

WINDSURFING

BEGINS: JUNE 22 thru July 1st.

TIME: 3:30 to 5:30

DAYS: TUESDAY AND THURSDAY

COST: \$60.00 for 4 classes
(all equipment provided)

DON'T MISS OUT ON THE FASTEST GROWING WATER SPORT IN SOUTHERN CALIFORNIA

Valleyball



THOSE INTERESTED IN PLAYING.....
WANT TO LEARN.....
WANT TO MEET NEW FRIENDS

MEETS: MONDAYS AT 3:30
PLACE: SAND COURT

COST: \$4.00 for the month of July

Have been invited to play with local private communities
and have social functions. SO JOIN US FOR A SUMMER OF FUN!

Sports Camp



ACTIVITIES

REGISTER NOW!



CAMP DATES: JUNE 28 - JULY 9

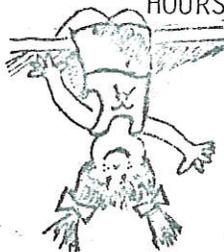
HOURS: (for 6 years & up)

1st week: Monday - Friday 10-3

2nd week: Monday - Thursday 10-3

Friday - 7pm. - 9am.

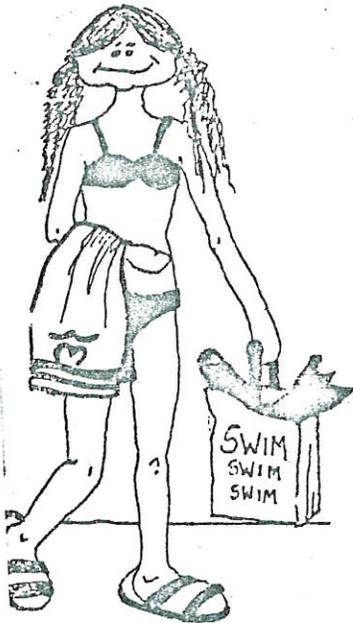
Overnight Campout



(for 3 - 5 years old)

1st and 2nd week Monday - Friday

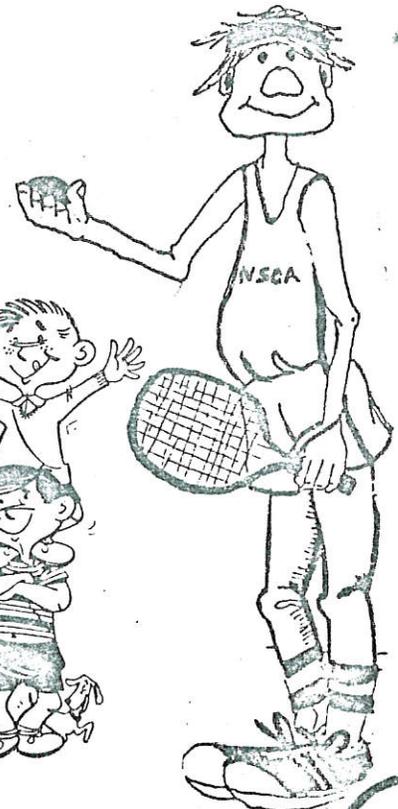
10 - 1pm.



CAMP COSTS:

3 - 5 Years old \$41.00

6 years and up \$86.00



9:30am.

TINY TOTS
BEGINNER
ADVANCED BEGINNER
SWIMMER



10:00am.

MOMMY AND ME
TINY TOTS
BEGINNER
INTERMEDIATE

10:30am.

MOMMY AND ME
TINY TOTS
BEGINNER
ADVANCED BEGINNER



WATER EXERCISE CLASS

Lose inches and feel great

These exercises are designed to limber, tone and develop muscles and to improve the cardio-vascular system. For men and women of all ages.

SWIMMING ABILITY IS NOT REQUIRED

SIGN up-on the list in
the office.

**You can
do it!**

SYNCHRONIZED SWIMMING CLASS

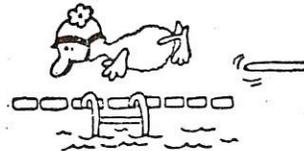
THOSE INTERESTED IN LEARNING BASIC WATER BALLET SKILLS
AND BEING IN A WATER SHOW PROGRAM.....
PLEASE CONTACT JANICE.....



REMINDER: Children under 13 years of age are required to pass a swimming test if they wish to use the swimming pool, unaccompanied by an adult.

Test will be given by the life guards after 11:00 a.m. every week day.

SWIMMING LESSONS



All group swim sessions consist of 10 (30 minute lessons)
Monday through Friday in two-week intervals.

COST: \$20.00

REGISTRATION DATES: JUNE 1-4 (FOR FIRST SESSION)
JUNE 21-25

FIRST SESSION BEGINS: JUNE 28 - JULY 29

HOURS: 9:00am. CLASS SIZE: 6-8
9:30am.
10:00am.
10:30am.

Sign-ups must be made the weeks prior to the class at the office only.

A receipt will be issued at that time for you to present to the instructor the 1st day of class to be admitted. No refunds or pro-rating as class enrollment is limited to minimums.

Please schedule your summer vacations or Day Camp activities accordingly.

THOSE INTERESTED IN TRAINING PROGRAMS FOR SWIM TEAM
(please contact Janice)

AT THE BEGINNING OF EACH SESSION ASK FOR YOUR CHILD TO BE TESTED

AND PLACED IN THE APPROPRIATE CLASS LEVEL.

SESSION ONE

9:00am.

MOMMY AND ME - IT IS A LOW KEY PROGRAM DESIGNED TO TEACH PARENTS AND BABIES TO HAVE FUN IN THE WATER TOGETHER, LEARN BASIC SURVIVAL AND SAFETY SKILLS AND LEARN SWIMMING FUNDAMENTALS WHICH CAN BE EXPANDED UPON AS THE CHILD MATURES.
AGES- 5 to 36 months

ADVANCED BEGINNER
INTERMEDIATE
ADULT

SUMMER DAY CAMP 1982

SUMMER DAY CAMP IS BACK!

This Summers Day Camp Program will be in 2 Week Sessions for better programming and staff consistency and a bigger variety of activities and field trips each session. It will also provide you the opportunity to take a short vacation and still allow the kids to attend summer camp two weeks later.

Swimming classes are scheduled in the mornings before camp, for your convience. Sports, Arts and Crafts, Field Trips and Special Events along with an Overnight Campout are featured activities.

PLEASE NOTE: Weekly Special Activities at center planned after camp sessions, posted on bulletin board near office and in the Seashore News. Each of these activities will be lots of fun, the more the merrier! Young and old, are all invited. Watch for the designated meeting area, and join us.....

DAY CAMP SCHEDULE

REGISTRATION DATES:

REGISTER NOW!!!

REGISTRATION FOR SUMMER CAMPS
(First Session or all four)
SUMMER CAMP DATES: (June 28 - July 9)
THEME: SPORTS CAMP

JUNE 28 - July 9

REGISTRATION FOR SUMMER CAMP
(Second Session) THEME: WATER CARNIVAL
SUMMER CAMP DATES: (July 12 - July 23)

JULY 12 - JULY 23

REGISTRATION FOR SUMMER CAMP
(Third Session)
SUMMER CAMP DATES: (July 26 - August 6)
THEME: MUSIC FESTIVAL

JULY 26 - AUGUST 6

REGISTRATION FOR SUMMER CAMP
(Fourth Session)
SUMMER CAMP DATES: (August 9 - August 20)
THEME: EXPLORING

AUGUST 23 - 27

CARNIVAL PREPARATION WEEK
(Each summer camps group preparation week to prepare their booth)
CARNIVAL DAY AUGUST 28

AGE BRACKETS: 3-5 years
6-8 years
9-16 years

COSTS: Ages 3 - 5: \$41.00
Ages 6 and up: \$86.00

SCHEDULE FOR

SWIMMING REGISTRATION DATES

REGISTRATION DATES:

CLASS DATES:

FIRST SESSION	June 1-11 June 21-25	June 28 - July 9
SECOND SESSION	July 5-9	July 12 - July 23
THIRD SESSION	July 19-23	July 26 - August 6
FOURTH SESSION	August 2-6	August 9 - August 20

PRIVATE LESSONS

Private lessons given to adults and infants by appointment
PLEASE CONTACT JANICE for additional information.

CLASSES

CLASS POLICIES

1. Students will not be allowed in class unless they are registered in the class and have paid. Your receipt must be presented on the first day of class.

SIGN-UPS TAKEN IN THE OFFICE

2. Late enrollees in a class must pay the entire class fee. Classes are not pro-rated. Any late student must present their receipt at the first class attended.
3. No make-ups or credits will be given for missed classes.

THESE POLICIES ARE NECESSARY FOR BOOKKEEPING REASONS AND
BECAUSE OF CLASS MINIMUMS. THANK YOU FOR YOUR CONSIDERATION

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aerobic exercise class

BREAK OUT OF YOUR SHELL! TAKE CONTROL!

"AEROBICISE" with Maureen Stevens

Wednesday: 8:30 - 9:30 a.m.
4 sessions \$10 and/or

Saturday: 8:30 - 9:30 a.m.
5 sessions \$12.50

Program to consist of warm up, yoga stretching, aerobic movement and dance, cool down stretches, all to rhythmic music. Routines emphasize on flexibility, coordination and stamina. Participants are given individualized instructions at their own pace.

Aerobicise has a definite effect on your attitude about yourself. Feel better about yourself, hold your head higher, feel more comfortable in your body! Increase energy and vitality.

"ONCE YOU BEGIN, YOU'LL BE HOOKED"

* * * * *

EXERCISE TO HEALTH

with Lucia Marriner

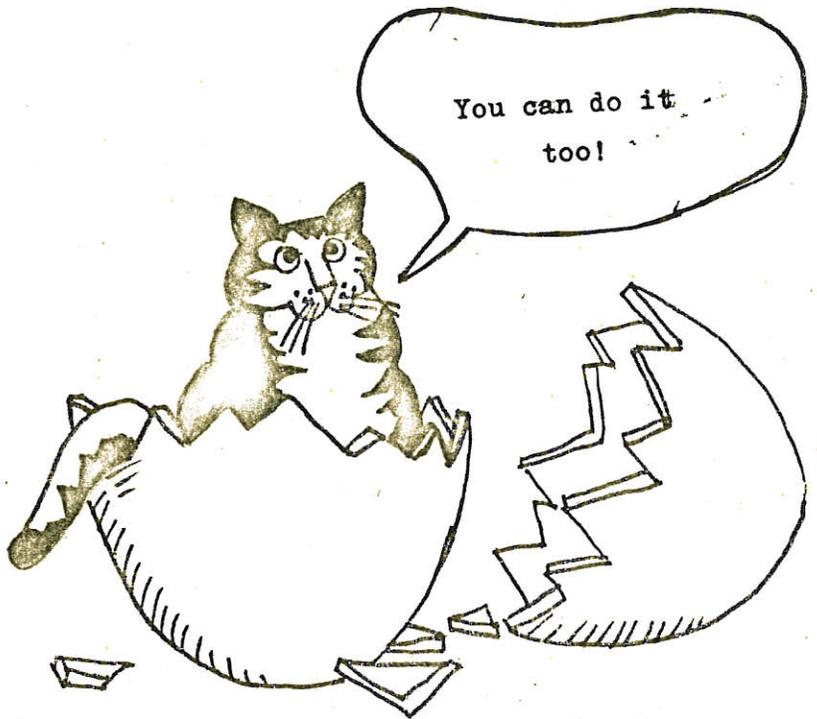
No more excuses! You can be fit!

My aerobic dance and exercise class will gently stretch and strengthen every muscle group of your body - toning and conditioning problem areas. All movements are done to music.

Whether you're in super shape or just getting back to it, come down and participate. All levels will be challenged, and I'll encourage you to go at your own pace. You'll feel better about yourself and you'll look better too!

Classes held Mondays and Fridays from 8:30 - 9:30 a.m.

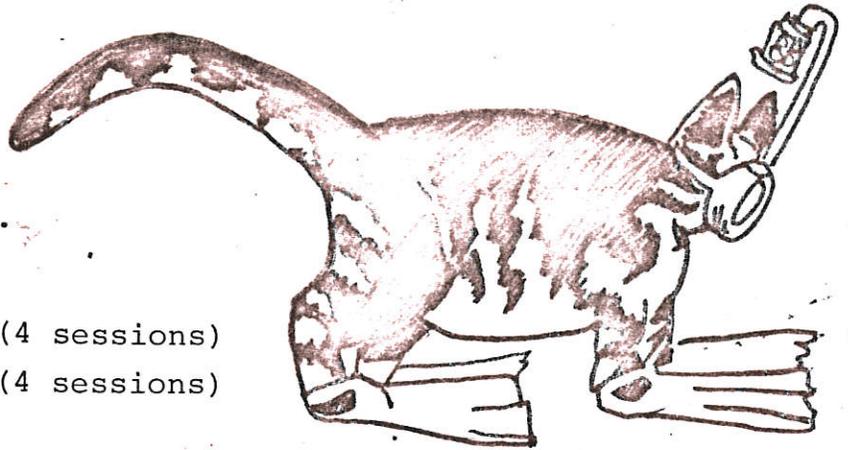
\$22.50 - new sessions begin each month and moms, childcare is available.



WATER EXERCISE CLASSES

Tuesday: 11:00 - 12:00 a.m.
(with Lucia Marriner)

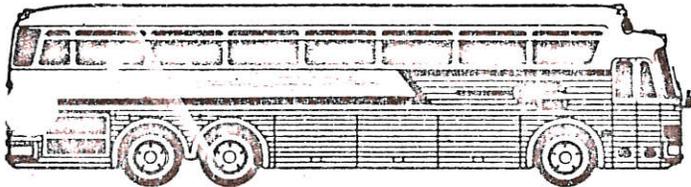
Tuesday: 5:00 - 6:00 p.m. (4 sessions)
and
Thursday: 5:00 - 6:00 p.m. (4 sessions)
(with Maureen Stevens)



New sessions begin each month - \$10.

Swimming ability is not required! Water exercise is a great way to work and tone muscles by using the water as resistance.

Recommended for all ages, and people at all levels of fitness - a gentle way to strengthen and tone all problem areas. Come and join us!



PLEASE CHECK OUR OFFICE
BULLETIN BOARD WEEKLY FOR
BUS TRIPS- LOCATIONS-AND COST

Register Now!

Ballet and Acrobatic classes will be given during the summer by Francina Mans. Classes are scheduled for Monday afternoons from 3:00 p.m. Ages - 3 years and up.

BALLET

Please call Francina at 499-2023 for further information.

Parents will need to register their children at the office.

NOTE:

Classes for July will begin July 12, and run for 3 weeks. All accounts must be paid current, before child will be admitted to class. Receipts issued by office must be presented to instructor on first day of class for admittance.

JUL 82
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NEIGHBORHOOD

EXCHANGE

FOR SALE:

Inside door \$10
Canvas Drape, new \$10
Twenty bronze shelf
brackets \$15

Call: 496-3901

ELEMENTARY TEACHER

Summer tutoring - all areas,
with particular interest in
reading and reading-related
problems.

Call Diane Hearne
661-6267

ENGLISH TUTOR

Remedial instruction as well as
enrichment. Proficient in
reading skills, writing, and
vocabulary development.

Call Mrs. Durham, 496-5743

By late Fall, mature single
lady wishes to rent an
unfurnished two bedroom
townhouse on a yearly basis.

Contact, 661-6815

MOVING SALE -

Furniture, lamps, paintings, hi-
fi, numerous household items
.... July 9; 12 to 6 p.m.
.... July 10; 9 to 2 p.m.

33621 Brigantine

LOST: At pool - Ladies light
blue terry warm-up, top only.
Robinson's label.

Call 496-8124

Used boys dirt bike for sale -
needs tires -

Call John, 496-3357

LOST PROPERTY

Items of clothing and articles left at the Recreation
Center are collected and kept in a "Lost Property Box"
in the office, for a limited period of time.

Please claim these articles as soon as you are aware
they are missing.

JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Day Camp: 1st session - 6/28 - 7/9 2nd session - 7/12 - 7/23 3rd session - 7/26 - 8/6	Register for swimming lessons now	Ladies tennis 9-12 Moms Club 10:30 Womans Club luncheon 12:30 Volleyball 3:30	Exercise 8:30 Jazzercise 5:30 Bridge 7:30	Exercise 8:30 am
2 / 30 PANCAKE BREAKFAST 4th July celebration Independence Day	5 Office Closed - Community Center Open	6 Mens Club Breakfast 8:30 Water exercise 11-12 Watercolor 1-4 Water exercise 5-6	7 Exercise 8:30 Bridge 12:00 ARCHITECTURAL 3:45	8 Ladies Tennis 9-12 Womans Club Crafts 10-2 Moms Club 2:00 Volleyball 3:30	9 Exercise 8:30 Teen Class 3:30 Jazzercise 5:30 Overnight Camp-Out	10 Exercise 8:30
11 Junior tennis tournament 11-3	12 Exercise 8:30 Ballet 3:30 Volleyball 3:30 SECURITY 4:00.	13 Mens Club Golf Water exercise 11-12 Watercolor 1-4 Waterexercise 5-6	14 Exercise 8:30 Bridge 12:00 RECREATION 8:00	15 Ladies Tennis 9-12 Moms Club 10:30 Womens Club tour 11:00 Volleyball 3:30 FINANCE 7:30	16 Exercise 8:30 Teen class 3:30 Jazzercise 5:30 Bridge 7:30	17 Exercise 8:30
18 Pot Luck 6 pm	19 Exercise 8:30 SEA TERRACE II 9-11 Moms Club 1:00 Ballet 3:30 Volleyball 3:30	20 Mens Club Breakfast 8:30 Waterexercise 11-12 Watercolor 1-4 Water exercise 5-6 BOARD MEETING 8:00 pm	21 Exercise 8:30 Bridge 12:00 ARCHITECTURAL 3:45 COMMUNICATIONS 7:30	22 Ladies Tennis 9-12 Volleyball 3:30 pm	23 Exercise 8:30 Teen class 3:30 Jazzercise 5:30 Overnight Campout	24 Exercise 8:30
11-4 Adult tennis tournament 11-4	26 Exercise 8:30 Ballet 3:30 Volleyball 3:30	27 Mens Club Golf Waterexe. 11&5 Watercolor 1-4 SEA TERRACE I 7:30 pm	28 Exercise 8:30 Bridge 12:00	29 Tennis 9-12 Moms Club 10:30 Womens Luncheon 12:30 Volleyball 3:30	30 Exercise 8:30 Teen Class 3:30 Jazzercise 5:30 Overnight Campout	31 Exercise 8:30

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