

April 2013

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Issue 473

FROM THE HELM

Twould like to thank all of you who attended the March 19 Board Meeting where we discussed the issue of repairing the revetment which protects the homes on Breakers Isle. Niguel Shores has a covenant with Orange County that requires the county to maintain and repair the revetment. The County came to us with a plan to rebuild the revetment that had a sidewalk on top of it for public beach access. However, to rebuild the revetment required the residents of Breakers Isle to give the County an easement as the revetment would encroach on their property. After our open meeting where some Breakers Isle residents objected to the sidewalk, the County removed the sidewalk from their plan and submitted it to the Coastal Commission for approval. The Coastal Commission denied the plan, the main reason being no sidewalk for public access.

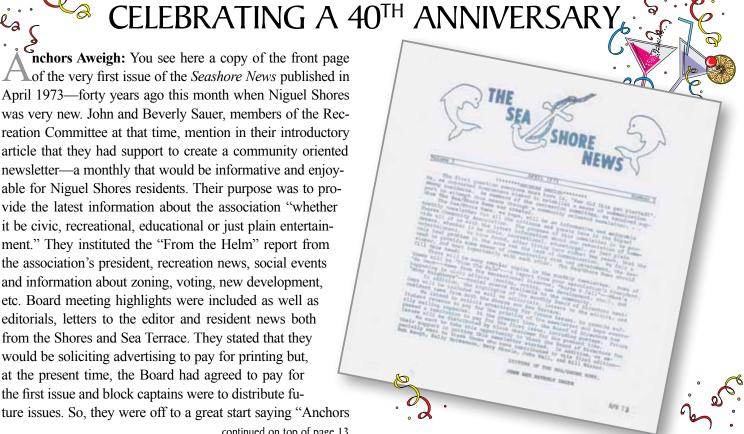
The County came back to us and said it is impossible for them to proceed without the easements from the Breakers Isle residents and any plan would require a sidewalk. We disagreed with the County, feeling they have not exhausted all their options. The covenant we have with the County requires us to go to binding arbitration to resolve disputes. We are at that point. The Board believes it is in the best interest of the community that the revetment be repaired with or without sidewalk. The cost of binding arbitration may be a considerable amount, but far less than the cost to the community if the revetment failed and damaged the Breakers Isle properties. We will continue to work to resolve this issue.

—Pat O'Brien

nchors Aweigh: You see here a copy of the front page first issue of the Seashore News published in when Niguel Shores was very new. John and Beverly Sauer, members of the Recreation Committee at that time, mention in their introductory article that they had support to create a community oriented newsletter—a monthly that would be informative and enjoyable for Niguel Shores residents. Their purpose was to provide the latest information about the association "whether it be civic, recreational, educational or just plain entertainment." They instituted the "From the Helm" report from the association's president, recreation news, social events and information about zoning, voting, new development, etc. Board meeting highlights were included as well as editorials, letters to the editor and resident news both from the Shores and Sea Terrace. They stated that they would be soliciting advertising to pay for printing but,

at the present time, the Board had agreed to pay for the first issue and block captains were to distribute fu-

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BOARD ACTION SUMMARY

MARCH 5, 2013 BOARD MEETING: (General Session)

ACCEPTED AND FILED:

- —Financial Reports
- —General Session Committee Minutes

APPROVED:

- —General Session Meeting Minutes of February 19, 2013
 - -Landscape proposals
 - -Repairs of Breakers Isle gate
 - Geotechnical engineering proposal relate to slope water/drain issues

DISAPPROVED: none

HEARINGS/MEETINGS/PRESENTATIONS: none

REVIEWED/DISCUSSED:

- -Master landscape project update
 - -Manager's report

TABLED: Gatehouse project update

MARCH 5, 2013 BOARD MEETING: (Executive Session)

ACCEPTED AND FILED:

- —Settlement terms for mediation
- —Executive Session Committee Minutes

APPROVED:

- —Executive Session Meeting Minutes of February 19, 2013
 - —Special Executive Session Meeting Minutes of February 20, 2013
- —Referral of one account to legal counsel for non-payment
 - -Suspension of privileges for non-payment

DISAPPROVED:

— Request to waive late fees

HEARINGS/MEETINGS:

- -Violations of Rule 6404.1
- -Violations of Rule 6401 and Rule 6505

REVIEWED/DISCUSSED:

- -Legal correspondence
- —Delinquency report
- -Correspondence from homeowner regarding revetment
 - -Manager's report

TABLED: none

MARCH 19, 2013 BOARD MEETING: (General Session)

ACCEPTED AND FILED:

- —Candidates for 2013 Board of Directors Election
 - —General Session Committee Minutes

APPROVED:

- —General Session Meeting Minutes of March 5, 2013
- -Resignation of Steve Barrett from Finance Committee
 - -Appointment of Tim Murphy as Traffic &

Safety Committee 2013 Chairman

- -Purchase of pool pump
- -Landscape architect for Mariner entrance project

DISAPPROVED: none

HEARINGS/MEETINGS: none

REVIEWED/DISCUSSED:

- -Master landscape project update
 - —Gatehouse project
- —Homeowner correspondence regarding driveway repair
 - -Manager's report

TABLED: none

MARCH 19, 2013 BOARD MEETING: (Executive Session)

ACCEPTED AND FILED:

—Executive Session Committee Minutes

APPROVED:

-Executive Session Meeting Minutes of March 5, 2013

DISAPPROVED: none

HEARINGS/MEETINGS: none

REVIEWED/DISCUSSED:

- —Legal correspondence
- -Request for arbitration
 - -Manager's report

TABLED:

— Hearing for violation of Rule 3103 and Rule 3104.5

NOTE: The NSCA Board of Directors meets the **1st and 3rd Tuesday** of each month unless otherwise posted. The last approved General Session Minutes are posted on the Bulletin Board across from the NSCA Office entrance. In addition, the General Session Agenda for the next Board Meeting will also be posted at noon on the Thursday prior to the next meeting.

REMINDERS: OPEN FORUMS ARE HELD AT THE BEGINNING OF EACH GENERAL SESSION MEETING (6:00 PM)
THE NEXT BOARD OF DIRECTORS MEETING WILL BE HELD ON TUESDAY, APRIL 2, 2013

IOHN DOUGHERTY



I was born in New Jersey, earned a B.S. in Chemical Engineering, married Joanne and relocated to California. In 1973 we moved to Niguel Shores with our two young sons. We raised our family here enjoying our friends, sailing and the pleasures of the beach

life. Our family now includes six wonderful grandchildren. In 1991 I retired, attended law school and began the practice of law. Sadly Joanne passed away in 2012.

I first served on the Board about 30 years ago and found it a rewarding experience. I was privileged to serve again as President during the construction of our new ClubHouse and expansion of the Beach Bluff Park. I am currently serving on the Board and wish to continue to assist in the further implementation of the landscape program in a manner that upgrades the esthetics of our community's landscaping in a cost effective manner and to develop a solution to the revetment issue that does not expose the community to substantial financial liability.

Finally I am committed to seeing that our association dues are prudently expended and that Niguel Shores continues to be the great community we all enjoy.

PAT O'BRIEN



I was born and raised in Southern California and am now 65 years old. I lived in Downey, attended school there and then joined the Downey Police Department at 21 years of age. I retired as Robberyhomicide Sergeant in 2002

after 32 years with the Police Department.

In 2002 my wife and I moved to Niguel Shores. After moving here, I volunteered for the Traffic and Safety Committee which I served on until elected to the Board of Directors in 2007. I served as Secretary and 1st Vice President during my term on the Board. I then served on the Finance Committee and, in May 2011, was elected to the Board for a second term, serving as Secretary and President. My experience and knowledge of our community helps in resolving the current matters and issues that are before the Board.

Niguel Shores has a history of being well maintained and has the lowest association dues in the area. I will work to maintain this and keep Niguel Shores one of the best places to live.

GM REPORT

Annual Meeting & Election: Nominations for the 2013 Annual Election are in and we have two candidates running for two open positions. Both candidates are incumbents: Pat O'Brien and John Dougherty. We must thank both Pat and John for their dedication to the community and their willingness to continue to serve on the Board. The Seashore News has their statements above. In addition to reading about each candidate, please plan on attending the "Meet the Candidates" forum scheduled for Tuesday, April 16, 2013 at 6:00 p.m. This event will be part of the Open Forum at the Board of Directors meeting.

The Annual Meeting Notice and Ballots will be mailed to all homeowners by April 20. It is important for everyone to vote. The Annual Meeting is scheduled for Tuesday, May 21.

Turf Reduction Landscape Project: The turf reduction project is nearing completion in Area 3 and has started in Area 1. You can see the maps of all areas involved in this project on the Website. Over the last few months, we held several homeowner forums to present the turf reduction plans and provide an opportunity to hear homeowner

concerns. Thank you to those residents that attended these presentations and/or responded to the information provided on the Website. These comments were taken under consideration and led to adjustments to the original plan.

The turf area along the Mariner Drive entrance was approved as part of the turf reduction program through the water district. In February, the Board interviewed several land-scape architects who offered conceptual designs for the Mariner Drive entrance. Monarch Environmental was selected and will immediately begin working with the Board to develop a final plan. To be able to include the removal of the turf in this area in the water district's rebate program, the turf must be removed and that area replanted by June 27. The Board is working hard to get everything together so that this deadline can be met.

Beach Revetment: As mentioned in The Helm article, the Open Forum at the March 19 Board meeting focused on the beach revetment and what actions have been taken by the Board with Orange County Parks as related to its repair. Please be sure to read information included in this issue regarding this important matter.

National Volunteer Month: April is National Volunteer Month and Niguel Shores is blessed with many wonderful residents who volunteer within our community. Without our volunteers many of the things you enjoy about living here would not be possible. If you don't currently volunteer but are passionate about working with people and having fun at the same time, volunteering in your community may be just the thing for you. Communities are more successful when there is a broad base of active volunteers. Below are several reasons why volunteering may be beneficial not only to you personally but to Niguel Shores.

- Protect your self-interests. Protect your property values and the quality of life in your community by becoming involved, contributing, and understanding how your community operates.
- Be sociable. Meet your neighbors, make friends and exchange opinions.
- Give back. It is a wonderful feeling to help others.

- Have some fun. Association work isn't drudgery. It is fun! Accomplishing good things with your neighbors. Just ask those who already volunteer.
- Get educated about your Association. Learn how it is done—we will train you.
- Express yourself. Help with creative projects using the talents you have.

If you believe that you can make a difference and contribute to making Niguel Shores a better place to live please join those who already work with us to make our community so special.

Please join me in expressing sincere thanks to all who volunteer; both within NSCA and outside our gates throughout the area, committing their time to make our community a better place to live. We wouldn't be the great community we are without our active volunteers. We look forward to seeing more residents becoming volunteers.

— Deborah Baker

COMMITTEE REPORTS

EMERGENCY PREPAREDNESS

Planning Ahead! Emergencies and disasters come in all shapes and sizes: Individual, Family, Neighborhood, and Community Catastrophic. Do you have a plan? Do you and those you interact with have a plan? Do you know the plan others have for you? When something happens, it is too late to start thinking about what to do. Adrenalin is pumping and emotions often over ride logic. If you have a predetermined and pre-practiced plan, you can "act" in an emergency rather than "reacting" to a confusing situation. No one plan fits every one. You need to form a personalized plan to fit your particular needs and circumstances.

The following are questions to consider as you develop your plan:

- Do you have a supply of food and medicine that you like on hand in case you get sick? Do you know what stores deliver? Do you have someone you could call to help you?
- In case of fire in your home, do you and your family have an escape plan and a designated meeting place?
- Do you have emergency phone numbers posted by your phone? Do your children know they are there and how to use them? In case the power goes out, do you have a "hard wired" phone that does not need electricity?
- If you are not home or have been hurt, do your children know a trusted neighbor they can go to for help or is there someone designated to check on them?

- Do your children know what to do and where to go in case of an emergency? Especially if they are away from home. Do they know their phone numbers, addresses, parents' names and who to trust?
- Local phone lines are often jammed in an emergency, but out-of-state outgoing lines may still be available. Do you have a predestinated out-of-state emergency contact? Do you carry this number with you? Do other family members (kids) know and carry this number?
- Do you know designated evacuation routes from your home, community, work place, or children's school?
- Do you and your family members know where shelters are?
- In the event of evacuation do you have a designated family meeting place?
- Do you know where your children would be evacuated to if they are at school? Do your children know you know?
- Do you have and know how to use emergency supplies?
- Do you have a plan for "Sheltering in Place?" (Subjects for future training)
- Do you have a plan for getting information and communication needs?
- If you have pets, have you considered their needs?

Do you know the two most important things to always have with you in an emergency? Answer: Knowledge of emergency procedures and a clear head. Just a few things to think about now, before we wish we had!

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For more information and available resources, please see

- Niguel Shores Website (www.niguelshores.org)
- American Red Cross | Disaster Relief, (www.redcross. org/)
- FEMA (FEMA.gov)
- City of Dana Point : CERT www.danapoint.org > ... >Public Safety > Emergency Services

—Linda Foth

LANDSCAPE

As all residents can see, Harvest Landscape is very busy with the turf reduction program. In order for Niguel Shores to receive the rebate from the South Coast Water District, this project needs to be finished by early summer. The Niguel Shores Website (www.niguelshores.org) has a link to the maps showing the exact areas where the turf will be removed. You can also view these maps at the Niguel Shores office.

Once again, all residents who see a landscape problem are asked to fill out a Homeowner Request Form (HRF). This is the best procedure to handle your problem or issue.

As Spring has come, so has the return of leaves to our bougainvillea along Selva Road—they will soon be as beautiful as before...

-Karen Linger

MAINTENANCE

It is often the routine maintenance tasks that keep the neighborhood spiffed up and looking good. Done well, the need for these tasks may go unnoticed and unappreciated. The Maintenance Committee does notice and appreciates the work of George Cooley and his dedicated Maintenance Staff. The Staff has its **scheduled** tasks, and there are several **ongoing** tasks that are scheduled as manpower permits.

Some of the **scheduled** tasks include: each day the pool and spa are vacuumed, the deck furniture is arranged, chemicals are maintained and trash is picked up; each day the dog bags are refilled and the deposits removed; five times a week the trash is removed from the tennis courts, the beach bluff shower is cleaned and the sand removed, the ClubHouse, kitchen and office are cleaned.

In the past the Cleaning Service took care of the ClubHouse, kitchen and office. The Committee was not always satisfied with the cleaning of these facilities and believed that management needed more direct control over these services. In March, the Cleaning Service contract was reduced and twenty hours of direct labor was added to the Maintenance Department. This was a cost neutral change.

We are already seeing improvements with our own employees cleaning these facilities.

Some of the **ongoing** tasks include: cleaning the coach light glass, replacing street sign posts, making new street signs and dolphin supports for the signs, constructing new coach lights and concrete supports, replacing deteriorating park benches, painting and repairing adjacent stucco walls, pressure wash algae from sidewalks, decks, walls, pilasters and pool furniture. Aging and damaged traffic signs are replaced and if necessary their related posts are repaired. Mailbox posts are constructed, painted and installed to replace aging posts in Sea Terrace II. The morning routine also includes driving a few different streets each morning looking for street light outage and trash that needs to be picked up.

—Jack Christiansen

POTLUCK

When: Sunday, April 21

Where: Niguel Shores ClubHouse

Time: 6:00p.m.

Don't miss the opportunity to join us as this will be the last Potluck till September. Bring a main dish, salad or dessert to share. You also need to bring the beverage of your choice, your own table service and \$1 to cover incidental expenses.

If you have attended Potluck before, you will receive an E-mail invitation. Please respond whether or not you are coming.

If you have never been to Potluck before, please come and join your friendly neighbors. Call Ann Christiansen 248-1962, Irene McDonald 481-3035 or Gretchen Rask 489-2259. We will be happy to take your reservation and answer any questions you may have.

—Irene McDonald

RECREATION

April is here for you to enjoy spring, and family fun activities. The Recreation Committee has many plans for you starting in May.

Potluck: April 21, 6:00 to 8:00 p.m. See accompanying announcement for details and come to enjoy the good food and fellowship.

Cinco De Mayo Celebration with Taco Cart: May 5, 4:00 to 7:00 p.m. Tickets are available in the office for \$10. Chunk-n-chip Ice Cream Truck. Ice cream and cookies to enjoy after tacos. Cash only.

BBQ: May 26, 4:00 to 6:00 p.m. Thanks to our new member, Mark Sankey, and friends who will be taking care

COMMITTEE REPORTS

of the BBQ Grill for you. Bring your food and friends to enjoy the bluff with the sunset.

In-N-Out Burgers: June 14, 5:00 to 8:00 p.m. In-N-Out Burgers which we all love so much. Tickets are in the office for \$10. D.J. will be there to add to the evening.

July 4th: Plans are in the process for our great tradition here at Niguel Shores, thanks to Nancy Tinnes and her crew.

Food Truck: July 27, 5:00 to 8:00 p.m. Our Food Truck event this year will have two trucks plus the ice cream and cookies truck again. This is a cash only night

Bluff Concert: August 17, 5:00 to 8:00 p.m. Our annual not to be missed Summer Bluff Concert. Tickets will be in office.

The Recreation Committee knows you are going to have a great summer!

—Carol Yocom

TRAFFIC AND SAFETY

The new bunnies in the park at night and the family of skunks crossing the street on Capstan coupled with the new batches of flowers that are starting to bloom are a sure indication that we are into Spring. With the season change we will begin to enjoy longer hours of sunlight and welcome an increased number of guests that come to visit and share our special recreational opportunities.

We normally don't have problems of any sort with residents. It is usually our guests that tend to deviate from our rules and regulations and annoy some of our neighbors and endanger others. I would like to review just a couple of areas of historical concern along this line.

Pool Common Sense: Our sauna and pool area seem to impact the most people so we will address this one first. Guests in this area must be accompanied by a resident. Children must be supervised by someone 14 years or older. Food and drink are prohibited in this area, and I should emphasize that glass containers of any type are strictly prohibited. Dogs are prohibited in pool area. Sections 5103/5105 of our Rules and Regulations are clear and seem to reflect good common sense to ensure that everyone can enjoy the facility and respect each other.

Golf Cart Operation: The safe use of golf and electric carts generally falls under the umbrella of the vehicle code. However, clearer emphasis is placed on who may operate these carts in our community in sections 6430/6431 of our Rules and Regulations. Simply put, only a legally licensed driver may operate these devices.

Dog Leashes: As sure as death and taxes, we receive complaints every month about dogs not being on leashes.

Section 9100 of our Rules and Regulations somewhat piggy backs on the municipal code that reflects that dogs must be on a leash. Please be responsible for our guests and ensure they enjoy their visit.

Cautionary Note: Just another word of caution. Last month our security personnel issued over 100 citations to vehicles parked without proper bar-codes or cars not having guest passes properly displayed. Effective this month, these same vehicles will be subject to being towed away. A word of caution may save a friend a lot of money.

I'd hoped to end this on a positive note and recognize our senior athletes that participated in the Winter X games. Unfortunately, the results are not in yet. God Bless.

—Tim Murphy

NIGUELSHORES.ORG

What's your Question? It's that time of year again when we elect our NSCA Board. A brief biography of the candidates running for the two available positions for this year appears in this issue of the *Seashore News*. On Tuesday, April 16 at 6:00 p.m., you will be able to meet and question the candidates who are running for the Niguel Shores Board. Perhaps you are unable to attend this meeting but still have a question. You can still be heard by submitting your questions to www.niguelshores.org. On candidate's night, your question will be asked and answered. Your input is important and your query may be the one that many of your Niguel Shores neighbors have wondered about but not asked.

Forty Years! That is how long your Seashore News has been in print. You will read a little bit about the history of our wonderful publication in this issue and of course on our Website. However if you are a real fan, there is at least one copy of all previous issues in the office. Also, complete issues of the Seashore News beginning with the January 2005 issue through the most current year and month are available on the Website at www.niguelshores.org under the tab marked Seashore News. A trip down memory may be sunny on one of our foggy days.

Pictures really are worth a thousand words and we always need more for the Website gallery. Have you taken any photos of recent Niguel Shores events? Please consider sharing them for all to enjoy by sending to Matt Northrop at mnorthrop@nigueshores.org. The best pictures on the Website are submitted by our residents, so please take a moment and send yours. Thanks!

-Matt Northrop, Patti Staudenbaur and Ellen Dovey



GARDEN CLUB

March Meeting: There was a good turnout for the March 18 meeting. The meeting's theme was for the birds... that is, our feathered friends in our area. Garden Club member, Karl Kuhn,



NSCA is not responsible for any work done nor are we recommending any of the advertised companies

an avid "birder" in Niguel Shores, gave a wide-ranging presentation, with photos, of interesting birds (not to mention "Big Bird"), many of which frequent our neighborhoods, either as visitors in their migration, or as happy residents. His presentation prompted many questions from the audience about the nesting and feeding habits of our avian friends...and no, there isn't much we can do about the noisy crows!

As an added bonus, we heard from Jessina Peterson, Shores resident, who has a passion for bluebirds, and spoke, about methods for attracting bluebirds, finches, hummingbirds and others. Habitat and appropriate feeding are critical to attracting these feathered friends.

Coming up in April: We're going on an outing! A busload of members, friends and guests will travel to Beverly Hills to visit Greystone Mansion. Built in 1927 by legendary oil tycoon Edward L. Doheny and perched in the storied and scenic hills of one of the most elegant neighborhoods in America, Greystone Estate is a Beverly Hills and Los Angeles treasure, recognized since 1976 as a historic landmark in the national registry of Historic Places.

Following the tour, a visit to the Farmers' Market next to CBS City will provide a pleasant respite and a wide variety of eating choices. Afterwards, a snooze on the bus while leaving the driving to our wonderful driver.

Veggie Gardening: If you haven't attempted growing vegetables, and would like to give it a shot, here are some basics to consider before you buy your first seed packet:

Do you have enough sun exposure? Vegetables love the sun. They need at least six hours of full sun every day, and preferably eight.

Know your soil. Most soil can be enriched with compost and be fine for planting, but some soil needs more help. Vegetables must have good, loamy, well-drained soil. Check with your local nursery or local cooperative extension office about free soil test kits so that you can assess your soil type.

Placement is everything! Avoid planting too near a tree, which will steal nutrients and shade the garden. In addition, a garden close to the house will help to discourage wild animals from nibbling away your potential harvest.

Decide between tilling and a raised bed. If you have poor soil or a bad back, a raised bed built with nonpressure-treated wood offers many benefits. Vegetables need lots of water, at least 1 inch of water a week.

These are the essential tools: spade, garden fork, soaking hose, hoe, hand weeder, and wheelbarrow (or bucket) for moving around mulch or soil. It's worth paying a bit extra for quality tools. (And don't forget the Tylenol for those aching muscles the next morning!)

Gardeners, I think, dream bigger than emperors. —Mary Cantwell

-Morrie Meadow

MEN'S CLUB

The Niguel Shores Men's Club meets every 1st and 3rd Tuesday of the month at the ClubHouse for breakfast and to get together with fellow residents. All men who are residents are welcome to join our club, we are always looking for new members.

Our meeting on Tuesday March 19 featured Angela Garbiso from the Orange County Fire Authority as the speaker. Our next meeting on April 2 will have Steven Weinberg, Dana Point Mayor, as the featured speaker.

The Men's Club is both social and philanthropic. We have golf outings, an annual trip to the races at Del Mar, a Christmas dinner as well as our famous 4th of July breakfast, one of our ways of raising money for the Dana Hills Scholarship Fund.

— Bill Talley

WOMENS CLUB

The **April Luncheon** is on the 11th at 12:00 in the ClubHouse. Invitations will be sent by e-mail one week ahead on the 4th and you are asked to please reply by 5:00 p.m. Sunday, the 7th. If you will be attending, you will receive a follow up note to let you know if it is your turn to bring a salad.

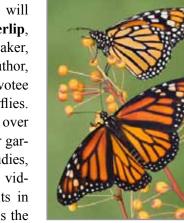
Our speaker will be **Susie Vanderlip**, professional speaker, children's book author, gardener and devotee of Monarch Butterflies. She has raised over 200 of them in her garden where she studies, photographs and videotapes their habits in great detail. This is the season for Monarchs so be sure to hear this educational and entertaining presentation so you can better appreciate their ephemeral life cycle and the brief beauty they bring to our lives.

The two Board Candidates, incumbents John Dougherty and Pat O'Brien, have been invited to give a short talk on their aspirations to con-

tinue on the Board of Directors. Please welcome them.

Don't forget to buy your **Home Tour ticket** in the office. The date is May 14, the price is \$30. Please pay by check or bring your checkbook to the April luncheon where you can also purchase a ticket.

-Mary Crowl



ACTIVITIES

BRIDGE NEWS

Please call and let us know you are going to join us for a fun game of bridge. We are pleased to welcome all new players. This is a great way to spend the afternoon. Just bring a snack and a \$1 donation and you will have a fun day. We meet at 11:00 a.m. on Wednesday and play until about 2:30 or 3:00 p.m. Please call Helen (496-4230) if you are game!!!

Our recent winners are:

Jan30	Judy Bates and Dorothy Horany
Feb 6	Margaret Brugger and Sally King
Feb13	Jeanne Bookai and Margaret Brugger
Feb20	Dorothy Horany and Margaret Brugger
Feb27	Kay Wittmack, Bobbe Kahn, Trudy Buck
Mar 6	Doris Deal and Francesca Rossi-Sunnes
Mar13	Margaret Brugger and Doris Deal

OREO BOOK CLUB

The Really Serious Oreo Cookie Book Club met March 20 at the home of Barbara Milner to discuss the book **Drift—The Unmooring of American's Military Power**

by Rachael Maddow. Phyllis Tezer recommended the book and led us, by provocative questions, through an exploration of the Presidential initiated wars beginning with Ronald Regan and the Contra Affair. The actions of Clinton and then Bush in these engagements were discussed. It is hoped that America's taste for high adventure and military domination will become more muted as a result of the high cost in life and the excessive costs to our economy.

The April 17 meeting will be at 1:30 p.m. at the home of Norton Schwartz where the Club will discuss Edward Luce's *Time to Start Thinking: American in the Age of Descent*.

— Norton Schwartz

PAGE TURNERS

Page Turners Book Club will meet this month to discuss *The White Pearl*, by Kate Furnivall. This romantic suspense-filled fiction transports the reader back in time to WWII when the Japanese invaded Malaya shortly after their attack on Pearl Harbor. The British forces were soon overpowered, panic and chaos amongst the people erupted everywhere. One of Malaya's wealthiest rubber

plantation owners, the Hadleys, with some of their closest friends decide their only chance of survival is to escape to Singapore on their private yacht, the "White Pearl." The epic highlights their struggle on the open sea and their fear when they learn their original destination has also become a target and has lost its status as a safe haven. Their only option is to seek refuge on a small island and hope the terrors of war will not reach them.

The Monday morning group will meet on April 22, at 10:00 at the home of Pat Hewitt, 439 Dahlia Ave, Corona Del Mar. Pat will also lead the discussion. The group will meet in the parking lot at 9:40 to car pool to Pat's.

The Monday afternoon group will meet at 12:30 in the home of Carole Daly. Her address is 33721 Brigantine Drive.

The Thursday afternoon group will meet at the ClubHouse at 1:00 on April 25.

We are very fortunate to have so many interested and avid readers in our community. At this time, both the Monday morning and Thursday afternoon groups are filled. We like to limit the size to allow participation of all present. The Monday afternoon group still has a few openings and they finish in time to attend the film class, if you are interested in attending both activities.

For more information about Page Turners contact: Gretchen Rask: grask707@gmail.com - 489-2259 — Monday morning. Diane Hearne: Phearne4@cox.net - 661-6267 — Monday afternoon. - Lisa Buchner: lisabuchner@ cox.net - 496-9546 — Thursday afternoon.

—Lisa Buchner

SOCIETY FOR CIVIL DISCOURSE

On Friday, March 15, the Society for Civil Discourse met for a discussion on drones for killing US citizens overseas. It was decided that due process should be observed, even if in absentia in a closed court. It was believed that the military, not the CIA, should be in charge of the kill list so that, hopefully, there would be more accountability if not transparency. John Hall led the discussion.

-Norton Schwartz

SUPPORT NIGUEL SHORES SCHOLARSHIP FUND AND EARN COOL STUFF FOR FRIENDS AND FAMILY

The Men's Club of Niguel Shores has been donating several \$1000 scholarships year to deserving Dana Hills seniors bound for college. The Club wants to expand the fund raising efforts to increase the number and /or duration of the scholarships. We are all



familiar with the July 4th Pancake

Breakfast in which the whole community participates. All of the proceeds from that event go to scholarships. Likewise, all of the donations rewarded with Niguel Shores attire will go 100 per cent to the scholarship fund.

We are able to source high quality sports attire to use as premiums for scholarship donations through the professional relationships our Board member, Bob Russell, enjoys. The Men's Club will promote and administer the fundraising with volunteers but the objective is community wide and the Scholarship Fund will be the sole beneficiary, not the Men's Club.



We are looking forward to this project being a meaningful source of additional scholarship funds for deserving students with the ancillary benefit of even more spirit in and identification with our excellent community.

Questions and donations call or email Jon

Cobain, 949 292-5983 jonecobain@aol.com, or Bob Russell, 949 637-5485 russler65@gmail.com. See the inserted form in this issue for donation opportunities and sports clothing rewards.

Discontinued Special: A \$15 donation gets you a great travel weight Niguel Shores windbreaker.

—Jon Cobain

p.s. Yikes, we forgot the tykes on the donation order form! Kids sizes with the Niguel Shores logo are available in XS, S, M, and L at \$6 each. They are 100 per cent cotton in black, navy, red and white.

MEN'S GOLF

On February 26 after several years we went back to Twin Oaks Golf Club. The game played was combined net foursome.

The winning team was Boyd VanNess, Vid Kath, Morry Dohner and Gary Katsuki. Second Place team was: Larry Wellikson, Bill Verbrugge and John Monson. Closest-tothe-pin on #7 was Al Thome and on #17 Bill Verbrugge.

On March 26 we will play Pala Mesa in Fallbrook, a great course that is on the schedule for the first time. On April 30 we play at The Crossings in Carlsbad and on May 28, at Arrowood in Oceanside.

I play golf in the low eighties, the old man was telling one of the youngsters at his club. Wow, said the young man, that's pretty impressive. Not really, said the old man, Any hotter and I'd probably have a stroke.

—Bob Russell

WOMEN'S GOLF

In March the Niguel Shores Women's Golf group enjoyed a Luck of the IrishTournament, even though St.Patrick's Day was a week away. After each hole, the team pulled a gold coin from a shamrock to determine how they were to adjust their score. Some teams had the good luck of the Irish while others had bad luck. A guest, Betty Brat, certainly had good luck. She was on the winning team, had the lowest gross score, and was closest to the pin in two shots on hole #7. Congratulations, Betty. There were two winning teams consisting of Betty, Pam Strayer, Gretchen Rask, Lee Sweeney, Irene McDonald, Marlene Lynch, and Judy Boitano. But everyone was a winner in the weather department—another beautiful day in Laguna Canyon!

Our next game will be on April 8 at Aliso Creek Golf Course. The tee time is 9:20, but check-in time is 9:00. The golf captains are Marlene Lynch (493-6494) and Terri Matrisch (443-9985). Please let them know if you are interested in playing with a fun group of women (we have "Fun Day" the second Monday of each month) and they will put you in touch with the right people.

-Gretchen Rask

WELLNESS —

Eating Healthy is Boring? Put Down Those Fries and Read on...

Eating healthy has had a bad rap over time...I mean, who wants to give up all the "good" stuff that's slowly killing us? Doughnuts, French fries, chili dogs, double bacon cheese burgers, soda...the list is long! The "good" stuff is fun, its social, it just tastes good! In the long run of life, the "good" stuff IS killing us. When we're young, eating a diet that is full of the above mentioned items is really harmful to our health... but the ignorance of youth keeps us piling on more sugar, salt, and fat laden food because the consequences of this type of eating "can't happen to me...I'm young and healthy".

The reality is, it is causing harmful changes to your body's health. Keep up that type of eating and one day...the chickens will come home to roost with heart disease, high blood pressure, high cholesterol, diabetes 2, and more...and don't forget

the mother and father of disease... overweight and obesity!

How do we change? How do we make eating healthy an exciting topic and not boring? Well, first consider the benefits of healthful eating, which are many, but include reducing

the incidence of the above mentioned disease processes, tons of energy, staying at a healthy weight, longevity (you know... living long and healthy to enjoy life with your loved ones), and just plain feeling great inside and out!

Look at it this way: If you think of eating healthy as a loss of lasagna, you won't stick to it. If you think of eating healthy as a way to increase your overall longevity, increase your overall health and as a way to enrich your life on all fronts that is motivation that comes from within...intrinsically...you will succeed. Besides, after you add delicious fruits, vegetables, whole grains, and lean protein to your daily diet, you will begin to appreciate how good they truly taste...those fries won't be calling your name so often because you feel so good when you **don't** eat them!

So, eat your vegetables and be so grateful for all that they do for your body...the one and only vehicle you have to travel this journey called life. And when you want to reach for a burger, or melted cheese, remember...the whiter the bread, the sooner you're dead!! Food is your fuel and your medicine to keep your engine humming along beautifully...for a loooong time! To Your Health!

If you would like to make a comment or suggest a topic please send an email to . . . Sharon Stewart RN, Certified Health Coach — sharonstewart@cox.net.



Travel Tidbits ... Travel's for the Birds

Were you lucky enough to do a "Semester at Sea" when you were in college?

Would you like to take a step back in time and relive those days? You can. The Institute for Shipboard Education offers adult "Semesters at Sea" under the sponsorship of the University of Virginia. Their ship is the MV Explorer, built in 2002 with a maximum capacity of 836 passengers. It is one of the fastest ships afloat. Their summer offering for adults starts June 17 from Southampton. They travel, across the Mediterranean and North Africa, to nine countries and twelve different ports in 66 days. Their itinerary enables participants to spend as many as six days at a time exploring a country or region. Ah, to be a carefree kid again, discovering the world.

Speaking of discovering the world, it's interesting how many Niguel Shores street names have a connection to world exploration. Cabrillo Isle—Juan Rodriguez Cabrillo was a Portuguese explorer noted for his exploration of the west coast of North America. He was the first European explorer to navigate the coast of present day California. Shackleton Isle-Sir Ernest Henry Shackleton was one of the principal figures of the period known as the Heroic Age of Antarctic Exploration. Magellan Isle—Ferdinand Magellan led the first expedition to sail from the Atlantic Ocean to the Pacific Ocean. His expedition completed the first circumnavigation of the earth. Verrazanno Bay—Giovanni de Verrazzano explored the Atlantic coast of North America between the Carolinas and Newfoundland in 1524.

Planning a Hawaiian vacation. Give yourself plenty of time if you are going to fly out of Honolulu. Due to "Sequestration" it is recommended that you arrive 2.5 hours prior to your flight. Better bring a good book......Happy Travels.

"The World is a book and those who do not travel read only one page"—St. Augustine —Barbara Milner C.T.C., bmilner@wtbinc.com



Carol's Cuisine Corner

April and Spring are here. Let's look for some good salad restaurants this time of year.

Mimi's: 27430 La Paz, Laguna Niguel, 643-0206. They have half-size salads. Hours: 7:00 a.m. to 10:00 p.m.

California Pizza: 25513 Marguerite Parkway, Mission Viejo, 951-5026. Small salads are offered. Hours: 11:00 a.m. to 10:00 p.m.

Cheesecake Factory: 27000 Crown Valley Parkway, Mission Viejo Mall, Mission Viejo, 364-6200. Sharing and small salads are offered. Hours: 11:00 a.m. to 10:00 p.m.

Ricardo's Place: 32082 Camino Capistrano, San Juan Capistrano, 493-4941. Taco salads. Hours: 11:00 a.m. to 9:00 p.m.

Italian Cravings: 105 S. Ola Vista, San Clemente, 492-2777. Good Italian salads. Hours: 11:00 a.m. to 10:00 p.m

Native Foods: 26705 Aliso Creek Road, Aliso Viejo, 831-1926. Good vegan salads, order from the counter. Hours: 11:00 a.m. to 10:00 p.m.

Corner Bakery: 27221 La Paz Road, Laguna Niguel, 425-8673. Order from the counter. Hours: 7:00 a.m. to 9:00 p.m.

Olive Garden: 24356 El Toro Road, Laguna Hills, 583-1020. Good salads to share with bread sticks. Hours: 11:00 a.m. to 9:00 p.m.

Aldo's Sidewalk Caffe: 31882 Del Obispo, Suite 152, San Juan Capistrano, 443-0423. Italian Salads. Hours: 10:30 a.m. to 9:00 p.m. Closed Sundays.

Chili's: 26631 Aliso Creek Road. Aliso Viejo, 448-9022. Appetizing salads. Hours: 11:00 a.m. to 10:30 p.m.

As Spring comes alive, enjoy the variety of salads with friends. See you next month. Bon Appetite! Carol Yocom

Aweigh" as an introduction.

Ten Editors in Forty Years: The Sauers don't mention who thought of the name that they wrote Sea/Shore News. Little did they know that forty years hence we are still here, volunteers putting together and distributing this newsletter every month for the 473rd time—if you look at the top right hand corner of page one, you will see that number. Through all these years we still have From the Helm and have expanded on all the other stated original purposes of the newsletter. Counting the Sauers as one, there have been only ten editors in those forty years thanks to the long service of one of them: In addition to John and Beverly Sauer, there were Lucille Powell, Albert Johnson, Grace Okamoto, Dick Phares and Dick McNair. Then in 1989 John Dickerhoff became editor and held the job until 2002—a commendable record of thirteen years. Since then Kathy Jones was editor from 2003 to 2006 and then myself, Mary Crowl, from 2007 until the present, with a brief interim when Karl Kuhn was editor. All of these editors had volunteer staffs that helped with the assembly, collation and distribution of the newsletter.

Gathering the News: The newsletter staff currently meets early each month to critique the previous issue and discuss the next issue—what will the feature be, who will write what, events that should be covered, and other matters that members of the staff wish to discuss. Since this group is also responsible for the Website, that, too, is a matter of discussion.

The articles in the newsletter are assembled by different members of the staff: Ellen Dovey gathers and edits the committee reports and Library News, Patti Staudenbaur edits the club reports and activities, Carol Yocom contributes recreation news and Carol's Cuisine, Barbara Milner writes Travel Tidbits and Laurel Livesay often does the interviews and writes our *Meet Your Neighbor* article. Kathy Newport is in charge of distribution. The editor's responsibilities are The Helm, General Manager's Report, Board Actions, sports and Neighborhood Ads. Staff members take turns writing the front page feature and various other timely articles. In addition to our staff members, two others contribute monthly columns: Sharon Stewart writes the Wellness Column and Karen Decker, of our office staff, contributes the new monthly article called, "You Asked about a Rule?" This work is all done by e-mail and the articles are sent by the staff members to the editor who checks and forwards them along with pertinent photos and illustrations to the layout professional. There they are assembled into the regular layout, and a draft is returned to the editor with, all too often, a message saying either "there are open spaces that need filling" or, "there are too many articles to fit the space." At that point, the editor must find additional material or decide what to take out and save for the next issue. The draft is proof read and corrections sent. A revised draft is returned, approved by the editor, returned to layout for final corrections and, subsequently, forwarded to the printer.

Layout and Printing: Up until about ten years ago, a large collation team had a very big job as the newsletter was printed on individual sheets that had to be assembled and stapled. At that time the typing of the newsletter was done in the office and the paste-up and composition were done by the editor. As mentioned above, we now have a professional person, Mary McGavic of Creative Spark, who does the layout of the articles, photos and illustrations and artwork as needed. We had a recent change of printers to Minuteman Press in Dana Point because of the retirement of our long-time printer at Beacon Printers. The cost is virtually the same, the binding is done in house and the owner has offered to print a full color photo on page one at no extra cost. (However, this month our newsletter replica on page one is not very colorful!) And, to finish the story, the same loyal troop of volunteers who seem to keep materializing year after year are still distributing the newsletter to your doorstep.

Advertising: the *Seashore News* has, for the past several years, accepted advertising in its pages and we are pleased to report that this revenue defrays the major portion of the cost of production. We realize that ads can be onerous to some but one must appreciate that, not only do they greatly lessen the cost to residents, they provide them with information about local businesses and offer help to those local businesses in finding customers in our large community.

So, you can see that there has been plenty of work to do for all the volunteers who, over the past forty years, have been fulfilling the many tasks listed above. My long-term impression has been that all of those people greatly enjoyed working on this newsletter, contributing their ideas to it and carrying on its purpose of keeping the community entertained and informed.

—Mary Crowl



MEET YOUR NEIGHBORS

Chemical Engineers David Goldberg and his wife, Blanca Marmaril

es, they are both Chemical Engineers and have worked together and separately in that profession for many years until their recent retirement and move to Niguel Shores. They met when Blanca was an intern as a student in Chemical Engineering at Proctor and Gamble in Cincinnati, Ohio and David, a recent graduate of Northwestern University, was there as a newly hired Chemical Engineer.

But first to back up a bit, Blanca, born in Daguean City in the Phillipines, came to Omaha, Nebraska at age 14 when her father took a job there as a civil engineer. She completed high school in Omaha where she was a whiz at science and math, and went on to the University

of Nebraska to study chemical engineering. As I mentioned, she did an internship at Proctor and Gamble where she and David Goldberg worked together in the Duncan Hines cookie section. Yes, they made and tasted cookies and David was the national brand manager when the new cookie brand was issued. Blanca, after a year's internship, went back to Nebraska to finish her degree and she and David continued to carry on a long-distance courtship. Once graduated, she took a job with Exxon Oil in Baytown, Texas where she used her newly earned expertise to provide technical support for its large refinery there. Needless to say, in those days she was a rare woman chemical engineer in the oil business.

David, a native of Worcester, Massachusetts (you can't miss that "Wooster" accent), completed high school there and went out west to Evanston, Illinois (a suburb of Chicago) to Northwestern for his degree. After leaving Proctor & Gamble he went to Beaumont, Texas to work for Mobil where the refinery, he says, is about five times as big as the one we see in Torrance and where, also, he was less than an hour's drive from Blanca in Baytown. When I asked what exactly a refinery does, he replied, "It converts crude oil into useful products such as gasoline, diesel and jet fuel." He said



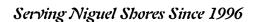
that most of the refinery processes were developed in the 1950s and 60s but, since then, major improvements have been made with electronic controls, increased energy efficiency, pollution controls and safety measures. Both David's and Blanca's work over the years involved business analysis, contract negotiations, environmental and energy reviews, and technical support for refinery operations. Just before they retired, David's was leading implementation of a new safety program based on behavioral science and Blanca was improving refinery profitability while blending and trading gasoline. It seems that Chemical Engineering can cover a broad area of interesting fields.

When they got engaged, Blanca left Exxon and came to Beaumont where she was able to take a job at Mobil. So, they were together again but in different divisions. (Years later the two companies were destined to merge.) Beaumont is in the hot, humid part of Texas, site of the initial discovery of oil, one of the first oil boom towns and is very prone to hurricanes. They had to evacuate many times with two major hits from hurricanes Rita and Ike, both smaller but more intense than the recent Sandy on the east coast. They had to spend weeks in hotels as their house was without power and water and had tarps covering holes in the roof. During those busy years in Beaumont while dodging hurricanes, they raised a daughter and son, kept a condo on the Florida panhandle coast for vacations, traveled, camped, canoed and then, suddenly, the children were grown and, not long ago, they retired. Their daughter, Jessica, is 24, a Chemical Engineer graduate of the University of Texas and now working in her profession for Proctor and Gamble in Pennsylvania. Matthew, 22, is a senior at the University of Texas in, yes, Chemical Engineering! How's that for parental influence?

A few years ago, Blanca's mother came to live in Laguna Woods to be near Blanca's sister in Irvine. So, when David and Blanca retired, they started looking in this area to be near her. Their criteria, one-story, near the ocean, just the right price—all were fulfilled by a garden home here in the Shores. They came here in May of last year and, soon after, David answered a call for volunteers on the Finance Committee and is serving there now. Both David and Blanca volunteer at Marco Forster School tutoring students who need help in math and science. They have done this through the years as their company, ExxonMobil had partnership programs with neighborhood schools for this and other projects.

So, welcome, David and Blanca. May your stay in Niguel Shores be a long and happy one.

-Mary Crowl





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VOICE OF THE PEOPLE

As a Niguel Shores Board member since May of 2010, I have sat in on a lot of discussions about the Breakers Isle revetment issue over the past three years. After the last forum on March 19, I think it is time to say something about the benefits of the proposed new revetment and walkway.

Much of the conversation has been about the 23 Breakers Isle homeowners having to give up 10 feet of their down slope property to allow construction of the new revetment. The second largest objection raised has been encroachment by the public due to the new walkway and the perceived potential for trespass. I would like to address those issues.

In view of the Coastal Commission's refusal to grant permission to construct without adding the walkway, there is no other feasible way to proceed. A new and substantially larger revetment is clearly necessary because the sea level will rise up to 1.50 feet over the next 30 years. The current revetment is degraded after 25 years of tidal and wave action. If it was rebuilt to the original 1987 specifications, it would still not be adequate to withstand future sea levels. The proposed County design is for a much larger and more durable revetment and is intended to be adequate protection through 2040. It will cost an estimated \$2-\$3 million of County taxpayer funds.

The homeowners opposing this plan do not want to make a minor contribution of their property, approximately 10 feet wide, to obtain this level of increased and necessary protection. The slope to be protected is privately owned property but is eased to Niguel Shores for landscape and other maintenance. It cannot be practically used by the property owners. They cannot build anything there. It provides them no practical benefit. They are being asked to give up approximately ten feet of this space in return for much greater protection than they currently have and paid for at the County taxpayer's expense. Their opposition to this does not seem reasonable. Without the new revetment, neither the County nor Niguel Shores can live up to their obligation to protect this private property but both entities might be held liable for any slope damage and that could be a very big bill for every Niguel Shores homeowner.

The walkway will be built with a six foot high fence to protect against public access to the property. There is no fence at that level now. Any one scaling the existing rocks can come much closer to the Breakers properties than they will be able to come in the future, if the seawall, walkway and fencing are built. Obviously security will be enhanced, not reduced, by the construction of this additional barrier.

I think it is time for a reappraisal by those Breakers Isle homeowners who are in opposition to the new County built revetment plan. They undoubtedly will take issue with my position and I welcome their comments in rebuttal. We need to get this project done.

—Steve Stewart

Thanks to the General Manager and the Board for holding the "Open Forum" on the Revetment issue. According to Cyril Jones, an engineer, the revetment is a major safety hazard now and without renovation a slope failure is just a matter time.

To improve our understanding, of this issue, the following information would be helpful.

- 1. A graphic representation of the specific location of the proposed walkway. Some of the residents from Breakers claimed the walkway would be a view issue. What are the facts?
- Some specifics on the objective of the binding arbitration with Orange County. We should be able to understand the objective of spending a significant and undetermined amount of money, estimated at \$150,000, for binding arbitration. The fact that Orange County has the funds and has agreed to renovate the revetment does not seem to be the issue. What are the issues to be arbitrated?

The 23 owners on Breakers Isle have every right to determine what to do with their property and to risk a major lawsuit or a major slope failure. However, the remaining 937 of the homeowners in the Association should not have to bear the legal or the financial liability if their actions prohibit Orange County from making the required repairs at no cost to the Association.

It is hoped the Board will provide more information before proceeding with binding arbitration. Also, the Board might consider approving the Orange County plan to renovate the revetment regardless of the walkway issue. This action might clarify, define and establish our separate interests, responsibilities and financial liabilities.

-Rov Dohner

Collecting Canned Food for Homeless/Low Income

Veterans: I am currently collecting canned food for a nonprofit organization that helps veterans who can't afford good food. We especially want to collect canned chicken, tuna and pasta since they have high demand but other foods are fine, too. If you'd like to help, please drop off anything you'd like to donate at 33591 Windjammer Drive. A box will be set by the front door. If you want more info, visit www.veteransfirstoc.org. Thank you and God Bless.

—Joseph Alvarado



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Ads for the Seashore News must be submitted by the 15th of the month. Include a check payable to NSCA, \$5 for a maximum of 30 words. Advertisers must fill out a form available at the Association office. Neither NSCA nor the Seashore News assumes responsibility or liability for quality of goods advertised. See Rule 5525 (Non-Commercial Ads Only)





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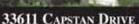
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NSCA COMMITTEES		CHAIRPERSONS		MEETINGS		
Architecture		Jerry Koppang		9:00 a.m., 1st & 3rd Monday		
Communication		Mary Crowl		10:30 a.m., 1st Friday		
Emergency Preparedness		Kent Wellbrock		4:30 p.m., 3rd Thursday		
Finance		Jeannie Sticher		See Calendar		
Investment		Barry Banducci		Varies		
Landscape		Donna Rosecrans		3:00 p.m., 2nd Tuesday		
Maintenance		Jack Christiansen		9:00 a.m., 2nd Thursday		
Recreation		Danielle Mills / Alicia Martinez		10:00 a.m., 1st Tuesday		
Traffic and Safety		Tim Murphy		9:00 a.m., 2nd Wednesday		
View Preservation		Kathy Jones		12:00 p.m., 3rd Monday		
Sea Terrace Townehomes Assoc. I		Sea Terrace Townehomes Assoc. II		<u>Women's Club</u>		
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