

# Seashore News



August 2012 Published Monthly by Niguel Shores Community Association Issue 465

## FROM THE HELM

Back in 1982 the Niguel Shores beach front revetment was damaged in a storm and, at that time, Orange County agreed they would be responsible to maintain and repair the revetment. On July 12, 2012, I attended the California Coastal Commission Hearing as Orange County Parks presented the Niguel Shores Revetment repair application to the Commission for approval. The staff report is available for your review on the Niguel Shores website. The Commission, by unanimous vote, denied the application giving their reasons for its denial.

The Coastal Commission agreed with the Staff recommendation on several key issues. First, relocate the revetment further inland, and increase its crest elevation. The proposed revetment encroaches onto public beach and is too

low to prevent overtopping during storms. Staff also recommended that a public walkway be constructed along the top of the revetment that would connect the public walkways both upcoast and downcoast. The subject site is the “missing link” along what would become a 1.25 mile long walkway between Salt Creek and the Headland. They felt the walkway would offset some of the public access impacts the revetment would have on the public beach.

They encouraged Orange County Parks, Niguel Shores and its residents, to agree on a plan that eliminates their concerns.

An open meeting for residents, the Board, and County Parks has been scheduled for August 8, 2012 at 6 p.m. in the ClubHouse.

—Pat O'Brien

## HOMEOWNER REQUEST FORMS

As we approach the forty-fourth year of the first developed areas of Niguel Shores Community Association, the Homeowner Request Form is still going strong and continues to be one of the best communication tools for homeowners to bring a suggestion, request, problem or complaint to the attention of the NSCA Management and Staff, the Board and the various volunteer committees. It is the most organized way to solve problems and to improve our community.

The Homeowner Request Form (HRF) is available at the NSCA office and also on the website at [www.niguelshores.org](http://www.niguelshores.org). The paper version is in triplicate and, as the homeowner,

you will keep one of the copies for your records. If you use the website to download your HRF, you will need

to print a copy of the completed form before you send to the office.

One of the most frequently asked questions of our NSCA staff is “what happens to my HRF”? The following is an overview of the process:

- You submit your HRF to the NSCA office.
- The NSCA staff assigns a number to your HRF and sends a letter notifying you of receipt and that you will receive an update in 45 to 60 days.
- If the HRF can be immediately handled by the staff, you are again notified that the problem has been resolved.
- If the staff cannot answer the HRF, it is sent to the appropriate

# BOARD ACTION SUMMARY

## **JULY 3, 2012 BOARD MEETING (General Session)**

### **ACCEPTED AND FILED:**

- Resignation of Jody Bradshaw from the Finance Committee
  - Financial reports
- Finance Committee recommendation/ 2011 tax returns
  - General Session Committee Minutes

### **APPROVED:**

- General Session Meeting Minutes of June 19, 2012
- Special General Session Meeting Minutes of June 26, 2012
- Filing lien for delinquent assessments against one property
  - Proposals for irrigation repair

### **DISAPPROVED:** none

### **HEARINGS/MEETINGS/PRESENTATIONS:**

- Harvest Landscape presentation/ report
  - Appeal of AC decision

### **REVIEWED/DISCUSSED:**

- Master Landscape project
- Coastal Commission public hearing for proposed revetment
  - Manager's report

### **TABLED:**

- Nauticus slope project

## **JULY 17, 2012 BOARD MEETING: (General Session)**

### **ACCEPTED AND FILED:**

- General Session Committee Minutes

### **APPROVED:**

- General Session Meeting Minutes of July 3, 2012
  - Code of Conduct Policy
  - Landscape proposals
- Proposed architectural guideline definitions
  - Emeritus fall schedule
- Painting proposal for Garibaldi and Mariner gates
  - Irrigation for Nauticus slope
- Proposal to replace gate controller

### **DISAPPROVED:** none

### **HEARINGS / MEETINGS / PRESENTATIONS:**

- Harvest Landscape presentation/ report

### **REVIEWED/DISCUSSED:**

- Master landscape project status
- Owner correspondences
- Manager's report

### **TABLED:** none

## **JULY 3, 2012 BOARD MEETING (Executive Session)**

### **ACCEPTED AND FILED:**

- Financial reports
- Executive Session Committee Minutes

### **APPROVED:**

- Executive Session Meeting Minutes of June 19, 2012
  - Refer one account to legal counsel for collection of delinquent assessments

### **DISAPPROVED:**

- Request to reduce fine for violations of Rule 6405

### **HEARINGS/MEETINGS:**

- Meeting with owner regarding behavior of family member/guest
  - Violation of Rule 3103

### **REVIEWED/DISCUSSED:**

- Legal status report
- Manager's report

### **TABLED:** none

## **JULY 17, 2012 BOARD MEETING: (Executive Session)**

### **ACCEPTED AND FILED:**

- Executive Session Committee Minutes

### **APPROVED:**

- Executive Session Meeting Minutes of July 3, 2012

### **DISAPPROVED:** none

### **HEARINGS/MEETINGS:** none

### **REVIEWED/DISCUSSED:**

- Legal status report
- Manager's report

### **TABLED:** none

*NOTE: The NSCA Board of Directors meets the 1st and 3rd Tuesday of each month unless otherwise posted. The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session Agenda for the next Board Meeting will also be posted at noon on the Thursday prior to the next meeting.*

**REMINDERS:** OPEN FORUMS ARE HELD AT THE BEGINNING OF EACH GENERAL SESSION MEETING (6:00 P.M.)  
THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON TUESDAY, AUGUST 7, 2012.

## **The Finance Committee is looking for a new member:**

Are you interested in the financial health of Niguel Shores? Do you have the time and desire to get involved? The Finance Committee is looking for at least one new member that has the flexibility and talent to participate in the Finance Committee and Investment Committee. These Committees meet once a month, usually the third Monday of the month and late in the afternoon. The ideal person for these Committees would have current or recent P&L responsibility, knowledge of operating budgets and be willing to make recommendations to the Board on financial and investment matters. If you are interested, please contact Jeannie at 443-0107 or the NSCA Office at (949) 493-0122.

**Finance Committee Mid-Year Statement:** Enclosed with this issue of the Seashore News is a mid-year financial statement prepared by the Finance Committee. The Committee has prepared this statement to keep the Association members updated on the financial status of the Association. Please take the time to review the information.

In conjunction with the financial mid-year report, I would like to provide information that might be of interest to you regarding Reserves as an important financial component of our Association. Equipment and major components (like streets) must be repaired or replaced from time to time. It is a sound fiscal practice to plan and set aside funds over the expected life of the major components, therefore the Association puts a portion of your quarterly assessment into the reserve accounts so, when the component needs repair or replacement, the funds are available.

The following are several important reasons why associations put monies into reserves:

- Reserve funds meet legal, fiduciary and professional requirements that may be required by 1) secondary mortgage markets, 2) state statutes, regulations or court decisions or 3) the community's governing documents.
- Reserve funds provide for major repairs and replacement that we know will be necessary to maintain the assets owned by the Association. For example, the Association has a plan for the continued maintenance of all of the streets which is supported by funds allocated each year based on the reserve study. Since this is a common element, every owner shares in this cost through their quarterly contribution to the reserve fund.
- Reserve funds minimize the need for special assessments or borrowing.
- Reserve funds enhance resale values. Lenders and real estate agents are aware of the ramifications for new buyers if the reserves are inadequate. Many states require associations to disclose the amounts in their reserve funds to prospective buyers.

We are currently working with the Reserve Analyst for the preparation of the Reserve Study for 2013. The Reserve Study is a necessary tool for preparing the annual budget. The reserve review currently being prepared will be completed in late summer and a summary document will be distributed to all Niguel Shores Association owners in conjunction with the annual assessment notice in November 2012.

**Renovation of the Nauticus Slope:** As we enter August, the Nauticus Slope is nearing the end of the "Grow and Kill" phase of the renovation. Even though it may not appear that progress is being made, this is an important part of the renovation. During this phase, the goal is to kill weeds and roots from the previously planted vegetation to provide a fresh canvas for the plantings. The Geotech checked the slope after the vegetation was removed to ensure the stability of the slope and has provided specifications for the proper revetments needed. This work will be completed as soon as possible. The current schedule will allow the planting of the slope to be completed by Labor Day. For this project, the Board hired Mosaic Consulting as the project management team to ensure that this project is completed correctly and efficiently.

**Landscape Update:** As we enter August, there are many landscape projects underway in addition to the regular maintenance. The Board has approved proposals submitted by Harvest to repair/renovate the irrigation throughout the community. The irrigation project will begin with the front yards of Sea Terrace I and II. The schedule of areas to be addressed is posted on the website. In addition, the annual tree trimming will begin this month. Please go to the Niguel Shore website for more details.

**Rules for Political Signs:** As the political campaigns ramp up for the November election, please note the NSCA Rules and Regulations allow *one* sign per residence. All political signs must be removed immediately following the election.

**Fabulous 4th of July Celebration:** Thank you to our wonderful volunteers from the Recreation Committee, the Men's Club and Women's Clubs for providing a memorable 4th of July Celebration for the community. In addition, I would like to express a special thank you to Securitas, the Maintenance Staff and Karen Decker for their excellent job in providing services and support for this great event. To show the Community's appreciation of these efforts, the Board of Directors presented Certificates of Appreciation at the July 17 Board meeting.

One more special recognition and thank you must go to Gary Tinnes who volunteered his time and talents to take pictures of all of the activities throughout the 4th of July celebration. The pictures are posted on the website – please be sure to take a look.

— Deborah Baker

# COMMITTEE REPORTS

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## EDUCATION/EMERITUS

Welcome back to students of the Saddleback College Emeritus Program. Classes will begin again on or about August 20! We will have two classes in our ClubHouse, “Film as Literature” on Mondays with Susan Hecht and “Political Science” on Tuesdays with William Sinclair. We expect many of our residents, their friends and relatives to attend one or both classes.

The Committee is hoping to develop some educational programs for residents who work and can not participate in daytime programming. We would appreciate some input regarding types of programming, speakers, etc., that would be enjoyed by residents throughout the year! Please contact me by leaving a note or your name and phone number at the office if you want to participate in planning any event! Thank you!

—*Bunny Ross*

## FINANCE

The Finance Committee has compiled a mid-year financial update that is included in the enclosed insert. This update includes financial information for the budgets, expenses and income through June 30, 2012. In addition, the Committee has included short budget explanations concerning trends and potential variances for the remainder of 2012. Members of the Finance Committee will be available for questions and comments at the Niguel Shores Open Board meeting scheduled for August 7 and also welcomes questions and feedback on the website.

—*Jeannie Sticher*

## LANDSCAPE

Nearly everyone in Niguel Shores is aware, by this time, that we have a new landscape contract. Harvest Landscape has been with us for six months now and is hard at work attending to landscape problems that have been accumulating for the past forty years. But, did you know that Harvest grows its own flowers? And, when our bedding plants need to be replaced, it costs us nothing? It's part of our contract with Harvest. It's intriguing to observe what has been planted, as the new plants are green, and the flower beds slowly fill with a riot of color, so pleasing to the eye.

Another advantage of Harvest Landscape is that they understand our satellite watering system and are able to work with it. As a result, our grass is greener, in spite of the lack of rain this past winter. We do still have brown spots, however, and they will be attended to if residents will report them. Please do that. Submit a Homeowner's Request to the office. Perhaps you have a broken sprinkler or a sprinkler

has been blocked by over-growth. Whatever reason, and whatever your landscape problem, a Homeowner's Request is the best way to attend to your landscaping needs.

And lastly, if you are a dog owner and you walk about our community with your pet, PLEASE be a good citizen and clean up after your dog. It only takes a minute and is appreciated by everyone.

—*Linda Ross*

## MAINTENANCE

We once wrote about rust being evil. Our Maintenance guys have a different view. For them wood rot and rust represent job security.

The entrance gates and fences are undergoing rust removal and painting. The Manta and Cabrillo Gates have been completed. Mariner and Garibaldi should be completed before this article is printed. The Bluff fence will be painted this summer. The Bluff fence, located so close to the ocean, has the most rust damage requiring considerable grinding and preparation prior to painting. A couple of the posts on this fence are beyond repair and will be replaced.

Wood rot gets our street sign posts, coach light posts, log railings, Garden Home benches, and Sea Terrance II mail boxes. This month we have replaced or repaired a street sign on Dasya, coach light posts on Brisbane and Hobart, log railing posts on Garibaldi, benches on Bluehill and Atlantic, and mail boxes on Via Del Cielo.

Replacing coach light and mail box posts involves building and painting the structures in our shop and installing the electrical fittings for the light posts. At the site new cement footings are poured with brackets to mount the posts above grade level. Mounting the posts above grade level will reduce the effects of wood rot.

The large log posts supporting some of our stairways and railings are repaired with a unique process that makes them stronger and more resistant to rot than the original post. This process involves first cleaning out all the rot and then pouring a penetrating epoxy sealant inside the hollow log. After the sealant has cured/dried for a month we fill the log with an epoxy resin mixed with fine sawdust. This needs a couple of more weeks to cure and then the log is capped with epoxy filler. After two or so more weeks to cure, the final step is to paint.

—*Jack Christiansen*

## RECREATION

Another successful year on July 4th at our Shores celebration. The pictures show the happy people of all ages enjoying the day. Thanks again to everyone that made it possible.

# COMMITTEE REPORTS

Our Food Truck Night will have happened by the time you read this article. Hope this new experience was an event you enjoyed.

**August 25 — Bluff Concert.** 5:00 to 8:00 p.m. The Trip Band is back. Buy your tickets in the office for \$10 each or have a table for \$100. This is a high - energy band that we have had before that has rocked Niguel Shores with many of you showing your dancing feet. This is modern and classic rock. Do not miss this night—get your tickets now!

**September 2 — Bluff BBQ.** Thanks to Bob Borland and his crew, we will have the Labor Day BBQ on the bluff from 5:00 to 7:30 p.m. Bring your own meat to put on the BBQ and have good conversations with neighbors around the grill. Have those tasty treats at your table that you will be sharing.

**October 6 — Garage Sale.** Yes, we have heard many of you want this again. It will be available with more details next month so mark your calendar. Start to look and find those things you have not used for years, but that are waiting for a new home.

Remember our Bluff is there for you all the time. We are so lucky to have it to enjoy and see the sunsets with family and neighbors.

— Carol Yocom

## INDEPENDENCE DAY 2012



July 4th Chairman Nancy Tinnes and Pancake Breakfast Chairman, Dick Johns

Niguel Shores July 4th celebration was off the charts! Record numbers turned out for the non-stop activities provided by a multitude of Niguel Shores residents who volunteered their time and talents to make the day a HUGE success from Pancakes to Fireworks.

We began the day at 8:00 a.m. with our Men's Club preparing and serving a traditional pancake breakfast to more than 500 hungry folks. Teamwork at its finest! The Saddleback Young Marines Color Guard honored us by raising Old Glory and our state flag.

Our sincere thanks go out to those patriotic sons of soldiers.

Once again, our local Dana Point Station members of the Orange County Fire Authority and their Engine #30 led our Patriots Parade of more than 450 residents and friends. Autos, golf carts, bikes, scooters, skaters, pedestrians and canines were all decorated in their red-white-and-blue best! Then it was our Women's Club's turn to prepare and serve their renowned hot-dog lunch ... a Niguel Shores favorite.



# COMMITTEE REPORTS



Sandcastle Grand Prize Winners for their Pirate Ship: Residents Jim & Beth Moore and Judy and Rich Boitano along with family and friends.

Participants in relays, swimming, basketball, tattoos and balloon artistry at our Community Center Park had a blast! Then it was down to the beach for the several “kids-of-all-ages” who participated in our annual sand-sculpting contest. Awards were presented to the winners at the Beach Bluff Park at 5:00 p.m. Many residents and guests were already gathered there for our traditional July 4th barbecue. The D.J. again did a super job of getting everyone up and rocking to the music. You can check out the day’s events on our community website: [www.niguelshores.org](http://www.niguelshores.org) under the ‘Galleries’ tab.



I give my personal thanks to all of our community-minded volunteers who made this day another beautiful memory for our neighborhood. Final thanks to our office staff, maintenance staff and security; we are truly blessed to have their support and assistance to always make these events a great success! Party on!

*In celebration, Nancy Tinnes  
(July 4th photos courtesy of Gary Tinnes.)*

## JULY IN NIGUEL SHORES

*Southerly swells lap upon the sand...*

*Surf Fisherman cast their lines beyond the crashing waves...*

*One caught a perch, the other tangled his line in the seaweed.*

*Couples hold hands strolling down the beach*

*Sandals in their hands, sand between their toes.*

*Seagulls overhead searching for a meal*

*Sandpipers dashing across the wet sand.*

*Summer sun high in the sky, hot dogs on the BBQ, kites flying high from the ocean breeze, sunburns, sunglasses, warm waters from southerly swells lap upon the sand...*

*—Mike Colapinto*

## JULY 4TH SANDCASTLE CONTEST WINNERS

- **Grand Prize:** Boitano & friends—*Pirate Ship*
- **Sand Tribes:** 1st: Palmer Family—*American Flag*, 2nd: Spieker Family—*Castle with Embellishments*

# COMMITTEE REPORTS

- **Sand Hoppers:** 1st: Aaron Michelson—*Utapau Volcano*
- **Sand Fleas:** 1st: Carol Family—*Happy Birthday USA Cake*, 2nd: Casenza Family—*Shark Attack*  
2nd: Evans Family—*USA Flag w/color*, 3rd: Baker Family—*Mermaids (girls in sand)*, 3rd: Cordova —*Mermaid w/long hair*, 3rd: Gannaway Family—*Fort w/flowers & moat*

## TRAFFIC AND SAFETY

We are half way through summer already and, for the most part, everything is going relatively smoothly. However, we should address a few house cleaning chores. Such as reminding all residents that admittance to the ClubHouse area and pool should be accomplished with a fob and resident present. Along that line, food and beverages are prohibited in the pool area. Special emphasis should be placed on glass containers as they pose a threat to everyone's safety.

This past month several locked and unlocked cars were entered by car clouts and were either rifled and/or had property stolen. Several cars were hit on the evening of the Fourth of July. With one car alone, the thieves took two wallets containing money and credit cards. Soon thereafter, with these credit cards, the perpetrators bought pizza, gasoline and charged a movie. Hopefully our local deputies will be able to follow up on that information and arrest the thief. Several residents on Halyard have conducted a survey and determined that in the past two years thieves have hit at least forty-five parked cars in that general neighborhood. Apparently and unfortunately, most of these crimes were not reported to our staff or the police.

Several lessons can be learned from this. These matters should be reported as soon as possible so that appropriate community and police action may be taken to stop these crimes. Locking our cars discourages the opportunist from entering our vehicles and pilfering them and at the same time makes it a bit easier for the police to arrest the suspect. Finally, if we choose to leave items of value inside our unattended parked cars it might be wise to leave the car unlocked as the thief would be less likely to damage the vehicle getting in (yes, this was said tongue in cheek). **Note:** Action is being taken to ensure for extra security patrol during hours that these crimes are occurring.

The X-Games just concluded and much to everyone's chagrin, Pat O'Brien did not win the Senior Skateboarding competition this year. As it turned out he did not even enter. It seems that he has been too busy with his job as our Board President to put in the necessary hours of practice at

the local skate park. Anyhow skaters, just like all pros do, wear your safety gear. God Bless.

— Tim Murphy

## VIEW PRESERVATION

**“View Friendly” Trees:** Under rule 4101 Landscape Improvements: “7. Tall trees that cannot be trimmed (King, Queen and Kentia Palms; Star Pines; etc.) may not be planted.” Unfortunately over the years, many of these species have been planted without approval of the Architectural Committee. As these trees grow into homeowners' views, the View Preservation Committee receives a corresponding increase in view impairment complaints. Unless a formal landscape plan has been submitted to the Architectural Committee, it has no way to monitor what trees are being planted by residents. Conversely, many residents are unaware of restrictions on what plants they may use. To avoid the inconvenience and expense of trimming or removing trees, *slow-growing and/or maximum height limits should be considered when making landscaping choices.*

Residents may contact the Architectural Committee if they have questions regarding landscaping.

—Kathy Jones

## NIGUEL SHORES WEBSITE

If you agree with the adage “a picture is worth a thousand words” then take a look at the July 4th photo gallery currently featured on the Niguel Shores Website. Gary Tinnes always seems to be able to capture the spirit of our wonderful community. The pictures of the sandcastles by our creative residents are alone worth a visit. Perhaps you will see one of your neighbors enjoying NSCA's patriotic and always festive celebration. If you have any pictures from July 4th please consider sharing them by sending to Matt Northrop in the office at [mnorthrop@niguelshores.org](mailto:mnorthrop@niguelshores.org).

As our various clubs and activities start up again from a summer break, please use the website to let our residents know your plans for any upcoming events. You can use the website to communicate with your members and to post pictures of your activities. We welcome any event information and photos.

Thanks to all of you who continue to use the website. Every month we see an increase in the number of visits. Please feel free to contact us with any suggestions or questions.

—Matt Northrop, Patti Staudenbaur and Ellen Dovey  
For the Communication Committee

# CLUBS

## MEN'S CLUB

The Niguel Shores Men's Club meets the 1st and 3rd Tuesday of the month for a healthy breakfast (usually pancakes and sausages) and features a speaker with topical subjects of interest to the membership. We welcome new members from the Niguel Shores community and the offer of a free breakfast for first timers; afterwards, there is a charge of \$3.

July is always a busy month for the Men's Club as we hold our traditional 4th of July Pancake Breakfast. This year we had 527 paid attendees, resulting in a net profit of \$843 which goes into our Scholarship Fund for the annual awards to three deserving Dana Hills High School students.

Breakfast on July 17 featured Dr. Jay Cohen MD, Executive Chairman of the Board of Monarch Health Care. His topic was Accountable Care Organizations (ACO) "The Future of Health Care." Dr. Cohen explained that ACOs are a small part of the Affordable Health Care Act and that this particular section was co-sponsored by both parties. ACOs work with Medicare authorized providers (like Monarch Health) to manage and coordinate care for Medicare fee



July 4th Men's Club Pancake Breakfast kitchen crew: (left to right) Blair McDonald, Sam Johnson, Boyd Van Ness, Jack Sweeney, Bob Enger (hidden behind Jack), Al Glatt, Bob Ryan, Jim Clark & Jerry Koppang.

for service beneficiaries. The basic idea is to improve cost effective care and ensure that patients, especially the chronically ill, get the right care at the right time. Another goal is to reduce hospital re-admissions after an illness or surgery by assisting patients after leaving the hospital.

—Al Thome

## ACTIVITIES

### BRIDGE NEWS

We are enjoying a shortened game of bridge each Wednesday. We start at 11:00 a.m. and are usually done by about 2:30 p.m. Today we welcomed one of our summer visitors from the desert, Marcia, who is renting in Niguel Shores for the summer. If there are any other vacationers who would like to join us please just give us a call at 496-4230. All you need to bring is a sandwich or snack and \$1 and you are in.

#### Our latest winners are:

- June 20 Helen Campbell, Pouri Fowzi, Margaret Brugger
- June 27 Kay Wittmack, Pouri Fowzi
- July 11 Freida Baskin, Dorothy Horany and Joanne Ford
- July 18 Freida Baskin, Dorothy Horany and Helen Campbell

—Helen Campbell

### LIBRARY NEWS

The Dana Point Library Sunshine Readers will continue to meet on Tuesday August 7 and August 14 from 11:30 a.m. to 12:30 p.m. and on Monday August 27 at 7:00 p.m. This volunteer group reads stories aloud to children of all ages. Feel free to stop by and join in on the fun.

On Friday, August 17, the Library will be presenting the Israeli film **Seven Minutes in Heaven**. This film, in

Hebrew with English subtitles, was a 2009 official competitor at the New York Tribeca Film Festival.

The Library staff is currently planning the 2012 Fall-Winter schedule and as information becomes available we will be sure to update all of our residents.

—Ellen Dovey

### THE OREO COOKIE CLUB

The Really Serious Oreo Cookie Book Club met once again on July 20 at the home of the esteemed Rich Schwartz, where an ebullient Diane Hearne led a free-flowing and open-mouthed discussion of the book *Waiting for Snow in Havana*. She challenged each of the twelve members present to analyze and reveal their own experience with the memoir. The response was electric and dynamic. Some hated the author because he was a rich kid in a corrupt political environment, while others loved the sensitivity and élan of the narrative. The politics of Cuba and the role of the United States in supporting dictators was considered. The next meeting will be at the home of Dick Johns on August 15. Our group will discuss *Catherine the Great* by Robert K. Massie. Our discussion will include a ranking of the prowess and variety of her lovers.

—Norton Schwartz



# ACTIVITIES

## PAGE TURNERS

Page Turners' Book Club has selected eight books for the coming reading year. The September selection is *Five Smooth Stones* by Ann Fairbairn. Dates for the other seven titles will be announced in the next newsletter. They are:

- *Clara and Mr. Tiffany* by Susan Vreeland
- *In the Garden of Beasts* by Erik Larson
- *Moloka'i* by Alan Bennert
- *One Thousand White Women: The Journals of May Dodd* by Jim Fergus
- *The Turn of the Screw* by Henry James
- *Whistling Season* by Ivan Doig
- *The White Pearl* by Kate Furnival

Page Turners has three groups all reading the same titles. The Monday morning group meets at 10:00 on the fourth Monday of the month. The Monday afternoon group meets the same day at 12:30. The third group meets on the fourth Thursday at 1:00. For more information about Page Turners: Gretchen Rask: rask707@gmail.com, 489-2259—Monday morning. Diane Hearne: Phearne4@cox.net, 661-6267—Monday afternoon. Lisa Buchner: Lisabuchner@cox.net,

496-9546—Thursday afternoon.

—Diane Hearne

## SOCIETY FOR CIVIL DISCOURSE

Friday, July 20, the Society for Civil Discourse met at 10:00 a.m. at the Library with discussion being led by John Hall. We discussed methods and techniques of problem solving which, in spite of much evidence and opinion to the contrary, we humans do a much better job of than insects and chimpanzees. Curt Swanson summarized our review by citing from *The Critical Thinking Approach*, which is characterized by asking yes and no questions of alternatives and arriving at a conclusion; the trial and error approach; the Google approach (finding similar approaches and implement suggested solutions); the Committee Approach (using compromise); and the Executive CEO approach (all information funneled to one person who makes a decision) or the Male/Female approach -which I am too embarrassed to discuss; however, you can ask Curt about it when you see him. Our next meeting will be on Friday, August 3, where we will discuss Retirement-Life Choices-How do you know you made the right Choice??

—Norton Schwartz

## SPORTS

### MEN'S GOLF

On June 26 the Men's Golf group took on the challenging Crossing Golf Club in Carlsbad. The format was a challenging Tin Whistle Individual play.

A Flight: First place went to Dennis Rosene, second place to John Monson. B Flight: First place went to Barry Daniel, second place to Roy Dohner. Closest-to-the-Pin on #9, Barry Daniel and on #17, Bob Gutknecht.

The next tournament was on July 10 at Talega Golf Club in San Clemente. The format was team play "Two Best Net of 4 Balls." First place went to the team of Blair McDonald, Boyd Van Ness, Bob Gutknecht, and Gary Katsuki. Second place went to the team of Jack Sweeney, Roy Dohner, Kent Wellbrock, and Bob Russell. Closest-to-the-Pin on #8, Roy Dohner and on #12, Gary Katsuki.

Next up is Aliso Golf Club on July 24 and Arroyo Trabuco on August 14.

#### BACKSPIN:

**An amateur was talking to his golf pro.**

**Amateur:** "How do you get so much backspin?"

**Pro:** "Before I answer that, tell me, how far do you hit a 5 iron?"

**Amateur:** "About 130."

**Pro:** "Then why in the world would you want the ball to spin back!?"

—Bob Russell

### WOMEN'S GOLF

On the 2nd Monday in July, Niguel Shores Women Golfers saluted Judy Boitano. Judy won the 20th Annual Memorial Tournament to become Club Champion for 2012. As Runner-up in the tournament, Val Mitchell was given a plaque with the date and year. The following golfers also won awards for playing well that day – Closest to the flagstick on hole #8, Josette Umar; straightest drive [closest to a line drawn down the center of the fairway] on hole #9, Barbara Brabeck. The 'bravas' and awards were given out at the Memorial Luncheon attended by many former members and friends. Ruth Stahl and Joan Beyer received plaudits for their efforts in presenting a delightful and 'memorial' day.

The 13th of August, 2012, is the date for the next Fun Day golf event. Just as we congratulate our best golfers, we all secretly plan on being an 'upset' winner one of these days at Aliso Creek Golf Course, in the game of the day, or in a scramble or best-ball format, or with a magic putter. Marge Foster, 951-6256, and Brenda Tuckley, 249-6912, are golf captains for the day. Please contact one of them to be included in our golf activities on the 2nd Monday in August. No-host lunch on the terrace at Aliso Creek follows a 9-hole game of golf. Really is a fun day...

—Ceacy Johns



# Carol's Cuisine Corner

*I have had some requests to do Happy Hour again. This time of year it's nice to go out early and enjoy the sunset with a drink and appetizers. We have so many good places to go. Have fun with friends eating and drinking. Here are a few close by for all of us:*

**Cassanova:** 33585 Del Obispo, Dana Point, 496 0992. Happy Hour specials every day 3:30 to 6:30 p.m. The eggplant and pastas are very good.

**Chaparossa Grill:** 30271 Golden Lantern, Laguna Niguel, 363 9888. Hours 3:00 to 7:00 p.m., Monday to Monday with a good choice of appetizers.

**Chart House:** 34442 Green Lantern, Dana Point, 493 1183. Hours are 4:30 to 6:30 p.m. M-F. Have their prime rib sliders, ahi or, coconut shrimp plus a good view.

**Hunter Steakhouse:** 30100 Town Center, Laguna Niguel, 276 2945. Happy Hour 7 days 3:30 to 6:30 with very good spicy shrimp and chicken kabobs.

**Brio:** 24050 Camino Del Avion, Dana Point, 443 1476. Happy Hour 4:00 to 6:30 p.m. M-M they say. Enjoy it with happy people.

**Cannons:** 34344 Green Lantern, Dana Point, 496-6146. Happy Hour 7 days a week 4:30 to 6:30. Good sliders, nachos and artichokes plus many other appetizers.

**Wind and Sea:** Dana Point Harbor, 496 6500. Happy Hour 4:00 to 7:00 p.m. M-F...as you watch the boats. Come enjoy the nachos and shrimp plus other items on the menu.

**Jolly Roger:** Dana Point Harbor, 496 0855. Hours are 3:00 to 7:00 in the bar, 3:00 to 6:00 in the restaurant 7 days a week. A good view plus appetizers.

**Harpoon Henry's:** Dana Point Harbor, 493 2922. Hours M-F 4:00 to 7:00 p.m. Good calamari steaks. With entertainment some nights.

**Luciana's:** 24312 Del Prado, Dana Point, 661-6500. Watch for the opening of their Happy Hours coming soon.

**Luxe:** 24582 Del Prado, Dana Point, 276 4990. Try any of the items and you will enjoy them, plus entertainment some nights. Happy Hour M-F 3:00-7:00 p.m.

**Hennessy's,** 34111 La Plaza, Dana Point, 488 0121. Happy Hour M-F 4:00-7:00 p.m. Sliders, as well as good appetizers.

**Fisherman's:** What a place out on San Clemente Pier to have those oysters, scal-

lops and many other Happy Hour specials. 498-6390. Hours are M-F 4:00 to 7:00 p.m.

**Ritz Carlton:** 180 Blu Lounge, One Ritz Carlton Drive, Dana Point, 240 2000. This wonderful place on roof top does not have Happy Hour but worth a trip there for the sushi (Thur, Friday and Sat.) 6:00-9:00 p.m. with a guitar player during those hours.

**Stack Bistro:** (A note about a place that has changed owners and name: Savoir Faire is now Stack Bistro). It is serving excellent food and is open for breakfast, lunch and dinner. 31161 Niguel Road, 240-6613. Closed on Monday. Tues. to Sat. 9:00 to 9:00 p.m., Sun. 9:00 to 2:00 p.m.

**Besame:** Monarch Bay Plaza, 218 9500. Another new place in our area. Hours are 11:00 a.m.- 9:00 p.m. Happy Hour 7 days a week, 2:30-6:30 p.m. Service and food very good. Taco Tuesday.

We have still another restaurant opening at the end of July: **The Point**, 34085 Pacific Coast Highway, 464 5700. Watch for their opening. Family dining and entertainment, with Happy Hour 3:00 to 6:00 p.m.

*Now what else can you do but enjoy those evening hours after a day at the beach. Bon appetite—Carol Yocom*



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# Travel Tidbits . . .



**One's destination is never a place but a new way of seeing things.**

—Henry Miller

Unfortunately, we did not receive a picture of any Shores residents out enjoying summer time activities while on vacation. Hopefully we will have at least one next month. Please share your fun and discoveries with all of us, your neighbors.

I did not think you wanted to see another picture of me, but I was out, as the saying above indicates, seeing things in a new way. Many of us have been to Vancouver, Canada, but have you been there lately? It is skyscraper city... bright, new, and beautiful. But they have kept the quaint areas such as Chinatown and Granville Island. Stanley Park is an oasis of forest in the heart of the city and the sidewalks along the waterfront are packed with people walking, biking, skating, dining on outdoor patios...even getting massages...all of this two blocks from the skyscrapers. And, all the while, seaplanes coming in and out of the harbor. A wonderful place to be, especially on a sunny day.

**“The World is a book and those who do not travel read only one page” —St. Augustine**

—Barbara Milner C.T.C., [bmilner@wtbinc.com](mailto:bmilner@wtbinc.com)

If you are going to be in Vancouver, you may as well go on to Alaska. Did you know Ketchikan is the rain capital of the United States...the town gets 180 inches a year of rain. If you cut Alaska in half, Texas would still be the third largest state. The Tongass Rainforest is the largest and oldest in the United States.

There are six different groups of native peoples in Alaska. The interior of Alaska is called the Bush (this is anyplace not accessible by road). The people who live in the bush arrange for a bush pilot to fly in two or three times a year with needed supplies (medications, home schooling books, some foods). Information from the 2010 census (conducted by bush pilots) turned up the fact that the average bush family lives at least 200 miles from the next nearest family. Certainly different than our lifestyle.



## WELLNESS – The Founding Father’s Fourth of July

**Cool Clear Water:** The Dog Days of summer are upon us...those days in July and August which are hot and sometimes sticky and muggy...time to make sure we drink enough water. But first, I was curious why they were called “Dog Days”...it’s a negative comment about the weather and why should the poor dogs in this world carry such a burden anyway? Well, I checked it out, and they’re called the Dog Days...many of you may know this already...because of an ancient belief that Sirius, also called the Dog Star, is very, very, very close to the sun and was thought to be blamed for all of the hot, humid weather! Why didn’t I think of that? It gets worse...back in the day, poor canines of the color brown were sacrificed by the Romans in an effort to make peace with Sirius as they thought that his anger caused the sultry weather. Now, don’t you think that if any of this story were EVEN true, common sense would dictate that the Dog Star Sirius would get even angrier when the Romans sacrificed a fellow pup and turn up the thermostat on the sun to scorching hot? In light of this trivia, I would scratch Sirius off your list of names for man’s best friend and instead fill his water dish.

So, summer is Sirius business...hot, sticky weather; hot, sticky dogs; hot, sticky people...all making me really thirsty for some **cool clear water!**



We all hear how important it is to drink 64 ounces of water each day and more if you’re perspiring heavily (workouts, yard work, long walks, physical jobs, etc) but just how important is it?

Well, **water** is a very critical component of our bodies, making up between 55 and 60

percent of our weight. Since we can’t store **water** in a bodily reservoir, we are constantly in need of replenishing it which is why it is such an important habit. **Water** removes toxins and other unhealthy substances stored in our fat cells. It also keeps our organs and systems functioning properly. It also makes the job of our kidneys’ a whole lot easier...that would be to filter and eliminate metabolic byproducts and toxins. If you don’t drink enough, your body is forced to recycle **dirty water...YUCK**...diminishing the efficiency of every metabolic function!

That being said, did you know that we lose nearly **twelve cups** of **water** every day?

- **Two** cups through perspiration
- **Six** cups through urine
- **Two** to four through breathing
- **One**, approximately, through the soles of our feet

**Water** helps us feel full, prevents dehydration, removes toxins, minimizes fatigue, headaches and fuzzy thinking, and ramps up our metabolism, to mention just a few of its attributes. Studies have shown that when we feel hungry, **30 percent of the time** our bodies are actually signaling for **water!**

So keep on drinking **water**...plain, filtered **water**...throughout your Dog Days this summer. We are all susceptible to dehydration too...kids and the elderly are at a greater risk so as you pour yourself a glass of cool clear water, be sure to make sure those around you are doing the same. Oh, and during these Dog Days, keep your Dog Star’s water dish full too...and I mean that...Siriusly.

To Your Health!

**If you would like to make a comment or suggest a topic please send an email to . . .**

*Sharon Stewart RN, Certified Health Coach* — [sharonstewart@cox.net](mailto:sharonstewart@cox.net).

# MEET YOUR NEIGHBOR

## Janet and Richard Mackaig

I rang the doorbell and was welcomed by your neighbor, the multi-talented artist Janet Mackaig. She invited me in and I was instantly aware that I was surrounded by paintings, sculptures, photography, and folk art figures of museum quality. We sat down on a settee facing a table covered with folk art figures. Janet explained that she had acquired these during her lifetime of travel. She and her husband, Richard, love to travel and have visited over 120 countries, collecting symbolic figures that reflect the cultural and religious beliefs of many of their origins.

Janet was born in Santa Monica, California. Early in her life she was exposed to an appreciation of creativity while attending a UCLA experimental school from the third grade through sixth grade. Later, her family moved to the San Fernando Valley where she attended Canoga High School. Janet attended California State University, Los Angeles where she earned a BA and later, a Master's Degree in Art. In addition, she has a standard teaching credential and a community college teaching credential in California. Richard was born in Hollywood and attended Hollywood High. He went on to study at the University of Redlands and USC, where he graduated with a degree in business.

The two met in Laguna Beach during Easter vacation when Janet was 19, and their wedding was a year later. That was 61 years ago. Richard worked for years in a family owned Chrysler automobile dealership in Los Angeles. Eventually, he grew tired of the car business and became a successful commercial real estate broker.

Their daughter, Janet, was born a year after they married. She has been a school teacher in Orange County for years, specializing in reading. A son, Steve, came along a couple years after Janet. He was with the San Diego Fire department before retiring and now works in arson investigation.

Richard and Janet also have a purebred black Toy Poodle named "Bonaparte." You may have seen one or both of them walking little "Bo" around the grounds. The

couple moved to the Shores in 1977 and quickly set up a small studio on the second floor for Janet to do her magic.

Janet says her artwork has covered the gamut, from drawing, textured pieces, sculpture, photography and printmaking to painting. In the first part of her career, she often combined multiple processes in her art but, since 2004, she has tried

to limit the processes, to keep her work simple and direct. Her work is almost always personal in intent. She calls it her visual haiku attitude, autobiographical in nature, giving some subliminal messages about her life. Often poetry is part of this creative process. Her poetry accompanies some of her paintings. She paints intuitively and doesn't always know where the inspiration for her work comes from.

Janet says that she can't explain her creative process completely, and often notices that, when she sees one of her old paintings, she no longer has the same feelings towards it. It's as if it has become its own entity and she's surprised that she was the artist or creator. She says that she has to ask herself, "Did the painting create itself?" However it happens, the result is usually special. She has won many awards and her art can be found in numerous public and private collections. She has had over 600 juried and one-person exhibitions.

A photo of one of Janet's works (somewhat whimsically titled, "Where are the Peanuts?") accompanies this story. Alas, if you're reading the "print" edition, it's only in black and white, (well, technically grayscale), which doesn't do it justice. A color version is available in the "online" edition of the "News" on our website, [www.niguelshores.org](http://www.niguelshores.org). You can also view other examples of her work at her website, [janetmackaig.com](http://janetmackaig.com).

Janet and Richard have both been very active in Niguel Shores over the years, he as chairman of the Finance Committee for many years and a former Board member and Janet as chairman, for a number of years, of the Landscape Committee. When Janet is not creating art, she and Dick are traveling the world collecting it. Their passion (and wanderlust), has created a little international museum in their home. It's made that home here in the Shores a very special place for two very special people, (and of course a special little Toy Poodle named Bonaparte).

—Laurel Livesay



Janet Mackaig



Janet Mackaig's painting "Where are the Peanuts?"

committee. Just as each one of the committees has a Board liaison, it also has a staff representative. It is the responsibility of the staff member representing that committee to make sure your HRF gets to the correct committee.

- This is where some time may go by before you hear a response. Most of committees meet once a month. The staff member makes sure that all HRF's received leading up to that meeting are included on the committee's monthly agenda. For example, the Landscape Committee meets the second Monday of the month. If you submit your request after the monthly meeting, say on the second Tuesday of the month, then the Landscape Committee will not review your request until its next monthly meeting. Be sure that you review the committee meeting schedule dates available in the monthly newsletter. This may result in some days saved for review of your HRF.
- The HRF you sent is now part of the agenda for one of the NSCA resident volunteer committees. It is important to note that when you submit a HRF, it is your neighbors, volunteering on a committee, that make every effort to solve your problem. The committee thoroughly discusses and reviews the HRF. A decision is made

that addresses the homeowner's request and is within the guidelines of our regulations. The staff representative immediately notifies you in writing of that decision.

- Occasionally the Committee is unable to immediately answer a request. For example, any request that requires an expenditure not covered in the committee's current budget is forwarded to the Board along with the committee's recommendation and becomes part of the Board's agenda for the next meeting. The Board then makes a final decision and as above, the NSCA staff representative will notify you in writing.
- The staff also uses the information from the HRF to try to anticipate similar issues that may occur in the future and proactively address them. This allows the staff to solve the problem before a HRF is needed.

As you can see from the above, the staff and volunteer committees give every consideration to your requests and will follow your HRF through conclusion. Thanks for your cooperation and sometimes patience that allows

all of us to work together to improve our community. — Ellen Dovey

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**For Sale:** 2 neutered pugs, beautiful fawn with black face (brother & sister) w/ papers & accessories. 5 years old. Downsizing to new apartment. All shots etc. up to date. \$300 for the pair to good home. Paid \$3000. (949) 429-9452.

**Tutoring:** Keep your child's skills sharp over the summer. Tutoring by retired school teacher will focus on building self esteem while learning and having fun. Call Julie (949) 493-2710.

**Wanted to Rent:** Niguel Shores family looking for approximately year-long rental starting October. 2-3+ bedrooms preferred. Great references. Please call (510) 387-1783 or email Amanda.salter@gmail.com.

**For Rent:** Newly remodeled 5 bedroom, 2 bath, fireplace, outside private shower off master bath, chef's kitchen, upstairs media den, thumbnail views of ocean - \$4900 available August or September. Looking for one year to 6 months. Call (310) 770-1359.

**Winter Vacation Rental:** Fully furnished Villa 2 bdrm 2 bath and den. Fine art, antiques, unev, w/ weekly gardner, monthly housekeeper. 2 large patio fountains. Avail Nov 1 to June 1. 5 month minimum. (949) 489-3580.

**Long Term Lease Rental:** Niguel Shores couple looking for a 3 bed, 2 bath home. Minimum 12 month lease. Need to find home before September. Please call (949) 481-6703.

**For Sale:** American Queen SZ Oak antique headboard/footboard, morris chair, library table, side tables and dresser w/ mirror. Please call Lori at 633-6479 for details and pictures.

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**Interested in hiking:** I'm new to the area and looking for people to do day hikes. Need some experience and able to keep moderate pace. Contact Lydia – (949) 388-3012.

**For Sale:** Exercise bike, robot vacuum cleaner, frame for double hammock, 33 sq. ft. tumbled marble, 4' sq., jade, cute wood doogie steps. Ginny, 488-2678.

**Errands:** Seventeen year Shores resident looking to assist Seniors with everyday errands and help around the house. Call Ana 842-6075.

**Sitter:** Niguel Shores teen interested in becoming your sitter for the summer. Call Mariah 842-6075.

*Ads for the Seashore News must be submitted by the 15th of the month. Include a check payable to NSCA, \$5 for a maximum of 30 words. Advertisers must fill out a form available at the Association office. Neither NSCA nor the Seashore News assumes responsibility or liability for quality of goods advertised. See Rule 5525 (Non-Commercial Ads Only)*

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