

Seashore News



July 2018

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Issue 535

Fourth of July Celebration Schedule

8:30 – 10:30 AM MEN'S CLUB PANCAKE BREAKFAST
at the Clubhouse —\$5.00 per person

11:00 AM GAMES IN THE PARK

10:30 AM FLAG RAISING CEREMONY
At the Flagpole with the
Young Marines under the leadership
of Sgt. Major Jim Harkins (Ret.)

12:00 NOON WOMEN'S CLUB HOT DOG LUNCH
In the Poolside Courtyard—
\$5.00 per person

10:50 AM NEIGHBORHOOD GRAND PARADE
Led by our local Dana Point Fire
Authority Engine #30

ALL DAY SPLASH AND RELAX AT THE POOL

4:00 PM DJ AT THE BEACH BLUFF

6:00 PM PARADE DECORATING CONTEST AWARDS
At the Beach Bluff



Fourth of July Neighborhood Parade



Display your Independence Day Spirit

Decorate your Golf Carts, Bikes, Trikes, Scooters, and Wagons for our **BIG PARADE** on the Fourth of July



Sign up in the NSCA Office by July 3 to
enter the Parade Decorating Contest

Judging will be based on
Best Independence Day Theme

Two Categories:

1. Golf Carts
2. Bikes, Trikes, Scooters, Wagons

Contest Winners and Prizes announced
6:00 p.m. at the Beach Bluff on July 4



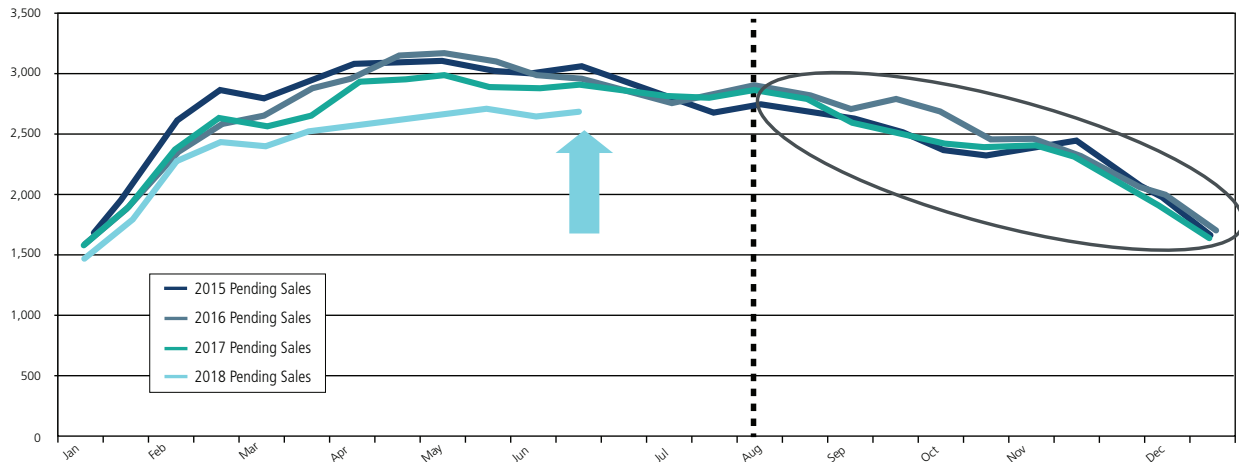


BOB GINO

TIMING IS EVERYTHING

If you are thinking of selling, you have about six more weeks of high demand.

Orange County Demand Year Over Year



Orange County Price	Expected Market Time	Share of Housing Inventory	Share of Current Demand	Last Year
\$0-\$750K	43 days	36%	57%	39 days
\$750K-\$1M	60 days	19%	22%	53 days
\$1M-\$1.25M	88 days	10%	7%	84 days
\$1.25M-\$1.5M	111 days	8%	5%	96 days
\$1.5M-\$2M	162 days	9%	4%	148 days
\$2M-\$4M	183 days	12%	4%	193 days
\$4M+	368 days	6%	1%	572 days

Whether You Are Looking to Buy or Sell a Home,
Please Feel Free to Contact Me to Discuss
YOUR FRESH START

BOB GINO
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NSCA is not responsible for any work done nor are we recommending any of the advertised companies

FROM THE HELM

Hard to believe that 2018 and our beautiful California summers are half over! Lots of activities within Niguel Shores are still available for all to enjoy, and I hope you take the time to review our upcoming Recreation Committee events as well as what is happening Beyond Our Gates.

Our annual Fourth of July Celebration offers residents the chance to participate in a pancake breakfast, flag raising ceremony, parade, hot dog lunch, fun games and many friendly gatherings at the Bluff. Check the Fourth of July schedule on the front page of this *Seashore News* or look on our website www.niguelshores.org for event times and locations.

Your Board and Committees are currently hard at work on projects and objectives for the remainder of 2018, and are in the

planning process for 2019. Examples: Master landscape plantings, new street signs with solar lighting, landscape contract (current contract ends in 2018), mushroom light repairs or replacement, researching options for our well-worn patio furniture, and replacement of stone work on the trash cans at the Bluff.

July also kicks off the Finance Committee work on the 2019 budget, which includes a review of our Niguel Shores Reserves and feedback/recommendations from the various Committees. Thanks to the Committee for the time commitment they have dedicated to this very important process!

Hope all are enjoying the summer season with friends and relatives. Happy Fourth of July!

—Jeannie Sticher

GM REPORT

Fourth of July Festivities: As always, Independence Day at Niguel Shores is an amazing celebration thanks to the combined efforts of the Recreation Committee, the Men's Club and the Women's Club. A huge thank you to all the outstanding volunteers who dedicate their time, energy and efforts to making our Fourth of July celebration such a special event! Without each and every one of you, this would not be the huge success it is every year!

Beach Bluff Parking – Fourth of July: As a reminder, only vehicles with resident barcodes or resident passes will be permitted to park in the beach lot on July 4. You are welcome to leave your vehicle parked in the lot overnight if, during the course of the celebration, you determine that it would be safer to walk home. Please be aware that the beach lot will be locked between the hours of 10:00 p.m. and 6:00 a.m. Vehicles left in the beach lot after 10:00 p.m. can be retrieved once the lot opens in the morning. No citations will be issued and your car will not be towed.

Confusion on Parking Citations—Owner's Process—Guest's Process: Citations, notices, hearings, fines! The Association is not out to get you, we promise. When it comes

to violations of any kind, but in particular parking violations, there seems to be more rumor than fact floating around. The Association follows a very strict and consistent process for enforcement. First off, parking violations are enforced per property and not per vehicle. The first citation issued to a resident is just a warning. The second citation issued to a resident triggers a Notice of Violation letter explaining that further citations issued to any vehicle registered to that property will result in a hearing and possible fine. If a resident continues to receive citations then, as the notice warns, the resident will be scheduled for a hearing. Out of this unpleasant experience the Board offers a bright spot: If this is the first hearing for parking violations, the Board will suspend the fine under the condition that no further citations are received for the rest of the year.

Guest or service provider citations are addressed a little differently. A Notice of Violation is triggered after the first citation a guest or service provider receives. The notice explains that further guest citations will result in a hearing and possible fine. If there are continued guest citations, then the Board offers the same reprieve for *(Continued on page 15)*

RULES TO REMEMBER THIS SUMMER:

Pool:

- Bathing suits required
- No food inside pool fence
- No animals inside pool fence
- Guests must be attended by a resident at all times
- FOB required for entry (no jumping the fence or using another object to open)

Beach Bluff:

- No charcoal or tabletop BBQ's
- No skateboarding/scooters
- Guests must be attended by a resident at all times
- Guest parking in top tier only
- Do not leave unattended items on tables, as they will be removed



COMMITTEE REPORTS

MAINTENANCE

With summer in full swing, our community's maintenance prep work is paying off. If you step into the newly painted community center, play a little ping pong on the new table, take a dip in the clean clear pool, or relax on one of the brand new lounge chairs, you will see evidence of the time and planning it takes to provide the amenities we all enjoy in Niguel Shores.



New ping-pong table at the Community Center

The pool, for example, follows a list of about 25 daily procedures that start long before the first swimmers arrive. The work begins at 4 a.m. by Dave Smith of our maintenance team, and every step has to be logged for our County inspections. Simple things like opening the gates and uncovering the pool then lead to daily maintenance activities like skimming and vacuuming, cleaning the skimmer baskets, and checking the entire filter pump and equipment system. Then the chemical levels (chlorine, pH, etc.) have to be tested manually for the pool and spa. Any deviation from the norm will require immediate attention. In addition, the pool and spa have to be cleaned daily in the summer, and the area has to be checked for debris, cigarettes butts (not allowed but some pay no attention), bobby pins, band-aids, food and whatever else is left, dropped or spilled. Then the deck is hosed off and power washed if needed. All this happens before anyone dips a toe into the water each day.

There is a lot of detailed work that goes into making sure we pass the semi-annual County inspections mentioned above. In addition to keeping a record of the daily procedures, all the equipment must be in proper working order. All chemical levels, pool and spa temperatures, recirculation systems, safety signs, gates, lighting, and emergency shut off switches need checking. The list goes on and on. Most recently the county inspector commented along with his report, "Thank you for your time to assist my inspection. You do a really great job to maintain the pool and spa."

I am sure County Inspectors don't go around handing out praise like that all the time. GREAT JOB, DAVE AND THE WHOLE MAINTENANCE TEAM! And thanks from all of us who enjoy your hard work without even knowing it!

—Geoff Dunlevie

EMERGENCY PREPAREDNESS

KA BOOM! You know the drill on being prepared for the Fourth of July. Have fun, enjoy the pancake breakfast, the parade, games, da bluff, and, if you can stay awake, the

fireworks. Of course, I mean, *watching* the displays and not DIY with your own. Anyway, have a blast and make it a SAFE AND FUN Fourth of July.

Last month we discussed handling the ever present and ongoing threat of identity fraud by managing passwords, securing your Social Security Number (SSN), and protecting online accounts to prevent a host of tricks and attempts to invade your personal identity and steal your personal assets.

What about managing your credit cards? Paying with credit cards is a common method for making daily purchases, since these transactions are more secure than debit cards and can offer more overall legal protection, as well as avoiding liability for stolen or lost cards, among other perks.

While the United States is implementing chip credit cards to combat identity theft, the crime is not going away anytime soon. In fact, year-over, stolen credit card information is the top crime committed against households. For those who are affluent and between 3 and 54 years old, their chances of identity theft increase. That certainly shouldn't make you feel any safer if you are older than 54. Sorry.

Here are some ways to secure your credit card information:

- Write only the last four digits of your account number in the check memo line when paying your bills.
- NEVER write your account number on the outside of a payment envelope.
- Shred all sensitive documents that you no longer need to save.
- Review accounts regularly to identify irregular activity.
- Monitor your credit by requesting a credit report every 4 months, rotating between a different agency each time.
- Keep a list of your credit card numbers and their toll-free customer service numbers in a safe place at home.

Ultimately, safeguarding your credit requires you to take extra precautions across a variety of financial matters. While no single step can totally shelter you, protecting yourself on and offline will put you on a better path to financial security. MORE TO COME

—Kent Wellbrock

TRAFFIC AND SAFETY

Update Guest and Party Lists: With the summer season upon us we can expect more visitors than any other time of year. Patrol service staffing the front gate will be swamped screening and processing guests and service people. Those on the guest lists are easily issued a dashboard pass and admitted to our community. However, if a name does not appear on the guest list, the gate attendant will try to work with the potentially rejected individual, but often the frustrated person

COMMITTEE REPORTS

loses composure and the entire screening operation grinds to a standstill. These confrontations are captured on video and audio tape, leaving far too many residents embarrassed by the boorish behavior of their friends or associates.

We can avoid much of the conflict at the gate by ensuring that our guest lists are accurate and updated as soon as we learn that a guest or helper is scheduled. The surest and preferred method of updating the list is via the computer. To do this, go to www.niguelshores.org and click “Gate Login.” However, sometimes that is not practical and there may be as much as a half hour delay before the name appears on the gatehouse computer. Of course, we can phone the Mariner Gate, but recently, with the heavy influx of traffic, the attendant on duty might be too busy screening prospective guests to answer. If that is the case, we suggest that you leave a message on the answering machine.

Should you decide to host a special function involving ten or more outside guests, you should provide the office with a party list at least one business day before the event. One of the several benefits of this is to allow for preparing and printing of passes for the guests before their arrival, which expedites the flow of traffic.

Securitas Force Responsibilities: We normally have seven Securitas personnel assigned to our community, and on special occasions this number may be bumped up by one or two other persons. Their prime responsibility is to insure our perimeters are not breached and to screen those entering via the Mariner Gate. Their secondary responsibilities are to monitor parking in our common areas, issue citations for violations of our parking rules and, if necessary, have vehicles towed away. While visibly patrolling and monitoring parking, they may be good eyes and ears should a crime occur in front of them, but they are supposed to wait for law enforcement deputies and then give an accurate description of what occurred.

Presently we have an exceptionally good group of Securitas personnel working in our community and they regularly go out of their way to be helpful. However, they do not have police training or powers. Consequently, should an incident occur requiring police response you should first call our Dana Point Deputy Sheriffs. Our patrol service can best assist by giving directions and being good witnesses.

Fourth of July: Be extra cautious as there will be a bit of traffic congestion with folks watching the best Fourth of July Parade in California. Of course, parking will be limited near the clubhouse with people enjoying the pancake breakfast, then staging for the parade, and coming back for the games and hot dogs. After these preliminaries the real partying starts. A lot of folks will head down to the Bluff, but

some cars will be turned away as this is one of those days that only cars with resident parking stickers will be allowed down there. No guest stickers or guest passes allowed.

This year folks who, for what-ever reason, feel that they should not drive home will be allowed to park their vehicles down at the Bluff overnight without towing away. The only caveat is that the car cannot be picked up until 6:00 a.m. the following day.

Remember, we may love the celebrating but the Fourth of July is the worst day of the year for your dogs. If you can secure them in a Thunder Vest, medicate them if possible, and stay with them in your quietest room, you will be their hero.

—God Bless . . . Tim Murphy

RECREATION

Hooray for summer! The In N’ Out Night was a great success as always. Thank you to all who purchased tickets on time. The advance ticket purchase is In N’ Out’s method of RSVP.



In N Out Night

As with any catered event, we must guarantee the number of burgers expected to be sold so In N’ Out knows the amount of food necessary to accommodate all those hungry eaters.

Upcoming Events:

July 4th Celebration – All Day. Get ready for the 4th of July celebration. See our Seashore News cover for the schedule of events on that day. You don’t want to miss any of it, from the Men’s Club breakfast, Women’s Club hot dog lunch, games in the park and everyone’s favorite—the parade. Don’t forget to sign up in the NSCA office before July 3 to participate in the decorating contest of bikes, trikes, wagons and golf carts. The night will finish with music and dancing at the Bluff.

Hungry Food Truck Night – Saturday, July 21, 5:00 to 8:00 p.m. Mark your calendars and enjoy the new selection of three food trucks this year with The Tri-Tip Man, Pizza Buscemi and Drizzle. Music provided by DJ Diane. Cash and credit accepted at event.

Island Fever Festival – Saturday, August 11, 6:00 to 9:00 p.m. Back again is our Caribbean-themed event at the Bluff. Enjoy steel drums and Caribbean food with your choice of Jerk Chicken, or an Island Pulled Pork sandwich with rice, peas and coleslaw. Be sure to buy your tickets in advance at the NSCA office. Sales start July 20, \$15 each.

Note: See Recreation Committee news, photo gallery and updates on the Niguel Shores website: www.niguelshores.org.

—Maria Elena Banks

CLUBS

WOMEN'S CLUB

Our annual June Tea took place at the Clubhouse on June 14. Outgoing President Lydia Reese welcomed everyone to this very festive occasion where the individual tables were set with exquisite floral centerpieces created by Suzanne Enis using Oriental vases and satin draped with pearls. The central serving table held glistening silver tea services bracketing an amazing variety of tea sandwiches, tiny spears of fresh fruit, and traditional scones. During this British-inspired afternoon, Earl Grey Tea was poured into our own treasured teacups, which ladies brought from their collections. Lisa Buchner, Tina Fornadley, and their committee made this event a wonderful finale to our Women's Club year!

Our own Ruthie Stahl, marking her 100th birthday, received a special birthday cake along with a birdhouse for her collection, and lots of good wishes from everyone. She looked positively thrilled to be sharing her momentous 100th with us!

After the delicious refreshments, Lydia presented an entertaining slide show, put together by Terry Link,

which highlighted the many activities of the Women's Club over the past two years including monthly luncheons, holiday parties, Fourth of July events, the Home Tour, the Fashion Show, guest speakers who addressed topics of interest, as well as the behind-the-scenes work of the many committees that make the Women's Club so successful. Lydia presented two of our new officers—President Terry Link and Secretary Catherine Bitran—who will take up their duties this month along with Vice Presidents Christy Manetta and Jennifer Hochstadter, and Treasurer Cathy Tyson.

Congratulations, Lydia, on your outstanding two years of leadership, and welcome to our new officers as they lead us onward in our pursuit of friendship, fun, and service.

For information or membership in the Women's Club, please contact Membership Chair Barb Goffman at barbgoffman@cox.net.

Note: See Women's Club news, photo gallery and updates on the Niguel Shores website: www.niguelshores.org.

—Nadine Allen

Women's Club June Tea



CLUBS

MEN'S CLUB

Thank you to Nadine Allen for helping us with the opening thoughts for this Men's Club column.

One of our own received special honors on June 1. Men's Club member Jerry Allen was placed to rest in Arlington National Cemetery in a ceremony with full military honors—an Air Force marching band, bugler, caisson with horses, and the 21-gun salute.

Lt. Col. Douglas Jerome Allen started his Air Force career in the Strategic Air Command flying B-52's over Vietnam. He was a test engineer for the President's Air Force One aircraft. Then he became Chief of Nuclear Hardness for the MX Missile program. His second career was with Sandia National Laboratories in Albuquerque where he was Director of Congressional Relations, Director of Satellite Programs, and Director of Field Intelligence. His proudest achievement was receiving the Meritorious Service Award from the National Reconnaissance Office.

Jerry was our Club Secretary and was willing to serve as any officer where needed. He even volunteered to be our stand-by meeting speaker if there was ever a need. His opportunity came, and his talk was "There are More Stars in the Universe than all the Grains of Sand on the Earth." A true scientist, Jerry was awed by the immensity and wonders of the universe. We didn't fully know all he had accomplished in his careers in Government Service, as he was always humble and modest about what he could do and what he had done. Rest in peace, Jerry!

Our June 19 meeting featured the 2018 award of the Men's Club annual scholarships to three fine candidates:

- Isaac Palmer, a resident of Niguel Shores, has a 4.2 GPA and plans to attend San Diego State University majoring in Computer Science.
- Grant Shobar has a 4.5 GPA and plans to attend Dartmouth to major in Economics. His sport is Lacrosse and he has an online business in buying and selling coins.
- Lindsey Ammann earned a GPA of 4.4. She wants to pursue a career in Biology and Pre-Medicine en route to becoming a doctor. She excels in Cross Country and Track and Field.

Many thanks to Bonnie Borden, the Dana Hills High School Guidance Counselor, who has assisted our Men's



Men's Club President Bob Oakley with June 19 guest speaker, Supervisor Todd Spitzer, candidate for District Attorney.

Club for 20 years in our sponsorship of these scholarships.

Now that the primary election is over, we are extending invitations to the November general election candidates to speak to our group. Tony Rackauckas, renominated District Attorney incumbent, addressed us before the primary. Todd Spitzer, currently a member of the County Board of Supervisors and the second-place nominee, addressed the Men's Club on June 19. We await news of future speakers and will keep everyone posted.

Note: See Men's Club news, photo gallery and updates on the Niguel Shores website: www.niguelshores.org.

—Robert F. Saint-Aubin, Secretary



Happy Birthday, Ruthy!



It's no secret that one of our dearest residents, Ruthy Stahl, recently turned 100! She's been honored lately with many birthday cakes and gifts from the community organizations she regularly attends like the



Women's Club, Garden Club, Fitness Group, and Women's Golfers. Best wishes, Ruthy, from all of us here in Niguel Shores!



CLUBS

GARDEN CLUB

At our May club meeting the following officers for the 2018-2019 year were approved by voice vote.

- **President** – Nadine Allen
- **Vice President** – Francine Stout
- **Secretary** – Diane Dale
- **Treasurer** – Karl Kuhn
- **Membership** – Chris Daley

Our annual Beach Bluff BBQ was a mouthwatering success. Instead of our usual hamburgers we enjoyed various selections of pizza. Added to that was a vast variety of salads, appetizers, and drinks. A very special sheet cake with a lighted sparkler was served to commemorate the 100th birthday of our member, Ruthy Stahl. We also took a moment to thank our outgoing President, Gunjan Anand, for her outstanding two years of service guiding our club through interesting speakers and outside events. If you missed this party, what can I say? It was excellent!



Garden Club officers (left to right) Diane Dale, Francine Stout, Nadine Allen, Chris Daley, Gunjan Anand (Outgoing President) and Karl Kuhn.

Have a great summer. There will be no meetings in July and August, but be assured that our new officers will spend these months planning for an exciting and informative new club year.

Note: See Garden Club news, photo gallery and updates on the Niguel Shores website: www.niguelshores.org.

—Karl Kuhn

ACTIVITIES

PAGE TURNERS

The Monday and Thursday afternoon Page Turners groups do not meet in July and August. We will resume our monthly book discussions in September.

At the June 21 joint meeting the result of the two groups' voting for books to be read in the upcoming year was revealed:

- *Little Fires Everywhere* – Celeste Ng
- *Quartet in Autumn* – Barbara Pym
- *Magpie Murders* – Anthony Horowitz
- *Beneath a Scarlet Sky* – Mark Sullivan
- *Persuasion* – Jane Austen
- *The Tea Girl of Hummingbird Lane* – Lisa See
- *The Essex Serpent* – Sarah Perry
- *The Door* – Magda Szabo
- *A Small Indiscretion* – Jan Ellison

To decide on these final nine selections, members submitted 37 titles and after the first round of voting the final nine were selected from a list of 20 titles. The voting was very close and there were many fine books suggested that members can read at their leisure.

For information on the Thursday group please contact Steve and Ann Morris at samwrsi@cox.net and for the Monday group, Frances at fozimec@cox.net.

—Frances Ozimec

REALLY SERIOUS BOOK CLUB

The Really Serious Book Club, also known by friends as the Oreo Cookie Book Club, met at the home of Norton Schwartz to discuss the thrust and implications of the award winning *Evicted: Poverty and Profit*



in the American City by Matthew Desmond. Issues of tax policy, homelessness, housing subsidies, cultural norms and income distribution were all touched upon with the book as reference. The life experiences of participants contributed to the discussion. While we did not come up with solutions to these pressing social problems, we did clarify and confront key issues involved.

The next meeting, hosted by Mary Crowl, will explore the life of Leonardo de Vinci and the rebirth of science, literature and the arts in Europe at that time, using *The Life of Leonardo de Vinci*. We meet the third Wednesday of each month. If you are interested in joining us, call Norton Schwartz at (949) 481-2459.

—Norton Schwartz

ACTIVITIES

LIBRARY

Summertime at the Dana Point Library brings a wide variety of programs and events for children, teens, and adults. You can view the July library calendar with detailed descriptions of the library's many offerings by visiting the Niguel Shores website www.niguelshores.org and clicking "DP Library News." We offer a few of the special ones here.

CHILDREN:

Balloon Pet Adoption Day – Tuesday, July 10, 3:00 to 4:00 p.m. Balloon pets to take home.

***Sandy Lynn's Barnyard Extravaganza** – Wednesday, July 11, 11 a.m. Musical with live animals.

***Planetarium** – Wednesday, July 18, 11 a.m. First-come for up to 40 kids under the age of 13 in an inflatable planetarium.

***Arty Loon Show** – Wednesday, July 25, 11:00 a.m. Magic! Juggling! Balloons!

Sunshine Readers PJ Storytime – Monday, July 30, 5:30 p.m. Stories for the whole family. Pajamas encouraged.

**Tickets are free but required. Arrive 15 minutes prior to show for a ticket. Space limited. Generously sponsored by Friends of the Dana Point Library.*

TEENS:

Teen Escape Room – Thursday, July 12, 5:00 p.m. For ages 12 and older. Pizza served if you solve the escape room. If not, the zombies get it!

ADULTS:

Write On Writer's Group – First and third Tuesdays, 5:00 to 7:00 p.m. Improve your craft through peer critiques.

Memory Club Brain Boosters – First Thursday, 10:30 a.m. to Noon. Information and discussion.

Basic Computer Skills – Tuesday, July 10, 17, and 24, 9:00 to 10:00 a.m. Series of three hands-on classes. Registration required. (949) 496-5517 or at the Service Desk.

Gentle Readers Book Club – Second Thursday, 10:30 a.m. to noon. Copies of *What Alice Forgot* by Liane Moriarty available at the Service Desk.

Travel Club – Third Sunday, 2:00 to 4:00 p.m. Emmy Lam takes us by video through national parks.

FRIENDS OF THE DANA POINT LIBRARY:

This charitable organization has a bookstore at the Dana Point Library selling donated books, CDs, and video material. They donate profits to the library to augment the

purchase of books, supplies, furniture, and computers and to pay for some library special events.

Niguel Shores is proud that our residents volunteer as Friends of the Library, and three sit on the Board of Directors: Ann Strauss, Lisa Buchner, and Lakshman Sehgal. Additional volunteers are always needed. If you would like to spend a few enjoyable hours volunteering at the bookstore you will meet delightful colleagues, wonderful patrons and have access to books at an extremely low cost. Please visit the bookstore for more details or to sign up as a volunteer.

—Karla Sanders

BRIDGE

Our club plays 3 or 4 tables each Wednesday starting at 11:00 a.m. and usually finishing a little after 1:00 p.m. If you're interested in joining us, we welcome you. Please contact Mary Ann at (949) 489-9999. We only ask that you have a basic knowledge and proficiency in playing the game.

Our recent winners:

April 25 1) Mary Ann Theisen, 2) Lee Farrell,
3) Chet Ciochon

May 2 1) Pouri Fowzi, 2) George Hartmann,
3) Joannie Donohue

May 9 1) Pouri Fowzi, 2) George Hartmann,
3) Mike Oliva

May 16 1) Helen Campbell, 2) Pouri Fowzi

May 23 1) Jane Olson, 2) Sandy Youdbulis, 3) Jim Pinola

May 30 1) Sandy Youdbulis, 2) Mike Oliva, 3) Jim Pinola

June 6 1) Don Donohue, 2) Lee Farrell, 3) Jim Pinola

June 13 1) Jane Olson, 2) Sandy Youdbulis,
3) Don Donohue

—Jim Pinola

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WOMEN'S GOLF

The Niguel Shores lady golfers met June 11 at The Ranch 9-hole golf course with five golfers heading out to play: Irene McDonald, Terri Matrisch, Val Mitchell, Catriona Sigsby and Julie Patton. Val won with low gross score of 35, Catriona with longest drive on hole 9, and Julie with low putts at 14. Congratulations!

The luncheon following golf was an extra special treat because we celebrated our dear friend Ruthie Stahl on her



100th birthday! All the ladies turned out with well wishes, including President Marlene Lynch, Treasurer Lee Sweeney, Secretary Brenda Tuckley, India Rouse, Chris Beaver, Ceacy Johns, Joanie Beyer, and

Ruthie's lovely caregiver Michelle. Ruthie was presented with a giant photo poster of the Niguel Shores Ladies Golf Club on which we were all able to sign our personal messages. Afterwards, everyone enjoyed lemon cake to round out the celebration.

The next golf outing will be July 9 at 9 a.m. All golf levels are welcome and encouraged to join us! Please contact Irene McDonald to sign up at (949) 481-3035.

A LITTLE HUMOR UNTIL OUR NEXT MEETING:

Lady 1: "I felt out of shape and decided to take an aerobics class."

Lady 2: "Oh, how did it go?"

Lady 1: "I bent, twisted, gyrated, jumped up and down, and perspired for an hour—but, by the time I got my leotards on, the class was over."

—Julie Patton

Wellness... Healthy, Safe Summer

This morning I was on my way home from a walk on the beach and the beautiful surroundings that we are lucky to call home. I stopped to enjoy the aromatic scent from a purple, flowering perennial that is thriving in one of our common areas. The scent is transporting and well worth the time to stop and enjoy. As I held the flowers in my hand and inhaled the delicious herb-like fragrance, a neighbor stopped to say hello. While we were visiting, someone flew by in a car, driving as if the rules of the road didn't apply. We both commented on how life is so fast-paced, with people being more concerned about getting where they're going than stopping to "smell the roses." We remarked that many people seem to be sorely lacking in patience, especially behind the wheel, and if they'd only slow down a bit, their lives, and the lives of those around them, would be greatly improved.



After we said good-bye, I continued walking home, realizing how so many aspects of life are tied together to maintain what we might call healthy, balanced living. Things like eating right and exercise are definitely requirements of a healthy lifestyle, but it goes beyond that. We may not think that

how we choose to drive our car is part of a healthy life, but we need to consider the consequences if we don't, especially in a residential neighborhood, and especially now that it's summer with more youngsters outside. If we're aware of the rules and our own driving, the odds increase in everyone's favor that no harm will come to anyone.

Summer weather also gives us an opportunity to enjoy outdoor activities. Swimming, biking, snorkeling, tennis, surfing, hiking, stand up paddling—sports like these provide healthy outlets that improve our physical and emotional health. Make it a priority to have fun, and also to practice sensible safety and risk taking. Riding a bike? Wear a helmet. That applies to everyone, not just kids. Have a pool? Be sure it's fenced for safety, and never allow children who are not proven swimmers to be near it alone. Going out in the sun at the beach or on a hike? Wear your sunscreen and save yourself the grief of developing skin cancer.

We take risks every day. It's part of life. But remember to wear your helmet, apply sunscreen, watch those kids by the pool, and drive safely. The right balance of risk and safety can result in healthy fun for everyone this summer. And don't forget to slow down and "smell the roses."

To Your Health! Sharon Stewart RN, Health Coach, Sharon@TakeShapeWithSharon.com

Thoughts on Freedom and Liberty

Most of us have heard the saying “Freedom isn’t free,” or the quote from Patrick Henry, “I know not what course others may take; but as for me, give me liberty or give me death!” Now have a look at a few other thoughts on freedom and liberty, and maybe add a thought of your own:

I'd like to be remembered as a person who wanted to be free and wanted other people to be also free. — ROSA PARKS

Teach your children the history of freedom if you want them never to lose it. — RABBI LORD SACKS

Those who deny freedom to others deserve it not for themselves. — ABRAHAM LINCOLN

For to be free is not merely to cast off one's chains, but to live in a way that respects and enhances the freedom of others. — NELSON MANDELA

The secret to happiness is freedom . . . and the secret to freedom is courage. — THUCYDIDES

He who gives his freedom for safety gets neither of them. — THOMAS JEFFERSON

We hold our heads high, despite the price we have paid, because freedom is priceless. — LECH WALESIA

You have been called to live in freedom. Use your freedom to serve one another in love. — GALATIANS 5:13

Life without liberty is like a body without spirit. — KAHLIL GIBRAN

Posterity! You will never know how much it cost the present generation to preserve your freedom! I hope you will make a good use of it. — JOHN ADAMS

4th of July



www.brainyquote.com/topics/freedom

PATRIOTIC PET PARADE



MEET MOLLY!

This adorable gal is one-and-a-half-year-old Molly, a Maltipoo adopted by Glen Gaubatz and Sherry Frymoyer from a foster family after she was found wandering in an Oceanside Flea Market, mangy and underweight. As you see now, Molly is doing well! She went from Flea Market Find to the Ritz! Molly likes lying in the sun, hugs and kisses, and chasing lizards. She also had her first big outing at the bluff for Taco Night and at the Ritz Carlton where she lapped up yummy chicken-flavored water. Say "hi" to Molly when you see her out for a stroll in the neighborhood. She wishes everyone a yappy Fourth of July.

HAPPY BIRTHDAY TO THE USA FROM RUBY AND PIPER!

Ruby and Piper are two-year-old pugs, the cutest pair you will ever meet. They are silly, quirky, happy, tongue-hanging-out best friends who live to play! They love to greet new friends while walking to the beach bluff each day with their family, the Flemings. The pugs donned red, white, and blue birthday hats this month to say, "Happy 242nd Birthday, USA!"



4TH OF JULY GOOD-TIMERS: BAMBOO AND REMI

These two are the grand-doggies of Patti and Art Staudenbaur. Bamboo is down at the Bluff ready for a picnic, and Remi is all in costume for the big parade through the Shores.

HEY! WAIT FOR ME!

Not to be outdone by the furry pets around the Shores this July Fourth, these Western Ornate Box Turtles with the beautiful shells are (slowly) making their way to the Men's Club Pancake Breakfast—although they might not arrive till the Women's Club Hot Dog Lunch. Unique residents of the Shores, they enjoy a wonderful home in the garden of their attentive mom, Nadine Allen.



Note: For more of our fabulous furry and feathered friends, visit the Niguel Shores website at www.niguelshores.org and click "Pet Parade."

Water Aerobics

Right here in our own beautiful pool—rain or shine, on a cold gray winter morning or a warm sunny summer one—you’ll find the “H2O Aerobics” class each Monday, Wednesday and Friday at 9:00 a.m. The group is affectionately known as the “Dippy Dolphins.”

The class actually has a long history here in the Shores beginning in 1996. Originally, the cost was \$3 per session and, quite unbelievably, has remained the same ever since. In August of 1998 there were 24 members on the roster with about 10 regular participants. When the instructor, Susan Foltz, moved to Oceanside in 2007, the legacy continued with the present instructor, Cynthia Carlson, who was recruited in September of 2008. For the past ten years, Cynthia has been their motivator and mentor, the positive and upbeat leader who always teaches with a smile and sense of humor.

Cynthia and her husband, Keith, have lived in the Shores since 1994 and raised their two children, Mitchel and Emily, here. Keith is in the computer networking field and both children are now pursuing Masters’ Degrees, Mitchel in Psychology and Emily for her PA.

Cynthia was a competitive swimmer from the age of 11 through college at UC Santa Barbara where she received her BA in accounting. Her true love of swimming and all aspects of exercise shows in her passions for water sports, group exercise, and weight training. You’ve probably seen Cynthia giving summer swim lessons or coaching the Dana Hills High School girls’ swim team. Recently “retired” from coaching at Dana Hills, Cynthia is now embarking on another career path as a personal trainer and nutrition coach at Essential Fitness, a women’s training studio in Rancho Santa Margarita.

When asked what she most enjoys about instructing the Dippy Dolphins, Cynthia responded, “I truly enjoy the connection and caring that this group has with one another. I am so grateful for the opportunity not only to lead this group in exercise, but also to laugh and connect and begin our day in such a positive and productive way. This is an exercise class, to be sure, but the benefit is so much more than working out the ‘twinges in the hinges.’ This group is fun and smart.”

The water aerobics class is also a gathering of women AND men (3 regulars) who share their wit and wisdom, lessons about life and health, humor and insight. Under Cynthia’s supervision we are motivated to get out and move and laugh. (Monday is joke day, thanks to Marian Kennedy who’s always ready to share some humor!) As Cynthia says, “It’s fun, and every time we gather there is work being done to move better and ensure that we maintain and improve our ability to stay strong in our lives outside of the water.”

Dippy Dolphins are Celebrating 20 Years at Niguel Shores



Dippy Dolphins 1998



Dippy Dolphins 2018

The present group consists of about 25 regulars with numbers up to 40 in the summer months. The group also gathers three times a year at luncheons in the clubhouse for pure enjoyment and camaraderie at Christmastime, springtime and end of summer. Fostering good health and friendship, the Dippy Dolphins is another wonderful aspect of living in Niguel Shores.

—Michelle Ralph (with special thanks to Marian Kennedy and Cynthia Carlson for their input)



Niguel Shores Dining

We're featuring Niguel Shores "cuisine" this month—rich buttery pancakes and good old American hot dogs—brought to you by the fantastic Niguel Shores chefs and servers who provide our Fourth of July Pancake Breakfast and Hot Dog Lunch each year.

Niguel Shores Men's Club kicks off our community's fabulous Independence Day celebration with its traditional **Pancake Breakfast**. They decorate the clubhouse in patriotic colors and set out a bountiful pancake, sausage, fruit, and beverage breakfast for the eager crowd that begins arriving at 8:30 a.m. In the space of two hours, the Men's Club serves approximately 500 meals to our residents, guests, and the Young Marines in attendance. Breakfast Chairman Roy Dohner says it takes about 60 volunteers to manage the traffic, sell tickets, cook and serve, set and clean tables. Men's Club members make up a majority of the work force, but they are also joined by non-member volunteers this year, including Kevin McNaught, Keith Carlson, Ron Cook, Glen Gaubatz, P. G. Wilder, Jeff Beresford, Eric Ackerman, and Todd Wallin. For \$5, there's not a better breakfast in town, and profits support Men's Club scholarships for local high school seniors.

At 10:30, after fueling up on pancakes, it's traditional to gather at the flagpole for the **Flag Raising Ceremony and National Anthem**—often accompanied by a visit from Uncle Sam with a bucketful of treats.

Then comes the big moment! Led by Dana Point Fire Authority Engine #30, the high-spirited **Grand Parade** of red, white, and blue golf carts, bicycles, scooters, wagons, and joggers takes off to rousing cheers. Last year's parade "cuisine" was heightened by donuts and handfuls

of candy given out by generous participants all along the route. Who knows what might happen this year!

Meanwhile, the park buzzes with kids and games, and around lunchtime everyone starts growing hungry again. That's when our Niguel Shores Women's Club comes to the rescue with their **Hot Dog Lunch**. On the clubhouse patio, the ladies and their gentlemen helpers offer a new menu of grilled gourmet beef franks, chips, cookies, drinks, and a choice of pickles, sauerkraut, relish, onions, ketchup, and deli mustard—a \$5 lunch so popular that it's a sellout every year. Catherine Bitran and her committee of 15 club members are planning a delicious spread, so come early before the hot dogs and sides are gone!

For the rest of the afternoon, families splash in the pool or enjoy the beach—until the hot grills start sizzling down at the Bluff and residents bring out their homemade casseroles and gourmet baskets filled with dinner fixings. The aroma of barbecued burgers, steaks, and seafood is irresistible as neighbors enjoy picnics and a beautiful sunset before darkness falls and FIREWORKS light the sky.

Niguel Shores puts on an unforgettable Fourth of July celebration thanks to our **Recreation Committee, Men's Club, Women's Club, and loads of volunteers**. The cuisine is All-American delish and there's a Home Town USA feeling of friendship, patriotism, and fun that runs from "the dawn's early light" all the way through the spectacle of fireworks and "the rocket's red glare" at night. Happy Independence Day, USA!


—Sandy Homicz



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the fine as with resident citations. For the first hearing the fine will be suspended under the condition that no further guest or service provider citations are received that year.

The rules and enforcement thereof were not intended to create an “Us vs. Them” atmosphere. If you are experiencing a parking issue, the administrative staff is here to help you find a solution. Just give us a call!

Be Neighborly—Ask Before you Enter Someone’s Property: If you’ve ever glanced out your window to find an unexpected guest on your property you know how jolting that can be. When we get comfortable with our neighbors and our neighborhood we sometimes forget that personal space should be respected at all times. As a courtesy, please remember to coordinate with neighbors if you need to enter their property for any reason—landscape, wall maintenance, etc.

Tennis Courts: The Association tennis courts are yet another valuable amenity that this community enjoys. It has come to our attention that chalk marks have been drawn on the tennis courts. We respectfully request that you do not continue doing this. Tennis courts must be cared for in a specific manner in order to maintain the surface and appearance, and the only way to remove the chalk marks will be with pressure washing and excessive scrubbing, which could damage the valuable surface.

**Have a Very Safe
and
Happy 4th of July!**

—Marla Miller



BOARD ACTION SUMMARY

<p>JUNE 13, 2018 BOARD MEETING: (General Session)</p> <p>ACCEPTED AND FILED:</p> <ul style="list-style-type: none"> —Financial Reports —Delinquency Report —General Session Committee Minutes <p>APPROVED:</p> <ul style="list-style-type: none"> —General Session Meeting Minutes from May 9, 2018 —Organizational Meeting Minutes from May 15, 2018 —Covenant – Recommended by Architectural Committee <ul style="list-style-type: none"> —Updated Litigation Disclosure —Danzig Bay Covenant —2018 Holiday Lighting Proposal —Ratify Installation of Spa Filter Pump Motor —Hetherington Engineering Slope Evaluation Proposal <ul style="list-style-type: none"> —Smith Architects Contract Renewal —2018 Street Coat Project Engineering Funding <ul style="list-style-type: none"> —Handrail Along Stairs at the Beach Bluff —City of Dana Point PCH Bus Easement —Harvest Landscape Proposal No. 62900 Replant Nauticus Slope <p>APPEAL/MEETINGS / PRESENTATIONS:</p> <ul style="list-style-type: none"> —Appeal of Traffic & Safety Committee Decision – Disapproval of Waiver Barcode <p>REVIEWED/DISCUSSED:</p> <ul style="list-style-type: none"> —Correspondence to the Board —Manager’s Report 	<p>JUNE 13, 2018 BOARD MEETING: (Executive Session)</p> <p>ACCEPTED AND FILED:</p> <ul style="list-style-type: none"> —Executive Session Meeting Minutes from May 9, 2018 <p>HEARINGS/MEETINGS:</p> <ul style="list-style-type: none"> —One (1) hearing held for Violation of Rules – Overnight Parking <ul style="list-style-type: none"> —One (1) hearing held for Violation of Rules – Prohibited Parking (Opposing Traffic) —One (1) hearing held for Violation of Rules – Overnight Parking <ul style="list-style-type: none"> —One (1) hearing held for Violation of Rules – Visible Pass/Decal (Expired Pass), Prohibited Parking (Opposing Traffic) —One (1) hearing held for Violation of Rules – Use of Association Facilities, Access/Egress to Facilities —One (1) hearing held for Violation of Rules – Prohibited Parking (Opposing Traffic) —One (1) hearing held for Violation of Rules – Prohibited Parking (Opposing Traffic), Beach Parking —One (1) hearing held for Violation of CC&Rs and Rules – Article IX, Section 2 and Pet Owners Responsibility (Dog Off Leash) —One (1) hearing held for Suspension of Privileges and Voting Rights —One (1) hearing held for Violation of Rules – Overnight Parking <ul style="list-style-type: none"> —One (1) hearing held for Violation of Rules – Prohibited Parking (Obstructing Sidewalk) <p>REVIEWED/DISCUSSED:</p> <ul style="list-style-type: none"> —Legal correspondence —Delinquency reports
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NOTE: The NSCA Board of Directors meets the 2nd Wednesday of each month unless otherwise posted. The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.

REMINDERS: THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD IN THE CLUBHOUSE ON WEDNESDAY, JULY 11, 2018 BEGINNING WITH A RESIDENT ROUND-TABLE AT 6:00 P.M.



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Ads for the Seashore News must be submitted by the 15th of the month. Include a check payable to NSCA, \$5 for a maximum of 30 words. Advertisers must fill out a form available at the Association office. Neither NSCA nor the Seashore News assumes responsibility or liability for quality of goods advertised.



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Independence National Park

Philadelphia's **Independence National Park** welcomes over 4 million visitors a year who come to re-live American history at Independence Hall, the Liberty Bell Center, Congress Hall, the National Constitution Center, and the Benjamin Franklin Museum. The park offers historical tours, re-enactments, films, restaurants, shops, an exciting parade, and a variety of concerts all related to the founding years of our country.

The main attraction, **Independence Hall**, is literally the birthplace of America. The Declaration of Independence and U.S. Constitution were debated and signed there, inspiring the world with their universal principles of freedom and democracy. Today, Independence Hall is a distinguished UNESCO World Heritage Site.

Built in the 1730s as the Pennsylvania State House, the building's Assembly Room housed meetings of the Second Continental Congress and the Constitutional Convention. Here, George Washington was appointed Commander in Chief of the Continental Army in 1775, the Articles of Confederation were adopted in 1781, and Benjamin Franklin gazed upon the "Rising Sun" arm chair in 1787, proclaiming that the gilt sun on its headrail was rising like the nation under its new Constitution.

Outside Independence Hall, the iconic **Liberty Bell** stands in a large glass enclosure. The bell, with its fabled crack and biblical inscription, has come to symbolize the spirit of freedom for oppressed people everywhere. About the crack in the bell, history says that a bell ordered from London's Whitechapel Foundry in 1751 cracked on its first test ring. Local metalworkers melted down that bell and cast a new one which rang in Philadelphia for nearly a century, calling lawmakers to meetings and townspeople to readings of the news. After much use, this second bell cracked, too. Metal experts widened the thin crack to prevent its further

spread—so the wide "crack" in the Liberty Bell is actually the repair of a thinner fissure. However, the repair was not successful. Another fracture developed that silenced the bell forever. No one living today has heard the bell ring, but computer modeling at the park's Liberty Bell Center provides a simulation of the original sound.

The inscription on the bell bears a timeless message: "Proclaim Liberty Throughout All the Land Unto All the Inhabitants Thereof." This quote from Leviticus 25:10 advised the Israelites to return property and free slaves during jubilee years. Possibly this inscription was chosen to mark the anniversary of William Penn's Charter guaranteeing religious liberty and self-government in Pennsylvania.

Colonial revolutionaries took up the bell's message to "proclaim liberty" in their attempts to separate from British rule. In the early years of our new country, the bell tolled for the ratification of the Constitution and the deaths of George Washington, John Adams, and Thomas Jefferson. Later, abolitionists seeking to end slavery were the first to call it the Liberty Bell.

Women's suffrage advocates and civil rights leaders also took strength from the inscription. Pennsylvania suffragists commissioned a replica of the Liberty Bell, their Justice Bell, and sent it around the country in support of women's voting rights and the passage of the 19th Amendment. During the Civil Rights Movement of the 1960s, activists took up the message and staged a sit-in at the bell. Now a worldwide symbol, the Liberty Bell's inscription remains relevant and powerful as we work toward freedom for all people everywhere: "Proclaim Liberty Throughout All the Land Unto All the Inhabitants Thereof."

For more information on a visit to Independence National Park, see www.nps.gov/inde/index.htm.

—Sandy Homicz



The Liberty Bell in Philadelphia's Independence National Park

Liberty, when it begins to take root, is a plant of rapid growth.

—George Washington

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Dana Point 4th of July Extravaganza

Dana Point Harbor Area • Fireworks start at 8:45 p.m.

Come for a day at the beach or go boating at the Harbor, then stay for the amazing evening fireworks display. Walk into the park or ride the Trolley to eliminate parking fees.



Ritz Carlton Yappy Hour

July 12 • 5:00 – 8:00 p.m.



Bark your calendar to join other canines and their companions to sniff and schmooze at Yappy Hour. Haute hounds enjoy water in favorite flavors – bacon, chicken, beef or vegan – while human guests relax with a glass of wine or a refreshing cocktail. Other items are also available for purchase. Proceeds support The Veterans Initiative of Canine Companions for Independence.

Dana Point Trolley Service

Take the Trolley to and from the Harbor or Doheny Beach and visit our last month's featured restaurant, Boneyard Beach Café, thereby avoiding any parking fees. Check scheduled pick up and drop off times at dptrolley.com.



Independence Day Aftermath - Park & Beach Clean-up

July 5 – 8:00 a.m.

The staff at Doheny State Beach would appreciate any help from volunteers to clean up after the masses of holiday picnickers. This is considered the messiest day of the year so bring gloves and help to make the park beautiful again! Thank you everyone!

Festival of the Arts

Laguna Beach - 650 Laguna Canyon Road, Laguna Beach
July 5 through Sept 1 • Daily 10:00 a.m. – 11:30 p.m.

Top-rated juried art show features original artwork by 140 of the area's finest artists. Find affordable and unique works of art. Enjoy art workshops, several dining options, guided art tours, nightly musical entertainment and hands-on demonstrations.

Admission: Weekdays: General Admission - \$10, Students & Seniors (62+) - \$7, Children 6-12 - \$5; Weekends: General Admission - \$15, Students & Seniors (62+) - \$11, Children 6-12 - \$5. Free admission for Children 5 and under, Military, Laguna Beach residents (with valid ID) and Festival of Arts Members. www.foapom.com

Pageant of the Masters

July 7 - September 7 • 8:00 p.m. nightly
Festival of Arts Theater

Each evening audiences are amazed and enchanted by recreations of classical and contemporary works of art, with real people posing like their counterparts in the original pieces.

Pageant tickets allow unlimited access to the Festival of Arts Fine Art Show all summer long. www.foapom.com

Concerts in the Park

Sea Terrace Park • Pacific Coast Highway at Niguel Rd.
Dana Point's free summer concert series celebrates more than 20 years of free entertainment. All concerts are geared for the entire family. Bring your low back lawn chairs and blankets and enjoy a variety of great music this summer.

- | | |
|---------|---|
| July 8 | 3:00-4:00 p.m. - Papermoon Gypsies
4:30-6:00 p.m. - Iron Butterfly |
| July 15 | 3:00-4:00 p.m. - Dana Point Symphony
4:30-6:00 p.m. - Saturday Night Fever
The International Bee Gees Tribute |
| July 22 | 3:00-4:00 p.m. - Small World Band
4:30-6:00 p.m. - Bonfire - AC/DC Tribute |
| July 29 | 3:00-4:00 p.m. - The Reflexx
4:30-6:00 p.m. - David Brighton's
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