Remember, your doctor expects you to call when you are uncertain or before taking any over-the-counter medications.

—Meg Wilson RN, MSN, EdD





#### EXOTIC ANIMALS

Here's something fun for kids and adults alike: Take a gentle hike in a beautiful setting and learn about exotic animal rescue endeavors along the way. By appointment, **Rancho Wildlife Federation** offers guided walking tours of their animal refuge located on the grounds of **Rancho Las Lomas** in Santiago Canyon.

Brightly colored jungle macaws squawk and screech their greetings as soon as you arrive, while parrots repeat what you're saying as you pass their enclosures. Nearby, unusual Chinese geese float across a serene pond and long-legged, white-feathered, flamingo-like creatures stand still as statues in the water, first on one leg, then the other.

Wildlife guides reveal enlightening facts with kidcentered humor as you tour. Our grandsons loved hearing stories about the uncanny mental ability of crows who can memorize trash truck routes in anticipation of spills and stake out schoolyards at lunchtime for tasty morsels to pick off the ground. We heard that crows are smart enough to recognize faces of those who treat them well or swoop and peck at those who treat them unkindly. Such tidbits of lore accompanying the tour kept the kids fascinated.

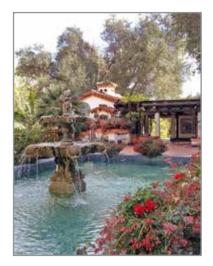
If you happen to be touring at the right time (something solely based on the animals' whims), you may see a white Bengal tiger up close, or watch some sassy raccoons and badgers happily feeding. You might witness Serval cats



prowling a hillside, or possibly catch sight of zebras playing soccer. You never know.

Whatever happens, you will be glad you visited this lovely hill-side spot with its exotic animals, charming hacienda-style patios and fountains, rambling pathways, and towering sycamore trees.

The animals in the



refuge have been rescued by Rancho Wildlife Federation from situations where they were ill or mistreated, and they are now under the care of zoologists, biologists, and professional animal keepers whose concern is evident throughout the tour. Your tour donation goes toward care of the animals. Call to reserve your spot on a tour (949) 589-7900 or visit www.ranchowildlife.org for more information.

—Sandy Homicz



## THIS MONTH IN DANA POINT

#### **ADULT LEARN TO SAIL**

Dana Point Yacht Club Fridays, May 3-24 — 4:30-7:30 p.m.

## DP CITY PRESENTATION THE MAGIC OF COMPOSTING

Nature Interpretive Center Saturday, May 4 — 8:30-10:00 a.m.

#### **DP CITY COUNCIL MEETING**

Dana Point City Hall Tuesdays, May 14 and 28 6:00-8:00 p.m.

#### **YAPPY HOUR**

Ritz Carlton — Thursday, May 16 10:00 a.m.-1:00 p.m.

#### **CIVIC ASSOCIATION COFFEE CHAT**

Coffee Importers Friday, May 17 8:30-10:30 a.m.

#### **DOHENY BLUES FEST**

Sea Terrace Community Park Saturday, May 18 Sunday, May 19

## DISTINGUISHED SPEAKER SERIES DEE CAFFARI

Ocean Institute Thursday, May 23 — 6:00-8:00 p.m.

#### DP CITY AND VFW 9943 MEMORIAL DAY SERVICE

Pines Park Monday, May 27 — 10:00 a.m.

## DP CITY AND CHAMBER OF COMMERCE STATE OF THE CITY RECEPTION

Laguna Cliffs Marriott Thursday, May 30 — 5:00 – 7:30 p.m.



Here I give warnings about some things we feed our dogs and cats that may not be good for them. I also explain why veterinarians prescribe certain specific dog and cat foods and how to effectively transition your dog or cat from one food to another.

#### A warning: Some things we feed our dogs and cats may not be good for them.

Three things we worry about are raw diets, incomplete homemade diets, and certain jerky or cat treats.

- Raw diets In the wild, a raw diet may be the natural thing for a dog or cat to eat, but in our world raw diets are often contaminated with bacteria that can make your pet sick. The meat itself is not the issue. Bacteria is introduced to the meat during processing. Freeze drying raw meat does not prevent the problem. If there are warnings on the label suggesting that you wash your hands thoroughly after handling the pet food, then you can bet that there could be issues with bacteria.
- Incomplete homemade diets Properly balanced homemade diets can be fine for dogs but *not for cats*. Cats have specific protein and amino acid requirements that are not easily reproduced with homemade diets. Dogs can eat most of the things we eat (with the exception of onions, garlic, grapes and raisins). The biggest worry with homemade dog foods is that the amounts of calcium and phosphorus may be incorrect. To assure correct calcium in the homemade diet, calcium needs to be added. I recommend that clients consult with the website *www.Balanceit.com*. Nutritionists from UC Davis started this site and give good information on

- how to make your food balanced. They even sell the needed supplements.
- Unhealthy treats Meat jerky treats can cause irreversible kidney disease in dogs. Jerky that is made from non-meat ingredients is okay to feed your dog. Cat treats are okay for cats, but must be used in moderation. Cats will sometimes prefer them to eating their cat food. These are not balanced and can even cause imbalances leading to urinary tract problems.

## Why Veterinarians often send home "prescription diets" for pets:

We prescribe special diets for pets with kidney disease (these are low in protein), pancreatitis (these are low in fat) and allergy problems (these are hypoallergenic).

#### Changing your pet's diet:

If you change your pet's diet to a prescription diet or to another new food, you should transition to it slowly. This maximizes acceptance and minimizes intestinal upset. This should take place over approximately ten days. The first three days add about 25 % of the new food to the original food. On the fourth day you can feed 50 % of the new diet and then do this for about a week. After that time, you can feed 75% of the new food for a few days and then go to all

the new food.

Make sure you monitor your pet during this transition and afterward. Watch the appetite, energy level, and stool of your pet. If the food is for skin allergies, keep a diary of how itchy your pet is.

Some prescription diets are designed for long-term use and some are not. It is important for you to know how long your veterinarian wants your pet to be on the new diet. Also ask your veterinarian if the other pets in the household can eat the new diet.

—Susan Davis, DVM



Here is a chance to make your pet famous! We invite you to send a photo of your treasured pet for all Niguel Shores to see! One photo per household, but you can have several pets in the photo if you like.



By June 15, please email your digital pictures to *seashorenews@hotmail.com* and tell us something about the little darlin' who lights up your life. We will use as many pictures as space permits over the coming months.



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**For Sale:** Rubbermaid Horizontal Storage Shed, 2' by 4.5', hinged roof, front-opening doors, 18 cubic feet capacity, interlocking components assemble easily without tools. Very good condition. (949) 240-3488. \$40.

**For Sale:** Schwinn 170 Upright Exercise Bike. Mint condition. 25 levels of resistance, weighted flywheel, fitness tracking apps, MP3 input, USB port, adjustable seat, handlebars, 3-speed fan. (949) 240-3488. \$199.

**For Sale:** Authentic large Navajo Rug 44" by 78", very good condition, hand-woven in white and various browns (natural wool) and traditional red (dyed). Purchased 1968 in Navajo Nation, Arizona. (949) 240-3488. \$550.

**For Sale:** Collector's item. Navajo Rug, authentic Double Saddle Blanket, two-faced, hand-woven. Each side different pattern, 29" by 59.5", natural wool; brown, black, white. Purchased 1968. Very good condition. (949) 240-3488, \$300.

**For Sale:** Pedestal Patio Table with umbrella hole, round, 4 feet in diameter, plus 2 adjustable Tangor armchairs, 1 footstool, high quality marine-grade molded resin in white, by Allibert. Sturdy, weatherproof. (949) 240-3488. \$85.

Ads for the Seashore News must be submitted by the 15th of the month. Include a check payable to NSCA, \$5 for a maximum of 30 words. Advertisers must fill out a form available at the Association office. Neither NSCA nor the Seashore News assumes responsibility or liability for quality of goods advertised.





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# \* Mother's Day \* GIVEAWAY

In honor of moms for the month of May, we're raffling off an evening at the Pageant of the Masters!

One entry per household. Two winners will be announced on 6/3/19. Each winning a pair of tickets.

Go online, call or text to enter: WWW.OCHOMES.ORG/GIVEAWAY 949.328.7259



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#### \*2019 REAL ESTATE UPDATE FOR NIGUEL SHORES\*

16 homes currently for sale - priced from \$1,125,000 to \$10,995,000 3 homes currently in escrow - priced at \$1,050,000 to \$1,655,000 15 homes sold and closed to date in 2019 - priced at \$935,000 to \$3,850,000

\*(PER MILITIPLE LISTING SERVICE AS OF 4/17/19)\*

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