

June 2018

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Issue 534

YOUR NEW BOARD OF DIRECTORS 2018-2019

Congratulations to our new Niguel Shores Community Association Board of Directors! Shown here (left to right) they are Jeannie Sticher, Suzanne Enis, Art Staudenbaur, Bob Russell, and Dick Kichline.

BOARD OFFICES

President – Jeannie Sticher 1st Vice President – Dick Kichline 2nd Vice President – Art Staudenbaur

Chief Financial Officer – Bob Russell Secretary – Suzanne Enis

BOARD LIAISON POSITIONS

Architecture – Dick Kichline	Landscape – Art Staudenbaur
Communication – Suzanne Enis	Maintenance – Suzanne Enis
Emergency – Bob Russell	Recreation – Suzanne Enis
Finance – Bob Russell	Rules – Bob Russell & Jeannie Sticher
Human Resources – Art Staudenbaur	Traffic & Safety – Suzanne Enis
& Dick Kichline	View Preservation – Dick Kichline

The Board of Directors consists of five Directors who are elected for two year terms. In years ending in even numbers, three Directors are elected. In years ending in odd numbers, two Directors are elected. The Association holds an Annual Meeting of the membership to elect Directors and to conduct Association business. This year, quorum was met prior to 7:00 p.m., so the Annual Meeting was held as scheduled on Tuesday, May 15. There were 503 ballots cast with Jeannie Sticher, Dick Kichline, and Bob Russell elected to two-year terms. The Inspectors of Election report is included with this issue.

A special thank you to retiring Board member Al Glatt for his years of service on the Board, to Bob Borland for also running this year, and to all the homeowners that were in attendance at the Annual Meeting.



The Board of Directors is composed of volunteers who work to uphold the standards of our Niguel Shores Community Association (NSCA). They generously contribute their time and knowledge to help keep Niguel Shores the crown jewel of Dana Point and South Orange County.

As they perform their many duties, the Board and the NSCA seek the following goals:

- Maintain and further develop the Niguel Shores community as a desirable and enjoyable residence for individuals and families of all ages.
- Provide reasonable amenities at reasonable dues with fiscal responsibility for the present and future.
- Create a safe environment through adherence to our by-laws, CC&Rs and rules and regulations that will provide a quality community for our residents.
- Foster open communication among residents, staff, committees, and the Board.

Please note that Board meetings for the coming year will be the 2nd Wednesday of each month with General Session to be held at 6:00 p.m. The new Board welcomes ideas and participation by all members of our community.

TAKE A LOOK INSIDE FOR OUR RESIDENTS' STORIES ABOUT . . .



Shores Graduates

Historical Dana Point

Shores Pets

Visiting The Galapagos

Shores Butterflies



NSCA is not responsible for any work done nor are we recommending any of the advertised companies

NSCA IS PART OF A HOMEOWNER ASSOCIATION - HOW DOES THAT AFFECT YOU AS AN OWNER?

Then you buy a home in Niguel Shores you instantly become a member of a community association. Community associations come with rules that determine everything from the number of pets you can own to what color you can paint your front door. Niguel Shores Community Association (NSCA) is no different.

NSCA, like other associations, was set up by the developer. Once the units were sold, the association was turned over to a volunteer Board of Directors made up of owners in the Association. The Board is responsible for making sure facilities are maintained, assessments are collected, and the rules are enforced.

Whether or not you like the rules that come with community association life, once you have purchased or rented in an association, you are signed on to follow those rules. Being a member of an association ties your fate to your neighbors' in ways that living in a traditional subdivision (without an association) does not.

Rules are designed to protect property values, and 70 percent of the respondents in a recent survey by Community Association Institute (CAI) believe they do, while 26 percent believe they make no difference.

Communities are dependent upon the skills and personalities that residents and Board members bring to the table. Some people are better than others at working with their neighbors, and residents with poor people skills can create problems for everyone, especially if they get on the Board. Disagreements over which rules are required to protect property values often lead to conflicts that can cost residents both time and money unless handled properly.

NSCA is fortunate in having exceptional community harmony and a very positive Association feel. One of the best ways to continue with the harmony of this positive community is to have proper communication between the Board of Directors and the community. As such, our Board regularly holds Resident Round Table sessions and invites the community's input.

Here are some tips from the Community Association Institute regarding how to get along in a homeowner's association:

Know the rules before you move in. Too few prospective residents understand the rules before they buy or rent. It is particularly important to be able to live with policies on pets, parking, assessment collection, rentals, noise and architectural guidelines. Many times people will buy into a homeowner's association without a clue about what they are obligated to do. It is important that a prospective buyer research the details of the association (especially the CC&Rs and other rules) prior to close of escrow. Remember that the rules must be enforced the same for everyone so just because you have lived here for your entire life, that does not give you a pass on following the rules. The Board is required to enforce the rules the same for everyone in the Association.

- Follow proper procedures. Review the rules that have been set up for everything from getting permission to paint your front door, to rental applications, to installing a satellite dish and follow the procedures.
- Go to your neighbor before you go to the Board. The Board is here to make sure the rules and regulations of the development are followed, but if your neighbor's loud music annoys you, talk to your neighbor first before taking your complaint to the HOA Board.
- Volunteer to help your community. It is not always evident from the outside exactly what work the Board of Directors is doing and what issues the community faces. Once you move in, volunteer to help with a project or serve on a committee and possibly serve on the Board at some point. It is great to get involved. Don't wait until you are dissatisfied about something, but be proactive and become part of the decision making process.
- **Try to stay out of court.** In every community there are a few people that think the rules do not apply to them, and some would rather fight than comply. A court battle can be costly, both in money and in emotional turmoil within the community.

And now a few words from your Association Staff:

Happy Father's Day to all the wonderful fathers in Niguel Shores!!



—Marla Miller

INSPECTOR OF ELECTION REPORT NIGUEL SHORES COMMUNITY ASSOCIATION MAY 15, 2018 ANNUAL MEETING

There were 4 candidates running for 3 open seats.

Number of units:9Not eligible to vote:9Quorum needed:4Ballots cast:5Abstentions:9Quorum Only:9	. 0 -80 503 17
1. Bob Borland12. Dick Kichline33. Bob Russell34. Jeannie Sticher4	332 198

Board of Directors Action Summary for May, 2018 is posted on the Niguel Shores website at www.niguelshores.org.

COMMITTEE REPORTS

EMERGENCY PREPAREDNESS

Our BIG priority for June: BE SAFE! Kids out of school, vacation travel, hot sun, beach and ocean fun. So think, SLOW DOWN, use sunscreen, practice water safety. Have FUN, but be vigilant.

Last month we talked about ever increasing Identity Fraud and some safeguards as preventative measures. How about ways to protect your online accounts? As we spend more of out lives digitally connected, we end up creating a bunch of different online accounts. In fact, the average person in the U.S. has as many as 150 online accounts that need passwords—business related, financial, shopping, airlines, vacations, medical and health, social media, music and entertainment—the list goes on.

With vulnerabilities abounding online, protecting your accounts from hacking and identity theft is no longer something to avoid. It is a necessity.

Manage Passwords

To manage your passwords responsibly, follow these tips:

- Aim to use 10-12 characters.
- Combine numbers, symbols, and capital letters within the middle of your password, not the end
- Create new passwords for different accounts.
- Avoid using easily guessed words such as dates, family names, or pet names.
- Protect Online Transactions
- Protect online transactions by doing the following:
- Update your operating software to remove security vulnerabilities.
- Shop on encrypted websites that protect your information through "https" URLs.
- Never use public internet access, which is easy to hack, to make financial transactions.
- Avoid unsolicited offers that prompt you to act fast for a deal.

Secure Your Social Security Numbers

A Social Security number [SSN] is an individual's unique government issued ID. Since SSN's creation in 1936, the number has become the go-to personal identifier used by many companies and organizations. As a result, it is also now a key target for people trying to steal someone's identity. Once someone has your SSN, the ability to do real harm to your financial life compounds.

Here are ways you can secure your Social Security number and safeguard you credit:

DO NOT carry your Social Security card in your wallet.

Memorize the number and put the original card in a SAFE place.

- Report concerns about a compromised Social Security number by calling the Social Security Administration fraud line at 1-877-IDTHEFT or 1 (877) 438-4338. For deaf and hard of hearing callers, call 1 (866) 653-4261.
- NEVER give your Social Security number by phone or online, unless you initiate the call and know the number is legitimate and the site is valid.

Unfortunately I've just scratched the surface on the areas we can all be compromised by the bad guys. They are very sophisticated and have no remorse or second thoughts on taking every last cent you have if they can get away with it. Be on guard.

Next month: MANAGING YOUR CREDIT CARDS. —Kent Wellbrock

TRAFFIC AND SAFETY

Lock Your Vehicles

I am sure that it has happened, but in the last seven years or so I haven't heard of a thief breaking into a *locked* vehicle to steal anything. When thefts have occurred here in the Shores, the cars and trucks have been left on the street or driveway *unlocked*—as our deputy sheriffs remind us via their main crime prevention program, "Lock It or Lose It."

Off Hour Call-Ins

Every day there are taxi-type vehicles arriving at the Mariner gate to pick up someone and transport them to a particular place such as an airport or a special appointment. Most folks utilizing these transportation services alert the patrol officer at the gate and the Uber, taxi, or Lyft driver either picks up their passenger at the gate or is directed to the proper residence. This system almost always works well.

Unfortunately, there are exceptions to even the best of plans. During the extra quiet hours just after midnight there are very few, if any, non-resident vehicles that attempt to enter through the gate. As a practical matter, the guard is assigned to perform patrol responsibilities through out the community. If, during this period, a vehicle without an appropriate bar code approaches the gate and wishes to enter, there are directions clearly posted directing the visitor to access the speaker a few feet away and speak with Securitas personnel. If appropriate, the guard will return to the gate house and either admit the driver or provide appropriate guidance. Normally this system is very effective, but a surprising number of professional drivers don't see the sign or speaker. The consequence is that the driver leaves

COMMITTEE REPORTS

and someone misses a timely ride to their flight or appointment.

Staff, while investigating one such incident, reviewed the video and noted that the Uber driver, upon seeing no guard on post, got out of his car and looked into the guard house. He apparently didn't see the clearly posted sign that was several inches from his nose and drove away.



Gate House instructions for after-hours call to patrol on duty.

To preclude taking a chance of missing an important connection, during the hours after midnight, please notify the transportation provider of the directions on the gate guard door, and the speaker on a pole next to the door. An alternative is to meet the driver at the gate. Either one will ensure that you make your connections in a smooth and timely manner.

-God Bless . . . Tim Murphy

RECREATION COMMITTEE

Hello Neighbors! We're starting summer off with some fun events, but before we tell you all about our upcoming activities, there are a couple of team members we would like to thank. Cinco de Mayo Night was a great success and thank you to Rhonda Dunlevie for chairing this event. Another thank you to Chris Zoch for chairing the Memorial Day BBQ and setting everything up for us. You rock! Be sure to check the Niguel Shores website www.niguelshores. org for photos from both nights.

Upcoming Events:

In N Out Night – Saturday, June 9 from 6:00 to 8:00 p.m. Purchase your tickets at the NSCA Office for \$10 each. You have your choice of a burger, cheese burger or grilled cheese with chips and a drink. We will also have a rocking DJ at this event.

July 4th Celebration – All Day – Come and enjoy the activities on Independence Day. One of our most fun and best attended events of the year. I love how the Community comes together to celebrate this day. Be sure to sign up in the NSCA office between June 22 to July 3 to participate

in the decorating contest for Golf Carts, Bikes, Trikes and Wagons. The decorating will be judged during the neighborhood parade.

Let's have a fun summer!

-Maria Elena Banks

WEBSITE

I bet you are noticing it as well: Our community has begun shifting into summer mode. All of a sudden we are seeing lots more surf and paddle boards



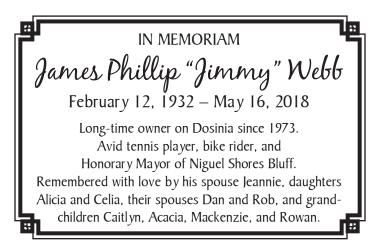
on top of residents' cars, lots more bikes and skateboards, and, of course, many more golf carts polished up and ready to cruise the neighborhood or looking for parking spots at the Bluff on a busy Friday or Saturday evening. So get ready because summertime is here in Niguel Shores.

What does this mean for our community residents? Lots more guests and parties, lots more cars and kids out and about, and lots more reasons to keep up to date on community events. One quick way to stay informed is to check out our Niguel Shores website. By logging on to *www.niguelshores. org,* you will find out about all the social activities for both kids and adults happening here in Niguel Shores, as well as in our surrounding communities.

The website is updated daily with Association announcements, news of our clubs, and comments from residents. You can also view current or past issues of our monthly *Seashore News*. There are phone numbers to call for sheriff, fire, and city services; a beach and weather report; and links to local organizations. You can even log in your guests at the gate when they are coming to enjoy summer events with you.

So, as you make your summer plans, be sure to check out our website *www.niguelshores.org* where you can fully enjoy the sights and sounds summertime here in the Shores.

—Patti Staudenbaur



CLUBS

WOMEN'S CLUB

Pastel spring flowers decorated the tables at our monthly luncheon on Thursday, May 10 at the Niguel Shores Clubhouse. President Lydia Reese welcomed three new members, Judi Palladino, Teresa Potter and Susan Imbriale, and presented each with a yellow rose.

Ginny Nevitt, who chaired last month's Home Tour and Luncheon, thanked her committee for their hard work on this very successful event. The whole Club thanks Ginny and the Home Tour Committee for the many hours they put into this huge effort which was enjoyed by so many! The Women's Club also extends our appreciation to the six generous homeowners who opened their unique homes for the tour. A portion of the tour proceeds will be donated to local charities.

The Women's Club slate of officers for the 2018-2019 year was presented at the luncheon meeting and voted upon. Our new officers are Terry Link, President; Christy Manetta and Jennifer Hochstadter, Co-Vice Presidents; Catherine Bitran, Secretary; and Cathy Tyson, Treasurer. Congratulations, Ladies!

Following lunch, Councilwoman Debra Lewis, the former Mayor of Dana Point, updated us on the recent changes to Dana Point's redistricting for the election of the



New Women's Club members receive a yellow rose.

Mayor and City Council. There will be five districts, each represented by an elected city councilor, and the councilors will then select the mayor. More information on this matter can be found at *www.danapoint.org*.

Next month brings our year to a close with the annual June Tea on Thursday, June 14. This promises to be a very special afternoon with savories, sweets and all the delights of an English tea. Don't forget to pay your dues of \$15 to be included in our Women's Club Directory which will be printed this summer.

If you are interested in attending our luncheons or becoming a club member, please contact Barbara Goffman at *barbgoffman@cox.net* for details.

-Nadine Allen



MEN'S CLUB

Red roses, round dining tables, pretty faces, a meal of bacon, sausage, eggs, fruit, and rolls—and an eloquent presentation by architect Alan Hess. CW, Jack Christiansen, and the Clark team hit a grand slam for our first meeting after Mother's Day honoring mothers, SO's, widows, wives, and spice. Architect Alan Hess, an architect, author, lecturer and advocate for preservation of 20th century Southern California architecture, led us through significant local finds. Architecture in Orange County—is there any? Of course. It's solid modernism, sometimes disappearing. Hess noted that replacement may be okay, but we should

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look for replacement with something better and not replace flourishes and style with blank boxes. Washington's Mount Vernon home in Virginia illustrates how revival and recovery from decay and ruins in 1850 turned the estate into a current historical treasure. In Orange County, our premier historical monument is the Mission at San Juan Capistrano and its basilica ruins. Santa Ana has the old courthouse now repurposed as a museum across the street from the Howe-Waffle House. The City of Orange has a downtown preservation district, adding to the current economic vitality of the city. Hess's presentation included a litany of noted names in our architecture with slides of their contributions.

Hess pointed out advantages derived from master planning, including parkway landscaping and repurposing architectural masterpieces like Philip Johnson's Crystal Cathedral, created for Pastor Robert Schuller, which has been restated as Christ Cathedral, Catholic Diocese of Orange Pastoral Center. And he reminded us that we cannot leave postmodern Orange County architecture without mentioning Disneyland.

Bob Borland updated us on the three Men's Club scholarship winners, who will be present at our next meeting. The Del Mar outing will offer winners and winner tips, departing at noon on August 9. There will be no meeting on June 5 so that we can vote in the California Primary. As we used to say in Philadelphia: Vote early and vote often!

The next meeting will be on June 19 with a special breakfast by the new Russell and Dohner team. The Enger team elves will continue to serve at this breakfast under the new leadership. At the June meeting we expect to hear from

A Special Day for Dads

F ather's Day in the United States started because a young woman wanted to thank her father for all he had done raising his family as a single parent. Credit for originating the holiday goes to Sonora Smart Dodd of Spokane, Washington, whose father William Smart, a Civil War veteran, brought up his six children alone after their mother died in childbirth. Wanting to honor him, Sonora came up with the idea of a day for fathers while listening to a church sermon in 1909 on Mother's Day, which was newly popular throughout the country. Local leaders in Spokane supported Sonora's idea of honoring fathers, and she worked toward establishing the celebration on June 5, her father's birthday. However, preparations could not be completed in time. Instead, the first Father's Day was celebrated two weeks later on June 19, 1910. In 1924 President Coolidge gave his support to the observance, and in 1966 President Johnson officially proclaimed Father's Day as a national holiday. Observance on the third Sunday of June was established by law in 1972. Today, Father's Day is a time of remembrance and thanks for the fathers and father-figures who have watched over us through our lives.

-Information found at www.britannica.com/topic/Fathers-Day

the District Attorney candidates. If my facts are correct, the July 3 meeting will be held on July 4 as the community pancake breakfast, again led by Russell and Dohner. After July 4, we resume our regular irregular schedule with lots and lots of candidates making their pitches.

-Robert Saint-Aubin

GARDEN CLUB

The last Garden Club meeting before our summer break is on Monday, June 18. Our group will meet at the Beach Bluff for our annual BBQ and Potluck. We plan to enjoy the delicious food brought by our members and hamburgers provided by the club and expertly grilled by Bob Borland. We will also take this opportunity to install officers for the 2018-2019 club year and give our sincere thanks to those officers moving on.

If you have not paid your dues for the 2018-2019 club year, please bring a check made out to yours truly – OOPS! – I mean to the Niguel Shores Garden Club.

Have a great summer in your gardens where you can sit, sip a refreshing mint julep or whatever you fancy, and admire the gardening efforts you put in throughout the year. —Karl Kuhn



ACTIVITIES

PAGE TURNERS

On June 21 Page Turners will hold their semi-annual joint meeting. The Monday and Thursday afternoon groups get together in June and December to socialize, enjoy a "blind" book exchange, and generally have fun and refreshments. The much anticipated list of nine books that the groups will read in the 2018/2019 year will also be revealed! Members submitted a list of approximately 36 titles and then voted for their favorites, which are the nine books we will be reading in the upcoming year.

Also at the June meeting we will be discussing *The Boy Who Harnessed the Wind* (published in 2009), written by William Kamkwamba together with journalist Bryan Mealer. It is the story of William's young life in Malawi and how his fascination with science brought him at the age of 14 to build a primitive windmill that provided his poverty stricken family with limited electricity. The book describes the individual belief that he could improve the living conditions of his family and ultimately his community by bringing electricity and running water to them by means of his scientific study and resulting inventions.

For information on Page Turners Thursday group please contact Ann and Steve Morris at samwrsi@cox.net and for the Monday afternoon group email Frances at fozimec@cox.net.

-Frances Ozimec

-Norton Schwartz

REALLY SERIOUS BOOK CLUB

Mary Crowl hosted the May meeting of the Really Serious Book Club where the members reviewed *Everybody Lies*— *Big Data and How It Can Tell Us Who We Really Are,* written by Seth Davidowitz. People may lie when they respond to surveys, but there are ways to analyze attitudes and beliefs through analysis of social media like Facebook and repeated searches on the internet that tell us how Americans really feel about sex, homosexuality, and racial prejudice. There are also analysis techniques to predict winning race horses and political trends. While the members thought the book was thoughtful and intriguing, they concluded that some methods were vulnerable to random correlations.

If you would like to come to one of our book club meetings, contact Norton Schwartz at nortlynne@cox.net. The June meeting will encounter the book *Evicted* by Matthew Desmond.

LIBRARY

The following is a list of Dana Point Library programs and events for June, 2018. All events are free and held in the Community Room unless otherwise noted. Walk-ins are welcome.

CHILDREN:

1,000 Books Before Kindergarten – Read books to your child, earn prizes, and ready them for school. Sign-up for a reading log and book bag. This is a year round program.

Bilingual Storytime – Saturday, June 2, 11:00 a.m. to noon. *Ven a LEER conmigo!* Come READ with me! Family storytime in Spanish and English. Join us for stories, songs, and crafts.

Read to a Dog – First Wednesday, 3:00 to 4:00 p.m. For beginning readers. These special therapy dogs love listening to stories. Held in the children's area.

Sunshine Readers Storytime – Tuesday, June 12, 19, and 26, 11:30 a.m. Children of all ages with a parent or caregiver will love the high energy and antics of the Sunshine Readers. Presented by the National Charity League's Sunshine Readers.

Lego Club – Wednesday, June 13, 3:00 to 4:00 p.m. Design, build, and create. Lego bricks provided. All ages welcome.

Family Movie: Paddington 2 – Thursday, June 14, 1:00 to 3:00 p.m. Paddington Bear tries to buy an antique book for his aunt's 100th birthday, but his quest brings him into conflict with an unscrupulous actor who also wants the book. Rated PG. Generously sponsored by the Friends of the Dana Point Library.

Family Game Night – Monday, June 18, 5:30 to 7:00 p.m. A fun family night out! Join the fun—drop in anytime for all your favorite games.

Buster Balloon Show – Wednesday, June 20, 11:00 a.m. to noon. Comedy, magic, and balloon creations.

Preschool/Toddler Dance Party – Thursday, June 21, 11:00 a.m. to noon. Dance your sillies out to groovy tunes! Bring your energy for 30 minutes of rocking' and movin' followed by a quick craft. For kids ages 6 and under and their favorite grownups.

STEAMPORT – Saturday, June 23 and 30, 11:00 a.m. Science, technology, engineering, arts, and math for kids. Explore different STEAM topics through hands-on activities. Seating is limited to the first 15 kids in grades 1 thru 6—first come, first seated.

PJ Storytime – Monday, June 25, 5:30 p.m. The whole family is welcome to join us for an evening of stories. Wearing pajamas is encouraged. A cookie and water will be served. Hosted by the NCL Laguna Sunshine Readers

Pokémon Party – Tuesday, June 26, 3:00 to 4:00 p.m. Join us for an afternoon of crafts and activities based on Pokémon characters, plus a library-wide scavenger hunt.

Ina, the Sunshine Storyteller – Wednesday, June 27, 11:00 a.m. Enjoy stories from around the world. Tickets are free but are required. Please arrive 15 minutes prior to show to receive a ticket. Space is limited to the first 70 people. Parking passes for Salt Creek Beach are available for performance days. Ask at the Service Desk. Generously sponsored by the Friends of the Dana Point Library.

Superhero Camp – Thursday, June 28, 2:00 to 3:00 p.m. Girls and boys, what is your favorite super power? Put it to the test with an afternoon of super crafts and activities. This is a family program for superheroes of all ages.

ADULT

Coloring Club – Every Friday, 10:00 to noon. Bring out your inner artist while surrounded by books and good company. All materials provided. Held at the adult tables.

Learn Basic Computer Skills – First three Tuesdays, 9:00 to 10:00 a.m. Learn basic computer skills with a free, three-part, hands-on class. Learn vocabulary, using a mouse, email and internet. Call (949) 496-5517 or visit the library to register.

English Class – Monday, June 18 and 25, 1:00 p.m. and Friday, June 22 and 29, 11:00 a.m. and 1:00 p.m. Learn to read, write and speak English. Register at *esl.danapt@gmail.com*.

The Memory Club: Brain Boosters Educational Class – First Thursday, 10:30 a.m. to Noon. Learn about memory, aging, and dementia. Group discussions and humor included.

Write On! Writer's Group – First and third Tuesdays, 5:00 to 7:00 p.m. If you have ever thought of writing, we invite you to share your work and improve your craft through peer review.

Gentle Readers Book Club – Second Thursday, 10:30 a.m. to Noon. For those interested in optimistic but provocative books without the graphic content. Copies of *The Corsican Caper* by Peter Mayle are available at the service desk.

Foreign Film – Fourth Sunday, 2:00 to 4:00 p.m. This month's selection is *In Between*, a 2016 Israeli release. "Three strong and independent-minded Palestinian women share an apartment in Tel Aviv. A shocking series of events will push these women to the limit and change their lives."

Seaside Book Club – Fourth Monday, 10:30 a.m. to noon. Copies of *Killers of the Flower Moon* by David Grann are available at the service desk.

—Karla Sanders

MEET YOUR NEIGHBOR

Meet Your Neighbor AND Learn More About the Western Monarch Butterfly!

ynn and Craig Bushnell moved to Niguel Shores three years ago from El Niguel Heights. They had been looking in the Shores for ten years until they found their present home on Dosinia Drive. After raising their two children and becoming empty nesters, they decided to downsize and live closer to the beach.

Both Lynn and Craig were born and raised in Southern California and attended San Diego State. They have been married for thirty years and, because of corporate relocation, have lived in Colorado, Oregon and Tokyo! Their son Jack, a graduate of the University of Oregon, lives in Irvine and works in pharmacy sales. Their daughter Cloe, a graduate of Colgate University, lives in Boulder and works as a Production Director at an energy company. The Bushnells are happily preparing for Cloe's wedding in October!

Craig works with medical device startups and Lynn, now enjoying retirement, spent twelve years as a yoga teacher and director at Yoga Works. Lynn volunteers on the NSCA Architecture and View Preservation Committees, and Craig is happy to support his wife's endeavors. They have two King Charles Cavalier rescue dogs and love being a part of "Mayberry at the Beach" where friendliness abounds! They love the bluff, the beach and, of course, the July Fourth celebrations. You may remember their "Donut Golf Cart" was a winner last year!

Lynn has always enjoyed gardening and is a self-taught advocate and expert on the regal monarch butterflies. Lynn's garden is a thoughtfully choreographed habitat for the migrating monarchs. She even drives to Encinitas to the Butterfly Farm to purchase varieties of milkweed (the only host plant for the monarch caterpillar) and special organic soil. Lynn also nurtures the butterflies by providing indoor habitats for the egg laden



The Bushnell Family (left to right): Jack, Lynn, Cloe, and Craig



Lynn's monarch butterflies



The Bushnell's prize winning "Donut Cart" on 4th of July.

milkweed leaves, enabling them to safely go through the metamorphosis.

Since the monarch caterpillars only eat one type of plant, the leaves of the milkweed, Lynn grows several varieties of these throughout her garden. She also has many types of nectar plants for the adult butterflies to feed upon.

Fun facts about the Western Monarchs:

- Monarchs west of the Rockies overwinter in California along the coast, and are well known for their longdistance seasonal migration. Tourists gather to see thousands of monarchs clustered in groves of "butterfly trees" to hibernate until spring.
- Amazingly, it takes four or five generations to complete the annual migration. Hence, it is still a mystery how they travel each year in the right direction to find the same fields where their parents summered.
- Milkweed is the only plant monarch caterpillars eat to grow and develop into adults. As a natural protection, that food is their defense, making them foul tasting.
- There has been a 95% decline of the Western Monarchs since 1980.
- Birds and humans are predators.

What can we do to help the monarchs flourish?

- Plant native milkweed.
- Plant native flowers. Monarchs need nectar for energy to migrate, breed and overwinter.
- Avoid using insecticides and herbicides.
- Support the Xerces Society's monarch conservation efforts.

Special thanks to Lynn and Craig for sharing their "Secret Butterfly Garden" right here in Niguel Shores, and for encouraging us to plant milkweed in our gardens to host these beautiful creatures! —*Michelle Ralph*

SPORTS

WOMEN'S GOLF

The Niguel Shores lady golfers met on May 14 at The Ranch in Laguna Beach with just three golfers heading out to play – Irene McDonald, Judy Boitano, and Catriona Sigsby. The weather was gorgeous and there were even a few deer roaming the fairways! Each golfer played her own ball, with these results: Catriona, low gross score; Judy, longest drive on hole #9; Irene, low net score. Congratulations! The turnout for the luncheon following golf was much better attended, with eight of the ladies present.

The next golf outing will be Monday, June 11 at 9 a.m. All levels of golfers welcome and are encouraged to join us! Please contact Irene McDonald to sign up at (949) 481-3035. —Julie Patton

A LITTLE HUMOR UNTIL OUR NEXT MEETING: Wife: I just don't understand the attraction golf holds for men. Friend: TELL me about it! I went golfing with my husband one time, and he said I asked too many questions! Wife: Well, I'm sure you were just trying to understand the game. What questions did you ask? Friend: I thought I asked legitimate questions . . . like, "Why did you hit the ball into that lake?"

MEN'S GOLF

May brought us some great golf with good weather and excellent course conditions. We had our Tuesday outings at San Juan Hills, Talega, Tijeras Creek, and finished off the month at Arroyo Trabuco.

Our schedule for June:

June 5 at Talega June 12 at Oak Creek June 19 at San Juan Hills June 26 at Tijeras Creek

-Bob Russell

GOLFING TRUTHS

The difference in golf and government is that in golf you can't improve your lie. —*George Deukmejian*

Golf is played by twenty million mature American men whose wives think they are out having fun. —*Jim Bishop*

The only time my prayers are never answered is on the golf course. —*Billy Graham*

FAMILY FUN SPORTS - A NEW SOCCER VENUE

With so many youngsters and adults playing recreational soccer and large numbers of fans who enjoy the professional game, crowds gather regularly in our area for matches at neighborhood parks and playgrounds as well as larger venues like the Great Park Soccer Complex in Irvine, Titan Field in Fullerton, and the SoCal Sports Complex in Oceanside. Farther north in Los Angeles, soccer fans have long attended matches at the Coliseum, McAlister Field and, more recently, *LA Galaxy* games at the StubHub Center in Carson. But now Los Angeles can boast of a stadium specifically built for Major League Soccer matches—the first outdoor arena to be built in Los Angeles since Dodger Stadium in 1962.

The \$350 million Banc of California Stadium opened in April on the site of the former Los Angeles Sports Arena. The 22,000-seat, eco-friendly stadium has public open space, bicycle paths, EV charging stations, glare and heat proof overhead shading, and refreshing water features. There are luxury lounges, party suites, loge boxes, club seats, and even a low-price standing section. Those needing refreshments will find more than a dozen must-try food carts and big-name



New soccer stadium opens in L.A.

restaurants featuring international fare along with local favorites. If your family likes soccer, you might enjoy an outing to this new field designed for the *LA Football Club* as a "stadium for the future."

A note to local youth soccer fans: Dana Point/San Juan Region 87 American Youth Soccer Organization (AYSO) is now registering through June 9 for Fall 2018. There are agespecific teams for ages 4 to 18. See *www.ayso87.org* for details. —Sandy Homicz

HISTORICAL DANA POINT

High on a Lonely Hill . . . The Oldest House in Dana Point

If you lived in the oldest house in Dana Point as the original owner, you would now have been there 104 years. When first built in 1914, it was the only house in what is now Dana Point, alone on a wind-swept barren hill with a panoramic view of the ocean in front and mountains behind. That home is the famous Dolph Mansion (Dolph House), located on a small street called Capistrano by the Sea at the top of Village Road off Del Obispo. It has a long and interesting history.

A wealthy, adventurous lady named Blanche Dolph, whose family had discovered coal on its property in Scranton, Pennsylvania, traveled many times out to California. Eventually, she and her sister Florence both settled here, the sister in Los Angeles and Blanche in this unincorporated area of Orange County where she built her dream home on the aforementioned hill. There was a small farming community in the valley below along San Juan Creek, and close by was San Juan Capistrano, one of the oldest towns in California.

Blanche had first seen the area in 1889 and chose the site of her retirement home for its beautiful views in all directions. "The Dolphin," as Blanche named the 6,600 square foot house, had six bedrooms, a skylighted music room, and a staircase of Honduran mahogany. Designed in a combination of Mediterranean and Prairie styles, the home sat on ten acres that Blanche transformed from bare land into lawns, flower and vegetable gardens, and an orchard.

Blanche was an accomplished musician who enjoyed entertaining musicians, friends and artists from nearby Laguna Beach. She also is reported to have crossed the country sixty times including, in 1917, "motoring" with her secretary and friend, Lucilla McCaughey, across the entire U.S. Among her many travels were missionary trips to China and India, which had to be quite an adventure for a



The Dolph House in 1914 and after 2004 renovation. *Photos: Dana Point Historical Society.*

single lady in the early 1900s.

After Blanche's death in 1936, Lucilla remained in the house until her own death in 1945. In 1953 the property was purchased by Dr. Harold Day, a psychiatrist, who made his home there and, with new outbuildings, opened the Capistranoby-the Sea Hospital that was in operation until 1996. After that, the house sat empty until a developer, Fred Kiko, bought it in 2004 with a plan to restore and sell it. Architect Kevin Love oversaw the restoration which kept the basic layout, modernized the infrastructure, and added a pool, pool house, and large garage with staff quarters above. Mr. Kiko sold the house at auction in 2006 for \$5,145,000, well below the assessed value. It was purchased by a family that own it still.

Today the home is surrounded by the Bal Harbor Development and has lost its broad views, with only a view of the coastline to the south from the upstairs master suite. The house is surrounded by a wall, but its top is visible; and, if the gate is open, you can have a peek inside at Dana Point's oldest home. —*Mary Crowl*

Del Prado and the Lantern District

In 1923, almost 900 acres were set aside around today's Del Prado area for a planned town, with a scenic overlook constructed at the end of what is now Blue Lantern to showcase the ocean views. Later, "Hollywoodland" developer Sydney Woodruff acquired the acreage, as well as 500 additional acres to the south, and the Roosevelt Coast Highway was completed.



Historic postcard showing a hotel where Jack's stands today.

Woodruff promoted the new town as Dana Point, a combination of the romance of the past with modern amenities such as underground utilities and colored street lanterns that recalled coastal lore about lanterns illuminating the coastline for ships traveling offshore at night. This area, originally the center of Dana Point business, is known today as the Lantern District.

(Continued on page 16)



CUISINE CORNER

Boneyard Beach Café 25300 Dana Point Harbor Dr.

Bill Johnson, who is a local poet, golfer, sportsman, raconteur, and bon vivant, suggested that we give the Boneyard Café at Doheny Beach a try for a pleasant and unique dining experience. He warned that the food was very good, but cautioned that it was "beach fare." Despite this, he said when combined with the overall ambiance and maybe a refreshing beverage, everyone should have an enjoyable time.

My wife and I took Bill's advice and as we entered the state beach parking lot we found that the café was located right on the sand not far from the surf. Umbrella covered tables are cordoned off in a choice area for customers, ensuring everyone a good ocean view. Friendly, cheerful servers greet and direct patrons to each table. The menu is relatively extensive when compared to choices at other beach shack grills. The Boneyard Café offers breakfasts and, of course, a variety of salads, sandwiches, burgers, what I call nachos, a host of gourmet fries, and ice creams.

On the two occasions we visited there, it was approximately noon and they were still serving breakfast. The breakfast burrito and the breakfast bowl were each more than one person could handle and were filled with quality properly cooked products. The bacon alone gave it away as it was clearly top quality applewood smoked and normally the type served only in the best restaurants. Southern biscuits were as good as you can get. Several people warned us to stay away from the biscuit BLTA (BLT with avocado). The admonition was actually, "If you eat one you will have to get one every time you go there." They were right.

The chili fries with black bean chili was extra good and made with top homemade ingredients. Actually, everything we tried tasted freshly made and not from a can, unlike most beach shack places. (Continued on page 16)

Wellness... More Protein?

While shopping at Costco I was checking out their variety of nuts (the crunchy ones in bags that are great for snacks, not the shoppers) and I saw a young man selecting a very large container of protein powder. As he headed towards the checkout area with his soon-to-be purchase, I was reminded of how many nutritional products are out there touting high quality protein and how we're told that we allegedly need them. Powders, bars, gels, whey protein, soy protein and more! Protein is vital for maintaining our health, from the cellular level to all our bodily systems, but do we really need all that additional protein?

The truth is, with our Western diet, we Americans currently take in almost two times the amount of protein that we need every day, and most of it comes from animal products like meat and dairy. Our daily intake of protein should comprise 10 to 35% of the calories that we consume with the Recommended Daily Allowance (RDA) of protein being 0.8 grams per kilogram of body weight. In other words, body weight in pounds x 0.36 = grams of protein needed per day. This will calculate your protein needs. So, a 130-pound



woman would need about 47 grams of protein daily. Pregnant women and those that are breastfeeding will need more, as will very serious athletes. In contrast, the athletically inclined or "weekend warrior" types are generally good with the RDA.

There are some reasons, and these are just a few, for concern about a high protein intake. If you have reduced kidney function, a high protein diet can worsen the situation as your kidneys will have to filter the increased amount of waste products of protein synthesis. Many people are unaware that they have reduced kidney function and extra protein could be harmful. Protein metabolism also increases the acid load on our bodies resulting in calcium being removed from bones to neutralize it. Protein doesn't cause osteoporosis, but this acidic environment can play into the process. Also, when much of our diet is made up of animal protein with a good portion coming from red meat, this can set the stage for various cancers to move in. Animal fat in meat, and especially red meat, can increase our risk of colon cancer, not to mention heart disease. And if you're considering temporarily going on a high protein diet for weight loss, be sure that you see your doctor before getting started.

I don't know what result the young man at Costco buying the protein powder was hoping for, but many are looking for bigger muscles (like body builders), better athletic performance, or maybe even weight gain if they struggle with that. Another approach would be to eat more healthy calories adding some nuts, seeds, legumes, and tofu to your diet, participate in aerobic exercise and resistance training, and perhaps just leave the protein powder on the shelf, with the nuts!

To Your Health! Sharon Stewart RN, Health Coach, Sharon@TakeShapeWithSharon.com



Celebrating Our Graduates

T his is the time of year we take the opportunity to recognize our graduates. Whether it is earning a high school diploma or completing a college degree, June is the month for celebrating our students and their achievements. In this issue, we are recognizing five Niguel Shores' graduates. Read a little about each of them here.

STEPHANIE DESANTIS is earning her Bachelor of Science degree in Civil Engineering from the University of California Irvine. Stephanie attended Dana Hills High School, then went on to Saddleback College and transferred to UCI to their School of Engineering. Stephanie is currently working on an internship in Civil Engineering with Cal Trans. She and her family will be celebrating Stephanie's accomplishments on June 16 at the Bren Center at UCI. Congratulations to Stephanie and her Mom Maribeth.

HUGH FITZMAURICE is also a former Dana Hills High School student. Hugh graduated with honors from Dana Hills and then went on to attend University of California Berkeley. Hugh and his family celebrated his graduation up in Berkeley on May 12. Congratulations to the Fitzmaurice family and best of luck to Hugh! **PAYTON TOMPKINS** will graduate from Sacred Heart Academy in La Canada. Payton is a member of the National Honor Society, a school Ambassador, belongs to Mu Alpha Theta, as well as being involved in the Amnesty Club and the Animal Club at Sacred Heart. Upon graduation, Payton will be attending Texas Christian University where she will major in communications and minor in business. Best wishes to you, Payton!

CAROLINE and ALLY MEREDITH were born and raised here in Niguel Shores and this year they are celebrating their graduation from high school. Unlike most twins, however, the girls took different paths in high school and now do the same as they head off to college. Caroline attended the Orange County School of the Arts in Santa Ana. She plans to leave Niguel Shores, Orange County, and even California, and head to New York University this fall.

Ally, on the other hand, stayed closer to home and attended Dana Hills High School for the last four years. Upon graduation, Ally will be heading up north to Cal Poly San Luis Obispo. Congratulations to Ally and Caroline and their parents, Susan and Mike.

—Patti Staudenbaur



TRAVEL TALK

The Delights of the Galapagos

The Galapagos Islands are tiny tips of undersea volcanic mountains thrust upward millions of years ago. As a result of this remote activity hundreds of miles from the mainland of Ecuador in South America, the Galapagos have been isolated since their origins. This includes any organic life—plant or animal—that we see today on any of the dozen islands there. So it's no surprise that there are unusual animals not found anywhere else in the world. No wonder that Charles Darwin's visit in 1835 inspired him to consider the idea of evolution, given that he observed unique

species in such an isolated location.

Our own recent visit came 183 years after Darwin, when we flew from Quito in Ecuador for an hour and a half to the island of San Cristobal and returned a week later from the tiny island of Baltra. None of the islands are far from one another. The temperature in January was about 80 degrees.

We are pleased to report we did not book

any tour to the Galapagos. Most unknowing tourists pay thousands of dollars for such a trip, which usually includes hotels and air or boat transportation. We easily booked our own flight tickets online as well as our hotels. Going from one island to



Galapagos Tortoise

another (we went to four) is very easy by small ferry boats. Ticket offices are usually at the port.

On the flight, attendants sprayed the overhead bins with an insecticide to reduce the chance of foreign insects. At the airport in Galapagos, we stepped on a wet mat to clean the soles of our shoes. There is a cost of US \$10 for the Ingala Transit Card plus a National Park entry fee of US \$100 for non-residents of Ecuador.

On the islands, the main treats are the giant tortoises some weighing hundreds of pounds—that can live up to a hundred years or more. Also prevalent are giant dinosaurlike iguanas four feet long that look ugly and reptilian, but are mostly harmless and indifferent to humans. A unique species is the blue-footed boobie bird, looking much like a sea gull but with very blue feet. And, of course, there are the famous numerous species of finches that Darwin observed with variations in the shapes of their beaks. One day we donned wet suits and went on a day trip by boat with a guide to see huge sea turtles (some with shells three feet in diameter). These huge creatures are mostly indifferent to the humans who splash and snorkel around them. One came within inches of my face mask before wandering off. White-tip sharks, some about 12 feet long, sleep on the sandy bottom of lagoons during the day, much to our relief. A special delight was viewing a few live seahorses among underwater mangrove



roots. The ones we saw were about six or eight inches long. Apparently they don't travel far, as our guide knew just where to find them.

Another day we visited the Darwin Research Center on Santa Cruz Island where much of their research is aimed at tortoise and iguana protection

Marine Iguana

and re-population. They also work to protect the islands' finches from predators such as rats, snakes and mosquitoes that infect the birds with diseases.

Overall, the trip to Galapagos was a winner. On these bleak volcanic islands with very ragged rocks, wild plants, and mangrove jungles, we enjoyed tours to the inland and to the underwater den of countless sea life. There were the charming third-

world towns and the usual souvenir shops. The towns had waterfront walkways, new mansions and old wooden hovels, comfortable hotel accommodations, friendly Spanish-English speaking natives. WiFi was spotty. There are very few cars but numerous white pick-up truck taxis running every which way. Needless to say, there are active fishing ports and lots of fishing boats coming and going. The dockside fish butcheries are populated with pelicans waiting to grab some fish bits while ruthless black frigate birds sweep down to the cutting tables to steal pieces of seafood as the women butchers swat them away.

One of the best parts of the trip was doing it on our own with no expensive group tour. The week cost less than fifteen hundred dollars per person including airfare, hotels, tours and food (vs three to five thousand for a commercial tour). A great place and a great price.

-Richard Ammon





This handsome lad is RANGER, a member of the Carey family. He is a Mini Aussie Shepherd with a wagging tail that is one of his best features. Ranger is almost a year and a half. He just lives to run, fetch, play tug of war, and romp with all dogs. He's very energetic by day but calm and loving by night. His family says you would enjoy meeting him.



Here is sweet ZOE Clark. Her family writes, "Zoe came into our lives in 2007. She was rescued by Cuddily Canines. She was found pregnant in a Riverside shelter. We met her after she delivered her puppies. She brings us joy on a daily basis!"

Meet Jane Coloccia's adorable Maltese SOPHIE, who will be 14 years young in July. She's originally from New Jersey, but moved to Niguel Shores about three years ago. Jane says Sophie didn't mind trading in walks in the snow for walks throughout our community's beautifully landscaped grounds. She loves meeting all the other dog residents here.





This cat with the beautiful eyes is CLEO Griffitts. She loves playing with her rabbit Ollie, hunting lizards, and lying in the sun.



Say hello to SLATER, the puppy who stole our hearts recently at Cinco de Mayo Taco Night down on the Bluff.

MELISSA Gravely loves people and playing with her squeezer toys. She moved to Niguel Shores three years ago after living with an aunt in a retirement home in

Scottsdale. She is a Lhasa Apso who loves the ocean.



IF YOU'D LIKE US TO FEATURE YOUR SPECIAL PET IN A FUTURE ISSUE, EMAIL YOUR PHOTOS AND INFORMATION TO SEASHORENEWS@HOTMAIL.COM.

BELLA Nevitt is out for a walk among the flowers. Bella is a fluffy white Bichon Frise who adores all people and other pets —tortoises and rabbits included.



CUISINE CORNER CONT. FROM PAGE 12

The Boneyard serves a wide range of coffees along with sparkling waters and juices. Their wine and beer list is lengthy and they also offer a half dozen mixed wine drinks. According to the café's web site this is the only state beach that allows drinking alcoholic beverages.

Sitting beneath palm trees at just yards from the surf and drinking a beverage of choice while waiting for the sun to set just beyond the crashing waves is quite a temptation. That may be why the tables start filling up at about 4 p.m. The staff cautions that arriving after that time may result in a wait for a table.

As of Memorial Day the Boneyard Café will be open from 10 a.m. until 8 p.m. through summer. Parking is about \$6. —*Tim Murphy*

DEL PRADO AND THE LANTERN DISTRICT CONT. FROM PAGE 11

In those early years, the Blue Lantern Fountain Lunch provided services for travelers who came on the long, dusty drive from Los Angeles to view properties for sale. The Woodruff Auditorium, on the corner of Golden Lantern and Coast Highway, was a gathering spot for prospective buyers.

The historic buildings pictured here are now nearing their hundred year mark. They add authentic history and charm to the Lantern District, where new structures and streetscape improvements are forming a new kind of gathering place for the twenty-first century.

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The Blue Lantern Fountain Lunch, an early eatery, is now Coastal Kitchen.

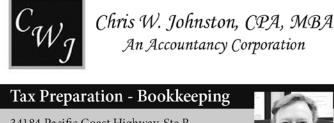


Woodruff Auditorium, one of the city's first buildings, is the present site of Still Water.



The 1920s Roosevelt Coast Highway, later renamed Pacific Coast Highway, passes by Woodruff Auditorium.

Note: This article is abridged from a longer version at http:// dplanterndistrict.com/dp-lantern-district-history/ The historic photos are from the archives of the Dana Point Historical Society. —Sandy Homicz



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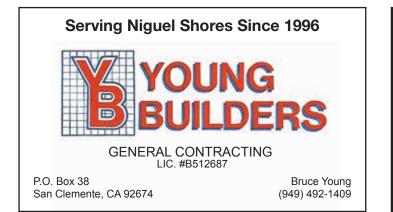
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Hope Support Group

June 2 and June 9 • 10:00 - 11:30 a.m.

Every first and third Saturday each month

Heritage Christian • 190 Avenida La Pata • San Clemente Support group for Cancer patients, survivors, and caregivers. Offered free and facilitated by survivors Donna Vigil, R.N. and Linda Cordova.

Information contact: Linda Cordova at 714-355-1261 or linda crdv@yahoo.com.

LANTERN DISTRICT ME Dana Point Art Fest DANA POINT

June 10 • 10:00 a.m. - 5:00 p.m On Del Prado Avenue

Free outdoor community art festival of fine art by over 80 local artists. Live music, wine and beer gardens, and restaurants will be available.

Dana Point Trolley Service

ArtFest



Begins June 8 and continues through Labor Day The City is offering a more expansive free Trolley route: Coastal Stops: Dana Point Harbor and Puerto Place PCH Pedestrian Bridge North & South bound

Coast Highway Southbound

Points South: Camino de Estrella and Camino Capistrano Camino Capistrano/Doheny Place (Pines Park)

Points Inland: Dana Hills High School & Golden Lantern Golden Lantern & Selva

Niguel Road & Stonehill (Sea Terrace Park access)



Saturday, June 9 • 7:30 p.m. St. Edward the Confessor Catholic Church Bernstein, Bruch, and Copeland · Yang Bartolotti: Violin

Conductor: Dean Anderson For ticket information visit: www.danapointsymphony.com

Whale Walk and Talk

Saturday, June 9 • 9:00 - 11:00 a.m. Dana Point Interpretive Center 34558 Scenic Drive . Dana Point

Science Night

Thursday, June 21 • 6:30 - 8:00 p.m. Dana Point Community Center 34052 Del Obispo Street . Dana Point Experience hands-on activities in a family friendly format. For more information: DPnaturalresources@danapoint.org

Doheny Surf and Art Festival

June 23-24 • 10:00 a.m. - 6:00 p.m. Doheny State Beach . Dana Point Celebrate Southern California surfing life style. Free Admission other than parking admission to the park. There will be surf



contests, music, vendors, artists, surfboard displays, woodies, great food, and a beer garden.

Orange County Home and Garden Show

June 1 – 3 • 10:00 a.m. – 7:00 p.m.

Anaheim Convention Center

An exhibition for home improvement, remodeling, and landscaping. This Spring home show is the ultimate solution for people who are looking for a change in either building a new house or looking to refurbish an already existing home. This show also offers services such as interior designers who are ready to offer ideas to decorate with carpets, lanterns, and kitchen appliances.

Statewide Direct Primary Election



Tuesday June 5 - all day

or mail-in ballots are accepted.

Orange County Registrar of Voters - Santa Ana Check your ballots to find your local voting place location



Movies in the Park

Fridays at 8:00 p.m.

Presented by the City of Dana Point Lantern Bay Park · 25111 Park Lantern · Dana Point

June | · Batman June 8 · Beauty & the Beast

June 15 · Guardians of the Galaxy

June 22 • The Little Mermaid

FREE popcorn - refreshments available to purchase



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