

Seashore News



October 2013

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Issue 478

FROM THE HELM

Status of the Revetment Matter

1. A dozen property owners on Breakers Isle have sued the Community to prevent any assignment of the Shores maintenance easement to the County for the purpose of replacing the existing revetment.
2. The County has determined that the existing revetment is damaged and the County believes it is inadequate to protect the slope.
3. We held a public meeting on August 21 with a presentation to explain the issue.
4. The slope failed before in 1983 as a result of a severe winter storm! It could happen again with even more disastrous results if the present 30 year old damaged and inadequate revetment is not replaced. If the slope fails, all of our 960 homeowners are potentially liable for many millions of dollars in damages.
5. The revetment cannot be replaced without the approval of the Coastal Commission which has stated they will not approve any revetment replacement that does not have a public walkway or encroaches on the public beach. This is the crux of the litigation.
6. In last month's article I indicated that the Board was attempting to arrange a timely meeting of the parties (the 12 Breakers Isle plaintiffs, County & Niguel Shores Board) to see if a compromise solution can be found to avoid continuing expensive litigation. The Board, the County, and the Breakers Isle Plaintiffs with our respective attorneys met on September 10. There was a frank exchange between the parties but no agreement was reached.

Continued on the top of page 4

OUR LIBRARY AND ITS FRIENDS



Close neighbors as we are to our Dana Point Library we should all be acquainted with what it has to offer us and what it needs from us.

We have a new enthusiastic librarian, Susan Pina, who has plans for expanding the library's services and for improving its physical plant. Susan is a California native, received a degree in Management and Organizational Leadership at Azusa Pacific University and a Master's

Degree in Library and Information Science at San Jose State University. She has been a Children's and Teen Services Librarian in the Orange County Public Library for several years in Cypress and Irvine. Her experience as a teen librarian enforces her desire to create a teen section here in the Dana Point Library. A dedicated teen librarian may not be possible but emphasis on teen services is. Susan reported that they had over 100 teens volunteering with

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NIGUEL SHORES

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BOARD ACTION SUMMARY

SEPTEMBER 4, 2013 BOARD MEETING: (General Session)

ACCEPTED AND FILED:

- Updated litigation disclosure statement
 - Financial Reports
- General Session Committee Minutes

APPROVED:

- Special General Session Meeting Minutes from August 12, 2013
- General Session Meeting Minutes from August 21, 2013
 - Referral of one account to legal counsel for delinquent assessments
 - Proposal to replace network switches
 - Proposal to replace gate pass scanner
- Request to reimburse cost for tire damage

DISAPPROVED:

- Request to reimburse cost for tire damage

HEARINGS / MEETINGS / PRESENTATIONS:

- Request for completion date extension

REVIEWED/DISCUSSED:

- Mariner entrance project
 - Gatehouse project
- Upcoming necessary improvements replacements to IT system
 - Correspondence letters
 - Manager's report

TABLED:

- Proposal to remove/replace tree causing damage to driveway

SEPTEMBER 4, 2013 BOARD MEETING: (Executive Session)

ACCEPTED AND FILED:

- Executive Session Committee Minutes

APPROVED:

- Executive Session Meeting Minutes from August 21, 2013

DISAPPROVED: none

HEARINGS/MEETINGS:

- Appeal of fine for violations of Rule 3103 and Rule 3129
- Hearing to suspend privileges for delinquent assessments

REVIEWED/DISCUSSED:

- Legal correspondence
- Litigation Disclosure Statement
 - Financial reports

TABLED: none

SEPTEMBER 18, 2013 BOARD MEETING: (General Session)

ACCEPTED AND FILED:

- General Session Committee Minutes

APPROVED:

- General Session Meeting Minutes from September 4, 2013
 - Resignation of Alicia Martinez and Danielle Mills from the Recreation Committee
- Removal/replacement of tree causing damage to driveway
 - Appointment of Inspector of Elections
 - Ballot language for upcoming vote
- Proposal to replace damaged fiber optic cable

DISAPPROVED:

- Request to host tennis tournament for St. Regis hotel

HEARINGS / MEETINGS / PRESENTATIONS: none

REVIEWED/DISCUSSED:

- Master landscape project
 - Gatehouse project
- IT improvements/replacements
 - Binnacle slope repair
 - Beach bluff signage
 - Correspondence letters
 - Manager's report

TABLED:

- Review of proposals for surveillance system improvement

AUGUST 21, 2013 BOARD MEETING: (Executive Session)

ACCEPTED AND FILED:

- Executive Session Committee Minutes

APPROVED:

- Executive Session Meeting Minutes from August 7, 2013

DISAPPROVED: none

HEARINGS / MEETINGS: none

REVIEWED/DISCUSSED:

- Legal correspondence

TABLED: none

NOTE: The NSCA Board of Directors meets the 1st and 3rd Wednesday of each month unless otherwise posted. The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.

REMINDERS: THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON WEDNESDAY, OCTOBER 2, 2013

7. Subsequently, the Board approved a motion to hold an election of the entire community to reform the Breakers Isle Declaration relieving the community of the responsibility of maintaining the Breakers Isle slope. The Breakers Isle Declaration provides this process for its amendment.
8. However, on September 20, the Breakers Isle Plaintiffs obtained a Temporary Restraining Order (“TRO”) preventing the Association from taking any action to

amend the slope maintenance provisions of the Breakers Isle Declaration until a hearing on the issue can be held. The hearing is scheduled for October 16 at which time the Association’s attorneys will oppose the granting of a Preliminary Injunction. If the injunction is not granted, the election by all 960 homeowners will go forward.

9. More to come.

—John Dougherty

GM REPORT

Landscape: In previous information provided to the community regarding turf reduction, the final stage for this year was to finish the removal of the turf area along Mariner Drive. The water district did a final inspection of all approved areas the end of June so the Association could receive the rebates. The Association has received all possible rebates from the water district. Originally the calculations were to receive approximately \$29,000 in rebates from the water district and in actuality Niguel Shores received approximately \$33,000. The water rates are continually increasing;

therefore, both the rebate and the fact that we will be using less water in the future are very positive for this community.

Harvest continues to monitor the irrigation system to provide the proper coverage and watering schedules. The Association has a computerized system that receives weather information every 24 hours and that information dictates how much each area will be watered. Since shrubs do not need as much water as turf areas, these areas will only be irrigated one or two times a week. The good thing about much of the newly planted areas is that they have drip irrigation installed which is located under the mulch. This is one more way we can conserve a valuable resource and save money.

Mariner Entrance: The new landscaping at the Mariner entrance is basically completed. The design, as promised, definitely provides a visually open entrance and provides a fresh, lighter ambiance to welcome you and your guests to the community. The new plantings provide texture



Mariner Entrance—New landscaping 9/13

and color, plus allow more light with the replacement of the dark, heavy pine trees with the elegant, airy fruitless olive trees. The plantings will require less water and less maintenance yet provide a beautiful entry. This entire entry provides a very modern look to a beautiful community.

New Staff Member: We have hired a new receptionist, Cody Sanders who started Monday, September 16. Cody has received some excellent customer service training while working for companies such as Marriott and Walt Disney World. We look forward to working with her and introducing her to the community.

If you have any questions please feel free to contact the Association staff. We will be glad to help you or direct your questions to the proper staff member so that your questions are answered in a timely manner.

Happy Halloween from the Niguel Shores Staff!

—Marla Miller

COMMITTEE REPORTS

EMERGENCY PREPAREDNESS

Be Prepared

Would you be ready if there were an emergency? Be prepared: assemble an emergency supply kit, make your emergency plans, stay informed, and get involved in helping your family, your business, and your community be ready for emergencies. The Centers for Disease Control and Prevention (CDC) have provided a multitude of resources in conjunction with the Federal Emergency Management Agency (FEMA) and The US Department of Homeland Security and we are listing just a few of the many web sites that focus on Emergency Preparedness to let you explore these options:

- **Get a Kit.** (<http://www.ready.gov/build-a-kit>)
- **Make a Plan.** (<http://www.read.gov/make-a-plan>)
- **Be Informed.** (<http://www.ready.gov/be-informed>)
- **Get Involved.** (<http://www.ready.gov/get-involved>)

Emergency preparedness month focuses on:

- Home and family preparedness, including pets, older Americans, and individuals with disabilities and special needs. (<http://ready.gov/america/index.html>)
- Back to school (<http://www.ready.gov/kids>)
- Business preparedness (<http://www.ready.gov/business>)

In collaboration with the American Red Cross, CDC's Web site identifies and answers common questions about preparing for unexpected events, including:

- Developing a family disaster plan (<http://emergency.cdc.gov/preparedness/plan>)
- Gathering emergency supplies (<http://emergency.cdc.gov/preparedness/kit>)
- Learning how to shelter in place (<http://emergency.cdc.gov/preparedness/shelter>)
- Understanding quarantine and isolation (<http://emergency.cdc.gov/preparedness/quarantine?>)
- Learning how to maintain a healthy state of mind (<http://emergency.cdc.gov/preparedness/mind>)

The Emergency Preparedness and Response web site offers additional information and resources under topics such as hurricane preparedness, earthquakes, extreme heat, and bioterrorism. If disaster strikes our community, you might not have access to food, water, or electricity for some time. By taking time now to prepare emergency water supplies, food supplies and a disaster supplies kit, you can provide for your entire family.

Please take time to review the items recommended for a disaster supplies kit. (<http://emergency.cdc.gov/preparedness/kit/disasters>)

Make plans with your family and friends in case you're not together during an emergency. Discuss how you'll contact

each other, where you'll meet, and what you'll do in different situations. Read how to develop a family disaster plan. (<http://emergency.cdc.gov/preparedness/plan>)

We hope some of these resources are helpful and provide you with valuable information and tips on how you can **be prepared** for possible emergencies in your home, our community of Niguel Shores, work environment, and your children's schools. To dig deeper into additional resources just Google: disaster preparedness and search for topics that interest you. **Also**, if you have additional questions on Emergency Preparedness and safety, please go on the Niguel Shores web site and let The Emergency Preparedness Committee know what your interests are and how we might further assist our community in being better prepared.

Kid's Contest: Regretfully, the Kid's Contest that we announced in the July issue of the *Seashore News* did not generate any entries. We were fortunate to receive over \$700 in money and prizes from several very generous vendors that are active advertisers in our community and participate frequently in activities benefiting Niguel Shores. Again, special thanks to Connie McKibban of Prudential California Realty, Kathy Ellis of Coldwell Banker Residential Brokerage, Phil Immel of Prudential California Realty, the City of Dana Point Emergency Services, and the Ritz Carlton Hotel.

We would still like to stimulate the creativity and emergency preparedness of Niguel Shore's children (and parents) and will decide what we might create in a future challenge to win the various prizes we will retain for that purpose. We welcome any suggestions you might have to reward our kid's interest in keeping their homes and activities safe and prepared for any emergencies.

— Kent Wellbrock

LANDSCAPE

There was a lovely ceremony for the Frank Turner Commemorative Bench. Thank you to those who contributed!

Fall tree trimming is in progress. We welcome our new manager Marla Miller, as she will be working with our Landscape Contractor. Happy Autumn!

— Sue Forrest

MAINTENANCE

Having recently become the co-chair (sharing the responsibility with Art Staudenbaur) of our Maintenance Committee, I am now more cognizant than ever of the enormous amount of workload required of our four maintenance staff members. We maintain a very nice lifestyle here in

COMMITTEE REPORTS

Niguel Shores, in large part because of the industriousness and dedication of George, Dave, Dennis and Tom.

You may think all they do is set up and break down tables, chairs, pop-ups, audiovisual systems and microphones in our ClubHouse and on our Beach Bluff, and sometimes they even make coffee for community events in our ClubHouse. **But their job is a whole lot more!** They do everything to make our community function and look good. Here are some of their additional duties and responsibilities:

1. Maintain and repair all vehicle and pedestrian gates and their mechanisms.
2. Install and or replace damaged or deteriorated street signs, light posts, mailbox posts, benches and stairways.
3. Trouble shoot outside electrical: replace burned out light bulbs, diagnose and replace ballasts, fuses, breakers. Locate underground wires, repair and replace as needed.
4. Concrete: removal and replacement of concrete for posts, street lights, fence rails, gate operators, mailbox posts, street and stop signs.
5. Provide painting and general carpentry.
6. Maintenance and or repair of the tennis courts, windscreen, court nets, court deck and the benches.
7. Place and remove informational posters in our display boxes at the gates. Install and remove all our Christmas décor including the wreaths and greenery on our gates. Help install July 4th decorations and then remove.
8. Maintenance of the swimming pool and spa and their accompanying equipment. Also daily cleaning and monitoring pH and chlorine chemicals, etc. This is Dave's responsibility.
9. Maintenance and cleaning of the floors in the ClubHouse kitchen and lobby. This is Dennis' responsibility.

As you can see, these men have a lot to do and the newly renovated landscape of our Mariner entrance has required even more work for them. So the next time you see one of the men dressed in a "Niguel Shores Blue" shirt working in or around the ClubHouse area, or out in the field, please take the time to say thank you for all they do to make our community such a special place.

—Suzanne Enis

RECREATION

Help Is Needed! Due to lack of committee members, many activities will be cancelled.

October:

5th: 9:00 a.m. to 1:00 p.m. Garage Sale. Sign up in office and get maps on Friday, October 4. See the article in this issue of the Seashore News for more details.

17th: 11:30 a.m. to 1:30 p.m. Cooking class will be offered one more time. Kookie has, as always, a menu of interest for Fall. See how to prepare...and enjoy tasting.

20th: 6:00 p.m. Potluck! Conversation and food promise a very good evening. See the article in this issue.

November: Happy Thanksgiving! Enjoy preparing and having a feast with your family and friends

December: Our annual Christmas Tree Lighting time! See the lights on the tree and in everyone's eyes. Enjoy the refreshments and the children seeing Santa.

Happy New Year!

2014: No activities planned for January, February March or April due to lack of committee members. **Please consider volunteering.**

May: 4th—Taco Cart

June: In and Out Night

July: Our July 4 celebration

August: Concert Night

To continue with all the past events we need *you*. Please call the office to be part of the committee with new ideas to plan and with helping hands to accomplish the event. Thank you.

—Carol Yocom

GARAGE SALE



Saturday - October 5 – 9:00 a.m. to Noon

Clean out those closets and cupboards and that cluttered garage!

There are others who desire those treasures.

Vendors: Sign up in the office to get your address on the Garage Sale Neighborhood Map.

Shoppers: Get a copy of the map in the office on Friday the 4th.

AMVETS will pickup unwanted items on Monday, October 7 for those requesting pickup at their homes. (No large items please.)

TRAFFIC & SAFETY

I am pleased to report that our busiest season is now behind us and no significant traffic, graffiti, vandalism, theft related, or other crime problem was evident for this entire period.

Golf Carts: However, the following bits of news have evidently spurred the majority of concerns that have been expressed by residents. They pertain to *golf-cart-safety*. On September 8 in the Beverly Park section of Los Angeles a golf cart overturned killing a child. On August 12 the news from Arizona carried a story of a golf cart carrying 8 passengers, in addition to a 14 year old driver, tipping over and killing a 16 year old. Several days before that in San Diego, children playing with a golf cart lost control of it and fatally

COMMITTEE REPORTS

injured a 4 year old. An article in *The American Journal of Preventative Medicine* discussed 148,000 injuries that can be attributed to golf carts over a 16 year period. Sadly, children under 16 accounted for 30 percent of those injured. Studies have reflected that occupants of these vehicles are more easily ejected as the result of a minor collision, and can fall out as the result of a sudden turning movement. Clearly, because of the inherent dangers, the driver of these sometimes awkward conveyances should be a level-headed and responsible individual. In addition to the vehicle code, our rules and regulations place restrictions on the operation of golf carts. Each golf cart driven within our community must be registered with the office. Unregistered carts are subject to being towed away. The driver of these vehicles must be at least 16 years of age. Common sense and the vehicle code prohibit overloading these vehicles or permitting them to be driven in an unsafe manner. I am confident that if we follow the basic rules and continue to exercise good judgment, we will continue on without any of our children suffering from preventable golf cart accidents.

Change of Seasons: The hours of daylight are shrinking and Halloween and October Fest are rapidly approaching. This signifies the start of the most festive time of the year. With the associated excitement in the air little folks

are likely to dart into the street. Please watch out for them! God Bless.

—Tim Murphy

WWW.NIGUELSHORES.ORG

Have you checked out our community web page recently? When you do, you will find lots of interesting and up to date information about our wonderful community. If you want to know what is happening with the street rehabilitation project in the Bay Homes, the latest NSCA Board actions or agenda for upcoming meeting, the Finance Committee's mid-year budget report or if you are curious to see what your neighbors are saying about the Mariner Gate landscape project (be prepared for some differing opinions) or the very important Beach Front Revetment, **Check Out Our Website!!**

Perhaps you are considering volunteering and becoming more involved in our community; the *Website* has information on the Recreation Committee and their request for some additional volunteers to keep the party going!! Even if you have misplaced your current issue of the *Seashore News* (Heaven Forbid!!), the *Website* has the issues of the *Seashore News* linked to our home page. Once again, we encourage you to check us out at www.niguelshores.org. You will not be disappointed.

—Patti Staudenbaur

CLUBS

GARDEN CLUB

It was a great start to the new season of the Garden Club.

Approximately 30 participants enjoyed a delicious lunch, with plenty of choices on the menu, at the Cedar Creek Inn. The staff was very friendly.

After a leisurely lunch we walked over to the Mission. We got a very comprehensive history of the mission from two very well informed docents. The resilience and the inventiveness of the human spirit comes through in this history. It is wonderful to have such a place in our backyard!

For those who might have expected a guided tour of the gardens and missed receiving fresh tips, I am happy to oblige:

1. The next time you boil or steam vegetables, don't pour the water

down the drain, use it to water potted patio plants, and you'll be amazed at how the plants respond to the "vegetable soup."

2. Use leftover tea and coffee grounds to acidify the soil of acid-loving plants such as azaleas, rhododendrons, camellias, gardenias and even blueberries. A light sprinkling of about one-quarter of an inch applied once a month will keep the pH of the soil on the acidic side.
3. Use chamomile tea to control damping-off fungus, which often attacks young seedlings quite suddenly. Just add a spot of tea to the soil around the base of seedlings once a week or use it as a foliar spray.
4. The quickest way in the world to dry herbs: just lay a sheet of

newspaper on the seat of your car, arrange the herbs in a single layer, then roll up the windows and close the doors. Your herbs will be quickly dried to perfection. What's more, your car will smell great.

I am not sure I want our cars to smell like an herb garden!

And finally remember the next time you begin fixing a meal, what vegetable can tie your stomach in knots, "String beans"!

—Lakshman Sehgal

MEN'S CLUB

On September 17 the featured speaker at the Men's Club meeting was Steve Blanc, who works for a food bank charity called Second Harvest. He's retired from a fortune 500 corporation

and devotes himself to spreading the message of feeding the poor in Orange County. Second Harvest feeds approximately 200,000 people a month and they estimate that there are as many as 400,000 people that go hungry. Generally they are people who have lost their jobs or are the working poor that can't quite make ends meet.

After Steve Blanc spoke, our own John Dougherty, from the Niguel Shores Board, gave us an update on the revetment situation. For those not familiar with it, the revetment is located below the Breakers Isle homes and protects the slope from slides. It has been determined that the revetment can't withstand a strong storm. The County of Orange is willing to spend three million dollars to replace it. The Coastal Commission requires a public access walkway if the replacement is done. A group of Breakers Isle home owners have hired a lawyer and are blocking the replacement, since this is on their property. The Niguel Shores Board has decided that since the Breakers Isle home owners group is blocking the replacement, they should be responsible for repairing the slope if there is a slide, not the entire Niguel Shores community. A ballot may be sent out soon to vote on this proposition.

Mark your calendars: The annual Men's Club Christmas Dinner will be on December 18 at the El Niguel Country Club.

The Men's Club is both social and philanthropic. We offer golf outings, an annual trip to the horse races at Del Mar, as well as our famous 4th of July breakfast which is one of the ways we raise money for the Dana Hills High School Scholarship Fund.

—Bill Tally

WOMEN'S CLUB

Another interesting program is in store for the Womens Club members at the October luncheon on Thursday the 10th. Lynn Schwartz, our enthusiastic resident with her own private gallery of American Folk Art, about which she spoke to us a few years ago, has expanded her artistic field to another type of traditional art—hooked rugs. These are no ordinary rugs but ones that express the rug hooker's designs in creative ways using yarn, silk, wool and even denim. Come see what Lynn has to show us and maybe you'll get hooked, too. She will speak about the history of rugs and display samples of antique and contemporary rugs.



Lynn Schwartz

The luncheon is at noon. You will receive your e-mail invitation on Thursday, October 3 and we would like your reply by Sunday, October 6, at 5:00 p.m. If you plan to attend, an e-mail message will let you know if it's your turn to bring a salad.

—Mary Crowl

TEN GOOD REASONS TO JOIN THE NIGUEL SHORES WOMEN'S CLUB



1. You'll meet a lot of nice women (we have over 100 members).
2. You'll hear interesting speakers at the monthly meeting/luncheon (held on the 2nd Thursday of the month in the Niguel Shores ClubHouse. There are no meetings in July and August).
3. The luncheon buffet is wonderful: fresh salads brought by members and professionally baked desserts.
4. You only need to bring a salad every other time you attend.
5. Transportation is available if you need a ride to the meetings.
6. A cart is available to take your salad from the curb to the kitchen.
7. Our annual events — a December Holiday Party and a Tea in June — are FREE and FUN.
8. If you want to do more, there are committees that can use your talent and expertise.
9. Annual dues are only \$10 and the cover charge for the monthly luncheon is \$3.
10. You'll feel welcome, valued and part of the Niguel Shores community.

For more information, please contact either Diane, Gloria or Ginny:

New Member Committee co-chairs.

Diane Hearne (phearne4@cox.net/ 661-6267)

Gloria Weintraub (rdabook@cox.net/ 388-8433)

Membership Chair:

Ginny Nevitt (vnevitt@cox.net/ 488-2678)

In Memoriam

Bette Quinlan

September 2013

Long time resident of
Amundsen Bay

Women's Club member and
served on several Niguel Shores
committees.

ACTIVITIES

BRIDGE NEWS

If you are interested in a few games of bridge, come and join our bridge group which meets every Wednesday at 11:00 a.m. in our ClubHouse. We also have a substitute list and you can put your name on that. Just call us at 496-4230 and we'll be glad to welcome you!

Our recent winners:

- Aug. 21 Lee Farrell, Doris Deal and Pouri Fowzi
- Aug. 28 Doris Deal, Jane Olson and Jeanne Bookai
- Sept. 4 Jeanne Bookai, Judy Bates and Jane Olson
- Sept. 11 Freida Baskin, Francesca Sunness and Pouri Fowzi
- Sept. 18 Freida Baskin, Pouri Fowzi and Francesca Sunness

—Helen Campbell

LIBRARY

The Dana Point Library has some interesting programs, classes and displays planned for all ages. As published by the Library staff, here's what's happening in October.

All Tuesdays, 10:15 a.m. **Preschool Story Time.** Ages 3 to 5 years.

All Tuesdays, 11:00 a.m. **Toddler Story Time.** Ages 18 months to 3 years.

October 3, Thursday, 4:00 p.m. **Glue and Go Costumes.** Holly Cleland shows kids and parents how to create prize winning costumes out of household items. Holly's been featured on the View, the Rachel Ray Show and KTLA 5 with Gayle Anderson. Sign up today at the library! Holly will be giving away three costumes. Family program, all ages. Grandparents are welcome, too.

October 18. **Friday Film Night,** 7:00 p.m. Adults. Join us for a free international film. Snacks are provided.

October 19, Saturday, 11:00 a.m. **Read to a Dog.** Come read to a trained therapy dog. He's a good listener! Ages 6 to 10 years.

October 27, Sunday, 2:00 p.m. **Teen Advisory Board, Teen Activities Group.** Need volunteer hours? Want to be involved in planning programs and events? Join us. Ages 12 to 17 years.

October 29-31, Tuesday, Wednesday, Thursday, 4:00 p.m. to 6:00 p.m. **Teen Writers Boot Camp.** Write a novel, get it published! Meadow Griffin will show you how. Meadow is the author of the Legends of Erin series. She'll show you how an idea turns into a story and a story becomes a published book. This is a fun, energetic three day class. Space is limited. Sign up today at the library.

Ongoing now through November 17. **Elephant Parade Display.** Come and visit Kingdom and Colori, two of the Elephant Parade's Tribute elephants. While you are at the library, stop by the Elephant coloring table and design your own elephant to take home or leave at the library for others to enjoy. All ages will enjoy this display.

For more information on these and other upcoming events, visit your Dana Point Library, just across the street from Niguel Shores.

—Ellen Dovey

OREO BOOK CLUB

The Really Serious Oreo Cookie Book club met September 18 at the home of Rich Schwartz and, led by Diane Hearne, discussed the book *This Child Will Be Great* by Liberian President Ellen Sirleaf. The next meeting will be at the home of Norton Schwartz to discuss the book: *Emperor of All Maladies*, by Siddhartha Mukherjee. The date is October 16 for the meeting.

—Norton Schwartz

PAGE TURNERS

Page Turners' Book Club will meet this month to discuss *The Great Gatsby*, by F. Scott Fitzgerald. According to Amazon: *The Great Gatsby*, F. Scott Fitzgerald's third book, stands as the supreme achievement of his career. This exemplary novel of the Jazz Age has been acclaimed by generations of readers. The story of the fabulously wealthy Jay Gatsby and his love for the beautiful Daisy Buchanan, of lavish parties on Long Island at a time when The New York Times noted "gin was the national drink and sex the national obsession," it is an exquisitely crafted tale of America in the 1920s. *The Great Gatsby* is one of the great classics of twentieth-century literature.

The Monday morning group meets at 10:00 a.m. on October 28. Their meeting place will be decided upon at the September meeting. They will get an e-mail reminding them of the location. The Monday afternoon group will meet on the same day at 12:30, in the home of Sally Lee Howd, 33441 Cockleshell. The Thursday afternoon group will meet at the ClubHouse at 1:00 on October 31.

For more information about Page Turners contact: Phyllis Tezer: ctezer@cox.net 496-4710—Monday morning. Diane Hearne: Phearne4@cox.net—661-6267—Monday afternoon. Lisa Buchner: lisabuchner@cox.net- 496-9546—Thursday afternoon.

—Lisa Buchner

ACTIVITIES



October 20, 2013

Those of us who attended the first Potluck of the season had a most enjoyable evening with good food and good company. Join us on Sunday October 20, for our next Potluck. Social time is 6:00 p.m. followed by dinner at 6:30 p.m. You will have time to socialize with old friends and enjoy meeting new friends. Please bring your own table service, beverage, \$1 to cover incidental

expenses and a main dish, salad or dessert.

If you have previously attended, you will receive an *e-mail* invitation. Please respond whether or not you will attend and say whether you will be bringing a main dish, salad or dessert.

If you have never been before, we would love to have you join us. Please call Ann Christiansen 248-1962, or Irene McDonald 481-3035 for more information.

Looking forward to seeing you on October 20.

—Irene McDonald

SPORTS

MEN'S GOLF

On August 27 we played at Arroyo Trabuco Golf Club in Mission Viejo. We had a great turnout and beautiful weather.

The game played was "1,2,3 Foursome," scoring each hole as follows: 1st hole is best net score of four players. 2nd hole best two net scores of four players. 3rd hole best 3 net scores of four players. Remaining holes are scored in same rotation as first 3 holes.

First Place with 125 went to the team of Bob Russell, John Monson, Bill Verbrugge, and Dennis Rosene. Second Place with 126 went to the team of Charlie Clark, Gary Katsuki, Morry Dohner, and Jon Cobain. Closest to the pin on #4 Jon Monson. Closest to the pin on #13 Roy Dohner.

Our next tournament was on September 24 at Tijeras Creek. In October our tournament will be on October 22 at The Crossings in Carlsbad.

We welcome anyone who wants to join our group. We have golfers of every skill level from single digit handicaps

to very high handicaps. Our only requirement is that you have fun. For more information contact Roy Dohner at roy@dohner.com, or Bob Russell at russler65@gmail.com.

The only problem with golf is that the slow people are always in front of you and the fast people always end up behind you.

—Bob Russell

WOMEN'S GOLF

A perfect day for the game of golf was enjoyed by our members at Aliso Creek during our regular meeting Monday, August 9. Also in attendance for the meeting and the lunch were the other non-playing loyal members of the Club. A very special treat was the family of deer on the beautiful course.

Golf captains Lee Sweeney and India Rouse created *The Game of the Day* that turned out to be the two best scores on each hole. The winners were: Irene McDonald, Marlene Lynch, Marge Foster and Brenda Tuckley with a score of 88. Low gross winner: Val Mitchell with a 44. Low net winner: Brenda Tuckley with a 31. Closest to the pin #6: Val Mitchell. Closest to the pin #8: Marlene Lynch. Low putts: Brenda Tuckley with 13. Chip in: Irene McDonald.

We would love to have you join us on Monday, October 14, at 9:00 a.m. If you were not at the meeting and wish to play or come to the next meeting, please contact Golf Captain Marlene Lynch 949-493-6494 or Annie Greenwood 949-493-6782. Your name will be added to the roster.

A special welcome to new Niguel Shores neighbors. A chance to become acquainted with the community!

—Chris Beaver

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Carol's Cuisine Corner

Time to start thinking of fall. This means different food from the summer salads and sandwiches. How about soup from some of the following places?

Souplantation: 23870 Aliso Creek Rd., Laguna Niguel, 831-6055. Hours: 11:00 a.m. to 9:00 p.m., Sunday, 9:00 a.m. to 10:00 p.m. Soup and salad bar.

The Brig: 34461 Golden Lantern, Dana Point, 496-9046. Hours: 7:00 a.m. to 8:30 p.m. Chili and soup

Mimi's: 27430 La Paz Rd., Laguna Niguel, 363-9888. Hours: 7:00 a.m. to 10:00 p.m. Variety of soups

Chaparosa: 30271 Golden Lantern, Laguna Niguel, 363-9888. Hours: 11:00 a.m. to 10:00 p.m.

Chili's: 26631 Aliso Creek, Aliso Viejo and other locations, 448-9022. Hours: 11:00 a.m. to 10:30 p.m.

Harbor New York Deli: 34667 Golden Lantern, Dana Point, 496-0424. Hours: 8:00 a.m. to 8:00 p.m.

Marie Callender's: 31791 Del Obispo, San Juan Capistrano and other locations, 661-5977. Hours: 7:00 a.m. to 10:00 p.m. Soup and salad bar from 11:00 a.m.

Avila's El Ranchito: 27941 La Paz Rd., Laguna Niguel and other locations, 349-9100. Hours: 11:00 a.m. to 9:00 p.m. Featuring Mexican soups.

T.G.I.F.: 28141 Crown Valley Pkwy, Laguna Niguel, 362-9770. Hours: 11:00 a.m. to 2:00 a.m.

Antoine's: 218 S. El Camino Real, San Clemente, 492-1763. Hours: 6:30 a.m. to 3:00 p.m. Soup specials.

Call that friend! Enjoy a chat with a cup of soup. Bon Appetite! Carol Yocom

Travel Tidbits . . .

Most residents and many visitors are enjoying the colorful elephants displayed in our major hotels, parks and beaches. Their presence here is part of a campaign to raise awareness of the plight of the Asian elephant. Hunted by poachers and killed by

farmers who are trying to protect their crops, the elephant population is diminishing at an alarming pace.

But there is hope. Among those striving to protect the elephants is the country of Sri Lanka. They have established two elephant orphanages where these orphaned elephants are growing into adulthood and beginning to breed successfully on their own. I visited the Pinnawala orphanage a few years ago and it was very inspiring to see these animals being so well cared for and given a second chance at life.

If you enjoy exotic destinations, fantastic temples, new experiences and elephants, you might want to put Sri Lanka on your "Places to Go" list. Sri Lanka was formerly known as Ceylon and has been called the "Pearl of the Indian Ocean." It has a documented history that spans over 3,000 years and is home to many religions, ethnicities and languages.



*"The World is a book and those who do not travel read only one page" —St. Augustine
—Barbara Milner C.T.C., bmilner@wtbinc.com*

WELLNESS

Farmed Salmon...Should We Eat It?

Who doesn't love salmon? Well, I take that back...there are certainly some people who don't enjoy a delicious filet of salmon grilled or sautéed to perfection. But, if you do enjoy salmon, do you know what you're eating? Most of us probably don't. I'm referring to making the choice of purchasing "farmed" salmon versus wild caught salmon. For many years, I thought that farmed salmon was pretty much the same as wild caught...I mean you have water, fish, fish food, "fish farmers" and science behind it, right?

Well, more and more information continues to come out about the dangers of eating farmed salmon primarily due to the presence of high levels of PCB's. There is even a strong link to consuming high levels of PCB's to developing Type 2 Diabetes* which is when one becomes insulin resistant and your blood sugar levels remain elevated resulting in all kinds of havoc on your body. We are all aware that overweight and obesity, along with other unhealthy lifestyle choices can lead us to developing Type 2 Diabetes, but farmed salmon? However, it looks like the evidence is strong enough to support not eating farmed salmon... at all!



If you would like to make a comment or suggest a topic please send an email to . . .
Sharon Stewart RN, Certified Health Coach — sharonstewart@cox.net.

My next thought was there are several species of salmon that are for purchase at the store, or to enjoy in a restaurant...are they all dangerous? I learned that there are no wild caught Atlantic salmon available because it is an endangered species in the U.S. So, when you see "Atlantic Salmon" you can be sure that it is a result of aquaculture...that is, it's farmed and dangerous...that is for your health, not to mention the environment and also the economy, but I will stop at our health!

So, when dining out, be sure to clarify just what type of salmon you're ordering...if it is Atlantic you may want to avoid it. Look for Coho (also called Silver), Chinook, Sockeye, Chum, or Pink Salmon as most of these are wild caught. The same applies to shopping for salmon...make sure it is wild caught. We all have PCB's in our systems because we've all been exposed to them long before they were banned...and they hang around for years unfortunately. So, instead of innocently consuming more, be aware of what you're eating...then bring on the salmon barbeque and enjoy!

- <http://www.huffingtonpost.com/dr-walter-crinion/salmon-diabetes>
- <http://seafood.edf.org/salmon>

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MEET YOUR NEIGHBORS

Nancy and Lorraine Hanna

Nancy Hanna was four years old and her sister Lorraine was two years old when their parents bought their home in Niguel Shores on Cockleshell in 1974. This has been home to them for almost their whole lives, as the two sisters now have their own home on Marlinspike, which they bought in 2007.

Both Nancy and Lorraine grew up here, loving the ocean, being in it or on it and listening to the roar of the waves. Their parents had a powerboat that often took them to Catalina. Now they both enjoy the sport of paddle boarding.

The two both graduated from Dana Hills High where they played tennis and soccer, Nancy in 1987 and Lorraine in 1989. When it was time for college their mother wanted them to get away from the beach scene here. Nancy chose to go to the University of South Florida because she wanted to be near the ocean and that school is located on Tampa Bay. Nancy majored in psychology and sociology. After graduation she earned a master's degree in Mental Health and Counseling at Central Florida University. While there she also taught preschool and kindergarten classes, which she loved.

Lorraine chose to enroll at Southern Methodist University in Dallas after learning that the college on the East Coast that she had planned to attend was in an area that had very cold winters. Dallas wasn't close to the ocean, but it offered warmth and sunshine in the winter. She majored in International Studies because she wanted to learn about the people and the different cultures in our world. After two years at Southern Methodist she took advantage of the opportunity being offered by SMU to spend a semester at sea that consisted of a cruise around the world. How about that for an international studies major?

From that day on she took every opportunity she could to meet and greet people in as many countries she could. On another cruise in Southeast Asia she met the Sultan of Oman. The Persian Gulf state potentate was attending a gathering of leaders of Middle and Southeast Asian countries.

Lorraine planned to go on to law school after getting her undergraduate degree but drawn by her love of the sea, she stopped off in Rhode Island and stayed for two years working on charter yachts.

Eventually Lorraine returned to California and found a job in sales. The firm she was with was taken over by Siemens, an international technology company. Siemens was looking for someone to fill a position in technology sales. Lorraine sent in her resume and was hired. Her international experiences proved invaluable, but she had to work very hard and fast to learn computer skills and the ins and outs of the technology products that she would be selling. She overcame that deficiency with determination and belief that she could do it. She now works for the Sun Guard Company and is happy in this full-time job, traveling constantly.

Nancy is a successful real estate agent with RE/MAX coastal homes in San Clemente. She also uses her creative talents as a wedding planner and coordinator, helping to make sure that every minute of the wedding day goes smoothly for every bride and groom that she helps.

The two sisters not only love their Niguel Shores home, they also share a love for Hawaii. They go to their favorite island, Maui, at least once or twice a year and Nancy is working on getting her real estate license in that beautiful state.

Lorraine's working horizons are really wide. She says the world is her job site as she travels constantly. She



Nancy and Lorraine Hanna

was across the continent on a business trip while I was interviewing Nancy for this column.

It would be invaluable if someone could bottle some of the enthusiasm and energy these two sisters have between them. Nancy and Lorraine Hanna are your inspirational neighbors on Marlinspike.

—Laurel Livesay

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the Children's Summer Reading Program and sees that more effort needs to be made to serve their needs in the library.

The new Children's librarian, Ericka Reeb, will carry on the popular story times and Chris Wright, the adult librarian, has been here about one year. Chris is an ex-military man, loves history and military lore and would like to create some programs in these fields if there is interest. People with special interests are encouraged to speak to the librarian about creating programs on various subjects of interest to them. The film night on the 3rd Friday continues—check with the library to find out what is showing.

Even though we read that books in print are losing ground to downloaded texts for electronic devices to read or listen to, Susan reports that there has been no reduction in the book budget for the library. There is heavy use of the computers and some of the biggest expense is subscription to large electronic databases the computer users come to the library for, particularly financial ones like Morningstar. The library has DVDs of movies, books for downloading and play-aways (books recorded on a device that needs only ear plugs).

Susan reports that libraries are no longer a line item in the state budget and the county money for maintenance is very limited—other libraries are being remodeled. So, this is where the Friends of the Library come in. A recent controversial election, lawsuit, bookstore closure and related problems have been resolved so that a new board for the Friends is in place, new bylaws have been approved and plans made to offer financial help to the library.

To backtrack a little, the long-term connection between the Friends and residents of Niguel Shores needs to be mentioned. The Dana Point Library was dedicated in July 1977 and, shortly thereafter, the Friends organization was started by Cynthia Baugh, a resident of Niguel Shores (her husband was president of the Board of Directors in the 1970s). Franny Stein, another Niguel Shores resident, was a member of the original Board as was our late local historian, Doris Walker. Since then at least three presidents of the Friends were from Niguel Shores—Bill Henderson, Jerry Milner and Forrest Owen. Two treasurers—George Williams and Grover Brown and a number of others have



Susan Pina

been board members including myself as secretary in the early 2000s. Currently Paul Strauss, a resident of Niguel Shores, is Secretary of the Board and has been instrumental in rejuvenating the organization by recruiting past board presidents (including Forrest Owen) to rewrite the bylaws and in getting the Friends into a stable and well run organization. In addition, many people from Niguel Shores have volunteered in the Library Bookstore over the years, both as

managers and helpers. Therefore, our contribution to the well being of the Library has been considerable.

Currently most of the funds raised by the Friends come from the Library Bookstore which brings in \$4,500–\$5,000 a month. There are member dues that provide some funds. The new Board has plans to raise the profile of the Friends organization, set out long term supportive projects and concentrate on raising money for those projects. The board now has as president, Carol Wassman, a librarian PhD candidate, Paul Strauss is secretary of the Board and Mary Mashoof is treasurer. Vice President Barbara Anderson resigned that position to become manager of the Bookstore and will report to the new Vice President. Other new board members from the business community are being brought on. The Bookstore is run by a standing committee that meets monthly and reports to the Friends Board, there are nine managers and currently, 29 volunteers.

The immediate improvement to the library being funded by the Friends is the replacement of the deteriorated opaque sky lights of the library. Near the check-out desk the shelves have been emptied in preparation for the work. Susan noted that many of the materials on the shelves could be discarded as they were old city records that are now either digitized or stored by the city. This newly brightened area will be converted to a larger reading room with comfortable furniture. Next on the list is a new sliding front door to better accommodate handicapped people and, not least, to replace a well-used old one. Then, new furniture for the children's areas and new desks for the computers are on the list. The Friends have asked Susan to prepare a four-year plan of library needs so goals can be set for them to work toward.

It seems, much to our benefit, that both the Library and its Friends are now in good hands.

—Mary Crowl

NSCA DIRECTORY

NIGUEL SHORES COMMUNITY ASSOCIATION

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- Tim Murphy
- Kathy Jones

MEETINGS

- 9:00 a.m., 1st & 3rd Monday
- 10:30 a.m., 1st Friday
- 4:30 p.m., 3rd Thursday
- See Calendar
- Varies
- 3:00 p.m., 2nd Tuesday
- 9:00 a.m., 2nd Thursday
- 10:00 a.m., 1st Tuesday
- 9:00 a.m., 2nd Wednesday
- 12:00 p.m., 3rd Monday

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OCTOBER 2013 in Niguel Shores

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																						
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	1 8:00 Men's Club Breakfast 10:00 Recreation Committee	2 8:30 Fitness Class 9:00 H ₂ O Aerobics 11:00 Bridge 6:00 NSCA Gen. Session Board Mtg.	3 10:00 Women's Club Board Meeting 	4 8:30 Fitness Class 9:00 H ₂ O Aerobics 10:30 Communi-cation Committee	5 NSCA GARAGE SALE 6																																																																						
7 8:30 Fitness Class 9:00 H ₂ O Aerobics 9:00 Architecture Committee 2:30 Emeritus 	8 8:00 Men's Golf 3:00 Landscape Committee	9 8:30 Fitness Class 9:00 Traffic & Safety Committee 9:00 H ₂ O Aerobics 11:00 Bridge	10 9:00 Maintenance Committee 12:00 Women's Club Luncheon TENNIS COURTS CLOSED UNTIL 2PM for Cleaning	11 8:30 Fitness Class 9:00 H ₂ O Aerobics 	12  13																																																																						
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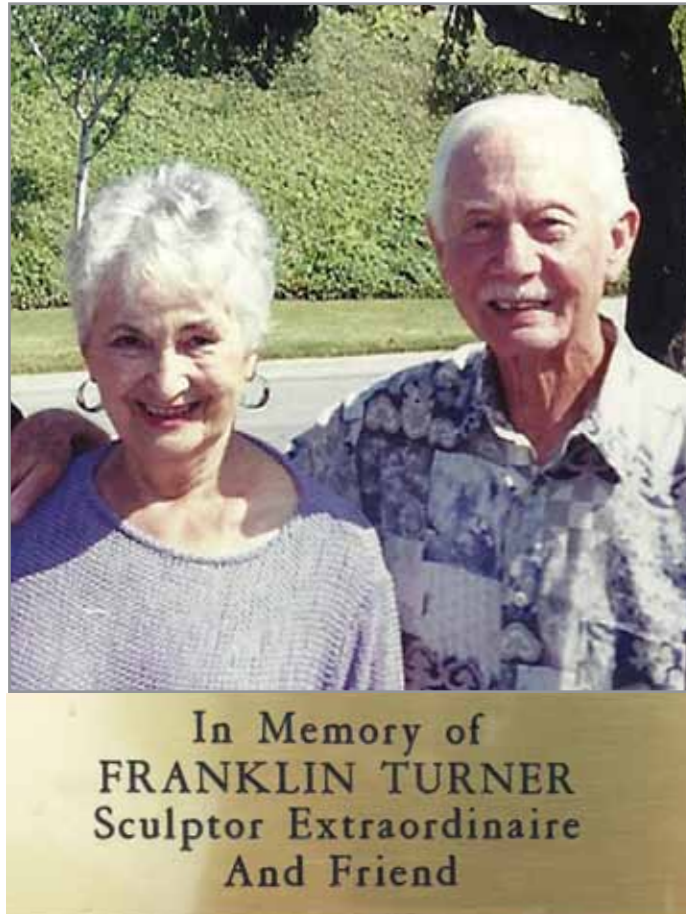
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FRANKLIN TURNER MEMORIAL BENCH

Many people wanted to honor Frank Turner, that wonderful gentleman who designed the dolphins and other art works for Niguel Shores, and also contributed as a member of the Architectural Committee for many years. The Franklin Turner Memorial Bench has been installed on the greenbelt at the end of Capstan for the enjoyment of all. The bench would not be possible without the following very generous donors who contributed for the bench and concrete pad:

Don And Chris Beaver, Barbie Brown, Jim & Paula Clark, Mary Crowl, Patty Cudlip, Paul & Ginger Hoernig, Jeff & Lisa Jameson, Sam Johnson,



Cyril Jones, Jerry & Linda Koppang, Ruth Levitan, Larry & Karen Linger, Connie McKibban, Paul & Leslie Messier, Marilyn Moon, Ginny Nevitt, Niguel Shores Men's Club, Forrest Owen, Judy Pasek, Ron & Ellen Pearce, Debby & Jim Perkins, Iris & Robert Robin, Bob & Shirley Ryan, Laks & Hansa Sehgal, Shirley Smith, Yasmine Smith, Hank & Nan Stothard, Nancy Taylor, Tim & Cathy Tyson, Gaye Vaughan, Mary Lou & Denny Walters, Mary Williams.

And the wonderful help we received from the Maintenance Department and Jack Christiansen. Thank you all!

—Ginny Nevitt



A Turner bench dedication ceremony and reception was held on September 14. Frank Turner's two daughters are seated on the bench on either side of the commemorative plaque (Paula Clark at left and Leslie Messier at right) and behind are Frank's friends and admirers who contributed to the bench.

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REAL ESTATE REPORT FOR NIGUEL SHORES BY CONNIE MCKIBBAN

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24022 LEEWARD DRIVE ~ \$2,199,000

JUST LISTED & IN ESCROW BY CONNIE



33595 MOONSAIL DRIVE ~ \$1,195,000

2013 REAL ESTATE UPDATE FOR NIGUEL SHORES

7 HOMES CURRENTLY FOR SALE - PRICED FROM \$799,000 TO \$5,250,000

5 HOMES CURRENTLY IN ESCROW - PRICED FROM \$939,000 TO \$2,995,000

30 HOMES SOLD IN 2013 - PRICED FROM \$650,000 TO \$5,650,000

(PER MULTIPLE LISTING SERVICE AS OF 9/16/13)

CALL CONNIE - (949) 234-5660

NIGUEL SHORES SPECIALIST

#1 IN SALES IN NIGUEL SHORES SINCE 1991

#1 IN SALES FOR MONARCH BEACH & DANA POINT!

WWW.SELLINGHOMESALONGTHECOAST.COM

CONNIEMCKIBBAN@BHSCAL.COM



**BERKSHIRE
HATHAWAY**
HomeServices
California Properties

Exiting news... As of September 23rd, Prudential California Realty will become Berkshire Hathaway HomeServices California Properties. This name change will enhance the high level of service I always aim to provide to you, and will add the support and resources of one of the most powerful companies in the world. Our company, along with this powerful new network, will serve as a shining example of the excellence of Berkshire Hathaway - recognized as the number 1 company in Barron's Annual Ranking of the World's 100 Most Respected Companies.

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