

Seashore News



January 2016

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Issue 505

FROM THE HELM

Hard to believe that another year has passed, but I am sure we are all looking forward to a prosperous 2016! We accomplished a lot in 2015, and have another year of updating and continuing the maintenance of Niguel Shores.

THE NEXT SLOPE PROJECT The next large slope project that is planned in early 2016 is the Cabrillo Slope. This is one of our larger slopes and the preliminary work is underway so as to be ready in early Spring or when the rains stop (hopefully we do have some rain!). A public meeting was held on December 2 to review and garner feedback on the proposed plantings for the Cabrillo Slope. We received good feedback and our project manager left the meeting with some follow ups regarding some of the plant choices. The Board hopes to have answers in time for the January meeting, so as to move forward with the planning and permit process.

BOARD MEETING SCHEDULE CHANGE The Board has decided to meet once a month in 2016, instead of the bi-weekly meetings. We will still have an Executive and Public General Session each month and will review periodically to ensure timing and success of this change. The new meeting dates will be published on the website, in the SSN and on the outdoor boards.

WORK IN PROGRESS

Several projects were approved in 2015, and work will be on going in 2016. As you drive home or thru the community, you will see the new light poles and lighting being installed and various irrigation projects on our slopes and front yard areas. Many streets have homes under construction and in various stages of remodeling, and I ask that you work with your contractors and various work associates on the limited parking within Niguel Shores. Please do not allow your workers to park in front of the fire hydrants, neighbor driveways or against the flow of normal street traffic. Any questions on parking, do not hesitate to contact the Niguel Shores staff for guidance.

Wishing all a Happy and Healthy 2016!

—*Jeannie Sticher*



Jeannie with Volunteer of the Year—Pat O'Brien

EXCITING NEWS FROM YOUR EDITOR

There is great news about your *SSN*. First, in November we all received the Annual Regular Assessment for 2016, which showed the financial summary for the current year and the approved budget for 2016. The important data in that report is the fact that your *SSN* was produced, taking the production expenses and subtracting the income from the *SSN* advertisements, that cost each homeowner in Niguel Shores \$0.63 per month which is covered by your association dues. What a bargain. It should

be obvious that our advertisers would continue if we continue to support them.

Second, I am extremely happy to report that in this issue you will again see the excellent column on Health and Wellness written by Niguel Shores resident and contributing writer, Sharon Stewart, a RN and health professional, that reports on health and wellness issues which will benefit all of us. The return of her wellness information in the *SSN*, which appeared for many years, is very welcomed.

Third, I am extremely happy to also report that in this issue we will again see the excellent column on Travel written by Niguel Shores resident and contributing writer, Barbara Milner. Her articles on travel provide valuable travel tidbits on exciting travel destinations as well as travel does and don'ts.

Lastly, The following is for information purposes only. This newsletter does not promote any local event. However, it is common knowledge Comedian Rita Rudner does reside in Niguel Shores.

—*Karl Kuhn*



Season's Greetings & Warm Wishes For
**A VERY HAPPY
HOLIDAY**

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efficient and successful transaction. It would be my pleasure
to work with you, please contact me today.



BOB GINO
C 949.584.9070
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SAN JUAN POINT, DANA'S POINT, DANA POINT



Aerial of Dana Point in the 1920s

Confused by the title of this feature article. Stay tuned, as I give here a brief history of our beautiful city—Dana Point.

It is always important to start a history at a period of time familiar with most readers.

The earliest inhabitants of the area were the Native American Indians who settled further inland from the cove near the riverbanks of a creek, now called San Juan Creek. They had found the area offered a better existence because of the availability of water and food sources (acorns, sea life, etc.) The Spaniards came next to build the Missions up and down the Alta California coast. In 1776 when the Mission of San Juan Capistrano was built the nearby creek, which exited into the cove, became known as San Juan Creek and the cove, Capistrano Bay.

Though its first inhabitants—Indians and Spaniards—were landlubbers who shunned the sea, Capistrano Bay was undoubtedly an anchoring cove as far back as ships ventured through Pacific waters, searching for treasure, trade and new routes to known lands. A wrecked Chinese junk was found on the California coast. The California coast and specially Capistrano Bay was rich in two commodities the Chinese coveted, otter and seal fur and abalone meat and shell.

In 1821, after Mexico became independent from Spain, they opened ports (including the local one) to foreign trade. In 1835 a trading ship from New England

seeking cattle hides traveled around Cape Horn and anchored in the local cove where hides from the Mission were thrown off the cliffs to the seaman on the beach. On board was a New Englander, Richard Henry Dana Jr., whose life was rooted in service and devotion to the country. Early in life he was a student of Ralph Waldo Emerson. On returning home he wrote his now famous book *Two Years Before the Mast* in which he described *the great steep hill rising like a wall, and cutting us off from the world, but the world of water. San Juan is the only romantic spot in California.*

Pay attention now. The precipitous cliffs, now known as The Headlands, were, for obvious reasons, first called the San Juan Point. However, that would change after the voyage of Richard Henry Dana and his now famous book. People soon started calling the point—Dana's Point. I am jumping ahead a little bit in this history to the 1920s because during the prohibition rumrunners coming from the south, or from mother ships anchored off the coast used a cave at sea level below Dana's Point to bring in and hide their illegal liquor shipments there.

On with the history. After California joined the States, the U.S. Coast Survey, in 1884, named the famous point Dana Point, after the author, the name which came to include the surrounding community. A developer quickly arrived and a new tract, called, San Juan By-the-Sea, was founded (at present downtown Capistrano Beach/Doheny Village).

Continued on page 6

BOARD ACTION SUMMARY

DECEMBER 2, 2015 BOARD MEETING:

(General Session)

ACCEPTED AND FILED:

- Financial Reports
- Delinquency Report
- General Session Committee Minutes

APPROVED:

- General Session Meeting Minutes from November 18, 2015
- Litigation Disclosure Statement
- Nominating Committee
- Fitness Instructor Agreement Renewal
- Water Aerobics Instructor Agreement Renewal
 - 2016 Staff Holiday Schedule
 - 2016 Board Meeting Schedule
- Appointment of Paula Clark to Traffic & Safety Committee
- Appointment of Dick Ashworth as 2016 Traffic & Safety Chairman
 - Gourami Bay Tree Removal
 - Windward Drive Tree Removal
 - Brigantine Drive Tree Removal
 - Computer Equipment Purchase
 - Drain Repairs on Cabrillo Slope
- Replacement of Camera Antenna Pole
- HydoPoint Weather TRAK Central Service Subscription Renewal

DISAPPROVED:

- Appeal of Parking Waiver Disapproval

HEARINGS / MEETINGS / PRESENTATIONS:

- Appeal of Parking Waiver Disapproval
- Appeal of Unauthorized Modification to Front Yard
 - Cabrillo Slope Review

REVIEWED/DISCUSSED:

- Resident correspondence
- Manager's Report

TABLED/CONTINUED: none

DECEMBER 2, 2015 BOARD MEETING:

(Executive Session)

ACCEPTED AND FILED:

- Executive Session Committee Minutes

APPROVED:

- Executive Session Meeting Minutes from November 18, 2015
- Authorization for Legal to File Complaint

DISAPPROVED: none

HEARINGS/MEETINGS:

- Suspension of Privileges and Voting Rights
- Completion of Construction: Rule 3115
- (9) Overnight Parking: Rule 6405

REVIEWED/DISCUSSED:

- IDR Meeting Results
- Legal correspondence
- Delinquency reports

TABLED/CONTINUED: none

NOTE: *The NSCA Board of Directors meets the 2nd Wednesday of each month unless otherwise posted.* The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.

REMINDERS: THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON WEDNESDAY, JANUARY 13, 2016

SEA TERRACE TOWNHOUSE ASSOCIATION I

The **Annual Meeting for the Sea Terrace I Townhomes** will be held on **Tuesday, January 12, 2016** at the NSCA Community Center at 7:00 p.m. This meeting will include review of the budget, setting of the annual dues, and election of board members. All Sea Terrace I homeowners are encouraged to attend.

WELCOME 2016—As we enter into the New Year of 2016, you may look at the upcoming year and set a goal or a resolution, gather with loved ones and celebrate, go to a parade or enjoy some football, but whatever it is you do always remember the simple things in life are truly what are important. Together we can celebrate New Year's as a festival of rebirth and reflection and look forward to another great year here at Niguel Shores. I want to wish each and every person a very happy 2016 and look forward to the future of Niguel Shores. I will work hard to meet the needs of the community and believe that together we can work toward a common goal of making sure that this community remains the best of the best. So I will make a toast of appreciation to the Niguel Shores Community.

What a perfect way to start my first article of the new year—by recognizing two important people for their work and dedication to Niguel Shores in 2015:

2015 VOLUNTEER OF THE YEAR—We held the annual Volunteer Appreciation Night on December 9th and it was a wonderful celebration with approximately 90 volunteers in attendance. At this event, the Board announced that Pat O'Brien was selected as Volunteer of the Year for 2015. Pat has lived in the community since 2002 and has devoted himself to serving the community for most of his residency. His dedication has been fundamental in making Niguel Shores a wonderful place to live. *(See photo of Pat and Board President Jeannie on page 1)*

Pat has served for numerous years on the Traffic and Safety and Finance Committees and continues to serve on both the Architectural Committee and the newly formed Rules Committee. He was also elected and served on the Board from 2007-2009 and 2011-2015.

Congratulations to Pat!

2015 EMPLOYEE OF THE YEAR—Each year at this time we recognize the Employee of the Year here at Niguel Shores. This year the 2015 Employee of the Year award was given to Blayke Miller. Blayke has been here at the community for over a year and demonstrates



Employee
of the Year
Blayke Miller

a wonderful attitude and is quick to take on new tasks as needed. Blayke takes pride in doing her job and enjoys working at such a wonderful community. Blayke is polite, pleasant to work with and has a very positive attitude, always striving to do her best.

Congratulations Blayke Miller!

AUTO SHUT OFF—There have been some slope failures caused by irrigation hoses left running and forgotten. This can cause significant damage to slopes and potential increases to the budget. In an effort to alleviate this problem, it would be beneficial for those of you that have hoses in your rear yard to install a Flow Meter with an Automatic Shut Off. This can be set to water your plants with a specific amount of water, you can turn it on and it will automatically turn off. The device can be purchased at many places including Home Depot and the cost is around \$10.00.

Here is a link for your review:

<http://www.homedepot.com/p/Melnor-Flow-Meter-with-Shut-off-101-HD/100023185>.

CHRISTMAS TREE DISPOSALS—CR&R will pick up your Christmas tree on your regular scheduled day for trash service at no charge. You may leave it out on the curb from December 26 through January 15, 2016 or it can be put in the green waste can if it fits. The tree must be free of all ornaments, lights, not attached to a stand, not flocked and not placed in a bag. The tree cannot exceed 6' and if it does exceed this height limit, cut off the top and throw that in the regular trash. If you have any additional questions you may contact CR&R at 877-728-0446.

HOLIDAY DECORATIONS—Please remember that all Holiday lighting and decorations must be removed by January 15, 2016.

*Happy New Year to All
from the Niguel Shores Staff.*

—Marla Miller

For the next 30 or so years as the Los Angeles basin grew eastward and southward the Capistrano cove area became a beach destination for citizens inland from the coast because of the availability of train service from LA to San Diego. However, in 1924, San Juan Point, the first subdivision in Dana Point, opened with cross streets named for colored ship lanterns. (As a side note, the current improvements to the new downtown Lantern District includes restoring some of those colored street lanterns.)



Lantern & Tract Office

Two years later Sidney H. Woodruff formed the Dana Point Syndicate which consisted of the Chandlers, owners of the Los Angeles Times and General M.H. Sherman, among other investors, in order to purchase the development then owned and managed by The San Juan Point Corp. and the joining Dana's Point Company totaling nearly 1400 acres to develop the seacoast community of Dana Point.

Mr. Woodruff built some houses and others by purchasers of sold plots. At this time the road that passed Laguna Beach, the Pacific Coast Highway (PCH), was not paved through Dana Point. That was done in 1929. Mr. Woodruff planned to construct the Dana Point Inn but the Depression forced termination of the building. The Woodruff era ended in 1939 with the land sold off to the Chandler family.

Two years after Mr. Woodruff started his dream of a coastal community another developer, Edward (Ned) Doheny Jr., who had purchased 1000 acres in Capistrano Beach with plans to create a community of Spanish style houses on the palisades and on the beach. Doheny built an elaborate private beach club for the residents. After Ned's tragic death a year later (1929) the family continued the Capistrano Beach development and also donated land which is now Doheny State Beach Park to the State of California in memory of Ned. All the land owned by the

Capo Beach Club





Blue Lantern Lunch

Doheny family was sold in 1944 marking the end of the Doheny era.

During the Woodruff and Doheny eras Dana Point became famous for its Killer Dana waves for the growing sport of surfing.

From 1944 to 1980 the Dana Point community was listed as unincorporated in Orange County. During this period the area continued to grow and other events in the area brought more recognition when, in 1956, the Orange County Supervisors dedicated Dana Cove as a public recreation site and in 1971 when the Dana Point Harbor was opened for boating, park and commercial use. Another important event, that I am sure you will appreciate, is that the Niguel Shores development began.

Then in 1989 a referendum was held asking the citizens of unincorporated communities of Dana Point, Monarch Beach and Capistrano Beach did they prefer to become a separate city or be incorporated into Laguna Niguel. The citizens voted to become a city at which point the City of Dana Point was incorporated.

The End (and The Beginning of our beautiful City). As reported in an article by Dana Point Mayor Carlos Olvera in the October 2015 *Dana Point Times*, Dana Point is listed near the top of California's historic sites. It has the replica of the ship Dana arrived on, the brig Pilgrim, the Hide Drogher statue, depicting the physical labor of the



Richard Henry Dana Jr

men working in the hide trade; ship's lanterns from the late '20s, and symbols of earlier developers, to remind us of our roots and continuing to make Dana Point stand out.

Photos are courtesy of the Dana Point Historical Society and Mary Crowl.

—Karl Kuhn

COMMITTEE REPORTS

EMERGENCY PREPAREDNESS

OMG, The Sky is Falling

In a Folktale published 100 years ago, Chicken Little warns that the sky would fall. Where there is a “happy ending”, the moral is not to be a “chicken”, but to have courage.

If you believe El Nino is coming (trust the experts, IT IS) a little courage is suggested but also some planning. Predictions are for this event, to be a 95% “sure thing”

So what should you do to prepare?

1. Have roof, window, & dry rot repairs made and all leaks fixed before the rain comes.
2. Gutters checked and cleaned.
3. Trim trees and bushes. Some will surely break and blow around in the rain & winds.
4. Check all you exterior drains to insure they are not clogged with debris and roots.
5. If you want to insure water doesn't flow into suspect areas, shore them up with sand bags.

Free sandbags are available at our local #30 fire station at the end of Stonehill or you can get at Home Depot.

6. Secure outdoor furniture and place patio umbrellas out of open areas.
7. Take pictures of your exterior areas and consider checking with your home owners insurance agent for appropriate coverage.

General EMERGENCY PREPAREDNESS:

1. Sign up for emergency alerts and pay attention to weather reports
2. Prepare for power outages. Have flashlights and extra batteries and battery and/or crank powered radio in your disaster kit. Buy portable cell phone chargers and/or use your car
3. Have extra water, food supplies
4. Know how to turn off utilities, if that becomes necessary
5. Have a list of important telephone numbers and check on your neighbors to see that all is well.

How about your car?

1. Make sure you always have more than a half tank of gas

2. Inflate your tires to the proper pressure. Streets can be treacherous. NO worn tires
3. Check to see if your brakes are in good shape
4. Replace broken lights
5. Replace old wiper blades and fill washer fluid
6. Check for weak batteries

Don't be a chicken, BUT BE PREPARED.

And while you're at it, REPLACE YOUR SMOKE ALARM batteries.

—Kent Wellbrock & Jerry Allen

RECREATION

It is 2016; the Recreation committee has a very good year planned for you, with a variety of events to appeal to everyone. I know you enjoyed the Tree Lighting Ceremony because there was a huge crowd. We welcome 2016 for all ages.

The email blasts and web page will have details of the events this coming year.

February 6, 1:00 p.m. to 3:00 p.m.—Chili Cook Off. Details will be on the email blast and web page. You will want to enter or for sure come to taste and judge.

Chrissy Rausch has agreed to chair for the coming year, so it will continue to be another outstanding year.

—Carol Yocom

COMMUNITY NEWS

AARP DRIVER SAFETY PROGRAM Classes: January 27 and 28. Call for information (949) 496-4252

SENIOR CLUB TRIPS January (date to be announced for travel to the Jeopardy Show)

Call Evie (949) 496-4109 for information

WWW.NIGUELSHORES.ORG

Here are a few items recently updated on the website:

- **Holiday Tree Lighting**—Photo Gallery—Great Photos taken by Gary Tinnes
- **December Board Actions**—Recent actions of the board of directors
- **Coyote Warning Information**—Info on what to do if you see a coyote
- **California Drought Conditions: When Can I Water?**—Info on watering from South Coast Water District.

Happy New Year!

—Karl Kuhn

CLUBS

WOMEN'S CLUB

The program this month will be about the Dana Point Symphony Orchestra, which was created by Berenika, the Artistic Director, with the help of Scott Schoeffel, ex-Mayor of Dana Point and current City Council member. Berenika will be giving us a history of the Orchestra, which is only five years old, and will also be giving information about the coming season. The Dana Point Symphony is comprised of talented members from all over Southern California. The programs this year will be February 27th, April 16th, May 7, and June 11. Berenika will be bringing a performer with her, so we will be having our own private concert. What fun! Come and meet this beautiful lady, who has brought culture to Dana Point, during the social half hour between 12 and 12:30 on January 14.

In addition, we will be holding a raffle for two season tickets for the Symphony. We are asking for a donation for the raffle tickets of \$1 each or 6 for \$5. You must be present to win. You, also, will be able to buy either season or individual tickets to the Symphony after our meeting. Season tickets are a special price of \$55, individual tickets are \$20 for adults or \$15 for seniors and students. You may pay by either check or cash, no credit cards, please.

—Ginny Nevitt

MEN'S CLUB

This past month the Niguel Shores Men's Club learned about home security technology and Dana Point development challenges.

In November, our guest speaker, Harmony Shawishian, a home security systems consultant with Cox Communications, gave us an informative presentation on home security and some of the advantages of modern security systems. Her theme focused on the key features of Protection, Monitoring, and Controlling that are in the technologically advanced systems. Protection features include sensors on doors and windows, motion sensors, glass break sensors, smoke, heat, carbon monoxide, even sensors to tell if there is a water leak (not sure if it works for the dog).

Monitoring features allow for alarm monitoring and notifications to you and/or the local authorities if needed. Cameras are available to monitor outside areas and inside your home. Of course, there is a cellphone app that allows you to see the camera files while you are away from home.

The Control features are a significant advancement and a very rapidly evolving area in today's security systems. Door locks are available that are remotely controlled from your cell phone. Wirelessly controlled thermostats allow one

to be sure that the kitty is not chilly or too warm while you are away. Smart electrical wall plugs allow you to remotely control lights and small appliances. (I thought that Nirvana was a TV remote control—now I can change channels, lock the door, turn off the lights, run the blender, and turn up the heat without getting out of my chair!)

Because these systems are wireless (the general term *wireless* means that the sensors and other components communicate with each other using radio frequency digital signals), we do not have to resort to drilling and running wires in the walls.

One disadvantage of these conveniences is that you will see an increase in your monthly bills; however, your homeowner's insurance bill may be slightly reduced.

On Dec 1, Joe Muller, our City Council member, spoke on the Dana Point Development Progress. Joe introduced us to the key and most contentious issues facing the council, starting with the Lantern District renovation and the ballot initiative to change/restrict those renovations. In short, the current Town Center (TC) Plan zoned the entire area as mixed-use and incorporates a series of policies, development standards and design guidelines to guide the transformation of the area by adding residential uses and increasing pedestrian-oriented retail and commercial offices. On September 15, 2015, a petition titled, *The 2015 Town Center Initiative* (the Initiative) was submitted and intends to change/restrict various aspects of the work of the Town Center Subcommittee by amending the TC Plan via a ballot process. In an attempt to be neutral in this discussion, I strongly recommend that you read the following Dana Point Council Report: <https://www.danapoint.org/modules/showdocument.aspx?documentid=16790>

It is important to note that key areas of disagreement are building height and parking spaces. This report contains copies of the TC Plan, the Initiative proposed changes / restrictions, and an analysis of the economic impact.

Joe also gave us a heads up on five other areas that are important to understand:

- Headlands Lawsuit (interplay between the Coastal Commission and the City of Dana Point concerning gates on the Strand access paths)
- Doheny Village Plan
- Harbor Renovation (Orange County is leading this planning)
- Zephyr Project (Zephyr Partners purchased approximately 9 acres of property on the northeast corner Pacific Coast Highway and Del Obispo Street and are

CLUBS

developing the property. The project is entitled for 168 “Luxury Townhome Unit” condominiums.)

■ Dana Point Tourism Business Improvement District (TBID) Project

Clearly, there is more to learn concerning these issues, and a good starting point is to see the City Council Meeting minutes and the agendas on the following web site; <http://www.danapoint.org/index.aspx?page=180&showpast=1>

Thanks to Joe Muller and to all who engaged in these discussions, which strongly support our efforts to listen, learn, and address important issues.

A Twenty year tradition continued on December 15 at Niguel Shores. Dana Hills High School Teacher Ray Woods lead 14 members of the Blue Lantern Vocal Group from Dana Hills (including Niguel Shores resident Patricia Schuelke) with thrilling Christmas songs.



Dana Hills Vocal Group

Reminder: For those who have avoided Treasurer Al Glatt so far, your 2016 dues will be graciously accepted at our next meeting.

Upcoming events:

Jan. 5: Luna Ursella Reynoso—History of the Area, emphasizing Dana Point

Jan. 19: Robert Ming—Development of Orange County
—Jerry Allen

GARDEN CLUB

We have all enjoyed another enjoyable and informational year at the Garden Club. For those who are not members, you are missing out on a lot of camaraderie and joyful fellowship, very representative of the larger Niguel Shores community.

Both the women and men’s club organize a holiday party for members and their spouses. It has become a tradition for the Dana Hills High School choir to perform in front of our groups. It is heart warming to see such beautiful young women and men devote time to the arts.

We had a wonderful gathering of the garden club on December 21, fifty one members in attendance! There was a lavish spread of food to satisfy the members’ fancy.

Our first meeting of the New Year will be on Monday, January 18. Francine Stout and Jerry Koppang will conduct a workshop on how you can make use of things that may be lying around in your garage, to decorate your home with Tyslandia, also known as air plants. They do not need watering.

And finally, what happened to the man who shoplifted a calendar at Christmas? He got twelve months!

—Laks Sehgal

ACTIVITES



BRIDGE

We didn’t play bridge on December 16 because we had our luncheon and gift exchange at Gemmell’s and enjoyed a nice Christmas social without trumping our partner’s Ace. We had our photograph taken and although we are missing a few of our members, we are printing the enclosed picture of our group. Our next bridge will be on Wednesday, January 6, 2016 so please mark it on your calendar and come and join us. HAPPY NEW YEAR!

—Helen Campbell

AFTERNOON PAGETURNERS

The Monday afternoon PageTurners’ group will meet on January 25. The Thursday group will meet on January 28.

ACTIVITES

Both groups will discuss *Americanah* written by Chimamanda Ngozi Adichie. *Americanah* presents a warm, digressive and wholly achieved sense of how African lives are lived in Nigeria, in America and in the places in between.

For more information about PageTurners' contact:
Monday afternoons: Diane Hearne: dhearne476@gmail.com
Thursday afternoons: Lisa Buchner: lisabuchner@cox.net
—Diane Hearne

REALLY SERIOUS OREO BOOK CLUB

We met at the home of Ginny Nevitt to review her recommendation, *Turn Right at Manchu Picchu*. The author, with guides and porters, trekked the Inca trail covered by the discoverer of Manchu Picchu for the European and Western world of Bingham. Some members of the group had been to Manchu Picchu and connected their experiences with those in the book. The issue of what cultural artifacts should stay in the country of origin and which could legitimately be housed in museums of other countries was argued. The inability of economically poor countries to prevent looting, stealing and black market selling of artifacts, as well as inadequate museum facilities, was discussed. We did forgo a meeting in December, but will convene again in January of 2016, on the third Wednesday of the month, to review *Superpower* by Ian Bremer. Francis Ozimec and Lakshman Sehgal will lead the discussion.

—Norton Schwartz

LIBRARY NEWS

The following is a list of programs and events for January 2016. All events held in the Community Room unless otherwise noted. Walk-ins welcome.

Toddler and Preschool:

Toddler Storytime. Tuesday, January 5, 12, 19, 26, 10:00 a.m. to 10:30 a.m.

This event is for children 18 – 35 months accompanied by a parent or caregiver.

Preschool Storytime, Tuesday, January 5, 12, 19, 26, 10:30 a.m. to 11:00 a.m.

This event is for children 3– 5 years old accompanied by a parent or caregiver

Children All Ages: The following events are for children of all ages with a parent or caregiver.

Special Snow Storytime. Saturday, January 16, 11:00 a.m. to 12:00 noon. Children and families will enjoy stories, songs and activities about snow.

PJ Storytime with the Sunshine Readers. Monday, January 25, 7:00 p.m. to 8:00 p.m. Walk-ins welcome. Your

children will love the high energy and antics of the Sunshine Readers!
Pre-registration not required.

Children School Age:

Homework Help. Mondays, January 4, 11, 25, 3:30 p.m. and Wednesdays, January 6, 13, 20, 27, 3:30 p.m. This event is for students grades K-8 for free assistances from high school tutors on a first come, first served basis.

Read to a Dog. Wednesday, January 6, 3:00 p.m. to 4:00 p.m. This event is for beginning readers and is held in the Children's Area.

Kid's Club. Thursday, January 14, 4:00 p.m. to 5:00 p.m. This event is for school age children ages 5 to 8. This month will be an engineering challenge.

Tween, Teen:

Teen Time, Monday, January 11, 6:00 p.m. to 7:00 p.m. Ages 12-17.

Teen Advisory Board. Monday, January 4, 6:00 p.m. to 7:00 p.m. Teens, tell the library what you want. From books to programs, we want to know.

Special Tween Gaming, Thursday 28, 4:00 p.m. to 5:00 p.m. Tweens ages 9-12, join us for a special gaming afternoon with Wii, Xbox Kinect, and traditional board games.

Tween Movie: Saturday, January 30, 2:00 p.m. to 4:00 p.m. Teens ages 12-17, Vote on which movie you want to see, during the month of January and watch it on the 30th. Vote in the Teen Room.

Adults:

Tea Time Book Club, Monday, January 25, 10:30 a.m. to 11:30 a.m. for tea and book chats. Bring your favorite cup for tea.

—Karl Kuhn

POTLUCK

WHEN: Sunday, January 17

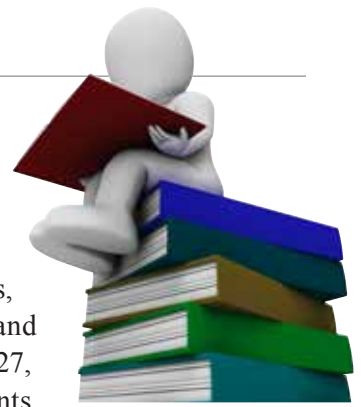
WHERE: Niguel Shores Clubhouse

TIME: SOCIAL 6:00 p.m. DINNER 6:30 p.m.

Happy New Year.

We have not had a Potluck since last spring. We hope many of our old friends can join us for this event. We would love to welcome some new friends. We are a very friendly group. Potluck has been a tradition in Niguel Shores for many years. Let's keep it going.

Bring a main dish, salad or dessert to share. You also need to bring the beverage of your choice, your own table service and \$1 to cover incidental expenses.



ACTIVITES

If you have attended Potluck before, you will receive an Email invitation. Please respond by Wednesday January 13 whether or not you are coming.

If you have never been to Potluck before, please come

and join your friendly neighbors. Call Ann Christiansen 248-1962, or Irene McDonald 481-3035. We will be happy to take your reservation and answer any questions you may have.

—Irene McDonald

SPORTS

MEN'S GOLF

This year's *Men's Club Golfer of the Year* recipient is Pat O'Brien. He is here being presented the coveted *White Jacket* by last year's winner Jack Sweeney.

Thirty participants met at the Talega Golf Club in San Clemente on Tuesday for the **Annual Year-End Putting Contest and Brunch**. Two-man teams putted on an extremely challenging course with Tom McNicholas making two holes-in-one, confirming his putting prowess.

The first golf outing in 2016 will be held on Tuesday, January 5, at the Talega Golf Club in San Clemente. Following the Men's Club Meeting, the first tee time will be at 10:30 a.m. To sign-up to play, contact Roy Dohner at roy@dohner.com.

—Roy Dohner



Jack Sweeney with Men's Club Golfer of the Year Pat O'Brien

WOMEN'S GOLF

The forecast was for rain, but there was bright sun and little wind. It was a lovely December day. There were two teams, a foursome and a threesome. Lee Sweeney dropped out to take Joan Beyer's place, who was in charge of the luncheon with Ruthie Stahl. Joan had a bad fall the day before. Both of her ankles were injured, one with several breaks. She will be at the Covington for a month recovering.

The game of the day was planned by Judy Boitano. We were each given a paper Christmas tree and various sticker ornaments. We were to put an ornament on our tree for various achievements such as par, birdie, over the creek, etc. The winners would be whoever ended up with the most decorated tree.

Winners:

Pam Strayer with 16 ornaments

Other wins:

Low score with a 52
birdie on hole #4

Liz Kelsch
Judy Boitano
Pam Strayer

Closest to the pin on #8

Marlene Lynch

Longest drive: on #4

Pam Strayer

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Liz Kelsch

Next FunDay is Mon. Jan. 11. Dues of \$15. are due at that time. Checks should be made out to Lee Sweeney. To sign up or to cancel call Irene McDonald 481-3035.

Joke for the day: *The reason the pro tells you to keep your head down is so you won't see her laughing.*

Also from Dean Martin: *If you drink, don't drive. Don't even putt.*

—Liz Kelsch 661-5802

THANK YOU KARL!!

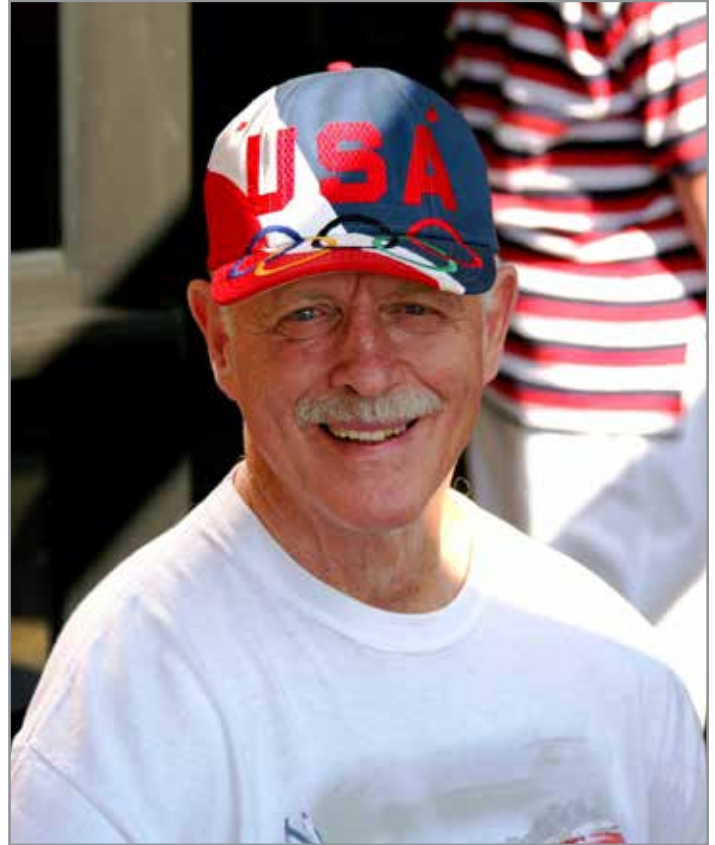
As we all prepare to start a new year, the staff of the *Seashore News* wanted to take a moment to thank one very special individual. For the past year, Karl Kuhn, has accepted the awesome challenge of being the Editor in Chief of the *Seashore News*. All of the members of the Communication Committee wanted to thank him for his leadership, direction, and most importantly acknowledge his hard work.

Being in charge of a monthly newsletter for a community as large as ours is no small task. Karl's job as editor involves collecting and editing articles from the numerous clubs and committees, making sure staff members who are contributors get their material to him in a timely fashion, overseeing advertising, distribution of the newsletter and of course doing much of the writing himself! ***It is a huge task and he does it every month!***

Many of you comment to us about how much you enjoy and appreciate the *Seashore News*. Perhaps during the course of this New Year you could take a moment to acknowledge Karl and all his efforts on behalf of our community.

Many thanks Karl, we truly recognize and appreciate your dedication and hard work.

—Communication Committee Members



VIEWS AROUND NIGUEL SHORES

You may have seen them on our streets this past month. I am referring to the SCWD trucks parked on the main roads with lines going into the main sewer manholes. Well, they are running a video camera into the sewer lines to inspect our main sewer pipes for any leaks, weaknesses and, more importantly any sewer buildup. The last issue, sewer buildup, is now a major concern due to the water reduction we all are doing, resulting in less water flowing through the sewer pipe. As reported last month Niguel Shores has done a great job reducing our potable water us, so SCWD is just making sure our sewer system is performing it function.

—Karl Kuhn

Those who expect to reap the blessings of freedom must, like men, undergo the fatigue of supporting it.

—Thomas Paine

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Travel Tidbits

2000.....

.....2016

Remember how excited we all were about the year 2000 coming. It was a big deal and generated a lot of thinking and talking. Well, 15 years have passed. Where have you been and what have you done? Mark Twain once said, "Twenty years from now you will be more dis-appointed by the things you didn't do than by the ones you did do."

So throw off the bowlines, sail away from the safe harbor. Catch the trade winds in your sails. *EXPLORE... DREAM...DISCOVER.*

Maybe it's time to treat yourself to some real adventure. I have been looking through the 2016 brochures of some of the major adventure travel companies and WOW do they have some great trips.

Deprived as we are of real winter weather why not consider a trip to Manitoba where you can have the opportunity to see polar bears in their natural environment. Or if you would rather find your winter experience in the southern hemisphere, how about a trip to Patagonia. Explore where Argentina and Chile meet amid the spectacular landscape of the southern Andes.

Or visit the home of the Sami people in Lapland. Travel by boat, snowmobile, reindeer sleigh, snowshoe and dog sled. Stay with a Sami family or spend a night in the Snow hotel filled with ice furniture and sculptures.

Prefer a ship with the comforts of the same bed every night and a well stocked bar? How about a circumnavigation of Iceland, Arctic Svalbard, or exploring Greenland, Baffin and Ellesmere Islands.

Prefer trips in warmer climes? How about Madagascar, the Galapagos, the Marquesas and Pitcairn Islands. Are you in really good shape and prefer very active vacations, why not do some Heli-hiking in the Canadian Rockies, Everest Lodge to Lodge Trek, Walking Japan, The Camino de Santiago in Spain, The tour du Mont Blanc. Whatever you do have a wonderful time and a very happy new year.



—Barbara Milner C.T.C.,
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WELLNESS – RESOLUTIONS REFILL 2016

I was out with some friends recently, and talk of the New Year took over the conversation...not just the fact that none of us could believe that it was 2016, but about the changes that we wanted to make in our lives in the coming year. We all agreed that there's something about the New Year that leaves you with a fresh feeling of ambition, inspiration, and passion about your own personal clean slate, untouched canvas, or photo frame ready to be filled with the vision of what your life could look like!

When it comes to making inspiring resolutions, most people make them about their physical health. Emotional, spiritual, and financial health, are also fair game in this annual makeover tradition, but physical health tops the list. Losing weight, exercising, eating right, and quitting smoking, are all common resolutions, right along with making more money, being more patient, being honest, and so on... but physical health is still number one.

So, if all of these changes that we want to make in our lives are so important this time of the year, why are they so often forgotten and ignored after only a few short weeks? It's like the gym membership acquired and paid for in January, that begins collecting dust by March, or earlier...why is this? WHY do we make resolutions anyway? That, is the question worth asking ourselves, the heart of the matter when it comes to making lasting changes in our lives. The reason WHY you want to change, must be very compelling, or your resolutions will be nothing more than clouds in the sky on a windy day.

For example, if getting healthy in the New Year is what someone is truly looking for, they'll need to answer the question, "Why is that important to me?" The answers will run the gamut, but usually will revolve around physical health, that is, "I want to feel better." Good answer! However, next you need to ask yourself, "Why is it important to me to feel better?" The answer could be, "If I feel better, I have more energy and I like that



If you would like to make a comment or suggest a topic please send an email to . . .
Sharon Stewart RN, Certified Health Coach — Sharon@TakeShapeWithSharon.com

feeling." Ok, but, we need to keep going. "Why do I like that feeling of having more energy?" "Well, when I have more energy, I can keep up with my kids, or my grandkids, I would even exercise, and I just have a better outlook on life! The world is brighter and I feel so much better". "These are great! But, why are they all so important to me?" "Well, life is so short, and my family is my number one priority, and if I don't take care of my health, I'll miss so many precious moments", and so it goes.

You can see that you could take this a long way. By doing this, you're creating motivation that is internal... intrinsic in nature...that will literally pull you toward your destination...great health in the New Year, and that's what you want, right? So that when you hit a "rough spot" on your journey of change (tired, party, bad day, bad news, etc.), and are tempted to "throw the baby out with the bathwater", you can stop, and remember WHY you're making these changes, and stay on track.

External motivation, like fitting into a dress or a pair of slacks, dieting for the High School Reunion, etc. is good for starting the engine, but not for sustaining the changes for the long run. We probably all know people who talk like that; for example, "I have to lose twenty pounds for the cruise I'm going on in the spring." Don't you want to ask them, "but what happens after the cruise?" Well, we know what happens... the weight comes back and they repeat the cycle. The same pattern applies to all changes we try to make if we don't have a sustainable, long term reason for making the change in the first place.

So, as you're refilling your resolutions for 2016, be sure to ask yourself why you want to make those changes. Then, be sure to write them down, and post them for all to see. Broadcasting your goals will hold you accountable over time, which leads to success. So, today, love others, eat healthy, move, sleep well, hydrate, look up and SMILE!! This is YOUR year! Resolve to live it each day to the fullest! Happy New Year! To Your Health!

MEET YOUR NIGUEL SHORES VOLUNTEER OF THE YEAR

Pat O'Brien

Volunteer. According to the Webster Dictionary's definition: One who enters into or offers oneself for any service of ones own free will without solicitation or compulsion. Does that describe Pat? You bet. Let me tell you why. But first some history.

Pat was born and raised in Downey in south central Los Angeles County (for all you non-natives), attended school there and then entered the 16 months Los Angeles Police Academy. After graduation he joined the Downey Police Department at age 21. As all rookie policemen do he began as a uniformed patrolman. Through the years he served as a plainclothes officer in the Burglary department, a traffic officer and in the Narcotics department to name a few of his positions. During that long career he also served on the Board of Directors on the Police Association.

See that word again—*served*. After 32 years he retired as a Robbery/Homicide Sergeant.

Now I ask you, doesn't serving to protect his community as a police officer count as the above definition states: one who offers oneself for any service, and in his case a service that can be very dangerous? I certainly think it does.

But I digress. Continuing his history, after retiring he married Irene. Believe it or not they were married down at our bluff. Irene was not unfamiliar with Pat's career having herself been with the Los Angeles Sheriff Department and retired as a Sergeant.

In September 2002, Pat and Irene purchased their home in Niguel Shores on Porto Bello in the Villas, after searching in several neighboring communities. They were sold on this community by the wonderful Beach Bluff Park and other amenities that it offers. Since moving in, they have taken an interest in the community by *servicing*, volunteering, on various committees.

(there is that word again). Pat is a member of the Men's Club and served for 2 years on the Traffic & Safety and Revitalization Committees. Irene was a member of the View Preservation and Landscape Committees. Pat especially liked being involved in the rebuilding of our office building and the new Community Center.

Pat was elected to the Board of Directors in 2007. He *served* as Board Secretary and 1st Vice President during his 2-year term. Pat did not stop volunteering after his term on

the Board. He then *served* on the Finance Committee and, in May 2011, was elected to the Board of Directors for a second term, *servicing* as Secretary and President. Pat was reelected in 2013 for a consecutive 2-year term. Members of the Board of Directors are involved in legal issues, financial matters, contract evaluations, homeowner disputes, Committee assignments, and dis-



Pat O'Brien

pute resolutions. Just a few simple things to think about that would be best for the whole Niguel Shores community. Pat's years in the police department, working with the Downey City Council (the rule makers), the staff and subcommittees that make recommendations, was good experience for his work on the Board in Niguel Shores. His experience and knowledge of our community was valuable in helping to resolve the current matters and issues that were before the Board.

Niguel Shores has a history of being well maintained and has the lowest association dues in the area. During Pat's *service* on the Board of Directors Pat focused on maintaining that financial position and keeping Niguel Shores one of the best places to live.

As the above illustrates Pat has been *servicing* to improve his community throughout his life.

I congratulate Pat for the recognition he deserves.

— Karl Kuhn

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Native Foods, 26705 Aliso Creek
Rd. A.V.(Multiple locations)
831-1926, Hours: 11 a.m. – 10 p.m.

True Foods Kitchen 451 Newport
Center (Fashion Newport)
644-2400, Hours: 11 a.m. – 9 p.m.

Seasons 52, 3333 Bristol,
South Coast Plaza, 714-437-5252
Hours: 11 a.m. – 10 p.m.

The Stand, (natural foods)
238 Thalia, L.B.
494-8101
Hours: 7 a.m. – 8 p.m.

What a Dish, (Variety)
24921 Harbor Drive, D.P.
276-4884
Hours: 9am – 5 p.m.

Whole Foods Market
(Variety, Brunch Sat. & Sun)
23932 Aliso Creek Rd. L.N.,
Hours: 7 a.m. – 10 p.m.

Seabirds (Health Foods)
2930 Bristol, Costa Mesa
714-549-2584
Hours: 11 a.m. – 9 p.m.

Harbor Deli (Organic)
34667 Golden Lantern D.P.
496-0420
Hours: 8 a.m. – 7 p.m.

The Olives Branch (Lebanese)
31105 Rancho Viejo, SJC,
373-5630
Hours: 11 a.m. – midnight

*I am sure many of you know I have not been to all of these, but they have been recommended by others.
Bon Appetite! — Carol Yocom*

SEA TERRACE TOWNHOME ASSOCIATION II ANNOUNCEMENT

The **Sea Terrace II Annual Meeting** has been set for **February 23, 2016, at 7:00 p.m.** at the Niguel Shores Clubhouse. In addition to regular business, at this meeting we will elect officers to the Board of Directors of the Sea Terrace II Townhomes. Three positions are open for the 2016-2018 calendar years. A term is for 2 years. To be eligible for the Board, a nominee must be a Townhome owner.

The Board has formed a Nominating Committee to accept nominations. The members are: Joe Ross, Frieda Baskin and Joe D'Antony. If you wish to have your name placed on the ballot please call Joe Ross, at 949/248-1629 no later than 5:00 p.m., January 15, 2016.

We hope you will attend the meeting. This is a chance to meet current and potential Board Members, neighbors, review the budget, offer recommendations, and ask questions about living in Sea Terrace II.

If you have any questions please call 949/248-1629.

—Joe Ross – President of the Board of Directors

Holidays in the Shores



Photos courtesy of Gary Tinnis

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