**March 2019** 

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Issue 543

### FROM THE HELM

Hopefully, by the time you are reading this article, you have had a chance to dry out from all the Southern California rain! Rain for us was good news this year. Our community water bills are shrinking and the grass and landscaping are very green, right in time to celebrate St Patrick's Day.

### **Pepper Trees**

Although the Master Landscape Plan is nearing an end with the last of the slopes being done in 2019 (maybe a small carry over into 2020), the Board and Staff want to update and possibly educate the community on the status of the Brazilian Pepper Trees in Niguel Shores. These trees were, and still are on some of our slopes. The question is often asked: "Why are we removing these trees?"

The Board and Staff rely on a variety of professionals for advice and education on the upkeep and maintenance of Niguel Shores. One of our certified arborists has responded to the question on the Brazilian Pepper Trees: "Schinus terebinthifolius (Brazilian Pepper Tree) is an evergreen tree found along portions of the southern coast of California. Brazilian Pepper Tree prefers riparian areas, where a lot of water is available throughout the year. It produces a pink fruit that may be toxic to humans and animals. If the fruit is ingested, it can have a 'paralyzing effect' on birds. The narcotic and toxic effects on birds and other wildlife has also been noted by others, e.g., Bureau of Aquatic Plant Management. The AMA Handbook of Poisonous and Injurious Plants reports that the triterpenes found in the fruits can result in irritation of the throat, gastroenteritis, diarrhea, and vomiting. Brazilian

Pepper has an aromatic sap that can cause skin reactions (similar to poison ivy burns) to some sensitive people.

Not only has California qualified this tree as an Invasive Species, in many parts of the country like Florida and Texas, Brazilian Pepper species and the seed, are legally prohibited from sale, transport, or planting. It is classified as a Category I pest by The Florida Exotic Pest Plant Council (FL EPPC).

The Brazilian Pepper Tree does have a nice evergreen look to it throughout the Niguel Shores community, but due to the rapid growth of the tree and unruly growth of the roots (called suckers) it makes the maintenance of these trees unpractical and costly. Most of our Brazilian Pepper Trees are planted in locations where views can easily be blocked and, due to their rapid growth, Niguel Shores is forced to pay to trim these trees up to three times per year—in addition to the continuous maintenance needed to keep the "suckers" at bay.

Per the licensed arborists: "It is highly recommended that NSCA suspend any further planting of these trees and recommended that we begin to reduce the amount growing in the community. I believe a phase out plan and introduction of new species more suited for the area will be the best thing going forward for the community."

### **Drains and Debris**

As spring is coming, we ask all owners who have drains from their yards to please ensure they are cleaned out as many have become clogged with debris during the latest storms.

Wishing everyone a Happy St. Patrick's Day!

—Jeannie Sticher

## SEA TERRACE II ANNUAL HOMEOWNER'S MEETING

Date: Tuesday, March 12 (Note Date Change)

**Location:** Community Center Clubhouse

**Time:** Doors open at 6:00 p.m. Election voting closes at 6:30 and Meeting begins.



Come and check out the 2019 Paint Palette—Refreshments will be served.

# Our Annual Wearing of the Green ~ Everyone Invited! Saint Patrick's Party

Corned Beef Sandwiches & Cold Beverages

**Date:** Friday, March 15 **Location:** Clubhouse and Patio **Time:** 5:30 to 7:00 p.m.

**Luck of the Irish ~ It's Free!** 



# EXCEPTIONAL HOMES

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### GENERAL MANAGER'S REPORT

### **2019 Annual Meeting & Election Dates**

please mark your calendars for Meet the Candidates Night scheduled for Tuesday, April 16 at 6:00 p.m. This provides an opportunity for homeowners to hear from each candidate and ask questions. We have scheduled Meet the Candidates Night close to the mailing of the ballots so everyone can hear what the candidates have to say and be prepared to vote. The Annual Meeting is scheduled for Tuesday, May 21 at 7:00 p.m. in the Clubhouse.

### **Roth Capital Event**

The annual Roth Capital Event will be held on March 17 to 19 at the Ritz Carlton. The event will be much the same as past years, going from 6:00 to 10:00 p.m. with live music playing from 7:30 to 9:00 p.m. each of the nights. Usually, the setup is the day before the event and everything is gone quickly after the event is over, but no later than March 20. The south portion of the Salt Creek parking lot will be closed during this time. As in previous years there will be tents, a stage for music and entertainment, lighting, food and beverage services on the hotel grounds. This is an important business event for the City of Dana Point and every effort has been made to minimize the effect on Niguel Shores residents.

### Master Landscape Plan

We have completed the most recent slope renovation and replanting of the slopes below Capstan and Sextant Drive. These areas will fill in quickly as we have seen with numerous other slopes throughout the community.

The next slopes to be done as part of the Master Landscape Plan in 2019, will be the slope along Leeward and the slope below Binnacle Drive. Once these areas are approved by the Board, we will move forward in the same manner as with the other slopes by removing the vegetation, preparing the soil, installing upgraded irrigation lines and then replanting the slope. This entire process should take approximately three to four months to complete, but once it is done the slopes should be much like the other slopes that have been recently renovated. In addition to Leeward and below Binnacle, we will be completing the slopes below Brigantine, Windlass and Windjammer.

Thank you for your patience and understanding during these slope renovations and during all of the community landscape projects.

### Do Not Walk on Slopes

It has been brought to our attention that in some areas slopes are being used as access in and out of back yards. This is not a good idea because it damages landscaping, opens up a perfect trail to your home for uninvited guests, and damages the slope which could cause an unwanted slope failure. If you need someone to have access to your back yard please make sure they are entering from your street and not the street below you or on the slope side. If you are a home that is in the middle of three attached units, try to work something out with your neighbor to obtain access through the back of the neighboring property. This is a better alternative and will avoid damage to the slopes.

### Civility in the Community

The old saying, "Treat others the way you would want to be treated" needs to be practiced more often. If someone is asking for something in the office or at the front gate and the staff member says they just can't do that as a matter of policy, it is much better to try to understand the reasons why it can't be done and not get angry, rude, or belligerent. If feeling upset, it is best to take a moment and ask if you would want to be treated the way you are treating that person you are speaking to in that moment. If the answer is "no," please take a step back, start over, and be nice.

Being frustrated with a situation is completely understandable but outbursts and bad behavior are not the way to accomplish a goal. If unhappy with the outcome of a particular matter, then please contact a manager for additional assistance. Your staff is here for you as friend, not foe. We are your allies and not your enemies. We may not be able to give you the exact resolution you want but we will always try to help you find some solution. This relationship works best when rational conversation tactics are applied. Remember that the staff members you are speaking with are merely doing their job, which is to enforce the rules adopted by your community.

- Listen with curiosity, speak with candor, and act with integrity.
- Treat everyone with kindness—not because they are kindhearted, but because you are.
- Don't try to make yourself great by making someone else look small.
- Never look down on someone unless you are helping them up.

If you have any concerns or questions, please feel free to contact the Association staff. We will be glad to help you or direct you to the proper staff member so that your questions are answered in a timely manner. As always, the Association staff looks forward to assisting you.



Happy St. Patrick's Day!

-Marla Miller

PICKLEBALL TRIAL RUN

The NSCA Board of Directors has agreed to a 90-day trial of Pickleball. Beginning on a date to be announced later this month, Tennis Court #1 will be made available for pickleball on Monday, Wednesday, and Friday mornings from 9:00 a.m. to Noon as a trial. Check out the Niguel Shores website and future newsletter articles for details as we move forward. Residents are welcome to post ideas and comments at "Post a Web Comment" on the Niguel Shores website at www.niguelshores.org. PICKLEBALL TRIAL RUN

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### **BOARD ACTION SUMMARY**

### FEBRUARY 13, 2019 BOARD MEETING: (General Session)

#### ACCEPTED AND FILED:

- —Unaudited December 2018 Financial Reports
  - —General Session Committee Minutes

#### APPROVED:

- -General Session Meeting Minutes for January 9, 2019
  - —February 2019 Expense and Transfer (estimated)
    - —February 2019 Expense and Transfer (actual)
      - -Record Date for Membership Voting
- —Resignation of Shelly Miller from Maintenance Committee
- —Resignation of Chris Lockwood from Finance Committee
- -Resignation of Yollie Mancino from Communication Committee
  - -Emeritus Program Summer 2019
  - —Lien Filing: APN 672-214-51
  - —Updated Parking Fine Policy and Hearing Procedures
  - —Covenant for Landscape Maintenance Bluehill Bay
    - —Recreation Committee Garage Sale Event
      - -Pool cover Reel Replacement
    - —Beach Bluff Portable Picnic Table Replacement
      - —Harvest Proposal #67901 2019 MLP
        - Slopes Binnacle and Leeward
    - -Garibaldi Gate barcode Reader Replacement
    - —One Spa and One Pool Filter Replacement
    - -Painting Various Fence, Gate and Handrails
    - -Clubhouse Water Heater Replacement
    - -Upgraded Electrical panel Clubhouse Pool Area
      - —Janitorial Contract
    - -Financial Institution Change and Accounting for Sea Terrace II and Breakers Isle

### REVIEWED/DISCUSSED

- —Delinquency Report
- -Manager's Report
- -Board Liaison Updates

### FEBRUARY 13, 2019 BOARD MEETING: (Executive Session) ACCEPTED AND FILED:

-Executive Session Committee Minutes

#### APPROVED:

-Executive Session Meeting Minutes from January 9, 2019

#### **HEARINGS/MEETINGS:**

- —One (1) hearing held for Violation of CC&Rs and Rules
  - -Article IX, Section 2 and Verbal and Physical Abuse
- —One (1) hearing held for Violation of CC&Rs Article
  - IX, Section 16, Failure to Paint and Complete Project
- —One (1) hearing held for Violation of Rules Use of Association Facilities, Swimming Pool and Spa Rules
  - -One (1) hearing held for Violation of Rules - Pet Owners Responsibility

### REVIEWED/DISCUSSED:

- —Legal Update
- -Lien Filings
- —Legal Analysis
- —Delinquency reports
  - -Personnel

NOTE: The NSCA Board of Directors meets the 2nd Wednesday of each month unless otherwise posted. The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.

REMINDERS: THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON WEDNESDAY, MARCH 13, 2019, AT 6:00 P.M.



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### **FINANCE**

2018 was a busy year for the Finance Committee. Our long-time Controller, Ivy Hsia, retired in early July. Ivy always led the annual budget and reserve processes that start each July and go through November so this year was more difficult without her experience and expertise. Ivy's leaving unexpectedly was mitigated by the efforts of a community volunteer, Sue Kichline the Finance Committee Chair, who stepped in to provide continuity. Together with the hard work of the Finance Committee and teamwork from the NSCA staff, we managed to complete these processes.

The financial results for calendar year 2018 were favorable. Income was better than anticipated due to interest income from investments exceeding expectations. Additional expense savings were realized in workers compensation insurance, employee health insurance, association insurance coverage and salaries due to employee position vacancies.

The revetment legal fees were completely covered by the homeowner's special assessment made a few years ago. This is an ongoing legal issue and there are still remaining special litigation funds which will be used to cover any revetment legal fees in 2019 and future years.

The complete financial statements will be mailed to Association Members in late April after the completion of the independent audit of the 2018 financial statements.

We are very fortunate to be living in a community that has active volunteers and an excellent staff to keep our community well run and a desirable place to live.

—Finance Committee

### RECREATION

Spring is in the air! We have been hibernating a bit with all the rain, but now it is time to gear up for these annual Niguel Shores fun events:

- St. Patrick's Party Friday, March 15, 5:30 to 7:00 p.m. Come and enjoy our corned beef sandwiches! It's a grand time to unite with neighbors for fun, food, beverages, and the wearing of the green.
- Garage Sale Saturday, April 13, 9:00 a.m. to 12:00 Noon. It's spring cleaning time, and with spring cleaning comes our April Garage Sale. Start to declutter now and pile all those treasures in a corner of your garage for



the sale. To participate in the garage sale, sign up in the NSCA office.

-Maria Elena Banks

### TRAFFIC AND SAFETY COMMITTEE

### A Word of Caution

Recently a Neighborhood Electric Vehicle (Golf Cart) was traveling down Niguel Shores Drive approaching a speed bump. The driver, who appeared too young

to have a driver's license, did not recognize any danger and continued forward. The cart collided with the bump and jolted both the driver and all the early teen passengers. One young lady passenger was thrown out of the cart and landed on the pavement. Fortunately, she was not seri-



ously injured. She quickly jumped up, dusted herself off, climbed back into the cart, and joined the laughter of her friends as they drove away.

I mention this incident as a reminder that all drivers of golf carts in our community must have a driver's license. The Vehicle Code also has further restrictions for drivers under 18 years of age which could result in the suspension of the young person's driving privilege.

### **Access for Emergency Vehicles**

We have dozens of streets in our community that vary in size and shape. Out of necessity, on some of these streets we have painted curbs or posted signs to control traffic or address specific parking issues. Especially with guests, there has been confusion as to where folks can park. The easiest answer is to tell them where not to park. They cannot park in violation of the vehicle code parking sections or in a manner to cause a traffic hazard. As many of our streets vary in width, cars cannot be parked at the curb at a point where the parked vehicle could impede the movement of an emergency vehicle (I am thinking of a Fire Truck).

Normally, our patrol personnel, upon seeing one of these narrow street violations, will monitor the situation and allow sufficient time for a person to unload groceries and the like before issuing a citation. Even so, we must always be aware of providing access for emergency vehicles when we park.

### Dogs on Leash

Remember, the law requires that when dogs are taken out, they must be tethered by a sixfoot leash. And, believe it or not, some folks still don't pick up after their pets.

—God Bless . . . Tim Murphy

# SPOTLICHT > NIGUEL

long with our beautiful coastal location, what makes Niguel Shores extraordinary is the way our residents work together as volunteers to handle our community needs through the Niguel Shores Community Association (NSCA). The eleven NSCA committees, composed of resident volunteers and staff liaison members, take the spotlight this month for their generous efforts on behalf of our community.

### **ARCHITECTURE**

Architecture is a busy committee responsible for applying the CC&Rs and rules for exterior modifications fairly and consistently for each lot. The committee reviews applications for remodels and construction projects throughout Niguel Shores. Last year they handled 278 applications from homeowners making property modifications. Committee members are Pat O'Brien (Chair), Lynn Bushnell, Linda Curie, Marc McCarthy, and Neal Singer. Board Liaison is Dick Kichline. Meetings are twice a month at 9:00 a.m. on the first and third Mondays. For information contact Staff Liaison Karen Decker at kdecker@niquelshores.org.

### COMMUNICATION

If you are reading the Seashore News right now, or if you consult our community website www.niguelshores.org, then you are seeing examples of the Communication Committee's work keeping everyone informed of news and activities in the Shores.

With this issue, the Communication Committee and the entire

Seashore News team extend our deep appreciation to Yollie Mancino, who is retiring from her co-editor position on the Seashore News. Yollie has produced "Beyond Our Gates" and written inspirational articles in this newsletter for the past two years. Her knowledge, wisdom, creativity, and



dedication will be missed by everyone, but we wish her all the best as she moves on to new activities and enjoys more time with her much-loved family.

Communication Committee members are Mike Harrod, Sandy Homicz, Kathy Newport, Michelle Ralph, and Patti Staudenbaur.



Board Liaison is Suzanne **Enis** and Staff Liaison is Matt Northrop. If you'd like to be part of this dynamic group that keeps up on all the news of the Shores, there is one opening at the present time. Meetings are on the first Friday

of the month at 10:30 a.m. For information contact mmiller@ niquelshores.org or mnorthrop@niquelshores.org.

### **EMERGENCY PREPAREDNESS**

Kent Wellbrock (Chair) and Board Liaison Bob Russell work with management and neighborhood groups to ready our community for emergency situations. Kent has presented programs to our Women's and



Men's Clubs, organized CPR/AED training, and writes monthly columns for the Seashore News advising of emergency preparation and safety.

### **FINANCE**

The Finance Committee meets monthly to review financials for each department of the Association. During budget preparation, the committee meets more often and works through every line item of the financials to provide an updated budget for the upcoming year. The committee also reviews NSCA investments to make sure they are safely invested and the Association has the ability to get to them as needed for special projects. Members are Sue Kichline (Chair), Martin Dedrick, Jim Eckstaedt, David Goldberg, Jeff Kessler, and Rick Palmer. Board Liaison is Bob Russell. For information contact General Manager Marla Miller at mmiller@niguelshores.org.

### **HUMAN RESOURCES**

Human Resources meets as needed to review staffing. Niguel Shores currently has a very competent staff that keeps the Association running smoothly. Committee members are **Dick Kichline** (Chair) and **Steve** Stewart. Board Liaison is Art Staudenbaur. For information contact General Manager Marla Miller at mmiller@niquelshores.org.

### LANDSCAPE

Landscape Committee members walk each neighborhood monthly to inspect the landscape, planting, and irrigation of the common areas. They make reports to the General Manager who oversees the contractor, Harvest Landscape Enterprises. Committee members are Donna



# SHORES COMMITTEES

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Rosecrans (Chair), Lynn Dawson (Atlantic Garden Homes), Sue Forrest (Shores Garden Homes), Kathy Jones (Berkus Homes), Karen Linger (Broadmoor Homes), Linda Koppang (The Villas), Kathy Samuel (Sea Terrace II), and Bill Walkup (Sea Terrace I). Staff Liaison is Matt Northrop. Meetings are on the second Tuesday of the month at 3:00 p.m. For information contact mnorthrop@niguelshores.org.

### **MAINTENANCE**

This committee monitors the maintenance needs of the Association. Their work is vital for keeping our community up-to-date and in good repair. In 2018 the committee worked with the Maintenance Staff on projects such as installing new street signs with lighting, painting the community



center and office, improvements at the bluff, and ongoing pool maintenance, to name a few. New furniture for the

pool and Community Center are scheduled for 2019. Committee members are Len Beebe (Chair), Jack Christiansen, Geoff Dunlevie, Bob Gregg, Sam Johnson, Tim Murphy, and Nader Sadoughi. Finance Committee Liaison is Rick Palmer. Board Liaison is Suzanne Enis. Meetings are at 9:00 a.m. on the third Thursday of the month. If you are interested in assuring that our physical plant is kept up well, there is an opening on the Maintenance Committee for one more member. For information contact goooley@niguelshores.org.

### RECREATION

Recreation members plan the activities we enjoy year-round. Their goal is to organize events for the community that promote togetherness for all ages. Current projects in the works are a St. Patrick's Party, Garage Sale, Cinco de Mayo Celebration, and Memorial Day Barbecue. Among the many events they sponsored last year were the Fourth of July Celebration, Halloween Party, Holiday Tree Lighting with Santa, and a great New Year's Eve. Committee members are Maria Elena Banks (Chair), Rhonda Dunlevie, Chrissy Rausch, Kathy Samuel, Nancy Tinnes, and Chris Zoch. Staff Liaison is Blayke Miller. Meetings are on the first Tuesday of the month at 10:00 a.m. For information contact bmiller@niquelshores.org.

### **RULES**

The Rules Committee recommends new rules or revises existing rules for the improvement of the community. In 2017, for example, the committee succeeded in reducing 120 pages of rules down to approximately 60. They recently updated the rules and published the revisions, which were mailed to all households in January 2019. The complete set of *Niguel* 

Shores Rules and Regulations is available online at www.niguelshores. org. Printed sets are available in the NSCA Management Office upon request. Committee members are Roy Dohner (Chair), Lori McNaught, Pat O'Brien, and Bob Russell. Board Liaison is Jeannie Sticher. Meetings occur as requested by the NSCA Management or Board of Directors. For information contact Staff Liason kdecker@niguelshores.org.

### TRAFFIC AND SAFETY

The Traffic and Safety Committee serves the community and advises the Board of Directors in matters related to ingress/egress to and from the community; the safe passage of pedestrians and vehicles throughout the community; the rules governing traffic and pedestrian protocol; and in matters designed to better secure the community including but not limited to the contracted patrol service, surveillance systems, pedestrian gates and devices, and vehicle gates and devices.



Committee members are **Tim Tyson** (Chair), **Dick Ashworth**, **Lori McNaught**, **Tim Murphy**, and **Jack Webb**. Board Liaison is **Suzanne Enis** and Staff Liaison is **Karen Decker**. Meetings are at 9:00 a.m. on the second Wednesday of the month. For information contact Staff Liaison **Karen Decker** at *kdecker@niguelshores.org*.

### VIEW PRESERVATION

View Preservation committee members make property visits and

review complaints submitted by residents involving view blockages originating from private plantings. The Committee has authority to require a homeowner to remove, trim, top, or prune



any planting which it believes unreasonably impedes the view from any other lot. Committee members are **Kathy Jones** (Chair), **Lynn Bushnell, Miriam Dougherty, Marc McCarthy,** and **Diane Young.** Board Liaison is **Dick Kichline.** Meetings are at Noon on the third Monday of the month. For information contact *mnorthrop@niquelshores.org.* 

A round of applause for all our committee volunteers and to our General Manager, **Marla Miller**, who sits on each of these committees and provides direction to keep our community running smoothly.

-Seashore News Staff

### WOMEN'S CLUB

The Clubhouse was a Sea of Red on Thursday, February 14 for the Women's Club Valentine's Day Luncheon. President Terry Link decorated the room in reds and pinks, hearts and glitter. How fun that the Valentine's Luncheon meeting actually fell on February 14 this year.

Members and their guests enjoyed a lovely salad buffet, exchanged valentines at their tables, and listened to guest speaker Patty Sharpe talk about true love. Patty spoke of the journey she and her husband faced as he battled acute myeloid leukemia (AML). Her beautiful love story warmed our hearts on a cold rainy Valentine's Day.

Our next luncheon meeting will take place on Thursday, March 14, in the Clubhouse at 12:00 Noon. We would love to have you join us as we hear about how to take care of our money. The guest speaker is Mitch Fisher, author of Money Stories: Simple Ways To Help You Manage And Invest Your Money. Mitch is President of Pacific Sun Financial Corporation and a Certified Financial Planner specializing in the design of investment portfolios. He has many loyal famous and professional clients, which he attributes to his financial ideas being interesting and simple. Mitch is also the past chairman of Saddleback Memorial Hospital Foundation BAC.

The Women's Club is open to Niguel Shores residents to promote friendship, fun and service in the community. For membership inquiries, please contact Diane Dale at dianedale@cox.net.

—Catherine Bitran

### MEN'S CLUB

Our February 5 Men's Club breakfast featured a delicious French toast casserole and sausage breakfast prepared and served by the Morris/Wollin Team.

Then James Fullenkamp, a financial adviser with Edward James in Laguna Niguel, led us-awarding twodollar bills for correct answers-through a thoughtful analysis of markets today. Perhaps most striking, he said that the current market turmoil represents the norm, not an outlier. For the last 80 years, similar occurrences have impacted us about every four years. Growth comes with many setbacks, and regular (irregular) downturns, in fact, are normal.

Over time, changing investments, adjusting portfolios after events, results in loss of value or diminished increases in value. Yes, China disrupts our economy; the Fedraising interest rates disrupts our investment values. Notwithstanding, allocation and periodic rebalancing are important. Maintaining a twoyear-needs cash balance helps insulate from the catastrophe of selling in a market decline. We all have to manage the challenges of inflation, medical expense and media hype so we





February Speakers James Fullenkamp and Dick Parsons

should remember that media sells "news" by refocusing non-events into the worst-ever catastrophe and thriving on crisis. Politicians have no use if not peddling their fixes to these media-hyped crises.

Peter Lynch, the investing guru of the end of the last millennium, warned that investors lose more value responding to crisis than the losses attributable to the crisis. The advice is to ride it out. Sir John Templeton, creator of Templeton Growth Fund, felt that bull markets are born on pessimism, grow on skepticism, mature on optimism and die on euphoria.

Fullenkamp left us with a comparison of the wealth of the Vanderbilts after three generations to the Rothschilds' wealth at the same time. To the Rothchilds, value was

### **NIGUEL SHORES MEN'S CLUB**

### COLLEGE SCHOLARSHIPS FOR GRADUATING SENIORS TWO \$1000.00 AWARDS

STUDENTS LIVING IN NIGUEL SHORES WILL BE GIVEN PRIORITY

To participate, please submit the following criteria:

- Name, address, phone, and e-mail
- High School
- College Choice
- Major
- **SAT Scores**
- **Public Service**
- Personal Essay
- Recommendation from Teachers
- Scholastic Record, Classes and Grades

Submit to Niguel Shores Office by April 15, 2019

For Info: Dick Kichline, Men's Club Scholarship Chairman rkichline@cox.net

building and creating. To the Vanderbilts, value was achieved and consumed. Fullenkamp closed with the idea we cannot spend our way to a legacy. To build an estate and leave a legacy, look to the Rothschild family motto: Concordia (Harmony), Integritas (Integrity) and Industria (industry).

The February 19 meeting, breakfast by the **Roberts Team**, featured **Dick Parsons**, a life-long water entrepreneur and current president of World Water Group, who addressed drought, water, rain and desalination.

In the near future, details of our Lands' End Niguel Shores logo clothing program will be announced whereby we can purchase Niguel Shores logo apparel. Looking farther ahead, **Roy Dohner** will lead the Men's Club team presenting the Fourth of July pancake breakfast for the community. For Men's Club membership information, contact *rfsaint@me.com*.

—Robert Saint-Aubin, Secretary

### **GARDEN CLUB**

Are you ready? If not, get yourself ready for our big annual **PLANT SALE** on Saturday, March 30. The Garden Club invites everyone to visit the Clubhouse from 9:00 a.m. to 1:00 p.m. for refreshments and our yearly sale of flowers, shrubs, succulents, and unique garden items at very reasonable prices—plus raffles and a chance to win beautiful prizes.



Members, as our president Nadine wrote in her January meeting agenda, we need many helpers to pull this one off, as this is our only fundraiser for the year. You can help on Friday, March 29 setting up, on Saturday working at the Plant Sale, or helping clean up after the sale or on Monday, April 1 (no April Fools jokes please). Thank you, if you already have signed up to help. Call chairpersons **Nadine Allen** or **Francine Stout** to add your name if you can help.

—Karl Kuhn

P.S. The beautiful flower fields in Carlsbad are open March through May, with Kids' Day March 23 and Tea in the Garden March 31.

### **GARDEN CLUB ANNUAL PLANT SALE**

Come early for best selection from a vast assortment of donated plants and garden accessories!

Date: Saturday, March 30

**Time:** Doors open from 9

a.m. till 1 p.m.

Entrance fee: \$1.00 (includes delicious refreshments)

Raffle for gift baskets: \$10.00

Cash or check only

Proceeds support various Garden Club projects including California reforestation and scholarships

IN MEMORIAM

# Anita Geyer

Passed away December 22, 2018

Former resident of Bluehill Bay since 1994
Women's Club
Garden Club
Singer with Los Angeles Civic Light Opera

IN MEMORIAM

# Margaret Ann Brugger

October 22, 1921 - February 6, 2019

Wife of the late Walt Brugger Resident of Windward Drive since 1980.

Active in Niguel Shores Women's Club, Garden Club, Women's Golf, and Bridge Club.

She enjoyed her "Picnic on the Bluff" group, Tuesday Lunch Bunch, had a passion for bridge, and never missed attending Wednesday Bridge Club.

A wonderful mother, caring wife, and great friend!

### DANA POINT LIBRARY

The following is a partial list of programs offered free of charge at the Dana Point Library this month. For the full schedule, see www.niguelshores.org.

### **CHILDREN**

Steamport - Sunday, March 3, 1:30 p.m. STEAM activities for K through 6. Seating limited. Presented by OCSA students and sponsored by the Friends of the Library.

Toddler Storytime – Tuesdays, 10:30 a.m.

Preschool Storytime – Wednesdays, 10:30 a.m.

Read to a Dog - Wednesday, March 6, 3:00 p.m. Beginning readers. Presented by BARK.

Crafts and Stories – Saturday, March 9, 2:30 p.m. Ages 3 to 7. Lego Club - Wednesday, March 13, 3:00 p.m. Legos provided. Family Fun Night – Thursday, March 21, 5:30 p.m. This month's star: Peppa Pig.

Cat in the Hat Book Party – Saturday, March 23, 10:00 a.m. Activities, favors, and photos with the famous cat! Ages 4 to 8. PJ Storytime – Monday, March 25, 5:30 p.m. Presented by National Charity League's Sunshine Readers.

Family Morning Movie – Thursday, March 28, 10:30 a.m. A Bug's Life. Popcorn served.

### TWEENS AND TEENS

**Tinker Tuesday** – Every Tuesday, 4:30 p.m. STEAM for

Teen Volunteer Orientation – Monday, March 4, 5:00 p.m. Library volunteer opportunities, grades 6 to 12.

**Teen Advisory Board (TAB) Meeting** – Saturday, March 9, 11:00 a.m. Share opinions and make decisions about teen programming, grades 7 to 12.

Teen St. Patrick's Escape Room – Thursday, March 14, 5:30 p.m. Escape! Ages 12 and up. Pizza served.

### TEENS AND ADULTS

Create Teacup Succulents – Saturday, March 2, 11:00 a.m. Materials provided. Ages 12 and older. Register at service desk. Hosted by the UCCE Orange County Master Gardeners and sponsored by the Friends of the Library.

Asian Brush Painting – Sunday, March 10, 2:00 p.m. Paint with artist Chris Ho. Materials provided. Ages 10 and older. Register at (949) 496-5517 or at service desk.

### **ADULTS**

English Class – Mondays, 1:00 p.m. and Fridays, at 11:00 a.m. Register at esl.danapt@gmail.com. Provided by South Coast Literacy.

Coloring Club – Fridays, 10:00 a.m. Materials provided.

Guys Read! - Second Monday, 10:30 a.m. Fight Club by Chuck Palahnuik available at service desk.

Basic Computer Skills – Tuesdays, March 5, 12, 19. 9:00 a.m.

Three-part class. Registration required. Call (949) 496-5517 or visit service desk.

**Memory Club: Brain Boosters** – Thursday, March 7, 10:30 a.m. Memory topics and games.

Write On! – Tuesday, March 5 and 19, 5:00 p.m. Writers share and critique their work.

**Gentle Readers** – Thursday, March 14, 10:30 a.m. *The Feather* Thief by Kirk Wallace Johnson available at service desk.

Travel Club – Sunday, March 17, 2:00 p.m. Author Chris Epting's photos and stories about the tour of Teddy Roosevelt and John Muir that shaped Yosemite and our national park system. Chris will sign copies of Teddy Roosevelt in California: The Whistle Stop Tour that Changed America.

Foreign Film - Sunday, March 24, 2:00 p.m. 2017 awardwinning I Am Not a Witch.

Seaside Book Club - Monday, March 25, 10:30 a.m. The Guest Room by Chris Bohjalian available at service desk.

-Karla Sanders

### Thank You from the Friends of the Dana Point Library

Because of the generosity of Dana Point residents, books that have been donated have afforded the Friends of the Dana Point Library to soundproof the Community Room, support many programs for children and adults each month, purchase a great blue fish bike rack, and help purchase books for the library. A dedicated bunch of volunteers make these improvements happen, and your donations and purchases at the Friends **Bookstore** are appreciated. If you are trying to declutter your bookshelf, please donate your books to the Friends Bookstore at the entrance to the library. Thank you!

—Friends of the Dana Point Library

### PAGE TURNERS

This month both the Monday and Thursday afternoon groups will be reading Beneath a Scarlet Sky by Mark Sullivan, a book based on the true story of a forgotten hero name Pino Lella. When his family home in Milan is destroyed by Allied bombs, Pino, at 17, joins an underground railroad helping Jews escape over the Italian Alps to Switzerland. In an attempt to protect him, Pino's parents force him to enlist as a German soldier, but after Pino is injured, he is recruited to become the personal driver for Adolf Hitler's left-hand man in Italy. With the opportunity to spy for the Allies inside the German High Command,

Pino endures the horrors of the war and the Nazi occupation by fighting in secret.

The Monday group will meet to discuss the book at 1:00 p.m. February 25 and the Thursday group will meet February 28. For information regarding the Thursday group please contact **Steve** and **Ann Morris** at *samwrsi@cox.net* and for the Monday afternoon group, **Frances Ozimec** at *fozimec@cox.net*.

—Frances Ozimec

### REALLY SERIOUS BOOK CLUB

The Really Serious Book Club met at the home of **Norton Schwartz** to review *Behemoth: A History of the Factory and the Making of the Modern World,* written by Josh Freeman. Freeman cites the first fabric factories in England where small children were used in large, then bigger multi-storied factories. He then discusses their evolution to the Ford factories with moving assembly lines, later copied by the Soviet Union for their war factories. Now, there are the large factories in Vietnam that still use children. Our members shared their own factory work experience, or that of people they knew.

If you are interested in joining our discussion group and reading books of historical, political, economic, and cultural significance, please email your information to Norton Schwartz at *nortlynne@cox.net*.

—Norton Schwartz

### BRIDGE

For the previous four weeks we played four tables each week (16 players). If you are interested in a morning of Bridge, please contact Betty or Bob French at (949) 312-2556. We only ask that you have a basic knowledge and proficiency in the game. We look forward to you coming out and joining us at 11:00 a.m. on Wednesdays in the Clubhouse.

### **Our recent winners:**

January 23: 1) Bob French, 2) Lee Farrell, 3) Frieda Baskin January 30: 1) Sandy Youdbulis, 2) Helen Campbell,

3) Frieda Baskin

February 6: 1) Bob French, 2) Jim Pinola,

3) Helen Campbell

February 13: 1) Frieda Baskin, 2) Lee Farrell,

3) Ceacy Johns

—Jim Pinola

### **SPORTS**

### MEN'S GOLF

In February we once again had a Tuesday rain-out, but also got lucky with some sunny golf days. We had great outings at Tijeras Creek, Talega, and Arroyo Trabuco. The rain caused a cancellation of one golf day but gave us the beautiful green fairways and course conditions for the others. We are lucky to live in a climate where we can golf in short-sleeve shirts and gaze upon the beautiful snow-capped mountains. This month, we are scheduled to play the following locations:

March 5: San Juan Hills March 12: Tijeras Creek

March 19: Talega

March 26: Monarch Links

For more information on the Men's Golf group, contact russler65@gmail.com.

The only time my prayers are never answered is on the golf course. —Billy Graham

-Bob Russell

### SPORTS AND FITNESS ACTIVITIES

**Water Aerobics with Cynthia** 

Community Center Pool Monday, Wednesday, Friday 9:00 to 10:00 a.m.

\$3 per visit

Stretch and Fitness with Leslie

Community Center Clubhouse Monday, Wednesday, Friday 8:30 to 9:30 \$5 per visit Tennis

Court #1 is available for walk-ons Courts #2, 3, 4 can be reserved a

week in advance

Reserve online at www.niguelshores.org
No Charge

Pickleball (Temporary 90 Day Trial)

Tennis Court #1

Monday, Wednesday, Friday

9:00 to Noon

Sign in at the Court—No Charge

### MARCH MADNESS

NCAA MEN'S DIVISION I BASKETBALL

**Selection Sunday:** March 17

First Four: March 19-20 Dayton OH

West Regional: March 28-31 Anaheim CA Final Four: April 6 Minneapolis MN

Championship: April 8 Minneapolis MN



### TREATMENT FOR FEAR. PHOBIAS AND ANXIETY IN DOGS

Following up after last month's discussion of fears, phobias and anxieties in dogs, here are recommendations for treating these problems:

- First, identify the specific triggers for the fear, phobia or anxiety.
- Do not punish your pet for its stress response. This just increases the dog's anxiety level.
- Try to ignore your dog's pestering, demanding and fear behaviors. Reinforce calm behaviors.
- Encourage your pet's independence. Discourage constant close contact.
- Increase and schedule regular exercise and play.
- For separation anxiety, make your departures and arrivals low-key. Ignore the dog for 30 minutes prior to departure. Reward the dog for being calm on return. Consider alternative measures to separation, such as pet sitters, doggy day care or taking the dog along.
- For noise phobias, establish a safe place where sounds are muffled. Provide pleasant calm experiences there. Play music to mask the phobic sound.
- If these treatment measures are not successful, consider supervised behavior modification techniques such as desensitization and counter-conditioning.

One type of **desensitization** effective in some cases is termed "flooding." The pet is exposed to the fearful stimulus and kept there until the fear response subsides by 50%. However, this flooding technique involves long sessions, may require many people, and can backfire if used inappropriately. If the stimulus is too intense, the pet may become more fearful or phobic. Another problem is that simulated conditions do not always transfer well to real situations.

Counter-conditioning is used to encourage a dog to unlearn a problem behavior. When faced with the fearful stimulus, the dog is taught another behavior to exhibit that is more enjoyable or pleasant in place of the abnormal behavior. For this technique to succeed, the dog must be able to do the substitute behavior when it is not in a stressful circumstance. Such substitute behaviors could include sitting down, lying down or looking at the pet's owner in exchange for food, treats or positive attention. The period that the pet can remain calm should be gradually increased until it lasts 30 minutes. At that point the pet can be exposed to the trigger event at a low level, gradually increasing the stimulus until the pet adjusts to it and becomes less fearful.

If behavioral treatment measures are unsuccessful, discuss **anti-anxiety medications** with your veterinarian. These may include clomipramine, fluoxetine or trazadone, among others. These are human medications that can be used on dogs. Your veterinarian will decide which medications to prescribe, if any, and lab tests are periodically done to monitor for possible side effects. If one medication does not work, another may be tried. Medications alone generally will not achieve the desired result, so they are usually prescribed in conjunction with counter-conditioning and the other behavioral techniques identified above.

I hope this helps you in dealing with your pet's fears, phobias and anxieties. While we cannot eliminate all stressful events from our dog's lives, we may be able to help them cope better and live happier lives.

—Susan Davis, DVM

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# Decluttering

**lutter!** It stacks up in closets, hallways, shelves and garages shouting, "Fight me if you dare!" or cautioning,

"You might need me someday," or sobbing, "We've been together so long, we must never part."

Old books, worn-out shoes, souvenirs from the Disney trip with the kids circa 1980. The stuff piles up! Outdated ski gear, a Clue game (dagger missing), bedding for a long-gone

futon, scrapbooking notions, holiday décor, a fish bowl. Our closets are bursting! And don't forget the photos, slides and super-8 movie reels snoozing in boxes under the bed.

### What to do with it all?

When we moved from a large house into our Sea Terrace Townhome, we had to winnow our possessions down to nearly nothing. Donating our books to the library and sending the magazines to recycling was the easiest part. Calling pick-up groups like Habitat for Humanity, the Salvation Army, and St. Vincent de Paul allowed us to give useful items a new life. Still, the task was daunting.

A few questions helped us in decluttering: Can we live without this stuff? Does it add to our happiness? Is it currently useful? Can someone else benefit from this more than we can?

Some general ideas for beginning the cleanout: Take advantage of

local shredding or bulky item disposal. Go paperless for bills, receipts, and files. Curb junk mail by registering at DMAchoice.org. Donate or sell old DVDs and CDs at amazon.com, secondspin.com, or decluttr.com. Give cell phones to causes like cellphonesforsoldiers.com or securethecall.org. Take aged computers and accessories

to electronics recycling centers or sell them to gazelle. com. Give designer clothes to a charity resale shop or the workplace readiness organizations dressforsuccess.org and workingwardrobes.org, or sell them at tradesy.com. Weed out games, toys, musical instruments, sports gear, and memorabilia—difficult, but just do it. Digitize photos, videos, and reel movies at Costco, local video transfer ser-

vices, or imemories.com. Sell your extra china or crystal

ALL OF THESE THINGS FIT IN YOUR POCKET!



How true! The boom box, tape and video recorders, CD/DVD players (and all the tapes, CDs and DVDs), the alarm clock, radio, film projector, projection screen, typewriter, flashlight, maps, calculator, compass, camera, favorite games and music, and (of course) the telephone—all are now contained on a smart phone that fits easily into a purse or pocket. It's a good reason to clear out all the unneeded electronic gear and equipment we've accumulated over the past few decades. Declutter. It's spring cleaning time!

pieces to replacements. com. Plan gifts of experiences or consumables instead of items that fill up shelves. Decline freebies like tote bags, tee shirts, and logo caps that might never be worn. If offered giveaways. hand-medowns, or knick-knacks just say something like, "We're trying to simplify right now, but thank you for thinking of us."

For a quick decluttering, clear these out right now: used batteries, expired foods and medications, old makeup, worn out linens, outdated textbooks. unidentified keys, unknown charging cords, old costumes, gift wrap remnants, recyclable containers, mismatched lids, dried-up pens, takeout menus, expired coupons, old newspapers and magazines.

Studies say that being mindful about living with less increases our sense of control and diminishes impulsive spending. The

declutter queen Marie Kondo advises to get rid of anything that does not "spark joy." I might add from personal experience that it's great having more drawer space, uncrowded closets, shelves cleared of all but the essentials and knowing there's less to dust and vacuum, too.

—Sandy Homicz

### Wellness... Loneliness and Listening

Despite what people may say, most of us have experienced feeling lonely at some time or another in our lives. The causes are probably as varied as snowflakes that fall from the sky during a winter storm, but the experience of feeling isolated, regardless of where one is, can be similar. Whether it's from moving somewhere new, feeling like you're different, or sorely missing a romantic relationship, loneliness at one time or another is a fact of life for so many of us.

Cigna, a major health insurance carrier, reports that a study they conducted (2018 US Loneliness Index) found that 46% of Americans feel lonely sometimes or always, while 47% said they feel left out sometimes or always. To top that off, they found one out of five people rarely or never feel close to anyone!

Vivek Murthy, former US Surgeon General, blames a loneliness epidemic for risks to our nation's wellbeing. He believes that loneliness can be fatal. In fact, he has research to back the claim that the mortality associated with loneliness is equal to smoking 15 cigarettes a day, with the impact of loneliness also being greater than the mortality associated with obesity. In addition, a Brigham Young University study showed that loneliness can weaken your immune system, increase inflammation, and



fuel heart disease and stroke. If that's not enough, depression, alcoholism, and sleep disorders can also result. Whether physically alone or in a group, loneliness can strike anyone at any time.

Chronic use of social media also increases loneliness. You'd think that something called *social media* would do the opposite, but the concept of social comparison can result in feeling lonely and isolated. Seeing other people's posts of how thin they are, where they've traveled, or who's in their "friend" group can leave some of us feeling like we could never, ever, measure up, leaving a lot of people feeling very isolated. Also, as it turns out, the more we use social media, the lonelier we become.

Our social connection is how we build and live healthy lives. When connected to someone who lovingly and respectfully listens with their heart, life becomes lighter, even healthier. I learned of a psychotherapist named Tracy Ruble who recognized this need and started Sidewalk Talk in San Francisco by setting up chairs on a sidewalk with volunteers who just listen, relieving some loneliness from passersby who participate. Now Sidewalk Talk runs in 48 cities around the world!

Imagine what we could do collectively if we just checked in on our friends and family to see how they're feeling? Especially if you're suspicious that they're feeling isolated. Be that someone who reaches out to listen. And if you're feeling isolated or lonely, reach out and ask for help. Together we can move loneliness from being fatal to becoming a means to the caring, respectful, connection that all of us are craving. All we have to do is listen.

—Sharon Stewart

To Your Health! Sharon Stewart RN, Health Coach, Sharon@SharonStewartRN.com





### **CUISINE CORNER**

Maison Café + Market hef Danielle Kuhn has established a

new Dana Point landmark in the Jack's Surfboards center on PCH just south of Del Obispo. The south-OCraised chef and entrepreneur babysat in Niguel Shores in her youngest days, soaked up restaurant experience at a Costa Mesa English pub as a teen, then at Cannon's Dana Point and other local restaurants and bars. At Maison Café + Market, she has created a wonderfully homey experience in a large two-storefront space which comfortably seats 56 patrons without rubbing elbows. Her culinary skills are abundantly obvious, and the word has spread since the café's November 17 opening.

Maison Café + Market is open six days a week, closed Mondays. Exceptional pastries, baked fresh daily on-premises, are available with coffee service from 7:00 a.m. for eat-in or take-out. Table service begins when the kitchen opens at 8:00 a.m. Six menus are available: Morning, Lunch, Dinner, Dessert, Wine & Beer, and a limited L'Apero Happy Hour offered from 3:00 to 5:00 p.m. Uniquely, the morning menu can be ordered until 5:00 p.m. Danielle draws upon her French, Italian, Irish and Armenian heritage offering a wide variety of choices to please almost any culinary palate.





My first breakfast order was steak and eggs, with the flank steak done medium rare, pan-seared French style, sliced diagonally. The eggs were scrambled fluffy a la Julia Child and came with a colorful variety of small, round potatoes smashed on the plate. The country French bread arrived toasted to perfection. Asking for a bit of jam to finish the last piece, I received a ramekin of fresh-made blueberry compote mixed daily in the kitchen; nothing from a jar. Nancy had the Dutch Baby with organic fresh blueberries, blackberries, strawberries, maple syrup and sweetened mascarpone crème fraiche. Ooh, yum!

A week later I ordered the Dutch Baby for take-out, along with a savory

caramelized onion and mushroom folded-over galette for madame, and two large coffees. All excellent. The coffee is from Wild Goose roasters in Redlands, chosen after dozens of sustainable fair-trade brands were tasted.

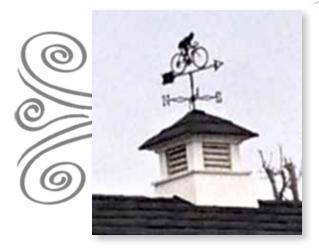
Our lunch another day was also perfection. I ordered the linguine with roasted tomatoes, goat cheese, lemon butter and redolent of garlic. The house-made pasta is broad, more like fettucine, buttery and as good as any Italian ristorante might serve. Nancy had the savory organic vegetable frittata with feta and toast. She added a ramekin of spicy roasted tomato salsa to liven it. Five

> Niguel Shores neighbors came in while we were eating lunch!

> The Dinner menu offers seven Shares, four Salads, eight Entrees and five Sides ranging from \$9 to \$25. You can view these plus two dozen well-curated Wines, ten Beers, six Desserts and more at maisondanapoint.com along with many rave reviews of Danielle Kuhn's new Dana Point institution. There are also several of my own photos posted on the niguelshores. org website as adjunct to this article. Try Maison Café + Market. You'll surely love it!

> > —Gary Tinnes

### FAMILY FUN – MARCH WINDS











Tho has seen the wind? Neither you nor I. But when the trees bow down their heads, the wind is passing by." Poet Christina Rossetti might have been describing the blustery days of March, when spring appears and the winds scatter young seeds to places where they can germinate with help from April rain showers. An old farm wisdom says March winds "come in like a lion, go out like a lamb."

Here in Niguel Shores, there is a way for you to check on the March winds: Next time you are out in the neighborhood, see if you can spot these weather vanes atop our homes showing which way the March wind is blowing. Send us a picture if you spot any more: seashorenews@hotmail.com.

Since ancient times, the weather vane (wind vane/weather cock) has been used to show wind direction and to measure and predict the weather. Andronicus, an astronomer, built history's first recorded weather vane for the Tower of the Winds in Athens, Greece. Bronze weather vanes were found by archaeologists among Viking ship remains. A ninth century Pope asked that church steeples dis-





play a rooster wind vane to remind of the cock crowing at Peter's denial of Christ, making the rooster a popular icon in weather vanes. The Bayeux Tapestry of the eleventh century shows workmen placing a weather cock on Westminster Abbey at its dedication. A vane in Devon dating to about 1340 has whistling tubes so the rooster makes a crowing sound. After the Revolutionary War, George Washington had a "Dove of Peace" vane crafted for Mount Vernon that still stands on the cupola at his estate.

A weather vane points in the direction from which the wind is coming. So, if the wind is coming from the west, the arrow will point to the west. If you faced west at that time, you would feel wind on your face. Shifts in the weather vane's direction signal highs or lows in air pressure and changing weather conditions.

Now go take a look around Niguel Shores and see which way the March wind is blowing.

—Sandy Homicz

### HONORING OUR VOLUNTEERS

### The News Collating Team

n the first of every month, 1100 copies of the *Seashore News* arrive at the Association Office from our printer, Minuteman Press. That's when a loyal team of volunteers gather to collate inserts, count out copies for each neighborhood, and distribute them to other volunteers for delivery to your home.

For more than two decades, **Shirley Smith** has been a regular every month at these sessions. In the early days, she led the group folding and stapling each issue. More recently, she has been part of the team adding flyers and inserts before the newsletters are distributed to the community. Thank you, Shirley, and all our collators for working behind the scenes to assemble copies of the newsletter each month.



### **Volunteer and Give Something of Yourself**

In her poem *Long Life*, Pulitzer Prize winning poet Mary Oliver asked a question that runs through many of her works: "What is the gift that I should bring to the world?"

By way of a partial answer, perhaps you would consider bringing the gift of your time and talent to our community. You may have skills that would benefit the community. If you would like to work with some of our neighborhood's most dedicated and productive people, step up and make use of your gifts right here in Niguel Shores. "Bloom," as the saying goes, "where you are planted."

### **NEIGHBORHOOD ADS**

**Niguel Shores resident and Ph.D. in Music offers PIANO LESSONS** and/or tutoring for A.P. MUSIC THEORY. Contact Dr. Susan Bliss at (949) 887-9767 or *susanpbliss@icloud.com*.

Ads for the Seashore News must be submitted by the 15th of the month. Include a check payable to NSCA, \$5 for a maximum of 30 words. Advertisers must fill out a form available at the Association office. Neither NSCA nor the Seashore News assumes responsibility or liability for quality of goods advertised.





NSCA is not responsible for any work done nor are we recommending any of the advertised companies

### There are openings right now

on NSCA committees where your talents would be appreciated:

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If you would be interested in learning more, contact General Manager Marla Miller at mmiller@ niquelshores.org.



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# THIS MONTH IN DANA POINT

## FESTIVAL OF WHALES — MARCH 2, 3, 9, AND 10



The Dana Point Festival of Whales includes an opening parade, street fair, art and craft show, classic car exhibit, paddling and sailing events, sand sculpting, concerts on land and water, environmental opportunities, kid's activities, and whale watching excursions. For information visit www.festivalofwhales.com. This is one of Southern California's largest seaside and seafaring celebrations.

Opening Day Parade begins at 10:00 a.m. on March 2, from Selva to Golden Lantern on PCH. Giant parade balloons, marching bands, military units, floats, and local entries. Contact Dana Point Community Services (949) 248-3536.

Closing Day Concert and BBQ on March 10 runs from noon to 5:00 p.m. at Baby Beach. Bands perform over the water on a specially designed stage. An afternoon of great music and BBQ specialties. Contact Dana Point Community Services at (949) 248-3536.

### DANA POINT HISTORICAL SOCIETY



The Historical Society will offer Walking Tours during the Festival of Whales at 2:00 p.m. on March 2 and 3. Meet at Coastal Kitchen on PCH at Blue Lantern for tours conducted by Terry and Lee Walsh.

### **OCEAN INSTITUTE EVENTS**



### Girls In Ocean Science - March 16

High school girls learn about careers in ocean sciences and meet prominent women scientists. Register at oceaninstitute.org.

### Jazz Festival - March 29 And 30

World-class jazz musicians and premier restaurant chefs combine their talents for two nights of unforgettable music and food. On March 29, Taste of Jazz offers jazz greats, small plates, hosted bar, and a silent auction. On March 30, the Jazz Gala features outstanding music and a gala dinner prepared by master chefs. For information call Jill Kennedy (949) 496-2274 ext 345 or email jkennedy@ oceaninstitute.org.

### **AGE WELL SENIOR SERVICES**



Luncheon for seniors is served at the Dana Point Community Center each weekday at 11:30 a.m. Meals include entrée, beverage, dessert, and good fellowship. The cost is \$4.50. Special entertainment and menus are featured at the Mardi Gras Party March 5, and the St. Patrick's Party March 15. Transportation is available. Call for information (949) 496-4252.



HAPPY ST. PATRICK'S DAY TO ALL!



May your troubles be less and your blessings be more And nothing but happiness come through your door



# BEACH CURRENTS

## REAL ESTATE REPORT FOR NIGUEL SHORES BY CONNIE MCKIBBAN

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