

Seashore News



January 2013

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Issue 470



Happy New Year!



FROM THE HELM

Congratulations to Sam Johnson for being chosen Volunteer of the Year. Thank you and all the volunteers for your work which makes your community such a great place to live.

The Board of Directors encourages anyone who would like to serve on a committee or on the Board to tell our staff of your interest. If you're not sure what a member of a committee does, attend a meeting to see if you would be interested.

Congratulations to Matt Northrop for being chosen, Employee of the Year, and thanks to all of our staff for their hard work.

Looking forward to the New Year, we will be continuing work on the Master Landscape Plan. Currently we are repairing our irrigation system, removing turf from some areas and replacing the turf with shrubs. This allows for proper watering as turf and shrubs require different amounts of water, as a result saving water. The Gatehouse Committee is working on the feasibility of enlarging and modernizing the Gatehouse. The repair of the revetment along Breakers Isle and the Bluff is not resolved. The Board is working to get Orange County to honor its contract with us and make the repairs.

A Happy New Year to Everyone! — *Pat O'Brien*

BYGONE NEIGHBORS

We're starting off the New Year with a little history of some old-times in our neighborhood. Many of you have been here long enough to remember the trailer park next door and the weedy aftermath when it closed in the 1980s. Our newcomers may not know that the magnificent display of multi-million dollar houses rising there on the headlands are being built on land that housed those many trailers and happy weekends at the beach. Several Niguel Shores residents had places there or, oftentimes, their parents did.

Janet Dohner, whose parents, Karla and Dick McNair, had a trailer there in the 1960s, gave me an original brochure (for the Dana Point Historical Society files) advertising that trailer park



Aerial view of the Dana Strand Trailer Park—the Chandler family trailers are those at the lower right just above the beach. The Club House is at center. Note the natural hillside where Niguel Shores is now...

called the "Dana Strand Club," a "private mobile home club in a magnificent setting." The copy read in part,

continued on page 3

BOARD ACTION SUMMARY

DECEMBER 4, 2012 BOARD MEETING: (General Session)

ACCEPTED AND FILED:

- Financial Reports
- General Session Committee Minutes

APPROVED:

- General Session Meeting Minutes of November 20, 2012
 - Resolution regarding Board authority to approve architectural variances
 - January Board meeting schedule
- Geotech proposals for Binnacle and Nauticus slope
 - Landscape proposals
- Ready Resale/Escrow Document program
- Resident request for memorial plaque

DISAPPROVED:

- Resident request for greenbelt activity rule

HEARINGS/MEETINGS/PRESENTATIONS:

- Harvest Landscape
- Hetherington Engineering

REVIEWED/DISCUSSED:

- Master Landscape/ Nauticus slope project
 - Gatehouse project
 - Board goals
 - Manager's Report

TABLED:

- Proposed speed bumps on Periwinkle Drive

DECEMBER 4, 2012 BOARD MEETING: (Executive Session)

ACCEPTED AND FILED:

- Executive Session Committee Minutes

APPROVED:

- Executive Session Meeting Minutes of November 20, 2012

DISAPPROVED: none

HEARINGS/MEETINGS: none

REVIEWED/DISCUSSED:

- Legal correspondence
- Settlement offer from debtor
 - CC&R amendment
 - Personnel

TABLED: none

NOTE: The NSCA Board of Directors meets the 1st and 3rd Tuesday of each month unless otherwise posted. The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session Agenda for the next Board Meeting will also be posted at noon on the Thursday prior to the next meeting.

REMINDERS: OPEN FORUMS ARE HELD AT THE BEGINNING OF EACH GENERAL SESSION MEETING (6:00 PM)
THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON
TUESDAY, JANUARY 8, 2013

GM REPORT

What a perfect way to start my first article of the new year—by recognizing two important people for their work and dedication to Niguel Shores in 2012:

Volunteer of the Year — At the Volunteer Reception held in December, the Board announced the Volunteer of the Year—Sam Johnson. Sam has worked on committees, volunteered to do special projects and been a board member for the Association. He has dedicated so much time, energy and expertise to the Niguel Shores Community. Thank you Sam and Congratulations!!

Employee of the Year — Each year at this time we recognize the Employee of the Year and this year the award went to Matt Northrop. Matt has worked for NSCA for over three years and has been a stable force for our staff. His dependability, cooperative spirit, excellent customer service and good work ethic are appreciated by everyone.

New Year's Eve Party — Hopefully you will receive this issue before January 1 so you still have time to join in on the New Year's Eve celebration scheduled at the Clubhouse from 8:30 p.m. to 12:30 a.m. The Recreation Committee has planned a great evening for you. Lots of music and dancing with a live DJ. The Committee will provide a signature drink and light hors d'oeuvres. Tickets are \$15 per person/ \$25 per couple and are available in the NSCA office. Bring your own favorite libation, and snacks to ring in the New Year with neighbors and friends. At 9:00 p.m. and at midnight there will be the New York toast and "Times Square Ball Drop" on the big screen projector. For more information please go to the website www.niguelshores.org.

Parking Waiver and Guest Bar Code Renewals — A reminder that both the Parking Waivers and Guest Bar Code decals need to be renewed for 2013. The cost for each is \$50 and is payable in the NSCA office. There is a grace period until January 15, but the bar codes will not operate the gates after this date and citations will be issued to vehicles with expired parking waivers. If you have any questions, please direct them to the office staff. Reminder that those residents with no driveway no longer need to pay the \$50—but do need to renew!

Christmas Tree Disposals — This holiday season, in lieu of a dumpster in the Community Center parking lot, residents may call CR&R SOLAG at 877-728-0446 to schedule a pick up for their Christmas tree free of charge between December 26 and January 15 only. CR&R will also pick up "Christmas extras" that include extra bags of trash that do not fit in the normal trash

GM REPORT

container. Don't wait until the last minute! CR&R must create a work order for each pick-up, so you need to call ahead of time.

****If your Christmas tree is under six feet in height, you may leave it out on the regular scheduled day for pickup.**

Holiday Decorations — Please remember that all holiday lighting and decorations must be removed by January 15.

Happy New Year to all from the Niguel Shores Staff. We wish you all the very best for the New Year.

—Deborah Baker

SEA TERRACE II TOWNHOMES ASSOCIATION

Nominating Committee — Election for board officers for 2013 will take place during the 2nd week of February. A firm date has not yet been chosen. There are currently two positions open on the board. A nominating committee has been formed to accept nominations. Janet and George Traver and Joe Ross are the committee members and they can be contacted at 949-248-1629 to accept nominations.

Bygone Neighbors continued from page 1

“Each beautifully landscaped mobile-home site will accommodate trailers of every size up to 10 x 60 foot plus cabana; each has a broad, sweeping view of the ocean. A short walk along landscaped paths takes you to the luxuriously appointed Club House. Here in spacious comfort members can relax in the TV Lounge, match wits and luck in the Card Room and dine on tempting and delicious food and snacks in the Coffee Shop. And when your mood calls for outdoor fun, ping pong tables, shuffle-board courts and a sheltered 25 by 60 foot heated swimming pool await your pleasure...as well as the mile-long private beach, ideal for surf bathing, surf fishing and strolling.” The community had piped natural gas, a telephone to each trailer through a message-taking PBX Board in the office and TV connections to the master antenna.

The Club was opened in the mid-1950s by the Chandler-Sherman Corporation who owned the headlands property at the time. The corporation was formed by Harry Chandler, publisher of the Los Angeles Times and General M. H. Sherman, Director of the Pacific Electric Railway Company. They created this major real estate group that, among many other investments, bought 1,388 acres in Dana Point that included the headlands. They were involved, also, in the initial development of Dana Point by S. H. Woodruff in the 1920s. The Chandler



Dana Strand Club House and pool

family had several of the trailers on the lower portion of the trailer park on the beach which you can see in one of the photographs. The Dana Strand Club thrived for a number of years until news came that the property was to be developed with housing and the Club was eventually closed. Several of its residents then bought in Niguel Shores and have fond memories of their time in Dana Strand right on the beach. Fritz Hill told about his mother having a trailer there for many years where he

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COMMITTEE REPORTS

FINANCE

Good News for Niguel Shores! As we enter 2013, the Finance Committee has good news to report concerning the financial health of Niguel Shores. The community reaped the benefit of many improvements and updates in 2012, thanks to the solid stewardship of the Board, the Niguel Shores staff and the countless hours spent by various Committees working on the behalf of all residents. Thanks again for all the hard work!

There is good news to report on the financial health and status of Niguel Shores as the calendar year 2012 came to a close:

- Niguel Shores is expected to end the year with a surplus of monies from the operating budget. This surplus is a result of cost management and the higher income than budgeted for 2012.
- We are projecting that the Reserve Fund will be 85% funded at the beginning of 2013. The 2012 Reserve Study (conducted by an independent service) indicated the current monies needed for planned repairs, enhancements or maintenance are available for implementation in 2013 and future work money is being reserved appropriately in anticipation of longer term needs. Keep up to date through the *Seashore News* on the planned enhancements to the community in 2013.
- There are no increases in assessments for 2013! Good news for all!!

The Finance Committee is committed to keep residents updated as we move ahead and we look forward to serving the community in 2013.

—*Finance Committee*

LANDSCAPE

Walking the numbers: Have you walked the full acreage of our Niguel Shores Community lately? It consists of the first built Broadmoor homes, 67 in 1969 followed over the next nine years by custom homes, 56; Breakers Isle, 23; Shores Gardens, 144; Berkus, 105; Sea Terrace I town homes, 239; Garden homes, 174; Sea Terrace II town homes, 77; Villas, 75; totaling 960. There are five entrance gates to our community: Mariner Drive, Cabrillo Isle, Selva Road, Manta Court and Garibaldi.

Maintaining the numbers: The common areas of these 960 homes and gates, along with the turf areas, planters, slopes, parks, Beach Bluff Park and over 1600 trees all require maintenance, trimming, thinning, watering and replacing. Harvest Landscape has accepted the challenge and responsibility to maintain these areas and

is working hard with your Landscape Committee representatives: Chairperson Donna Rosecrans and Joan Beyer, Ellen Dovey, Sue Forrest, Kathy Jones, Linda Koppang, Karen Linger, Linda Ross, Janet Traver, General Manager Deborah Baker, Matt Northrop, staff liaison and George Cooley, Facilities Manager. We all have the same goal of beautification using the most cost effective methods allowing our beautiful *Jewel by the Sea* to shine. Our entrance gates have been brightened with the seasonal red cyclamen and white snapdragons that will take us into 2013.

Demonstration: A small new demonstration garden has been planted by Harvest Landscape in place of a small area of turf to see which plants work best for this area. The location is at the corner of Periwinkle and Niguel Shores Drive, opposite the tennis courts. Check it out.

On behalf of the Landscape Committee, we wish all of you a very positive and Happy New Year! We would also like to take this opportunity to add our thanks to Maintenance Committee volunteer, Suzanne Enis, for the lovely nautical-themed holiday wreaths that decorated our gates during the Season.

—*Linda Koppang*

MAINTENANCE

Maintenance put up the Holiday decorations and completed several 2012 projects in December. Decorations included the unique seashell wreaths on the entrance gates designed and created by our committee member, Suzanne Enis.

Installation of the new exit spikes at the Garibaldi gate completes the gate hardware restoration on the five entrance gates. Painting the beach bluff park fence completes the painting project that included the five entrance gates and the surrounding fences.

A professional sidewalk safety inspection was completed. Four concrete repairs were done in December and early next year the committee will determine where grinding may be necessary.

Residents entering the Selva Gate and turning right on Windward will appreciate the Windward speed bump being moved back fifteen feet. This allows a smoother, straight on crossing of the bump instead of the teeth jarring angle approach.

Replacement of the pressed brick at the entrance to Salvador Bay and the gates at Manta and Garibaldi completes this 2012 project. This has been an ongoing project which will be completed in 2013 with replacement of pressed brick at three Garden Home street entrances.

—*Jack Christiansen*

COMMITTEE REPORTS

RECREATION

You enjoyed a variety of activities last year and now, it is on to 2013. We will continue with some of the favorites: the In-N-Out Burger, Taco night, food truck night, Bluff concert, Halloween, Holiday boutique and, of course, the 4th of July celebration.

If you have an activity you would like to see, the Committee can try with your help, please let us know. We are planning the dates in January for the year. Send an email to Karen Decker kdecker@niguelshores.org.

Looking forward to 2013 to continue and add to the activities for all to enjoy.

—Carol Yocom



Santa arriving at the Tree Lighting Celebration on December 2



Recreation Co-chairs Alicia Martinez and Danielle Mills deserve their Santa time too.



Santa's listening to those wishes...

TRAFFIC AND SAFETY

Speeding and Stealing

Racing Team: We hope everyone had a good year and finds themselves looking forward to even better and safer new year. We understand that Santa made a safe and successful visit to our community. However, knowing a bit about everyone's behavior, he apparently felt he had to get out of here quickly and ensured that he stayed clear of the streets around Atlantic and Windward, and also Periwinkle and Niguel Shores Road. This year he strictly approached by air as he was concerned for his team's safety. He took precautions because of tales about members of the famous Niguel Shores Racing Team speeding in unsafe fashion in

COMMITTEE REPORTS

these areas. I think Santa actually over reacted as this informal group of speeders generally operates only during week days and during peak traffic hours, not at midnight. From quite a few reports, the racing team is made up of moms and dads that operate sport utility vehicles loaded with children and no matter the speed these vehicles seem to be traveling, they are almost impervious to a speed bump. These racers have generated a good number of complaints from concerned neighbors. Our Dana Point deputies are prepared to take appropriate enforcement action to ensure the safety of everyone. The speed limit for a residential neighborhood is normally 25 MPH. However, this may well be an unsafe speed and citable depending on conditions such as pedestrian traffic, other vehicular traffic, wet streets or turns in the road.

Thieves: There were no reports of Santa parking his sleigh on the streets and leaving it unattended while he visited and left gifts. He clearly knew better as the local thieves would have been on such an open contraption loaded with gifts like flies on honey. For instance, just after midnight one day last month they entered at least three **unlocked** cars parked on Windlass and got away with miscellaneous property, credit cards and over \$3000 worth of video games destined for charitable causes. I am sure cars were entered on other streets and either no property was taken or the matter was not reported to our deputies. I am sure that it occasionally happens, but I am not familiar with a report of forced entry on a **locked** car parked in this community. Living in a safe community, we tend to become complacent and sometimes forget to properly secure our valuables. An analogy may be between leaving food out at night and attracting ants or even cockroaches. Last but not least, should you fall victim to a thief, report it to deputies. In doing so, there is a chance you may get your money back, the thief is caught with your valuables and, more importantly, it is in the best interest of our community and ensures that we receive warranted police attention.

By the way, did anybody see Pat O'Brien practicing his skate boarding the other day? Understand it was quite a show. God Bless.

—Tim Murphy

POTLUCK



WHERE: Niguel Shores Clubhouse

WHEN: Sunday January 20

TIME: 6:00 p.m.

Plan to join us for our first Potluck in the New Year. Potluck has been a tradition in Niguel Shores for many years and we hope that new people in the community will feel welcome to join us. Please bring \$1, your table service, beverage of your choice and a main dish, salad or dessert.

Former attendees will receive an email invitation. And we would welcome your reply by Wednesday, January 17.

If you are new to Potluck please call Ann Christiansen, 248-1962, Irene McDonald 481-3035 or Gretchen Rask 489-2259. We will be happy to take your reservations and answer any questions you may have.

—Irene McDonald

WWW.NIGUELSHORES.ORG

Something old: Happy 2013! Hope you all had a good Holiday Season. As you unwrap and start to use the new, perhaps you are wondering what to do with the old. Why not try selling it in the *Seashore News* and on the MarketPlace Website. For the small fee of \$5 (yes, only \$5) your ad will appear in both the *Seashore News* and on the Niguel Shores Website. The *Seashore News* is delivered monthly to 960 homes (thank you volunteers!) and the Website has more than 500 visits a day. Before you go to eBay or Craig's List for selling your treasure, contact our Community Administrator, Matt Northrop for assistance with listing your ad in the *Seashore News* and on our Website. You can include a photo of your item on the Website and Matt can also help with that.

Speaking of pictures, the *Seashore News* and our Website always need more. So if you took any photos of the various Holiday events or any other gathering of your Niguel Shores neighbors, please share them by simply sending to Matt and they will be added to the Gallery of Photos.

Something new: Perhaps as a New Year's resolution, you are thinking of trying something new. Niguel Shores has nine committees, plus two for the Sea Terrace residents; eight clubs and numerous monthly social events and activities. All the details are listed in both the *Seashore News* and on the Website, which is updated regularly. Consider giving one of these a try this year, both you and your community will benefit and remember they are always within walking distance.

As always, the Committee welcomes your questions, comments and contributions.

—Matt Northrop, Patti Staudenbaur and Ellen Dovey

CLUBS

GARDEN CLUB

Well, here we are in the New Year!

Looking back on 2012: The Garden Club membership enjoyed another year of fun, botanic education, social service, a very successful community plant sale and great parties. The year ended with a beautiful Holiday Party in the ClubHouse, complete with a gift exchange and delightful decorations, to a sold-out crowd. Everyone left with a raffle prize. Our Treasurer, Karl Kuhn, reported that our finances were in good order, and the Club was very solvent.

Ring in the New Year: The Garden Club has planned another full Spring of workshops, lectures, field trips and the ever-popular Beach Bluff Bar-B-Que. We kick off January with a field trip to the Plant Stand in Costa Mesa. They have a huge variety of plants; and we'll hear a lecture on house plants, their care and feeding, and which ones will provide us with green-thumb satisfaction. Note: Members can use their CGC cards for discounts at the Plant Stand.

So you want to grow herbs? Here are some basics: Herb Gardening 101

Uses for Herbs: The most popular use for herbs is in cooking, and nearly every recipe can be enhanced with the addition of appropriate herbs. Can you imagine tomato sauce without oregano? Thanksgiving stuffing without sage? Some dishes are defined by the herbs they contain—pesto without basil just isn't pesto! Many herbs are also believed to have medicinal properties. The echinacea that has become popular as a cold remedy is extracted from the purple cone-flower, a common garden perennial.

Where to Plant: Plant herbs where you can get to them easily for frequent

harvesting, especially if you plan to use them in cooking. You can grow herbs in containers or even window boxes. Most herbs prefer full sun—at least 6 hours per day. Herbs that will tolerate some light shade include chives, cilantro, dill, and mint. Remember that if you plant perennial herbs in the vegetable garden, keep them in a separate section so you'll be sure to avoid them during spring and fall tilling. More tips next month, but if you can't wait, go to <http://www.garden.org/ediblelandscaping/?page=herb-gardening>

Weeds multiply in direct proportion to your efforts to eliminate them. —Anon

—Morry Meadow

MEN'S CLUB

The Niguel Shores Men's Club meets at the ClubHouse every first and third Tuesday of the month for a delicious breakfast and to enjoy good comradeship. The Club has a speaker after breakfast that usually has a topic of interest to the general membership. We also have several events during the year to benefit our Scholarship Fund for three students at Dana Hills High School given out each year. One of those events is our annual 4th of July Breakfast.

On December 4 member Morry Meadow was our speaker. Morry showed the members a slide show of his trip to the Auschwitz Concentration Camp in Poland where approximately 1.3 million were put to death by the Nazi regime. Many of the structures and facilities have been preserved for the public to view and remember the atrocity.

At our meeting on December 18 we enjoyed having the Dana Hills High Choir sing Christmas carols after breakfast.

The Men's Club welcomes new members from Niguel Shores. Come

to one of our breakfasts and meet fellow residents.

— Al Thome

WOMENS CLUB

Time for our first luncheon of 2013! We're starting the New Year off with a serious subject that will be of value to all of us for this year and all the rest. Sheriff's Deputy, Steve Hoffman, will speak to us about law enforcement issues in Dana Point that are of concern to senior citizens. Deputy Hoffman is originally from Michigan, served as a sergeant in the U.S. Marine Corps in Okinawa, the Persian Gulf and Africa. He has been for the last 19 years in the Orange County Sheriff's Department and, the past 11, assigned to the city of Dana Point. He is the field training officer for new deputies when they come to

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this city. A recipient of three awards from MADD for DUI enforcement and a lifesaving medal, we are privileged to have this honored and experienced person as our guest speaker. Don't miss it.

The date is Thursday, January 10 at 12:00 noon in the ClubHouse. Your invitations will arrive in your e-mail box on January 3 and you are asked to please reply by 5:00 p.m. on Sunday, January 6.

Just a recap: The Womens Club Holiday Party was a wonderful success with a bountiful table of hors d'oeuvres and sweets brought by members, and drinks graciously served by Men's Club members. The tables were ornamented with the ingenious antler decorations designed and made by the talented Suzanne Enis. Thanks to all for their contributions to this delightful party.

Something to think about: This is the year for the Womens Club Home Tour and members have preference for reservations. Now is the time to join to insure a highly desirable reservation for this May event. A check for \$10 left in the office for the Niguel Shores Womens Club will do it!

—Mary Crawl



Susan Enis with one of her antler table decorations.



Womens Club Tree Trimming Crew: Front l to r: Nancy Tinnes, Julie Tierney, Phyllis Tezer. Back row: Barbara Boyd, Bunny Mahoney, Bunny Ross, Freida Baskin, Irene Hopson, Suzanne Enis, Judy Barry, Irene MacDonald, Karla Sanders, Barbara Milner.

Joanne R. Dougherty

(Mrs. John)

December 2012

Retired teacher

Resident of Dosinia since 1973

Celebration of Life

Sunday, January 13 — 12:00 noon

Dana Point Yacht Club

ACTIVITIES

BRIDGE NEWS

The Bridge Club had a Christmas party at the Niguel Country Club on Wednesday, December 12. We exchanged gifts and had a delicious luncheon including a scrumptious coconut cream pie which everyone enjoyed, even the dieters. We were even treated to wine by one of our admirers. A wonderful time was had by all.

Starting in January 2013, we hope to welcome new members to our merry group. Please call Helen at 949-496-4230 and we will greet you with open arms!

Our recent winners:

November 21 Pouri Fowzi, Dorothy Horany,
November 28 Bernadette Bloom, Judy Bates
December 5 Helen Campbell, Margaret Brugger
December 12 Christmas Party!!

—Helen Campbell

OREO BOOK CLUB

The Oreo Cookie Book Club met November 28 at the home of Norton Schwartz to discuss the book, *The Forever War*, written by newspaper correspondent Dexter Firkins, who was embedded with troops in Afghanistan and Iraq. While the book's focus was on the daily experience of soldiers and civilians in the country, the discussion inevitably drifted to the history of our involvement in Iraq, with the hubris of Bush, the naivety and ignorance of his advisors and the passivity of the Republican Congress, abetting the action. The false guise of invading in order to find non-existent weapons of mass destruction was reviewed. It is a dismal and costly war that has eroded our treasury and our spirit and the lives of many of our countryman. Afghan is not far behind. There was no meeting of the group in December, giving us time to reflect on the folly of ill-considered foreign policy. The next meeting will be the third Wednesday in January to discuss *The Big Burn*, by Tim Egan. The location of the meeting is to be determined.

—Norton Schwartz

PAGE TURNERS

Page Turners' Book Club will meet this month to discuss, *Moloka'i*, by Alan Brennert. *Moloka'i* is an interesting novel about a young Hawaiian leper, Rachel, banished to Kalaupapa, a quarantined colony on Moloka'i, at the turn of the last century, when leprosy was a relatively misunderstood disease. The notion of the colony is fascinating and the devastation one

instance of leprosy can do to one young woman and her family is fully explored. Some who have started reading the book are reporting it is difficult to put down and they are enjoying it very much. We'll see how the rest of the group feels at our meetings.

The Monday morning group will meet on January 28, at 10:00 in the home of Karla Sanders, at 33902 Manta Court. The Monday afternoon group will meet at 12:30 at the home of Ginny Nevitt. She lives at 23862 Marmara Bay. Phyllis Tezer will lead the discussion for both groups. The Thursday afternoon group will meet at the ClubHouse at 1:00 on January 31.

For more information about Page Turners contact:

Gretchen Rask: grask707@gmail.com
489-2259 — Monday morning

Diane Hearne: Phearne4@cox.net
661-6267 — Monday afternoon

Lisa Buchner: lisabuchner@cox.net
496-9546 — Thursday afternoon

—Lisa Buchner

FITNESS CLUB



Exercise Class: Front row l to r: Chris Daley, Diane Meadow, Joan Beyer. Back row: Elaine Converse, Pinkie Myerscough, Leslie Davis, Carol Kuhn, Kirk Kirkpatrick. Absent: Anita Geyer, Kathy and Chip Stuckmeyer.

Time to start the New Year off right! Exercise Monday, Wednesday and Friday in our ClubHouse—8:30 – 9:30, \$60 per month—lots of fun—stretching, weights. For more information call: 496-1428.

—Joan Beyer

MEN'S GOLF

The results of the Annual Putting Contest at Talega: There were 15 two-man teams with cash prizes to the top five teams. Afterwards, we had a great breakfast, gave out prizes and celebrated the final outing in 2012.

First Place – Bob Borland and Tom McNicholas, 2nd Place – Allan Brace and Burr McKeehan, 3rd Place – Don Ellis and Jack Christiansen, 4th Place – Woody Woodward and Al Glatt and 5th Place – Peter Rask and Morry Dohner.

In 2013 we will kick off our first tournament on January 22 at Tijeras Creek Golf Club. The following

dates and locations have also been scheduled for the first half of 2013: February 26, we head back to a favorite Twin Oaks Golf Club, March 26 we will play Pala Mesa in Fallbrook, a great course that is on the schedule for the first time, April 30 we play at The Crossings in Carlsbad and, on May 28, we will be at Arrowood in Oceanside.

*If you have difficulty meeting new people,
try picking up someone else's golf ball.*

—Bob Russell

WELLNESS —

Ask Yourself Why!

With every New Year comes the promise of hope... of change...both of which are nurtured by inspiration. The clean, fresh, start of a brand new year bathed in the vision that we have for our lives is the inspirational foundation for many of us to blaze a new trail when it comes to our jobs, relationships, aspirations, and of course our health.

But, inspiration, like life itself, is fleeting! For inspiration to truly move someone toward change it must be firmly founded within a set of very compelling reasons to make that change. Simple New Year's Resolutions fail for a lack of that compelling "why"...as in "Why do I want to change anyway?" Without the "why" failure is pretty much a slam dunk.

Some of the most common resolutions at this time of the year that Americans methodically record on paper and place on their bathroom mirror or the refrigerator door have to do with improving their health. I'm sure that you, or someone you know will be eating healthy, ramping up their exercise; quitting smoking, and so on as we ring in the New Year. These are all very worthy endeavors, but once again, they'll fall short on longevity without a compelling "why" to propel that behavioral change toward reality.

This New Year, make writing down your resolutions a must...but also be sure to ask yourself "why" you feel that these changes would improve your life. To help discover and identify



If you would like to make a comment or suggest a topic please send an email to . . .
Sharon Stewart RN, Certified Health Coach — sharonstewart@cox.net.

your inspirational and compelling "why", imagine that tomorrow morning you woke up and you lost the weight, you were exercising, you quit smoking, you apologized to Aunt Stella for the fight you had with her on the Fourth of July at the barbeque (and you haven't spoken since), and then imagine how your life would be different...for example...

- **Lose the weight:** you'll look and feel great, play with the kids/grandkids, have more energy, take up a new outdoor activity...
- **Exercise consistently:** feel fit and strong with increased vitality for daily living...
- **Stop smoking:** breathe easy, no more coughing, peace of mind that you're no longer contributing to smoking related diseases...
- **Apologize to Aunt Stella:** renew your relationship, spend time together, personal growth that comes from saying you're sorry in order to move on...

Why ask why? So that when the road gets bumpy and you doubt the direction that you've chosen (weight loss, exercise, smoking cessation, Aunt Stella), and you feel like giving up, navigate back to your "why" to keep you on course... the course that is the vision you have of your life...one filled with inspiration, promise, and optimal health in 2013!

To Your Health!

WOMEN'S GOLF

The Niguel Shores ladies-who-golf, ended 2012 in great style. If you remember the game of the day in November, the winning team was able to put the most feathers on its turkey with good golf shots. Well, in December, the winners of the game-of-the-day were the ones who had the most ornaments remaining on their Christmas tree, having had to remove an ornament with each golf no-no, i.e., 3 putts, etc. The winning team, May Gramer, Josett Umer, Liz Kelsch, Helena Keeshen and Val Mitchell had two ornaments remaining on its tree. In addition, Judy Boitano, Marlene Lynch, Gretchen Rask, Marge Foster and Sue McCallum all earned prizes for their golf skills. After golf, the golfers and all of their guests gathered for a delicious luncheon at The Fountains. Beautiful weather, fun golf and good food, just our style.

The first Fun Day of 2013 will take place on Monday, January 14. I'm a bit worried about the New Year Baby in his skimpy attire when I think about a Game of the Day in January mode?!?! The golf captains for January are Lee Sweeney (661-5924) and Irene McDonald (481-3035)... the theme is in their hands. Do call if you would like to be added to the playing group or the ones who gather for lunch after golf. First tee-off time is 9:20 a.m., which calls for a 9:00 a.m. arrival at Aliso Creek Golf Course.

To show the spirit and good karma of the Niguel Shores Women's Golf, all of the officers have agreed, and willingly agreed, to continue in their jobs for another year. In the spirit of an Ann Landers quote, *[Let] this coming year be better than all the others.*

—Ceacy Johns



Carol's Cuisine Corner

The New Year is here and I know you enjoyed some restaurants in 2012 so let's continue in 2013. It has been turkey, ham, prime rib the last few weeks so how about Mexican? Mexican is certainly an individual taste. Here are a few in our area that you may like to try again.

Carlos: 34224 Pacific Coast Hwy, Dana Point, 496-4470, Hours: Daily 7:00 a.m. to 9:00 p.m.

South of Nick's: 110 N. El Camino, San Clemente, 481-4545, Hours: Daily 11:00 a.m. to 11:00 p.m. Call for reservations.

Ambers Cantina: 31341 Niguel Rd, Laguna Niguel, 488-2858, Hours: Monday – Saturday 11:00 a.m. to 11:00 p.m.

Taco Surf: 34195 Pacific Coast Hwy, Dana Point, 661-5754, Hours: Daily 11:00 a.m. to 9:00 p.m.

El Torito: 34521 Golden Lantern, Dana Point, 496-6311, Hours: Daily 10:00 a.m. to 10:00 p.m.

Las Golondrinas: 34068 Doheny Park, Dana Point, 496-9074, Hours: Daily 7:00 am to 7:30 p.m. Also in San Clemente and San Juan Capistrano, same hours.

Ricardo's: 3202 Camino Capistrano, San Juan Capistrano, 493-4941, Hours: Tuesday-Saturday 11:00 a.m. to 9:00 p.m. Saturday and Sunday 9:00 a.m. to 9:00 p.m.

El Patio: 34226 Doheny Park, Dana Point, 496-9074, Hours: Tuesday-Saturday, Lunch 11:30 a.m. to 2:30 p.m. Dinner 4:30 to 9:00 p.m. Closed Sunday and Monday.

Avila's El Ranchito: 1306 Pacific Coast Hwy, Laguna Beach, 376-7040; Other locations: 27941 La Paz, Laguna Niguel and 204 Avenida Del Mar, San Clemente; Hours: Daily 10:00 a.m. to 10:00 p.m.

El Molino De Oro Bakery and Restaurant: 31886 Plaza Dr, San Juan Capistrano, 489-9230, Hours: Daily Bakery 5:00 a.m., Restaurant 6:00 a.m. Both close 8:30 p.m.

Agustin Mexican: 32382 Del Obispo, San Clemente, 248-3707, Hours: Daily 11:00 a.m. to 11:00 p.m. *A re-open and two new restaurants.*

And other suggestions:

Club 19th Hole: 1 Monarch, behind St Regis, 234-3685 or 234-3200, Hours: Breakfast 8:00 to 11:00 a.m. Lunch 11:00 a.m. to 3:00 p.m., Bar snack 3:00 to 5:00 p.m.

Brick's: 216 North El Camino Real, San Clemente, 429-1199, Hours: 11:30 a.m. to 10:00 p.m. Sunday, 9:00 a.m. to 9:00 p.m. New pizza place with good pizza, pastas, salads, gelato.

Angelina's Pizzeria: 32860 Pacific Coast Hwy, Dana Point, 429-1102. New local pizza place in Monarch Bay Plaza where Gelson's is located. Hours: Daily 12:30 to 9:30 p.m.

Enjoy 2013 with the many food tastes in our area that we have the opportunity to try. Bon Appetite! Carol Yocom



Dana Strand Trailer Park 1970s

visited and he, too, lived in it briefly. Elaine Harwell, a long-time Niguel Shores resident, whose parents owned a place there, recounts many happy times swimming in the pool, sunning on the beach and having dinners on the patio of the Beach Club. Janet Dohner, whose brochure mentioned above that was found among her parents' things, fondly remembers having her wedding shower in the Club House and strolling on the beach with husband, Roy, her fiancé at the time. Some famous people had places there, too—there were the Chandlers, of course, publishers of the *Los Angeles Times*, and movie star,

Bill Boyd, who played the popular Hopalong Cassidy in western movies, and the well-known Ralph Story, long-time Los Angeles television newsman. One of his old Los Angeles programs, *Things That Aren't Here Anymore*, is being replayed on television now.

Perhaps the accompanying photographs will bring back happy memories to others of the good old times at the Dana Strand Club (A New Concept in Relaxed Leisurely Living). The photos are from the Dana Strand Brochure and the Dana Point Historical Society.

—Mary Crowl



Dana Strand Pink Trailer

Travel Tidbits . . . Surprising Surinam

There are different types of travelers in the world. Some who like to do meticulous research. They scour the library and internet for every detail and picture of their destination. Their trips hold few surprises and that is the way they like it. Others delight in taking off with a minimum of information and enjoy the adventure of making discoveries on the go. And then there are those of us in between. I had the opportunity to go to Surinam or Suriname (you see it spelled both ways). What did I really know about the country? It is in the very north of South America, wedged between Guyana (where Georgetown is—remember the horrific cult suicide some years ago) and French Guiana which is the site of the European Space Agency's primary launch site. The country was settled in the 1600's by the Dutch when plantations of the New World were thriving based on the slave trade.

What did I learn? Paramaribo, the capital, is centered in the north of the country bordering on the Atlantic. Their very large airport was built by the United States in World War II. From the city you can go dolphin spotting in traditional tent boats or visit a Maroon village known

for its wood carving. Maroons are descendants of slaves who ran away from their plantations and survived in the jungle. You can check out the Amerindian pottery made by the original inhabitants of the area.

There are two major rivers that flow through the jungle to the ocean. The jungle is pretty much uninhabited except for scattered Amer-Indian villages. The population is made up of descendants of the original slaves and many people of Indonesian, Indian and Chinese descent. Their ancestors came to work the plantations when slavery was abolished.

The city is busy and crowded. But there is another Surinam. A two hour ride out of town brings you to Bergendal, an Eco and Cultural river resort. Tucked along the Surinam River, the resort offers riverfront and hillside lodges, open air dining, swimming, nature trails and an adventure center where you can kayak, zipline, hike, etc. Very civilized adventure in the jungle.

If you are tired of the resorts in Mexico, Hawaii and the Caribbean, you might want to try Surinam.



“The World is a book and those who do not travel read only one page” —St. Augustine

—Barbara Milner C.T.C., bmilner@wtbinc.com

MEET YOUR NEIGHBOR

SAM JOHNSON

On a rather chilly December evening NSCA honored one of our most recognized and respected residents, Sam Johnson. Sam was honored by being presented with the NSCA Volunteer of the Year Award. This award is given to an individual who has shown exceptional dedication and commitment to making our community the wonderful place which it is to live.

Sam was born, and spent much of his childhood, in Grosse Pointe, Michigan. He has a BA Degree in mathematics and economics from Colgate University in New York as well as an MBA from UCLA. Sam spent two years in the military before beginning his 40-year career in the aerospace industry. These years included working in finance and serving as manager of facilities engineering and maintenance for a 1200-acre manufacturing/engineering space in Orange County.

Sam and his wife Pat moved to Niguel Shores in 1999. They had surfed Doheny back in the early 1960s and were familiar with Dana Point. They lived in Costa Mesa, Newport Beach and Palo Alto. Eventually, they settled in Dana Point near Dana Hills High School. However, once the kids were gone they wanted a smaller home and Niguel Shores “fit the bill.” Sadly, Sam’s wife, Pat, passed away about five years after moving to Niguel Shores.

Sam has always been interested and involved in community service projects. While working in aerospace, he organized 5 and 10 K runs for 13 years, he helped raised \$70,000 for the Boys and Girls Club and he presently runs the “Helping Hands Ministry” at his Church in Laguna Niguel. It didn’t take Sam long to become involved here in the Shores. When he first arrived in 1999, he was recruited for the Finance Committee. He ran for the Board in 2003 and served as Chief Financial Officer. After completing that two-year term, Sam continued to serve our community by chairing the Maintenance Committee for several years and was very involved with the completion of our new administrative offices and our Niguel Shores ClubHouse. Then, after a five-year hiatus from the board, Sam was once again approached and asked if he would consider serving another two-year term. After a rather competitive election, Sam was elected to serve our community a second time. Even after serving four years on the Niguel Shores Board of Directors, Sam has continued to stay involved in many aspects of our community. He recently served as chair of the Master Landscape Committee, he is currently back on the Maintenance Committee, and he participates with the collation and delivering of our *Seashore News*.



Congratulations Sam Johnson, NSCA Volunteer of the Year 2012!!

In 2006 Sam says “Somebody up there” must have been looking out for him, because he met another Niguel Shores resident, Shirley Smith, at a church dance and, as he says, the rest is history. Sam and Shirley love to travel and in 2013 they are considering an autumn cruise in New England and a French Wine County tour on a river boat. Not bad for a young man who grew up in Michigan!

Sam loves living here in Niguel Shores, he has made many good friends and, as we all agree, “The amenities are amazing.” When I asked how he felt about being recognized by his community he replied, “Uncomfortable. I get involved in projects because I see a need and am happy to share my talents. I am a rather bashful guy and shy away from the limelight.” As you have read, Sam’s commitment to our community is extensive and impressive to say the least. I know you will all join me in thanking Sam for his dedicated service to our community and **congratulate** him on receiving the Volunteer of the Year Award for Niguel Shores Community.

—Patti Staudenbaur

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A Note of Thanks

You don't have to be a fat man in a red suit to bring joy to people.

Members of the Shores Garden Club delivered the most insightfully chosen gift bags to those of us who "don't get around much any more".

Also, generous residents of Monarch Beach did the same wonderful thing.

We recipients are so delighted and grateful! A big "Thank You" to all those generous, big hearted givers!

*Dorothy M. Davis
A 97 year old resident of the Shores.*

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