

Seashore News



March 2017

Published Monthly by Niguel Shores Community Association

Issue 519

FROM THE HELM

Hopefully, as you read this article, our pool-plastering project has been completed and the pool is reopened. It was also necessary to replace the spa heater, which was done at the same time and now both the pool and spa are running at full speed once again, thank you for your patience. Many of you have probably noticed the new coach lights being installed on various Bay Home locations. The installation is being completed by our Niguel Shores maintenance staff and they are making excellent progress. This is a timely improvement, with the recent rain and wind the older existing coach lights are rapidly deteriorating and the cost of repair outweighs the cost of the new lights.

The Cabrillo slope is also nearing completion, yes taking longer than expected, however it was the community's

largest slope undertaking and in need of much repair and attention. It is our hope to also expedite the completion of the remaining slopes in order to finish the Master Landscape project sooner.

The board and its committees are currently looking to the future needs of our community and some projects we are reviewing are, the street signs...and making them more visible at night, as well as replacing some of the tables and benches at the beach bluff. We will keep you informed if and when we move forward with these projects. February was obviously a wet month, however, our community's resources all held up fairly well. Like many of you, I enjoyed the rain, however, I have to admit I am looking forward to a little sunshine.

—Art Staudenbaur

2016 YEAR END FINANCIAL REPORT

The Finance committee is pleased to announce that the financial results for the calendar year 2016 were very favorable. Income was better than anticipated due to interest income from investments exceeding expectations and some legal expenses, which were reimbursed by insurance. Additional expense savings were realized in utilities, workers compensation insurance, reclaimed irrigation water, no write-offs of homeowner accounts and legal fees.

The revetment legal fees were completely covered by the homeowner's special assessment made a few years ago. There are still remaining special litigation funds, which will be used to cover revetment legal fees in 2017.

The complete financial statements will be mailed to Association Members in late April after

the completion of the independent audit of the 2016 financial statements.



We are very fortunate to be living in a community that has active volunteers and an excellent staff to keep our community well run and a desirable place to live. For example, our General Manager, Marla worked closely with South Coast Water District to negotiate a favorable outcome to new revised water meter requirements. Our staff does an outstanding job managing expenses. As a result, association member dues have remained flat for 5 years while continuing to fund reserves.

Thank you all for doing such a wonderful job!

—Sue Kichline

IT'S ALL GOOD

The DROUGHT appears to be over.

The STOCK MARKET has hit new heights.

INTEREST RATES are still relatively low.

It's a great time to be a SELLER.

Real estate values continue to RISE.

YOU LIVE IN NIGUEL SHORES

If I can be of assistance with any of your real estate needs,
please don't hesitate to contact me.



BOB GINO
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2017 ANNUAL MEETING & ELECTION DATES

The deadline to submit your Candidate Nomination Form to the NSCA office was 5:00 p.m. on Tuesday, February 28. Candidates can still run for office after this day, but they will miss the cutoff date to be formally listed on the ballot that is mailed out to owners. If you love this community and want to keep the Association running effectively and efficiently, please consider serving on the Board and offering your time and commitment for a great purpose.

Please mark your calendars for the **Meet the Candidates Night** scheduled for Tuesday, April 18 at 6:00 p.m. This provides an opportunity for homeowners to hear from each candidate and ask questions. We have scheduled the Meet the Candidates Night close to the mailing of the ballots so everyone can go listen to the candidates speak and be prepared to vote once the ballot is received. The Annual Meeting is scheduled for Tuesday, May 16 at 7:00 p.m. in the Clubhouse.

SUMMER CAMP

Due to various reasons, there will no longer be a Summer Camp at Niguel Shores. Although this has been a very beneficial camp for many children it seems that there are just too many other activities to continue this event.

ROTH CAPITAL EVENT

The Roth Capital Event will be held on March 12-15 this year. The event will be much the same as past years with Evening Entertainment going from 6-10:00 p.m. which includes live music. The set up will take place March 10 and 11 and the south portion of the Salt Creek parking lot will be closed during this time. Tear down will be completed no later than March 16. As in previous years there will be tents, a stage for music and entertainment, lighting, food and beverage services. This is an important event for the City of Dana Point and every effort has been made to minimize the effect on the Niguel Shores residents.

MASTER LANDSCAPE PLAN:

We are currently completing the Cabrillo slope, which is the slope that runs above Breaker's Isle. This was a huge project and took a little longer to complete due to some necessary upgrades including V-Ditch repairs and a drain installation along the entire bottom of the slope. The last phase of this slope is to install the mulch and that should be scheduled very soon.

The next portion of the Master Landscape Plan, will be the renovation and replanting of the Niguel Shores Drive, Magellan Upper and Lower Slopes.

Harvest Landscape crews will soon be removing the vegetation on these slopes beginning with the Niguel Shores Drive area just past the bridge as you go west to the beach bluff. Once the vegetation is removed the next step will be to prepare the soil, install upgraded irrigation lines and then replant the slope. Once the Niguel Shores Drive slope is completed they will move to the slope that runs above Magellan Isle and then the one that runs above Shackleton Isle. This entire process should take approximately six to eight months to complete, but once it is done the slopes should be much like the other slopes that have been recently renovated.

RAIN vs. WEEDS

The recent rains have been a blessing and appreciated by all, but plants and people are not the only thing that appreciates the wonderful rains. With the epic rains, comes epic weeds. Weeds and more weeds are sprouting up in planter areas, in the cracks of sidewalks, streets, curbs, etc. It seems like they grow a foot overnight. We are really trying to stay on top of this, but with the amount of rain and the warm weather it is very difficult, so your patience is greatly appreciated.

If you have any questions, please feel free to contact the Association staff. We will be glad to help you or direct your questions to the proper staff member so that your questions are answered in a timely manner. As always, the Association staff looks forward to assisting you.

—Marla Miller

IN MEMORIAM

Marilyn Moon

January 2017



A resident of Niguel Shores for many years

2014 Volunteer of the Year

NSCA Board of Directors Secretary 2006-2007 and

Vice President 2007-2008

Member of the Architectural Committee

Member of the Recreation Committee

Member of the Garden Club

Member of the Women's Club

BOARD ACTION SUMMARY

FEBRUARY 8, 2017 BOARD MEETING:

(General Session)

ACCEPTED AND FILED:

- Financial Reports
- Delinquency Report
- General Session Committee Minutes

APPROVED:

- General Session Meeting Minutes
from January 11, 2017
- Date for Membership Voting in Election
 - Pilaster Modification Procedures
 - Removal of Tree on Via Del Cielo
 - Master Landscape Plan
 - Janitorial Contract Renewal
 - Street Signs and Lights
- Motion to Add Emergency Item to Agenda
 - Replacement of Failed Spa Heater
- Replacement of Failed Spa Heater

DISAPPROVED:

- Appeal of Architectural Committee Disapproval of Remodel

APPEAL / MEETINGS / PRESENTATIONS:

- Architectural Committee Disapproval of Remodel

REVIEWED/DISCUSSED:

- Mushroom Light Fixture Options
- Correspondence to Board
- Manager's Report

TABLED/CONTINUED:

- Board Hearing Procedures
- Parking Fine Policy and Procedures
for Non-Resident Vehicles
- Beach Bluff Bench Replacements

FEBRUARY 8 BOARD MEETING: (Executive Session)

ACCEPTED AND FILED:

- Executive Session Committee Minutes

APPROVED:

- Executive Session Meeting Minutes
from January 11, 2017

DISAPPROVED: none

HEARINGS/MEETINGS: none

REVIEWED/DISCUSSED:

- Legal correspondence
- Delinquency reports

TABLED/CONTINUED: none

NOTE: *The NSCA Board of Directors meets the 2nd Wednesday of each month unless otherwise posted.* The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.

REMINDERS: THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON WEDNESDAY, MARCH 8, 2017

SEA TERRACE TOWNHOUSE ASSOCIATION II

The **Annual Meeting** for the Sea Terrace II Townhomes will be held in the NSCA Community Center on **Tuesday, March 14, 2017**. Doors open at 6:30 p.m. to drop off ballots (if not already mailed in) and the meeting will commence at 7:00 p.m. This meeting will include review of the budget, setting the annual dues, and election of board members. All members are encouraged to attend.

COMMITTEE REPORTS

RECREATION

St. Patrick's Day: March 17—5:30-7:30 p.m.

Come and join the fun of celebrating St. Paddy's Day with corned beef sandwiches and beverages. Event will be held on Clubhouse Patio

Upcoming Events for April

Garage Sale: April 15—9:00 a.m.-12:00 p.m.

Back by popular demand and just in time for Spring Cleaning!

Make sure to sign up in the NSCA office to participate. The garage sale will be open to the public again this year.

So many more fun events to come.... We will keep you posted each month.

—Maria Elena Banks



MAINTENANCE

Phase II of the Coach Light Project, a quantity of 100, eighteen-inch fixtures are all installed on the entrance pilasters. Installation began in January at Mercator and Nauticus entrances, followed by Salvador, Hobart, Perth, Brisbane, Montego, Sidney, Tampico, Verrazanno, Coral, Tasman, Bothnia, Amundsen, Marmara, Danzig, Taranto, Ionian, Kara, Timor, Bluehill, Colima Bay and Atlantic Avenue. These lights provide the significant advantage of



longer bulb life (light-emitting-diode bulbs), much lower maintenance, and are constructed of materials that resist degradation in our seaside environment. Phase III will include about 150 lights and will have a modified back-plate to fit the existing wall mount to reduce installation costs.

—Jerry Allen



EMERGENCY PREPAREDNESS

Urgent Call to ACTION

We all owe this to our significant others, family, friends and neighbors. We have scheduled a CPR/AED/

FIRST AID Class for Niguel Shores residents (and outside family & friends) for Sat., March 18 from 9:00 a.m. until Noon in the clubhouse. This is taught by an experienced and certified instructor & you will receive certification upon completion of the class. The fee is \$45, and pre-registration and payment can be made in the NS office. BE PREPARED and sign up NOW!

How about fraud, scams, identity theft, unwanted phone calls... the list goes on, unfortunately?

Technology comes with a downside... sophisticated scam artists seem to be increasing at an incredible rate and threaten all of us in many ways.

The National Crime Prevention Council www.ncpc.org/ publishes a free mailing on many types of fraud prevention measures we should all be aware of. Please go online or call them (202-466-6272) to get this eye-opening publication.

Let's look at just a few of the tactics you might have experienced and how to avoid them:

Telemarketing fraud. We all get some unsolicited and unwanted calls. To help prevent these calls, start by registering with the National Do Not Call Registry (888-382-1222 or www.donotcall.gov). While it might not eliminate all unwanted calls it can reduce some.

In any case, start by NOT answering calls, if you have caller ID that indicate Caller Unknown or a number you don't recognize. If it's a legit call then see if they leave a message you want to respond to.

Here's a quick list of DON'Ts and DO's:

- NEVER answer YES to any question unless you trust the caller after asking who they are. NEVER provide ANY personal information such as name, address, social security number, birth date, etc. Most scammers are pretty sophisticated and clever in getting this info from you and WILL use this to defraud.
- NEVER take a call from the IRS! They won't call you but send correspondence via mail.
- NEVER send solicitations for charitable contributions over the phone. Ask them to mail you a request and you will consider.
- NEVER pay a fee to someone saying you have won a prize but need to provide a credit card number for UPS delivery or processing.
- NEVER wire money to anyone but family or people you have known for a long time. Wiring money is as good as cash.
- BE VIGILANT over the telephone.

COMMITTEE REPORTS

- The LIST of fraud and scam techniques are endless and we need to be educated as to the methods used by today's criminals over the phone, E-Mails, postal service and other avenues.

Here's a LIST of other quickies to watch out for:

- Don't throw ANYTHING away in you garbage with credit card and bank statement, canceled checks or pre approved credit card offers.
- Don't leave mail in your mailbox for pick-up by the mailman if it has personal information. Mail it yourself in a postal box or at the Post Office.
- Don't carry your Social Security Card in your wallet
- Don't leave any ID in you unlocked automobile glove compartment or center console if you valet your car, ANYTIME.

I encourage you to Google fraud and scamming techniques for further tips and suggestions in protecting your accounts, personal information, and safeguarding your assets.

Call your bank, broker, CPA, and family attorney, for their advice and recommendations.

BUT, again, this doesn't even scratch the surface. Do your own homework and learn what you need to do to protect yourself.

—Kent Wellbrock

TRAFFIC AND SAFETY

Surveillance Cameras:

Just about the time we read this, our new surveillance cameras should be installed allowing extra sharp and crisp pictures of select (public) spots within our community. Hopefully, these new cameras should deter those that may be tempted to steal, vandalize or trespass. I understand that these cameras are sophisticated enough to provide a clear picture of people in the dark. The end result is that these cameras should help resolve some civil issues, rule violations, as well as criminal matters.

Tailgating:

For the past few years we have seen a steady decline in our personal guests tailgating and having their tires ruined, by spikes, while trying to enter our community at the Cabrillo and Selva gates. This has been accomplished, in all likelihood, by all of us telling most of our visitors to disregard their GPS directions, to these gates, and advising them to go to the Mariner Gate entrance.

Unfortunately, more and more folks are relying on their GPS type devices to get around town. This is especially true of workers and tradesmen summoned to our community for

the first time. Sadly, the GPS may direct them to either Selva/Cabrillo gates. Anxious and in a hurry they don't see or simply don't read the signs properly directing them, but just become frustrated about losing work. Consequently, they tailgate the first resident's car passing through and suffer at least one flattened (ruined) tire. Every month we have thousands of dollars worth of damages to tires on small trucks/vehicles driven by hardworking people trying to service our homes.



Staff has recently placed very conspicuous signs, in the most obvious place possible, at each of the two gates. This information by itself likely will help to a limited extent. However, if we do our share of warning and supplying clear directions to the small businesses we summon to our homes, we can achieve a goal of eliminating unnecessary tire damage.

—God Bless.....Tim Murphy

NIGUELSHORES.ORG

Please be sure to log on to www.niguelshores.org for important and up to date information about what is happening in our community and in the City of Dana Point, as we begin to head into spring. So many resources are available to you right from your home computer or from your mobile device. Most everyone is aware how easy it is to call friends, family and service providers into the community by using our website, however, you can use the website to make tennis reservations, read about the latest board actions, find out what is happening at our wonderful Library right across the street and keep up with all the activities that the Niguel Shores Recreation Committee has in store for us this spring. One event you not want to miss is the annual St. Patrick's Day celebration that is scheduled for Friday, March 17 on the patio at our wonderful clubhouse, get the details on our website.

—Patti Staudenbaur

CLUBS

WOMEN'S CLUB

At our luncheon meeting on March 9, the spotlight will focus on the Irvine Barclay Theater. Karen Drews Hanlon and Lori Grayson will speak about the status of the performing arts and present the fabulous schedule of plays, concerts, dance and special events at the Irvine Barclay. The theater is donating two tickets to two separate events during the months of March and April (four tickets total) as complimentary prizes at our luncheon.



In January we enjoyed a lively presentation and luxury prizes from Natalie Hudgens, Senior Sales Manager at the Monarch Beach Resort.

On March 16, the Monarch Beach Resort will host our members for a “Tour and Happy Hour” at the resort. The tour is from 4:00 to 5:00 p.m. and Happy Hour will follow. The cost is \$25 per person, which includes a specialty drink and hearty appetizer. Members may invite guests as well. The event is limited to 45 people. If you’d like to attend, make out your check to Niguel Shores Women’s Club and turn it in to the Niguel Shores Office by March 13 at noon. For questions, contact Tina Fornadley go4it@cox.net or Carol Kuhn (949) 496-0814.

We’ve enjoyed so many excellent activities, programs, and luncheons together over the months since our 2016-2017 year began last June that we feel it’s worth a recap



A panel of experts from Comfort Keepers, Atria San Juan, and Sterling Placements spoke in February about caring for our ill and elderly.

for those who took part and also for those who may have missed an event.

Starting back in July, do you remember the great hot dogs our team provided for the Shores Independence Day celebration? Were you at our opening luncheon meeting in September when Lieutenant Eric Ledesma spoke on



At our February Valentine’s luncheon new member Karen Monroe was welcomed to the group by President Lydia Reese.

homeland security in our ports? And what about October when Ray Martin Associates gave us an update on Medicare programs? November brought us decor and remodeling ideas from the Laguna Design center, and in December everyone enjoyed our festive Holiday Party complete with Dana Hills High entertainers and our men friends tending bar. Lots of fun there! We opened the New Year with a visit from Natalie Hudgens of the Monarch Beach Resort, who described all their amenities and gave out resort prizes. Then, last month, we learned ways to care for our ill or elderly loved ones from a panel of speakers representing Comfort Keepers for in-home care, Atria San Juan for assisted living, and Sterling Placements for board and care.

—Sandy Homicz

MEN'S CLUB

The Men’s Club is starting our annual scholarship award process. Applications must be submitted no later than April 28, 2017 (See details below).

On February 7, our guest speaker was Alan Hess, an architect and historian who has written nineteen books on modern architecture and urbanism in the mid-twentieth century. He gave a spellbinding discussion of the subject of his 2012 book, *Frank Lloyd Wright: Natural Design, Organic Architecture: Lessons for Building Green from an American Original*. Alan describes Frank Lloyd Wright as the greatest architect in the 20th century and notes that, in his life (1869-1959), he “revitalized” his career at least 4 to 5 times. Wright started in Chicago in the 1890’s and introduced the concept of a long horizontal house with wide eaves, a design that captured the practical need for solar efficiency, allowing sunshine in during winter and shade in summer. His early influence on commercial buildings can be seen in the Larkin building in Buffalo, NY which has

CLUBS

been described as “a monument, if not to Mr. Wright’s creative imagination, to the inventiveness of American design.”

Act one of his career ended in 1909 with the scandal of his love affair with Mamah Borthwick Cheney, the wife of his client who commissioned the Cheney house. Wright moved to rural Wisconsin and built “Taliesin”, a secluded house in the country, for his lover and new family. While he was away designing the Tokyo Imperial Hotel, tragedy struck when a deranged servant burned Taliesin, killing Mamah and her children.

In the 1920s Wright moved to Los Angeles, opening another “act” in his career. He reinvented himself again, emphasizing building with natural materials and concrete blocks, keeping natural detail and designs in the structure. The Freeman and Ennis houses are notable examples.

Another new phase in Wright’s career began with a move to the desert. Wright realized the demographic shift to the Sunbelt was coming and wanted to influence the movement. In the beauty of the Sonoran Desert, he created Taliesin West, a winter camp and desert laboratory that became a school for teaching younger architects his concepts.

1935 marked another phase that many of us associate with Wright, exemplified by the *Fallingwater* house design in Pennsylvania. In addition, the Johnson Wax Building in Racine, and the Herbert Jacobs House in Madison, Wisconsin—brought him back into prominence in the architectural community. In the 1950’s the Walker house in Carmel featured Wright’s concept of blending the structure with nature, a design that even the Coastal Commission would love. Wright’s far sighted designs have also had a major influence on our commercial landscape. Norm’s and Bob’s Big Boy, as well as the Rodeo Drive Shopping Center, reflect Wright’s influence on architectural vision.

—Jerry Allen

GARDEN CLUB

The Garden Club went on a field trip to Helena Modjeska House and Garden on Wednesday, February 22. Members met in the Community parking lot at 9:00 a.m. to carpool to this event and brought a bag lunch to enjoy after the tour at the nearby Tucker Wildlife Sanctuary.

Tucked away amidst a live oak grove on the banks of Santiago Creek in Modjeska Canyon lies this century-old home of world renowned actress Madame Helena Modjeska. Named for the grounds’ resemblance to the Forest of Arden in the Shakespearean play, *As You Like It*, Arden is designated a National Historic Landmark. A docent led tour of this historic house and gardens was well enjoyed by all in attendance.



The next meeting will be at noon on Monday, March 20, 2017 in the Clubhouse. Evelyn Weidner, owner of the Weidner Gardens in Encinitas will speak on General Gardening.

—Karl Kuhn

NIGUEL SHORES MEN’S CLUB Offers College Scholarships for Graduating Seniors



Two \$1000 Awards

Students living in Niguel Shores will be given first priority

To participate please submit the following criteria

- | | |
|------------------------------------|--|
| 1. Name, address, phone and e-mail | 6. Public Service |
| 2. High School | 7. Personal essay |
| 3. College choice | 8. Recommendation from teacher |
| 4. Major | 9. Scholastic record, classes and grades |
| 5. SAT scores | 10. Financial need |



Closing Date: Submit to Niguel Shores office by **April 28, 2017**

For Information Contact: Bob Borland, Men’s Club Scholarship Chairman at 949-248-1493 or georgieb99@cox.net.

ACTIVITIES

BRIDGE NEWS

We've been having a lot of fun playing 4 tables of bridge during this foggy and rainy time of year. If you are interested in joining our weekly bridge group which meets every Wednesday in the Niguel Shores Community Room, please contact Mary Ann at (949) 489-9999.

Winners are:

Jan. 25 Jim Pinola, Gloria Sall, Mary Ann Theisen
Feb. 8 Sandy Youdbulis, Lee Farrell, Mary Ann Theisen
Feb. 15 Lee Farrell, Karen Oerele, Margaret Brugger
—*Mary Ann Theisen*

OREO BOOK CLUB

We met at the home of Norton Schwartz on February 15 and discussed the book *ISIS—The State of Terror* by Stern and Berger. The book covered the rise of ISIS, their recruiting methods and their ideology that will help them persist. We discussed the alternate roles of the United States in meeting this threat to the Mid-East and the domestic problem it presented for us in confronting our prejudices regarding Muslim immigrants. Resolving these prejudices without damaging our values are a personal challenge that each of us must meet. Our next meeting will be March 15 and the book *Hillbilly Elegy* by J.D. Vance will be discussed. If you would like to attend our book review group e-mail:

—*Norton Schwartz at Nortlynne@cox.net*

AFTERNOON PAGETURNERS

Afternoon PageTurners' will read and discuss *The Nightingale* by Kristin Hannah. The book is the story of two sisters living in German-occupied France in 1939. The Thursday group will meet on March 23 and the Monday group on March 27. There is currently a waiting list for both groups, however, for information about PageTurners contact:

Mondays: Diane at dhearne476@gmail.com

Thursdays: Lisa at lisabuchner@cox.net

—*Diane Hearne*

LIBRARY

The following is a list of programs and events for March 2017. All events held in the Community Room unless otherwise noted. Walk-in's welcome. ADULTS, check out the new class on writing below.

TODDER and PRESCHOOL:

Toddler Storytime. Tuesday, March 7, 14, 21, 28, 10:00 to 10:30 a.m. Join us for a special musical storytime. Your child will enjoy singing and making music. This event is for

children of all ages accompanied by a parent or caregiver.

Stay and Play, Tuesday, March 7, 14, 21, 28, 10:30 to 11:00 a.m. This event is for children of all ages with a parent or caregiver.

Preschool Storytime, Tuesday March 7, 14, 21, 28, 11:00 to 11:30 a.m. This event are for children 3-5 years old with a parent or caregiver.

CHILDREN ALL AGES: The following events are for children of all ages with a parent or caregiver.

Stories and a Snack Storytime, Saturday, March 18, 10:30 a.m. – 11:30 a.m. Listen to fun stories all about hugs and kisses with Miss Maggie.

Princess Belle Storytime, Wednesday March 15, 2:30 to 3:30 p.m. Join Ms Kasey for a special afternoon storytime. There will be stories, songs and an activity after.

PJ Storytime with the Sunshine Readers, Monday, March 27, 5:30 to 6:30 p.m. Children of all ages with a parent. Wearing PJs is encouraged. A cookie and water is provided at the end.

Family Gaming, Thursday, March 30, 3:30 to 5:30 p.m. Compete in traditional board games, and learn new video games.

Lego Club, Wednesday, March 8, 3:00 to 4:00 p.m. Join us for free Lego building time.

Drawing with Laura Seeley, Wednesday, March 22, 3:30 to 4:30 p.m.

CHILDREN SCHOOL AGES:

Read to a Dog, Wednesday, March 1, and Tuesday, March 21, 3:00 to 4:00 p.m. This event is for beginning readers and is held in the Children's Area. These special therapy dogs love listening to stories. Come and make a dog happy.

Craze 8's Club, Thursday, March 2, 9, 16, 23, 2:30 to 3:30 p.m. This class is for school age children, grades K-2. Enjoy different hands-on activities every month. Learn to draw with a local artist.

TWEEN, TEEN:

Teen Time, Monday, March 13, 5:30 to 6:30 p.m. Enjoy different hands-on activities every month. Each class focuses on a different aspect of Science, Technology, Engineering, Art, and Math (S.T.E.A.M.).

Teen Advisory Board, Monday, March 6, 5:30 to 6:30 p.m. Teens 12-17, tell us what you want from the library. From books to events, we want to know.

ADULT:

Adult Coloring Club, Fridays, 10:00 a.m. to 12:00 noon. Bring out your inner artist while surrounded by books and good company. All material provided.

Seaside Book Club, Monday, March 27, 10:30 to 11:30 a.m. Join us every 4th Monday of the month. For a list of featured titles call the Library at 949 496-5517.

ACTIVITIES

Foreign Film, Sunday, March 26, 3:00 to 4:45 p.m. A taxi driver living with his mother offers his services to a petty criminal in order to pay for his mother's costly rehab treatment.

Computer Class, Tuesdays, March 7, 14, 21, 9:00 to 10:00 a.m. Learn basic computer skills with a free, three-part, hands-on class.

SPORTS

WOMEN'S GOLF

The Niguel Shores lady golfers held their February outing the day before Valentine's Day so there was lots of love in the air as they walked the 9-hole course and enjoyed the sunshine!

Two new golfers joined the ranks, Gail Rightmire and Catriona Sigsby, both of whom we are looking forward to having join in the monthly game!

It turned out to be such a great day for golf after having had several days of heavy rain. The Ranch (formerly known as Ben Brown's 9-hole golf course in Laguna) was lush and green which will be nice for the deer who routinely stroll the fairways.

Irene McDonald announced the prize winners for the day: Val Mitchell and Catriona tied for low score; Val and Marlene Lynch tied for low putts; Catriona also had longest drive and closest to the pin on hole #8; and Val had closest to the pin on hole #6.

After golf, we were joined by Ceacy Johns for a nice lunch in the new restaurant along the 1st fairway at The Ranch!

Our next regularly scheduled golf day will be the second Monday of the month, March 13. All lady golfers regardless of skill are welcome and encouraged to join us by calling Pam Strayer at 949-499-4737 to be added to the roster.

A LITTLE GOLF HUMOR:

Two golfers were sitting at the 19th hole discussing their games this year when one said to the other, *My game is SO bad this year I had to have my ball retriever gripped!*

—Julie Patton



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Write On Writing Group, Tuesdays, March 7 and 21, 5:00 to 7:00 p.m. Writers of all levels and genres are invited to share, critique, and receive feedback on their work from this friendly, active group of local writers. For more information: writeongroup@outlook.com

—Karl Kuhn

MEN'S GOLF

We started the New Year with our monthly tournament on January 17 at Talega Golf Club in San Clemente. We had 24 players and the game was 1,2,3 Fore-some.

This is a great format that is scored by counting the best net score of the four players on hole #1. The 2nd hole is total of the 2 best net scores, and the 3rd hole is total of 3 best net scores. The remaining holes are scored using the same rotation. This format is a great equalizer for all players.

1st place: Mike Stiverly, Gary Beneke, Morry Dohner, and Bob Russell with a total score of 125.

2nd place: Rick Palmer, Bill Johnson, Nick Werneke, and Bill Verbrugge with a total score of 126.

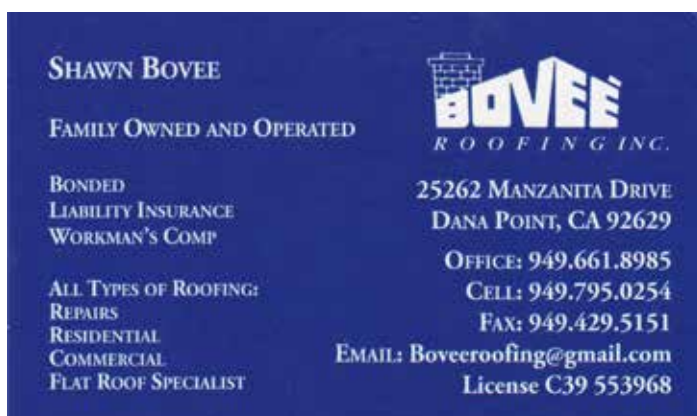
3rd place: Roy Dohner, Kent Wellbrock, Matt Kelliher, and Mike Baskin with a total score of 133.

Closest to the pin on hole #5 went to John Monson and on hole #17 Kent Wellbrock.

In addition to our monthly tournament, which is held on the 3rd Tuesday of the month, we play a great selection of courses here in Orange County.

In February we will be playing Talega, Monarch Links, and San Juan Hills. In March we will return to Talega on the 1st and 3rd Tuesday, and will have our first outing to Pelican Hills on March 14. We finish the month at San Juan Hills on March 28.

—Bob Russell



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MEET YOUR NEIGHBOR

Tim and Carmen Murphy

In keeping with the tradition of March being the month of shamrocks, St. Patrick, corned beef, green beer, and well, all things green, we are featuring our neighbors who have not only an Irish heritage, but a very special love for Ireland, its people, culture and beauty. Meet Tim and Carmen Murphy. Tim and Carmen have lived in Niguel Shores since 2003. They love the community and participate in many clubs, committees and activities, but more about that a little later. Let's go back to *their* beginnings.

Tim and Carmen are both native Californians, born and raised in Los Angeles. Carmen graduated from Bishop Conaty Catholic Girls High School and Tim from Mount Carmel High School, both in Los Angeles. They met at a party back in 1964 and a year later were married and began their lives together. Tim and Carmen have four children: three sons and one daughter. Shortly after they married, they purchased a home in Seal Beach, where they raised their growing family for 27 years. Seal Beach was a great place for the family and they were especially happy with the schools that the kids attended and all the athletic activities they were able to participate in.

Carmen attended Cerritos College and began her career in the banking industry. As their family grew, Carmen was fortunate enough to put her career on hold and concentrate on raising her four children. Tim, in the meantime had joined the Los Angeles Police Department, where he spent 27 years before moving to the Los Angeles County Sheriff's Department, where he worked for 13 years, finally retiring from Metropolitan Transit Authority in 2005. While working for LAPD, Tim attended Cal State Los Angeles, where he obtained his B.S. degree, and then went on to earn a Master's Degree in Public Administration from USC. After her children were grown, Carmen returned to the banking industry, working for Washington Mutual in the underwriting department for many years and eventually retiring from Chase Bank as an Escrow Officer.

As I noted earlier, Tim and Carmen love traveling, especially to Ireland and have visited Ireland more than twenty

times. However, they were not always world travelers, especially, Tim. In 1985, they graciously opened their home to an exchange student from Germany. The student's parents were very grateful to Tim and Carmen and wanted to repay their kindness by having them visit them in Germany. Tim was a bit reluctant, but Carmen prevailed. Their hosts treated them to the grandest of tours, one they will never forget and most definitely whet their appetite for traveling, because three months later, they were on a plane headed for London!! Since then they have traveled extensively. Their trips include Italy, France, Spain, Budapest, Austria and Vienna.

As wonderful as those countries and adventures were, it was Ireland that really captivated them. They love the people, the history and culture and especially the beauty of country. At one point, they decided that they would live several months a year in Ireland and the rest of the year here in California. However, they had a bit of a difficult time deciding on where in Ireland they wanted to settle and eventually took

a detour that led them to Niguel Shores.

Carmen and Tim had friends who lived here in Niguel Shores and they encouraged them to come down and take a look. For Carmen, it was pretty much love at first sight. She found the same beauty and very much the *same sense of peace* here that she loved so much about Ireland. The next step was to find a home and, as many of you have experienced, that is not always easy. Carmen started searching and after looking at about 20 homes, they found the perfect place. Unfortunately, the deal did not work out for them, and they were heart broken and ready to give up their search for a home in Niguel Shores. Obviously, this story ends well. Within a few weeks, their realtor called and asked them to look at one more home, one that technically was not yet on the market. Carmen was reluctant, but eventually agreed to go and take a look, Tim, however, refused, but as noted earlier, Carmen has a way of prevailing, and the Murphys purchased their home on Windlass Drive. Maybe the 21st time was the charm for Tim and Carmen.



Tim and Carmen Murphy

Continued on bottom of page 12

NIGUEL SHORES MARKET UPDATE

Current Trends

- **Eleven Properties Available-** from \$1,395,000 to \$5,499,000
Avg. Days on Market 75
- **No Properties currently under contract**
- **Recent Sales***
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* Historical data from Jan 1 to Feb 20, 2017

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Resident Niguel Shores 17 years

Continued from page 11

Tim has been a member of the Traffic and Safety Committee for 10 years. He is also a member of the Garden Club and the Men's Club. Carmen is very involved in the community, serving on the Hospitality Committee for both the Garden Club and the Women's Club. They both agree that the move to Niguel Shores, even though it isn't Ireland, has been a very good one for them and their family. Their grown children and six grandchildren enjoy coming and spending lots of time here, especially during the summer months. They both find the people very friendly and the community beautiful with lots of great activities. I genuinely enjoyed meeting with Carmen and Tim, learning about their family, their careers and their travels. *If you want to learn more about The Murphys and their adventures, I have a hunch you may find them this March 17th at the Niguel Shores St. Patrick's Day Celebration enjoying the community along with their friends and neighbors, Irish or not!!*

—Patti Staudenbaur

Editor's Note: As we were going to press I learned of the following about Tim. He was awarded the Medal of Valor from the LAPD in 1964 for rescuing a drowning motorist.

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NEIGHBORHOOD ADS

Wanted: Long term lease (5+yrs) for senior couple that do not smoke and have no pets. Single story preferred, unfurnished. Currently living in Niguel Shores. Start May 1 if possible. Call Jim to discuss (909) 649-2064.

For Sale: Yamaha EZ-200, Full-Size Keyboard and Stand - \$135. "Portable Grand Piano," Power adaptor or batteries, Headphones, Sustain Pedal, Chord Dictionary, Metronome, LCD Screen, 367 Voices, Music Books, Software. Like-New! Call (949) 240-3488.

For Sale: Solid wood children's Table and 2 Chairs Set - \$50. Beautiful vintage "Juba" German Mantel Clock in wood veneer. Chimes. \$125. Call (949) 240-3488.

For Rent: Beautiful 3BR/2BA home for rent or lease. Has private pool and spa, also a Jacuzzi tub in m/bath. Home has many upgrades and is available for short/long term rent or lease furnished or unfurnished. \$4,500 per month. Call Jack Schwartz at (714) 331-5139.

Cook wanted: For a small Shores family of 3, Mon-Thurs dinner hour, excluding holidays. Duties include menu & shopping list planning, food prep on site & clean up. Experience required. Call Sandra at (949) 751-7515.

Wanted: Car Storage. Please call (949) 248-4896.

Ads for the Seashore News must be submitted by the 15th of the month. Include a check payable to NSCA, \$5 for a maximum of 30 words. Advertisers must fill out a form available at the Association office. Neither NSCA nor the Seashore News assumes responsibility or liability for quality of goods advertised. See Rule 5525 (Non-Commercial Ads Only)



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Wellness . . . The Power of Choice

35,000 decisions daily...that's right...daily! That's how many choices the average adult makes on any given day, according to a search of a variety of sources on the Internet. Of course, there's some disagreement about that, and that's ok. My point is that, we make a LOT of choices each day. No matter how we feel, choice is part of the human experience, and the choices we make will determine the course of the moment we're in, the kind of day we have, and the life that we live. Choice is powerful! If you're not so sure, stop for a moment and think of our history as a race and the times when people have been denied the power of choice simply because they were in the wrong place at the wrong time. Think of people who live in dire poverty, the homeless, those who are discriminated against due to race, physical limitations, or gender identity, to name only a few who struggle to be heard. I think that we would all agree that to be able to choose is a gift to be treasured.

From that very broad view of the role that choice plays in determining our life path, let's consider how this same notion of choice impacts our individual health. Making good, or healthy, choices is instrumental to a positive, satisfying experience. Physically, we want to do what is right so that we feel our best and enjoy life to the fullest. Mentally, or emotionally, we also want to make decisions that improve our outlook and uplift us, possibly even uplifting those around us. The choices we make about our health will become the habits that we live by.

If we use our own physical and emotional health as an example, when we are confronted with going on a walk, or watching TV; eating a healthy green salad, or indulging in a cheeseburger; thinking positively about our circumstances, or choosing the path of doom and gloom; we have the opportunity to choose. How we decide which to pick, depends on what we value most in life, which is our answer to the question, **why** is being healthy important? **Why** choose a walk over watching TV? Well, a walk gets us moving and that's good for our whole body! It keeps us feeling alive and enjoying life, not to mention it has a tremendously positive effect on our mental outlook. I do it because it keeps me healthy and



Health & Happiness! Questions or comments? Sharon@TakeShapeWithSharon.com
Sharon Stewart RN, Certified Health Coach

when I'm healthy I enjoy my family and friends and how great I FEEL, that's **why**. The same goes for the salad/cheeseburger decision, and the positive/gloomy posture...the choice is ours, and it is powerful.

So, as you go through your day, stay aware of the choices you make...you know, pay attention. **Stop. Challenge. Choose.** Stop...step back and breathe, give yourself some space between you and the decision. Challenge yourself on which choice is best for your health and wellbeing...then choose. And when you make a bad choice, and we all do, learn from it. Look and see what led to that choice. Then, most important, give yourself some grace. Our natural inclination is to be punitive with ourselves and beat ourselves up. Instead, take a breath, and get back on track. Go outside and look up at the sky and smile! You've got this!

If you'd like to learn more, let me know and I can email you an E-book about this very topic, and it's free! Here's a healthy choice for a simple lunch or dinner too...

WASABI TUNA ASIAN SALAD

INGREDIENTS:

- 8 oz Tuna, Yellowfin (raw)
- 2 cup Bok Choy
- ½ cup Raw Cucumber, with peel
- 2 tsp Oil, olive
- 10 sprays Non-stick Cooking Spray
- 1½ tsp Wasabi
- 1 tsp Lemon or Lime Juice

PREPARATION:

1. **Fish:** Preheat skillet to medium-high heat. Mix lime juice and wasabi; coat tuna steaks.
2. Spray skillet with non-stick cooking spray for 5-10 seconds.
3. Place tuna steaks on skillet and cook over medium-high heat 5 minutes each side or until desired doneness (until the flesh of the tuna is opaque and can easily be flaked with a fork).
4. **Salad:** Slice cucumbers into "match-stick" size pieces.
5. Chop bok choy into short bite-sized pieces. Toss with olive oil, salt and pepper to taste if desired.
6. Serve tuna on top of salad.

One Serving Provides: ~1 Lean, 3 Green, 2 Healthy Fats and 3 condiments

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