

Seashore News



September 2014

Published Monthly by Niguel Shores Community Association

Issue 489

FROM THE HELM

Gatehouse Project, Pool Deck Replacement, Street Repairs

As summer comes to an end we have had some great events in our community. We can look back on the Memorial Day Barbecue, 4th of July Pancake Breakfast, Sand Castle Contest and a great night at the Bluff. The work of our Recreation Committee along with the Men's Club, Women's Club and many volunteers make our community special.

As we move into fall we have a few projects that will be happening:

Gatehouse Project: The new gatehouse will start construction on September 8 and you will need to anticipate congestion and delays at the Mariners Entrance. Residents may want to consider using the Selva or Cabrillo Gates during the construction which we anticipate will be complete by early November.

Pool Deck: In early October we will be starting the replacement of our pool deck. A new decking material at our pool area will look great and is long overdue. Construction

is expected to take 30 days and the pool and spa will be closed during this time.

Street Repairs: The last major project is the street resurfacing. Residents who live on and around the streets to be resurfaced will be notified what days their streets will be closed off.

These projects are part of any community and our committees and volunteers do a great job of keeping our community well maintained. Most important, our volunteers and great staff are the main reason we are able to keep our annual assessments so low. We welcome all residents to take a turn at volunteering on our many committees. You will not only be giving back but also will find a sense of pride in being part of the many activities and projects that happen here every year. Anyone wishing to volunteer can contact the office and see what committees are open.

—Bob Russell

TOWN CENTER/ SOUTH COAST WATER DISTRICT UPDATE

In my earlier *Seashore News* articles this year I had written about the initial projects of the Dana Point Town Center Project and also about the projects and water restrictions of the South Coast Water District (SCWD). In this article I will update you on the latest activities underway in the Town Center Project, now renamed the Lantern District Project, and also what the SCWD is considering in its mandate to reduce potable water usage.

Lantern District Projects

If you drove up Pacific Coast Highway (PCH) through Dana Point over that last six months you have seen the city's



Pacific Coast Highway under two-way renovation August 2014

Phase 1A project of the Lantern District (Town Center) Plan. The scope of work involves changing PCH for future two-way traffic. This work is continuing and is scheduled to be completed in October. Beginning in late August, the city will start grinding and repaving PCH, mostly during the night.

Starting in August the SCWD began work on Phase 2 of the Lantern District Water, Sewer and Storm Drain Improvement Project along Del Prado from Ruby Lantern to

Continued on page 5



Niguel Shores Top Real Estate Team

949.249.2020



Kara Jafarinia



Shawn Halan



Tina Mycka



Betty Orlow



Bret Johnson



Mark Sweeney



George Pagano



John Rennie



Monica Snyder



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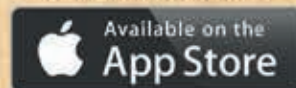
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NEW OFFICE LOCATION

10 MONARCH BAY PLAZA, DANA POINT, CA 92629
NEXT TO GELSON'S MARKET

NSCA is not responsible for any work done nor are we recommending any of the advertised companies

Southern California Drought

In case you haven't noticed California is in the worst drought in history and things continue to get worse. South Coast Water District and water providers throughout Orange County are concerned about the continuing dry conditions and are closely monitoring water supplies. At this time, Orange County residents and businesses face no immediate danger of interrupted water supplies. However, this is a very serious situation statewide.

The Governor:

- Has convened an Interagency Drought Task Force to monitor drought impacts on a daily basis and advise him of actions that should be taken if drought conditions worsen.
- Is asking everyone to assess their current water use and make simple changes to ensure our water supplies are used as efficiently as possible.

At Niguel Shores we are trying to reduce the amount of water used by reducing the turf in areas that can be removed with little impact on the community as a whole. As we try to reduce the amount of turf in the community, we will be turning the water off to those areas on the plan for removal and they will be dying, so please don't panic when you see large turf areas turning brown. Maps identifying the project areas are posted on the Website for your convenience or you can call the office if you have any questions. The water districts

are currently paying \$2 per square foot for turf reduction, which will virtually pay to have the turf removed and new plant material installed. Although in the first few months of installation, the new plant material will require additional water, it will not take long to realize a savings, which will help for many years to come.

Because Californians use the majority of water on the landscaping, another area that we are looking at to reduce the water usage is installing drip system irrigation in planter areas and removing the spray nozzles that are currently in use on slopes and in turf that is not being removed. This will eliminate a significant amount of water and eliminate the run off that occurs with some of the aged spray heads. There are also rebates offered to upgrade these spray nozzles, so we can take advantage of this now. Investing in a more water-efficient sprinkler system will save water today and for the long-term.

In an effort to inform the residents of Niguel Shores about the specific areas being considered for part of the turf reduction plan, join us, along with Harvest Landscape Company, for the following:

**2014 Turf Reduction Presentation in the ClubHouse
Wednesday, September 17, 6:00 p.m.**

—Marla Miller

SEA TERRACE TOWNHOMES ASSOCIATION NO. II

Our annual meeting will be held Monday, September 10, at the Niguel Shores Community Association ClubHouse, 33654 Niguel Shores Drive, Dana Point CA. The meeting will convene at 7:00 p.m. For those who have not mailed in their ballots and wish to hand them in at this meeting, we will begin collecting them at 6:30 p.m.

—Joe Ross

IN MEMORIAM

Mary Williams

August 2014

Flying Jib Drive

Long time Niguel Shores resident

Women's Club Member

Past Library Bookstore Manager

Board Member Dana Point Historical Society

A kind friend to all who knew her

BOARD ACTION SUMMARY

AUGUST 6, 2014 BOARD MEETING: (General Session)

ACCEPTED AND FILED:

- Financial Reports
- Delinquency Report
- Financial Reports
- General Session Committee Minutes

APPROVED:

- General Session Meeting Minutes for July 16, 2014
- General Session Meeting Minutes for July 23, 2014
- Updated Litigation Disclosure Statement
 - AED/CPR Training
 - Donation Policy
- Tree removal on Porto Bello
- Emeritus Fall Semester: Film Class
- Landscape proposal from Selva stairs to Garibaldi

DISAPPROVED: none

HEARINGS / MEETINGS / PRESENTATIONS: none

REVIEWED/DISCUSSED:

- Monument options
- Correspondence from three residents
- Manager's report

TABLED/CONTINUED: none

AUGUST 20, 2014 BOARD MEETING: (General Session)

ACCEPTED AND FILED:

- General Session Committee Minutes

APPROVED:

- General Session Meeting Minutes for August 6, 2014
 - Gatehouse contingency
- Tree removal on Niguel Shores Drive
- Tree removal on Cassandra Bay
- 2014 Street Engineer Services
- Fidelity Bond Insurance proposal

DISAPPROVED:

- Request for reimbursement for tree root damage

HEARINGS / MEETINGS / PRESENTATIONS: none

REVIEWED/DISCUSSED:

- Correspondence from two residents
- Manager's report

TABLED/CONTINUED: none

AUGUST 6, 2014 BOARD MEETING: (Executive Session)

ACCEPTED AND FILED:

- Executive Session Committee Minutes

APPROVED:

- Executive Session Meeting Minutes from July 18, 2014

DISAPPROVED: none

HEARINGS/MEETINGS:

- One hearing for suspension of privileges for late assessments
- One hearing for violations of Rule 4112 and Rule 4121
- One hearing for continued violations of Rule 6405

REVIEWED/DISCUSSED:

- Legal correspondence
- Delinquency reports

TABLED/CONTINUED:

- One hearing for violation of Article VII Section 1 of the CC&R's, Rule 3104.6 and Rule 3162.2

AUGUST 20, 2014 BOARD MEETING: (Executive Session)

ACCEPTED AND FILED:

- Executive Session Meeting Minutes

APPROVED:

- Executive Session Meeting Minutes from August 6, 2014
- Appointment of Board representative for ADR

DISAPPROVED: none

HEARINGS/MEETINGS: none

REVIEWED/DISCUSSED:

- Legal correspondence

TABLED/CONTINUED:

- One hearing for violation of Rule 3103
- One hearing for violation of Article VII Section 1 of the CC&R's, Rule 3104.6 and Rule 3162.2

***NOTE:** The NSCA Board of Directors meets the 1st and 3rd Wednesday of each month unless otherwise posted. The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.*

REMINDERS: THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON WEDNESDAY, SEPTEMBER 3, 2014

Golden Lantern. When larger capacity water and sewer lines are installed on Del Prado, the SCWD will start Phase 3 to bring larger water service up Golden Lantern into the La Plaza District. As they did in Phase 1, the SCWD will do its work between 8:00 a.m. to 5:00 p.m., Monday through Friday. Following the SCWD work on Del Prado and Golden Lantern, which is scheduled to be completed by December 2014, the city will begin Phase 2A of its project which will convert Del Prado into two-way traffic from Ruby Lantern to Copper Lantern as they did on PCH. Completion should be in the first quarter of 2015. These road improvements have been budgeted out of the city's General Fund.

Obviously, there is more to the Lantern District Plan than PCH and Del Prado roadwork. At the present time there is only one developer with plans before the Planning Commission, although others have made inquiries. Majestic Housing and Development Co. is proposing to build 30,000 square feet of retail space and 110 residential condominium buildings in three locations, along both sides of Amber Lantern from PCH to Del Prado and along the north side of Violet Lantern from PCH to Del Prado. Majestic will build subterranean parking for

the multiuse development. The first floor will be commercial with three above floors of condominiums, all within the 40 feet height limit. A Development Impact Fee will be imposed for the public street/utilities improvements on PCH and Del Prado that will be based on linear footage abutting PCH or Del Prado.

At the August 11 Planning Commission meeting, the public and commissioners voiced concerns about this project and Majestic will be reviewing those concerns and returning to the Planning Commission on September 8 with its response. The September 8 Planning meeting will be held at 6:00 p.m. at the Dana Point Community Center on Del Obispo, Dana Point, should you wish to attend.

South Coast Water District Projects

In the May 2014 *Seashore News* article, I wrote about the charter of the South Coast Water District (SCWD) to provide drinking water, recycled water and wastewater/sewage service to Niguel Shores. I also reviewed several water/sewer projects they are currently working on. I informed our community about the District's mandated requirement to reduce the consumer usage of potable water. That district requirement to

continued on page 15

COMMITTEE REPORTS

EMERGENCY PREPAREDNESS

Opportunity Knocking: The Emergency Preparedness Committee is happy to announce that a date has been set for another CPR/AED/First Aid Class. In last month's issue of the *Seashore News*, we published a photograph of the first "graduating class" that was CPR/AED certified in the class held at the Niguel Shores ClubHouse in May. The response from participants of that class was overwhelming. As a result, we will attempt to schedule ongoing classes 2-3 times a year as long as we have residents who are interested. The next class is scheduled for Saturday, October 11 at the CluhHouse from 9:00 a.m. until noon. The cost will again be \$45. Please confirm your desire to attend. E-mail me at k.wellbrock@cox.net

Safety isn't an Accident: In a short time it's *Back to School* for many children in our community. Niguel Shores parents and residents: **Please** be aware of kids within and outside our neighborhood as they walk, ride bicycles, ride buses, cross intersections, etc. Many times they aren't focused on the traffic around them so it's our **responsibility** to be on the watch for their safety. Listed below are a number of websites where you can find great tips on how to keep our kids safe:

- Ten safety tips for your kids as they go back to school. www.USA.gov
- Back-to-school safety checklist: National Safety Council. www.nsc.org
- How about internet safety tips? www.netSMARTZ.com or www.Ask.com/top+10+internet+safety+tips
- Back to school safety from Nationwide Children's Hospital. www.nationwidechildrens.org
- Stop bullying and school bus safety. www.protection1.com
- American Academy of Pediatrics. www.aap.org
- How to protect your kids (and grandkids) with I.D. kits and DNA. www.FBI.gov

Don't Forget: Safety isn't an accident. It's up to Us.

—Kent Wellbrock

MAINTENANCE

Our Hidden Gem: We have an "observation deck" in our community, so titled for lack of a better name. It is situated in the open common area of Sea Terrace 1 at the end of Flying Jib Drive, above the end of Binnacle Drive and below a walkway down from Marlinspike.

Last fall, our Maintenance staff and our Maintenance Committee were faced with a decision that was ultimately

COMMITTEE REPORTS

resolved by the Board. It was in such bad condition that something had to be done. We either demolish it or we re-build and restore. The Board approved funding for its restoration and so began a lengthy process.

After cleaning out the interior rot and debris of the damaged vertical wooden logs, a multi-step epoxy product (fully explained in my January article) was used for strengthening and weather protection. This process required a month of curing. Two of the logs, however needed to be completely replaced because their damage was beyond this type of repair. Once the logs were in place, a decking with seats and handrails were constructed using a composite wood product that should provide a twenty-five-plus-year life. A primer and then three coats of paint, color-matched to the composite wood were applied to the logs. A warm, rich sandstone color scheme was chosen to replace the weathered, dingy and dark grey color of the original structure. The intention was to create a newer, fresher “nature inspired” appearance cradled among the trees and plantings surrounding it.

Go check it out...we are very pleased with the outcome of this project! See page 15 for photos.

—Suzanne Enis

RECREATION

September! Can you believe school has started and here we are looking forward to Halloween?

Movie Night: At the time we are going to print, we do not have a date but another Movie Night is being planned with a time for parents to enjoy refreshments while the children are watching the movie. Watch for a flyer and email to tell all about it.

Garage Sale—October 4: From 9:00 a.m. to noon. Start preparing for this popular morning. See page 15 for details.

Halloween Party—October 26: As always this is a date



you must put on your calendar—a parade, with those costumes. Games and food.

Boutique—November 15: It's back from noon to 4:00 p.m. Vendors will set up from 10:00 a.m. to noon. Another day to do some shopping for items that will be unique.

Watch your email for more information about the plans. Talk to your friends and put together a group to attend the Niguel Shores events making us all glad to live here.

—Carol Yocom

WWW.NIGUELSHORES.ORG

What a busy and beautiful summer we are having here in the Shores. The wonderful summer weather and the great sunsets have brought lots of us out and about our community to enjoy the facilities as well as the wonderful sunshine.

Signing in: As you are enjoying all that our community has to offer, just a reminder to use the Website (niguelshores.org) to sign in your family and friends.

Parking: Also please refer the Website for a refresher on restrictions regarding guests, parking and activities permitted throughout the community.

Projects: Please refer to the Website for updates on new projects about to take place within the community. You will see information on our site about the changes taking place with our new guard house and how those changes may impact our entering and exiting through the Mariner Gate during the project.

Photos: If you have not seen the wonderful photos that Gary Tinnes posted on niguelshores.org of the Annual 4th of July festivities, please check out his photo gallery.

Events: You may also be able to spot some photos of your friends and neighbors dancing the night away while enjoying the wonderful sounds of Flock of 80's Band, on Saturday, August 23.

As always, lots to do in our community and all the important details can be found at www.niguelshores.org. Enjoy!!

—Patti Staudenbaur

CLUBS

GARDEN CLUB

The Garden Club management team, with Jerry Koppang at the helm, has another exciting year planned for you. I will not give out the details for

the full year, so you will continue to read this column!

Our first meeting of the year is a field trip to the **Great Park Farm and Food Lab** in Irvine. They provide

a variety of educational programs on gardening and help set up community farming.

Tom Larson, the manager will give us a tour of the facility and

CLUBS

educate us on all their activities. We will be carpooling. Meet in front of the ClubHouse at 10:00 a.m. Here are the directions: Take 5 North. Exit Sand Canyon. Go Right and take the first right (Military Way). Go about 4 blocks and turn left past the balloon.

Our annual **Lobster Fest** will be held on October 30. Mark that date.



Gardening in pots

An alternate to a regular garden, is to create one with pots. This allows you to rearrange them as and when you wish. All pots large or small need some preparation. This will extend the life of your plants. Also keep in mind the weight of the pots to make moving them easier, if need be. The first thing to check is the drainage holes at the bottom, to ensure proper water drainage.

Next is the choice of the right potting mix. One to consider is the loam based or soil based potting mix. These are available in different recipes and strengths. This soil retains water and nutrients well.

Watering can be set up as a drip or planters are available with water reservoirs attached to the bottom. These would need to be refilled once a month. Or you can do it the old fashion way, a watering can. This will allow you to spend one on one time them with your plants and marvel at how well they are growing. TLC never hurts a plant!

And finally, you must have dealt with spiders during the summer, but what do you call recently married spiders?

Newly webs!

—*Lakshman Sehgal*

MEN'S CLUB

It is good for men to get together for men's interests sometimes. It can so easily be put off with men's daily tasks and responsibilities, even competitive activities. Women generally do it so much better than men, sharing, bonding and supporting each other. Men should and *can* do it too.

The Shores Men's Club of our beautiful community provides an opportunity for some important interaction with others. The Club's new emphasis is to make it

a bit more social, add some fun, and provide more of what men enjoy. We have a wonderful Club that provides scholarships for deserving Dana High School students. Going forward, we'll be adding some enjoyable activities such as the upcoming September 30 October Fest. The Men's Club has always had some good golfing activities. Now there will be expanded social experiences that will include our ladies. The Fourth of July Pancake Breakfast, one of the best ever, is a good example. It also showed that our guys are great cooks!

The Men's Club meets at 8:00 a.m. on the first and third Tuesday of each month. Besides providing a delicious hot breakfast, cooked by some pretty darned good gentlemen cooks, the Men's Club brings some of the most important and interesting speakers available. We've very recently had city and county officials, professional speakers (that do not charge for their

appearances), political candidates, and speakers that have taught us about finances, water, weather, personal planning, and maintenance of health, graceful aging and more. For years I have looked forward to learning from the talented speakers sometimes provided by men and women of this marvelous community we are privileged to enjoy.

By the way, where else can you get a hot breakfast with eggs, meat, fruit, coffee and juice for three bucks, the price of an ice cream cone, and a top speaker added to boot?

This brings me to another reason for joining your Men's Club. This "our community" is *your community*. We all get more out of the privilege of living here if we know, enjoy and appreciate each other.

Join us for your own Shores Men's Club experience. If you are new, your first meeting's breakfast is on the house. I, for one, try never to miss a Men's Club meeting!

—*C. W. Gruenig*,

Vice President of Programming

WOMEN'S CLUB

The Women's Club's new officers have an exciting year of interesting and dynamic speakers and events planned, beginning with the luncheon on September 11 at 12:00 noon in the ClubHouse. Lunch will be served at 12:30. Look for your e-mail invitation on Thursday, September 4 and please answer to let us know if you are coming by Sunday, September 7. If you are planning to attend, you will then be informed by e-mail about bringing a salad. The luncheon attendance fee is \$3. Members are to bring a salad for 10 to 12 every other time they attend. Members bringing guests will be asked to pay \$5 for each guest and are not required to bring an extra salad.

The speaker will be Barbara Johannes, President of the Dana

CLUBS

Point Historical Society. A member of the Society for more than 15 years, Barbara has served as Preservation Chair and Vice President and has been on the Society's annual Home Tour Committee since 2001. She and her husband Keith have lived in Dana Point since 1969 and reside in a 1928 Woodruff Historical Home they have restored.

Barbara will present an overview of the Dana Point history from 1914 to the present, highlighting the story of Blanch Dolph and Dolph House, the city's oldest building, which is having its 100th anniversary this year. There will also be a short review of the Society's history, its goals, and the home tours they have sponsored for over a decade.



100-year-old Dolph House in Dana Point

The Society's 14th annual Home Tour will take place here in Niguel Shores on Sunday, October 5. Members of the Historical Society will be selling tickets after the luncheon program. Single ticket prices will \$35 on the day of the event.

The Women's Club will also have a raffle at the luncheon with the grand prize a free ticket to the Home Tour.

Here are the raffle rules: one raffle ticket per \$1 donation, six for \$5. Two winners will be chosen, each one winning one ticket. You must be present to win. All donation money received will help!

For information on joining the Women's Club, please contact: Marian Kennedy at rgkmed@yahoo.com or Marilyn Pappas at mmpappas5@yahoo.com. — *Laurel Livesay*

ACTIVITIES

BRIDGE NEWS

Our Bridge Club meetings are on Wednesday at 11:00 a.m. and we encourage all residents who are interested in playing Bridge to join us. Please call Helen at 949-496-4230 and we will place you on our list. You do not need a partner as we mix it up so that everyone gets a chance to play. Our winners were left out of last month's Seashore News, so you will see two months winners listed below. Please consider joining our fun group at the Niguel Shores Community Center on Wednesdays!!

- July 9 Helen Campbell, Trudy Buck, Dorothy Horany
- July 16 Freida Baskin, Helen Campbell and Judy Bates
- July 23 Freida Baskin and Jane Olson
- July 30 Mary Ann Theisen, Dorothy Horany and Kay Wittmack
- August 6 Mary Ann Theisen, Freida Baskin and Elizabeth Miller
- August 13 Jane Olson, Helen Campbell and Judy Bates
- August 20 Lee Farrell and Dorothy Horany

—*Helen Campbell*

OREO BOOK CLUB

The Oreo Book Club meeting was held at the home of Janet MacKaig on Wednesday, August 20. The group

discussed the book *Russians: The People Behind the Power*, written by Gregory Feifer. The discussion was led by Mary Crowl and focused on our own experiences and perceptions with regard to Russian attitudes and philosophical inclinations. Even though handicapped by excessive drinking, concentration of wealth and corruption in civic and private areas, it is hoped that they can eventually veer closer to Western judicial and social values. The next meeting will be September 17 at the home of Mary Crowl and the group will review the book: *Train: Riding the Rails that Created the Modern World* by Tom Zoellner.

— *Norton Schwartz*

PAGE TURNERS

Page Turners Book Club will meet this month to discuss *Devil in the Grove*, by Gilbert King. This book received the Pulitzer Prize in 2013 for General Nonfiction, and was nominated for a 2013 Edgar Award. Both the Christian Science Monitor and the Boston Globe cited it as Book of the Year (non-fiction 2012). *Christian Science Monitor* says, "A compelling look at the case that forged Thurgood Marshall's perception of himself as a crusader for civil rights. King's style is at once suspenseful and

ACTIVITIES

historically meticulous”. This book sounds interesting and is a worthwhile read. Some have said it takes a while to complete. So, if you haven’t started, get a copy and begin.

The Thursday afternoon group will meet at the ClubHouse at 1:00 on September 18. The date was changed because of the Jewish holiday on its regularly scheduled date. The Monday afternoon group will meet on September 22. For more information about Page Turners contact: Diane Hearne: Phearne4@cox.net- 661-6267-Monday afternoon. Lisa Buchner: lisabuchner@cox.net-496-9546-Thursday afternoon.

—Lisa Buchner

SPORTS

MEN’S GOLF

On July 22 we played Talega Golf Club in San Clemente. We had 20 players on a typical beautiful day in Southern California. The game format was 1-2-3 Foursome. This format’s scoring is 1st hole is best net score of the four players. The 2nd holes score is the two best net scores of the four players, and the 3rd holes score is the three best net scores of the four players. The remaining holes are scored in the same rotation.

- 1st place Team: Roy Dohner, Al Brown, Joel Levin, and Charlie Clark with 125 points
 - 2nd Place Team: Bob Russell, Kent Wellbrock, Larry Jordan, and Bill Verbrugge with 127 points
 - 3rd Place Team: Bob Gutknecht, Woody Woodward, Boyd Van Ness, and Gary Katsuki with 129 points
- Closest to the pin went to Dick Grabham on hole# 8 and to Bob Russell on hole #17.

On August 12 we played at Bella Colina Town and Golf Club in San Clemente. This was the first time our group has played at this private course. The weather was great and the course was in great shape. This course, known by some as the goat hill, has very severe hills which add to the challenge.

The game played was Team Tin Whistle. The scoring is done a bit different with a net eagle 4 pts, a net birdie 3 pts, a net par 2 pts and a net boggy 1 pt. This is where the winning team has the most points.

- 1st place Team: Jack Sweeney, Charlie Clark, Jon Cobain, and Larry Wellikson with 150 pts
- 2nd Place Team: Bob Russell, Kent Wellbrock, Don Duffer, and Mark Duffer with 136 pts
- 3rd Place Team: We had a tie: Roy Dohner, Mike

LIBRARY NEWS

Your Dana Point Library is re-opening soon! The Dana Point Library has been closed for renovation. With County and Friends of the Library funds new skylights have been installed. The contractors are nearly finished with the project and the anticipated move back in will occur around the end of the second week in September. We want to urge you to go to the Friends Bookstore near the corner of Golden Lantern and PCH weekdays and Saturdays. There is a 50 per cent off book sale right now so please come and get bargains.



—Karla Sanders

Short, John Erb, and Bill Verbrugge with 132 pts and Mark Russell, Brian Kelly, John Monson, and Dennis Rosene with 132 pts

Closest to the pin went to Tim Grabham on hole #3 and to Mac Brown on hole #2

The next tournament is on September 9 at Arrowood in Oceanside.

— Bob Russell

WOMEN’S GOLF

Thirteen golfers arrived at the Ranch at Aliso Creek for August Funday at our new starting time of 9:12. It was hot and sunny with high monsoon type clouds holding back the heat. One lone deer frolicked near the first green. A new player joined us, appropriately named Linda Duffer.

The game of the day was our normal game with a surprise. After the ninth hole we could subtract our three highest holes.

Winners were: Low gross: 41Judy Boitano. Low net: 32 India Rouse, Lee Sweeney, Linda Duffer (not such a “duffer” after all!). Closest to the pin: Teri Matrish. Longest drive #5: Marlene Lynch. Longest drive #9: Lee Sweeney. Low putts: Judy Boitano. Birdie: Helena Keeshen. Luncheon attendees: Joan Beyer, Chris Beaver, Ceacy Johns.

Next Funday: Monday, September 8. Golf Captains: Judy Boitano 661-9495 and Val Mitchell 581-8311. Please contact one of them to be added or to cancel.

Did you know? It’s amazing how a golf mate who rarely helps around the house will replace his divot, repair ball marks, and rake the sand trap.

—Liz Kelsch

Travel Tidbits . . .

“The World is a book and those who do not travel read only one page” —St. Augustine

High Seas Art: Royal Caribbean has unveiled its newest ship *Quantum of the Seas*. The ship will carry 4,180 passengers on 18 decks. On board is an art collection of 2,980 pieces. The theme of the ship's collection is *What Makes Life Worth Living*. Her first voyage will depart New York in mid-November.

Central America: Despite the news we receive regarding Central America, at least one hotel company is planning to expand in that region. La Quinta Inns and Suites has signed franchise agreements for properties in Managua, Nicaragua, Guatemala City, Quetzaltenango, Guatemala and Tegucigalpa, Honduras.

Gambling: Enjoy gambling and nearby dining? Station Casino will spend more than \$35 million on renovations to its Red Rock flagship property, including the creation of a restaurant row and four new restaurants.

Sticker Shock: The Transparent Airfares Act of 2014 was passed by the House of Representatives. If it is passed



by the Senate and signed into law, the bill will allow airlines and travel sellers to advertise fares that don't include taxes and fees. This could result in a lot of “sticker shock” as taxes and fees can be substantial.

Chocolate Journey: Are you a chocoholic? If so, you might consider a Princess Cruise. The line has partnered with chocolatier and pastry chef Norman Love to create *Chocolate Journeys*. There will be Love designed chocolate desserts, drinks, spa treatments and more. Among the 16 cocktails he has created are a chocolate bourbon bacon special, a tropical white chocolate martini and a cocoa daiquiri.



—Barbara Milner C.T.C.,
bmilner39@gmail.com



Carol's Cuisine Corner

It is time for the “foodies” to try some new places in the area. The tourists are gone now, so you can go back to Laguna Beach.

Marco Wood Grill: 1915 S. Coast Hwy. Laguna Beach, 793-4044. Hours: Tuesday to Sunday noon to 9:00 p.m.

Driftwood Kitchen: (It is where Beach House was before.) This is a favorite of many Chefs. 619 Sleepy Hollow Lane, Laguna Beach, 715-7700. Hours: Breakfast 9:00 a.m. to 11:00 a.m. Lunch 11:30 a.m. to 3:00 p.m. Dinner 5:00 to 10:00 p.m.

Watermarc: 448 S. Coast Hwy. Laguna Beach, 376-6272. Hours: 11:00 a.m. to 10:00 p.m. Saturday and Sunday open at 8:00 a.m.

Sun Dried Tomato: 361 Forest Ave. Laguna Beach, 715-9099. Hours: 11:00 a.m. to 10:00 p.m.

Big Fish: 540 S. Coast Hwy. Laguna Beach, 715-4500. Hours: 11:30 a.m. to 10:00 p.m.

GG's Bistro Grill: 540 S. Coast Hwy. Laguna Beach, 494-9306. Hours: 11:30 a.m. to 9:00 p.m. Sunday open 10:30 a.m.

Nirvana Grill: 303 Broadway, Laguna Beach, 497-0027. Hours: 5:00 p.m. to 10:00 p.m. Open dinner only Tuesday – Sunday.

Cliff: 577 S. Coast Hwy. Laguna Beach, 494-1956. Hours: 8:30 a.m. to 10:00 p.m.

Lumberyard: 384 Forest Ave. Laguna Beach, 715-3900. Hours: Lunch 11:30 a.m. to 3:00 p.m. Dinner 5:00 p.m. to 10:00 p.m.

Zinc: 350 Ocean Ave. Laguna Beach, 494-6302. Hours: 7:00 a.m. to 4:00 p.m.

Tommy Bahamas: 400 S. Coast Hwy. Laguna Beach, 376-6886. Hours: 11:00 a.m. to 10:00 p.m.

These are a few places for breakfast, and many for lunch or dinner. See the hours and do call for reservations. Bon Appetite! Carol Yocom

MEET YOUR NEIGHBORS

Kent and Gaye Wellbrock

In 1999 Niguel Shores welcomed Kent and Gaye Wellbrock as they moved into their home on Brigantine Drive with their eleven-year-old son Ryan and nine-year-old daughter, Riley. It had taken many moves since Kent and Gaye met as next-door neighbors in a Chicago high-rise overlooking Lake Michigan in 1976. Kent and Gaye celebrated their 37th anniversary July 16 of this year. Both Kent and Gaye had successful careers in sales and marketing, but each had chosen different college majors that were not closely associated with the careers they later pursued.

Kent was born and raised in Peoria, Illinois where he received his BA and Masters degrees in education at Bradley University. From there he went almost directly to a job with Johnson & Johnson where he had a 36-year career in Sales and Marketing as well as International Development. During that time, he also earned an MBA at Pepperdine University in the Presidential Key Executive program.

Johnson & Johnson kept the family moving, from New Jersey to Orange County California, (Niguel Heights), and finally to Cincinnati, Ohio, (the company's corporate headquarters), where they stayed from 1992 to 1998.

Gaye was born in Pittsburgh, Pennsylvania and is still loyal to her birthplace, as she cheers for the Pirates and Steelers in all their games. She earned her BA degree in sociology at Wheeling University in West Virginia. She also chose Sales and Marketing as a career and was an account executive with Martin Marietta until her son Ryan was born in 1988. From then on she was a stay-at-home-mom, a job that she loved. Daughter Riley was born two years later in New Jersey and was nine



Kent and Gaye Wellbrock

years old when the family moved to Niguel Shores in 1999.

Since moving to Orange County, Kent has been a member of the city of Dana Point Community Emergency Response Team, or CERT, and is also a member of the Orange County Sheriff's Search and Rescue Unit plus the Bloodhound and Helicopter Squads. Requests for help to these emergency services mainly concern people who are lost—lost children, lost elderly Alzheimer's patients, and lost hikers in the local mountains.

Gaye is a member of "Friends for Life", a group of eight women who've been friends for many, many years. Their goal is to look for needs in our community and to answer that need together. They cook for the homeless, provide help to veterans and their families.

We are fortunate to have Kent as the Chairman of the Niguel Shores Emergency Preparedness Committee. Goals of the Committee: Inform NS residents of how to prepare for potential emergencies in their homes and in our community, including earthquakes, fires, power outages, accidents, as well as home, swim, and child safety. The committee has instituted AED/CPR/First Aid classes for NS residents at our ClubHouse on a quarterly basis. They also want everyone to know

there is an AED (Automatic External Defibrillator) at the ClubHouse that the Committee maintains in case of emergencies there.

Even with all these community commitments, the couple makes time for some personal R&R. Kent has been an avid golfer for many years and Gaye recently took up the sport so he wouldn't have all the fun. She hasn't taken up Kent's other diversions, hiking, mountain biking, and stand-up paddling, for which he is also an instructor.

The Sales and Marketing gene was passed on to their kids; both Ryan, now 36, and Riley, 34, are following in their parents' footsteps career-wise.

Kent and Gaye stand out as living, (albeit retirement living), examples of the volunteer spirit and tradition that make Niguel Shores so special.

—Laurel Livesay

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WELLNESS BREAKFAST...IS IT REALLY IMPORTANT?

“Hmmm...that’s a good question...is breakfast really that important? It’s an especially good question to ask if you don’t eat breakfast and haven’t for years. How many of us can recall our mother’s voice as we were growing up floating through the kitchen telling us, “Be sure to eat your breakfast” or “It’s not good to start the day on an empty stomach”? Probably just about all of us...and she was right...breakfast is, hands down, the most important meal of the day. Without it, you start the day feeling sluggish, a little fuzzy when it comes to thinking, and may hear others telling you that you’re a little grouchy!



Study after study shows that eating a healthy breakfast (one that doesn’t include doughnuts and the like) improves

one’s concentration whether they’re in the classroom or the boardroom. Also, people who eat a healthy breakfast weigh less than their breakfast skipping counterparts. When you skip breakfast, you’re more likely to make poor meal choices throughout the day...oh, and make sure to get some lean protein down the hatch as it’s good for you but also keeps you feeling full longer.

So, whether it’s healthy cereal, eggs, whole grains, low or non-fat dairy, or fruits and vegetables, be sure to “break the fast” every morning and you will be on your game, feeling your best, and ready to take on the world... and no one will be calling you a grouch either!

To Your Health!

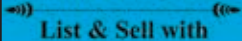
—Sharon Stewart, R.N., Certified Health Coach

If you would like to make a comment or suggest a topic please send an email to . . .
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NEIGHBORHOOD ADS

Rental: Monthly Private Niguel Shores Rental w/ ocean, green belt views. One level furnished end-unit: 3 bedrooms (incl. mstr ste & den), 2 baths. Private entry & p/pong table. (949) 290-8420.

For Rent: Poipu, Kauai condo for rent at Kiahuna Plantation. Just remodeled: 1 bedroom, 1 bath, sleeps 4. View of tropical trees and ocean. Please call Kevin @ 714-606-8972.

Kohl's Karts: Golf Cart Detailing: horns, lights, accessories. Phone (949) 735-2969. Email: Coleschamber@gmail.com.

For Sale: Beautiful shutters for sale. Brand new sliding door and all windows. Model #205. Cost originally was \$2,500. Will sell for \$500-\$1,000 or what works. Call (951) 473-3708.

For Sale: Women's street bike pump and rack. Small chain saw. LGE Easel—Wood. (949) 493-9190.

Rental wanted: Niguel Shores resident looking for long term lease. 12 months min. Call (714) 402-2542.

Ads for the Seashore News must be submitted by the 15th of the month. Include a check payable to NSCA, \$5 for a maximum of 30 words. Advertisers must fill out a form available at the Association office. Neither NSCA nor the Seashore News assumes responsibility or liability for quality of goods advertised. See Rule 5525 (Non-Commercial Ads Only)

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Before: The old Observation Deck



After: The new Observation Deck



Garage Sale: Save the date and save your stuff! Saturday, October 4 from 9:00 a.m. to noon. Sign-up in the office beginning Monday, September 15. Maps can be picked up in the office on Friday, October 3. The iHOPE Charity will pick up the left-over items on Saturday at 1:00 p.m

— Nancy Tinnes

reduce consumer usage by up to 20 per cent involved restricting irrigation via sprinkler systems to watering three days per week between 5:00 p.m. and 9:00 a.m. Tuesday, Thursday, and Saturday for residences west of Golden Lantern, which includes Niguel Shores. Recycled water that we use to water our common areas is not restricted (Niguel Shores’ decision years ago to connect to recycled water was very wise). The SCWD has identified the above water restriction as “Level 1”.

Another action that the SCWD is undertaking will notify residences that show water usage 24/7 on their monitoring smart meters that they probably have a leak somewhere on their property. In fact, they recently sent leak notification letters to 1,000 homes in their district. Already 600 residences, many not realizing they had a leak, have corrected the problem. The leak notification letter mandated that the leak be fixed within three business days.

Unfortunately, the SCWD has not seen the water usage reduction they anticipated when imposing Level 1 restrictions. I’m sure all Niguel Shores residents have done their fair share of reducing water consumption. **The SCWD has not yet imposed “Level 2” restriction, which will be described next, so be prepared when or if it is mandated.**

Level 2 – Water Supply Warning: (1) Reduce consumer usage up to 40 per cent. (2) Irrigation via sprinkler systems limited to two per week (April-October) and one day per week (November-March) between 5:00 p.m. and 9:00 a.m. For us in Niguel Shores it will be on Tuesday and Saturday (April-October) and on Tuesday only (November-March). Also mandated will be no filling or refilling of residential

pools or spas—operational water level may be maintained by refilling once a month with no more than one foot of water. No washing down driveways and motorized or non-motorized vehicles. **We can all help save water.**

— Karl Kuhn

WHAT DOES A 20% REDUCTION in water use look like?

AVERAGE DAILY USE
196 GALLONS PER DAY

- INSTALL AERATORS ON BATHROOM FAUCETS
saves 1.2 GALLONS per person/day
- WASH ONLY FULL LOADS OF CLOTHES
saves 15-45 GALLONS per load
- TURN OFF WATER WHEN BRUSHING TEETH OR SHAVING
saves 10 GALLONS per person/day
- TAKE FIVE MINUTE SHOWERS INSTEAD OF 10 MINUTE SHOWERS
saves 12.5 GALLONS with a water efficient showerhead
- FIX LEAKY TOILETS
saves 30-50 GALLONS per day/toilet
- INSTALL EFFICIENT, WATERSENSE-LABELED SHOWER HEADS
saves 1.2 GALLONS per minute
10 GALLONS per average 10-minute shower
- INSTALL A HIGH-EFFICIENCY WATERSENSE-LABELED TOILET (1.28 GALLON PER FLUSH)
saves 19 GALLONS per person/day

For more tips on reducing water use, visit www.scwd.org

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