

# Seashore News



October 2012

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Issue 467

## DANA POINT – WE HAVE ELECTIONS HERE, TOO.

If you can momentarily avoid the acres of print and hours of airtime given to the national elections, read below about the local ones that also affect our daily lives. Niguel Shores provides a significant number of voters in Dana Point and its residents should be knowledgeable about local candidates for the various governing entities in order to cast an informed vote. Here is a brief discussion of city and water board affairs and those who are volunteering to handle those jobs.

City issues: Mayor Lara Anderson says that the ground work for the Town Center plan has been completed and ready for implementation once the economy recovers. The Doheny Village revitalization project is in progress and city approval has been given for the Harbor Revitalization Project (drawings are available on the website: *dph-plan.com*), both of which require funding arrangements and, once again are somewhat dependent upon economic recovery. The city of Dana Point works with our hotels to encourage tourism through the city's Tourism Business Improvement District and continues to support arts and culture in the community. These are some of the concerns to be dealt with by the aspiring council members we are asked to vote for (listed below in alphabetical order).

**City Council Election:** There are four candidates running to fill two



Norm Denton



Carlos Olvera



Scott Schoeffel



Ed Stevenson

### Candidates Night

Wednesday, October 10 – 6:30 p.m.  
ClubHouse

Four City Council candidates will be present. Hear their views, ask questions, be informed. See accompanying article

vacancies on the City Council. (Mayor Lara Anderson is termed out to vacate a seat and Schoeffel is running again for his seat.) Below is a brief bit of information about each of them (see their websites and read the local paper for additional information):

**Norm Denton:** An 18 year resident of Dana Point, Mr. Denton is

currently Chairman of the Planning Commission on which he has served since 1997. In this capacity he has been involved in land use issues, the Dana Point General Plan and protection of our historic buildings. Mr. Denton was an owner/partner of start-up businesses and has experience as a VP of a public corporation. He states that his "business experience, commitment, common sense and ideas" will serve him well on the City Council as he is up-to-speed on the issues and ready to get to work. He is endorsed by City Council members and his fellow planning commissioners. See his website at [normdenton.com](http://normdenton.com).

**Carlos Olvera:** A 29 year resident of Dana Point, Planning Commission member from 1989-95, served as foreman of the Orange county Grand Jury in 2002-03, was president of the Dana Point Historical Society from 2006-12 and has been involved in many community activities. Mr. Olvera was in the Navy and the Reserves, he is a graduate of Brigham Young University and is currently a research consultant and lecturer in genealogy and family research. During his professional career as an engineer he was involved in the construction of nuclear and geothermal power plants with Westinghouse and Southern California Edison. He believes residents should come first and foremost when it comes

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# BOARD ACTION SUMMARY

## SEPTEMBER 4, 2012 BOARD MEETING (General Session)

### ACCEPTED AND FILED:

- Financial reports
- General Session Committee Minutes

### APPROVED:

- General Session Meeting Minutes of August 21, 2012
- Painting/stripping of step edges on STII stairway
- Mailing of proposed rules changes for membership review
  - Proposed street repair work

### DISAPPROVED:

- Request for reimbursement for tow charges

### HEARINGS/MEETINGS/PRESENTATIONS:

- Appeal of disapproved architectural modification

### REVIEWED/DISCUSSED:

- Concept for Mariner Gate House
  - Nauticus slope project
  - Manager's report

### TABLED:

- Approval of Litigation Disclosure Statement
- Review of Salvador Bay paving project
- Review of speed bump installation for Selva Gate and Periwinkle Drive
- Review of Nauticus Isle retaining walls
- Review of member complaint regarding Emeritus program

## SEPTEMBER 18, 2012 BOARD MEETING: (General Session)

### ACCEPTED AND FILED:

- General Session Committee Minutes

### APPROVED:

- General Session Meeting Minutes of September 4, 2012
- Request for reimbursement for tire damage
- Referral of gate house design review to ad hoc committee
- Proposal to remove tree
- Proposal to paint Selva Gate

### DISAPPROVED: none

### HEARINGS / MEETINGS / PRESENTATIONS: none

### REVIEWED/DISCUSSED:

- Request for table in Villas greenbelt

### TABLED:

- Three (3) landscape proposals
- Proposal to increase boundary wall along Salvador Bay
- Manager's Report

## SEPTEMBER 4, 2012 BOARD MEETING (Executive Session)

### ACCEPTED AND FILED:

- Financial reports
- Executive Session Committee Minutes

### APPROVED:

- Executive Session Meeting Minutes of August 21, 2012
- Request for ADR
- Refer one account to legal counsel for collection of delinquent assessments

### DISAPPROVED: none

### HEARINGS/MEETINGS:

- Violation of Rule 4112
- Violation of CC&R Article IX, Sections 14, 16-18

### REVIEWED/DISCUSSED:

- Legal status report
- Manager's report

### TABLED: none

## SEPTEMBER 18, 2012 BOARD MEETING: (Executive Session)

### ACCEPTED AND FILED:

- Executive Session Committee Minutes

### APPROVED:

- Executive Session Meeting Minutes of September 4, 2012

### DISAPPROVED: none

### HEARINGS/MEETINGS:

- Hearing for violation of Rule 4121

### REVIEWED/DISCUSSED: none

### TABLED:

- Legal Report
- Manager's Report
- Homeowner correspondence

**NOTE:** The NSCA Board of Directors meets the 1st and 3rd Tuesday of each month unless otherwise posted. The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session Agenda for the next Board Meeting will also be posted at noon on the Thursday prior to the next meeting.

**REMINDERS:** OPEN FORUMS ARE HELD AT THE BEGINNING OF EACH GENERAL SESSION MEETING (6:00 P.M.)  
THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON TUESDAY, OCTOBER 2, 2012.

**Proposed Rule Changes:** In September, at the direction of the Board of Directors, staff prepared and mailed proposed rule changes to all homeowners. As required by Civil Code, this information was mailed to provide detailed written notice of the proposed rule change to all members to allow for a 30 day comment period. As part of the approval process, a public forum has been scheduled for 6:00 p.m. on Tuesday, October 2, so members can ask questions, state their concerns and/or support for the changes. In addition, comments can be mailed to the Board of Directors at the NSCA Management office, emailed to [kdecker@niguelshores.org](mailto:kdecker@niguelshores.org) or faxed to 949-831-0116. If you have not received this important information, please notify the NSCA office. Please note that all comments concerning these rule changes must be submitted no later than October 13 to be considered before final approval. The Board will vote on the rule changes at the October 16 Board meeting.

**Street Work Completed:** I'm so happy to report that the seal coat project will be completed the first day of October, so we did meet our goal to complete the work before the rainy season. Thank you for your cooperation during this process. The Board and Management are aware of the inconvenience that this caused many of you and your guests, but it is important for the Association to maintain the streets. We had a number of residents that drove through the wet seal coat, but in each case the contractor was able to make the needed repairs in a timely manner. The contract came in on time and on budget, plus the streets look great and we are good to go.

**Renovation of the Nauticus Slope:** I wish my projections for the renovation of the Nauticus Slope had been as accurate as the street project. We have learned a lot during this process, one of which is that the City has adopted more stringent guidelines for slope renovations and now require permits for landscape and irrigation renovations. We had to learn the hard way on this project, but now know what is required for the future. As we begin October, Harvest will have the jute installed and will be applying mulch to the slope as we wait for the final approval for the landscape and irrigation plans from the City. Once we have the permits, the planting will begin and should be completed within four weeks. The contractor has been selected to build the retaining walls at the top of the slope (behind five residences on Nauticus Isle). We are in the contract stages and will move forward as quickly as possible. Due to the building of the retaining walls, a section of the Nauticus Slope

cannot be planted until the construction is complete. The majority of the slope should be planted in October with the completion of the final section projected for mid-November.

**Landscape Update:** Fall is here and now is the time to scalp the warm season turf and over seed with a cool season turf blend. October is a key transitional month in the turf lifecycle. It is the month when the warm season grasses begin to go dormant, which causes lawns to look dead and brown. Of course the lawns are not dead, but in order to keep the lawns looking lush and green, the warm season turf needs to be scalped and new cool season turf seed blend needs to be applied.

Although the final results of this process look great, the process itself is somewhat long (approximately 3-4 weeks) and not aesthetically pleasing. The process we adhere to is as follows:

- The irrigation will be shut off in all turf areas to allow them to dry out.
- All turf will be cut at the lowest motor setting possible. (This will leave exposed dirt and is unattractive)
- The lawns will then be over seeded with a perennial rye blend and topped with steer manure.
- In approximately one month the seed will begin to germinate and there will be beautiful new grass.
- During this one-month germination period the water will be on several times a day in small increments each time.

Tree trimming will continue through October. Originally, Harvest posted the types of trees to be trimmed each year, but due to view issues in the community, it is not possible to follow this schedule and trim by species only. If trees are in a view corridor they will be trimmed. If you are interested in additional information please check the Niguel Shores website. [www.niguelshores.org](http://www.niguelshores.org)

**Upcoming Community Events:** The Recreation Committee has been working hard to put together several community events for October, including the community Garage Sale and the Halloween Event. Check the calendar dates and times. Hope to see you there!

— *Deborah Baker*

# COMMITTEE REPORTS

## LANDSCAPE

Have you noticed the beautiful shape our trees have taken on in Niguel Shores? Harvest is continuing the trimming of the more than 1500 trees.

As usual, the rabbits have the munchies, so Harvest has been adding alyssum to most of the flower beds to deter them. Alyssum's taste and smell is unpleasant to rabbits and may prevent them from getting to other flowers.

Harvest's irrigation technicians continue to check for breaks, for coverage and making sure each valve is working properly. Harvest has also been identifying the mixed use valves. These are valves that water both turf and planter areas. After each mixed valve is identified, a decision is made as to what type of valve will best suit that area. Additionally, the controllers are being re-wired so that one station follows another. Sequencing these controllers throughout the system is a water and maintenance saving goal. Don't forget to optimize your own water savings. Fall is around the corner so you may want to adjust your sprinkling system.

If one should have any questions or concerns regarding landscape, please feel free to fill out a Homeowner Request Form. This is an efficient and organized way of solving problems rather than a resident questioning the Harvest personnel. All landscape requests are addressed at our monthly meetings.

Please enjoy our landscape and be patient as Harvest continues with the necessary improvements and maintenance.

— Sue Forrest

## MAINTENANCE

Fall is here. The many clubs and various interest groups are beginning a new season. Maintenance will be busy and challenged in setting up and preparing the ClubHouse to meet the needs of these organizations. In a week's time Maintenance will setup and break down the club room eight to twelve times with cleaning and vacuuming after each event.

This week we began Saturday with a setup for the Sunday night Potluck. Monday morning the Potluck tables are removed and the carpet vacuumed to be ready for the 8:30 a.m. Exercise Class. When the Exercise Class leaves at 9:30 a.m., we setup for the noon Garden Club meeting. Later we break down the Garden Club tables and set up for the 2:30 p.m. Emeritus Class.

Early Tuesday the Emeritus Class chairs are removed and tables are set up for the Men's Club meeting to be followed by another break down and setup for the 2:00 p.m. Emeritus Class. Wednesday we remove the Emeritus Class chairs, vacuum and set up for the 8:30 a.m. Fitness Class

followed by the 11:00 a.m. setup for the Bridge players.

Nothing is scheduled for the ClubHouse on Thursday so we cleanup for the Friday Fitness Class to be followed by a set up for a Saturday night private party.

All this requires coordination and scheduling of manpower. Speaking of scheduling, let's give a shout out to the office and maintenance staff for their planning and resident notification of street closing during the recent street maintenance. This involved e-mails, direct mail and hand delivered notices, street signs and pylons. It was a good job of minimizing the disruption of this street maintenance.

— Jack Christiansen

## POTLUCK

Join us on Sunday October 21 at 6:00 p.m. for social time to be followed by dinner at 6:30. You have time to socialize with old friends and enjoy meeting new friends. Please bring your own table service, beverage, \$1 to cover incidental expenses and a main dish, salad or desert.

If you have previously attended, you will receive an Email invitation. Please respond whether or not you will attend and say whether you will be bringing a main dish, salad or desert. If you have never been before we would love to have you join us. Please call Ann Christiansen 248-1962, Irene McDonald 481-3035, or Gretchen Rask 489-2259.

Looking forward to seeing you on October 21.

— Irene McDonald



## RECREATION

We have a busy fun month for you... Mark your calendar with all these dates:

**October 6 – Garage Sale:** 9:00 a.m. to 1:00 p.m. Get a map in the office on Friday. Go see and buy those items from your neighbors you always wanted. Now is the time to clean those closets, garage and that “stuff” you do not use but know others would like.

**October 21 – Potluck:** See notice above. Come enjoy the good food and conversation with your neighbors.

**October 25 – Cooking Class:** 11:30 a.m. to 1:30 p.m. Kookie and Sally want to give you some good and different casseroles to take to the holiday parties and the football parties. Come enjoy the tasting as well as getting the recipes. Sign up in the office for \$40.

# COMMITTEE REPORTS

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**October 28 – Halloween Celebration:** 4:00 to 7:00 p.m. See flyer in this issue. This is for you to come and see the children having a parade, enjoying the games and to see the cute costumes (on the cute kids). How about you having fun too and come in a costume.

**November 10 – Holiday Boutique:** 1:00 to 4:00 p.m. See flyer in this issue. A place to buy those Christmas gifts plus treat yourself to one of the gems.

Remember to look in November *Seashore News* for Tree Lighting and New Year's Eve information.

— Carol Yocom

## TRAFFIC & SAFETY

**Crime & Gossip:** Following a recent Men's Club meeting, where he was a guest speaker, I spoke to Sergeant Jim Greenwood from the Dana Point Police Department about some of the many reports from residents about the rash of thefts from garages and cars. The Sergeant carefully perused his crime statistics and could only find a few reports for the entire year for Niguel Shores. These few reports did not reflect a crime problem or pattern at all. Many of us have heard the gossip and I certainly believe our neighbors are being forthright when they tell each other about the frequency of theft related crime on their blocks. Some of these same people even have strong suspicions as to who is responsible for these crimes. However, it is apparent these incidents and suspects are not being reported to the police department. Simply put, as good neighbors, should we fall victim to a thief, no matter how small the loss, please report it to the police. Normally unless it is a break-in the report will be taken telephonically. This unselfish effort will help ensure that our community's problems receive an appropriate amount of police attention. It will also enable the investigating deputies to identify patterns and take both preventive and enforcement action.

**Gates & GPS:** Each of the entrances to our community is unique in itself. However, the Selva and Cabrillo Gates present special challenges to delivery people, guests and those that may be impatient. It seems that on a very regular basis someone attempts to hurry into the community by immediately following a vehicle in front of them with a bar code that has activated the gate and arm. I have been told that at least one car successfully made it, but a significant portion don't without colliding with the descending arm or having their tires punctured by the ascending spikes. Generally all guests and service people should enter at the Mariner Gate. Those of us using the Selva and Cabrillo Gates have to be

patient as these gates were engineered to allow only one vehicle in per cycle. In other words, the arm has to come down and go back up each time. It is hard to believe the number of punctured tires reported each month! Please caution guests and delivery people to not believe their GPS and like systems and go through the Mariner Gate. These systems often direct folks to our Stonehill, Selva and Cabrillo Gates. Imagine how frustrated and annoyed a special visitor might become at the Stonehill Gate.

**Overnight Parking:** We have recently had some folks express concerns about specific overnight parking violations. Our routine parking enforcement during these off hours is accomplished by focusing on a specific area and then rotating each day to another. Should you have a specific parking concern that requires time based action, please address your complaint to the office. Security people assigned to parking enforcement will then be able to investigate the matter.

For thousands of years the Celtic peoples of old celebrated Samhain which signified both the shorter hours of daylight, the death of the old year and birth of the new one. This old pagan holiday has subsequently evolved into what we now celebrate as Halloween and one of the more exciting days of the year for many children. There is probably no other time that children are apt to throw caution to the wind and dart into the street. So please utilize extra caution if driving on this date. God Bless.

— Tim Murphy

## WEBSITE

[www.niguelshores.org](http://www.niguelshores.org)

We always appreciate your comments and suggestions and would like to say thanks again to Brian Kelley. He suggested that we make it easier to find the DwellingLive gate login on the webpage. We have now added a tab at the top of the homepage. The login still appears at the bottom of the homepage, but we hope this good suggestion makes the gate login more visible and easier to locate.

We would also like to say thanks to Bruce Davis for taking the time to send the terrific pictures of the September 2 Beach Bluff BBQ. If you have any pictures of NSCA activities, committees, club events or some of our beautiful scenery, please send those to Matt Northrop ([mnorthrop@niguelshores.org](mailto:mnorthrop@niguelshores.org)) and we will add them to our website gallery. If you can list the names of the people in the photos that is always helpful and much appreciated. As always, we welcome your suggestions and contributions to the website ([niguelshores.org](http://niguelshores.org)).

—Matt Northrop, Patti Staudenbaur and Ellen Dovey

# CLUBS

## GARDEN CLUB

Well, the Garden Club has come back to life after the summer hiatus. The long-awaited warm weather finally arrived with a vengeance! Make sure your potted plants don't dry out!

The first meeting of the season, on September 17, was well attended by members who heard Ms. Launa Gould, Director of the Orange County Garden Clubs District. Ms. Gould provided an overview of the County, State and National Garden Clubs organizations. (The Niguel Shores Garden Club is a member of the Orange County District, and our President and several members are active participants.)

Ms. Gould also demonstrated the techniques of creating a wreath made from succulent plants. A farmer's market was held, selling fresh produce out of our members' yards. Also, the club

welcomed new members. The club's annual yearbook was distributed. If members were unable to attend the meeting, they can contact a club officer to obtain one.

The October meeting will hear a presentation by Ms. Kris Ethington, member of the San Clemente Garden Club and Youth Activity Coordinator of the California Garden Clubs organization. She was named Youth Leader of the year for 2011 for her work with junior gardeners. Ms. Ethington is a local expert on butterflies, and explained what gardeners can do to attract butterflies to their yards by providing attractive environments and habitats.

### Gardener's Glossary:

**Hardening off:** The process of gradually acclimating plants to outdoor conditions by withholding water and lowering the temperature before transplanting outdoors.

**Node:** the region of a plant stem which normally produces leaves and buds

**Perennials:** Plants which normally live more than two years (except in your own garden)

**PH:** The chemical symbol used to give the relative acidity or alkalinity of soil

**Pinching:** Removing terminal buds or growth to stimulate branching

**Egghead Humor:** "I think," said the sweet potato, "therefore, I yam."

Gardener's quotation of the month:

Flowers always make people better, happier, and more helpful; they are sunshine, food and medicine for the soul.  
— Luther Burbank

— *Morry Meadow*

## MEN'S CLUB

The Niguel Shores Men's Club meets every first and third Tuesday of the month at 8:00 a.m. for a breakfast



meeting and good fellowship. We also have speakers with topics of interest to our members.

On August 21, we had representatives from the Orange County Park Rangers who are responsible for some of the Dana Point beaches as well as the harbor. The Rangers gave us some of their experiences patrolling their assigned areas.

On September 4, our speaker was Bob Lasken, Director of Instruction at Arroyo Trabucco Golf Club. Bob related some of his humorous experiences as both golfer and instructor. Bob also gave the membership some good golf tips.

The Men's Club welcomes new members and invites anyone interested to join us for breakfast and meet some of your neighbors.

— *Al Thome*

## WOMENS CLUB

The October Womens Club luncheon will be on the 11th in the ClubHouse at 12:00 noon. You will receive your e-mail invitation on October 4 and you are asked to please reply by 5:00 p.m. on Sunday, October 7. Those attending will be informed by e-mail whether or not they should bring a salad.

The speaker will be announced at the luncheon.

— *Mary Crowl*

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# ACTIVITIES

## BRIDGE NEWS

We would like to invite you to play bridge with us in the Niguel Shores ClubHouse. We meet on Wednesday at 11:00 a.m. and play until about 2:00 or 2:30 p.m. You may bring a snack to have at noon and the cost to play is just \$1. We have welcomed Francesca back from England; she usually gets to the ClubHouse early to help set up the play. Everyone participates in some way, Pouri brings the coffee, Kay supplies the provisions we need—cards and pads—and then puts everything away when we are done playing. We are pleased to welcome a few new players who are visiting from the desert. Please feel free to join us for a very pleasant afternoon of bridge. Call Helen for more information 496-4230.

### Our latest winners are:

- |              |  |
|--------------|--|
| August 29    | Helen Campbell, Dorothy Horany and Trudy Buck      |
| September 5  | Bobbe Kahn, Helen Campbell and Pouri Fowzi         |
| September 12 | Helen Campbell, Frieda Baskin and Margaret Brugger |

—Helen Campbell

## THE OREO BOOK CLUB

The Really Serious Oreo Cookie Book Club met September 15 at the home of John Hall, twelve members strong and discussed *End This Depression Now!* by Paul Krugman. Opinions on Krugman's economic propositions were divided between those who felt he was shallow and a sham and those who felt he is a great economist and right on target. We seemed to have a lot of economists in the group who didn't hesitate to have an opinion. There was general agreement that Paul Ryan's (Republican VP nominee) choice of Ayn Rand as his economic heroine of choice was flawed. Some disputed that economics was a science at all, but all conceded that it was a "dismal science." And, in that frame of mind, we concluded the meeting.

Next up on October 17 at the home of Norton Schwartz we will, again civilly, discuss the book *Behind the Beautiful Forevers* by Katherine Boo.

—Norton Schwartz

## PAGE TURNERS

Page Turners' Book Club will meet this month to discuss *In the Garden of the Beasts*, by Erik Larson. The novel tells the story of the American ambassador to Germany

and his family, living in Germany during Hitler's rise. The information comes from diaries, letters and other documents. It is an interesting perspective on Hitler and how he came into power.

The Monday morning group will meet on October 22, at 10:00 in the home of Lyn Long, 23781 Timor Bay. The Monday afternoon group will also meet at Lyn's, who will lead the discussion for both groups. The Thursday afternoon group will meet at the ClubHouse at 1:00 on October 25. For more information about Page Turners you can contact: Gretchen Rask: grask707@gmail.com, 489-2259—Monday morning, Diane Hearne: Phearne4@cox.net, 661-6267—Monday afternoon, Lisa Buchner: lisabuchner@cox.net, 496-9546—Thursday afternoon.

—Lisa Buchner

## SOCIETY FOR CIVIL DISCOURSE

Friday, September 7, The Society for Civil Discourse met for a discussion led by Warren Siegel on the use of the Commerce Clause in the Constitution and a variety of Supreme Court Decisions that have, at times, narrowed and, at other times, expanded the interpretation of the clause. When it has been narrowed, the States have had more opportunity to experiment and reflect their individual concerns. When it has widened, national minimum standards and nation-wide uniformity on laws and civil practices has been achieved. The group discussed the historical antecedents of the provision and their own views on what they hoped the future held in these areas.

The September 21 meeting was for a discussion led by Joe Ross on assessing the value of the United Nations to the United States. We decided that America should keep its membership in spite of the bile and imbecilic opinions mouthed by speakers like Chavez and by the President of Iran. While the UN posed no threat to our sovereignty, the peace keeping function was sometimes marred by veto in the Security Council. It was generally agreed that the UN humanitarian activities were worthwhile and in our country's interest, as were some of the military pacifications and dispute resolutions. Overall, our evaluation was positive and we decided that the United Nations' politics and activities were on the right track.

Next meeting will be on October 5 at 10:00 at the Dana Point Library and our subject will be: What were the causes of the war between Japan and the United States and what lessons and implications does this have for our future relations with China?

—Norton Schwartz

## WOMEN'S GOLF

Since Columbus Day falls on our regularly scheduled play day, we will be playing golf on the third Monday of the month on October 15. If you were not at the meeting in September to sign up for golf, please call either Ceacy Johns (493-8355) or Brenda Tuckley (249-6912). They will be in charge of making up the foursomes and deciding what 'devil-ish' game-of-the-day will be played...Halloween is 'lurking' around the corner...ghosts and goblins may affect your golf. A promise...it will all be in fun.

The golfers having the most fun in September were Val Mitchel and Marge Foster. They won prizes for their golf skills. Teri Matrisch and Liz Kelsch won flower power prizes, but they will have to tell you about that. Marlene Lynch is the president of the group. She will be glad to tell you about how to become a member of our merry band of golfers... (493-6494). Pick up the phone.

Dolores Smith-Young joined our Niguel Shores Womens Golf group this summer. She was invited as a guest to a Fun Day and immediately said, 'This is fun, you gals are fun, count me in'. She passed away suddenly last month. I know she enjoyed playing with us. —Carpe Diem—

—Ceacy Johns

ELECTIONS continued from page 1

to governmental decisions. See [carlosforcouncil.com](http://carlosforcouncil.com).

**Scott Schoeffel:** Mr. Schoeffel is an incumbent and is running to retain his seat on the city Council. A Pasadena native, Mr. Schoeffel graduated from U.C. Santa Barbara and went on to receive a J.D. from U.C. Berkeley School of Law. After graduation he moved to Laguna Beach to begin private law practice in Newport Beach where he specialized in real estate, land use and environmental law. Subsequently in Jones Day, an international law firm, he worked with government agencies and had an opportunity to "see both sides of the fence." In the 1990s, as a result of the slow real estate economy, Mr. Schoeffel changed his practice to specialize in health care law and is currently general counsel to a publicly traded hospital system in Orange County. As a 27-year resident of Dana Point, he was appointed to the Planning Commission in Dana Point in 1997 and served until 2008 when he was elected to the City Council. See [scottsschoeffel.com](http://scottsschoeffel.com) for Mr. Schoeffel's achievements while serving on the Council and his promises for the future.

**Ed Stevenson:** Mr. Stevenson has lived in Dana Point since 1998 and is V.P. of his Homeowners Association in Regatta Homes. He has a degree in Public Administration from USC and an M.P.A. from Long Island University. He has a

*In Memoriam*

*Frank Turner*

*September 2012*

*Original Owner Capstan Drive*

*Sculptor of the Dolphins  
at the Community Center*

*Men's Club Member*



*We bid a sad farewell to the familiar figure of Frank Turner, resident sculpture and constructive critic of our aesthetic environment. Frank had a passion for good design, for the beauty of his surroundings and a great care for our community. We could wish that we had many more like him and we thank him profoundly for his contribution to our lives and our community*

*In Memoriam*

*Marilyn Willsie*

*September 2012*

*23901 Coral Bay*

*In Memoriam*

*Bonnie Ann Cross*

*September 2012*

*33591 Windjammer Drive*

*In Memoriam*

*Millicent Banducci*

*(Mrs. Barry)*

*September 2012*

*33661 Magellan Isle*



long and diverse work history in management from both the public and private sectors. He has worked for many years in electronics firms in Irvine, most recently Jaco Electronics and is currently Sales Manager at the Walker Component Group, a distributor of electronic components. Mr. Stevenson has won awards for his companies by upgrading quality and efficiency, by increased sales, exceeding company objectives and generally improving business operations. He states that grass roots politicians and small business entrepreneurs have always been driven by servicing the needs of the community and, in his lifetime, he has worn both hats. He aspires to preserve our city's beauty and the opportunity for all residents to live in a safe, financially secure and robust environment. See [moveahead-withedstevenson.com](http://moveahead-withedstevenson.com).

**South Coast Water District Board:** Another important choice for us and our vote is the all-important board of the South Coast Water District. This board has oversight over the district, sets rates, establishes policies, approves maintenance and construction of infrastructure repairs and replacement. It is, in a cooperative effort with other districts, testing a desalination plant to be built on District property in Dana Point. The goal of that project is to provide 30 percent of our water by this method. See the [scwd.org](http://scwd.org) website for information on this and other projects. Another major issue facing the Board is the \$50 plus million update of a two-mile sewer tunnel in the district. All of the candidates stress the need for conservation—that's our job, too. The five-member board will have three vacancies. The terms of the two incumbents not running, Bob Moore and Richard Runge, will expire in 2014. Another long-term incumbent and Board VP, Ingrid McGuire, is not running. The current candidates for the Board in alphabetical order are as follows:

**Joel Bishop:** Former Water Board member and three-time chair, former City Council member and mayor. A graduate of UCLA, he is a businessman in IT and former government employee. See [joelbishop.com](http://joelbishop.com) for his bio and experience.

**Richard Dietmeier:** Former Water Board president and a member from 2000-04 and 2006-10, is running again. He is a retired Marine Officer and long-time resident of Dana Point experienced in desalination issues and water quality.

**Rick Erkeneff:** A 40-year resident of Dana Point, graduate of Cal. State Long Beach, local businessman and, for the past ten years, Chairman of the local Surfrider Foundation which promotes responsible water management. See [rickerkeneff.com](http://rickerkeneff.com).

**Richard Gardner:** Incumbent—14 year member of local water boards, long-term resident of Capistrano Beach. Gardner is a retired control systems engineer, a UCSB graduate in math. Stresses cost control and fair pricing, does not see the need for a desalination plant now.

**Gary Langdale:** A former finance manager for the Water District, he is a resident of San Clemente and was formerly in real estate development. He is well versed in the operation of the district and is running for the first time.

**Wayne Rayfield:** Current president of the Board, he was elected in 2008. Former Dana Point City Councilman and mayor. Retired 23-year World Bank IT director and former U. of Wisconsin faculty member. Long-standing water quality advocate and 16 year resident of Monarch Bay. He is also Chairman of the Board of the Ocean Institute.

**Municipal Water District of Orange County (MWDOC):** This District is the wholesale water supplier to 28 Orange County water districts including ours. There is a resource planning agency whose efforts include water supply, use, education, emergency preparedness and legislative advocacy. Water is purchased from northern California and the Colorado River through the Metropolitan District. The Board has seven members with each representing specific areas of the county. Ours is District 7 and our member for several years has been a long-time resident of Dana Point, a former local Water Board member and activist in Dana Point's incorporation, **Susan Hinman**. She is running again and has one opponent but, at the time of publication, I have not been able to gather any information about that person. Please check your local papers for information on these candidates.

Read the local papers, check out the websites, attend the forums, choose the best candidates, and VOTE!

—Mary Crowl

## WORLD RECORD TUNA

*Congratulations* to Carol Yocom's son, Guy (a Dana Point resident), who caught in September the



Guy Yocom in cap with his rod and reel and catch

biggest ever yellowfin tuna off Cabo San Lucas—its weight has been verified at 427.5 pounds which dramatically beats the current record of 405.2 pounds. The fish was 88.5 inches long and 64 around—lots of tuna fish sandwiches for Guy with that one!

## WELLNESS – What, Me Worry?

**E**asy Stuff You Can Do To Stay Healthy! Trying to stay healthy? Getting healthy is one thing...people lose weight and start exercising to mention just a couple of ways to get healthy...but staying healthy is where the rubber hits the road. You achieve your goal and then what? You know what to do...cut back on salt, sugar, and saturated fat, eat more fruits and vegetables, choose whole grains, keep up the exercise...but every day we're confronted with a myriad of options that can sustain our achievements...or send us down the highway to, well...you know where...when it comes to staying healthy. So, here are a few ideas for you to consider as you shop for food, cook at home, or relax in a restaurant.

**So, you're at the grocery store...** too tired to wash and cut up your broccoli? Buy a bag of frozen, or precut fresh broccoli... open bag, dump in steamer! Voila! Eat a lot of red meat? We know it's not good for us...higher risk for colorectal cancer. Then, how about a veggie burger, chicken or fish? Speaking of meat, avoid processed meats with nitrites...colorectal cancer again. However, if you love deli meats, shop for nitrite free brands which are also

lower in sodium. Next, buy some spinach to really kick up your nutritional intake... it has plenty of vitamins, minerals, fiber, even some protein. Make a salad, put it in a sandwich, throw it in the stir fry at the very end with frozen broccoli.



**If you would like to make a comment or suggest a topic please send an email to . . .**

*Sharon Stewart RN, Certified Health Coach — [sharonstewart@cox.net](mailto:sharonstewart@cox.net).*

**So, now you're home...** what's there to eat? First, drink some water before you pull a chair up to the table...you'll eat less and you won't be drinking calories. How about beans as a side dish instead of potatoes, rice or pasta... plenty of protein, fiber, and no saturated fat and those beans can lower your blood pressure, cholesterol, and triglycerides! Take a look at your plate, what do you see? Is half of your plate covered with veggies and some fruit? If not, start today to get the nutrients your body is craving. Also, don't "eyeball" serving sizes...with cereals, frozen lasagna, etc. read the nutritional panel and eat only one serving! How about plain nonfat yogurt with fresh fruit for dessert instead of cookies and ice cream?

**So you want to relax at a restaurant...** order a salad as an appetizer, get a "to go" box and take half home...and skip the bread or chips. At lunch, have a salad instead of a sandwich that has protein in it like tofu, chicken, nuts, etc. Ditch the fries and go for extra veggies, ask for no cheese please...and keep that salad dressing on the side so you can drizzle it on yourself.

So, whether you're **at the store, at home, or at a restaurant** you can take these simple "tools", put them in your "arsenal" and use them on a daily basis. It's just easy stuff... you can do to stay healthy! Oh, and check out this link to a great publication called *Nutrition Action Health Newsletter* [www.cspinet.org/](http://www.cspinet.org/) I think you'll like it.

## Travel Tidbits . . .

A few tidbits from the tabloids (more interesting than sensational):

- The Eiffel Tower has been named the "most valuable landmark in Europe". Beginning in Jan. 2013 it will be covered in plants as part of an effort to highlight sustainable energy efforts.
- What city in the world would you guess has the most expensive hotel rooms? If you guessed Moscow you are correct. In a survey of average room rates in 50 major cities, Moscow came out on top for the eighth year. Rooms in Moscow average \$387. Lagos, Nigeria came in second at \$325, followed by Geneva \$324, Zurich \$316 and Rio de Janeiro \$307.
- Despite the sensational Costa Cruise Line accident, cruising is still rated as very safe. Cruise sales are up in 2012 versus 2011. The most popular destination is the Caribbean followed by Alaska.

- Promotors are trying to secure funds to build "America World City," a cruise ship with three hotel towers and a marina built into the hull—400 passenger day cruisers would shuttle passengers to destinations within a 50 mile radius. The ship would have 2,800 guest rooms, 17 restaurants, a 2,000 seat theater, art gallery, medical complex, 30 shops and more.
- Spaceport America. Located outside of Truth or Consequences, New Mexico, tours are now available for \$59. Before the end of 2012, Virgin Galactic plans to offer the world's first private space-flight service. Tickets for a suborbital trip costs \$200,000. So, before investing in a flight you might consider a trip to New Mexico to check out the facilities. Reservations for this thrill of a lifetime are available thru travel agents who belong to Virtuoso.



*"The World is a book and those who do not travel read only one page" —St. Augustine  
—Barbara Milner C.T.C., [bmilner@wtbinc.com](mailto:bmilner@wtbinc.com)*



# Carol's Cuisine Corner

*October means football has started, so stay home and enjoy watching with pizza and your favorite drinks or, go out to enjoy the game at one of these sports bars:*

**Hennessey's:** 34091 La Plaza, Dana Point, 488 0121. Hours 7:00 a.m. to 12:30 p.m. There are many screens with the drinks you like and foods to go with the drinks.

**Still Water:** 24702 Del Prado, Dana Point, 661 6003. Hours 3:00 p.m. to 10:00 p.m. Big new bar area with lots of foods to have while watching the games and any kind of drink.

**The Point:** 34085 Pacific Coast Highway, Dana Point, 464 5700. Hours 11:30 a.m. to 11:00 p.m. Many bars with nice booths to see the games. Food for all ages.

**Buffalo Wild Wings:** 27741 Crown Valley, Mission Viejo, 582 2660. Hours 10:30 a.m. to 1:00 a.m. Seven or more screens to watch the games as you have the buffalo wild wings.

**House of Big Fish and Cold Beer:** 540 South Coast Highway, Laguna Beach, 715 4500. Hours 11:30 a.m. to 11:00 p.m. Enjoy the games with many TVs and very good, all kinds of fish.

## **Pizzas to have at home as you watch the games:**

**Beach Cities Pizza:** 34155 Pacific Coast Highway, Dana Point, 496 0606. Hours 11:00 a.m. to 9:00 p.m. They also deliver. Their house special and antipasti is very good.

**Sonny's Pizza and Pasta:** 429 El Camino Real, San Clemente, 498 2540. Hours 11:00 a.m. to 10:00 p.m. Do not deliver but you may pick up orders as well as enjoy the pizza in the restaurant.

**Izza Pizzeria:** 378 Camino de Estrella, San Clemente, 248 4925. Hours 4:00 p.m. to 10:00 p.m. Good thin crust pizza.

**Pizza Port,** 301 North El Camino Real, San Clemente, 940 0005. Hours 11:00 a.m. to 10:00 p.m. A big family place plus all kinds of good pizza.

**Z Pizza: 32371 Golden Lantern, Laguna Niguel,** 481 3948. Hours 10:00 a.m. to 10:00 p.m. Family enjoyment with many different kinds of pizzas

*Hope your team wins! Bon appetite, Carol Yocom*

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# MEET YOUR NEIGHBOR

## René Cortez

Three months ago your neighbor, René Cortez, was awarded the July “Volunteer of the Month” award by the Dana Point City Council. He was voted this honor in recognition of his countless hours of service to Dana Point community organizations and its citizens.

Renée has been our neighbor in Niguel Shores since 1976 when he moved into his home in Manta Court with his wife Diane, daughter Kimberly, and his then five-year-old son Kyle. René was born and raised in Orange County. He graduated from Huntington Beach high school in 1965, and immediately began a successful career in the retail grocery industry. He is now retired from his last job as a manager of Albertson’s. This is giving him the opportunity to spend more time with his family and time for volunteering his services where he could see a need.

Niguel Shores, at its beginning in the early 1970s, had a population of residents enjoying the beauty of our oceanfront community in their retirement years. It wasn’t long, however, before the demographics began to change. Our pool was finished and tennis courts beckoned. Baby carriages were being pushed along our sidewalks and the joyous sounds of children at play could be heard in our playgrounds. Young families joined the seniors at the bluff to watch sunsets.



René Cortez receiving the Volunteer of the Month Award from Mayor Lara Anderson.

When René’s son, Kyle, was nine years old he joined the Del Obispo Youth Baseball Organization. Later that name was changed to Dana Point Youth Baseball. René joined the organization to spend time with his son and to help in any way he could. He began to coach and manage teams and also helped to maintain the baseball fields. After Kyle graduated from youth baseball, René took a break from the organization. Later, when his grandson, Keegan (by Kimberly), was nine years old, he wanted to join the youth baseball league in Dana Point which now had 700 players each season. René rejoined the organization to support his grandson’s participation. For the past 10 years René has been a member of the board of the league and is the director of communications. He acts as historian for the league, col-

lecting pictures and stories of the players and their families.

He not only volunteers in the baseball program, but also delivers Meals on Wheels to homebound seniors in Dana Point. He also helps with the nutrition program at the Dana Point Senior Center. René also serves as a docent at the Nature Interpretive Center on the Headlands where he gives tours of the Headlands and answers questions of visitors at the center.

When René is not volunteering he and Diane can often be found at the harbor with their children and one or more of their five grandchildren, enjoying water sports like kayaking and paddling.

I asked René what his greatest reward was in all the years of volunteering. After a moment of reflection, he answered that he treasured meeting so many people and helping them however he could. René also mentioned how lucky he feels to live in the Shores. He is grateful for this and for the volunteers through the years who have helped make this the well-managed organization that it is. He expressed a desire to volunteer here if he thought he could be useful. I encouraged him in this thought. We could use the energy René has displayed in his many years of volunteering.

—Laurel Livesay

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# THE GREAT CALIFORNIA SHAKE OUT

October 18 — The third Thursday of October each year is designated as **The Great California Shake Out** and this year it is October 18. The staff at the *Seashore News* decided it would be a good time to refresh ourselves and our residents with a bit of earthquake preparedness information and to offer some resources to contact for more comprehensive information. The Shake Out itself is a chance for community organizations and schools to actually practice how to protect ourselves in the event of a major earthquake or other disaster.

## How do I protect myself and my loved ones?

- **Drop, cover and hold on!!** If you are not familiar with this, ask your children or grandchildren, they practice this in school on a regular basis. Essentially what it means is we should drop to the floor, take cover under a sturdy piece of furniture (desk, strong table) and then hold on firmly.

## Recovery

- After the earthquake (or any disaster) check for injuries and then damage. If you live in a coastal area (like Niguel Shores) get to higher ground, inland and away from the coast. If you are safe and unharmed yourself, help others. (Remember aftershocks are likely, so be ready to drop, cover and hold on!)

- Once safe, stay away until officials tell you it is safe to return. If you are not permitted back in your home, grab

that disaster kit and get to a safe location. Use your portable radio for news updates.

## Resources

City of Dana Point, Emergency Preparedness Office—949-248-3500  
The City of Dana Emergency Preparedness Office. Jeremy Kirchner Coordinator—jeremykirchner@danapoint.org  
Emergency Services (City of Dana Point) website- www.danapoint.org  
The Emergency Services website lists many resources for residents in terms of emergency preparedness.  
Upcoming events offered by the city of Dana Point: Wednesday – October 24 Siren Testing (10:00 a.m. – 12:00 noon)—watch for mailer coming mid-October with additional information or see website www.danapoint.org/siren

CERT Training—November 2-4 (Community Emergency Response Team) (www.danapoint.org/CERT) to sign up for this comprehensive training course

Southern California Earthquake Center- www.scec.org/ucercf

California Earthquake Authority – www.CEA.org

The Great California Shake Out – www.shakeout.org

**Final note:** Niguel Shores Community Association and the NS Board of Directors will be re-visiting the idea of forming an Emergency Preparedness Committee here in our Community. Please watch for additional information on the Niguel Shores website (www.niguelshores.org) or in future issues of the *Seashore News*. — Patti Staudenbaur

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## 5 Important Leasing TIPS

By Steve Weiser

Unlike the 'selling season' for a home, leasing is a year round activity. Today, demand is excellent for rental homes in the Shores. However, to receive the highest possible rent and minimize downtime, there are a few 'must dos'.

Before you list your property for rent, get it in top shape! Why? In my experience, the most qualified / motivated tenants will see your property within the first 10 days of the listing. So, here are some TIPS to get the best tenants and highest price for your property.

1. A professional 'deep' cleaning is a must. Unlike a normal cleaning, 'deep' means 'detailed'. The kitchen and bathrooms are key areas.
2. Make a great first impression. Freshen up the front entry; replant, add color, trim plants and pull weeds.
3. Clean the Carpets. A dirty or stained carpet is the number one turnoff for new tenants.
4. Eliminate odors and make the property smell great! Baking soda in the refrigerator and open windows will help 'clear the air'.
5. If possible, wait until the existing tenant moves out to show the property. A recent tenant survey revealed that vacant houses are easier to show, get more showings and rent faster than tenant occupied listings.

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