

Seashore News



November 2012

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Issue 468

FROM THE HELM

There has been some discussion on the role of the Board of Directors in local elections. It is my personal opinion the Board must be non-partisan. The Board and Management have to address specific city issues that would directly impact Niguel Shores. The most recent is the planned remodel of the Ritz Carlton banquet room that may impact our residents living just south of the hotel. We have met with the city and voiced our concerns. We will continue to work with the city so the remodel will not adversely affect our residents.

I can agree with those who think Niguel Shores could be a political power in Dana Point. When I moved into the

community I learned of a Political Action Committee (PAC) which was formed years before by Monarch Beach property owners, including property owners of Niguel Shores. The PAC supported candidates for local elections only. They supported their chosen candidates by working to get out the vote, contacting friends, sending out mailers, and contributions to their campaigns. Unfortunately this PAC is no longer active. I believe the PAC was affective in protecting our best interest and it may be time to start our own PAC.

At the October 2 Board meeting, the Board appointed an ad hoc advisory Gatehouse Committee to look into

needed improvements to the current gatehouse and to provide a recommendation on what action should be taken. Is the gatehouse okay as it is, should it be remodeled or do we need a new gatehouse? The Committee members are: Rob Rifkin, Suzanne Enis and Jim O'Neill. The committee met in October and will be reporting to the Board at the November 6 General Session meeting.

Just an update on the Nauticus slope, by the time you read this the majority of the slope should be planted. The soil erosion repairs are moving forward as we need city approval of our plans and then we can complete the job.

— Pat O'Brien

Sea Terrace I Townhome Homeowners' Annual Meeting

The Board of Directors of the Sea Terrace I Townhome Homeowners' Association will hold its Annual Meeting on Thursday, January 10, 2013 at the ClubHouse at 7:00 p.m. Nominations are now open to any homeowner to run for election to the Board. Nominations may be submitted to Larry Wellikson, President of the Sea Terrace I Homeowners' Association by November 20, 2012. Nominations may be made by submitting your name and contact information at lwelikson1@cox.net.

— Larry Wellikson

SERVING THEIR COUNTRY — MAKING THEIR COMMUNITY PROUD

In recognition of Veterans' Day, each November, the *Seashore News* features one or more of our many residents who have honorably served our country with their military service and commitment. This November we are fortunate to have the opportunity to introduce you to two young men from the Dunlap Family here in Niguel Shores who are both serving in the United States Military Service.

Daun and Glen Dunlap and their five children have lived in Niguel Shores for

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Conner Dunlap

Holiday
Boutique

Visit the Holiday Boutique in the ClubHouse on Saturday, November 10. (See insert.)

BOARD ACTION SUMMARY

OCTOBER 2, 2012 BOARD MEETING: (General Session)

ACCEPTED AND FILED:

- Financial reports
- General Session Committee Minutes

APPROVED:

- General Session Meeting Minutes of September 18, 2012
 - Finance Committee recommendation to appoint David Goldberg to the committee
 - Appointment of Suzanne Enis, Jim O’Neill and Rob Rifkin to the Ad Hoc Gatehouse Committee
 - Lien filings against 2 properties for delinquent assessments
 - Discontinuation of Niguel Shores Community as a campus for the Emeritus program
 - Request by applicant to extend architectural appeal review for 30 days
 - Bid to install entrance aprons
 - Bid to install speed bumps in Berkus Home tract
 - Landscape proposals
 - Insurance renewals
- DISAPPROVED:** none
- HEARINGS/MEETINGS/PRESENTATIONS:** none
- REVIEWED/DISCUSSED:**
- Nauticus slope project
 - Gatehouse project
- Request to increase boundary wall height
- Request to add Molly Fields memorial plaque to beach bluff bench
 - Manager’s report
- TABLED:**
- Review of Reserve Study

OCTOBER 2, 2012 BOARD MEETING (Executive Session)

ACCEPTED AND FILED:

- Financial reports
- Executive Session Committee Minutes

APPROVED:

- Executive Session Meeting Minutes of September 18, 2012
 - Request for ADR
 - Request for payment plan
- DISAPPROVED:** none
- HEARINGS/MEETINGS:** none
- REVIEWED/DISCUSSED:**
- Legal status report
 - Delinquency Report
- Authorization to file liens for delinquent assessments
 - Manager’s report
- TABLED:** none

OCTOBER 16, 2012 BOARD MEETING: (General Session)

ACCEPTED AND FILED:

- General Session Committee Minutes

APPROVED:

- General Session Meeting Minutes of October 2, 2012
 - Litigation Disclosure dated October 2012
 - Proposed rule changes (except Rule 6511)
 - Payment of geotechnical invoices for Nauticus Isle and Binnacle Drive slopes
 - SDGE utility easement
 - Request for reimbursement for tire damage
- DISAPPROVED:**
- Appeal of architectural violation/disapproval of application
 - Increase to boundary wall as a cost to the Association
- HEARINGS / MEETINGS / PRESENTATIONS:** none
- REVIEWED/DISCUSSED:**
- Nauticus slope project
 - Gatehouse project
- Speed bump placement in Berkus Home tract
 - Manager’s Report
- TABLED:**
- Review of Reserve Study

OCTOBER 16, 2012 BOARD MEETING: (Executive Session)

ACCEPTED AND FILED:

- Executive Session Committee Minutes

APPROVED:

- Special Executive Session Meeting Minutes of September 26, 2012
- Executive Session Meeting Minutes of October 2, 2012

DISAPPROVED:

none

HEARINGS/MEETINGS:

- Hearing for violation of Rule 3122
- Hearing for violation of Rule 4121

REVIEWED/DISCUSSED:

- Legal correspondence
- Litigation Disclosure dated October 2012
- Rule 3141 as it pertains to dumpster placement
 - Damage to patio on Mercator Isle

TABLED:

none

NOTE: The NSCA Board of Directors meets the 1st and 3rd Tuesday of each month unless otherwise posted. The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session Agenda for the next Board Meeting will also be posted at noon on the Thursday prior to the next meeting.

REMINDERS: OPEN FORUMS ARE HELD AT THE BEGINNING OF EACH GENERAL SESSION MEETING (6:00 PM)
THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON TUESDAY, NOVEMBER 6, 2012

Newly adopted rules: At the October 16 General Board meeting, the Board voted on the proposed rule changes that had been under membership review for 30 days. Thank you to those homeowners that sent comments addressing their concerns or stating their support. These comments provide important information for the Board to evaluate before taking action. As required by Civil Code, the newly adopted rules were mailed to all homeowners within 15 days of the Board's action. If you have not received this information, please contact the NSCA office. Please note that the full set of updated rules and regulations are posted on the website (www.niguelshores.org).

Renovation of the Nauticus Slope: Harvest Landscape is in the process of planting the Nauticus Slope. As reported last month, a section of the slope cannot be planted until the construction of five retaining walls at the top of the slope is complete — however the majority of the slope will be planted by Thanksgiving. The grading and construction specifications for the retaining walls have been submitted to the City of Dana Point and the work will begin as soon as possible.

Landscape Update: The scalping of the turf is nearing completion. I'm happy to say that many of the turf areas that were scalped and seeded first are showing signs of green grass. The Landscape Committee has submitted its proposals for planting to be completed in 2012. These projects should be completed in early December so the community will look its best for the holidays. In addition, the tree trimming is nearing completion.

Guest and Party/Event List: Since the holidays are right around the corner, here are a few reminders to prevent any unwanted issues for your guests when entering the community:



Beginning plantings on the Nauticus Slope

- Each guest entering the community must be on your party or event list, not just the vehicle driver. Guests not on the list will not be admitted.
- List of ten(10) individual guests or more must be submitted through the NSCA Management Office no less than 48 business hours before your party or event. Lists exceeding ten individuals will not be accepted at the Mariner Gate.
- All guest passes must be displayed on the vehicle dashboard so that the pass can be easily identified by the patrol officer in order to prevent unnecessary citations or vehicle tows.

Voting polls – Tuesday, November 6: Just a reminder, that you can cast your vote in our ClubHouse on election day. The polls will be open from 7:00 a.m.— 8:00 p.m. so mark your calendar.

Happy Thanksgiving from the NSCA Staff!

—Deborah Baker



Plants destined for the Nauticus Slope: myoporum "Putah Creek," lowboy acacia, bougainvillea and rhus integrifolia (lemonade berry).

COMMITTEE REPORTS

EMERITUS

This will be my last article for the newsletter. I have learned that the NSCA Board has written Saddleback College to end classes being held in Niguel Shores as of next semester. I understand their reasoning has been that there has been concern among residents that too large a percentage of people attending the classes do not live here. We are to blame for losing the classes if we do not attend. If you have any concerns about this action, I would suggest you contact board members. I had hoped to develop other educational programs for NS, but any such classes from the Saddleback Emeritus College will no longer be possible.

—*Bunny Ross*

LANDSCAPE

About the turf scalping: Niguel Shores has kikuyugrass (*Pennisetum clandestinum*), a warm-season grass brought to Southern California in 1920 for erosion protection and as a pasture grass, a classic example of misdirected virtue. It grows on slopes, in pastures, on golf courses, in parks, on sports fields and in home lawns. Kikuyugrass is an exceptional plant—it is aggressive, highly competitive, spreads easily by several means and tolerates drought, over-watering and poor soil. It is also on both the California and Federal noxious-weed lists and it is illegal to plant it deliberately. Once established, it is tough and strong and you cannot get rid of it. Some jokingly say it grows so fast you're afraid to leave a small child in it for too long. So, what to do about this turf? Harvest engages in a process called scalping and over seeding.

Scalping is a process by which the thick layer of thatch is removed all the way to the bottom exposing it and looking bare. The grass is cut at the lowest mower setting. Due to the biomass (mostly thatch) building up fairly quickly, the spongy, deep mat becomes very difficult to mow without creating rutting in the turf. The key to scalping lies in the key transitional months when the warm season grass begins to go dormant in cooler temperatures around September. Also, during this time, the irrigation is shut off in all turf areas to allow them to dry out.

Over seeding is the application of a combination of cool season grasses: tall fescue and perennial rye which are then topped with steer manure. The perennial rye germinates quickly giving a beautiful lush green look. The fescue supplements the rye because it is a hardy turf grass that is drought and cool season tolerant. Within two weeks this seed will germinate and new grass begins to grow.

Irrigation: The irrigation will be on several times a day in small increments to allow the seed to germinate as it needs to stay wet to thrive. Please note that the system is not malfunctioning when it is coming on frequently during the day. After one month, the results speak for themselves; lush green grass adorns all turf areas and there are no traces of the kikuyugrass.

—*Steven Schinhofen* – Harvest Landscape

MAINTENANCE

Rebuilding our slopes involved many decisions. Among the more observable is the slope preparation, plant selection and planting design. But, we see only the “tip of the iceberg.” We don't see the huge amount of time and effort by our General Manager and Facilities Manager to insure that the result is aesthetically pleasing, that it minimizes water consumption and landscape maintenance and that it meets all the codes and permits of the city, county and state. Let me give you a peek at the underside of the iceberg.

A consultant is hired to oversee and supervise the implementation of the Silverwood Landscape plan. A geotechnical engineer is hired to report the stability of the slopes and, as necessary on one of the slopes, design any retaining walls that may be necessary. City permits are obtained and a contractor is selected to build retaining walls.

City permits are required for the landscape design and the irrigation system design. An irrigation consultant is hired to design a system that meets the city guidelines and adequately water the selected planting materials. The city guidelines are a 34-page document that George Cooley reads to confirm that the irrigation system conforms to all of the requirements. Each sprinkler head is identified and annual water usage is calculated based on average evaporation rates. The design must include protection of the slope in case of water failures. Once satisfied that the engineering is complete and permits are approved, a contractor is hired to install the irrigation system.

The state requires that the Association have an approved Storm Water Pollution Prevention Plan, SWPPP before we can begin construction. A Qualified SWPPP Developer is hired to write a plan for the slopes we plan to rebuild. George Cooley is the Legally Responsible Person, LRP. He must read a 135-page document and insure that we are in compliance with all the requirements. Among other things, the document tells us where and how to install straw wattle, how to protect storm

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drains, how to cover materials, how to clean and fix v-ditches, etc. and etc. A Rain Event Action Plan is part of the document. Any time there is a 50 percent chance of rain George must document the action taken to prevent pollution of water going into the storm drain. If there is more than a half inch of rain, as there was in early October, George must collect samples from various locations, pack the sample containers in ice and deliver them to a laboratory for analysis, followed by a lengthy report.

The good news is that engineering is done, codes have been met, permits received and we are in compliance. Harvest may now begin planting! Perhaps this short article will answer those who ask "What took you so long?"

—Jack Christiansen

POTLUCK

Join us on Sunday, November 18 at 6:00 p.m. for social hour, followed by dinner at 6:30 p.m. There will be no Potluck in December, so don't miss this opportunity to be with your friends and neighbors once more in **2012**.

Please bring your beverage of choice, your own table service, \$1 to cover incidental expenses, and a main dish, salad or dessert to share.

If you have attended Potluck before, you will receive an Email invitation. Please respond whether or not you are coming and say whether you will be bringing a main dish, salad or dessert.

If you have never been before we would love to have you join us. Please call Ann Christiansen 248-1962, Irene McDonald 481-3035, or Gretchen Rask 489-2259. We will be happy to answer any questions you may have. Hoping to see you on the 18th

—Irene McDonald

RECREATION

Make room on your busy holiday calendars for the following events planned by the Recreation Committee:

November 10 — Holiday Boutique: Let us help you with your Holiday shopping. We have vendors showing gifts that you will not see other places. Enjoy wine as you shop with your friends. See you noon to 4: 00 p.m. in the ClubHouse.

November 18 — Potluck: Look for more information in this issue. Come, wish you neighbors Happy Thanksgiving as you enjoy the variety of food that will be served.

November 29 — Cooking Class: Kookie and Sally will be giving us hints for Appetizers for the Holiday plus petite

Art In The ClubHouse

Stop by to see new art displayed in the ClubHouse after November 17. Some of the art will be for sale and will be on display for six months.

For information: Karla Sanders: karlajoe@cox.net, Kay Wittmack: 661-8177, Diane Hearne: Phearne4@cox.net.

—Diane Hearne

dessert ideas. We get to sample them—11:30 a.m. to 1:30 p.m. Sign up in office. \$39.

December 2 — Tree Lighting: Thanks to Santa's Little Forest, another beautiful tree is donated. See his ad and remember he also is giving to Niguel Shores Residents a 10 percent discount. Santa will be there to listen to the wishes of the children. Complimentary, hot cocoa, coffee and cookies.

December 31 — New Years Eve: Celebration starting with New York City. More information next month.

Enjoy the Holiday from the Recreation Committee.

—Carol Yocom

WEBSITE

The Communication Committee is adding a new feature tab to the Niguel Shores Website homepage (www.niguelshores.org) which will be called **MarketPlace**. What will be of special interest to residents is that all paid *Seashore News* Neighborhood Ads, currently \$5 a month, will now be uploaded to the **MarketPlace** link at no additional cost. Your ad will now be viewed in both the *Seashore News* and on the Website. You may also add a picture of the item you are advertising to the Website. Pictures are for the Website only, not the *Seashore News*. Please contact Matt Northrop in the Niguel Shores office for more information on how to submit your ad.

The Committee will also be contacting the commercial businesses that are advertising in the *Seashore News* and offering this same **MarketPlace** link to the Website for a three-month free trial period. We are asking our business advertisers to provide comments and suggestions on what the Committee hopes is a successful trial run and eventually a successful new addition to the Website.

Thanks again for your continued support of the Website. We always welcome your suggestions and comments.

—Matt Northrop, Patti Staudenbaur and Ellen Dovey

CLUBS

GARDEN CLUB

October Meeting: A large turnout heard a presentation by Ms. Kris Ethington, member of the San Clemente Garden Club and Youth Activity Coordinator of the California Garden Clubs organization.

Ms. Ethington is a local expert on butterflies, and explained what gardeners can do to attract butterflies to their yards by providing attractive environments and habitats. She displayed some plants that are especially appealing to butterflies.

Annual Lobsterfest: The Garden Club will hold its annual grilled lobster orgy on November 8, under the capable supervision of Master Chefs Jack Sweeney and Bob Borland. **This fun-filled event is sold out!** (Bibs are recommended!)

November Meeting: On November 19, the Club members will gather for our annual “Forget Me Not” project when many gift bags will be filled to overflowing with toiletries, sundry items and other goodies. Bags will be distributed to local housebound seniors.

Members can sign up for the annual **December Holiday Party** scheduled for December 17, 2012 in our ClubHouse. This is a pot-luck with the club providing refreshments.

Propagating Plants: You can make more plants from your existing house and garden plants, by taking stem cuttings and rooting them.

Herbaceous cuttings are made from non-woody, herbaceous plants such as coleus, chrysanthemums, and dahlia. A 3- to 5-inch piece of stem is cut from the parent plant. The leaves on the lower one-third to one-half of the stem are removed. A high percentage of the cuttings root, and they do so quickly

Softwood cuttings are prepared from soft, succulent, new growth of woody plants, just as it begins to harden

(mature). Shoots are suitable for making softwood cuttings when they can be snapped easily when bent and when they still have a gradation of leaf size (oldest leaves are mature while newest leaves are still small). For most woody plants, this stage occurs in May, June, or July. The soft shoots are quite tender, and extra care must be taken to keep them from drying out. The extra effort pays off, because they root quickly.

Rooting Stem Cuttings—Cuttings should generally consist of the current or past season’s growth. Avoid material with flower buds if possible. Remove any flowers and flower buds when preparing cuttings so the cutting’s energy can be used in producing new roots rather than flowers. Take cuttings from healthy, disease-free plants, preferably from the upper part of the plant.

Rooting Medium — it should be sterile, low in fertility, and well-drained to provide sufficient aeration. It should also retain enough moisture so that watering does not have to be done too frequently. Materials commonly used are coarse sand, a mixture of one part peat and one part perlite (by volume), or one part peat and one part sand (by volume). Vermiculite by itself is not recommended, because it compacts and tends to hold too much moisture. Media should be watered while being used. Insert the cuttings one-third to one-half their length into the medium. Maintain the vertical orientation of the stem (do not insert the cuttings upside down). Make sure the buds are pointed up. Space cuttings just far enough apart to allow all leaves to receive sunlight. Water again after inserting the cuttings if the containers or frames are three or more inches in depth. Cover the cuttings with plastic and place in indirect light. Avoid direct sun. Keep the medium moist until the cuttings have rooted. Rooting will be improved if the cuttings are misted on

a regular basis. Newly rooted cuttings should not be transplanted directly into the landscape. Instead, transplant them into containers or into a bed. Growing them to a larger size before transplanting to a permanent location will increase the chances for survival.

Gardener’s quotation of the month:

Why is it that you can find four gloves for the left hand, and none for the right
— Anon

— *Morry Meadow*

MEN’S CLUB

The Niguel Shores Men’s Club meets every 1st and 3rd Tuesday of the month for breakfast at the community center. We encourage residents to join us for an excellent \$3 breakfast and a topical speaker.

On September 18, Sheriff Sgt. Greenwood spoke to us regarding issues affecting Dana Point.

On October 2, the four candidates for the two openings for the Dana Point City Council introduced themselves and answered questions from the members.

—*Al Thome*

WOMENS CLUB

It’s November already! The Women’s Club luncheon will be on the 8th at noon in the ClubHouse and our fitting and timely speaker will be Jane Horlings, professor of Biological Sciences at Saddleback College where some of her classes are offered online.

You can find lots about her online—a hundred things she likes, her Twitter and Facebook entries and read her teacher ratings—students say she is well organized, knows her



Jane Horlings

CLUBS

subject very well, has high standards with a big workload but, is a *great* teacher. *Technology Demystified* is the subject of her talk and that, we all need!

Your luncheon invitation will arrive by e-mail on Thursday, November 1. Please reply by 5:00 p.m. on Sunday, November 4. Those attending will be notified if they are to bring a salad.

A note on some changes of officers and committee chairs: President

Lyn Long has rejoined the work force and Nancy Tinnes and Karla Sanders, both past club presidents, have agreed to take her place as co-presidents for the remainder of the year. Thank you, Lyn, for taking over as president last year when Bev Macke left and again for your work this year as well and best wishes for your new endeavors. Our new treasurer is Irene Hopson and Barbara Milner has agreed to become

secretary to replace Karla Sanders who was “acting.” New Committee Chairs are as follows: Decorations — Suzanne Enis and Marilyn Moon. Outside Activities — Judy Barry. Holiday Party — Suzanne Enis and Nancy Tinnes.

Many thanks to all for accepting these responsibilities and helping to continue our Womens Club as the congenial and welcoming club that we all enjoy.

—Mary Crowl

ACTIVITIES

BRIDGE NEWS

If you would like to play a little bridge, please consider joining our Wednesday Bridge Group. We meet at the Niguel Shores ClubHouse on Wednesdays at 11:00 a.m. Just give Helen a call at 496-4230 and we will welcome you to our friendly group. You may bring a snack and a \$1 donation to guarantee a fun filled afternoon of bridge. Our latest winners are listed below:

September 12	Margaret Brugger, Frieda Baskin
September 19	Jeanne Bookai, Earl Simmons
September 26	Dorothy Horany, Helen Campbell, Judy Bates
October 3	Margaret Brugger, Jeanne Bookai
October 10	Margaret Brugger, Pouri Fowzi, Doris Deal
October 17	Frieda Baskin, Bernadette Bloom, Margaret Brugger

—Helen Campbell

LIBRARY NEWS

Reading to Annie: The specially trained therapy dog continues at the Dana Point Library on the second Saturday of the month at 1:00 p.m. Please join the group on November 10 and December 8. Open to kids of all ages.

For anyone interested in all things mythological, please join the **Joseph Campbell Mythological Round Table** discussion on Wednesday, November 14 at 7:00 p.m.

The Friday Night Movie on November 16 at 7:00 p.m. is the Sundance film festival selection *Prairie Love*. As a high plains drifter travels across the wintry North Dakota prairie, he finds a man lying unconscious in the middle of the road. If you want to find out what happens next, mark your calendar for the third Friday of November and attend this award winning film.

Pajama Story Time is the last Monday of the month at 7:00 p.m. Like the title says, come in your pajamas. Open to children of all ages.

—Ellen Dovey

THE OREO COOKIE CLUB

The Really Serious Oreo Cookie Book Club met October 15 at the home of Norton Schwartz with fifteen members attending to discuss the book *Behind the Beautiful Forevers* by Katherine Boo. The book invaded the lives of families who lived by sorting through salvage in the town dump. They were subject to the pervasive corruption of petty officials, lack of government support and physically difficult and unsanitary conditions; yet several individuals were able to persist and emerge with some optimism. Several members of the group had extensive travel in India, but Lakshman Sehgal contributed most to our understanding of the historical background, the religions, the political considerations and the number of growing bright spots in Indian today. Education, technical knowledge, the movie industry, and areas where corruption has been cleared away are all pillars that will support the flourishing of India in the future

The next meeting will be November 28 at the home of Sally Lee Howd where we will review the book *The Forever War* by Dexter Filkins

—Norton Schwartz

PAGE TURNERS

Page Turners' Book Club will meet this month to discuss *Clara and Mr. Tiffany* by Susan Vreeland.

Clara Driscoll (1861-1944) was an actual designer who worked for Louis Comfort Tiffany (1848-1933) at

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the turn of the last century. This novel steps into her shoes as she creates designs with colored glass pieces and manages the all-woman studio that assembles signature Tiffany windows and lampshades. While the storyline traces this independent woman's days over the course of sixteen years, it also by necessity touches on some of the tensions of the times: the limitations of the rights of women; the difficulties of newly-arrived immigrants to the boroughs of New York; the demands of trade unions and the administrative challenges they can cause. It juxtaposes Art against Commerce, raising the question of which one of the two is more important. This is a dichotomy the Tiffany Company itself must face and must resolve in order to survive.

The Monday morning group will meet on November 26, at 10:00 a.m. in the home of Ann Christiansen, 23841 Bluehill Bay. The Monday afternoon group will meet at Frances Ozimec's home, 33391 Padina Circle. Marcia Enger will lead the discussion for both groups. The Thursday afternoon group will meet at the ClubHouse at 1:00 p.m. on November 29. For the month of December there will be a joint dessert/book exchange meeting of all three groups at 1:00 p.m. on December 18, at the ClubHouse. Please bring a gently used or new book that you really enjoyed for the exchange.

For more information about Page Turners you can contact: Gretchen Rask: grask707@gmail.com, 489-2259 — Monday morning. Diane Hearne: Phearne4@cox.net, 661-6267 — Monday afternoon. Lisa Buchner: lisabuchner@cox.net, 496-9546 — Thursday afternoon.

—Lisa Buchner

SPORTS

MEN'S GOLF

The months of August, September and October have had a reduced golf outing schedule. Vacations during this time make it difficult to get the group together. We did have a good tournament at Arroyo Trabuco on September 25. The weather was perfect and all had a great time after a four week hiatus. The format for the tournament was **Combined Net Foursome**. 1st place went to the team of Jack Sweeney, Dennis Rosene, John Monson, and Bill Verbrugge. 2nd Place went to the team of Tom McNicholas, Peter Rask, Gary Katsuki, and Barry Daniel. Closest-to-the-Pin on #4 was Peter Rask and on # 11 Blair McDonald.

We have a tournament coming up on October 30 at Aliso Golf Club and another on November 27 at Arroyo

SOCIETY FOR CIVIL DISCOURSE

On Friday, October 5, The Society for Civil Discourse met for a discussion led by Arnold Smith on the antecedents of Japanese militancy and aggression that led to their attack on the United States in December of 1941 of Pearl Harbor. Arnold revealed the Shinto and Samurai elements in the Japanese culture that led to their aggressiveness and inability to adapt militarily that led to their defeat. We discussed the struggle of the countries in and bordering the Pacific and the current tensions that exist between Japan and China and the U.S over dominance for the area.

On October 19, The Society met for a discussion on current economic policy and to what extent the philosophy of Keynes should be applied or to what extent Milton Friedman's philosophy should be applied. The group decided that the thesis was an oversimplification of the issues. Keynes had economic notions that covered many areas, but none of them envisioned our current circumstances. Friedman, while feeling that the market should by and large determine our future, none the less supported the government creation of jobs by the CCC and the NRA in those dire times. It was generally agreed by our group that both government created jobs and the encouragement of private capital investment (through business tax relief and diminished rules and regulations) should be followed. Our Congress and the President need to agree to legislation to encourage both paths.

Next meeting will be on November 2 at 10:00 a.m. at the library and the subject will be: the current ballot propositions #30 (Mary Ann Theisen) #32 (John Hall) #34 (Arnold Smith) and #? (Joe Ross). We will discuss other propositions (such as should we go out for coffee and ice cream) if there is time.

—Norton Schwartz

Trabuco. We end the golf season on December 11 with our putting championship and breakfast at Talega Golf Course.

Thought for the day: *The only thing of actual value that you can take from the driving range to the first tee is a pocketful of range balls.*

—Bob Russell

WOMEN'S GOLF

In October, we had two foursomes who had a great day of golf. But, this means that there are that many or more Niguel Shores Women Golfers who were not there, to sign up for Fun Day in November. Val Mitchell, 582-8311, is Golf Captain. Her co-captain is Pam Strayer, 499-4743. They will be making up the foursomes for the day, a week

SPORTS

to 10 days before Monday, November 12, and you need to let them know that you want to play. Please give them as much notice as possible. Call soon.

Two teams, made up of witches and ghosts and pumpkins and black hats, ended up thusly: Team #1 Marlene Lynch, Terri Matrisch, Christine Green, low gross prize. Team #2 May Gramer, Lee Sweeney, Marge Foster, Irene McDonald, low net prize. The prizes for closest to the flagstick on #6 hole and #8 hole, and the prize for the longest drive on #9 hole were all given to Christine Green. She was really on her game. Since we award golf balls as prizes, Christine now has enough to not have to worry about going

in the creek (holes #1, 6, 8 & 9) for several rounds of golf at Aliso Creek Golf Course. Irene McDonald and Christine Green also received golf balls for posting lowest putts and chip-ins on their score cards.

Save the date for the Christmas luncheon, following golf on December 10. Please bring your checkbook to November Fun Day. Joan Beyer and Ruth Stahl are in charge of the luncheon. They would like to have as many sign-ups, including checks, as possible. The cost will be in the \$25 range.

The golfer's diet: *Live on greens as much as you can...*

—Ceacy Johns

SERVING THEIR COUNTRY continued from page 1



Clay and Conner Dunlap

twelve years. Military service has been a tradition that goes all the way back to the 1600's when some of Daun's ancestors came to America to escape religious persecution in Great Britain. Since that time, a member of the family has served in every branch of military service and fought in every conflict the United States has engaged in.

Conner Dunlap graduated from Dana Hills High School with a strong academic record. He most certainly could have attended a four year university like so many young people do. However, at the age of eighteen, Connor chose a different path. He decided to enlist in the United States Air Force. A little more than four years

ago, he left home and began his very successful military career. After taking the Military Aptitude Test when he first enlisted, Connor scored especially high in skills that indicated he would make an excellent candidate to be assigned to a unit that specializes in military intelligence. As a member of the United States Air Force Military Intelligence Division, Connor was trained in many areas of intelligence. His training was complex and varied from day to day and sometimes from hour to hour. He learned a great deal about strategic mission planning, especially involving missions that the United States was part of in both Libya and Afghanistan.

Conner did extremely well during his four years in the Air Force as proof by the many honors and awards he received for his service. He was recognized as an Honor Graduate when he completed Boot Camp. In addition, Connor was an Air Force Commendation Medal winner, Airman Leader in Intelligence School, Honor Graduate from Air Force Intelligence School and he attained Staff Sargent status on his first attempt. After hearing this very impressive list of accomplishments, I couldn't help but wonder if Conner was going to continue

his military training and eventually become an officer. However, Conner explained that he never intended his military service to become his career. He felt that he had given his service to his country, which was in fact his

continued on page 10

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EMERGENCY PREPAREDNESS COMMITTEE

As noted in the last issue of the *Seashore News*, the Niguel Shores Community Association Board of Directors has decided to establish an Emergency Preparedness Committee. The Board is presently accepting applications from homeowners who would be willing to help establish this committee and then serve as members. Homeowners who have an interest or professional background in any aspect of emergency service (retired military, police and fire safety) are strongly encouraged to contact Matt Northrop, Community Administrator in our Niguel Shores Office, and let him know of your interest in learning more about this committee. Typically association committees meet once per month for approximately one hour. Niguel Shores is a community known for its spirit of volunteerism; please consider stepping up to support your community by serving on this very important committee.

—Patti Staudenbaur, Communications Committee



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SERVING THEIR COUNTRY continued from page 9

primary goal in enlisting, and he had learned a tremendous amount about himself and his country.

During his tenure in the Air Force, Conner was stationed in Asia, Guam, Hawaii, and Alaska and all over the continental United States. Now Conner is back in California and, although he traveled to some interesting places, he is certain that California and, especially Niguel Shores, is where he wants to settle down. He will be attending San Diego State University to complete his degree in accounting (he began working on his degree while in the military). Once he completes his degree he feels his military experience and military clearance will serve him well as he begins his career search. For now, Conner is very happy to be home in Niguel Shores, jogging through our beautiful community and preparing himself for his next adventure.

Clayton is the Dunlaps' youngest son. He graduated from Dana Hills High School in June of 2011. Clayton was not sure which career path or college he would pursue when he completed high school. He attended Saddleback College for a year exploring his options. One option came in the way of a telephone call from the Naval Recruiting Office in Mission Viejo. Like his brother, Conner, Clayton also took the Armed Services Vocational Aptitude Battery and he received very high scores. His scores were high enough that the Navy Recruiting Office wanted to talk with him about a career in Navy Intelligence. On a break from classes at Saddleback, Clayton decided to check out the recruiting office located just across from the Saddleback Campus. The first meeting piqued his interest. However, it was on the second visit that Clayton decided this might be a good path for him. After completing the physical exam in San Diego, it was discovered that Clayton was color blind and this condition eliminated the possibility of Naval Intelligence. That news, while disappointing, did not discourage Clayton, who is now completing Boot Camp in Great Lakes, Illinois. Upon completion of Boot Camp, Clayton will be assigned to either a Naval base or a Navy ship. When I asked Clayton what were the factors that influenced him in making his decision to enlist, he stated three reasons that made a great deal of sense; first he wants to serve his country in some way (sounds familiar), next he wants to take advantage of the educational benefits and lastly, he wants to travel the world.

Unlike his brother, Connor, Clay sees himself as a little bit more of a free spirit and is very much looking forward to being on his own and independent. Once he completes his four years of service, he feels he will be better able to say where he may settle down.

I was really impressed with how confident and assured both Conner and Clay are about themselves and their decision to serve our country. Congratulations Conner and the very best to Clayton as he begins his military service. I think you may have already guessed, both young men have already made their family incredibly proud.

—Patti Staudenbaur

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Carol's Cuisine Corner

Turkey Day is here. Can you believe how fast this year has gone!! I know last year you said, we are going out. However, you can order the complete meal, pick it up to take home and let them think you worked so hard. All the local grocery stores have very good complete dinners plus

Marie Callendars and other restaurants. Remember to order early and it does take some cooking for you. If you do want to go out, here are some ideas of nice places, local and others in the area, for all the family to enjoy the day together. You must call for reservations.

Balboa Bay Club: 1221 W. Coast Highway, Newport Beach, 630 4145, The First Cabin. See the beautiful boats as you enjoy a four course dinner 1:00 to 8:00 p.m.

Bayside: 900 Bayside, Newport Beach, 721 1222. Your company will enjoy the friendly place from 4:00 to 10:30 p.m. with piano music.

Vue: Laguna Cliffs Marriott, 25135 Park Lantern, Dana Point, 661 5000. A view of the Harbor with a buffet, noon to 8:00 p.m.

L'Hirondelle: 31631 Camino Capistrano, San Juan Capistrano, 661 0425. A charming, historic restaurant across from the Mission. Dinner will be served noon to 6:00 p.m.

21 Oceanfront: Newport Beach, 673 2100. A price fixe menu across from the ocean.

Savannah Steak and Chop House: 32441 Golden Lantern, Dana Point, 493 7107. Prix fixe meal from 11:30 a.m. to 8:00 p.m. Enjoy a choice of four or five entrees with all the trimmings and dessert.

Claes at Hotel Laguna: 376 9283. A brunch to enjoy as you watch the beach activity from noon to 7:00 p.m.

Orange County Mining Company: 10000 Crawford Road, Orange, 714 997 7411. Very famous for the city view and a buffet from noon to 8:00 p.m.

Wind and Sea: 34699 Golden Lantern, Dana Point, 496 6500. Prix fixe dinners will be offered plus the regular menu from noon to 8:00 p.m.

Remember our local special hotels will have big buffets: Ritz Carlton, St. Regis and The Montage.

Gobble, gobble, as you eat delicious food wherever you decide to go. Bon appetite, Carol Yocom

Travel Tidbits . . .

Happily waving their E-airline tickets, Niguel Shores residents Judy Pasek and daughter Sarah and Anita Geyer and her niece left for the "continent" and a fortnight of cruising to the fabled wine regions of Galicia, The Douro Valley, the Basque region of Northern Spain, Bordeaux and Paris. Paris in the fall is as lovely as Paris in the spring, especially with the aroma of roasting chestnuts. 'Tis the season of street vendors with their braziers on every corner.

Starting their adventure in London gave them the opportunity to visit "Grandma's" house... Buckingham Palace. Imagine when Will took Kate there for the first time to meet "Grandma." The State Rooms are open to the public for eight weeks during August and September.

Stops in France gave opportunities to visit Mont St. Michel and the Normandy beaches as well as Bordeaux which has a pedestrian only shopping street to die for. The famous Guggenheim museum was a treat to see in Bilbao,

and Porto, Portugal offered wines of the Douro Valley. Vigo, Spain offered tastings at seven different cellars as well as several sightseeing opportunities, one of which was a visit to the famous town and Cathedral of Santiago de Compostela. The Cathedral welcomes a steady stream of pilgrims from all over the world on foot and by bicycle. They check in at the end of their journey to have their pilgrimage passport (which has been stamped along the way) validated.

This "off the beaten path" itinerary provided visits to some wonderful places that many have missed on previous trips to the popular countries of England, Portugal, Spain and France. And, best of all, the Celebrity Constellation was the only cruise ship in each of the ports. No tenders and no hoards of "Cruise Tourists." As you ponder your next trip, you might consider going back to someplace you have already been but with the express purpose of seeing the places you missed the first time. Happy travels.



*"The World is a book and those who do not travel read only one page" —St. Augustine
—Barbara Milner C.T.C., bmilner@wtbinc.com*

WELLNESS —

Beware The Season of Eating...It Has Begun!

Ahhh yes...the holidays are upon us...and so is the season of eating! As you visit with your friends and family and hear of their holiday plans you will no doubt hear many, many references to food...who is bringing what to whose home for which holiday gathering, whether it be the heavy hitters...Thanksgiving, Christmas, Hanukkah and more...or simply a gathering filled with the sparkling ambience of the season under the heading of holiday festivities, you can be certain that food and drink will be high on the to do list of rounding out the event.

Given that context, we will all have choices to make as we navigate this season of the year. Most of us will have many chances to exercise that gift of choice...perhaps your office party, your spouse's office party for that matter, the neighborhood gathering, maybe church events, and of course various groups that you belong to will want to have a holiday get together, and let us not forget, events right here in Niguel Shores! We will be confronted with many holiday temptations from appetizers to dessert and everything in between.

So what can we do to survive...no THRIVE this holiday season? Well, we all can make a concerted



If you would like to make a comment or suggest a topic please send an email to . . .
Sharon Stewart RN, Certified Health Coach — sharonstewart@cox.net.

effort to be mindful of what we choose to eat and drink. Whatever event you may be attending, be sure to not go on an empty stomach. Have a healthy snack beforehand and drink plenty of water too. The odds of eating and drinking less will rise dramatically. Stay close to the vegetable tray and avoid those calorie laden options. Thanksgiving dinner is just ONE DAY...keep the consequences of overeating in mind as you are scooping up all those side dishes...keep your portions small. If you do choose to indulge, share your indulgence with your fellow party goer...just have a bite.

Keep in mind that the average American gains 7 to 10 pounds over the "holiday season"! Don't be one of them! Instead of waking up on New Year's Day groaning about all the weight you've gained, be one of the Americans that wakes up ringing in the New Year having conquered "The Season of Eating" feeling healthy, robust, and filled with the vitality necessary to take on your own personal New Year filled with optimism! The choice is yours...you can do it!

*Correction: The heading of the Wellness article in the October issue should have read **Easy Stuff you can do to Stay Healthy**. Good advice that we could read again with benefit!*



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