June 2014

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Issue 486

BOARD OF DIRECTORS 2014-15

President: Bob Russell

1st Vice-President: Pat O'Brien 2nd Vice-President: Steve Leonard Chief Financial Officer: John Dougherty

Secretary: Jeannie Sticher

BOARD LIAISON POSITIONS

Architecture: Pat O'Brien

Communication: John Dougherty

Emergency Preparedness: Jeannie Sticher

Finance: John Dougherty **Investment:** John Dougherty Landscape: Jeannie Sticher Maintenance: Steve Leonard Recreation: Pat O'Brien



2014-15 Board (left to right): Bob Russell, Pat O'Brien, John Dougherty, Jeannie Sticher. Steve Leonard

Traffic & Safety: Steve Leonard View Preservation: Pat O'Brien

S.C.W.D. – FIRST 5CCF @ \$2.16

on't you just love acronyms? So let me fill you in on the above. S.C.W.D stands for South Coast Water District. the local water district that provides drinking water, recycled water and wastewater/sewage service to Niguel Shores (the district's total service area is shown in the picture at the end of this article). CCF is an abbreviation for "100 Cubic Feet" which is the billing unit for water usage. There, you are now so smart and understand your water bill. What?

Still confused? Don't know what "100 Cubic Feet" means in everyday, nonengineering language? Well if you



Slant well installation

have a 10-foot by 10-foot empty room and fill it with 1-foot of water (don't let your kids try this), voila, you now know what 100 FT3 looks like and feels like if you have a slab leak when you are on vacation. In more practical terms this amounts to 748 gallons of water. I want to delve more into your recent water bill, but first some background information.

The SCWD services Dana Point including Capistrano Beach, South Laguna, from Three Arch Bay south, and areas of northern San Clemente and northern San Juan Capistrano, a roughly 8.3 square mile area (sometimes referred to as the

"California Riviera"). The District's mission is to ensure reliable, adequate supplies of water for the community

continued on page 4



Niguel Shores Top Real Estate Team 949.249.2020



Kara Jafarinia



Shawn Halan



Tina Mycka



Betty Orlow



Bret Johnson



Mark Sweeney



George Pagano



John Rennie



Monica Snyder



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NEW OFFICE LOCATION

10 MONARCH BAY PLAZA, DANA POINT, CA 92629

NEXT TO GELSON'S MARKET

nnual Meeting/Election: Congratulations to the new Board of Directors!!! Quorum was met prior to 7:00 p.m., so the Annual Meeting was held as scheduled Tuesday, May 20. The inspector of elections report is included with this issue. There were 514 ballots cast with Steve Leonard, Bob Russell and Jeannie Sticher being elected for a two year term. A special thank you to those homeowners that were in attendance at the meeting.

Please note the Board meetings for the coming year will be the 1st and 3rd Wednesday of each month. General Session will be held at 6:00 and 4:00 p.m., respectively.

Camp Hobbledehoy: Are you looking for a great summer activity for your children ages 6 to 12? If so, sign them up for Niguel Shores own day camp – Camp Hobbledehoy. This is the 15th year for Camp Hobbledehoy with the leadership of Craig Dunn, Ryan Crane and Peter Chance. The camp will be going for six weeks this year beginning July 7 and ending August 15. If you wish to sign up for the camp, you can contact the instructors directly at (949) 489-3447 or go onto camphobbledehoy.blogspot.com

Volunteers Needed: Volunteers perform a service of their own free will and make a difference with every committee. A volunteer works without pay, but is greatly appreciated for all they do. Niguel Shores has so many volunteers and without them the community would not be nearly so successful. If you don't currently volunteer but are passionate about working with people and having fun at the same time, you may want to consider volunteering for one of the many committees looking for volunteers.

Committees needing volunteers include; Emergency Preparedness, Finance, Maintenance and Traffic & Safety. If one of these sounds like something you would be interested in, please contact the Association office. We will be happy to explain how you can be involved as a volunteer in the community and make a difference.

Important rule reminders as summer begins:

■ Enforcing Rule 6406 Beach Parking — guests parked at the beach lot—Please make sure that your guests have their passes properly displayed on the vehicle dashboard and that they are parked within the designated upper parking tier, as posted, when visiting the Beach Bluff. Guest vehicles found without a properly displayed pass or found parked outside of the top parking tier are subject to tow one hour after a citation is issued per Rule 6440.

- Fobs and Security—This is a friendly reminder to bring your FOB to gain entry to the Community Center complex. While we have a friendly, customer service oriented staff that wants to be helpful, but they will not be allowed to "just buzz you in" if you forget your FOB as of June 1. To keep from putting staff in an unwanted situation, remember to bring your FOB when you, your family members and guests visit the community center.
- Pool Monitor—From Memorial Day through Labor Day, pool monitors will monitor access and enforce the rules and regulations at the community center. The Association does not provide lifeguards, so persons using the pool and spa do so at their own risk. Persons under 14 years of age must be accompanied by and under direct supervision of an adult 18 years of age or older when in the pool/spa areas. Pool and Spa Rules are posted in the area, but please review rules 5102 and 5103 to ensure everyone's enjoyment of the facilities.

We have many wonderful fathers living in this community and we would like you all to know that while any man can be a father, it takes someone special to be a Dad!!



—Marla Miller



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BOARD ACTION SUMMARY

MAY 7, 2014 BOARD MEETING: (General Session)

ACCEPTED AND FILED:

- —Updated litigation disclosure statement
 - -Financial Reports
- —General Session Committee Minutes

APPROVED:

- —General Session Meeting Minutes from April 17, 2014
 - -Lien filing for one (1) delinquent account
 - —Community CPR training course
 - —Proposal for Manta Court planting
 - —Securitas addendum for 2015 affordable Care Act (ACA) increase

DISAPPROVED: none

HEARINGS / MEETINGS / PRESENTATIONS:

- -Harvest Landscape
- —Mosaic Consulting

REVIEWED/DISCUSSED:

- -Delinquency report
- -Master Landscape project
 - -Gatehouse project
- —Two correspondences from homeowner
 - -Manager's report

TABLED:

—IT system – beach bluff camera and dvr

MAY 7, 2014 BOARD MEETING: (Executive Session)

ACCEPTED AND FILED:

-Executive Session Committee Minutes

APPROVED:

- ——Special Executive Session Meeting Minutes from April 16, 2014
- —Executive Session Meeting Minutes from April 17, 2014

DISAPPROVED: none

HEARINGS/MEETINGS:

—Four (4) hearings for violations of Rule 6405

REVIEWED/DISCUSSED:

- —Legal correspondence
 - —Financial reports

TABLED: none

NOTE: The NSCA Board of Directors meets the 1st and 3rd Wednesday of each month unless otherwise posted. The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session and Executive Session agendas for the next Board Meeting will also be posted on the Friday prior to the next meeting.

REMINDERS: THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON WEDNESDAY, JUNE 4, 2014

(Note: June meeting date and time is subject to change pending the schedule of meetings that will be adopted by the 2014-2015 NSCA Board of Directors following the Annual Election Meeting held on May 20, 2014. Any change in the current meeting dates and times will be published to the membership.)

S.C.W.D. continued from the cover

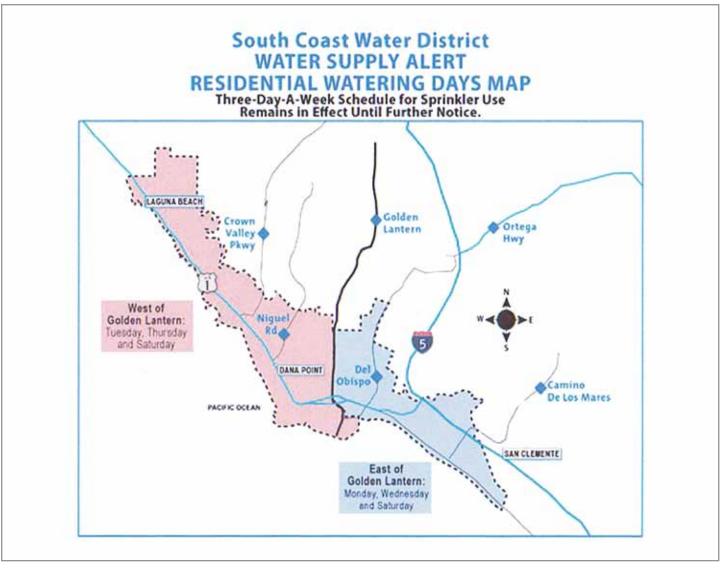
and the safe collection and treatment of wastewater. The current district is a consolidation with the South Laguna Sanitary District and the Capistrano Beach Water District. The map on page 5 shows the district boundary. The district now services 40,000 full-time residents, 1,000 businesses and more than two million visitors a year.

Back to your water/sewer bill: Looking at your current charges you see: first is the Water Usage Charge that will show your water usage for the last billing cycle. For single-family residential customers rates are based on "tiered" water usage. The First 5CCF or 3740 gallons (or 125 gal. per day for 30 days) you will be charged \$2.16 per 1CCF. If you use from 6CCF up to 13CCF (4488 to 9724 gallons – that's a lot of water) you will be billed \$4.07 per CCF. Higher usage means higher rates. You have all heard **California is in a drought.** If every home

in Niguel Shores uses one gallon less of water a day, our community would save 28,800 gallons of water a month that might help our Central Valley farmers keep in business. Just a thought.

Of course there is another charge on your SCWD bill, which is for sewer usage. This charge is based on the individual customer's water consumption. So less water consumption would result in lower sewer charges. Sorry you cannot avoid these charges if you put a port-a-potty in your front yard. The wastewater/sewer that is collected from all residents and businesses in the SCWD area flows through miles of underground pipes to the SCWD sewer treatment plant located just past Pacific Coast Highway on Del Obispo.

Turning back now to what projects the SCWD are currently proposing or working on which facilitates it's mission of providing a reliable source of drinking water and the



Water District Map

safe treatment of wastewater/sewer. The project currently in progress called the Tunnel Stabilization & Sewer Pipeline Replacement Project, will install a new 24-inch sewer pipeline to replace the 60-year-old existing deteriorating sewer pipe that carries effluents from Three Arch Bay down PCH to the pump station at Aliso Beach. Another project that is 50 per cent complete is the Groundwater Recovery Facility which extracts salty (brackish) water from an underground aquifer (part of the San Juan Basin), filters out solids, minerals, carbon dioxides, etc. and stores the potable water. A new project is proposed to utilize state-of-the-art "subsurface slant" wells, 350 feet long under the ocean floor off Doheny State Beach where it retrieves water that has benefited from the natural filtration through the sandy ocean floor. The salty water will then be filtered and treated to make potable water. See the photo of slant well drilling.

Now the question you have a right to ask after reading about the above SCWD projects: What impact will they have on the current rate structure? At a SCWD Board meeting in April funding the above projects discussion seemed to indicate a slight increase in rates was one of the funding options. No decision was voted on.

The final important point I wish to pass on to our Niguel Shores neighbors pertains to the new watering requirement imposed by the SCWD. In the lower left corner of this month's water bill is a request that everyone in the district limit their residential sprinkler use to three days a week. For Niguel Shores, which is west of Golden Lantern, the days and times are: Tuesday, Thursday and Saturday between 5:00 p.m. and 9:00 a.m. only. See the map above for watering limitations.

-Karl Kuhn

MAINTENANCE

Our Maintenance Staff: The Recreation Committee and all of its events would not happen without the help, support and hard work of our Maintenance staff.

There was an article in the May Seashore News erroneously thanking the Maintenance Committee for helping with the "Living Room Concert" which was sponsored by the Recreation Committee. The Maintenance Committee had nothing to do with it!! It was our Maintenance STAFFthey did all the work, as is the case in every event the Recreation Committee offers to the community. The living room concept involved having the Maintenance Staff move the two couches from the lobby into the ClubHouse and then bringing the couch from the patio inside also. The Recreation Committee wanted a vision of a fire in a home fireplace behind the singer so George Cooley spent hours of his own time on a weekend searching online for just the right fireplace videos. He then figured out a way to use my computer to project the image on our drop down screen.

Our very successful Cinco De Mayo Taco Night is a recent example of how much the Maintenance Staff does for our events. George Cooley had to shut off the usual turf irrigation at seven zones at our bluff to keep the grass dry for the weekend event. They hauled all of our portable picnic tables down to the bluff as well as supplying additional trash cans for the area. The electrical had to be available for the DJ also. All of these same tasks will be repeated again for the Recreation Committee sponsored In-N-Out night Saturday, June 14.

Now we are approaching and planning for our annual big Fourth of July celebration. Once again, our Maintenance Staff has a plethora of duties and tasks ahead of them, only some of which include: set up the ClubHouse for the Men's Club breakfast, set up the park for the kid's games, make and install signs for the parade, setup a popup, table and chairs at the bluff for the Sand Castle Contest sign up, and ready the BBQ at the bluff for the final event of the day.

As you can see.....George, Dave, Dennis, Tom, and Ray do a whole lot more here for us than just fix and repair things. We would not/could not have all our fun events without them.

-Suzanne Enis

RECREATION

One of your favorite nights is coming up—our In-N-Out Night. Be sure to mark your calendar, and remember, for the Bluff events, bring your own beverages. Watch for the time the ticket sale ends because we must close the sales as stated on the signs. No tickets are sold at the Bluff for In-N-Out.

June 14—Saturday: In-N-Out Burger will be there 5:00 to 8:00 p.m. to serve you with the \$10 ticket you must purchase in the office by noon on June 13.

July 4—Friday: Plan that wonderful day with all your neighbors. See the schedule for the day on page 15.

July 19—Saturday: Food Truck Night from 5:00 to 8:00 p.m. There will be two food trucks to enjoy different food: Sliders and Pizza. This is all cash only as you buy directly from the food trucks. Bring your own beverages and friends.

August 23—Saturday: Flock of 80's Concert at the Bluff from 6:00 to 9:00 p.m. Tickets are \$10 in the office. Provide your own snacks and beverages.

You can see the Recreation Committee continues to provide enjoyable events for all the family. Mark them on your calendar and will see you there.

—Carol Yocom

Special Senior Programs

Dana Point Community Center, 34052 Del Obispo, Dana Point ,949 496 4252

AARP Driver Safety Program Class to be held July 25 and 26, Call 949 496 4252.

Beach Cities Senior trips to Casinos plus: 6/20 back stage pass & Historic theatre in LA. 7/13 Disney Concert Hall and 8/24/14. Call Evie @ 949 496 4109 for information

WWW.NIGUELSHORES.ORG

We can tell from tracking the number of "hits" on the Niguel Shores website, that many of you are logging on to www.niguelshores.org and using the site as a good source for community information as well as a convenient way to register your guests and visitors.

You may also want to consider using the Website as a source for a little extra cash or a great place to find a good deal on another resident's unwanted or no longer needed items. If the treasures you were hoping to sell in this spring's community garage sale are still taking up way too much space in your garage, check out the Marketplace on our Website. The Marketplace is a great resource for selling and buying goods, finding services, such as pet sitting, golf cart and computer repair, or finding that summer rental for visiting relatives coming to enjoy our beautiful summer here in Niguel Shores.

The neighborhood ads listed on the Marketplace are inexpensive, \$5 for just the website or \$7.50 for the Seashore News and Website. The forms can be accessed right at www. niguelshores.org under the forms tab and before you know it, that garage may be looking a bit more spacious.

COMMITTEE REPORTS

As always, please continue to use the Website, for all of the latest information about our busy community. All of the Recreation Committee's upcoming events, election results and updates on community information right there at www. niguelshores.org. Please be sure to check it out soon!!

—Patti Staudenbaur

CLUBS

GARDEN CLUB

The Garden Club held its annual plant sale on Saturday, May 11. Thanks to all the members for donating plants and other helpful garden accessories for the sale. Thanks also to members who spent their time on Friday organizing the ClubHouse for the sale. Last but not the least, thanks to the members for bringing some delicious snacks/ desserts, my favorite being the lemon cheese cake, made healthy by placing blueberries on top! The efforts were well rewarded with sales exceeding last year's. Part of the money collected will be donated towards a scholarship in horticulture at Saddleback College. (See page 15 for Plant Sale photos.)

The Garden Club will celebrate the end of another eventful year with a barbecue party on the bluff, on Monday, June 16, at noon.

June should be an easy going month in our neighborhood. Your spring labors, if you followed the newsletter recommendations should be paying off!

Some tips:

- 1. Keep up the watering chores. Soak containers well. If you cannot keep up, move them, along with you, to a shady spot!
- 2. Drought tolerant plants, that we see more of around us, will need infrequent watering, from now until the rainy season that is being promised this winter.
- **3.** Inspect your irrigation system.
- **4.** There is still time to plant vegetables such as sweet corn, cucumbers, green beans, peppers and New Zealand spinach and, of course, herbs.

And finally: Why was the tomato blushing? Because it saw the salad dressing!

—Lakshman Sehgal

MEN'S CLUB

The Men's Club had a terrific" Ladies Day" special meeting featuring one of the best breakfasts of the year. Woody Woodward and his cooking team really came through! The egg soufflé, thick ham and fresh strawberries were delicious and the table decorations over real tablecloths made a very inviting atmosphere. There were nearly as many tables as our large community room can hold, and all tables were full of people having a spontaneous, enjoyable time. President Al Thome kicked off the breakfast by giving a big welcome to our ladies and guests that had been warmly greeted at the door.

Jerry Pearl shared names of five outstanding Dana Hills High School students that each received a \$1,000 scholarship for college. One of the recipients was our very own Hayley Boigenzahn who lives in the Shores on Leeward. Additionally, we were honored to have Ruthy Stahl with us who was featured in a piece about long healthy lives on a recent CBS 60 Minutes television program. Ruthy walks two miles each day.

Vice President Bill Tally had not just one, but **four outstanding speakers.** Each is a candidate for political office.

Carlos Vazquez, candidate for United States Congress, 46th District spoke first. His priority is education and respect for this country, as his family lost everything when Castro came to power in Cuba. His father went to prison as a political opponent and from his cell he had to watch the execution of his friends for simple political disagreement. It is no wonder he loves this country.

Linda Lindholm, four term mayor of Laguna Niguel and candidate for Orange County Board of Education, spoke next. Education and budget issues are where she is experienced and they remain her priority.

Robert Ming, two term mayor of Laguna Niguel and candidate for

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Orange County Board of Supervisors, Fifth District, was the third speaker. His priority is to protect South County's quality of life. He is for solving deficiency issues, traffic solutions and especially for pension reform.

Jeff Ferguson, Deputy Orange County District Attorney, is a candidate for a judgeship. He fascinated us with little known facts such as convicted felons not sent to prisons due to lack of space, but rather placed in jails with much shortened terms and then hard to supervise parole. He says that due to a lack of prosecuting attorneys and judges, decisions are made often before trial. He said that justice is therefore a sham, an act. He is not for more taxes, but for realignment of funding to spend money more intelligently as to the real need.

There were no questions from the audience as a group afterward, but all candidates remained to answer questions individually. Our ladies left with a fresh red rose and we hope to see them on Independence Day.

Coming sooner than you expect, will be our annual Fourth of July Celebration, recognizing our declaration of our independence from England. There will be a parade, beach activities, games in the park and much more. The delicious pancake breakfast served over 500 last year. Be sure to put it on your calendar. Other special activities for the entire community are in the works from the Men's Club more information to follow.

Come visit us on the first and third Tuesdays at 8:00 a.m. for good food and good speakers. We are a friendly and welcoming group!!

—C. W. Gruenig

WOMEN'S CLUB

June is tea time! Our annual Installation Tea will be on Thursday, June 12 in the ClubHouse at noon. Pretty dresses and hats are the order of the day. Members are asked to bring a plate of small tea sandwiches (lots of recipes can be found online—just type



New Women's Club Members (left to right): Jane Elizabeth Olson, Kathy Ogden and Nancy Taylor

in "tea sandwiches"). Various accompaniments and desserts will be provided. Officers for 2014-15 will be installed and President Karla Sanders will give a recap of our past year's activities. Bring \$10 for your dues if you haven't already paid them and be sure to specify any corrections to your directory information (send them to mccrowl33@gmail.com).

Photographs of the May 8 Fashion Show can be seen on page 15.

-Mary Crowl

ACTIVITIES

BRIDGE NEWS

We've been having three tables of bridge even though we have lost a few players during this hot spell. Jeanne is in England, Sally Ann is on vacation, Pouri is visiting her daughter in Texas and we miss their presence. We're pleased to have Jane Olson as a steady now that she is back from Phoenix.

We meet every Wednesday at 11:00 o'clock and we enjoy the companionship as well as so-so bridge. We bring a little snack and share with the ladies. We are always looking for new players so if you're interested, please give Helen a call — 949- 496-4230.

Our recent winners are:

April 23 Sally Ann King, Helen Campbell, Freida Baskin

April 30 Dorothy Horany, Freida Baskin, Lee Farrell

Margaret Brugger, Jane Olson, Freida Baskin May 7

May 14 Lee Farrell, Margaret Brugger

—Helen Campbell

OREO BOOK CLUB

The Oreo Book Club met at the home of Norton Schwartz on May 21, where the group discussed the book Breakout Nations—In Pursuit of the Next Economic Miracle, written by Ruchir Sharma. The discussion was led by Lakshman Sehgal who took us through the labyrinth of politics, economics and culture of those nations that the author thought might be the next economic miracles or disasters. India, China, Brazil, Germany and Nigeria were of particular focus.

The next meeting will be led by Diane Hearne on the book Last Child in the Woods by Richard Louv. The date will be June 18 and the place undetermined at the time of this report.

-Norton Schwartz

PAGE TURNERS

We look forward to our June 23 meeting, when members will get together at 1:00 at the ClubHouse to vote on our book selections for next year. The complete list of 20 nominated titles will be emailed to members by June 3.

Please take the time to research the titles and circle the eight you'd like to read next year. If you put your name on the ballot, it will be returned to you at the end of the meeting. You can also vote ahead of time and email your ballot to Diane. That will save time at the meeting.

Those planning to attend should have contributed \$2 at their May meeting to cover the cost of refreshments and paper goods. If you haven't done so, there is still time to get the money to your group coordinator.

If you want to participate in the book exchange, bring a wrapped, gently used paperback which you would enjoy or have enjoyed reading.

Finally, some thoughts about book selection, some books are a good read, but don't lend themselves to a lively discussion. The best dis-

cussions can be about books on which we disagree. Being a member of a book club gives us the opportunity to expand our reading repertoire and get out of our comfort zone.

For more information about Page Turners, you can contact: Diane Hearne: Phearne4@cox.net 661-6267—Monday

afternoon. Lisa Buchner: lisabuchner@cox.net 496-9546—Thursday afternoon.

—Lisa Buchner

LIBRARY

Children:

Read to a Dog: Saturday, June 21, 11:00 a.m. Drop in. No pre-registration required.

Adults:

Pet Project Foundation: Saturday, June 14, 11:00 a.m. to 2:00 p.m. Pet Project Foundation, the San Clemente-Dana Point Animal Shelter will be at the Dana Point Library to provide information on pet adoption. Come and meet some furry friends.

Joseph Campbell: Wednesday, June 25, 7:00 to 8:30 p.m. The Mythological Round Table discussions continue. For

more information contact: carolyn.millar@gmail.com

Displays/Exhibits:

Tribute Elephants: Month of June. Colori and Kingdom as well as Laura Seeley's *March On*, a collaboration of 38 artists, are still on exhibit at the Library.

—Susan Pina, Librarian



Carol's Cuisine Corner

School is out and company will be here off and on all summer. Some of the following restaurants in our area will help you out, so that you and your guests can enjoy the summer too.

Carlos: 34224 PCH, Dana Point 496-4470. Hours: 7:00 a.m. to 9:30 p.m.

The Point: 34085 PCH, Dana Point 464-5700. Hours: Sunday 9:00 a.m. to 10:00 p.m. Rest of week: 11:30 a.m. to 10:00 p.m.

R.J.'s: 25001 Dana Point Harbor, Dana Point 218-5757. Hours: 6:30 a.m. to 3:00 p.m.

The Brig: 34461 Golden Lantern, Dana Point 496-9046. Hours: 7:00 a.m. to 8:00 p.m., Saturdays and Sundays til 9:00 p.m. **Harbor House:** 34157 PCH, Dana Point 496-9270. 24 Hours—Never closes

Beach Cities Pizza: 34473 Golden Lantern, Dana Point 496-0606. Hours:11:00 a.m. to 8:30 p.m.

Cedar Creek: 26860 Ortega Hwy, San Juan Capistrano 240-2229. Hours: 11: 00 a.m. to 9:00 p.m. Sunday open 10:00 a.m.

South of Nick's: 110 N El Camino, San Clemente 481-4545. Hours: 11:00 a.m. to 10:00 p.m.

Nick's: 440 S. Coast Hwy, Laguna Beach 376-8595. Hours: 11:00 a.m. to 10: 00 p.m.

Sonny's Pizza and Pasta: 429 N El Camino, San Clemente 498-2540. Hours: 11:00 a.m. to 10:00 p.m.

Ichibiri: 16 Monarch Bay Plaza, Dana Point 661-1544. Hours: Lunch 11:30 a.m. to 2:30 p.m. Dinner 5:00 p.m. to 9:00 p.m.

Enjoy your summer with family and friends at a casual restaurant. Just heard some good news for the future: In 2015 plans are to bring back old the Victor Hugo at the Las Brisas location. How great to look forward to this happening. —Carol Yocom

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MEN'S GOLF

We had a great tournament on April 22 at Tijeras Creek in Rancho Santa Margarita. The weather was great and the course in fine shape. The game that day was "1, 2, 3 Foursome". The 1st hole score is best net of the four players. The 2nd hole score is 2 best net scores of the four players. The 3rd hole score is 3 best net scores of the four players. The remaining holes are scored in same rotation as 1st three holes.

First Place went to the team of Dennis Rosene, Mark Russell, Hal Allen, and Vid Klath. Second Place went to the team of Kent Wellbrock, John Monson, and Bill Verbrugge. Closest to the pin went to Jon Cobain on #5 and Mac Brown on #16.

Our May tournament was at Arrowood in Oceanside on the 27th. On June 24 our tournament will be at Glen Eagle Golf Club in Corona. This is a great course and new to our golf tour.

We welcome anyone who wants to join our group. We

have golfers of every skill level from single digit handicaps to very high handicaps. Our only requirement is that you have fun. For more information contact Roy Dohner at roy@dohner.com, or Bob Russell at russler65@gmail.com.

Exceptions to the rules of golf:

Frivolous Ball: If, after hitting an unsatisfactory tee shot, a player exercises his right to play a revisional ball (mulligan) and thereupon hits a plainly laughable shot or one that is demonstrably and ludicrously inferior to the original flawed drive that gave rise to his desire to take a replay, he may, upon declaring his intention to abide by "The Rules of Golf" and desist from further unserious play, pick up the frivolous ball (gilligan) and play his first ball without forfeiting any residual rights he may possess to the replay of another drive at some future point during the round.

—Bob Russell

Travel Tidbits ... On the Mississippi...

"The World is a book and those who do not travel read only one page"—St. Augustine

Id Man River keeps rolling along and calling me back. I boarded the paddlewheel steamboat American Queen in New Orleans for a seven day round trip. This provided the opportunity to revisit familiar landmarks like the French Quarter as well as view the ongoing post-Katrina rebuilding efforts and enjoy for the first time the excellent National World War II Museum. Founded by author/ historian Stephen Ambrose and originally known as the National

D-Day Museum, the name was changed to the National World War II Museum in 2006. Still expanding, the museum expects to complete the entire story of the American experience in World War II in 2016, at which time it will have quadrupled the size of the original museum.

What, you ask, is a WWII museum doing in New Orleans? Quoting Dr. Mueller, President and CEO, "New Orleans is where Andrew Higgins designed, built and tested the landing craft used in many D-Day invasions, and the Higgins Boat is what President



Barbara Milner with the Seashore News beside the paddlewheel steamboat American Queen in New Orleans.

Eisenhower believed won the war for the allies."

Exhibits range from many restored planes, tanks, etc., to barbed wire battlefields, to a large exhibit about the Japanese Americans' experience in WWII, to model Victory gardens. All were very well done. A sobering statistic...there were 65 million casualties world wide.

From there, the boat went to St. Francisville, Natchez,

Vicksburg, Baton Rouge and several beautiful Civil War era plantations. More about that next month.

Remember we want to see a picture of you on your travels holding a copy of the Seashore News. Just bring the picture to the office and tell Matt where you have been and we will all enjoy a bit of your trip.



—Barbara Milner C.T.C., bmilner39@gmail.com

WOMEN'S GOLF

No May gray on the May Funday; it dawned as another gorgeous summer day. The game of the day was given to us by Lee Sweeney filling in for Irene McDonald and Val Mitchell. The game was scramble. Three teams ended with scores of 39, 40, and 41. Team 1 (Judy, Irene, and Lee) was overall winner with 39. Irene also won closest to the pin on hole #8. Team 2 (Barbara, Brenda, and Liz) had 40. The stars were Barbara and Brenda. Playing with team #2, though not included in the game, was a Korean young woman named Minjin, which translates as "jewel of the sky." Minjin said her daughters, using a mixture of Korean and English (Kor lish?) say it translates as "mean jewel." Minjin was a lot of fun and was a very good golfer. She was invited to join us for lunch and on future Fundays when able. Team # 3 (Helena, Terry, and India)

had a score of 41. Helena was their star, winning closest to the pin on #6, and longest drive on hole #9.

A lone deer braved the heat and appeared on hole #7. Chris Beaver, Ruth Stahl, our celebrity of the 90's study, and Marge Foster joined us for lunch. Ruth said all pertinent information about the tournament will be available in June. Join us on June 9 for our next Funday, our last chance to shape up our game before our big tournament in July. Who will be our next champion? Call Golf Captains Chris Beaver (493-7480) or Linda Ross (248-3408) to play or to cancel.

Words of Wisdom: Never try to keep more than 300 separate thoughts in your mind as you drive the ball!

— Liz Kelsch

WELLNESS

y the time you read this, summer's official start will only be weeks away...and who doesn't love summer? Especially living where we do! Summer is a time of year that, if you let it, can transport you to faraway places...literally, or just in your imagination. It's a season that somehow seems to inspire us to just dream a little about who we are, what we want, and where we want to go in life. For some people it's discovering a great book to read, or a relaxing trip to take, time with your kids and family doing something fun outdoors like enjoying the beach, or a project in their own backyard. Its good advice to dream big in life and summer just seems to lend itself to that, especially in our lovely climate.

While all of this glorious dreaming and just plain enjoying of the summer season is going on, the sun is also shining...and shining hotter and stronger than in years past. A dermatologist told me that people who were born around the year 2000 are at a much greater risk for skin cancer due to our changing atmospheric conditions that allow more UV rays to make it to our lives here on planet Earth. These people have been, and will be, exposed to UV rays that have

> a greater intensity throughout their entire lives as compared to people born before 2000...something to think about.

Speaking of something to think about,

FUN IN THE SUN?

we all have heard about the risk factors, but how many of us listen? I for one grew up in the "baby oil generation". Why anyone would think that it was a good thing to slather up with baby oil and fry in the sun is beyond me, but I did. I was young and never thought about the consequences...like most young people when it comes to risky behavior. Anyway, those us with blonde or red hair, and blue or green eyes, are at a much greater risk. If you had serious sunburns when you were young, worked or played in the sun a lot, used a tanning booth, freckle easily, have a personal and/or family history of skin cancer, and have certain types and large number of moles...all these put you at a much greater risk.

So, what can you do to prevent it? Well, love yourself and your family enough to seek shade, wear sunscreen with at least 15spf or higher (I use 30), wear a hat, sunglasses and long sleeved clothing (wet T-shirts at the beach or pool side on your kids doesn't really help much), and like most things in life, plan ahead and be protected. Here is a link to the CDC for more information http://www.cdc. gov/cancer/skin/ Go check it out and come out on the other end of a summer filled with great memories of family and fun... and not about skin cancer worries!

To Your Health!

—Sharon Stewart, R.N., Certified Health Coach

If you would like to make a comment or suggest a topic please send an email to . . . Sharon Stewart RN, Certified Health Coach — sharonstewart@cox.net.

MEET YOUR NEIGHBOR

Paul and Ann Strauss

rganization. As Dr. Strauss and I met for this "Meet Your Neighbor" interview, he was quick to volunteer the code that he lives by. He is the consummate organization

man, firmly believing that having things in order makes life easier for himself and others in meeting life's demands.

Dr. Paul Strauss is the new head of The Friends of the Library. This position is changed periodically so that all the Friends of the Library volunteers share the experience of leadership. The environment there is friendly and, of course, organized. Dr. Strauss makes sure that every dollar earned from donations or from sales is accounted for. The Friends of the Library has contrib-

uted \$70,000 and this support has enabled the Dana Point Library to provide some valuable programs for both children and adults as well as funds for books and physical improvements. Dr. Strauss likes to say that "things are running on the heartbeat of the organization". It is a truly transparent group. Friends of the Library membership has been increasing as many people have discovered this inexpensive way to help our valuable library since it costs only \$20 a year to become a member. This year's fundraising goal is \$110,000.

Now for a bit of history: Paul Strauss was born in Johannesburg, South Africa. He studied medicine at Stellenbosch University where he earned his medical degree. Then for five years he worked in patient care at the 800-bed Groote Schuur Hospital in Cape Town, where the first heart

Memorial Spervice A service in memory of Forrest Owen will he held in the Niguel Shores ClubHouse on Saturday, June 7 from 2:00-4:00 p.m.

transplant took place. Moving on, he then attended Cape Town University, earning a specialist certification in Dermatology.

Returning to Groote Schuur, he met and married Ann, his

wife of 44 years. She also worked at Groote Schuur, in maternity as a midwife. As this was (and is) a teaching hospital, in addition to his patient care, Paul Strauss also served as an assistant professor.

After 21 years in patient care Paul was offered a research position with pharmaceutical giant Upjohn in Kalamazoo, Michigan. His work designing chemical research tests appealed to his inquiring mind. Seven years later a corporate merger made him, in his words, redundant, so he retired



and became a consultant. He then set off to find a home in Orange County, where his brother lived.

He and Ann happily found Niguel Shores and bought their home on Cassandra Bay in 2003. Paul and Ann have two sons, Nicholas and Andrew, and a daughter, Megan. All three are in their 30's. Megan has given Paul and Ann a grandson, now two years old, and is expecting a daughter in July.

Because of his continuing fascination with the way things work, Paul set up his own little workshop in the garage, fabricating items of wood and metal and even some electronics. I'm sure that he uses his code of organization to approach these projects. He says that he bosses himself around while he works.

Ann is a member of the Niguel Shores Garden Club and is enrolled in the Emeritus Film Class that meets weekly in our ClubHouse. She has also been one of the Friends of the Library for 10 years. Paul joined the Friends of the Library Board in 2012.

For the last six years, Paul and Ann have spent their vacations bicycling in France. Ann's proficiency in the French language has been most helpful. (Paul is not proficient in French, although he does speak Afrikaans and several other South African native languages which are not much help ordering a croissant in a French brasserie).

Last year Paul and Ann pedaled 300 miles along the canals of Southern France. Doesn't that sound wonderful! Thank you neighbors Paul and Ann for bringing your talents and enthusiasm for life to Niguel Shores and to the Friends of the Library!

—Laurel Livesay

NEIGHBORHOOD ADS

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Vacation Rental: Niguel Shores Villas, great private single story detached home, fully furnished. 3 bedrooms, 2 bath, utilities, 2 month minimum. No pets please. (505) 610-4639.

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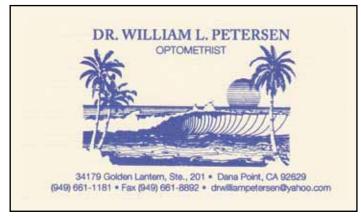
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Gunjan Anand and Ruthy Stahl with Ruthy's plant purchases at the Garden Club Plant Sale.



Garden Club President Jerry Koppang with plant donations from the Dana Point Nursery for the Garden Club Plant Sale on May 11.







Women's Club members modeling Chico's fashions at the Women's Club Style Show at their luncheon on May 8: (left) Marian Kennedy, (center) Peggy Oliva, (right) Ana Ryan



July 4th — Prepare to celebrate our independence:

Come one come all to Níguel Shores July 4th celebratíon! Get those cars, golf carts, bícycles, strollers, skateboards and animals of all kinds ready to decorate in their red, white and blue finest!

Schedule:

8:00-10:30 a.m. ClubHouse Breakfast by Men's Club 10:00 a.m. Flag Raising and Neighborhood Parade Games in the Park 11:00 a.m.-noon 11:30 a.m. Hot Dogs Poolside Sandcastle Registration 12:00 noon 3:00 p.m. Sandcastle Judging 5:00 p.m. Sandcastle Awards on the Bluff 4:00-9:00 p.m. D.J. on the Bluff BBQ ready for grilling on the Bluff 5:30 p.m.



4th of July 2013

Plan now for the Sandcastle Contest

Categories: Sand Fleas — kids and teens (no adults) Sand Tribes — all ages (must include adults) Judging based on creativity, imagination, originality and sculpting skill and detail.



4th of July 2011



4th of July 2012

www.niguelshores.org

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