

# Seashore News



January 2014

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Issue 481

## FROM THE HELM — AMENDMENT UPDATE

I hope one and all have had a happy Holiday Season and look forward to the New Year with anticipation.

Back in November I urged all the homeowners of Niguel Shores to carefully consider the issues involving the proposed amendment to the Breakers Isle Declaration relieving the community of the responsibility of maintaining the Breakers Isle slope. To then make a decision and to cast your ballot. Well you certainly responded with an unprecedented 729 ballots cast. Of that total 689 of you voted yes (95% of all the votes cast) to amend Breakers Isle Declaration.

The Board appreciates this overwhelming show of support to protect the community at large from the specter of potential liability for damages that might result from a Breakers Isle slope failure with subsequent damage or destruction to one or

more of the multi-million dollar houses on Breakers Isle.

Unsurprisingly shortly after the election results were published, the Breakers plaintiffs obtained a new Temporary Restraining Order (“TRO”) preventing the association from taking any action to implement the community approved amendment. A hearing on the TRO is scheduled for January 8. At that hearing the judge may either lift the TRO permitting implementation of the voter approved amendment or issue a Preliminary Injunction maintaining the status quo until the conclusion of the legal process.

Whatever the outcome of the January hearing, the Board will continue to vigorously pursue all our options to protect the interest of this community.

—John Dougherty

## A LOCAL HISTORY OF SURFING

While working on an oral history of an old-time Dana Point surfer who talked about “our” Strand Beach in the early days of surfing, I thought a survey of the history of surfing in the Dana Point area might be interesting to our readers who can observe lots of surfers from the shore as well as for those who surf themselves. Dana Point has had many distinguished surfing personalities and innovators, several of whom were instrumental in creating the surfing industry as well as promoting surfing as a sport.

The very earliest surfing in California is said to be when George Freeth, a Hawaiian surfer came in 1907 and demonstrated surfboard



Poster for the film *Endless Summer*

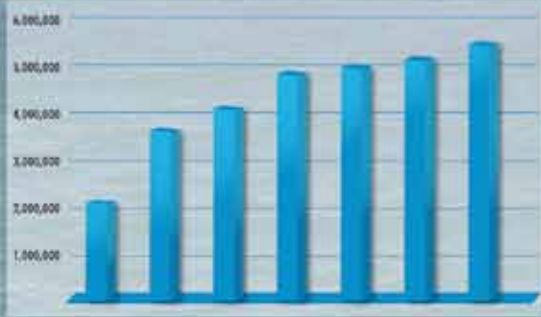
riding as part of a coastal railroad opening celebration. In the 1920s, the famous Duke Kahanamoku, the Hawaiian who had won a gold medal in swimming during the 1912 Olympics, came to Orange County with his surfboard. The daughter of Sidney Woodruff, developer of Dana Point, reports that he invited the “Duke” to Dana Cove to teach children here to surf and, there is a written account of a “surfing safari” in 1935 that visited Dana Point and found six surfers here. During the 1930s there were about thirty surfers sometimes living on the beaches in Dana Point as reported by Doris Walker in her book on the history of this area. They were using the long, heavy redwood

Continued on page 4



# 2013 NIGUEL SHORES MARKET RECAP

## ACTIVE LISTINGS



	DOM*	Sqft
Maximum:	300	5,280
Minimum:	2	2,400
Average:	88	3,641
Median:	44	3,700

TOTAL ACTIVES: 7

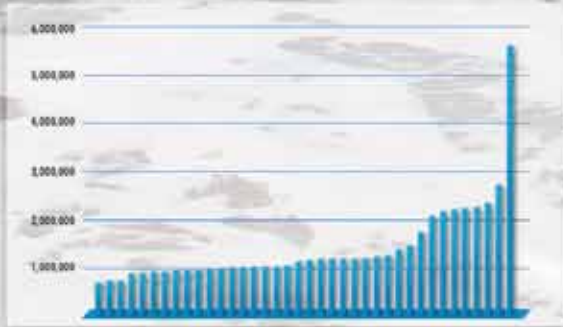
## IN ESCROW

	DOM*	Sqft
Maximum:	75	2,831
Minimum:	26	1,628
Average:	49	2,163
Median:	47	2,097

TOTAL ESCROW: 8



## SOLD



	DOM*	Sqft
Maximum:	855	3,905
Minimum:	7	1,257
Average:	127	1,995
Median:	52	1,875

TOTAL CLOSED SALES: 37

DATA AS OF: 12/13/13  
\*DAYS ON MARKET

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# GM REPORT

**W**elcome 2014 – How time flies! We are welcoming in a new year—2014. For some people, the New Year may prompt you to take stock of all you have accomplished (or not accomplished) during the previous year. Others may use this holiday to think about all the things you hope to accomplish in the months ahead. It is a time for new beginnings and resolutions. Many of you have probably thought about resolutions for all the things that you want to do or change in 2014. I want to wish each and every person a very happy 2014 and look forward to my future here at Niguel Shores. I will work hard to meet the needs of the community and believe that together we can work toward a common goal of making sure that this community remains the best of the best. We are all part of the team that makes Niguel Shores the wonderful community that it is. Whether we are the Board of Directors, Committee Members, Homeowners or Management Staff we all have a very important responsibility in making sure that our Community Association remains prosperous for years to come.

### 2013 Employee of the Year –

Each year at this time we recognize the Employee of the Year here at Niguel Shores. This year the 2013 Employee of the Year award was given to Dave Smith of the Maintenance Department. Dave has been here at the community for over 8 years and has continued to work very hard with a great outlook. Dave has recently taken on additional work because the part time maintenance person resigned. Through all of this Dave has demonstrated a positive attitude and worked hard to

provide the association continued and uninterrupted workflow.

**Parking Waiver and Guest Bar Code Renewals** – A reminder that Parking Waivers and Guest Bar Codes both need to be renewed for 2014. Some of these renewals have a cost associated with them in the amount of \$75 payable in the NSCA office. Please see the enclosed insert for more specific information. If you have any questions, please direct them to the office staff.

**Christmas Tree Disposals** – CR&R will pick up your Christmas tree if it is under six feet in height at no charge.

You may leave it out on the regular scheduled day for trash pickup for two weeks after Christmas. The tree must be free of all ornaments, lights, etc. and should not be placed in a bag. If you have any additional questions you may contact CR&R at 877-728-0446.

**Holiday Decorations** – Please remember that all holiday lighting and decorations must be removed by January 15, 2014.

**A Few Reminders Regarding Our Favorite Furry Friends** – Why Scoop the Poop? Besides being a

nuisance, uncollected dog waste is a serious problem for the association. When you pick up the waste with a bag, take the bag home or to the next available pet waste facility. There are several stations throughout the community. Please remember to comply with our rules and regulations regarding pets in order to keep our community a beautiful place to live.

Happy New Year to all from the Niguel Shores Staff

—Marla Miller



### SEA TERRACE I ANNUAL MEETING

**T**he Annual Meeting for the Sea Terrace I Homeowners Association will be held on Thursday evening January 9 at 7:00 p.m. in the ClubHouse at the Community Center. All homeowners are invited to attend. You should have received a mailing from the Sea Terrace I Board. Please complete and return your ballot for the board member election so we can be sure of a quorum.

—Larry Wellikson

### *In Memoriam*

## **Richard Johns**

December 2013

Long-term resident of Halyard Drive

### **A pillar of Niguel Shores:**

Board of Directors 2002-04  
Sea Terrace I Board Member  
Architecture Committee

Men's Club President  
Various ad-hoc Committees  
Oreo Cookie Book Club Member

*A generous man who offered his talents to the betterment of his community. Thank you Dick from all of us. A memorial in the ClubHouse is planned for January.*



# BOARD ACTION SUMMARY

## DECEMBER 4, 2013 BOARD MEETING: (General Session)

### ACCEPTED AND FILED:

- Updated litigation disclosure statement
  - Financial Reports
- General Session Committee Minutes

### APPROVED:

- General Session Meeting Minutes from November 20, 2013
- Appointment of new members to Recreation Committee
  - Appointment of Maria Elena Banks as the Recreation Committee Chairman
    - 2014 Holiday Schedule
    - Planting proposal
  - Appointment of Pat O'Brien as the Nominating Committee Chairman
    - Tree Removal Policy
- Women's Club donation of a teak bench

### DISAPPROVED: none

### HEARINGS / MEETINGS / PRESENTATIONS: none

### REVIEWED/DISCUSSED:

- Master Landscape project
- Gatehouse project
- Manager's report

### TABLED:

- Binnacle slope repair
- IT improvements/replacements

## DECEMBER 4, 2013 BOARD MEETING: (Executive Session)

### ACCEPTED AND FILED:

- Executive Session Committee Minutes

### APPROVED:

- Executive Session Meeting Minutes from November 20, 2013

### DISAPPROVED: none

### HEARINGS/MEETINGS:

- Hearing for violation of CC&R Article IX, Section 16

### REVIEWED/DISCUSSED:

- Legal correspondence
- Financial reports

### TABLED: none

*NOTE: The NSCA Board of Directors meets the 1st and 3rd Wednesday of each month unless otherwise posted. The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.*

**REMINDERS: THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON WEDNESDAY, JANUARY 8, 2014**

Surfing Continued from the cover

plank surf boards weighing 115 pounds. Current resident, Mel Pierce, recounts carrying these heavy boards up and down Cove Road in those days where the famous "Killer Dana" surf break was sought out by all the local surfers.

Surfing remained an obscure sport during the 1930s Depression and throughout the war years in the 1940s. The 1950s brought the modern boards and surfing life style. Like so many other areas of our lives, wartime developments changed surfing. Polyurethane foam, which had been developed as insulation, soon replaced even the light balsa wood boards (most of the world's supply of balsa wood had been depleted by this time anyway). The high density foam could be shaped to create boards to individual taste and the breakthroughs in fiberglass, the shaping and fins made surfing available to many more people.

Dana Point was favored as a surfing center in the early days because of its beaches, of course, and because it was inexpensive, unincorporated, undeveloped and unpoliced. The surfers could live cheaply, sleep in their cars if they liked, dive for a free meal of abalone, drink beer on the beach and live a free life. Some made a living by fishing, diving for abalone and trapping lobsters that could be sold



Phil Edwards on his long board on the "Killer Dana" wave

to local restaurants. Surprisingly, a number of those early surfers despite their easy lifestyle, eventually became businessmen in the now major surfing industry.

Hobie Alter who started shaping the light weight foam boards in a rented garage in Dana Point with the help of Walter Hoffman became a major manufacturer of surf boards and related merchandise. He went on to design and market the

Hobie Cat a 14-foot catamaran that could be launched from the beach. This was done on the sand along Beach Road where several of the now successful surfers lived. Wayne Schafer, a fellow developer of the Hobie Cat, went on to win national races in that catamaran.

Another surfer with an engineering degree who worked with Hobie started Clark Foam, the major manufacturer of foam for surf boards for many years. Walter Hoffman along with his brother, Flippy Hoffman, was one of the first Americans to surf the big waves on the North Shore of Hawaii. The two brothers went on to expand their father's fabric business to a very successful career in supplying surf clothing manufacturers with fabric based on Hawaiian designs. Walter Hoffman's daughter, Joyce Hoffman, was a U. S. and World Champion surfer in the late 1960s.

Steve Pezman, a resident of Capistrano Beach (now part of Dana Point), started *Surfer* magazine, has written books on surfing and published *The Surfer's Journal*. Bruce Brown, Dana Point resident who "drove in goofy beaters and slept on beaches", made the most famous surf film of all, *Endless Summer*, that changed the worldwide reputation of surfers derided as beach bums to accomplished and emulated athletes.

Among other well-known surfers was Phil Edwards who lived and worked in Dana Point. He was the first person recorded to have ridden the Banzai "Pipeline" which was purportedly named by him and was involved in the development of the Hobie Cat. Edwards was the first professional surfer who is credited with the first true display of hotdog surfing after the introduction of balsa wood boards. He was on the cover of *Sports Illustrated* and starred in *Cat on a Hot Surfboard* and *Surfing Hollow Days*.



Surfers in Dana Cove protesting the building of the harbor in the late 1960s. Man kneeling in center is Ron Drummond who was famous for "surfing" in his canoe.

Tom Morey, another Dana Pointer, created the original Boogie Board in 1976. He spoke to the Historical Society a couple of years ago and brought with him that original Board. This Board appealed to kids and seniors who could now ride the waves. He considers Dana Strand Beach the finest of boogie boarding beaches.

Corky Carroll from Dana Point, who not long ago wrote a column for the Dana Point News, was a U.S. and International Surfing Champion in the sixties. There were champion tandem surfers, too, with the brave girl standing on the shoulders of the surfer—Barrie and Steve Boehne won many contests in this sport.

Several of these surfers mentioned above have collected rare and antique surfboards from around the world. This collection can be seen at the Surfing Heritage Foundation in San Clemente. See their Website for exhibit information.

More recently, Mike Parsons of Dana Point surfs the giant waves (over 60 feet) that are found 100 miles off the southern California Coast and can be seen in the film, *Step into Liquid*, Dana Brown's 2003 movie.

As you can see, Dana Point has an illustrious surfing history. *A Beach History of Dana Point* by Bruce & Marlene Beal, under the auspices of the Dana Point Historical Society, was the primary reference for this article plus Doris Walker's book on Dana Point, *Home Port for Romance*, oral histories and photos available at the Historical Society Museum in the City Hall.

—Mary Crowl



Surfer's and their cars in Dana Cove, site of the "Killer Dana"

# COMMITTEE REPORTS

## LANDSCAPE

This past Holiday Season brought a new look to our 40-year-old community—the olive trees with red and green lights took on a festive appearance, along with the lighted coral trees.

The Landscape Committee does not authorize the changes, but is a working committee addressing Homeowner Requests and problems arising in the various areas (e.g. Atlantic Garden Homes, Villas, Sea Terrace I and II, etc.). Keep sending in your requests. They will be discussed and acted upon through your representative.

Thank you Harvest for all your hard work this year. We look forward to a super New Year for all.

—Joan Beyer



Observation Deck

## MAINTENANCE

**Deck Restoration:** The observation deck in the park area at the end of Flying Jib in Sea Terrace I is about to undergo a four month renovation. Here are the four different phases of restoration for the logs—the epoxy product strengthens and protects the wood, yet it is flexible enough to accommodate different weather conditions that cause expansion and/or contraction....so that it never cracks or breaks:

1. The first job for those logs that have a top hollow core from wood rot, is to clean out the wood rot/debris and pour "Clear Penetrating Epoxy Sealer" inside the hollow logs. The product seeps down ten feet into the log for strength, protection, and waterproofing. All of the logs, with or without a hollow rotted core, will be over-coated with the epoxy sealer, which preserves and protects the wood and provides an excellent primer for paint.
2. After the "CPES" has cured and dried (which requires about a month), the gap of hollow logs will be filled

with "Layup and Laminating Epoxy Resin" which is mixed 50:50 with fine sawdust.

3. Then they will cap the top of the log with "Fill-It Epoxy Filler" and cover with plastic wrap until it hardens.
4. When the top coat cures completely, the final step is to paint.

—Suzanne Enis

## RECREATION

Here we are in the New Year of 2014 for the Recreation Committee to plan activities for you. We hope our December parties ended the year for you with a good time. New members have been welcomed to the Committee and are busy planning events for the New Year.

You will see some new and some old in the coming year. Keep your eyes on the Seashore News and the banners and signs.

Hope to see you at all of the events, new and old.

—Carol Yocom

## POTLUCK

**When:** Sunday, January 19

**Where:** Niguel Shores Clubhouse

**Time:** 6:00 p.m.

Happy New Year. Plan to join us for the first Potluck of 2014. Potluck has been a tradition in Niguel Shores for many years and we would like to continue for many more years. We hope new people in the community will feel welcome to join our friendly group. Bring a main dish, salad or desert to share. You also need to bring the beverage of your choice together with your own table service and \$1 to cover incidental expenses.

If you have attended Potluck before, you will receive an e-mail invitation. Please respond by Wednesday January 15 and let us know whether or not you are coming.

If you have never been to Potluck before, please come and join us. Call Ann Christiansen at 248-1962 or Irene McDonald at 481-3035. We will be happy to take your reservation and answer any questions you may have.

—Irene McDonald

## WWW.NIGUELSHORES.ORG

Happy New Year!! As you have read in the Seashore News, 2013 was in fact an eventful year for our community, the hiring of a new General Manager, new landscaping throughout the community, including a newly



## COMMITTEE REPORTS

landscaped front entrance and of course the community's vote in favor of the association in regard to the Breaker's Isle revetment project. Hopefully, you were able to stay informed on those issues and projects by following our Website, [niguelshores.org](http://niguelshores.org).

As 2014 begins, we will continue to work hard to

keep you informed of the happenings of our community. We look forward to your comments, suggestions, and reading your positions and points of view on the many important issues of our community.

Happy New Year to you all,

—Patti Staudenbaur

## CLUBS

### GARDEN CLUB

The Garden Club concluded 2013 with its annual holiday party at NSCA ClubHouse. Looking forward to 2014, our first meeting will be a workshop. Garden Club members will have the opportunity to construct a succulent wreath. All materials will be provided to members except succulent starts, so start looking for small starts from your garden or ask a neighbor if you can have starts from their yard. Put January 20 on your calendar

The Orange District of the California Garden Clubs will hold its first meeting of the year at Casa Romantica, 415 Avenida Granada, San Clemente on February 17, 2014. All Garden Club members are invited to attend. The meeting is from 9:00 a.m. to 12:00 noon.

#### Clean Air Plants:

It is a known fact that plants make you feel better. Studies conducted by NASA and ACLA both concluded that plants placed in the home improve and purify the air. Common house plants clean the air by filtering or absorbing harmful chemicals like Benzene, formaldehyde, and trichloroethylene. They also convert carbon dioxide into oxygen. The following is a list provided by Roger's Gardens of ten plants easily adapted for indoor use.

1. Hedera helix – English Ivy
2. Sanseveria – all green varieties
3. Spathiphyllum – Peace lilly
4. Chlorophytum – Green spider plant
5. Dracaena Marginata – Green w/red edge
6. Dracaena Warneckil – Green w/white
7. Epipremnum – Green or Golden Pathos
8. Aglaonema – Chinese evergreen
9. Dypsis Lutescens – Areca Palm
10. Ficus elastic – Rubber tree

Happy Gardening. It's fun to play in the dirt.

—Jerry Koppang



Women's Club 2013 ClubHouse tree decorating crew: Front row left to right: Kathy Hill, Suzanne Enis, Sue Kichline, Mary Crowl. Back row: Marge Haber, Barbara Boyd, Julie Tierney, Karla Sanders, Barbara Milner and Ana Ryan.

### WOMEN'S CLUB

**January Luncheon:** The January luncheon will be on the 9th at 12:00 in the ClubHouse. Your invitation will be in your e-mailbox on the January 2. Please respond by Sunday, January 5. If you will be attending, you will receive a follow-up letting you know if you must bring a salad.

**Byron Walls Speaker:** We are starting off the New Year with a comedian as our speaker, a comedian with a serious subject. Byron Walls is a folksinger, comedian and actor. In earlier days, he sang at the Purple Onion and the Hungry i in San Francisco and, a bit later, with the New Christy Minstrels and with Glen Yarbrough and the Limelites. A comedy act and some movie roles fills out his busy career. He has for the past several years been speaking on the subject of crime safety and started California Crimefight—a crime awareness seminar. Byron says, "Laughter is the best **weapon**." He

# CLUBS

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lives in Los Angeles and travels the country speaking on this important subject in an entertaining and informative way.

**Club Outing Thursday, January 16:** The Joan Irvine Smith Museum has paintings of an earlier California—mostly landscapes. You can go to the Website and see many of these beautiful paintings. The museum is free for seniors, parking is validated, and docent tours are on Thursdays at 11:15. Dining will be on your own at Il Fornaio restaurant

which serves Italian cuisine. Pricing is as in better restaurants and reservations are a must as this is in the Irvine business district. We must have your reservation for carpooling and the restaurant no later than the January 9. Meet at the ClubHouse at 10:15 a.m. If you are passenger, please pay the driver \$3 for gas. Contact Karla Sanders at karlajoe@cox.net or 496-8413 for reservations.

—Mary Crowl

# ACTIVITIES

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## BRIDGE NEWS

As the New Year begins, try to keep Wednesday free for bridge. Our group meets every week at 11:00 a.m. and plays until about 2:00 or 2:30 p.m. and all it will cost you is \$1 for prizes. We each bring a sandwich or snack for lunch and the group provides the coffee. We recently held our Christmas Party and gift exchange; the party was arranged by our dear friend, Frieda Baskin; a good time was enjoyed by all. If you are interested in joining us please call Helen at 496-4230 and we will all welcome you.

### Our recent winners at Bridge are:

- November 20 Trudy Buck and Margaret Brugger
- November 27 Sally Ann King and Pouri Fowzi
- December 4 Doris Deal, Lee Farrell and Margaret Brugger
- December 11 Christmas Party

—Helen Campbell

## OREO BOOK CLUB

This month's book is *Why Nations Fail: The Origins of Power, Prosperity and Poverty* by Daron Acemoglu and James Robinson. The meeting will be at the home of Mary Crowl at 1:30 on January 15. February's book is *Nature Wars: The Incredible Story of How Wildlife Comebacks Turned Backyards into Battlegrounds* by Jim Sterba. That meeting will be on February 19.

—Mary Crowl

## PAGE TURNERS

Page Turners Book Club will be discussing *Waiting for Snow in Havana*, by Carlos Eire. Carlos Eire has created a memorable record of his childhood in Havana writing of his lovely surroundings populated by colorful characters, many of them related to him. The shadow of impending doom in the shape of Fidel's revolution slowly but relentlessly

advances over this idyllic scene and ultimately results in his secure world and his family being torn apart. This book combines a distinctly Cuban coming of age tale with a view into Cuba at the time of the revolution as experienced through the eyes of a comfortable middle class child.

The Monday groups will meet on January 27 and the Thursday group on January 30. Members will receive information regarding locations from the coordinators.

For information about the groups you can contact: Phyllis Tezer (Monday mornings): ctezer@cox.net, 496-4710. Diane Hearne (Monday afternoons): Phearne4@cox.net, 661-6267. Lisa Buchner (Thursday afternoons): lisabuchner@cox.net, 496-9546.

—Lisa Buchner

## LIBRARY

*Making a New Year's Resolution List? Don't forget to include a visit to the Dana Point Library...good for the mind, body and spirit! Programs scheduled for January are as follows.*

### Children:

**Toddler Story Time.** Tuesdays, 1/21 and 1/28/14, 11:00 a.m. Children ages three and under and their caregivers are invited to join us for stories, songs, rhymes and fun! Walk-ins are always welcome, no registration required.

**Preschool Story Time.** Tuesdays, 1/21 and 1/28/14, 10:15 a.m. Children ages three – six and their caregivers are invited to join us for stories, songs and silliness! Walk-ins always welcome. No registration required.

**Read to a Dog.** Third Saturday of the month. January's date is 1/18/14 at 11:00 a.m. Bring your favorite book and read it to a real dog at the library! Children will have the opportunity to improve their reading skills and develop confidence reading aloud.



# ACTIVITIES

## Teens:

**Anime Club.** Sunday, 1/19/14, 1:00 p.m. Come join the fun!

## Adults:

**Meet the Author.** Maria Mitchell, Tuesday, 1/21, 11:00 a.m. to 1:00 p.m. Maria is an author and an artist. Her books range in a variety of subjects both fiction and non-fiction. She is a long time resident of Laguna Beach.

The book she will be discussing is *Cats of Velvet, Tales of Silk*, a children's book centering around the adventures of Bizco the cat.

**Meet the Author.** Sharon Edwards, Tuesday, 1/21, 1:00 p.m. to 3:00 p.m. Sharon was born and raised in India and became a U.S. citizen in 2005. Her book *Pioneer Boulevard* is

set in the Indian community of Los Angeles and tells ten stories of women who have migrated to Los Angeles from India.

**James Campbell Mythological Round Table.** Wednesday, 1/22, 7:00 p.m. This is the first meeting of a five part series. Dana Point Library has hosted Mr. Campbell in the past with much success. Come and be part of this creative process.

## Families:

**World of Wolves Educational Program.** Mark your calendars for Thursday, February 6 at 4:00 p.m. This presentation will be a fun and informative look at wolves and how they live. Look for more information in February's *Seashore News*. Happy New Year!

—Susan Pina, Librarian

# SPORTS

## WOMEN'S GOLF

The day of our Christmas Tournament dawned as one of the coldest of the year; finally winter was here. Frost was on the ground and only nine players braved the cold arriving with golf bags handsomely decorated with Christmas symbols. They were so good that the best had to be chosen by raffle with Judy Boitano the winner.

Results of the Tournament: Pam Strayer was golfer of the day winning low gross, longest drive, a chip-in and a birdie. Linda Ross won low net and low putts. We continued our celebration at the Fountains with a gourmet lunch arranged by Joan Beyer and Ruth Stahl at the invitation of residents Fran King and Jo Jackson.

Next Fun Day is January 13. Golf captains to call for reservations are Pam Strayer (661-2323) and Helena Keeshen (661-2391).

Officers for 2014: President—Irene McDonald, Vice-President—Helen Keeshen, Secretary—Brenda Tuckley,

Social Secretaries—Joan Beyer & Ruth Stahl, *Seashore News*—Liz Kelsch, and Sunshine—Chris Beaver.

Golf balls are like eggs: They are white. They are sold by the dozen and, you need to buy fresh ones each week!

—Liz Kelsch

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# MEET YOUR NEIGHBORS

## Gay Powers and Bruce Davis

Gay Powers and Bruce Davis moved to their home on Windjammer in the Broadmoor homes in 1994. Bruce was working for Baxter Health Care in the Los Angeles area when the company decided to relocate some of their business and executives to Irvine. Gay did her research and decided that Laguna Hills, perhaps Nellie Gail Ranch, would be the perfect spot for their growing family. However, upon driving down Crown Valley Parkway and seeing the Pacific Ocean, their minds quickly changed and, to their good fortune, they found the community of Niguel Shores. The corporate realtors they were working with through the company's relocation program did not necessarily agree. They did not feel that Niguel Shores was the right kind of community for a newly transferred executive's family. Bruce and Gay dismissed the corporate realtor



Gay Powers and Bruce Davis family.

and found an agent who was happy to show them property in Niguel Shores, and the rest as they say, is history.

Bruce and Gay met as freshman at West Covina High School and started dating their senior year and then they both went off to college. However, the romance and the relationship endured and they were married shortly after they graduated. Gay is a graduate of USC, with a Master's degree in Social Work and Bruce has both his Bachelor's and Master's from Stanford University.

They have four children ranging in age from 30 years old to their youngest daughter, Laney, who is 18 and a senior at Dana Hills High School. Their oldest son, Robby, is a veterinarian presently completing a residency in New York City specializing in veterinary neurology. Their second son, Devin, who is 27 played baseball all through high school and college and, after college graduation, he played internationally. He is presently living in Newport Beach and working in the mortgage industry. Next is Andy who is 23 and just graduated

from UC Santa Barbara with a degree in biopsychology. He is working on a research internship at CHOC Hospital and plans to apply to medical school.

Moving to Niguel Shores was a bit of an adjustment for the Powers-Davis family. They already had their three sons and the family was moving from a large home in Glendora on a large piece of property with lots of room for kids, games and a variety of animals. Despite the downsize, and the addition of their beautiful new baby sister, the family did in fact adjust and made the most of their new community.

Gay quickly became involved in the newly forming after school program here in Niguel Shores. This was a program where kids could go with trained adult recreation leaders from 3:30 until 5:30 p.m. Monday through Friday. Success with the after school program sparked interest in a summer program. Gay was instrumental in gaining approval for, and sustaining, the summer camp program, Camp Hobbledehoy. It was a wonderful way for Gay to become

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involved and for her children to really make connections with lots of kids in the community. During this time, Gay formed the Niguel Shores Family Club, started the Niguel Shores Garage Sale, the annual Christmas Party, and also re-started the annual Halloween Party. Needless to say, the kids all loved their childhood here in the neighborhood and made the most of the wonderful amenities that Niguel Shores is so famous for.

Bruce's career in the in the biotechnology field afforded him lots of opportunity for travel. He spent time in Brazil, Argentina, Japan, Belgium, Netherlands, England, Italy, France and Germany as well as frequent travel throughout the US. Their son Devin's baseball career also took the family to many exciting places as they traveled to watch him play and coach after college in places like Austria, Australia and Japan.

Gay and Bruce have always felt that being involved in some kind of

community services was very important, especially for their children as they were growing up. The kids were all involved in scouting, both girl scouts and boy scouts, all three of their sons earned Eagle Scout honors and their daughter presently participates in scouts and National Charity League. They have also trained guide dogs and fostered kittens in their home, and Gay wonders if perhaps that experience, may have played a part in her oldest son becoming a veterinarian.

The kids' experience in caring for others has made the most recent addition to their family perhaps go a little more smoothly than it might have. Approximately seven years ago, Gay and Bruce brought Gay's parents, Roma 96 and Chris 98 into their home to live. This of course, takes up a lot of their time but the kids pitch in and they seem to make it all work out.

Plans for the future?? I asked Gay and Bruce if they had any plans for slowing

down, perhaps retiring and relocating. The answer was a pretty definite "No!" Bruce still enjoys his work in the biotechnology/biopharmaceutical field. Gay is still involved with her daughter in National Charity League and volunteers at Dana Hills High School and, of course, there is college tuition to think about. Gay has recently rejoined the Niguel Shores Recreation Committee and looks forward to continuing to participate in that lively group and perhaps other volunteer opportunities here in the Shores.

So for now, Bruce and Gay are staying put in Niguel Shores. They have seen many positive changes in our community since first coming here in 1994, such as the blending of all the diverse ages, families, and lifestyles here at the Shores. They look forward to having more time to be more involved at Niguel Shores and enjoy this wonderful community.

—Patti Staudenbaur



## Carol's Cuisine Corner

*Tired of all that Holiday cooking?? How about trying some new places and others that have salads and small plates.*

### NEW PLACES TO TRY

**Sambuca Italian Bistro:** 31161 Niguel Rd., Laguna Niguel, 429-7900. Hours: Monday-Friday, lunch 11:00 a.m. to 2:00 p.m. Dinner 4:00 to 10:00 p.m.

**Pizza Lounge:** 29971 Alicia Parkway, Laguna Niguel, 495-1453. Hours: 11:00 a.m. to 10:00 p.m. Happy Hour: 3:00 to 6:00 p.m.

**Selanne Steak Tavern:** 1464 S. Coast Highway, Laguna Beach, 715-9881. Hours: 5:00 to 11:00 p.m.

Happy Hour: 5:00 p.m. to 6:00 p.m. in the bar.

### OTHER PLACES TO TRY AGAIN

**Luxe Restaurant and Martini Bar:** 24582 Del Prado, Dana Point, 276-4990. Hours: 3:00 to 10:00 p.m. Happy Hour: 3:00 p.m. to 7:00 p.m.

**Jimmy's American Tavern:** 25001 Dana Point Harbor, Dana Point, 388-8900. Hours: 11:30 a.m. to 10:00 p.m. Sunday Brunch: 10:00 a.m. to 3:00 p.m. Happy Hour: 3:00 to 6:00 p.m.

**Cedar Creek:** 26860 Ortega Highway, San Juan Capistrano, 240-2229. Hours: 11:00 a.m. to 9:00 p.m. Sunday 10:00 a.m to 9:00 p.m.

**ATTENTION:** The restaurant below is closing February 15. Better get reservations very soon. It has been there a long time and is very special.

**Ritz Restaurant and Garden:** 880 Newport Center Drive, Newport Beach, 720-1800. Hours: 11:30 a.m. to 10:00 p.m. Closed Monday and Tuesday.

*Try new places and remember the others. Do try **Ritz** before it closes. Looks like January can be busy. Enjoy! Bon Appetite! Carol Yocom*



# WELLNESS



“It’s the New Year...I can’t believe its 2014! Ok...so, I need to make my resolutions...hmmm...what should I resolve to change this year...well, there’s always exercise...ok, that’s good...and then there’s my weight...those extra pounds are no good for my health...wait...who am I trying to kid? This list is starting out just like last years’... and the year before that, and the year before that...”

Does that sound familiar? New Year’s Resolutions... we make them...and we unfortunately very often break them. It’s as if we know in advance that we probably won’t stick with it but let’s make them anyway...aren’t we supposed to? I mean, New Year’s Resolutions are a given and can improve your physical, as well as, your mental health over time, and who doesn’t want that?

It’s true, the New Year is indeed a wonderful time to take stock of our lives and identify areas that need to be dusted off and freshened up. Often, though, we make resolutions that lack any real intention of actually keeping them and that doesn’t have to be the case. Resolutions are akin to goals that we set for ourselves. So



when making your resolutions this year, you might want to keep a few points in mind:

- Perfect or not, write them down...unwritten resolutions require zero commitment from us and generally don’t last.
- Post them somewhere where you will see them throughout the day every day.
- Make them specific...how will you add more exercise? Walking 5 days a week? Tennis on the weekend? Whatever it may be, be very clear.
- Broadcast your goals to your family and friends... they will hold you accountable and provide support should you stray.
- Make them realistic and measurable...something that you can visualize yourself achieving.

So, let’s give New Year’s Resolutions a fresh, new look in 2014! Get your pen, paper, or your computer and take a good hard look at where you could make your life healthier, happier, and more productive! Write down those steps...you’ll be glad you did!

—Sharon Stewart, R.N., Certified Health Coach

**If you would like to make a comment or suggest a topic please send an email to . . .**  
Sharon Stewart RN, Certified Health Coach — [sharonstewart@cox.net](mailto:sharonstewart@cox.net).

## Travel Tidbits . . . A New Year – Full of Possibilities

*“Yesterday is history, tomorrow is a mystery, and today is a gift: that’s why they call it the present.” —Eleanor Roosevelt*

The twelve days of Christmas are over and we now have the twelve months of 2014. What are you going to do with all of those empty pages in your new calendar appointment book. Probably some of the days are already filled in....doctors’ appointments, classes, birthdays, relative visits, and maybe a trip or two. How quickly the years go by. If you’re like me, you have a list of “one of these days I’m going to do ...” Before that calendar fills up, maybe you should plan your own “one of these days trips”.

In the realm of tours and cruises the variety of choices keeps growing. Traditional group tours by bus, bike tours, hiking tours, small group tours, mountain climbing tours, hard core adventure to off-the-beaten-path destinations, multi-generational tours, singles tours and on and on.

The world of cruising offers as many if not more options. And, of course, it’s often fun to just get an airline

ticket or hop in your car and go exploring on your own. Most of us enjoy hearing about our friends adventures both the good and the not so good happenings. I think your Niguel Shores neighbors would enjoy hearing tidbits about the high and low points of your latest adventure (good and bad - near and far). The best restaurant you stopped at for lunch on your drive to Yosemite or the high points of your recent trip to Tibet. Please share your adventures this year. Send me an e-mail, [bmilner39@gmail.com](mailto:bmilner39@gmail.com), with a few comments about your trip and I will share it in this column. I will NOT share your name unless you want me to. Happy New Year and Happy Travels!

—Barbara Milner C.T.C.,  
[bmilner@wtbinc.com](mailto:bmilner@wtbinc.com)



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**Help Wanted:** Part Time Executive Assistant Position — 4 hours per day, \$25 per hour. Need to have organizational skill, good communicator, to like computers and numbers (949) 500-3460.

**Rental:** Monthly private Niguel Shores rental w/ ocean, green belt views. One level furnished end-unit: 3 bedrooms (incl. mstr ste & den), 2 baths. Private entry & p/pong table. (949) 290-8420.

**House For Sale:** Westside of PCH. 2 bedrooms + den/bedroom, 2 bath, atrium with deck and heated pool in front yard. Call (480) 437-9100.

**Used Clothing Wanted** for impoverished families in Nicaragua. Donations will be taken to the Sisters of Charity in Granada who operate a small kitchen, orphanage, and a home for teenage girls in danger of trafficking. Children's and small adult sizes. Please call for pickup: Noreen Kukkonen, 248-2711. Thank you.

**For Sale:** 2 matching navy blue camel back sofas in cotton chintz. \$200 for the pair. Brown Jordan patio table \$30 needs touch up. Julie 493-2710.

*Ads for the Seashore News must be submitted by the 15th of the month. Include a check payable to NSCA, \$5 for a maximum of 30 words. Advertisers must fill out a form available at the Association office. Neither NSCA nor the Seashore News assumes responsibility or liability for quality of goods advertised. See Rule 5525 (Non-Commercial Ads Only)*

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